

The Brand

Lowry High School

Wednesday, June 3, 2009

Winnemucca, Nevada

INSIDE

News



Seniors celebrate Scholarship night.

Opinions



Jordan Sloan's fiery response to "Heroes of the Halls".

Sports



Lowry Softball hosts Zone.

Student Life



Lowry's seniors: 2009 in retrospect

Arts and Entertainment



Brandon Connell: Lowry Senior and Guitar Teacher

INDEX

News.....	1-2
Opinion.....	3-4
Sports.....	5-7
Student Life.....	8-10
A&E.....	11-12

LHS to hold graduation

By Stephanie Cochran and Katy Granath

As a road ends, a new path begins. Tomorrow evening the students of Lowry High School's class of 2009 will proudly walk across a stage, collect their diplomas, and shake a few hands to publicly announce that they are stepping off a shared road onto individually chosen paths.

Thousands will gather at the Winnemucca Events Center at 7:00 p.m. to honor this year's graduating class at its commencement ceremony. The graduation will include a decoration theme of silver and blue with white roses. Trace Adkins' "You're Gonna Miss This" will be featured as the class song.

Lowry's commencement exercises will involve performances from the high school's pep band and swing choir, as well as speeches by both administrators and students. Valedictorian Katherine Granath and Salutatorian Sam Buttram will be honored at the ceremony. Both of Lowry's principals are expected to address the senior class. Granath, and Senior class officers Randy Schmueser, Hannah Hammon, and Jayme Poole, will all be speaking to their class during the graduation.

Granath said she appreciates being given the privilege of speaking. "Lowry has taught me about the importance of community," she said, "I moved here four years ago not knowing anyone and now I'm part of this awesome graduating class. We all



Katy Granath•THE BRAND

Senior class advisers Mrs. Kennedy and Mrs. Flanders at Monday graduation practice.

know each other, we hang out. I'm really gonna miss it."

They say the tassel is worth the hassle, and certainly the class of 2009 would agree. Buttram had to complete numerous honors and AP courses at Lowry while maintaining high grades to achieve the honor of Salutatorian, but she never gave up. "Keep pushing forward no matter how difficult a class is, because once you finish it the sense of accomplishment is well worth it," said Buttram. Senior Oscar Arechiga has joined the military and will leave mid-summer. "I'm going to miss baseball, and leadership because it was a really fun class," said Arechiga. "I'm going to miss my friends because where I'm going there is a chance I will never see them again," he added.

-SEE GRAD PAGE 2-



Ron Espinola•THE BRAND

The senior class shows its spirit at the Homecoming assembly.

Assembly of Excellence a success

By Camille Lyon

On Wednesday May 20, Lowry High School hosted its second annual Academic Assembly of Excellence. With a creative theme of "You've Hit Level Amazing," over 486 students were recognized and 850 awards were given in the video game-themed gym. This assembly is different than most academic award ceremonies; it is meant to be a high energy pep rally where students are recognized for all types of achievements in front of peers, teachers and parents.

Awards were classified by department and class. There were \$400 dollar bonds given to selected students in each department. There were also medallions given to a student chosen by each department. The Physical Education department also awarded the Presidential and National Physical Fitness Award winners.

To keep up the energy for the assembly, there was a variety of entertainment. The Winnemucca Basque Dancers danced the "wine dance", Winterfest karaoke winner, Hailey Samms, serenaded the crowd with a rendition of Nat King Cole's *L-O-V-E*, Mrs. Dawson's advisory class known as "Dawson's Crew" beat-boxed and rapped about Lowry's mission statement.

The last award of the assembly was given to Hilaria Barajas. She received the 'Most Inspirational' award for her academic achievements through hardships.

The ceremony ended on an optimistic note as award recipients were applauded by their peers and parents.



Joey Lester•THE BRAND

Foreign Language Department Award Winners

Scholarship Night showcases senior achievements

By Chloe Rusconi

Lowry High School held its annual scholarship night at the Winnemucca Convention Center on May 20. Principal Deborah Watts welcomed the attendees, and gave the first scholarship of the night to Lowry's first National Merit Scholar, Katherine Granath.

Barrick and Newmont gave awards to the children of their employees including Elena Chiquete, Brittany Jones, Sophie Kristof, Tim Principe and Sarah Sundahl. Sam Buttram and Zack Pruett of Barrick, and Freddy Bernabe, Ashley Brooks, Sam Buttram, Brandon Connell, Stephanie Davis, Nicole Hageman, Stevie Hamilton, Garrett Hanzlik and Trevin Jarrett of Newmont.

Great Basin College gave scholar-

ships to their future students Ashley Brooks, Hannah Hammon, Lindsey Steepleton, Lydia Sweeney and Kaitlen Thompson.

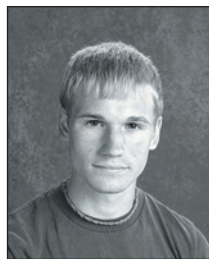
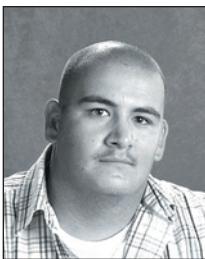
Lowry offered six types of scholarships: Hispanic Club, Letterman's club, Letterman's Club Vince Mendiola, Spanish Club, National Honor Society and LHS Staff.

The Army scholarships totaled a jaw dropping amount of over \$1,595,000. On top of these scholarships, the students that enlisted were also awarded 100% of their tuition costs. Olen Brown received \$52,000, Ashley Pugh \$86,000, Oscar Arechiga \$91,000, Sean Raynor \$97,000, Mario Diaz \$99,956, and Ryan Mathes \$110,000.

After announcing the scholarships Sergeant Conklin awarded Certificates

of Appreciation to Ms. Sondra Henriod and Mr. Richard Matthys of counseling department. "If I needed her on a Saturday she would be there to help," said Conklin of Henriod.

Many awards were given by local organizations including the Crazy Quilters, P.E.O. Sisterhood, Cody Louk Wrestling, St. Pat's Fair, T.G. Sheppard, Tom Ormachea, Margaret H. Peraldo Memorial, FFA Alumni, Ladies Booster Club Florence Doughty, Julian Montero Memorial and many more. Colleges near and far offered multiple scholarships to prospective students also. After each attending student had received at least one scholarship, Mrs. Watts thanked everyone for coming and the student recipients all left with smiles on their faces.



Courtesy • WINNADA

Scholarship recipients Oscar Arechiga, Olen Brown, Ryan Mathes, Mario Diaz, Ashley Pugh, and Sean Raynor.

Art students paint mural to liven up halls of CTE building

By Katy Granath

The career technology mural was a three week project involving somewhere around 35 students, 22 cans of paint, and a creative melding of more than 40 designs. "Mrs. Hill saw the mural we did in Godinez's mural and said 'Hey our shop building could really use something like this.'" said Andy Anderson, one of Lowry's art teachers. He decided to take on the tough task of liv-

ening up one of Lowry's plain hallways with a double-wall mural.

After deciding to go ahead with it, Anderson began recruiting artists. Luckily for him, he teaches four advanced-level art classes. "Because of the size of the project I knew it would take at least two of my classes to paint," he said.

