

NEW EQUIPMENT NEWLY EXPANDED









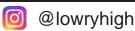
775.284.5757 Reno 775.621.5347 Winnemucca 775.738.6070 Elko info@klondexmines.com

www.klondexmines.com



TSX: KDX NYSE MKT: KLDX

For career opportunities, please visit www.klondexmines.com/company/careers



Page 2









Tracking President Trump's progress

November 8, 2016, Donald J. Trump was elected President of the United States of America. Throughout his campaign, Trump made many promises, such as making America great again, tax reform, and to repeal and replace of Obama Care. After a year in office, how well is that going?

Senior Dallas Hunewill thinks Trump could be performing better.

"I guess he (Trump) is doing as expected; there is still room for improvement," said Hunewill.

According to the Washington Post, Trump made over 70 promises to the people of America, and only a few of them have been accomplished in a year's time. Maybe because of this it is not surprising he has the lowest ratings of any president ever according to fivethirtyeight.com, except for maybe Gerald Ford; but nobody has heard of that guy.

Senior Braden Thomas believes Trump is just what America needs.

"Unlike President Obama, I believe that in his first year, Trump has kept the promises that were given to us during the election. Donald Trump is a leader that this country has been in need of for many years. Throughout his first year in office, he has made many big decisions that are, in my opinion, beneficial to this country," said Thomas.

Senior Seth Hornbarger is a little more cynical about the sincerity of Trump's promises.

"A few of them [promises], but I think most of the promises were just to get him elected," said Hornbarg-



President Trump signing an Executive Order./Courtesy · instagram.com/realdonaldtrump/

AMERICA AND ITS GREATNESS

It's on hats, t-shirts, Twitter, TV ads, just about everywhere. "Make America Great Again". Is Trump fulfilling his most common slogan? According to senior Braden Thomas, "I do believe that America was always great, however, it had fallen onto a path headed in the wrong direction. I believe Trump is bringing this country back onto the path America needs to be on."

So far, wages have risen, and the unemployment rate is at a 17-year low of 4.1 percent The stock market is at an all time high, and Trump also created a task force to reduce crime. Food stamp use is at the lowest it has been in seven years. President Trump has also drafted a plan to defeat ISIS. According to Gary Shapiro from investors.com, "Americans are safer and more secure. Other than a nuclear North Korea...".

Hurricane Maria and Irma cleanup is in process, about which Trump tweeted, "Much of the island was destroyed, with billions of dollars owed to Wall Street and the banks which, sadly, must be dealt with. Food, water, and medical are top priorities...".

When Trump decided to pay a visit the Puerto Rico; he handed out paper towels.

So, has Trump made America great again? Some would argue it already was great; others would argue he has been successful; while others might say he hasn't done enough.

The economy had definitely improved over the last year. For many this is the single most important goal for a president. But It is fair to say that there is still some room for improvement in the US.



One of Trump's most well known promises was to build a wall and make Mexico pay for it.

"I would build a great wall, and nobody builds walls better than me, believe me, and I'll build them very inexpensively. I will build a great great wall on our southern border and I'll have Mexico pay for that wall," said Trump.

Many people believe that Trump's great wall is a great idea and will help control illegal immigration. Trump really stressed this wall during the election and in the past year he hasn't really made any progress.

"I believe Trump has touched on a few of the promises he made. One of the major points that got Braden Thomas./Courtesy him elected his stance on



Winnada

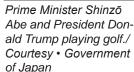
immigration and the wall and i don't think he has made much progress toward that," said senior David Roberts.

As in most things, Trump was impatient and really wanted to build the wall as soon as possible.

"I don't feel like waiting a year or year and a half. We're going to start building. Mexico in some form and there are many different forms, will reimburse us

and they will reimburse us for the cost of the wall. That will happen. Whether it's a tax or whether it's a payment," Trump said during a press conference in January.

After just a year of being in office, prototypes have been built. But it may consist of only surveillance technology, not a physical structure and Mexico has refused to Abe and President Donpay for the wall.



However, illegal immi- Courtesy · Government gration has fallen by over 70 percent. Trump is considering

raising taxes on Mexican imports to 20 percent to pay for the wall, and bids for the wall are underway However, a budget proposal released in March revealed money will, at least initially, come from US taxpayers and not Mexico.

Maybe this isn't a failed promise yet, but it definitely is a long way from completion.

see TRUMP on PAGE 5

BY CELEST CASTELLANOS (ANSWERS ON PAGE 5)



1. What anniversary will Lowry celebrate in 2018?

Seth Hornbarger./Cour-

tesy · Winnada

A. 30

B. 50

C. 10

D. 40



3. The recent New York Terrorist was from what country?

A. Turkmenistan

B. Tajikstan

C. Uzbekistan

D. Afghanistan



What hurricane devastated Puerto Rico?

A. Hurricane Maria

B. Hurricane Irene

C. Hurricane Harvey

D. Hurricane Nate



When does the new "Star Wars" movie come out?

A. December 18, 2017

B. March 5, 2017

C. May 4, 2017

D. June 25, 2017







*The stories on this page are purely satirical and are not meant to be taken seriously.

Girl trips over textbook: Media blames Trump

Teresa Ackley tripped

over a textbook on October 17, the media was in an uproar; their target, President Donald Trump.

TV show host, Donna Slade made a comment on the incident.

"This is all Trump's Fault. Had he been denied the Presidency, none of this would have happened."

After being rushed to the emergency room, it was determined that young Ackley would make it out alive, but would stay overnight due to a bruise on her pinkie toe.

"It's such a tragedy," said Ackley's mother, Hilda Ackley. "This is what

happens when we elect a businessman president. children Innocent get seriously hurt."

In light of recent events. Social Media has become An investigation of the culprit is underway./ of Courtesy · WPD hailstorm

When 13-year old criticism for the President.

Senator Dinson Flake, tweeted the President. "Terrorism, nuclear warheads, and now this, because of Trump, a girl was put in grave danger when she tripped on a textbook. #Prezfail," said Dinson.

Even the blogs are blowing up with accusations.

"This is outrageous," said blogger Gonslop Gasueloff. "Trump messes everything up. Such a poor, poor, little girl."

The textbook in question is currently being examined for links to Trump, and authorities are on the case.

"I think there's definitely some connection here. Girls don't just trip over

> textbooks. It must have been Trump," said FBI agent, Randall Schwarzenegger.

> Ackley's school has put an antitextbook movement in place, to prevent any future casualties.



Seniors planning to gate off parking lot

Lowry Seniors are tired of the

juniors parking in their lot. They are presenting their idea to the school board to get a gate that will only allow seniors inside. The idea is seniors must have their student ID proving they are a senior to get into the parking lot.

Senior Bob Miller explained the electronic gates and how they will help with this situation.

"We just want to have our own parking area, it was the only thing I looked forward to was this parking lot. We waited three years to park here now it's their turn to wait," said Miller."WE are going to present the idea of getting the electronic gates that will let you in if you put in the code. Then only give the code to the seniors, that would keep those juniors out."

