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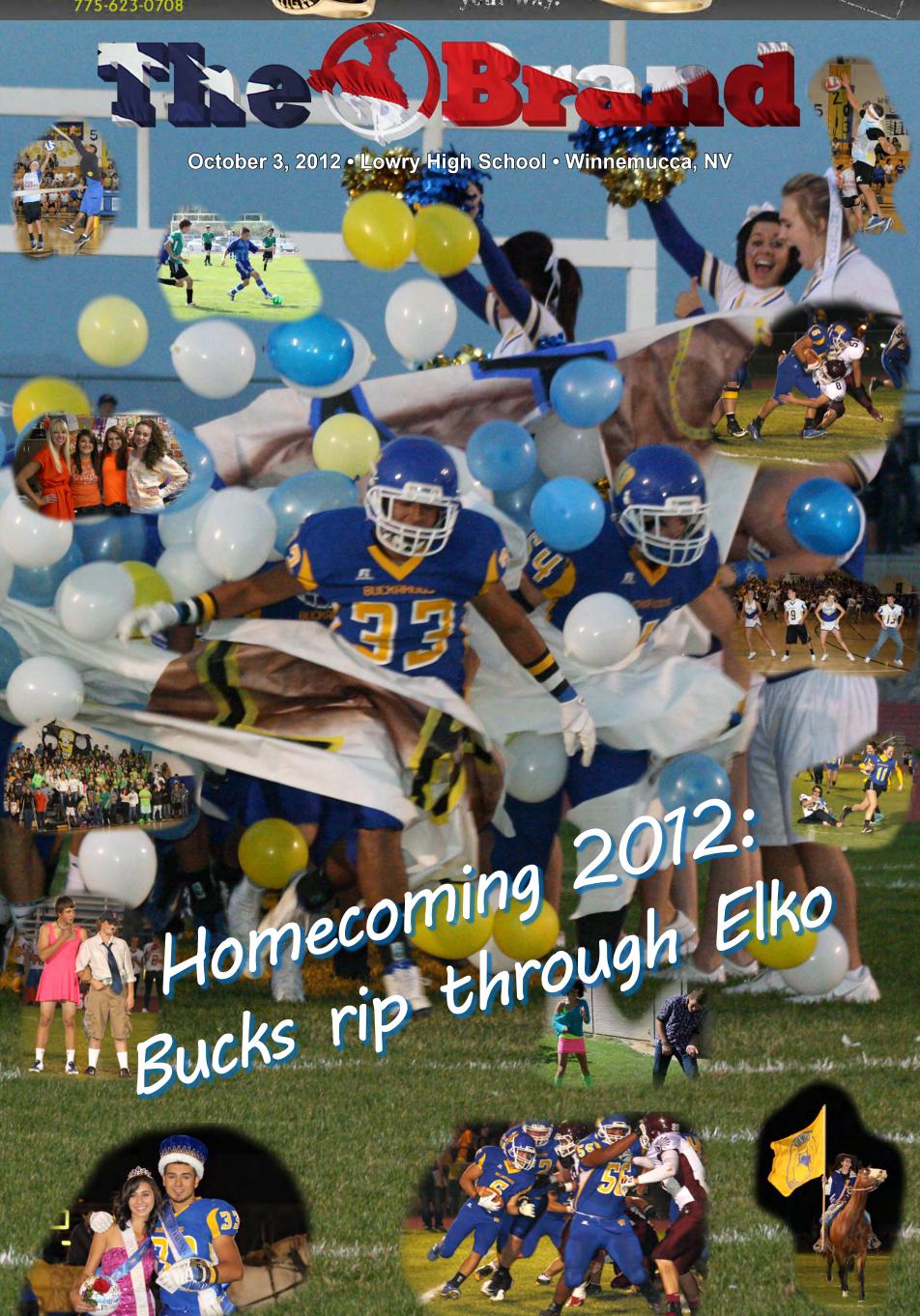
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🔊 Election 2012: Obama v Romney, you decide

BY RYLEE MATHIS & JOLYN GARCIA

ith election day, November 6, closely approaching we see more of these two important figures on the news, on our computer screens, or between our favorite television shows. One place we do not see these important men displayed, is in our community. Laura Mercado stated that "you don't see as many posters as the last election. I think it has to do with people being very tired of the government, tired of Congress not getting anything done in the last couple years, just tired of the negativity and I don't think that our politicians realize that yet."

The candidates, we all know them, are President Barack Obama and Mitt Romney. Two other candidates on the Nevada ballot, but who stay mostly out of the spotlight, are Libertarian Gary Johnson and Independent American Virgil Goode. Many of us probably don't care or understand enough to pay attention to this race. The reality is that we should, this race determines who will lead our country for the next four years.

This year being a voter in Nevada is highly



Republican vice president candidate Paul Ryan at the University of Central Florida. Joe Burbank/Orlando Sentinel/MCT

important because Nevada known as a swing state. swing state is a state that neither for the Republican party nor the Democratic party in the

election. This means that Nevada plays a major role in deciding who the next President will be. Nevada has six electoral votes, making it one of the least populated states compared to the other seven swing

Mrs. Laura Mercado thinks that Nevada's status as a swing state is "fabulous for Nevada because without Nevada's status as a swing state we don't get the presidential candidates coming, we don't get the vice-presidential candidates coming to town."

Both Obama and Romney have been giving speeches to the public trying to get their point across. Obama also had first lady Michelle and vice

Silver State in play Nevada has been hit hard by unemployment, but some other economic indicators are improving. That and an edge in voter registration have given President Obama a slight lead in the state: State of the race **Voter registration** Likely voters, Sept. 14-18 August Obama/Biden Republicans Democrats Romney/ Ryan 46 Independents August jobless rates Nevada homes Median Highest state rates and U.S foreclosure sale price Nevada 12.1% \$225,000 2008 22,002 Rhode Island 10.7 142,000 2009 26,715 2010 22,587 135,000 New Jersey 9.1 2011 29,252 120,000 Nationwide 8.1 12,012 125,000 2012 Source: DataQuick, Nevada secretary of state, CNN/Opinion Research Corp U.S. Department of Labor Graphic: Tom Reinken, Khang Nguyen, Los Angeles Times ©

Charts showing percent of likely voters in Nevada who support either President Barack Obama or GOP candidate Mitt Romney, share of August voter registration in the state, by party, states with highest jobless rates in August and trends in the median sales price and number of homes lost to foreclosure in Nevada. Los Angeles Times/MCT 2012

president Biden speaking on his behalf.

On September 6, Joe Biden appeared on MSNBC along with other networks to talk about and on behalf President Obama to the American people. He discussed the take down of Osama Bin Laden and the depression we were about to fall into before he was elected.

The previous day, September 5th, the First Lady

stood in front of an equally large crowd to talk about her husband and what he's promising to do for our country.

Vice President Joe

Democratic National

Convention./G.J. Mc-

Biden at the 2012

Carthy · MCT

"This man has courage in his heart," said Biden. He also made a point to talk about the auto industry still up and running. He believes that it is the people of America that keep this country running strong. He continued to insinuate that Romney doesn't have the courage to make tough decisions for this country.

Biden mentioned the term "the average American" several times although he never actually defined what he meant. The meaning of average in this country has changed drastically over the years. Most people would just assume he was referring to the middle class.

Mitt Romney has a "Five Point plan for a stronger middle class". According to mittromney.com, this plan will focus on five points: opening up markets that will work for Americans, making sure that Americans have the skills needed to succeed, building energy independence, "cutting Charlea Ray./ Courthe deficit, and championing tesy · Winnada

small businesses."



Obama plans to bring jobs back to America according to Biden. He also said Obama will "promote the private sector, not the privileged

"Romney is betting against American people," Biden claims. Romney also wants to take certain rights away from women everywhere, he wants to get rid of funding for Planned Parenthood, wants to raise taxes for middle class, and change Medicare to "voucher care" according to Biden.

"We're on our way," Biden exclaimed multiple times, but some people might be wondering, on our way to what?

The young people of this country who are old enough to vote should take full advantage of that

[...I wouldn't vote for either." ~Charlea Ray

munumum right. After all, deciding are the future of our country. Seniors Lowry aren't e x a c t l y

making it a point to follow the election, but the ones who are, are having a hard time choosing a side.

"I don't like Mitt Romney's plan," said senior Ransom Mathis. He was referring to Romney's plan to cut federal funding for Planned Parenthood and taking away women's rights.

Mathis continued, "I don't like how he's planning to cut funding for Planned Parenthood for all the girls who are actually getting free birth control from them."

According to FoxNews.com, Romney confirmed his claims to cut all federal funding for Planned

around were elected. Apparently, h

country if he [] like his ideas better than Mr. Obama's." ~Christy Bell

corporation is

borrowing money from China to pay for itself. He also wants to eliminate things like Amtrak, National Endowments for the Arts and National Endowments for Humanities. "Both excellent programs but we just can't afford to borrow money to pay for those



President Barack Obama speaks to a crowd at the Pentagon in Arlington, Virginia. Olivier Douliery · MCT

things," said Romney.