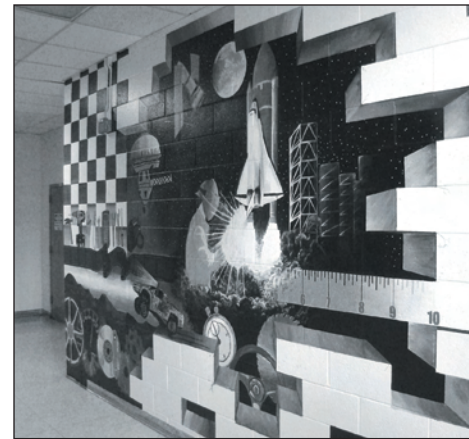
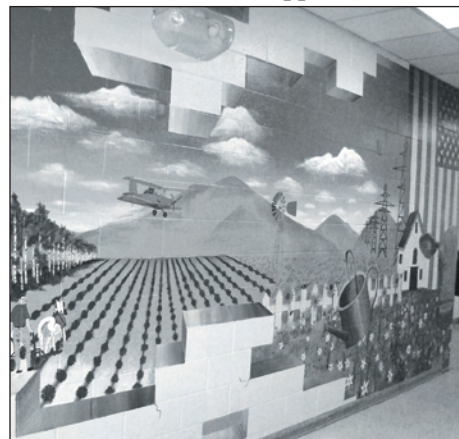
By March both of Anderson's Advanced Art classes were involved in the process. His classes researched murals, the elements of their design, and what

made great murals pop. Each student turned in an original two-wall mural design, which Anderson grafted together into one design. "I took the best elements of each design and worked one into a day landscape and one into a nightscape."

The students began painting daily during their class periods. First base colors were applied to each wall, and then shading and detail was added. Now mountains sit under cotton candy clouds, and a cow looks inquisitively from its wall at the opposite side of

the hall, which features a rocket bursting from a plume of smoke, as well as the last vestiges of a sunset over deep purple mountains.

The shop building's mural was part of Lowry's showcase last week. "I feel proud to have actually made a mark on the high school so that way I can come back and say I did it," said senior art student Arielle Much, for whom the mural holds significance since she will be graduating tomorrow night. Each of the artists has reason to be proud of their hard work on this mural.



Jayna Hill • THE BRAND

Mr. Anderson's art classes spent the month of March painting a mural at LHS.

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Your rep just for popularity?

By Jayna Hill



Every human being wants to have a feeling of acceptance among their peers. The search for popularity stems from a need of acceptance in some cases; some people think that they need to be popular, and in order to gain this popularity some people go to severe measures to make others like them, or accept them more. Sometimes teenagers try to gain acceptance or popularity through drugs, alcohol, sexual activity, or gossiping. Each of these acts may make you more popular with those who partake in the same activities.

The most important thing to remember about going to these measures is that you are going to be liked for the reputation you gain and not for the person you actually are. It might not be worth it to be accepted for a reputation instead of for yourself. "Some people want to be known and liked by everyone that it changes who they are as a person," said Lowry junior Robyn Wadleigh.

Even a look around Lowry will reveal this troubling trend. Some students party and drink and do things that later in their life they could regret, but at the same time gives them a reputation that might make them popular or liked. "I believe that when some girls or guys are hungry for popularity they will do anything to be accepted even if it involves changing your sexual status, it may get you well known by your peers but in a whole different way!" said Wadleigh.

It's easy to do things you would normally do to gain acceptance, but is it really worth it? Lowry junior Desiree Lemm said "honestly now days I do think people are changing to become popular I have been around enough people and witnessed it."

Not every popular person has a bad reputation or poor morals, but students need to know that you don't have to follow the "in" crowd to gain a reputation and obtain popularity. Students need to think ahead and realize if they partake in certain activities to become popular people won't truly like them for who they are, but for who they make themselves seem to be.

High School Drop Outs

By Chloe Rusconi



When students reach the envious age of 18 they are labeled adults; adults who can make their own decisions. Their parents are not liable for their actions anymore, and they are given the right to vote, buy cigarettes and if desired, drop out of high school. It seems that the last option is becoming more and more popular.

The Nevada drop out rate for 2008 was 4.5 percent and this year at Lowry 25 high school seniors have left. A portion of those 25 went to PASS. With only a few days of school left for seniors, it is hard to fathom why those who drop out do. What is the point?

A month or so ago I noticed a student in one of my classes was gone and I wondered where the student had gone. Later on I found out that the student dropped out simply because

they could. This student was more than capable to do the work, didn't have trouble keeping up with the work load and because of laziness or not caring, dropped out.

With a month to go and a diploma so close one could almost grasp it, why would a student want to throw it away? Would one throw it away to go and have some fun with their friends? Endless opportunities are staring a person right in their face, for them to grab and never let go, but some people don't grab them and choose to drop out instead.

I can't help but wonder what the advantages are or, if there are benefits to dropping out? Maybe a drop out could sleep a little longer and waste half of the day, but that doesn't seem very appealing to me. Going to school for 13 years and having 95% of the time over with, it would never cross my mind to quit and give up. I would much rather go to school and learn something.

That is what I think that high school drop outs are doing, they are quitting and giving up. If a student is struggling he can ask for help. If a student can't handle a class she can switch. Some see dropping out as their only option, there are other alternatives. The key is effort; if you are not going to put in the effort, how can you expect to succeed?

Even though there are programs like PASS and JOIN, why not stay in high school? It is a sense of accomplishment to be able to say that you worked hard and put in your best effort to achieve your high school diploma.

In the real world a high school diploma can help you tremendously, it can be the difference between getting a job and not, the difference between getting into a college and not. A high school drop out's average income 17,922 compared with a graduate's being 26,933. So, just tough out and stay in school!

Guest Commentary: Lowry Swim Team: Conceited?

By Jordan Sloan

I, along with many other athletes, was upset after reading the article about Lowry's swim team. You can't sit there and tell me that people who do sports all year, are less fit than a person who just swims. Yes, you do need to be fit to swim, but you can't even compare it to other sports. You can't say Lowry swimmers have talent that 'dwarfs the skills of other athletes.'

I am not going to lie, I don't swim, but I know that I am a pretty fit guy. Other athletes may not swim either, but I doubt many swimmers can run a 400 meter race in less than a minute, hit a golf ball over a 100 yards, knock the ball out of the park, pin their opponent, or hit a 3.

You say runners have little lung capacity. Well runners gasp for air not due to 'a lack of lung capacity,' but because they push it the whole way. Everybody breathes heavy after exerting themselves. Whether it be swimming a 100 meter race, sprinting a 100 meter race, or running 100 yards, when you stop, you are going to be gasping for air, no matter how heroic you are.

Brandi Books was quoted as saying, 'I don't think swim team has the

right to boast so much, since they've never gone to State, besides a few.' This is true. Wrestling sent a lot of state qualifiers, and brought back the state title along with individual wins. Both basketball teams went to State. Cross Country won. Soccer was closed. Track always sends a lot as well, and gold always has people place at State. What do these sports have in common? You have to be well fit to play well, and continue playing well, especially for wrestling, cross country, and soccer.

You call the swim team 'Heroes of the Halls' Heroes to who? Heroes are people who can be looked up to by oth-

ers. You don't portray the swimmers as heroes in your article, you portray them to be conceited.

All I am saying is that a 'fit' person is somebody who has the ability to do many different types of exercises and sport well. One sport specialists shouldn't bash on other athletes, especially since they just do that: one sport.