Zan Way argued that gating off the parking lot will just take too much time.

"This petty disagreement is just taking time out of our day, if we get a coded gate we will be in a line going in one by one, that would just take too long just to get to school "said Way.

Zan really does not think that the issue is worth fighting over.

"After a while no one will park there. Yes it's nice to have our own parking lot but it's not worth it, if it would take so much time to park there just let the three or four juniors in and deal with it," said Zan.



The senior parking lot./Peyton Capellen • The

Lowry takes a stand against doing homework

You all know the latest story about the Seattle Seahawks sitting on the bench during the National Anthem before the start of the game against the Indianapolis Colts at Centurylink field, and all the other NFL players in the league. Well that started a rage in our school, the student's at Lowry are protesting against doing their homework.

It all started a week after the game, Lowry students got tired of having four hours of homework after a seven hour school day.

"I'm so sick of all this trash homework, I refuse to do anymore of it. There are more important things in the world," said Montana Roak.

The students are putting their foot down on the

situation, they are refusing to do anymore homework. their teachers are giving. The trash bins and hallways are filled with papers from every class. Lowry students do not care about the work they are doing at home or in the classroom.

Even teachers are taking a stand against this crisis. The teachers were getting tired of grading four hours of students homework, when their answers were not even related to the questions.

One teacher said, "At this point all the teachers are done giving assignments when the students do not pay attention."

The teachers are having to spend way too much time on the same subject because they think the students are not getting it, but what they don't know is the kids are not interested in learning anymore.

The Lowry staff cannot get a grip on the students and all the madness this situation has caused. The Lowry staff has started to use up all of their days off because they are too stressed to deal with A student with his well the situation. As more time Courtesy went by with the madness at



written protest sign./

Lowry, the staff came up with a possible solution, To let the kids have a longer lunch and shorter class periods on Fridays if 70% or more of the students turned in and get good grades on their homework.











Trump from Page 2

HEALTH CARE

Overturning the Affordable Care Act has failed to pass legislation multiple times.

Trump signed an Executive Order stating that he would be "saving the American people from the nightmare of Obamacare", meaning that healthcare would no longer be funded. This could result in those under the insurance of Obamacare being forced to pay higher premiums. Plans would cost 50 percent more according to Maureen Groppe from USA Today. The number of people uninsured would rise to about 18 million initially, and around 32 million in 10 years. Those with medicare or medicaid will not be directly affected, but since it will not be funded, taxes will be increased to make up for the difference.

For now repeal and replace has been sidetracked, but it will likely reappear in the future.



Dallas Huniwell./Courtesy Winnada

TAX REFORM

Get ready for tax cuts for the wealthy.

Trump promised that he would have a new tax plan which is progressing. President Trump said a married couple who earns up to \$24,000 will not pay a dime in taxes. Currently a family of four doesn't pay taxes on the first \$28,800 of earnings.

On September 27, The

Washington Post reported that Trump spoke in Indianapolis about Ronald Reagan's tax reform plan in the 1980's. Trump said that as a result of Reagan's tax reform middle class families thrived and income in-

On August 22, 1991, Trump spoke about the exact same plan but said the complete opposite.

"It was a disaster it took all the incentives away from investors etc. etc. It was a disaster and you don't hear that but that was really in my opinion that was the primary problem with the savings and loans and that's why the country is losing millions and hundreds and millions of dollars," said Trump as reported by the Washington Post.

Braden Thomas hopes the proposed cut become law.

"He [Trump] has done many things, but it seems that the biggest one recently is the tax cuts. I like the ideas that he has presented and I hope that in the future he is able to put them into action," said Thomas.

Last week the House released it "Tax Cuts and Jobs Act". The bill includes changes to tax brackets, lower corporate tax rates, and changes in deductions for mortgages and state and local taxes to name a few.

As this is just the beginning of the process, this can't really be called a completed promise; but it is definitely on its way.

GOLF AS A VACATION?

President Donald J. Trump also promised "he will not take a vacation while serving as president." Trump has spent some part of 20% of his days in office at a golf club according to Sports Illustrated.

He also regularly criticized President Obama for "playing too much golf." Since taking office he has watered down his promise saying, "We won't be big on vacations," Trump told David Roberts../Courtesy CBS. President Trump left



the White House for a 17 day "work vacation" to his golf course in Bedminster, NJ.

GUN CONTROL

In 2016, President Obama signed an Executive Order involving gun control. To obtain a gun, citizens were to pass a mandatory background check which included mental illness, domestic violence, and criminal

Trump stated that he "will veto. I will unsign that so fast".

Trump proceeded to reverse the bill, as he has done with many Obama actions. Since then, the Las Vegas shooting has taken place, in which Trump justified his ban on Muslim countries. He posted little about it on Twitter, but stated that "we'll be talking about gun laws as time goes by."

News Quiz Answers: 1 B: 2 A: 3 C: 4 A

MILLER LAW, INC.

Rendal B. Miller, Esq. Wendy N. Maddox, Esq. ~ Attorneys at Law ~

- Business Formation
- Criminal Defense
- Wills and Estates
- Family Law
- Contracts



115 West 5th Street

775.623.5000 **PHONE**

Call For An Appointment

info@millerlawinc.us

775.623.5060 FAX











On Deck: Kneeling

The NFL started off the beginning of their season with controversy once again.

It started off with a tweet from President Trump that stirred just about every player and coach in the NFL to not participate in the National Anthem in one way or another.

"Roger Goodell of the NFL just put out a statement trying to justify the total disrespect certain players show to our country. Tell them to stand!" Trump tweeted on September 23.

In the third week of regular season games, teams nationwide reacted by kneeling, sitting and even remaining in their locker rooms while the National Anthem was played before their games. Buffalo Bills running back LeSean McCoy could be seen doing stretches as the anthem was played.

The issue with kneeling during the anthem began 13 months ago when former quarterback of the



San Francisco 49ers Colin Kaepernick took a knee during the anthem to spread awareness of violence in the police force.

Last week Kaepernick filed a lawsuit against the NFL for collusion. Collusion means that NFL

teams were passing on Kaepernick for their quarterback even if he was the best pick, because they see him as a distraction. He will most likely not win the case as he has to prove that at least two NFL teams have actually done this to him.

Kaepernick sparked outrage in fans across the nation, but that does not compare to the reactions of fans this year.

Videos surfaced across the web of upset and angry people burning every NFL related item they owned from jerseys to trading cards. Many season ticket holders burning their remaining tickets for the season.

As week five came around, networks airing the games experienced staggering in ratings. Most networks experienced a slight increase in viewers. On the other hand in game attendance seems to have declined. Patches of empty seats could be seen throughout stadiums. There were still players that kneeled on every team but in much smaller amounts.