The Democratic National Committee made a point to jump on Romney about this issue. What most people don't know is that Planned Parenthood only gets 0.01% of the federal budget. Romney predicts that as a country we could save \$300 million by cutting the Title X Family Planning funding.

Some are questioning Romney's plans and loyalty to this country as his vision was much different while he was running for governor of Massachusetts in 2002. Women around the country have said in many TV commercials that Romney is "out of touch" and it's "a scary time to be a woman."

Even though most high school students at Lowry aren't necessarily following the election, they're definitely talking and hearing about it. They are aware that Obama's plan is pretty much the opposite

of Mitt Romney's and they know some of the questionable things Romney is vowing to do.

"I think that's a terrible idea," said sophomore Charlea Ray referring to the job outsourcing. Outsourcing jobs is sending American jobs overseas. That means less work in Mitt Romney delivers remarks at plans to keep jobs Burbank MCT here if he's reelected.



our country when we the airport in Lakeland, Florida, need it most. Obama Friday, August 31, 2012. Joe

"If I had to vote, life or death situation, it would be Obama. But otherwise, no, I wouldn't vote for either," said Ray.

Christy Bell, Lowry's nurse, has only positive things to say about Mitt Romney.

"I like his ideas better than I like Mr. Obama's," she said. She continued to say she doesn't like ObamaCare. ObamaCare to some is a great way to get insurance, that is, if you can pay for it. To others, ObamaCare is a longer wait to see a doctor and less time with that doctor than before. According to wtsp.com, it helps children and adults with preexisting conditions and provides more options for consumers. While this is true, this health care plan

see ELECTION Page 4



Buckaroos rise for Homecoming 2012

nother fun filled Homecoming week comes to an end as the varsity football team triumphs over the Elko Indians. The week consisted of lunch time activities, pep assemblies, themed days, and action packed football games. The themed days included Color War Day, 80's Day, Lazy Day, Crazy Day, and the school tradition Blue and Gold Day.

Homecoming week was started



Members of the Powderpuff court./Justin Albright • The Brand

off with a war between class. each Each was a color to wear Monday to compete for who could represent their class

Blake Hillyer dancing at the assembly./Justin Albright • The Brand

Freshmen wore green, sophomores wore yellow, juniors had orange and seniors represented with purple.

Color war day was a great turn out, and started the week out successfully. A pep assembly was held Monday morning. The Grand Marshall was awarded to Mr. Corak

for his involvement with People then had to guess the Seniors pulled out The Brand which the Freshmen and Seniors team took on the Sophomores and Juniors. While being cheered on by the male cheerleaders dressed in skirts, the Sophomores and Juniors pull out with the win. On Tuesday the theme was 80's

the win. The Powder Puff football

game was played Monday night in

so students dressed up as some groovy characters. another lunch time activity was held in the courtyard put on by Leadership. Five brave students played air instruments to songs that came out in

the 80's to show their rockin' spirit and to earn class points. All five students that participated played their hearts out. Later in the day, the varsity boys and girls soccer teams traveled

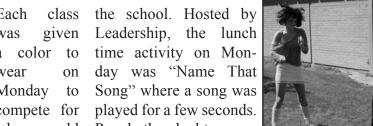


Whitney Waller and Michal Arenas./Ron Espinola · The Brand

to Spring Creek for an away game. Also, in the evening, the JV volleyball team played McDermitt's varsity at home to win the game.

For the third day of Homecoming the Seniors gathered at the football field to watch the sunrise at 6 AM. As the sun rises the Seniors look back and enjoy the last year of their high school career. The students also enjoyed donuts and juice. The weather was perfect for watching sunrises that morning. Everyone came to school looking they have just woke up and ready

See Homecoming Page 13



what that song was, and students at the Tuesday lunch-time activity./Brody Goucher •

Lowry welcomes new teachers for 2012-13 By Jessie Schirrick

eachers. They're what makes this school so prestigious and academically advanced. They are the backbone of Lowry, the foundation of our futures, and they do a great job at preparing us for the rest of our lives. On that note, it's time to salute some of the new staff members that our joining us this year in making Lowry

the best it can be. Born in Seattle Washington, raised in Buckley Washington, Mr. Randall Daniels is the new math teacher. He attended college at Central Washington University and before this year he was working as a substitute in Washington.

"I decided to become a teacher because I feel that my attitude about math is worth spreading," said Daniels.

He teaches Algebra I and Geometry, his favorite is the latter of the two. Daniels' hope for the future is to teach calculus, because 'it's the most fun.' He's enjoying his time at Lowry, espe-

cially with homecoming activities such as Powderpuff and He-man.

Born and raised in Fort Collins Colorado, Mrs. Shelby Ruff is married and a former substitute. Shelby Ruff./Cour-

She attended col- tesy · Winnada lege at the Colorado School of Mines where she gained her experience in Bi-

ology, Physics, and Chemistry. "I love science, I love sharing that for people and it's great for me to see

when you all 'get it'," said Ruff. She teaches Introductory Chemistry and Chemistry I. Ruff says that she's been having a good time at Lowry.

Born and raised in Seattle Washing-

ton, Mrs. Kimberly Brooks is a wife and proud mother of three children. She attended college at Great Basin Community College where she earned her endorsement in Special Education, however, Brooks is working as a longterm substitute for Algebra I and Algebra II. She previously spent her time in the Career Center helping upperclassmen apply for scholarships and prepare their college plans

Born in La Mirada California and

raised in the central valley, Mrs. Leanne Peters is married with two children. She began schooling in Carson City and finished here at Great Basin Com- Leanne Peters./ munity



College. Courtesy · Winnada

Peters is helping with the CLS classes at Lowry such as Math, Reading, Life Skills, Community Based Instruction, and Job Skills. Her favorite is her Social Thinking class though.

"I love the students I'm working with," said Peters.

Lynette Whalen is not very "new" to teaching per say, she spent many years working at the Junior High School, and before that she was teaching college classes Lynette Whalen./ in California. At



Courtesy · Winnada

Lowry she is helping to teach with Special education.

"I like to tell people that I finally graduated to High School," said Whalen.



MICHAEL W. DYER SANDRA G. LAWRENCE* FRANCIS C. FLAHERTY THOMAS J. DONALDSON JESSICA C. PRUNTY

* ALSO ADMITTED IN CALIFORNIA

TODD E. REESE* SUE S. MATUSKA* CASEY A. GILLHAM

OF COUNSEL HON. MICHAEL E. FONDI*





Election from page 2

State

Florida

Nevada

New Hampshire

North Carolina

Wisconsin

Total

Iowa

Colorado

will hurt small businesses financially because they are required to offer health care. Some people see this health care law as more of a tax.

According to Bell, things are worse now than before Obama was elected.

"He's made it continually worse," said Bell.

According to MittRomney. com, Romney's plan is to reduce taxes, increase trade, Virginia energy production and labor flexibility. He wants to "relinquish power to the states instead of claiming to have

the solution to every problem." It is a plan to get America back to work as opposed to before when the majority of people were struggling to find a decent job. Romney wants to stop borrowing money from China and clear up the uncertainty within small businesses; he wants America to



Winnada

spend within our means. One of his many goals is to bring federal spending below 20 percent of GDP (Gross Domestic Product) by the end of just his first term.

[Obama] blaming all of Christy Bell./ Courtesy his faults on the previous president. She compared

into" attitude to herself and the health nurse before her. She hasn't blamed any of her mistakes on the old nurse. She believes that it's going to be tough, but Romney will help our country in the long run.

Romney intends to bring his "turnaround philosophy" to Washington. Romney has already done this within the private sector, the Olympics, and state government. Romney believes that stopping ObamaCare could save our country \$95



Governor Mitt Romney speaks with Jorge Ramos and Maria Elena Salinas at Univision's Meet in Coral Gables, Florida.Jeffrey Boan• MCT the government

Laura Mercado./ Courtesy · Winnada

Battleground States

Electoral Votes

29

6

6

4

15

18

13

<u>10</u>

110

Bell claimed he's

Obama's "look what I got

billion. We could

also save billions of dollars by privatizing Amtrak, reducing foreign aid, and repealing Davis-Bacon Act. The Davis-Bacon Act forces

to pay above-market wages and raising project costs by ten percent. MittRomney.com makes it clear that Romney has what it takes to financially turn this country around.

Bell argued that Obama hasn't done anything he said he would do for our country. Why trust him this time? He's going to have to start actually making changes if he wants to get reelected.

Government teacher, Laura Mercado, stated that Congress is "really hampering anything

> happening, anything getting done because well it's all fine and dandy to say the president is going to do this, this, and this, it's Congress that has to pass the laws."

> In these next four years, a change that Mercado hopes to see isn't just with the president. "I'm not sure that what I want to see changed is necessarily

presidential, but more Congress, that things have to start getting done."

Over the years politicians have seemed to have forgotten a vital part of a democracy, Mercado continues, "We teach in our government classes that compromise is something that is necessary for a democracy to work, and I think our politicians lost sight of that."

"The national debt is atrocious," said Mercado on the result of our economic problems. "Everyone agrees the national debt is atrocious, just no one wants to make the tough choices to fix it because you can't have it all. And as a society, we want to have it all."