You just can't compare swimming to running, baseball, football, volleyball, or any other sport! Each sport has certain requirements. Comparing these sports are like comparing apples to oranges: it can't be done.

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A safe alternative to fossil fuels

By Amy Balagna



Most of today's conventional power systems burn fossil fuels, a resource that is dwindling, but nuclear power creates energy by releasing the energy inside the nucleus of an atom. There are typically two products but the reaction can produce other smaller nuclei and a number of loose neutrons as well. The loose neutrons bump other atoms splitting them yet again; the reaction will continue until all the fuel is spent. Control rods that absorb excess fuel can limit the reaction. Simply, this energy heats water, creating steam, which turns a turbine, thereby creating power.

In the United States today, nearly 20 percent of the total energy we produce is created using nuclear reactors. This environmentally clean and relatively safe way of creating energy is the way of the future. But why haven't we taken

advantage of this seemingly obvious alternative fuel source? People are frightened by the accidents associated with nuclear power, and it can be dangerous but so can walking down stairs. Critics argue that nuclear reactors are unsafe, using Chernobyl and Three Mile Island as examples. However, Chernobyl, although a horrible disaster would be an impossible situation with today's reactors. Three Mile Island was only a partial meltdown and the plant's safety measures kept the danger contained. Plus, both disasters were caused by human error. With the proper safety precautions nuclear power can be as safe as reading a book. France produces the majority of its electricity from nuclear reactors. The military has also taken advantage of nuclear technology by utilizing nuclear propulsion on its ships and subs. By switching to nuclear energy we would reduce our dependency on foreign oil as well as reduce our carbon emissions and with the recent wave of environmental concern this seems like a

step in the right direction.

The issue of storage was a topic of discussion for quite some time in the state of Nevada, as millions of dollars were invested in the Yucca Mountain storage facility. However with reprocessing that might become less of an issue. With today's technology we are able to recover 90-95 percent of remaining Uranium in spent fuel rods. Even more is possible with breeder reactors that generate new reactive material as they consume it. The possibilities of nuclear energy are truly limitless.

There is a fear associated with nuclear power because of the potential for a disaster, but this possibility is slim as well as containable. This energy source should be utilized, however a nuclear power plant hasn't been built in the US since the late 1970's. Fossil fuels are dwindling and nuclear power could be an economically feasible alternative, and above all else it is environmentally friendly. Nuclear Power is the way of the future.

Do video games really rot your mind?

By Joseph Edward Lester

As long as I can remember my friends and I have been striving to find ways to entertain ourselves. Much like many other children of the "Y" generation, my entourage and I at one point or another took refuge in video games. From the time I was in kindergarten reaching almost into my first year into high school, I can't remember one sleepover or Saturday morning that went by without my turning on my gaming console and becoming immersed in a virtual world for hours at a time.

However, my views have drastically changed; I now view video games as one of the most vile things on this planet. It seems that now, every time I hear one of my peers talking about mindlessly devoting his or her life to a video game I am revolted. I'm not saying my time was never spent on video games, but there are children today that are playing so many video games it's becoming unhealthy, to the point where some gamers' sense of reality can become completely skewed. A gamer's whole life centers around

video games and he becomes an absolute video game addict.

I have seen cases of gamer addiction in my friend's houses and even in my own. Most of the cases I have seen weren't my friends but their younger siblings; even my younger brother has fallen into the trend. Many children throw fits because of these video games; some even see the violence in a game and, if asked by their parents to turn the game off, will react in a violent way.

The tantrums of these children are a very small part of the effects video games have on people. But just turn on the news and you'll see younger people are becoming increasingly violent. Violence in young people, especially those who play video games, is a frightening trend. One of the more extreme examples of gamer violence happened in October of 2007 when a 16-year-old

shot both of his parents after they had taken away a video game he had purchased against their will. After he had shot them he fled the house, taking nothing but his game with him. This young boy stole his parents' weapon and killed his family to keep playing his game.

With acts of violence occurring more and more often with links to video games, it shows that this plague of video games is corrupting the world's youth with violence and desensitization, and that can mean only one thing: video games are going to be the downfall of our younger generations.



Open Your Eyes: Diploma: Just a piece of Paper?

By Stephanie Cochran



Millions are stressed because of the slumping economic status, but perhaps those who should be the most worried are too young to realize it. "The rate of joblessness is still a sobering toll," said President Obama to Yahoo News. Students coming out of high school and college possibly face the most difficult task when it comes to finding a job. A high school diploma goes far, but does it go far enough?

Today's super-competitive job market is demanding more experience and higher credentials. Companies have always reasonably favored the graduate student over the applicant holding a GED, and in this job market students should strive to be the most qualified candidate for a job. "It's a tougher market and some companies are cutting back younger workers: last in, first out. There are reports in the press that some companies are rescinding offers to recent grads, leaving the young folks in the lurch," says Kate Wendleton of The Five O'clock Club.

What do young people need to do to succeed in the competitive job market? Wendleton says students need to be more expansive; setting your sights on one specific goal may not be the best route. It is wiser to know your strengths and have a few backup ideas than it is to seek employment from one specific company. Also, get real work experience through college. These days a degree can set a crucial foundation for a strong career, but experience can set you one step ahead of the crowd.

Working summer camp for four years probably won't get you as far as working an internship at a business in your field of interest. The problem that arises with internships is that not all are paid and most students in college need money. The importance of internships is the specialized training, so obtaining any job that provides constructive experience is a wise choice.

The significance of a diploma is rising, but what is more important is the application of one's ability and knowledge.

Track ends season with several state titles in Las Vegas

By Esmeralda Aguilar

The track team concluded its season on a victorious note on May 23.

Twenty-four students made their way to Las Vegas on May 21 to participate in the final track event of the year. The state track meet was held at Del Sol High School, which officially began at 3:00 p.m., May 22.

In the girls relay events, Lowry placed first in the 4x400, third in the 4x800, fourth in the 4x200, and sixth in the 4x100. Combined, these events brought in twenty-three of the 54.5 points the girls' track team would earn.

Individually, the girls excelled. Giancesi Tarafa placed second in the discus throw, Erin Tattersal placed third in the two mile run, and Sophie

Kristof placed second in the 800 meter run, and Emelia Legarza placed fifth in pole vault.

Sophie Kristof, a senior, has gone to state for track for four years. This year, Kristof went to state competing in the 800 meter dash and the 4x400 relay. Kristof had this to say about the 800:



Rachelle Dennis•THE BRAND

Lowry's 4x800 relay team. Left-Right: Sophie Kristof, Erin Tattersal, Emilia Legarza, and Ashley Lee

"It was the last one hundred and I was like right beside this girl from Sparks and then the whole one hundred we were right beside each other and then she beat me on the lean by .02 seconds." She concluded with, "The 4x4 was good, it was kind of unexpected that we were going to win"

The boys also faired well. However, their strengths lied individually, not with relays, where the best win was when the boys 4x100 placed third. Christian Echevarria placed second in the 100 meter dash, first in the 200 meter dash, and first in long jump. Mateo Echeverria placed fifth in the 100 meter dash and sixth in the 200 meter dash. Tyrell Henrion placed fifth in high jump and eighth in pole vault. Ryan Mathes

placed sixth in pole vault. Tyler Anderson placed third in discus throw, and sixth in shot put. Combined, the boys pooled together 64 points.