Still many players kneeled and sat during the anthem. The Indianapolis Colts stood together with arms locked wearing black t-shirts that read: "We Will" on the front, and "Stand for equality, justice, dialogue, opportunity" on the back. Vice President Mike Pence attended the game but left shortly after the anthem was over after several 49ers players

Many are questioning why the NFL has allowed its players to do this. But it may be coming to an end. Roger Goodell, commissioner of the NFL sent out a letter on October 10 to all 32 teams. The owners had a meeting a couple weeks back to discuss the policy. It was believed that they were going to begin suspending and fining players that did not participate, but, after the meeting it was released that the policy on the issue will not change and players will be allowed to continue to what they feel is right as the anthem is being played.

UNITY: U'N I WAS MADE FOR YOU AND I

Why is that despite all of the other problems in this country, we decide to focus on the most irrelevant of them all; the skin tones and ethnicities of those around us? When I say irrelevant, I mean that

the skin tone, race, religion or ethnicity shouldn't be a reason to discriminate. One look at a person shouldn't automatically mean prejudice. That's unreasonable. I understand that certain people have particular beliefs, however, that shouldn't be an excuse for

racism or any other bigotry.

We cannot treat everyone in the

same way; every situation is unique. However, we need to treat every person individually, based on what we know from that person. That being said, treating people individually doesn't mean that you have to be

> unfair and or have any preconceived feeling of negativity towards them. That's where stereotypes come in.

> There are stereotypes for someone's religion and race. For Caucasians, some

see white supremacy. For African Americans, they may be gang-related and for Latinos/Hispanics; it may be dropouts. That race itself might not see it, but others on the outside, do.

For example, in a religious sense, Muslims are viewed as terrorists in part due to the 9/11 attack and ISIS. Stereotypes like these come about because of horrible truths. Sadly, sometimes those stereotypes are true. But to completely know how a person is and what their intentions are, you need to understand them and where they're coming from. We cannot simply assume that a person is a certain way, just because of something we think we know or a superficial character-

The #metoo movement is shedding light on sexual harassment

The world has recently been going through a lot of terrible tragedies. One of them is sexual harassment, a terrible act that needs to stop.

In the news, there has recently been a story about Harvey Weinstein. Weinstein is an American film producer and a former film executive. Weinstein has been accused of harassing and assaulting more than 40 women. Most of the women that were harassed, live in Hollywood and are actresses. Many of the women who have been harassed, were afraid to speak up about the harassment because of their careers. Some of the victims mentioned that they were threatened by Weinstein not to say anything, or their career would be over or their future would not be good.

Many women in the US have been sexually harassed and do not want to speak up because they are afraid of what might happen to them. Such as the embarrassment they have to go through or the fear of it taking place again. After the Weinstein allegations spread, actress Alyssa Milano tweeted the hashtag: "#metoo". The #metoo concept actually began a decade ago by activist Tarana Burke. The idea of the tag is to help spread awareness for women who have been sexually harassed and to share their stories. Those women who want to break the silence and fight for all the pain they have went through. Many women have been taking part in this movement

and are trying to find justice for themselves.

Sexual harassment negatively impacts the survivor's life in several ways. Some will not want to live with themselves and can end up making the wrong decisions due to their emotions and pain that the harassment caused them. One might also fall into depression and not be happy with life. Sexual harassment is a very

cruel and disgusting act. It is important to speak up for yourself and have a voice, just like the many women in the recent cases from Hollywood. It does not matter who you are, everyone should have a voice and speak up for their rights and know sexual harassment is not okay.

Lowry needs to extend lungh time

Lowry's lunch time needs to be extended by at least 20 minutes; 30 would be better. Lunch is 30 minutes long on a regular school day. Classes are 50 minutes long so why can't lunch be the same amount of time?

Lunch is our only break throughout the day, besides the five minutes we get in between classes. Students need more time to eat and not be rushed, so they can get whatever. Most students need to go to their lockers, buy

lunch, and also eat. Thirty minutes is not enough time.

Students use lunch as their time to socialize with others. Not everyone has classes with their friends so it would be nice to have more time to

@lowryhigh

spend with them.

Many high school students enjoy going out for lunch, away from the school, but they just don't have enough time. Driving somewhere, ordering food, eating, then having

> to drive back would require more time than 30 minutes. Students attempt to do this and they are usually late to class or they are speeding, trying to get to class on time

The teachers would most likely appreciate a longer lunch as well. They also need their time to get their food together and not feel rushed before class starts. Teachers could use the extra time to grade papers or get other work done. It would almost be like another prep period.

During a 50-60 minute period, students can take the time to finish homework. There are cases when students need to make up a test or make test corrections. I personally had to do this one time and it was difficult to eat and focus on a test at the same time. If I were given more time, I could eat before, then take the test. But half an hour wasn't enough time for this.

Some people would disagree with getting a longer lunch because they think students would have more time to get into trouble. However, I highly doubt students would waste their time trying to find trouble when we would have the opportunity to go out for lunch and have more time to socialize, eat or get homework done.









Lowry XC ends season with trip to state

Cross Country

team ended their season on Saturday November 4, at the NIAA 3A State Championship.

Runners Hunter Albisu, Rebecca Kuskie, Robert Rangel, and Will Kracaw qualified for state at the NIAA Northern 3A Regional Championship on October 27, where the boy's team placed fourth.

At state, Kracaw placed 7th, Rangel 10th, and Albisu 39th in the boys race, and Kuskie placed 3rd in the girls race.

"State was an unbelievable experience, and I am so privileged to have gone," said Rangel. "It went really well for me and the team. Granted, we all didn't have the best times, but we had a blast."

Going to State Championships was an exciting way to end an even



Rebecca Kuskie leads the pack./Riley Sakurada The Brand

Will Kracaw makes the turn./Riley Sakurada • The Brand

more exciting season. The team also competed in the Bob Firman Invitational Races in Boise, Idaho, among other places.

"I'd say that our biggest achievements this year have been individual. They've really worked at improving every race, and setting their personal goals and achieving them," said coach Kristin Flanders.

"We became closer as friends, had fun, and became stronger both physically and mentally this season," said Rangel.

The team looks forward to an even more exciting season next

"We're excited for next year because we're really close to having a boys team compete and go to state, and were looking forward to having a full girls team next year," said Flanders.

Varsity football continues growth and looks to future

After a long season the varsity football team finished the season 1-8 overall. Their only win came against Dayton on homecoming with an astonishing score of 42-6.

Captain, Joe Peterson likes to focus on the positives. Such as the win against Dayton on his home turf, or how the team grew together at the end of the season.

"Our season wasn't the best but I like to look at the positives. We had a great game against Dayton and at the end of the season our team wasn't just a team, it was a brotherhood," said Peterson.

The Bucks played well in many games but simply came up a little short. Through all this the team managed to stay together and keep fighting throughout the season. They never gave up and went day in and day out working hard getting better. At the end of the season you could see the growth that was made as a program.

"I think we worked hard all season and

never gave up even in the worst games," said Matthew Souza.

The team grew as a whole and developed as the season kept moving they insisted on getting better every day and looked forward to every game.