It's no secret to Americans that our country isn't in the best shape. The damage is mostly financial, but there are plenty of other problems that need to be addressed. Whether Romney get's elected or Obama gets re- U.S. President Barack Obama these two leaders.



elected, the country General Assembly September expects a lot from 25, 2012 in New York./Olivier

NEWS IMAGES



Masked Mexican naval commandos on Thursday, September 27, 2012, guard three accused gangsters, including Ivan Velazquez Caballero (center), a former regional chief of Los Zetas crime group. (Photo via Mexico Secretary of the Navy/MCT)



A family member of Ron Edberg consoles his son, Dusty, before the memorial made for the victims outside Accent Signage Systems in Minneapolis, Minnesota, Saturday, September 29, 2012. Edberg was one of the employees that lost his life Thursday at the hands of Andrew Engeldinger. (Kyndell Harkness/Minneapolis Star Tribune/MCT)



Wounded Warriors softball team member Josh Wege gets a base hit during a charity softball game against the Fellowship of Christian Athletes All-Star team at La Grave Field in Fort Worth, Texas, Saturday, September 29, 2012. Wege was a member of the U.S. Marines during Operation Eduring Freedom. (Bob Haynes/Fort Worth Star-Telegram/MCT)

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On the Left: Barack Obama



BY MARCOS DURAN-SAL-CEDO



answer is simple. He prevented a massive economic meltdown, created more jobs and gave the order to the navy Seals to kill Osama bin Laden. Additionally, he began the withdrawal of the troops from Iraq, funded highspeed internet connections for schools, and began the closure of Guantanamo Bay in January 11, 2011.

If President Obama had not prevented an economic meltdown, we would be in a second Great Depression. Our country's economy would have dropped, and all of a sudden, your family's investments would have been worth almost nothing. You would have found Bill Gates and Mark Zuckerberg selling apples and oranges on the streets, and the number of homeless people would have increased drastically.

President Bush saddled the nation with increased unemployment. Thanks to the efforts of President Obama, we now have more jobs, and the unemployment rate is slowly decreasing. Bush also promised we would see the death of Osama bin Laden before he left office. Instead, his death was delayed for four years until his hideout was located and President Obama gave the order for the navy Seals to kill the man who orchestrated 9/11.

President Obama also began the closure of Guantanamo Bay. This detention facility was a controversial issue, and resulted in the Supreme Court declaring that its detainees were protected by the Constitution and it was President Obama who decided that it was time to close it down.

Many people say that he needlessly increased the nation's debt to 16 trillion dollars, but this isn't true. Even though he did raise it, that was the price to prevent the economic meltdown. Some of President Obama's plans if he is reelected are to lower taxes for the middle class, and raise taxes for millionaires. This is good, because it would mean the millionaires would pay a little more, so we, the middle class, pay less. Romney wants to do the exact opposite of this.

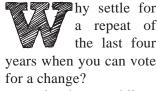
You've heard the facts, now it's up to you to decide who to give your support to in the upcoming election.



On the right: Mitt Romney

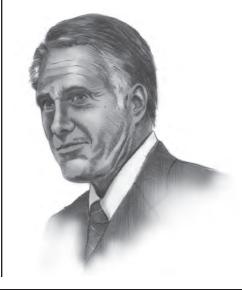


By Taylor LaTray



Mitt Romney is the republican nominee running against Obama in the presidential campaign of 2012 and he represent that change. Romney has many goals if elected that he promises to carry out. Mitt Romney believes that we need to have a strong economy, and he can help make us stronger.

Obama may have done some good things while in office, but let's face it, the Navy Seals found and killed Osama Bin Laden, any president would have given the same order to let them do so. Obama did not in any way help them find the terrorist. Our country is still having economic problems and the small amount it has



improved is not because of Obama. The enormous stimulus bill passed under Obama has simply not had the desired effect. The real effect of it and other Obama policies is to increase our already massive debt to 16 trillion dollars. And didn't he promise to decrease it?

Romney is change, and a good change at that. He will affect everybody's lives with the actions he intends on taking. Mitt plans on to repealing Obamacare, Romney also intends to give coverage to people with pre-existing conditions. He has big tax cuts in mind for America's future too; Romney has a plan that calls for an all-around cut of 20 percent. giving americans more money to spend should stimulate the economy.

As president, Romney has a select few important plans that will be great for America overall. He believes in a smaller, simpler and smarter government and will cut federal spending and regulation in the process of achieving his plans. Romney will bring the reforms that America needs to Medicare and social security while also working to reduce the size and reach of the federal government and balancing the budget.

The plan Obama has for America is unclear and not effective and is potentially making things worse. Why would we re-elect someone who is not fully in touch with the needs of the people? Romney believes in America and believing in him is definitely in our own best interest.

Jessie and Josh





By Jessie Schirrick and JOSH SHAVER

One of the things that bothers me the most about

men's fashion, is skinny jeans. I think something should be left to the imagination on a guy's body. The skin tight denim just doesn't complement a male's masculine figure. Another pet peeve are guys who think they can pull off a bro-tank or a v-neck. Those shirts are specifically made for men with hard, muscular torsos. If you don't have it, don't pretend you do.

Josh

One thing that bothers me the most about women's fashion is when they "double sock" or wear crew sock if they don't know the appropriate way to do we guys don't text back, don't send duplicates; We don't have to answer and do everything for them.

it. I don't when girls are in a relationship and they flaunt their stuff, because then I am tempted to look and if I get caught by their boyfriend I am going to get beat up.

When a guy doesn't text me in a while and then when he does he says "sorry I haven't texted you in a while" I promptly respond with, "cool? Don't worry its not like I was waiting by the phone for you." I'm an independent woman and I don't need no man, get over yourself. Also when a guy is super corny and cheesy over text and then in real life he can't even make eye-contact with you, he's got to go, because obviously he is too immature and socially awkward.

Another thing that bothers me is when girls are boring texters. If I take time out of my day to text vou socks up to their knees. Women shouldn't double at least make the conversation interesting. Or girls if a girl that's dumb. We like a girl that's smart so we

obviously don't want to talk to you. Girls just a word of advice, don't be a creep in general, That's the stuff we don't like.

Jessie

Probably the most unattractive quality a guy could ever have is when he's a jerk for no reason, I don't know if they think it makes them look cool or tough, but to me it looks they have a lot of mysterious insecurities that they feel they must compensate for by verbally attacking other people. There's a fine line between confidence and cockiness. It is so aggravating when guys are ridiculously cocky, and especially when they really don't have a reason to be.

Girls, being loud and obnoxious isn't cute it's just dumb and obnoxious. Guys don't like it when girls act dumb to try and impress a guy. We don't want

Blind-sighted adults



By Taylor LaTray

he ignorance of Americans day has increased greatly. We no longer know

simple facts about our own children. Due to technology, Facebook, and influences of public figures such as Lindsey Lohan, our own adolescents are acting as if their own actions will not affect their success and achievements later in life.

According to WebMD, more children

are rebelling today than in the past because social pressure comes earlier than in past generations. In the past, ladies had to act like ladies and wear dresses at least to their knees each day. Also, men used to dressed as formal as they could afford. Guys and girls today wear the clothing they please and also do as they please. Our parents give us few restrictions. Obviously the times have changed, we are moving forward, but as we excel our clothing amount seems to decrease. Parents are no longer as active in their

teen's lives. They believe every word adolescents spit out and care less about

their whereabouts. As you reach your teenage years you need to be able to be independent and have freedom; but not so much freedom that you have the potential to ruin your future and be exposed to every illegal action possible. Don't get me wrong, I am not perfect, but my mom is involved in my life and monitors what I do. Parents who let their children do as they please or just remain careless are irresponsible and should probably stop having children.

In the high school world, pure pressure is normal and the amount of kids who give into it is immense. If parents were to speak to their children more and be more active in their children's lives, fewer students wouldn't give into such pressure. However, there is no way to force parents to be more active in their child's life. So, the many problems of today may never change. Your life and how successful it is all depends on you and your decision.



Is summer break worth it?



By Weston Irons

ummer break, a time to get away from the troubles of school and hangout in the sun for three months. However, being away from school that long causes

you to forget information learned during the course of the school year. Frustrated teachers then have to re-teach concepts that we're supposed to already be know. So is summer break worth it?

A few weeks into the new school year and I occasionally find myself having trouble remembering Math formulas or English terms learned the previous year. This is the fault of summer. Being away for so long and not doing any kind of school work takes a toll on what you learned and by the time school comes around you have forgotten quite a bit of information. Besides some sort of summer school program, the only other solution is yearround school.

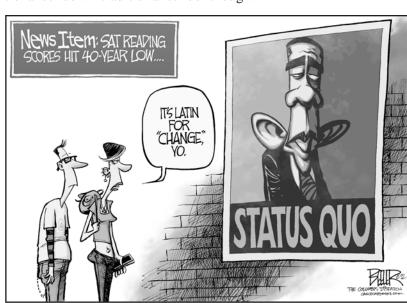
Many students who are used to traditional school, think that year-round is school for a year with no summer break, as the name suggests. In year-round though, you get more breaks than traditional school.