Christian Echevarria, a senior, has gone to state three years. Echeverria has never done so well at a track meet and was very proud of himself. "In long jump I was seeded towards the middle of the group and then I jumped a foot higher than I've ever jumped before." He also added, "I was pretty confident about the 200 but there was a kid from the south that was faster."

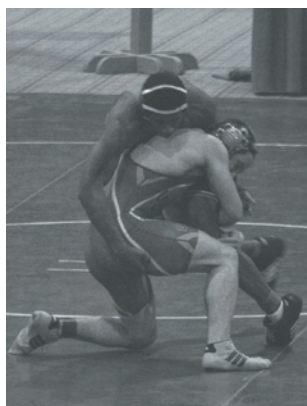
Overall, the boys placed sixth and the girls placed fifth in the 3A. Head coach Sean Murgel stated, "We were expecting great things out of our people. They did great! We had some people take first... We had some good performances."

Being part of the crowd can help your team win

By Jayna Hill

"Every crowd is different," stated David Eastman, the starting point guard of the Lowry High School varsity boy's basketball team, "some gyms are easy to play in, and others are like trying to walk up an escalator on its way down."

Often crowds can be quite obnoxious. Here at Lowry High School we see a loud crowd, mostly composed of students that greatly support athletes, who do not stop even when their team is



Ron Espinola•THE BRAND

Tanner Schmidt goes for a single-leg.

down. But, when the Team is winning the rest of the crowd seems to also join in the action. It is a two way street, the liveliness of the crowd de-

pends on the success of the team, while the success of the team then plays off of the crowd. The crowd can boost the morale of the players, and even give them more energy; "I love the crowd, they pump my adrenaline so I don't have to," said Eastman.

The energy in the crowd seems to bring the energy of the team playing up. As a varsity cheerleader at Lowry, I have noticed that the team has more energy when more people are watching them play. When the crowd is cheering, and the gym is unbearably loud,

the team has a boost of energy, and a will to play harder.

Not only does a crowd boost team sports but also individual sports such as wrestling; "before the match you see this big crowd and it makes you want to wrestle better," said wrestler Tanner Schmidt. Schmidt also felt that having the state wrestling tournament at home helped their team a lot. "We had a lot more support, you have a lot of people there rooting for you; it's like any kind of sport when you play on your home turf," added Schmidt.

Softball, baseball, and All-State Academic awards

By Mary Granath

The following baseball and softball players were recognized for their achievement on the field this season.

SOFTBALL AWARDS

Madison Gonzalez, First Team Outfield; Lexi Gonzalez, First Team Outfield; Masie Kemp, First Team Utility Player; Missy McKinnon, Second Team Outfield; Dani Chavez, Second Team Pitcher; Dana Pardovich, Second Team Designated Hitter; Lynnsey Johnson, Second Team 2nd Base

BASEBALL AWARDS

Anders Pace, First Team Designated Hitter, First Team All-State; Jace

Billingsley, Second Team Shortstop; Mitch Pollock, Second Team Utility Player; Dusty Kraft, Second Team Outfield; Bryan Noble, Second Team Pitcher; David Eastman, Honorable Mention Outfield; and Gus Ramasco, Honorable Mention Second Base.

ALL-STATE ACADEMIC

The following athletes, representing all sports, have been recognized for their achievement in the classroom during the school year.

Trevor Belanger, Jace Billingsley, Dillon Bryan, Miranda Buttram, Samantha Buttram, Giovan Cholino, Tyler Cox, Amaya Criswell, Amaya Drake, David Eastman, Skylar Estes, Nicole Finlayson, Jacob Gib-

son, Anna Gutierrez, Luis Gutierrez, Courtney Hammond, Suzi Jones, Sophie Kristof, Emelia Legarza, Collin Messerly, Bryan Noble, Laura Ochoa-

Mata, Anders Pace, Jillian Pfarr, Esmeralda Ramirez, Alex Schumacher, Olivia Snow, Erin Tattersall, and Jessica Wadley.

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A year in retrospect: 2 State titles and many more memories

By Mary Granath

This year has undoubtedly been a great success in the world of Lowry sports. From State titles to tragic losses, each amazing moment lives in the minds of students, athletes, coaches, and teachers at Lowry

Freshmen Football

Although the freshmen football team may not have had much of an audience when it happened, they made history on September 11, 2008. Our little froshies did us proud when they beat Truckee 32-0. This was the first time in nineteen years that Lowry freshman football has defeated Truckee. Coach Beck reflected back on the year, "We had a great season. A winning record is always a plus but the young guys learned a lot and came together as a team. It was very positive overall."

Varsity Football

Despite some tough losses, Varsity had 3 wins this year. This represents a large amount of progress considering last year's 0 wins. The Bucks also broke their seventeen game losing streak when they defeated Cole Valley



Ron Espinola•THE BRAND

Joel Barton drags Fernley around

Christian Academy 45-33. Quarterback Gus Ramasco's had a solid season completing 38 of 82 passes. These are good enough to receive a scholarship to play football for Jamestown University where Ramasco will be attending in the fall "I really believe we as a football team turned a corner this year," said a proud coach Billingsley.

Girls Golf

Lowry's expectations for the girls' golf team were set high this year, and our ladies didn't let us down. Chloe McClintock placed second at the State Tournament. Casey Keiser also upheld the golf team's prestigious reputation by placing eighth. Kylie Meckley also finished well placing in the top ten.

Boys Soccer

The Varsity boys' soccer team watched their chance at a State title slip through their weathered fingers on November 7, 2008 when Incline narrowly defeated Lowry 1-0 and took the



Mary Granath•THE BRAND

Jordan Sloan and Inaki Hernandez defend against Dayton.

last seat in State. More harrowing than this however, is that the goal, made in the last two minutes, looked off-sides to children, parents, babies, and generally everyone else existing in the world, except the referee who called it.

Cross Country

Lowry Cross Country crossed this finish line in first to take the State title home once again this year. Leading the victory was Erin Tattersal who placed third, Jenea Neu who placed sixth, and Ashlee Lee who placed seventh. "Cross Country was really great this year because we came together as a team even though we only had five girls and it was a lot harder for us to qualify," said Neu

Boys Basketball

Varsity boys basketball took third this year losing to Boulder City 59-56 in the semi-finals. The lead scorer from the game was junior David Eastman; Eastman was also the runner-up leading scorer for the season with 234 points exceeded only by junior Danny Westfall with 241 points. "The season was a success overall and I'm really proud of how far we came as a team," said senior Gus Ramasco.

Girls Basketball

Girls Varsity Basketball went all the way to State this year and put up a good fight for the win. How-



THE BRAND

Amaya Criswell defends a Hug player

ever in the end Spring Creek was able to pull ahead and the Lady Bucks lost 69-42. Morgan Thacker was the lead scorer for the game as well as the season earning a sum of 353 points for the year. Thacker has signed to play basketball for the University of Montana Western come this fall.

Wrestling

Lowry's wrestling team achieved their goal for this year, sweeping the State Championship for the State title, five individual champions, two second place champions, and six third place champions. Trevor Grant, Jace Billingsley, Ryan Nelson, Skylyr Bleck, and Paeden Underwood took home first place. "I think wrestling is the hardest sport I've ever done but getting your hand raised in the middle of the mat makes it all worth it," stated senior Jake Manzo.

Swimming

Unfortunately a solid season did not result in a berth at state.