"We strived to get Matthew Souza sees green grass ahead of him / Lisa Scott • Winnada



Anthony Peterson fights for more yards against the Long Horns./Lisa Scott • Winnada

better all season and enjoyed going out every Friday to compete with our opponents," said Souza.

The Bbucks never backed down, they stayed in the game from the first to the last whistle. They had no reason to put their heads down. Head coach Taua Cabatbat looks forward to the promise that the team brings in the future.

"Well the team in general continued to grow and continued to fight. Our sea-

> son was not what we had anticipated, but this team showed a lot of heart and improvement week-toweek." said Cabatbat. "They never gave up on themselves or each other. I believe that the football program in general is starting to come up and we are starting to see good things for the future."

Season shows bright future for JV Buckaroos

In spite of a forgettable game to end the season, the JV Bucks posted a 6-4 record on the season.

Sophomore tight end and outside backer Gratian Dawson recognizes his team's failure and looks forward to better season next year.

"I think our season went pretty good. We are most definitely a good team. We made minor adjustments here and there from team to team. We could use some work but that all comes in time and effort and I look forward to a good varsity season next year," said Dawson.

The Buckaroos seaosn got off to a promising start by beating the Battle Mountain

Longhorns 47-14. The Bucks then went on to beat Churchill County 37-0, Elko 12-7, and the Fernley Vaqueros 28-18 for three consecutive wins early in the season. The following week however, resulted in their first loss, 50-0 against the Spring Creek Spartans. Churchill County would then forfeit the week of Lowry's Homecoming. The team added one more win the remainder of the season by defeating Wooster.

The team played a unique schedule due to the lack of JV teams in the league. Coach Austin Mayo was impressed with his team's performance.

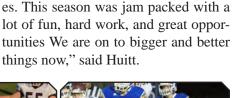
"I thought we had a really good season. We were proud of our five and four record," said Mayo.

Shophomore Chance Huitt agreed.

"I think we did great this year. We came out blazing in the beginning of the season. worked



well with one Dominick Kelley (54) and teammates The Bucks gaining ground another even bring down the ball carrier./Sam Diaz against Elko./ Courtesy · Winduring our loss- • Winnada





7ap, Acro Dance



HOPE. HEALTH. LIFE.

Dr. Dennis P. Verner Tel: 775-623-3938

Dr. Nicklaus G. Verner www.VernerChiroCare.com



661 Anderson Street encoredanceronline.com info@encoredanceronline.com

Sara Filippe, Sharon Hartman, Jayna Hill, Jayci Hill, Maddie Riley





V soccer posts 12 win season

The JV girls finished off the season with a stellar season.

The Lady bucks had lot's of returning players this year on the team, which made the new players learn the drills and plays very quick. The JV girls had a successful season with mostly all wins. The team has done good this season according to coach Joelle Cooper. "I was impressed with my team's season this year, twelve wins four losses and one tie was our record," said Cooper.

The team learned a lot of drills and techniques throughout the sea-

"The girls picked up on their communication skills and passing skills very quickly on the field, by working on it everyday at practice," said Cooper.

The team struggled with a few teams this season but won most of their games.

Junior, and one of the captains

of the team Hannah Growcock, said "I think we did good and we went against good competition and had multiple teams that had us worried for a bit, but then we regrouped and got the win," said Growcock.

The girls also had a good season due to getting along and helping each

Sophomore, and one of the defensive players Mikayla Bennette, said

"I had a very good season with an amazing team, and teaching some new players our drills," said Bennette.

With some of the new players and different positioning on the field it was uncertain of how strong the team might be. "I wasn't sure how strong we would be this year without some key defensive players, but the team meshed well together and came out on the winning side," The team was happy with the season and their teamwork this season and are looking forward to next year soccer season.



Kylie Marler passes the ball./Ron Espinola



Hailey Hinkle dribbles the ball./Ron Espinola • The Brand

The varsity girls' soccer team finished 4-11-1 this season. Despite the outcomes of their games, they put up a great fight. Coach, Jennifer Partee, can attest to that.

"I think it's no secret that we're disappointed in our wins/losses record but as far as the level of play of the team, they've definitely increased on that [level of play]. They've become better and stronger players. Their formations were stronger; skills were better," said Partee.

The team has been able to keep up the effort despite the difficult plays.

"The players, and the team as a whole have been working towards competing at a higher level and being able to do that. I think that they've done well with that this year," said Partee.

Junior Erin Acosta, thinks she and her team worked as hard as they could.

"I think the season turned out better than I expected. We worked hard on getting into shape for soccer and there were some things we could have done better, that hopefully next year we'll improve on, but it is what it is and I'm just glad that I



Julisa Garcia dribbes the ball between two opponents./Ron Espinola • The Brand

was able to make it onto varsity and work with a great team," said Acosta.

According to Partee, Lowry played close games with good defense..

"They really kept the scores of the games low. We lost quite a few games, the scores were very low; they were tight," said Partee.

Victoria Tirado, a junior, knows there are things she and the team could have worked on.

"As a team, we could've worked on some more passing and ball control, but other than that we did fine. Individually I could've been a little more positive towards some of the situations," said Tirado.

Partee has plans for improvement for the upcoming season.

"We have a couple things we're working on in practices but the biggest things is hitting the net. If we can get the ball in the net, we'd be on top. We had a lot of shots on goal this year, but unfortunately they just didn't connect in the goal. If we could improve that, especially under pressure then we'll be doing well," said Partee.



Freshmen have memorable season

Freshmen Football ended their 2017 season on October 26, with a

loss to Spring Creek.

"The season didn't end the way we wanted it to, but the team always played hard and worked hard," said coach Adam Sorenson.

Football may be over, and everyone has different reasons to remember this season.

"The most memorable event of the season was our game in Sparks," said Sorenson. "We lost by two, but it came down to the end. It was a crazy game, and probably the best game we played all year."

"The most memorable moment for me was our game in Truckee, when I got a concussion," said right-back, Adam Dossey. "A lot happened in that game. I scored a 95-yard touchdown, which was pretty cool."

Wide-receiver, Colton Von Aspern said, "The best thing about playing football this year was scoring touchdowns and helping the team out."

The team will move on to jv and varsity in the years to come, and they Adam Dossey breaks through a Fernsay that they're ready.

"We did a good job of executing plays at home," said Von Aspern

Dossey said, "We're definitely physically ready for JV and Varsity, but we need to work on being a



ley tackle./Ron Espinola • The Brand



Joseph Backus makes a leaping catch against Fernley./Ron Espinola • The Brand

"They're ready to move on and do some great things," said Sorenson.





625-2222 325 Hanson St. Winnemucca

Physical Therapy • Occupational Therapy Speech Therapy



Volleyball advances to state after winning region al championship

The Lady Bucks are on a roll finishing 2nd in the league and going 12-4, 21-10 along the way. On the way to the playoffs in Fallon they did suffer a loss to Yerington 3-1 (25-16, 25-22, 19-25, 25-20). However, this did not slow Lowry down as they swept Fernley (25-18, 25-21, 25-21) and knocked off Truckee 3-2 (27-25, 25-21, 20-25, 16-25, 15-4) to win the Regional Championship.