Although the breaks are not as long, you get more time off if not the equivalent to traditional school. This includes breaks in all four seasons, which means with year-round you do get time off during summer just like traditional school.

Another problem with the long summer break is after the first month or two, students have difficulties finding things to do. They find themselves sitting bored at home and some even wishing for school to begin. Yearround school provides less down time and you will be doing something productive most of the time.

Personally, I don't mind having

the summer off for three months and I wouldn't mind going to school year-round either. Year-round school does have a few obvious advantages over traditional school though.



Open your eyes: Fitness



BY TAYLOR LATRAY

aving good health or physical condition, especially as a

child, is important to

your general well-being. The importance of an individual's fitness is emphasized on television, in magazines, within schools...everywhere. People are just beginning to realize what being fit means and how it positively affects a lifestyle.

"If you don't stay fit your elderly years are going to be hard on you, I'm not fit, so I can say that for a fact. To be fit, you have to find some sort of activity that appeases you and continue it. You also need to eat lots of fruits and vegetables, little junk food, and LOTS of water!" Said P.E. aid Mrs. Kerns. "The majority of students at Lowry are

fit. However, in my personal opinion we need a program for kids who aren't as involved in fitness."

Exercise and fitness benefits you inside and out. Exercising at an appropriate amount maintains the performance of your heart and lungs, which helps you to properly keep your weight under control. Physical activity decreases the risk of stroke, heart disease, colon cancer, diabetes and high blood pressure. Exercise can be something that an individual enjoys and increases their happiness. Not can exercise increase happiness, but can also relieve depression, anxiety, and stress symptoms. Fitness is not specific, it does not necessarily matter what you are doing as long as you're doing something. Any type of moderate activity is considered physical and can contribute to your fit-

"Unhealthy people aren't attractive;

I wouldn't date an unhealthy person. On a scale of 1-10 on eating healthy, I eat at about a 5, however I am very physically active. As long as you do more activities than your normal day requires then it's fitness, Go Football!" said Michal Arenas.

Many argue that they do not participate in physical activity because the gym costs too much and they are no longer in P.E. That argument is one that many people make and it is no excuse and is invalid. A gym is not needed to be fit and eat healthy. You can do cardio or run inside or outside of your own home, and that is an adequate amount of physical activity.

Part of having good fitness in your lifestyle is eating correctly and healthy. A healthy diet is essential to be sure that adolescents grow up strong and fit. It is important that you eat the correct amount of food but that you do not over eat. While choosing a meal you need to ensure that you're getting the appropriate amount of vitamins, proteins, amino acids, etc. An overload of these nutrients, or too little, can affect your body in many negative ways.

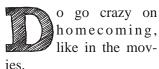
The technology of today makes being healthy an easier thing to do and not so much of a hassle. The first lady is just as the rest of the world and she makes time to keep herself fit, and promotes others' fitness. We now produce electronics that count your calories that you take in and burn off. Workout plans are posted everywhere, and almost every town in our country contains at least one gym, most usually have more than one. There is no excuse as to why you can't choose to eat healthier and exercise even in the comfort of your own home. Even ten minutes a day can make a huge difference and change many aspects of your life forever.

Do's and Don'ts



though.

BY WYATT LESTER



Don't end up in jail

Do try to participate in the Olym-

pics, four years from now. Don't take steroids when you do go

to the Olympics. Do eat at McDonalds because it's

cheap and delicious. Do win the lottery.

Don't lose your winning ticket though.

Don't buy a Heath bar.

Do buy a Snickers and be a normal

Don't take out a bank loan unless you're going to repay it.

Don't have a bunch of chicken coops unless you have chickens.

Do watch "The Chaw" on You-Tube. He is the epitome of a man.

Don't watch illegally downloaded movies though, unless you have a darn good lawyer.

Don't vote for Obama.

Don't vote for Romney.

Don't vote at all.

Do vote for me though.

Do follow me on Twitter @TheWyattLester.

Don't add me on Facebook, I don't like you.

Don't buy the iPhone5.

Do buy Borderlands 2 for Xbox 360 though because it's a better investment of your time. Also it's better member of the male gender, unless piece of technology.

Don't move to North Korea.

Do move to Sweden, they have the best economy in the world.

Don't borrow money from the mob. Do borrow money from your parents though; they won't break your legs if you don't pay them back right

Don't get "Star Wars" and "Star Trek" mixed up.

Do wear a full suit at least once in your life, you feel powerful.

Don't wear a Speedo if you're a you're in the Olympics.

Do try to find Sasquatch. Please try. Don't try to find aliens; they possess more of a threat to mankind.

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Lady Bucks volleyball faces tough obstacle in Wolverines

BY JUSTIN ALBRIGHT

n September 29, The Lowry varsity volleyball team had a home IA Northern Nevada match up against the Wolverines of Truckee, and didn't do as well as they hoped. They played the best they could, but couldn't pull out the victory as they lost two very good games.

"We really played well together, we kept our



Ere Higbee sets the ball./Justin Albright • The Brand

momentum up and never got down on ourselves, or any of the team," said junior Allison Bar-

The Lady Bucks have had a frustrating season so far, but yet they're still improving their skills and their things. team chemistry everyday.

"We've really been growing both in our skills and also as a team," said Barron.



Jessica Jensen blocks at the net./ Justin Albright • The Brand

The Buckaroos have had numerous close games this year, but yet still haven't been able to pull out many wins. Despite their struggles on the court, Bucks are still looking at the bright side of

"We just need to keep working as a whole. One person doesn't make the team so if we have a

strong bond to stand by, nothing can stand in our way," said Barron.

The Bucks have another division match up, as they travel to Spring Creek to take on the Spartans, in hope that they not only improve their record, but improve their skills, and get some confidence as they reach the end of their season.



Paige Thiede goes for a kill. Justin Albright • The Brand



Varsity soccer doubles up Spring Creek

By Marcos Duran-Salcedo

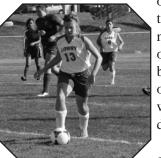
n Tuesday September 25, the girls varsity soccer team grounded Spring Creek 2-1. "This was a good game," said midfield-

er Madison Mayo.

According to Mayo, the defense and goalkeeping positions helped the team, and Alyssa Jones was the best player in the game. "She really played her best. We definitely could improve on keeping formation and passing, but that's something every soccer team always needs to work on."

Defense Caitlynn Cooper has a similar tone to Anna Davis takes a free kick./ Madison's.

"The game went pretty well, with defense and



Garcia • The Brand

offense being important," said Cooper. "We need to improve a little on passing and talking, but we'll do well on our other games if we keep working like we've been doing."

The team's next game is on October 15th Alison Walker dribbles./Jolyn against White Pine.



Jolyn Garcia • The Brand



Iri Gonzalez looks to pass./ Jolvn Garcia • The Brand

All Hail King James

By OMAR GUERRERO

ebron James is one of the greatest basketball players of all time. He is a three time MVP, NBA Finals MVP, and has won an NBA Championship, and will most likely win more. It was a long road for Lebron, but he finally got his ring after nine seasons in the NBA. Along the way there has been plenty of criticism.

The only reason people really dislike Lebron is because he is just so dominate. There is not one person on the planet that could even compare to Lebron's skill. He didn't just have the natural ability, he worked for it. He averaged 30.3 points, 9.7 rebounds and 5.6 assist per game last season. Who else puts up those kinds of numbers? James has perfected his craft and now no-

body can touch him. He is just that good. People are just too ignorant to see the truth. They're too caught up in Kobe and Michael and what they've done too see what Lebron can accomplish in his career.

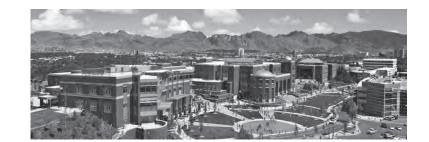
James has faced some tough times in his life, being raised by a single mother, losing the NBA Finals twice and taking heavy criticism for his controversial "Decision'. He has been able to rise above all of it and put his name down as one of the greatest who has ever played the game at age 27. Most would agree Michael Jordan is still the greatest basketball player of all-time. But Lebron will surpass him and have his legacy forever remembered. When it's all said and done the one name that will be before every great player who has ever played will be Lebron James.



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AOI: CARLOS AGUILAR

s the reigning top goal scorer in the 3A, junior Carlos Aguilar has the Lowry Buckaroos varsity soccer team looking forward to a dominant season with hopes of reaching the state championship.

Carlos has been playing sports since he was a little kid, and has had all types of successes on the soccer field. This will be Carlos's third year on the varsity soccer team, mak-

ing him the leader muunununununununununun of this promising

As a sophomore last year, Carlos led the 3A in goals scored, and was an ~Carlos Aguilar Honorable Mention for All- League, but

he knows that this is a team sport, and he is perfectly fine with that.

"I think we can be pretty good this year, this is probably the best team we've had since I've been here. We've been competing with all those

first and second place teams compared to last year," said Aguilar.

While Carlos is away from soccer, he has a love for riding his horse, and roping. Like any other teenager, Carlos loves to hang out with friends and just have a good time.

"I'm just a regular guy on a Saturday night, guys night out, wearing our bro tanks and matching socks,' said Carlos.