Track

Christian Echeveria took home two State titles this year one for the 200 meter dash and one for the long jump.

The girls 4x4 consisting of Alicia Kelly, Sophie Kristof, Desirae Lemm, and Kirstie Ingle, also took home first place. Echeveria also place second in the 100 meter dash.

Varsity Softball

Varsity softball gave it their best shot this year and fell just short of a chance at the State Title. With the State Championship just out of reach, the lady Bucks battled with the Spring



Ron Espinola•THE BRAND

Dana Pardovich swings at a pitch during the Zone Tournament.

Creek Spartans for the final seat in the Championship round. After defeating Spring Creek on Friday, Lowry saw their hard work slip through the cracks as the Spartans came back to beat Lowry twice in a row on Saturday, advancing themselves to the Championship game.

JV Softball

JV softball set a goal to be undefeated in league. The team did just that, going 12-0 in league and 21-3 overall.

Baseball



Ron Espinola•THE BRAND

Jace Billingsley singles against Truckee.

Varsity Baseball finished the year 10-18 overall and 7-11 in league.

"We went into the season with high hopes and although we made improvement we couldn't achieve our goal of making the playoffs," said head coach Ron Espinola.

Boys Golf

The boys golf team finished first in league this year but came in second at the state championship. Joey Dendary was the only member to place coming in third.

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JAVA TOWN

-One Sip & You'll Flip!-

After 30 years, Mendiola retires from Lowry

By Mary Granath

What have you done in the last 30 years? If you posed this question to Vince Mendiola his response would most likely be something along the lines of 'oh not much, a little bit of coaching, a little bit of teaching...' In actuality he's done so much more.

In the past 30 years Mendiola has received 14 Varsity letters, three All-State awards, and won five state championships as an athlete. Of the past 30 years Mendiola has spent 23 of them coaching, ten of them as Athletic Director, and all 30 of them teaching. "He believed in Lowry High School," said Jim Billingsley, "and he wanted to see Lowry succeed because he was from here. He had roots and he had ties to this community; and just because of that pride in Winnemucca and LHS he wanted to see it succeed"

Every year schools across the country lose numerous employees, but Lowry will say farewell to an extremely influential person this year who will be especially missed- Vince Mendiola. "There is no way anyone has put in the time he has put in," said Chad Peters, a family friend. This is certainly true as Mendiola has now dedicated 27 years of his life coaching at Lowry, teaching for Lowry, and improving Lowry as a whole.

Mendiola started off his coaching career as almost every coach does- as an athlete. At Lowry High school

"He [Mendiola] believed in Lowry High School and he wanted to see Lowry succeed because he was from here. He had roots and he had ties to this community; and just because of that pride in Winnemucca and LHS he wanted to see it succeed"

~Jim Billingsley,



Courtesy•JOYCE MENDIOLA
Mendiola and the 1986 basketball team.

Mendiola earned 11 Varsity Letters, three All-League and All-State awards in football, two Basketball State Championships, three Golf State Championships, and one Golf Individual State Runner-Up. Nevertheless, after all these awards Mendiola's list of accomplishments is now where near complete. After he graduated in 1974 he was given a football scholarship at Boise State University, where he earned three Varsity football letters and was named 2nd Team All-Big Sky Conference Defensive Lineman in 1978.

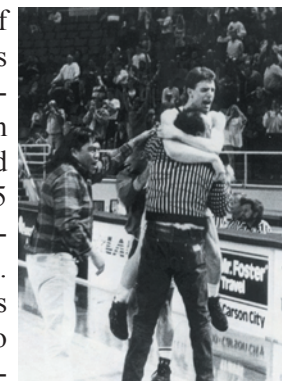
After graduating from Boise State in 1979 Mendiola returned to his roots



Ron Espinola•THE BRAND
Chad Peters presents Vince Mendiola with an award at an assembly earlier in the school year.

and began coaching and teaching at Lowry. "I coached for seven years and I got tired, I can't imagine doing it for 30," stated Peters. Of the many accomplishments Mendiola has wracked up, coaching four different sports is definitely one of them. Mendiola served as an assistant football coach for six years and head football coach for three years. He was head golf coach for 12 years and assistant basketball coach from 1982-1986 and again from 2002-2005. Lastly he also served as head basketball coach for ten years. It was when coaching basketball that Mendiola received Northern 2A coach of the year four times, once in 1988 and again in 1989 and then in 1991 and 1992. In 1992 he also received State coach of the year and led his team to a State Championship. Mendiola holds

the record of most wins as head basketball coach as he guided Lowry to 155 victories during his reign. For ten years Mendiola also served as Athletic Director, "He coached a lot of different sports, winning the state bas-



Courtesy•JOYCE MENDIOLA
Chad Peters jumps into Mendiola's arms upon winning the state basketball title in 1992.

and when he became an athletic director he was probably the best athletic director Humboldt County has ever seen," said Billingsley. From 2003-2009 Mendiola was the Humboldt County School District Activities Director.

These may seem like enormous accomplishments, and while they certainly are they do not come close to comparing with Mendiola's largest accomplishment yet and that is the lasting affect he has had on Lowry and its students. "I am glad I got to know him because I know I am a better coach because I got to coach with Vince in my lifetime," said Peters.

With somber hearts but bountiful gratitude, we say farewell to a coach, a teacher, and a friend. We thank Mr. Mendiola for all he has contributed to Lowry and everything he has done to help us succeed.



Courtesy•JOYCE MENDIOLA
Mendiola (top right) as an assistant football coach at Borah (Boise, ID) High School.



Courtesy•JOYCE MENDIOLA
Mendiola performing his duties as the Athletic Director in 2006.

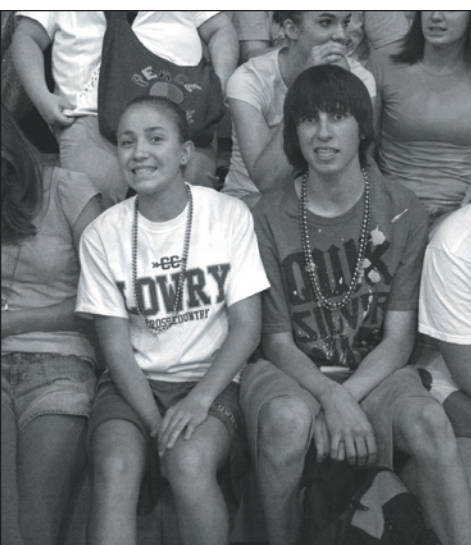


Courtesy•JOYCE MENDIOLA
Mendiola (right) at Boise State University.

Last assembly for the 2008-2009 school year

By Mallorie Leal

On May 27 Lowry hosted its last assembly for the 2008-2009 school year. The last assembly was high spirited and many came dressed in their spirited blue and gold attire. This was the last assembly for the seniors, so many were involved in the activities.



Amy Balagna•THE BRAND

Ashlee Lee and Brad Pearce wait for the assembly to begin.

Student Body Treasurer Jordan Sloan announced the beginning of the assembly as he introduced Giancesi Tarafa and Tahshina Munk to sing the national anthem. After their performance, students stayed standing for the school song. Officer Dawson then acknowledged the students who have worked in Teen Court, and accompanying him



Amy Balagna•THE BRAND

Travis Sadler as the Senior Mascot

was Judge Montero. Judge Montero handed seniors Jayme Poole, Hannah Hammon, and Sarah Sundahl plaques for their dedication to Teen Court. Student Body Historian Camille Lyon then passed the microphone to Mrs. Grady who would announce end of the year awards to teachers who are leaving Lowry.