Senior Brittany Jacaway credits the teams success to hard work and a change in attitude.

"There

w e r e

many im-

prove-

made this

all strive

the

We

actu-

have

heart

this



Sierra Maesterjuan spikes the ball./Victor

to win. We have our mind set on winning and doing better every game. I myself changed my mindset and worked harder to become the player I am now," said Jacaway.

Senior setter Jenny Torres is satisfied with the way her team played this season and looks forward to progressing at state.

is going great. Lowry volleyball hasn't been placed this high in a long time and I'm proud of all of us for it," said Torres. "We started out really good from the start and I think as the season went on we just kept getting better as a team. In the future I hope we can hopefully go to state and overall, get closer and better as a team."

This is the first time Lowry has gone to state since 2006.

The Buckaroos were undefeated at home this season and only lost the league title to Truckee on tie breakers.

The Bucks first match at state Brittany Jacaway gets the ball over./ is today against Moapa Valley at Victor Castaneda • The Brand 7:30 p.m.



"I think our season went and The Lady Bucks celebrate their Zone championship Eastman sets the ball./Victor Castaneda • The Brand





Jadyn Eastman set the ball./Victor Castaneda • The Brand

Varsity soccer finishes season with 7-12-1 record

soccer team had a bumpy season playing in a league with some very tough competitors and although their season may not have gone as well as they wanted it to, the team improved a lot and formed a strong bond.

The team did break one record this

Anthony Cuevas breaks through defend-

ers./Ron Espinola • The Brand

The boys varsity year. They won the preseason soccer area. tournament defeating Battle Mountain, Fernley, and Fallon. This is the first time in history that the boys varsity soccer team has ever won a tournament.

> The Bucks also defeated Incline Village, which is the first time Lowry has ever beat a school from the Lake Tahoe

Nathan Kepler kicks the ball away./Ron Espinola. The Brand

Although the season was not what they expected senior captain Adrian Mendoza says the team worked hard all

"We didn't win a lot of games like we would've liked but we still kept our heads high and didn't give up in the end," said Mendoza.

Senior Nathan Kepler was happy with how his team improved and grew together this year.

"We've had a fun season and improved a lot this year. We have learned to work better as a team and get along better and have been more successful this year," said Kepler. "I'm glad I got to play with these guys for my last year."

The soccer team finished their season with a 7-12-1 record overall and a 3-11-1 record in league play.



Girls golf places fifth at state

The girls varsity golf team continued their dominance in the north this year despite losing four seniors last year.

The young team consists of three juniors and two freshmen.

Junior Tatyana Carlson led the way with a fifth place finish at the state tournament in Pahrump. She has enjoyed playing with her team this year and was surprised with how well they did.

"This year we made milestones, improvements, and great friendships on our team. Honestly I'm glad to say we even made it to state with some beginners but they proved themselves to show that they knew what they were doing," said Carlson. "This season was one of the funnest seasons I have had. I can't wait to see how we do next year."

Coach Todd Milton was pleased with his team's performance this year.

"I am absolutely excited about how the season went. It was better than I had ever anticipated," said Milton. "The girls made it state which I wasn't expecting going into the season and I am excited for next year because we will have three seniors on the team."

As a team the girls placed fifth at the state tournament with a score of 819. They also placed 3rd in All-State academics.



Tatyana Carlson hits an approach shot./Peyton Capellen • The Brand



Live PC streaming at www.buckarooradio.com



f @thelowrybrand





ore-Line

East Winnemucca Blvd Winnemucca, NV, 89445



This three-sport athlete has been surrounded by sports her entire life. She has been recognized by the

One of the best things about

able to play with my sister."

sports is that I have always been

community for her dedication in sports and academics. Not only does she have smarts, but she was also voted Homecoming Queen this year. Shelby Garrison has been selected for Athlete of the Issue.

Since her freshman year, she has been involved in soccer, basketball, and track. Out of the three she participates in, she favors soccer.

"I've played ever since I was in fourth grade. It has always been my favorite because most of my friends play as well. I

said Garrison.

~Shelby Garrison like soccer because it takes both physical and mental strength. It's a challenge that I have always enjoyed,"

All athletes have some sort of motivation for them to keep improving and have mental steadiness. Garrison's, as she stated eagerly, are her parents and her sister.

"My mom and dad come to watch me at almost every game. Whether it's at home or away. My dad also helps coach soccer and track. One of the best things about sports is that I have always been able to

play with my sister, Rachel," said Gar-

Her sister Rachel Garrison, a junior, mentions that Shelby too has impacted her life in many ways.

"Shelby works hard at everything she does. She's a great leader to the whole team. She not only is a great soccer player but she's so fun to be around. I love playing with Shelby. She inspires me every-

> day and she's a great role model on and off the field," said Rachel.

Shelby has also been very protective and motivational.

"She's taught me to always be myself and to work hard at everything I do," said Rachel.

Garrison also mentioned how playing sports has given her the opportunity to build friendships, get support from them, and have fun at the same time.

"My friends are also very supportive. Most of them play the same sports that I do and we always have a good time," said Shelby.

Coach Jennifer Partee, also noticed how Shelby

has become more comfortable with putting herself out there.

"Shelby has been a highly dedicated, driven person both on and off the field. She has become a strong leader and we certainly have seen her grow in this area over the years, moving from a quiet leader to a more outgoing leader. Whatever Shelby chooses, she makes it her job to do it well and to take both her work and play seriously. She has certainly improved in confidence and has taken her level of play to a higher level, learning to anticipate plays and moving the ball forward on the field," said Partee.

> Partee emphasizes on how Shelby has been an asset to the team.

> > "She has persevered in her shot practice and has confidently taken every opportunity to shoot the ball. We will certainly miss Shelby in the Lowry soccer program," said Partee.

When asked where she would be attending college, she wasn't sure, but had an idea.

"I'm not sure yet, but I would like to play soccer at Carroll College in Helena, Montana," said Shelby.

For the last four years Joe

Peterson has been knocking the lights out of kids on the football field and pinning them on the wrestling mat. Joe starts at middle linebacker and also plays on special teams during punts, punt returns, and kickoff. During his two years on the varsity team he has 27 solo tackles, 56 in total tackles and averages 4.3 tackles per

game according to Max Preps. Sports have been a part of Joe's life for many years.

"I started playing football when I was around 9 and started wrestling when I was 12," said Joe.

Joe's parents have made a big impact on why he plays sports.

"My parents have made an impact on me in my

sports life because they support my brother and I and make sports possible for us," Joe said.

When asked for a role model Joe said his brother, freshman Anthony Peterson.

"My role model is my brother, he made varsity football as a My parents have made an impact freshman," said Peterson.