> The Aguilar family is a major supporter of everything Carlos does, and it's really inspirational in his life.

"They support me in every-

thing I do, in soccer and my horses, they've been there for me, cheering for me, and that's really important."

Carlos's main role models are Cristiano Ronaldo and Ronaldhino, because they're the best players in

"They're my favorites because they are incredible players," said Aguilar.

Carlos has high hopes for his soccer future, as he hopes to be able to get a soccer scholarship.

"Any good school that has a solid soccer program, and a good educational program is where I

want to go," said Agui-

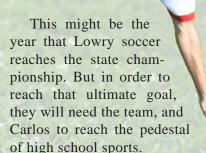
Coming off a strong year last year, Carlos has high hopes to continue his production this year, and be an all state MVP. But Carlos knows that there's no I in team, as he hopes for his team to help him reach those high goals.

"I can't leave my team behind,

team's a big part and I can't do this all by myself."

More importantly, while being a star on the soccer field, Carlos still manages to keep good grades.

"My grades are pretty good, because that's important," said Aguilar.





JV soccer loses on own goal By Josh Shaver

...they've [family] been

important."

there for me, cheering

for me, and that's really

he Junior Varsity girls soccer team was in action Saturday morning against the Fallon Greenwave in what was the first game of a doubleheader.

The defensive struggle was unfortunately decided in favor of the Greenwave when Lowry accidentally scored on its own net.



Cheyenna Wolicki dribbles by a defnder. Josh Shaver • The Brand

A momentary lapse by the Buckaroo defense resulted in a pass to the goalkeeper going into the goal and it was the only score of the game.

"It's always unfortunate losing a game 1-0 by scoring a goal in your own net," said Coach Sarah Bull.

Lowry had opportunities to score but couldn't find the Fallon net.

"We need to work on following our shots," said Bull.

Despite the outcome, the players stayed positive.

"We worked as a team, and we didnt give up," said Saraya Cardenas. Later in the day, the Lady Bucks

were able to recover and get a win against Fernley. Although the score was the same, 1-0, Lowry was on the positive side this time.

Coach Bull said the team worked hard the entire second game.



Volleyball hosts Bulldogs By CARLY BELL

n intense match was played on Tuesday as the Lowry JV volleyball team hosted an intimidating McDermitt squad.

Although Lowry had already previously defeated McDermitt, the Bulldogs like they improved and were ready to play.

After the crowd grew larger, so did the excitement. The game started, it started off slow. Each point was celebrated a little at a time. The third set was a close game. The lead changed hands repeatedly. The crowd went crazy when the score was tied. McDermitt



Auri Criddle spikes the ball. Courtesy • Winnada

ended up with the for win that The Lady Bucks then used that mo-

mentum

to win the match in the next set.

Ashlee Barron, outside back row and outside hitter, said, "The team is really close and we have each other's backs on and off the court. These girls are inspirational and I'm proud to say they are my team."

Lowry JV had been undefeated against all other JV teams, but that came to an end Saturday when the Truckee Wolverines gave them their first loss of the season in a close and hard fought match.



Meg Montero spikes the ball./ Courtesy .





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OI: ALYSSA DENDARY

By Josh Shaver

lyssa Dendary, a sophomore at Lowry, is a student-athlete that participates in many sports such as golf, basketball, and

Alyssa is a returner on the girls varsity golf team this year and is looking to help them win a state championship this year. She has been improving her game daily to make her team the best they can be.

"Never quit", said Dendary "No matter how hard something gets just continue working on it and get better."

Out of all three sports Dendary plays her favorite sport is golf. She enjoys being out on the course every-

"Its like my home away from home" she said.

She qualified for state last year as a freshman and her team placed sec-

"We are dominating the league so far this year, we have a good chance at taking state."

She started playing basketball back in the city league. She was on the varsity basketball team as a freshman. She stepped up when she was put in the game and gave good minutes for the Bucks last year.

Another sport that Alyssa plays is

(No matter how hard something gets just continue working on it and get better."

~Alyssa Dendary

softball. She was on the junior varsity team this past season and was eventually moved up to varsity for the play-

offs and helped the team finish as state

runners-up. Alyssa wants to go play golf somewhere when she is out of high school and plans on hopefully turning

professional. Alyssa's role models throughout life has been her parents and grandpa. Her parents have taught her a bunch of life lessons and made her the person she is today. Her grandpa John has had big impact on her life teaching her to golf as well as her father and going to all her sporting events and supporting her.

When Alyssa is not playing sports she like to hang out with her friends and spend time with her family.

"I always like when I get a chance to get away from sports and just be able to hang out with my family and friends. When I'm with them it just gives me a chance to be me and take my mind off of things."

After being asked what advice she would give to upcoming student athletes she said "Before you can go out there and become great it starts in the classroom. Be the best student you can be and don't take sports for granted."





Varsity Football dismantles Elko, 41-7

owry's homecoming school week ended with a great performance by the Buckaroos.

From the first play of the game Lowry showed the Indians that they didn't come to mess around. On the Buck's opening

kickoff with Elko to receive the kick recovered Lowry the ball and began there first offensive drive of the game. At the end of the first

quarter the score was Michael Billingsley run the ball, avoid-21-0 with Lowry in ing Elko./ Wyatt Lester • The Brand

the lead. Michael Arenas scored to give the bucks a 7-0 lead early in the first quarter. As soon as Elko had a chance on offense the buck's Calvin Connors had an interception and soon after Brandon Okuma scored a 1-yard touchdown. The

Indians had only one offensive play before the bucks had turned over the ball on that drive. Now for the 3rd chance for Elko to run there offense they had a turnover yet again caused by Connors intercepting the ball and the bucks had a third drive to-

wards putting points on the board. Calvin had an 11-yard run minutes later leaving the score at 21-0 at the end of the first quarter.

The second quarter produced only a single touchdown for the bucks but still Elko was scoreless. Connors sack. / Wyatt Lester • The ran in an 11-yard touchdown Brand early in the second quarter.

For the first time in the game there was a missed field goal kick by Taylor Martin from 20 yards out to end the second

After the homecoming royalty ceremonies the game picked back up in the third quarter with the bucks receiving the ball and least to say they came back showing this was their homecoming. Connors connected with Josh Shaver soon resulting in an 80-yard touchdown putting the bucks up 35-0 after the PAT.



Luis Castillo blocks for Brandon Okuma./ Ron Espi-



Elijah Frei barely misses a



Beau Billingsley runs the ball down the field./ Ron Espinola • The Brand

drives by both teams the Buck's Okuma scored a 6-yard touchdown putting Lowry up 41-0 at the end of the third quarter.

The fourth quarter had no scoring by Lowry but soon enough Elko's Cody Green scored for the first time in the game with an 8-yard run putting the score at 41-7 final score.

The Buckaroos had over 600 yards of total offense and two turnovers on defense showing some serious skill in their game against the Elko Indians. So Lowry had a very successful homecoming and showed Elko who the dominant team in

Division 1-A.

Statistics: Michael Billingsley: 12 yds rushing Michael Arenas: 63 yds rushing Calvin Connors: 272 total yds Josh shaver: 80 yds rushing Brandon Okuma: 53 yds rushing Elijah Frei: 29 yds rushing Donovan Brumm: 32 yds rushing Jessie Studebaker: 24 yds rushing Beau Billingsley: 40 yds rushing Robert Stepper: 28 yds rushing



he JV boys soccer team had a doubleheader on their home field for Homecoming. The Bucks played Fallon for the first time and was defeated. The first goal scored was by Lowry, but unfortunately it was in their own goal. Fallon's defensive line was strong; keeping the ball mostly on Lowry's half of the field. There were many breakaways but the pressure was too much for the boys as they fumbled and kicked directly at the keeper.

At halftime the score was 3-0 with Fallon in the lead. Lowry worked harder in the second half, taking many shots but missing each one. The final

score was 5-1, a win for Fallon. The Bucks scored their goal on a penalty kick for a handball.

Their sec- Ariano Aguilar dribbles the against Sage

ond game was ball, avoiding Fallon./Jolyn Garcia • The Brand

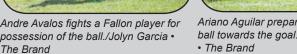
Ridge, a co-ed team. The JV team had previously defeated Sage Ridge, 3-5.

Sophomore Steven Cholico stated that the team "lacked communication. After the goal was scored our confidence was shattered. We definitely

could've played harder."

Proving that being at home didn't add an advantage, the Bucks lost 1-0.

Lowry JV soccer has another double header







sp@rts



JV Football miscues result in loss to Indians

urnovers cost Lowry JV the game against Elko on Friday. The Buckaroos were really hoping that they would pick up

a win in front of their home crowd. However,

Kyle Tarr makes a jumping catch./ Mickey Donovan • The Brand

multiple turnovers resulted in a lopsided 49-6 win for the Elko. The In-

dians were constantly penetrating the offensive line.

" H a v -

ing four turnovers in five plays did not help," said coach John Brooks after the game.

The Bucks have two weeks to prepare for Spring Creek.

Quarterback Christian echoed Brooks' sentiments.

"We moved the ball well but couldn't finish our drives. Passing worked well except for the interceptions we had. Turnovers definitely played a major role in this loss," said

The score was 28-0 at half and Lowry came out in the second half looking for a come back.