Mrs. Grady recognized Vince Mendiola, Sondra Henriod, and Janet Kennedy for all of their accomplishments at Lowry as this year will be their last at the high school. The assembly was then moved to the announcing of the class of the year. A volunteer from each class was asked to participate in a pie eating contest to discover the class of the year. Senior Gino Parolin, junior Gabby Roman, sophomore Mitch Pollock, and Freshmen Jacob Carver all volunteered. The 2008-2009 class of the year was the juniors. Fourth place was the seniors, third place was the freshmen, and the sophomores came in second. The assembly then ended with a slideshow prepared by the yearbook staff.

Lowry Look-alikes



Courtesy•WINNADA
Kristen Graham



Courtesy•NBC/MCT
Katrina Bowden



Courtesy•WINNADA
JD Christensen



Courtesy•Dreamworks Pictures/MCT
Andy Samberg



Courtesy•WINNADA
Candace Davidson



Courtesy•Dreamworks Pictures/MCT
Michelle Trachtenberg

Kennedy and Henriod leave Lowry

By Camille Lyon

At the end of this school year some teachers will be leaving. Vince Mendiola, Janet Kennedy, and Sondra Henriod will be leaving Lowry.

They have all influenced Lowry and its students and as they leave many will be sad to see them go. Mrs. Kennedy has spent the last 23 years serving Lowry at many different capacities.

Mrs. Kennedy graduated in 1979 and began teaching in 1983. She began her teaching career at the junior high where she taught sixth, seventh, and eighth grade English. After three years at the Jr. High, she moved to Lowry.

She has taught Advanced Placement Composition, Literature, Creative Writing, Poetry, Journalism, Honors English, Government, Drama, and Stagecraft. She has served as the English Department Chair for 18 years, as well as the senior class advisor for 22 years.

She also serves as a member of the Leadership Cadre Team and was the visionary behind the children's

play which has brought great enjoyment to over 6,000 elementary students. She also created the Senior Store.

Mrs. Kennedy has made Humboldt County School District her home for the past 26 years. She will be truly missed but never forgotten at Lowry. Kennedy will be moving to French Ford Middle School to become the new Dean of Students.

Sondra Henriod will also be leaving. She has served Lowry for 24 years and has influenced students greatly. She will be truly missed as we lose an important part of our counseling office. She has helped numerous students with their futures by aiding them in their college duties.

"She has amazing patience," said Joyce Mendiola, "and she was a friend to many kids."



Courtesy•WINNADA
Mrs. Kennedy

What's in a day? Random Survey



Courtesy•WINNADA

Adam Gray

Name

Adam Gilgamesh Gray

Grade

11th

Clubs you are involved in

None

Sports

Cross Country and Track

Do you have a job, if you do what is it?

I am a mosquito abatement technician.

What's your favorite color?

Orange

How many hours do you usually spend on homework?

None :)

Favorite teacher?

Mr. Beck, Marcel, and Mrs.

Doyle

Favorite class?

U.S. History

What time do you wake up in the morning?

6:30 or 7

What time do you usually go to bed?

Around 11:30

What kind of car do you drive?

A red Honda CR-V

Who do you usually go to lunch with?

Mostly with Alex Schumacher or Camille Lyon

Who is your best friend?

Camille Lyon

Favorite Food?

Spaghetti, it's the best.

Myspace, Facebook and Twitter: the true use of social networking

By Amy Balagna



What is Twitter? It's mindless thoughts published on the web via cellular phone. What is MySpace? It's where people spend hours checking for updates and taking pictures of themselves in their bathrooms. Facebook? Same thing for college kids... Why is our generation so entranced by social networking websites? Why do we feel the need to constantly publish our mood next to an angry looking smiley face?

Some find it fascinating that young Americans feel the need to constantly document their lives on the internet. We have lost all sense of privacy. To-

day's generation of children is growing up in a world ripe with the fruit of technology, and we have found various ways to utilize it, such as texting no more than 160 characters to Twitter who then posts our "Tweets" or mini blogs to the internet for some distant person to read.

The founder of Facebook, Mark Zuckerberg, can be called with no stretch a genius. His social networking website was at first restricted to his own college campus, but has now grown to over 200 million users around the globe. No doubt impressive, this success truly speaks to the theory of transparency among American youth.

We feel the need to let everyone in the world know, at some times, our most private secrets. This new sense of openness characterizes our generation

like the love and drugs of the 60's or the patriotism of a wartime era. Maybe in growing up with the internet we have lost all sense of fear associated with it or maybe our natural youthful mind-set of being untouchable is still present.

Nevertheless, we all must be careful how much of ourselves we expose to the internet, to Twitter, MySpace, or Facebook. The internet is a dangerous place. Don't forget that. Just because you read a post to the internet doesn't mean you can trust it, there are fake profiles, predators, and hurtful, dangerous bloggers around every corner. I'm going to sound like your mother, but be careful and don't post any private information including your address and phone number to the internet.

Students on the job: Balancing a job and high school

By Mallorie Leal

Scrubbing pots and pans, dealing with grumpy customers, working in scorching hot or torturously cold weather; these describe some of the conditions teenagers work in. When did the transition begin from doing daily house chores to finding an actual



Camille Lyon • THE BRAND

Rachel Yates works the cash register at Parks Cinemas.



Amy Balagna • THE BRAND

Amaya Drake and Evan Jacobsen lifeguard at the Bode Howard Memorial Pool.



Camille Lyon • THE BRAND

Tiffany Watterson and Rachel Yates take a break at the theatre.

job? Most parents want their child to learn life lessons from having a job, so when leave their home they have had a taste of the "real world." When students reach the age of sixteen, they may find themselves in the search of a job.

Mrs. Kim Brooks, the career center advisor at Lowry, believes students should have jobs because it teaches responsibility, demonstrates the payoffs of hard work, and keeps kids out of trouble. As young and inexperienced as most of the teenagers who get jobs seem to be, there ends up only being a certain handful of jobs to choose from in a small community.

Restaurants, the movie theater, the bowling alley, fast food places, coffee shops, and grocery stores are some of the more common jobs populated by high school students. Some students also may be found working in different places such as bigger businesses where

they may be filing papers or doing more office work than a typical high school job might entail. A rare group of kids here at Lowry have parents who feel that they have all their lives to get a job and these are the times to have fun and enjoy being kids. However, for those students who are working, a major downside to having a job is, "missing out on fun activities or losing sleep," said Elizabeth Gomez, who is a senior at Lowry. Gomez works at the Winnemucca Inn where she busses tables. Jobs may seem to take away from a social life, but students may have jobs to help build a future after high school. Most of the money students earn from their jobs is being accumulated to have for when they begin their after high school plans. Whether it means going to college or just living away from home, money is needed to survive.

Most kids get jobs to help pay for the extra fun stuff they need, and some

work because they need to help support their own families. Many students at Lowry use their hard earned money to pay for their own lunch. "Now that I have my own job, I can give my dad a break and pay for my own things," said Rachel Yates who is employed at the local movie theatre. Students believe having a job and raising their own

money helps to demonstrate their own self independence from their parents and it also shows responsibility. Jobs do benefit students; they teach life-long lessons, help manage time more efficiently, and in some cases help provide for family members. Earning your very own paycheck isn't too bad either.