Although Joe enjoys wrestling too football is definitely his favorite.

"My favorite sport is football because I really like playing defense and am good at it," said Joe.

As this is Joe's senior year there are lots of things he will miss about wrestling and football he will miss the adventures at Lowry but

he went on with his teammates the most. "I will miss all

on me in my sports life."

~Joe Peterson

the fun trips I got to go on with all my teammates," Peterson said.

Joe has had many coaches while at Lowry and is grateful for their help in making him the athlete he is today.

"Coaches I would like thank would be Brooks,

Cabatbat, Scott, Hornbarger, and Roberts for helping me become what I am today in sports," said Joe.

Head coach of the varsity football team Taua Ca-

batbat believes Joe has been a great leader this year for his team.

"Joe Peterson was chosen by his teammates as team captain. His teammates trust

him to be a leader and so far he has done a good job keeping the team together and moving forward," said Cabatbat. "Joe has done a good job pushing his team on the field during practice and games. He has embraced the role of team captain which is why he is a good selection for the Athlete of the Issue."

When Joe is not playing sports he enjoys cruisin' and chillin.

"I like to go on rides on my streetbike and just hang with friends," said Peterson.

After this year Peterson hopes to carry on playing sports in college.

"After high school I want to continue on with sports," Joe said.

STUDEBAKERS Uptown Market

1200 S. Bridge Street Winnemucca, Nevada 89445

Owner JIM (HOBY) STUDEBAKER Phone: 775-623-2405 Fax: 775-623-0658

Papa Murphys. TAKE 'N' BAKE PIZZA TAKE 'N' BAKE **Owners** REVOLUTION Greg and Miranda Munroe







JV boys wrap up season

The boys JV soccer team has wrapped up their season after their final game in Sparks. They finished the season with four wins.

"The team's final record did not represent how well they did overall this season," said coach Brian Shettler. "The boys started off the season very rough with much to work on. As the season moved along game by game, it was visible that the overall skill and communication of the team was significantly improving."

The Bucks were coming together and trusting each other as a team. During the rest of the season they proved to be much more competitive and skilled players.

Sophomore and one of the captains



Elias Arechiga dribbles the toward the goal./Ron Espinola • The Brand



Brandon Lee kicks ball down the field./ Ron Espinola • The Brand

of the team, Elias Arechiga, believes that his team did their best every time they stepped on the field but for some reason slacked in the first half of most games but gave it there all the second half.

"That is what costs us most of our losses but we played as hard as we could and we accepted the fact that we won't win every time," said Arechiga.

Truckee and Spring Creek were two successful matches for the boys.

"In those games we never stopped working hard. We always kept a great attitude no matter what the score was," said freshman Brandon Lee. They beat Spring Creek 3-2 and lost to Truckee 2-1, but still played well.

"I am proud of their progress and hope they continue to improve next year," said Shettler.

Frosh volleyball ready for

next level

This year's freshman volleyball season has officially come to an end. This

was a new team with new players, so for never playing together before, the Lady Bucks had a successful season.

The lady bucks have done well according to coach Skylar Estes. They started off the season having to do a brand new offense and defense, but luckily the team was able to pick up on it quickly and didn't have any problems with the positions.

"The main focus was right coverage for hitting and blocking which they have successfully done, making them be able to continue plays and rallies," said Estes.

The girls had their ups and downs



Lauren Fentress bumps the ball./Ron Espinola • The Brand



Eva Andradottir jumps to set the ball./Ron Espinola • The Brand

with winning and losing games.

"Our team tried our hardest and we were able to get really good plays and win games," said Lauren Fentress. "Our coach was really good and really taught us how to play and grow as players and teammates. This season was a good one and I wouldn't change a thing."

According to Mackenzie Begay, their home game against Truckee was one of their best games. "It was a tough match but we played our best," said Begay.

The girls have overall improved throughout the season.

"They have been able to get better at serving and hitting, gaining the skills needed to become effective JV players for next year," said Estes.

JV volleyball ready for the next step

The JV volleyball could have gone better in terms of wins and losses, but the girls still enjoyed this season and are

ready for next year. Sophomore Juli Rivera explained how important it is to just enjoy the game and your teammates.

"The season went good. Not a lot of wins, but we sure did have a lot of laughs and fun together," said Rivera.

Rivera thinks that all of the players contributed in meaningful ways.

"It's a team sport and we all have different jobs so we are all are the most valuable players," said Rivera.





Keep up with Lowry Sports with the **Humboldt Sun and News 4 Nevada**



Stacy Horton sets the ball./Ron Espinola The Brand



Victoria Jacinto bumps the ball./Ron Espinola • The Brand







What to watch: 'It'

has returned after 27 years of hibernation, and he's scarier than ever. The recreation of the 1990's "It" was far more intense and gory than the original movie. It contained a decent amount of jump scares and suspense; just what everyone was hoping for.

The book "It" by Stephen King, has been known as one of his scariest novels, but let's be honest; the original "It" movie was actually not that good. Pen-



Suspensive scene in the box-office hit./Courtesy • itthemovie.com

Pennywise the Dancing Clown nywise was far from terrifying, and the movie itself was a mild disappointment, especially for being made in the 90's.

> The horror genre fell flat for quite a few years. Although, 2017 has taken a turn for the better. The 2017 version of Stephen King's "It", "is one of the best (movies) that has been done in recent years," according to Rotten Tomatoes critic, Ernesto Diezmartinez.

> "It" broke the record for biggest opening day for a horror film in several countries, and grossed over \$123 million in just five days of showings. It was also released in over 46 countries including Holland, Korea, Spain, Denmark, and Brazil. Even the author Stephen King was very impressed with the outcome.

> We've all heard the menacing voice of Pennywise chanting "You'll float too!" but what's so great about "It"? Poor little Georgie (Jackson Scott) gets his arm bit off within the first few minutes of the movie. His older brother Bill (Jaeden Lieberher) and a few other outcast kids, who call themselves the Losers Club, decide to find and kill the entity who took Georgie. The Losers Club consists of actors Finn Wolfhard, Jack Grazer, Jaeden Lieberher, Sophia Lillis, and Wyatt Oleff in the small town of Derry, Maine. They



Bill Skarsgård playing Pennywise in 2017's "IT"./Courtesy itthemovie.com

soon realise they are all being hunted by the same crazy clown, portrayed by Bill Skarsgård. They manage to create a map of sewers, in an attempt to find Georgie, and head straight into Penny's lair.

As far as we're concerned, Pennywise has definitely upped his game. The film earned a 87% from the Rotten Tomatoes critics and a B+ from CinemaScore, although it deserved more. "It: Chapter 2" has been confirmed, so there's a lot more of the Losers Club and Pennywise (still being played by Skarsgård) to come.

Who knows you best with: Mr. Jeff Setzer

Jacob Means

- What's his go to movie? Anything from Stephen King or thought
- provoking. 2. What superpower would he want? Time
- 3. Is he a morning or night person? Morning person to be ahead of everyone early.
- 4. What's his dream summer vacation? Watching the Tour de France in person.
- 5. What was his favorite class in High School? History.