As the second half started the Bucks started out with a interception that gave them great field position for the offense.

They did complete the drive scoring the only touchdown for them in the game.

After the game coaches reminded the team that although it wasn't their best performance, Elko JV is one of the best teams in the league right now.

"We need to keep our heads up and prepare ourselves for Spring Creek," said Brooks.



Thomas Schwartz fights through a tackle./ Mickey Donovan • The Brand

Left: Christian Gray throw a pass./ Mickey Donovan The Brand



Cody Mecham runs around a tackler./ Mickey Donovan • The Brand

Play it forward: Week ahead in college football

By Chris Dufresne, Los Angeles Times/MCT

ive things to watch this week in college football:

1. Louisiana State had better hope after Saturday night's lethargic home win over sub-division Towson that it was just caught looking ahead to next weekend's huge Southeastern Conference showdown at No. 10 Florida. That now makes two straight bumpy outings for LSU, which dropped in the polls after a 12-10 win at Auburn.

- 2. West Virginia quarterback Geno Smith, who threw for 656 yards and eight touchdowns against Baylor, should get a much stiffer test when the Mountaineers make their Big 12 Conference road debut in Austin. Texas Ohio State Buckeyes quarterback Braxton Miller (5) slips Oklahoma State.
- 3. Miami at Notre Dame circa 2012 didn't look like a circle-your-calendar a few weeks back after Miami limped home from Kansas State following a 52-13 beat-down. The Hurricanes, though, have rallied to 4-1 after Saturday's win over North Carolina State in which quarterback Stephen Morris threw for an ACC-record 566 yards.
- 4. The Big Ten's nightmare rolls on as its only team in the AP top 20, No. 12 Ohio State, is in-



is alleged to have the league's top de- away from Michigan State Spartans linebacker Max fense, although you wouldn't know it Bullough (40) and defensive end William Gholston (2) in watching Saturday's wild 41-36 win at the first half at Spartan Stadium, September 29, 2012. Ohio State defeated Michigan State, 17-16. (Neal C. Lauron/Columbus Dispatch/MCT)

eligible for postseason play because of a one-year bowl ban. No. 21 Nebraska (eligible) can solve some problems if it can defeat Ohio State this week in Co-

5. Washington, fresh off its upset victory over Stanford, should be well rested and pumped up as



Washington quarterback Keith Price, middle, narrowly misses pushing the ball across the goal line against the Oregon defense in the second quarter at Husky Stadium on Saturday, November 5, 2011, in Seattle, Washington. (John Lok/Seattle Times/MCT)

it heads to No. 2 Oregon. Washington first-year defensive coordinator Justin Wilcox is already proving to be an invaluable hire, but he'll really have to earn his salary this week against one of the nation's top offenses.



Notre Dame Fighting Irish wide receiver DaVaris Daniels (10) stretches after catching a pass in front of Michigan Wolverines cornerback J.T. Floyd (8) during the second half at Notre Dame Stadium in South Bend, Indiana, Saturday, September 22, 2012. Notre Dame defeated Michigan, 13-6. (Nuccio DiNuzzo/Chicago Tribune/MCT)



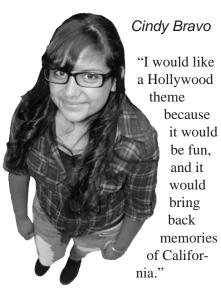
Texas's Jaxon Shipley catches a pass in the end zone for a touchdown against Oklahoma State in Stillwater, Oklahoma, on Saturday, September 29, 2012. (Deborah Cannon/Austin American-Statesman/



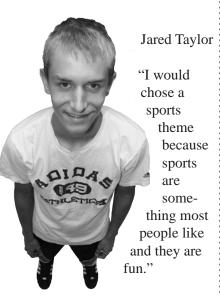
The Brand, Lowry High School Studentee Studentee

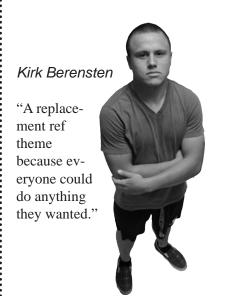
By Brody Goucher

If you could pick a Homecoming theme what would: it be and why?











think legs and arms are round on the sides so that each inch of skin sees the sun at least once in its

Dalmatians are scary to look at from far away, because they look like they have bugs all over them. I could seriously never own a dog like that.

Do you ever wonder if a famous celebrity is doing the exact same thing your doing? I wonder if Zac Efron is writing an article for his school newspaper, quite possibly.

I feel really bad for circle and spheres because they don't have any edges or corners, how are they supposed to defend themselves against squares? You may say the same about hearts, but they have at least one pointed edge. Circles got some what screwed.

Sometimes I can feel myself learning a life lesson, I can be aware of when I'm getting smarter.

I can imagine my face on anybody if I'm looking at the back of their head.

I like scents that bring back memories, like I just started using a kind of deodorant that I haven't used for about 4 months, and I experienced many flashbacks from my

Carly Rae Jepsen and Byron Jeppsen must be related because not only do they share a variation of the same last name, they're appearances are strikingly similar.

When my ear hurts I get the strangest feeling that extra-terrestrial beings are trying to communicate messages with me via radio waves.

Metallic colors always remind me of coffee.

I've been considering the purchase of a war bonnet, except for most of the ones I've found online require self-assembly, and to me that just doesn't make it authentic. Also most are around \$400.

You can see the leg veins on white people.

Bless the mess.

That would really suck to be a Siamese twin, how would you ever get anybody to love you.

I roll up with my silliness.

Whenever I go swimming a lake I'm always slightly paranoid that a small fish will try to swim up my nostril and into my brain to lay eggs.

I owe most of my success to the alphabet, and the fear of never being able to read.

Lowry Then and Now- Band By Carly Bell



In 1970 Lowry had two bands, Concert Band and Marching Band. Both bands also had formal uniforms to wear while performing./Courtesy · Winnada



The Lowry band performs at the Homecoming game. Currently, LHS has one band and wears all black for performances./Ron Espinola • The Brand

Useless but interesting facts you don't need to know

o start us off, "hippos have pink milk." Then, something totally disgusting is, your stomach has to produce a new layer of mucus every two weeks otherwise it will digest itself. Can you imagine the amount of mucus we go through in our lives? Yuck!

"Only two people signed the Declaration of Independence on July 4th, John Hancock and Charles Thomson. Many of the rest signed on August 2, but the last signature wasn't added until five years later."

"One of the reasons marijuana is illegal today is because cotton growers in the 1930's lobbied against hemp farmers -- they saw it as competition. It is not as chemically addictive as is nicotine, alcohol, or caffeine."

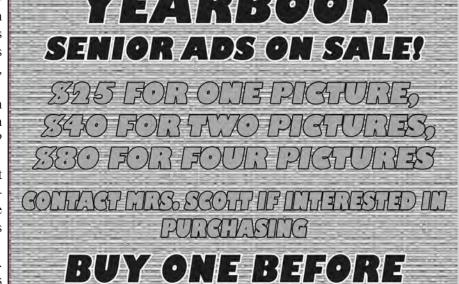
"Penguins can jump as high as 6 feet in the air." So I couldn't decide if the penguin is cool or not. It can't fly but it can jump? Poor penguin.

"Well here is an interesting fact about him and the movies. Sherlock Holmes never said "Elementary, my dear Watson.""The movies made that up just to have a famous quote.

I bet you are going to try this next one. "No word in the English language rhymes with month." I honestly tried for about an hour to find a word. I felt like a dork afterwards.

Here's a random amount of crazy facts. Prepare yourself for a mind-blowing experience. "The world population of chickens is about equal to the number of people. Tigers have striped skin, not just striped fur. A hard working adult sweats up to four gallons per day. Most of the sweat evaporates before a person realizes it's there."

You can acquire all these facts from http://funny2.com/ facts.htm. Well now you know half of what I know.



THEY RECONS

Cortni Welch-Varsity Volleyball

Where were you born? Here, Winnemucca, Nevada.

How long have you been playing sports at Lowry?

Ever since my freshman year.

What is your favorite part about Lowry sports?

The school spirit, it is really fun.

Do you plan on playing sports in college?

No. Favorite year of 🎉 Lowry sports?

Probably my senior The whole team is really fun and it is just fun being a senior. Are there any advantages of

Luis Hernandez- Varsity Soccer

When were you born? August 7, 1995.

How long have you been playing sports at Lowry?

I have been playing soccer for 3 years now.

What is your favorite part about Lowry sports?

That we get to work as a team.

Do you plan on

playing sports in college? Yes.

Favorite year Lowry sports?

This year, my senior year.

Are there any advantages of being captain of the

Michal Arenas- Varsity

Football

Where were you born? Cottage Grove, Oregon. Its about a hour 🛭 out of Eugene. What is your favorite part about Lowry sports? Probably the intensity

By MICKEY

DONOVAN

some of the coaches bring like Beck Mule. Tbat and Lucas they always motivate and get you fired up.

Do you plan on playing sports in college?

Well I'm going to give it a shot but I want to go pre-med. Favorite year of Lowry

sports?