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LHS senior year in retrospect

By Camille Lyon

The school year is coming to an end and this may seem gratifying for most students, but for others who are seniors, they do not want to let it go. The year has gone by with many opportunities for having a great senior year. There was the senior sunrise, numerous assemblies, spirit activities, dances, including their last prom, and games for seniors to attend to end their last high school days. Most seniors wish to leave this town faster than they are prepared for, but perhaps some will miss the comfort of Lowry High School. Senior Jordan Sloan feels content with the outcome of his senior year. "Overall the year went by too fast, but for the most part it was



Amy Balagna • THE BRAND

Seniors at their last assembly

awesome," said Sloan.

For most seniors, they feel they are ready to graduate. Some feel they focused on academics because they had more time with off periods, but others may insist that "senioritis" was to blame for their laziness. Senior Esmeralda Aguilar will mostly miss all of the activities at Lowry. "I will miss

being involved here," said Aguilar. Sloan will mostly miss all of the friends he has made at Lowry. One of Sloan's most memorable experiences as a senior was the Incline game for soccer when his team went to the zone championships. "All of my memories in sports are my best high school experiences," said Sloan.

Whether seniors are choosing to attend college, join the military, or take a year off, many are anxious to leave. "Of course, college is going to be so much fun!" exclaimed Sloan when he was asked if he was anxious to leave. The year is not over yet. There are still many more activities for seniors to take part in, and to hopefully make their senior year the best it could ever be.

Senior in the Spotlight: Gloria Avila

By Chloe Rusconi



Courtesy • WINNADA
Senior Gloria Avila

"I liked going to the beaches and how friendly the people were," Gloria Avila a senior said about visiting Mexico.

This semester she chose to take Anatomy and Advanced Art along with the standard Government and English. Her favorite class is Advanced Art. She said Art is relaxing.

Mr. Anderson and Mr. Carstensen tied for her favorite teacher.

"I have learned a lot from both of them," Avila said. For extracurricular activities Avila participates in Art Club and Hispanic Organization.

Avila has worked at Dos Amigos restaurant for the past two years but will soon be moving to Reno. She enjoyed meeting people from different places during work.

She most admires her best friend for learning from his mistakes, getting up, and trying harder. He has supported her through a lot of different things and is always there to talk to.

When she is not working or at school, she likes to watch House and Scrubs. Her favorite author is Stephanie Meyer (author of the Twilight series.) A huge pet peeve that Gloria has

is the touch and sound of cotton.

She is going to pursue a bachelor degree in Radiology to become a radiology technician. She will be moving to Reno this year to take her prerequisite classes at TMCC. Next year her destination will be Denver, Colorado to finish her schooling. She is very proud of herself because she will be the first person in her family to go to college.

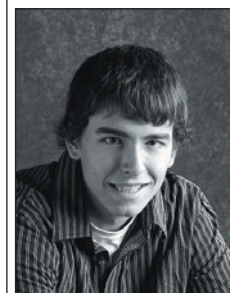
In ten years Gloria wants to own a ranch with horses while practicing radiology and photography.

"I want to travel and take pictures of landscapes," Avila said. In her free time she would also like to teach an art class. Her best advice for incoming freshman is, "it will be hard but keep trying, do your best and don't ditch!"

Senior Voices

By Jayna Hill

What was your best high school memory?

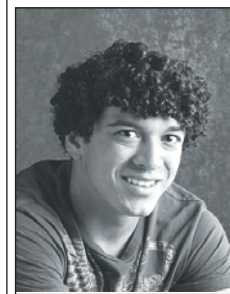


Courtesy • WINNADA
Collin Messerly

I don't think I have one best memory. October 24th when David moved here that was pretty cool I guess. All the sports trips, being able to hang out with friends

.... State basketball was pretty amazing, finally being able to be in state contending with a team of that caliber has always been a goal.

- Collin Messerly



Courtesy • WINNADA
Jordan Sloan

My best high school memory was when I hit Mrs. Hill with a snow ball during a fire drill, and I got in-house; also when we made it to zone for soccer and

we beat north Tahoe that was pretty amazing

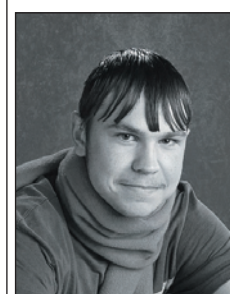
- Jordan Sloan



Courtesy • WINNADA
Laura Ochoa-Mata

My favorite high school memory was working on senior scrapbooks in Mrs. Ludlow's class

- Laura Ochoa-Mata



Courtesy • WINNADA
Mitchell Watterson

One of my favorite high school memories is playing during the basketball games and being in pep band

-Mitchell Watterson

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Lowry senior, Brandon Connell hosts guitar recital

By Amy Balagna

Senior Brandon Connell, an accomplished musician, held his last guitar recital on May 27.

He has taught numerous students over a five year period. His love of



Amy Balagna•THE BRAND

Brandon Connell plays *Iris* by the Goo Goo Dolls.

guitar naturally transitioned into teaching. "I love sharing my love of music with people but it took a while before people thought I was a decent teacher," said Connell. As well as guitar, Brandon teaches piano and banjo. "I don't discriminate against any instruments, I love them all," said Connell. Connell's favorite instrument is the guitar which he has been playing since the age of eleven.

The recital was held in the Lowry auditorium. It consisted of students: Colton Neary, Jacob Welty, Jacob Carver, Riata Kull, Nick Carver, Rhys Neary, Anita Carver, Sawyer Woolever, Ross Woolever, Tristen Waller, Torrey Herrera, Kinzie McClintick, Michael Drake, and Ivan Ramirez. The show concluded with a performance by

Brandon Connell. "Riata had an amazing performance, Michael did too," said Connell.

The sound equipment was provided by Lowry music teacher Mr. Criddle. "Mr. Criddle is really responsible for the whole evening, he's the man behind the scenes," said Connell, "I would also like to thank my parents for supporting my teaching all these years."

Connell played *Iris* by the Goo Goo Dolls and sang along with many of his students. "I always take it as an honor when students ask me to play with them; I sang with Kinzie and Ross and was actually intimidated, both are really dedicated students," said Connell.

"Music has really influenced my life in a positive way, it can show a more down to earth view and above all

it makes people happy," said Connell. He hopes to major in human biology and minor in music at BYU.

"Music will never leave my life, I'll be committed until the day I die," said Connell, "I'm not trying to be a rockstar, I just love playing guitar," he added.



Amy Balagna•THE BRAND

Recital participants.

Band and Choir: California Dreamin'

By Rachele Dennis

The Lowry high school band and choir classes took a trip to Anaheim, California for five days. The first two days they spent on the road, the next two days they had the opportunity to spend in Disneyland and California Adventures, and the final day they spent performing and laying around at the beach.

Sophomore Jacob Gibson, is a member of both the band and Swing Choir, thought that the whole trip was great because of the variety of things to do.

In order to go on this fun-filled trip students had to raise \$350. This included the bus, the hotels and of course the tickets to get into Disneyland.

Gibson stated, "The trip was a big success. We had a good time messing around at the parks and learning how we can perform better. I think I speak for everyone when I say that we had a great time and would like to do it again."