Montana Roark

- 1. What's his go to movie? "Planet of the Apes".
 - 2. What superpower would they want? Invisibility.
 - 3. Is he a morning or night person? Probably night.
 - 4. What's his dream summer vacation? Hawaii.
- What was his favorite class in High School? Science or History.

Answers on page 15

BALLOONS, PLATES, CUPS, PINATAS AND MUCH MORE

330 SOUTH BRIDGE STREET WINNEMUCCA, NEVADA 89445 775-623-9386

OWNERS: CECILIA AND IOSE RUIZ letspartywinnemucca@gmail.com



SIMPLY TRENDY

FLORAL & FASHION BOUTIQUE

329 S. BRIDGE STREET, WINNEMUCCA,

We Deliver!

CALL OR VISIT US TODAY! PHONE: 755-623-9000

YOUR DESTINATION FOR FLORAL AND CUSTOM GIFT BASKET ARRANGEMENTS!

The Brand

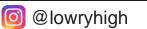
Peyton Capellen, Managing Editor Ale Ibarra, Managing Editor Tara Bourland, Reporter Victor Castaneda, Reporter Celest Castellanos, Reporter Julianna Gonzalez, Reporter Emily Jock, Reporter Natalia Navarrete, Reporter

Clarissa Olson, Reporter Riley Sakurada, Reporter Samm Sharp, , Reporter Nathen Cahill, Online Editor Ron Espinola, Advisor

www.thelowrybrand.com or find us on facebook, flickr, twitter and

instagram The Brand is interested in what you think. Please contact us at:

> thelowrybrand@yahoo.com 5375 Kluncy Canyon Road Winnemucca, NV 89445 775-623-8130 ext 305









Performer of the Issue: Rachel Metzker

Rachel Metzker, is a hard working student in Ms. Julia Tolpholm's

Art 2 class and has been chosen for Performer of the Issue by Topholm herself.

"Rachel is a creative, hardworking and determined artist. She pushes herself to go beyond project requirement and looks to improve with every piece," said Topholm.

Metzker, is very involved in the performing arts. She participates in Art 2, Swing Choir and Drama.

What's on your playlist? By Ale Ibarra ✓ Downloaded Music Artists Deserve it // Janine Silence // Marshmello ft. Khalid One I want // Majid Jordan ft. PND H Heebijeebies // Khalid ft. Kehlani burning bridges // Bea Miller American Oxygen // Rihanna Thoughts // Michael Schulte Freak in You // Drake Thief // Ansel Elgort Q

Although she is not in Art Club, she is really striving for the club next year next year. She also looks forward to creating more art pieces and developing a new favorite piece.

"I really enjoy art. Its interesting and there are so many different forms of it. That's why I do Choir, Art and Drama," said Metzker.

Metzker looks to add more activities in the future.

"Unfortunately I am not in Art Club this year but I plan on participating in the club next year. It looks really fun and interesting," said Metzker.

Rachel has created over 80 art pieces and really

admires her Melting Castle piece.

Without any real plans after high school she plans on leaving Winnemucca to further her art abilities in Portland, Oregon. Rachel doesn't know what's in store for her for the years to come and doesn't know what Portland has to offer either. But she believes that it will "be an adventure she is willing trying

out". Nevada is just the same every day for herald there is nothing to do in Winnemucca. She is just more of a city girl. Besides

there more opportunity in a city than in a small Winnemucca.



In Portland it is beautiful and she believes that with a better surrounding she will be more creative and create better pieces which will allow her to keep getting more intelligent and experienced in the performing arts.

"I just want to experience something new. Nevada just isn't for me," said Metzker. "I really feel that if my surroundings are creative then that's the way I'm going to think, and Portland is where I think I'll find what I'm looking for."



Rachel Metzker./Courtesy • Winnada

Career Fair turns out to be motivational

The Career fair was held November 2 at the Convention Center. This fair was for juniors and seniors to look at career's they might be interested in when they are older.

Tim Grady works at the juvenile delinquent center and had a station set up for it. The jobs has a lot of helpful programs to help the kids.

"We work with life-skill programs and kids who are on probation," said Grady.

Working at the juvenile delinquent center helps kids with many situations.

"The job is, a very rewarding career," said Grady.

Many students gained a lot of new information and were influenced at the fair about jobs they want to do when they are older.

Junior, Danielle Terou attended the fair and got to learn new information about what she plans on doing when she is older.

"I am not sure about what I want to be when I am older but talking to some stations such as, becoming a banker or cosmetologist seemed pretty interesting," said Terou.

Senior, Thomika Francis realized that there were many options in store for her.

"There was a lot of people that had some great information about their field of study. I got information about colleges that have what I am looking for to study," said Fran-

Overall the Career fair was a good experience for the Lowry students to get information or ideas about what jobs they might want to do when they are older.



A UNLV representative offers informationto students./Ale Ibarra • The Brand



Students show interest in the Barrick Gold presentation./Ale Ibarra • The Brand





Altavista Maintenance

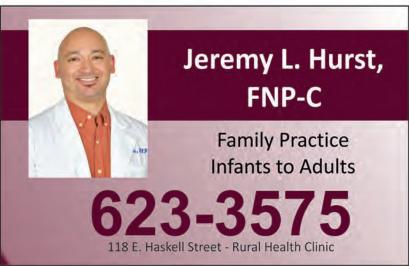
Specializing in Existing Home Repairs Sinks, faucets, toilets, etc.

> NV LIC #20131700769 **INSURED**

Javier Ibarra Plumber Se Habla Español 775-421-6587

Welcome to family-focused care at Humboldt General Hospital

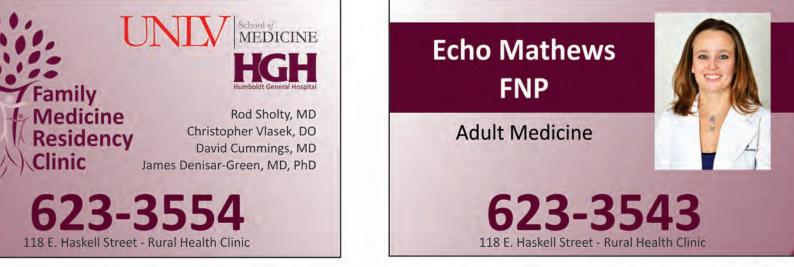








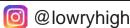




- Nine healthcare providers who are each capable of viewing patients' electronic medical record and providing continuity of care
- Ability to make an appointment with your preferred provider, or with the "first available" provider
- Medicare and Medicaid patients are welcome
- Enhanced team environment with more personalized focus on each patient

To access the Rural Health Clinic, park in the HGH parking garage; take the elevator to the second floor. For Dr. Li, park in the main parking lot.