It was sophomore year because I got moved up to varsity but, it probably has to be my senior

being captain of the team? Yeah, you can tell people what

What is your favorite part of the season?

My favorite part of the season is probably the beginning when we all get to know each other and see how we play as a

Biggest role model? My biggest role model is my mom because she is really smart and awesome. Favorite place to play besides Lowry?

My favorite place to play besides Lowry is Fallon. Fallon is a fun gym because the games are really intense.

If you could bring one thing back to Lowry sports what would it be? I would bring back Betsy Guerrero.

team?

Holding the team together.

I don't get frustrated and I don't let the team down. What is your favorite part of the season?

Beating Fallon and Elko because the haven't been beat in a long time.

Biggest role mod-

I don't have really have one.

Favorite place to play besides Lowry?

Probably White Pine because they have the nicest field.

If you could bring one thing back to Lowry sports what would it

I would bring back the alumni players.

year because I am a captain and it is senior year you know.

What is your favorite part of the season?

Definitely playoff practices because you are in the hunt and everything is kind of more relaxed

Biggest role model? Definitely my mom because she is always there for me and she always pushes me to be better.

If you could bring one thing back to Lowry sports what would it be?

Easy Monday practices. My sophomore and junior year our Monday practices we would go in the auditorium and watch film then we would go outside in shoulder pads, helmets and shorts and have a

relaxed walkthrough of all the

plays but now we go hard on

Mondays.

Juniors reclaim Heman title

ut-off tees and headbands. Screaming fans and pumped up players. Practicing two weeks ahead and relying on their female classmates to teach them how to set, bump, and spike; the boys of Lowry prepare for a battle among classes.

The junior team, led by coaches Jessica Jensen, Allison Barron and Rachel Sigurdson, knew this would be an easy win. After having their Heman Champion title unfairly taken away the previous year, they were hungry to win it back. Jensen stated the reason they would win was "because we're the best of the best."

Junior Kirk Berentsen excitedly exclaimed, "we will take it to them and we will be victorious."

The juniors played the freshman to start the games and defeated them 20-12. Their confident attitude assisted them against the nervous newcomers of Heman. The second game was seniors versus sophomores, ending in a 20-13 senior win.

The sophomores would then face the freshman and fight for 3rd place. In a surprising turn of events, the freshman came back and defeated the sophomores. Sophomore Jacob Welty didn't do well under the pressure



Junior Dusty Bryan sets the ball as teammates look on./Jolyn Garcia • The Brand



The Junior team and coaches after the games./Jolyn Garcia • The Brand and hit many shots out.

The championship game was a close one, a battle between juniors and seniors with the largest point mar-

gin being four points. Using their excellent communicationDusty and Bryan and Josh Watterson's height to their advantage, the juniors were Calvin Connors and Mr. Julian Gallar- Brand zo proved to be the team's



victorious. Cabatbat go up to the net./Jolyn Garcia • The

MVP with his killer serves and many saves.

The champions then had to face one last opponent, Lowry High's faculty. The faculty team was made up of: Mr. Ty Lucas, Coach Steve Swanson, Mr. Byron Jeppsen, Mr. Clay Sagers, Coach Tim Billingsley, Mr. Randall Daniels, Mrs. Shelby Ruff, Mr. Taua Cabatbat, and Coach Chris Entwistle. Despite being tired from winning two previous games, the juniors proved themselves to be the true champions of Heman.



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The Brand, Lowry High School Student (Students)



Senior Alex Schirrick runs the ball./Justin Albright • The



Junior Ere Higbee prepares to throw the ball, while Jaecee Munger prepares to block./Justin Albright • The



Members if the Senior-Freshman team./Justin Albright •

Stingy defense by Junior-Sophomore team dominates Powderpuff

On September 24, Lowry hosted its annual Powderpuff game, and it didn't disappoint. As usual, the game featured multiple hard hits, and some feisty tempers. The juniors and sophomores pulled out the grueling victory over the freshmen and seniors, 12-0.

Shelby Mckinnon and Ereanna Higbee scored the only touchdowns in the game.

"I thought it was one of the cleanest games I've been apart of in my three years of playing so far," said Higbee.

From the beginning of the game, the juniors set the tone as they didn't let anybody get in their way. Jaecee Munger destroyed everyone in her path when the ball was in her hands.

The junior and sophomore defense was suffocating as the seniors and freshmen didn't get the ball past midfield until midway through the second half. The seniors and freshmen had trouble keeping their tempers in check, which led to multiple arguments between the teams.

"Our defense was ridiculously good, they only got two first downs the whole game," said Higbee.

The halftime royalty of Powderpuff was entertaining and caused an immense amount of laughs among the people in the crowd. The candidates this year were: Erik Francis and Lexie Coleman, Allison Barron and Dain Maher, and Lane Mentaberry and Chloe Yates. Allison Barron was awarded the Powderpuff king, and Erik Francis earned the honor as queen.

When all the fun festivities of halftime were over, the juniors and sophomores went back to work, as Taylor Schwartz stopped all senior and freshmen momentum with an interception return, which led to a Higbee touchdown.

"It felt really good to get my first career Powderpuff win, it was definitely due," said Higbee.

After the Higbee touchdown, the only entertainment for the rest of the game was all the hard hits that the juniors laid on the seniors and freshmen to show that the junior class is here to stay.

Homecoming from Page 3



Grand Marshall, Mr. Brant Corak./Ron Espinola • The

to kick back and relax for Lazy Day. The Wednesday lunch time activity was the singing bee. The freshmen sang their hearts out and got the victory. Later that evening He-man took place in the gym. The Freshmen played the Juniors and the Sophomores played the Seniors. The Juniors and Seniors played for the

championship after defeating the Freshmen and Sophomores who played for third place. The Juniors took first, Seniors second, Freshmen third, and Sophomores coming in at last.

Thursday, students dressed in the craziest clothes and had many different strange hair styles for Crazy Day. Thursday's activity was the shuffling/dancing competition. Many students took their dance moves to the floor to hopefully win class points for the class and at the same time impress their peers. The first of the trio of football games began on Thursday night when the freshmen played Elko. Unfortunately, the Bucks lost 34-14.

The final day of homecoming, Friday, everyone dressed up in their blue and gold to showcase

their Lowry

great week

coming, Lowry had

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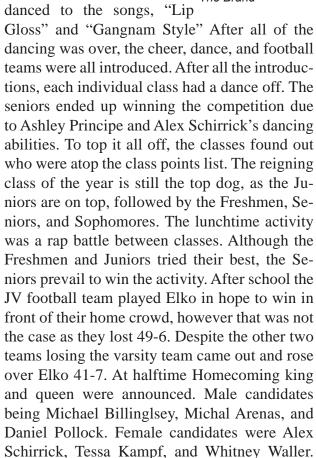
pride.

end



Juniors pose for Color War day./Taylor l aTrav • The Brand

week, and by far the greatest. This assembly however, and quite the dancing flare to it, as every fall sports team had a specific song they had to dance to. The Football team had to dance to the song "Call Me Maybe," by Carly Rae Jepsen, the Volleyball team had to dance to the song, "Can't Shaynee Monchamp Touch This" by Mc Hammer. and Blake Duncan./ The cheer and dance team The Brand danced to the songs, "Lip



Arenas and Whitney Waller. Homecoming concluded Saturday night with the Homecoming dance.

Homecoming 2012 king and queen are Michal





The Dance team and cheerleaders dance at Friday's assembly./Justin Albright • The Brand



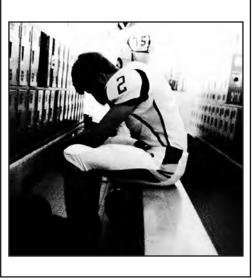
Daniel Pollock and Tessa Kempf at Monday's pep assembly./Wyatt Lester • The Brand



Seniors at Senior Sunrise./Mickey Donovan • The Brand

Photo of the issue

"The Brand" staff has put their heads together to decide on a photo of the issue. A photo of the issue is one found on a site such as Facebook, Twitter, or Instagram. If one thinks this photo is worthy their will be a vote between the reporters and editors for "The Brand". Winning this issue was Robert Stepper. Robert appears determined and focused while in the locker room before one of his Varsity games. The picture reveals emotion and that was reflected to each member of "The Brand" for what was an almost unanimous vote.





Drama to present Edgar Allan Poe



Wyatt Lester and Aleixs Kranovich rehearse for the play./ Carly Bell . The

This year Drama wanted to do a serious play. "An Evening with Edgar Allan Poe" is just that.

Katie Boyle is in Drama and Stagecraft. This is Boyle's senior

"This is a serious play. We all are



Carina Ruiz paints a part of the set for the upcoming play./ Carly Bell • The

enjoying the darkness and we are happy to shake it up a little," said Boyle.

Just in in time for Halloween, the drama students will present a collection of frightening stories from the famous author.

Mrs. James is the director of these fantastic plays put on by the kids at Lowry.

"I am just so proud of the students, they have all worked so hard. All of the credit goes to the students for all the creativity, artistic talents, and dramatic effects," said James.

Nate Nelson is in stagecraft, he has been working hard on many props for the plays.