Although it seems like this trip was all fun and games it wasn't, the choir had to prep their voices and the band had to rehearse their parts for the competition that was held at a college campus near Disneyland.

The Men's choir was able to prevail and win gold, the combined choir won silver and the band pulled through and got a bronze medal. The Lowry students were very proud of their winnings and hope to compete again next year. The students agree it was a great trip.

Movie Review: 'Obsessed'

By Esmeralda Aguilar

Fanatical is just one word to describe the *Obsessed*. A movie filled with climatic moments, *Obsessed* is a gripping thriller and suspense movie with cast members such as Beyonce Knowles (Shanon Charles), Idris Elba (Derek Charles), and Ali Larter (Lisa Sheridan).

The Charles' perfect life is suddenly turned upside down with the arrival of temp worker, Lisa Sheridan. Lisa's obsession is apparent from the opening of the film and her obsession only contin-

ues to grow until the ending of the film.

What's more, Derek Charles obvious lack of interest in her plays a huge part of this movie as well.

While this movie can seem quite cheesy at times, the morals derived from the plot are worth the watch. Today's society upholds scandals, so a movie that supports marriage and fidelity is a nice change. Besides, watching Beyonce get in a fight is just plain entertaining.

The movie is rated PG-13 for some suggestive material and language. Go ahead, watch *Obsessed*, you know you want to.

Book Review: '13 Reasons Why'

By Mary Granath

Author Jay Asher presents a disturbing portrayal of a young girl struggling to cling on to the remaining fragments of her life in his premier novel *13 Reasons Why*.

However, by the time you begin the story it's too late for Hannah Baker. Instead you see Hannah's life slip away through a series of tapes passed along to seemingly random people, that have a horrifying connection. Hannah is determined to leave behind a clean slate, and expose all her well kept secrets- even if they aren't hers to tell.

The ninth person to receive the tapes is Clay Jensen. Through Clay's eyes the story of Hannah's death begins to unfold, showcasing every mo-

ment that led to her demise.


Throughout the book you can feel Clay's guilty conscience emitting from the pages almost as clearly as Clay can feel Hannah's desperation emanating from his stereo.

Asher writes in such a way that the reader is soon not only sympathizing but empathizing with his characters. By the end of the book you will experience the very same loss that Clay Jensen does, making you appreciate your life and friends in a completely new light.

An accurate depiction of the torment high school can inflict, the agony of an undeserved reputation, and the effect that any one moment can have on your life, this book is a forbidden fruit that you won't be able to resist.

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Art and CTE Showcase

By Katy Granath

Thursday May 28, Lowry High School hosted its first annual Art and Career Technology Project Showcase. The head of Lowry's art department, teacher Andy Anderson, has been planning the showcase since the start of the school year. QUOTE.

Anderson's Art II and Advanced Art classes were in the middle of their art finals, a sidewalk chalk project. Several art students demonstrated the technique of chalk drawing throughout the night. Teacher Courtney Rorex's sewing classes had quilts and craft projects on display. Students from Rorex, Anderson, and Irene Kottke's art classes had numerous artworks on display. "The art is amazing, and so beautiful," said Lowry sophomore Erin Tattersall.

Lowry's Art Club helped host the show, bringing cookies shaped like Van Gogh ears. Career-tech instructor Don Walton's advanced AutoCAD classes displayed their talent in shop building, along with wood shop and

welding projects from Luca Bernardi's students. Horticulture teacher Rebecca Hill's students sold plants in the greenhouse and Jim Billingsley's Nevada Outdoor students had their magazines for sale.

Several hundred people were in attendance over the course of the evening. "There's a lot of people here, it's a good turn out," said Lowry senior Jayme Poole. LHS's first annual Art and CTE Showcase was a huge success. Expect next year's showcase to be a much-anticipated community event.



Andy Anderson • LHS

An artwork on display at the showcase

What is your sign and what does it say about you?

By Chloe Rusconi

ARIES March 21-April 20 Don't let new opportunities pass you by. With new things approaching, you may be tempted to run the other way. Be patient and don't let uncomfortable situations get the better of you.

TAURUS April 21-May 20 Don't conform to what you think is accepted, be yourself and don't let others influence you. It may seem like you and your co-workers are getting along well this month, but remember they are in it for themselves! Just do your best and you will succeed.

GEMINI May 21-May 20 Don't let your priorities get mixed up, this may stifle your growth and you are getting farther ahead than you realize. If you are feeling pressured by someone to do something you don't want to, let them know that it's not okay.

CANCER June 21-July 20 Get to know yourself this month. You have been running around being the center of attention. This can become lonely and its not fun being alone at the top. .

LEO July 21- August 20 You have been walking the straight line for so long that you feel you need to make a change and its time to just go for it. This month it's time to step outside of your boundaries.

VIRGO August 21-September 20 If you feel like you have been stabbed in the back by a friend or family member maybe it is time to reevaluate what you want. Don't let everyone walk all over you like you have in the past.

SAGITTARIUS November 21- December 20 Life is what you make it so choose your side. You aren't always right and others peoples P.O.V. may be valuable. If you are unsure about how to handle something, ask your friend or a member of the family they might change your perspective to understand something you might have not before.

CAPRICORN December 21-January 20 The blame game won't work here and everything will fall into your lap if you realize you aren't the only one affected. Being stubborn is not going to help you here. Nothing gets solved

Lets boogy

By Chloe Rusconi

The end of the year is approaching and it was time for the junior-senior prom. On May 2 the dance was held at the convention center. With many arriving early to take pictures, others showed up right on time.

Some student attendees arrived wearing Mardi gras masks in effect to the midnight masquerade theme. It seemed like everyone was having a good time and dancing the night away until it was time to get down to business.

The prom king candidates were Brandon Connell, Tanner Schmidt and Jacob Manzo; the queen candidates were Jacqueline Hoss, Katherine Granath and Stephanie Cochrane.

Manzo said that his best high school memory was tied between winning the State wrestling championship and standing in dresses with Schmidt during halftime for the powder puff game. Granath wishes to abolish poverty and

save the world; Hoss looks up to her little brother because he is so funny when he does the chicken dance.

Connell's most memorable high school experience was when he was performing with choir, he jumped and his pants ripped. Cochrane's most memorable high school experience was boonie crashing with friends. Schmidt admires his brother Nick for working so hard in high school.

Mrs. Tanya Grady announced the 2009 Prom King and Queen, Brandon Connell and Katherine Granath.



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Karl Berensten and Kendra Plant

when no-one will stand up and do the right thing.

AQUARIUS January 21-February 20 Good things are coming your way, don't ignore the subtle hints because it will hit you like a bombshell. If you live your life isolated then you will never experience what good can come out of miscellaneous situations.

PISCES February 21-March 20 Why are you so confused? The answer is right in front of you don't make it what it's not and take it as it is. Don't always focus on what you want the outcome to be because that might set you up for disappointment.

LIBRA September 23-October 22 Don't worry about the finances this month because you will have better luck. Just keep your head high and focus on being wonderful you! It may be hard with your friends wanting you to go out and have fun, but stand your ground.

SCORPIO October 23- November 21 Be bold today! Go out and do the thing you have been thinking about for so

long. The result will be better than you imagined it would be. If you are afraid of being rejected just think about what could be and stay hopeful. If you back out you might regret it. You won't be disappointed.