The Brand, Lowry High School STUGENT The Brand, Lowry High School STUGENT The Brand, Lowry High School

Career Profile: Metallurgical Engineering

Mining is a huge industry in Northern Nevada. As someone who has yet to figure out where they're going in life, chances are you've probably considered a career in mining, or even engineering, at some point.

According to Metallurgical Engineer Blaine Olson, mining provides the materials society needs.

"Mining and Engineering provide the raw materi-

Lowry Then and Now: 1967-68



Back in 1967-1968 the Lowry cheer team, smiled and seemed to be really happy to put on good performances for the Lowry students.

In 2017-2018 the Lowry cheer team has worked really hard to put on better performances for the Lowry staff, and students. The coaches have pushed their girls and boys to try harder and give better performances.

als that are used to build everything we have. In that way, I guess you could say we help make the world a better place," said Olson.

Olson explained his role in mining.

"My job is to make sure he process plant that removes the gold from the ore is running efficiently and effectively, by monitoring the existing processes and looking for ways to improve them, up to, and including new processes. I spend a lot of time using mathematics, chemistry, and physics. I also have to understand how economics, budgeting, and financing work to justify the money for my new projects; some of which cost millions of dollars," said Olson.

Metallurgical engineering may sound like a difficult field, but Olson said, "The thing I like best about being a metallurgical engineer is the challenge. There is nothing better than overcoming a really tough problem that has taken a lot of time and money to solve. It's kind of like that feeling of winning a big game in school."

Often times, just coming out of high school, we feel great pressure to know exactly what career we want to spend the rest of our lives on. The truth is, even people who are successful and passionate about their chosen careers go through the same thing.

"I don't know when exactly I decided to be a metallurgical engineer. I was interested in science and math when I was in High School, and began exploring engineering my freshman year in college," said Olson. "I had friends who were upperclassmen who were metallurgical engineers, and they would talk about it a lot. As I learned more about it, I became more and more intrigued by all the different things Blaine Olson at work./Cour-



metallurgical engineers tesy • Blaine Olson

do. It didn't hurt that I found out it also paid well."

According to "Time Magazine" metallurgical engineering is the ninth highest earning major, with the average person making \$80,000 a year. It its also a field that requires at least a Bachelor's of Science degree in engineering, although some people go on to get a master's, or even a doctorate degree.

"Engineering is a very challenging and rewarding field. To be an engineer, you will have to work very hard in college spending a lot of time studying when you wish you were doing something else," said Olson. "I had several friends in college who just gave

> up because they thought it was too hard. My advice would be to never give up, because it is all worth it in the end. Engineering is truly an amazing occupation. I can't imagine doing anything else."









ANSWERS: 1 "Hot Fuzz"; 2 Probably flying to save money on plane tickets; 3 Morning 4; Biking in Europe; 5 Accounting

— STUCENT The Brand, Lowry High School

Lowry Voices: What are you looking forward to throughout this year?

"I am looking forward to new adventures this year will bring. The best part are the senior activities, and the fun classes I have with my



friends."



Bree LeBurn

"Well I'm looking forward to all the sports, and fun times I get to have with all my friends."

Brendan Domire



"I'm looking forward to my new adventure of high school, all the laughs, and new friends."

Maggie Peters

Buckaroo Round Up

Lindsey Myers What's your would it be? Finn Wolfhard. favorite thing about school? If you could have Seeing my friends. a superpower what would it be? How's your school year? To be invisible. Good, because Batman or

I have decent Superman? grades. Batman. Fears you phobias? to

Are

going

yeah.

what

you

to study?

Probably

something

college?

Probably

If you go

to college

do

for a

want

type of art maybe

If you could date

a celebrity who

graphic design.

Drowning. Strawberry or chocolate? Strawberry. If you had the chance to live

or

anywhere in the world. where would it be? Hawaii. Coffee or energy drink?

Coffee

What's your favorite thing

about school? Batman Seeing my friends. Superman? How's school year? Good, so far.

Are you going to college? Yes.

If you go to college what do you want to study? medicine or

literature. If you could date celebrity who would it be? Harry Styles.

If you could have superpower what would it be?

Adora Aris

To be invisible so I could nap in class. Batman. Superman bothers me he's like stereotypical super hero. Fears phobias? Not really. Strawberry or chocolate? Chocolate. If you had the chance to live anywhere in the world,

where would it be? Probably Australia study? just because it's For a veterinarian warm there.

Coffee or energy drink? Coffee all the way.

Cynthia Magaña What's

your favorite thing one. about school? Coming and learning with my

friends. How's vour school year? Good because I'm understanding

things in class. Are you going to college? Yes.

If you go to 🥯 college what do you want to

or dentistry. If you could date

a celebrity who would it be?

If you could have superpower what would it be? To read minds. Batman Superman? Batman. Fears or phobias? Spiders and clowns. Strawberry or chocolate? Strawberry. If you had the chance to live where

anywhere in the world. would it be? Probably Rio. Coffee or energy drink?

Coffee.

Dos and Don'ts: Thanksgiving

Do root for the Cowboys; they are America's Team.

Don't eat so much you fall asleep before the game. Football before family.

Do save a turkey and go vegan.

Don't be silly Thanksgiving is about meat and more meat; and pie.

Do eat lots of pumpkin bread, it's good for the soul.

Don't worry about how much you are eating, it's Thanksgiving.

Do help set the table for Thanksgiving, it is good to have manners.

Don't forget your greens, make some healthy choices.

Don't forget to catch your turkey

Do admit that you don't know what Thanksgiving is about. I'll just be sitting over here with the popcorn.

Don't call it Turkey day. If we were going to dedicate a whole day to the appreciation of turkeys, we probably wouldn't be eating them.

Don't eat rice pudding. That stuff is gross.

Don't eat so much that you fall asleep and forget about black Friday.

Don't steal things out of people's carts at Black Friday. You might cause a riot.

Do stuff yourself with pie and cookies. Don't fight over that last TV at Walmart that is 30% off.

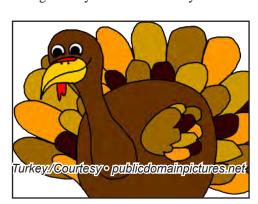
Don't dress up as pilgrims and Indians. Just don't.

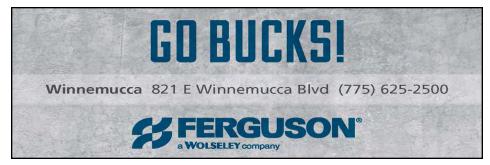
Don't start going ham on all your food while the rest of your family is giving thanks.

Don't buy a million things at Black Do help people in any way you can on Friday and then just return them the next

Do take advantage of the prices and buy what you'll actually wear or keep

Don't forget to binge-watch "Stranger Things 2" if you haven't already.







INTERNAL MEDICINE

CHARLES A. STRINGHAM, M.D.

51 E Haskell St Suite A Winnemucca, NV 89445 PH: 775-623-0550 FAX: 775-623-5989

f @thelowrybrand