"The play is unfortunately only two days, so come and watch because greatness doesn't last long," said Nelson.

Lowry Drama and Stagecraft hopes for many people to show up and support them. These plays are exciting and crazy. All the plays have a crazy twist to them. Edgar Allen Poe was known for some of his dark poems, stories, and plays. Drama and stagecraft is bringing everything to



Calvin Connors and Chloe Yates take a break from making sets./ Carly Bell • The

life.

Sadly the play is only going on for two days. So if you want to come watch, hurry in on Monday, October 22 at 7 PM and Tuesday, October 23 at 7 PM. The price for adults is \$5, students \$3, and \$1 for any others.



Robert Stepper looks on as Maeve Donovan rehearses./ Carly Bell • The

Music Review: 'Same Love' by Macklemore By Taylor LaTray

traight from Seattle, Hip-Hop artist Macklemore recently released his new pro-gay single "Same Love". This new single acknowledges the problem of gay marriage not being legalized and our country not uniting to produce one solution. Macklemore is known for his way of addressing social problems with in his songs, and creating people to help find a solution.

He bluntly begins the single by recalling his fear of being gay as a child. As an adolescent Macklemore had thought himself to be gay due to the stereotypes in the world today, and the fact that he had two gay uncles. He writes in his own blog "It was not easy to write. I struggled with how I, as a straight male, could genuinely speak upon this issue." The way Macklemore addresses the issue shows that he does his homework and knows what he's talking about when it comes to issues of today.

According to Huffinton Post, many

artists, after listening to Macklemore's single responded by announcing their support for LGBT (Lesbian, Gay, Bisexual, and Transgender) acceptance. Macklemore teams up with producer Ryan Lewis and fellow artist Mary Lambert delivering a message that sends chills down one's spine. Macklemore released this song as a humble way for people to acknowledge this problem, in hopes that bringing the issue to the surface could help solve it.

Macklemore will be releasing the



Macklemore./ Courtesy • macklemore.

full album, "The Heist" containing the single on October 9.

'Won't Back Down' shoots at teachers union, misses By Moira Macdonald, The Seattle Times/MCT

Down" attempts to depict an inspirational story of a teacher

aniel Barnz's "Won't Back (Viola Davis) and a mother (Maggie Gyllenhaal) who band together and create a movement to take over and save a

failing inner-city elementary school.

Though it's wonderfully acted, the film stacks the deck so badly that it fails

The villain is the teachers' union, shown in many forms. There's the mean second-grade teacher who's on her iPhone during class and is whispered to have "the highest salary and the lowest job performance." There's the union official who says, "All we want is for teachers to be well-paid and secure in their jobs" (never mind the kids), and another who tries to bribe Gyllenhaal's character into giving up her crusade.

There's a scene in which teachers, in a meeting to discuss the crisis of education in their school, seem mostly concerned with their pay; and a climactic, crowded school-board meeting, with the parents and teachers supporting the takeover looking happy and positive, and the union supporters fairly snarling at the

camera. Take a guess who wins. Filmed with a wobbly camera and

grim, gray light (everyone except Gyllenhaal looks washed-out and tired), "Won't Back Down" has occasional attempts at nuance, with a couple of teacher characters who seem genuinely caught in the middle.

Davis and Gyllenhaal, of course, elevate the movie with their performances. Davis, carrying a load of hurt and guilt on her weary shoulders, has a few scenes that take your breath away (watch her running down a staircase, conveying a broken heart without a word).

Gyllenhaal lights up the movie with her twisty depiction of a plucky single mother. But mostly the movie is a heavy-handed slog, tipping its hand from the beginning and oversimplifying a complex problem and a big disappointment from Barnz, who made the lovely "Phoebe in Wonderland" a few years

There's surely a thoughtful, balanced drama to be made on this topic; "Won't Back Down" isn't it.

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JIM (HOBY) STUDEBAKER





Halloween hasn't changed for some

For many trick-or-treating and dressing up ends **◄** in junior high. People think it's too immature and that we are getting to old. Some may say it's time to grow up. They forget how much fun it is to dress in costume and get free candy.

"Heck yeah, I still trick-or-treat! Why not? Live while you can cause you only live once. Yolo!" said Ana Gonzalez.

Ana still enjoys trick-or-treating. Her favorite costume was when she was 13; she dressed up as a

"Yes I still trick-or-treat, because I get free candy," Melanie Thomas.

Melanie still likes to trick-or-treat but only because she gets free candy.

I personally still enjoy trick-or-treating but i like

Dominique Courtesy · Winnada

dressing up a lot more. I think its a boat load of fun to go out with my friends and get the free candy.

Now, on the other hand some think that we are too old for trick-or-treating. Some cities have even banned trick-ortreating for teenagers. These Hinkle./ cities fine you or put you in jail if you are older than the age limit trick-or-treating; the age limit in some cities is

"No, I don't still trick-or-treat. I would rather pass out candy," Dominique Hinkle.

Hinkle doesn't enjoy trick-or-treating anymore

but her favorite costume was when she dressed up as a lady bug.

"No, don't still trick-or-treat because I'm too cool for that," Katlyn Barnes.

Barnes doesn't trick-or-treat anymore but she remebers it being a lot of fun.

Trick-or-treating is something we won't be able to do forever; eventually we will have to grow up and stop doing it. Then we will have to start buying our own candy.

Again we don't have too much longer; therefore I think that we should be taking advan- Katlyn Barnes./ Courtage of the time we have left.





Wyatt's Rock and Roll Hall of Fame: The Kills

y pick for this issue is a newer band called The Kills. This band has only been around for a few years but those few years have been filled with album after album of a unique and Rock-and-Roll fueled sound.

The members include Jamie Hince, nicknamed 'Hotel", (guitar and vocals) and Alison Mosshart, nicknamed "VV" (vocals). I know what you're

thinking, where's the drums? Well the duo has a simplistic drum machine requiring little maintenance tweaks.

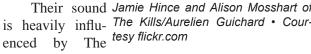
Hince and Moss-The Kills./ Kenneth Cappello . Courtesy facebook.com/TheKills

changing recordings of self-written songs back and forth in the mail until they decided to make something out of it. Mosshart, having been with small bands before such as "Discount", a punk rock band out of Florida, had a little bit of experience on the music scene. Hince had been in Brit indie rock bands like Scarfo, Blyth Power, and Fiji. Once they came together in 2000 they began to create great music right off the bat.

The band has released four studio albums including "Blood Pressures", and "Midnight Boom" since 2003 and is still making great music. They also have released over a dozen singles and every release has positive reviews across the board. The pair has a power-fueled sound with Mosshart's dynamite lyrics and Hince's heavy chords; but equally intricate skill.

One of their best songs "DNA", from their album "Blood Pressures", is their exact sound in a nutshell. Lyrically it is about doing all you can without letting anyone tell you what to do. "Love, love, love till you got enough, dance, dance, dance till there's no one left to hound vou."

enced by The tesy flickr.com



Velvet Underground and they have a similar sound to The White Stripes. Mosshart has the same passion while singing as Jim Morrison from The Doors. Some tracks even sound as if they were from The Doors themselves, but it only shows how deep this band reaches in the Rock-and-Roll roots of the world.

The two have a great thing going and I suggest everyone listen to them.



hart began ex-

Movie Review: 'The Vow'

and

ago,

Years

ased on the true story of Krickitt and Kim Carpenter, 'The Vow' is a drama romance that tells the story of two people and how no matter what happens their love for

one another will never change. Paige Collins (Rachel McAdams) and Leo (Channing Tatum) fall hopelessly in love and get married. Vowing to love each other unconditionally no

matter what obstacles stand in their

way. Little do they know that one ob-

stacle might change their love forever. Paige and Leo are in a sudden car accident causing Paige to be thrust though the windshield of Leo's car. Paige suffers from serious head trau-

ma causing her to lose her memory,

including memory of their wedding and the love they shared. When Paige wakes in the hospital she thinks Leo is her doctor, not her husband. She doesn't remember he is or that they share a "once in a lifetime love". issue of his own. He has to make his wife fall in love with him once again.

While Paige is in the hospital, her parents show up and Paige doesn't remember that she has stopped associating with them. Her parents insist that once Paige is released from the hospital that she goes home with them and Leo thinks otherwise. The doctor said that Paige return to her normal life, her life with Leo.

When Paige is released, she chooses to go home with Leo, only with the hope of regaining her memory. The stress that Paige goes through living at home with Leo is just too much, so she makes the decision to go live with her parents. With all this going on



Now Leo has an A scene from "The Vow"./ Courtesy • thevow-movie.net

Paige's sister is getting married, at the engagement party Leo asks Paige out to dinner as if they were two people meeting for the first time.

They go on their date and it goes great. And a few days later is Paige's sister's wedding, which doesn't go to great. Paige's father then talks to Leo, telling him that he needs to sign divorce papers and few days later he does. After that Paige ends up moving back to the city and attending the art institute. One snowy night Leo and Paige run into each other and they go

This movie wasn't all what I had expected it to be. But if you're looking for a variety of emotions this may be a good movie because you will laugh, cry, and possibly be upset. Overall the movie was good. And it surely does make you want more.



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