

NEW EQUIPMENT **NEWLY EXPANDED**

591 Anderson Street · Winnemucca, NV · 775.625.2020





There are **HUNDREDS** of reasons to call the Humboldt General Hospital Nurse Health Line, but the best one is **PEACE OF MIND**.













STRAINS

What is the **HGH Nurse Health Line?**

When you have a medical problem or question, you now have the option to speak to a registered nurse free of charge simply by calling the HGH Nurse Health Line.

Nurses with special training and experience are available 24 hours a day, 7 days a week to provide assessment, care recommendations and/or referral to the appropriate health care or community service.

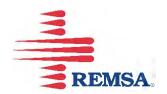
FEVERS, COLDS, FLU, strains, allergies, bug bites, earaches and minor burns — these are just a few of the reasons to call the HGH Nurse Health Line. This non-emergency service is available to all north-central Nevada, residents free of charge regardless of insurance status.

NURSE HEALTH LINE nurses will recommend a level of care including seeking immediate care through the 9-1-1 system, visiting a clinic location, or staying at home with self-care instructions.

BUT REMEMBER . . . vou should always call 9-1-1 for emergency medical situations

<u>\$775-621-0105</u>





The nurses can help you:

- By asking a series of questions about your symptoms to assess the level of care needed.
- Decide if you should be seen by a medical provider right away, if you can wait a few days, or if you can provide self-care.
- Reach your medical provider or suggest other choices like urgent cares or clinics.
- Find other community resources to help you such as clinics, community agencies or assistance programs.















Angel Tree targets Christmas spirit

The junior class officers in Leadership placed the annual An-

gel Tree community service in the main office The tree was in place until December 14.

On the tree, the angel tags had a child's name and information about them inside. The children on each of the papers were in different age groups and their families in need of help this Christmas. The Angel Tree is created to help the children and their families have a brighter holiday season. The counselors get in touch with these families and get information from them so the children get clothes, toys, and gifts.

Randy Maga, Jake Maga and the employees of Maga Trucking donated \$500 to the Angel Tree. The money was spent to purchase gifts for the Angel

Breanna Sowinski, junior class officer, believes that this is a great way to get students involved in a

"People who participate in the angel tree don't realize the impact they put on these kids. It's amazing," said Sowinski.

Anybody in the community could participate in the project. The gifts needed to be brought back to Lowry by December 18; unwrapped, with the angel tag attached to the gift. The junior class representatives wrapped and delivered the presents to the appropriate families.

Last year, Lowry was able to give out 250 gifts to the families in the community. They were hoping to have the same outcome this year.

Mrs. Alexis Mattson, the junior advisor, that is deeply involved with this community service thinks the angel tree is a great way to bring spirit to Christ-

"This is a great project that brings back the spirit



Junior class officers Breanna Sowinski, Troy Sanders, Mrs. Alexis Mattson and Jake Maga with a check from Maga Trucking./Courtesy • Alexis Mattson

of giving to Christmas," Mattson explained.

Lowry student and staff give back for holiday season

It's that time of year again; charity time. This holiday season,

groups across Lowry are giving back in every way they can.

"I view our community as a team," said Honor Society member, Mckenzie Houston. "There are some members that need help, and we are the members who

can give it to them. The help we give and receive makes our community stronger."

Anjolie Karrer./Courtesy •

Starting with Thanksgiving, Lowry held a disposable roasting pan drive for families in need. There was also a Thanksgiving food drive competition, in which the senior class brought in the most food, and received root beer floats during lunch for their efforts.

Leadership is taking the initiative to help Santa out this Christmas by assisting him with the Christmas letters sent by elementary schools in the community. Mrs. Tanya Grady has been spearheading this for over 20 years.

"For kids, it's exciting to know that Santa is going to bring them presents," said sophomore class vice president Anjolie Karrer. "Everyone in leadership gets a class or two, with each class ranging from 15-30 kids. I love working with leaders because I love Christmas, and bringing some joy to kids. The gift that goes with the letter might be the only thing the kids get and cherish this year."

The sophomore class is also hosting a warmth drive for members of the community. "Keep Warm This Winter" collected warm things like clothes and blankets, along with personal hygiene products for

"Imagine being in that person's shoes," said Karrer. "Wouldn't you like some help this winter and to be more comfortable in the cold."

Honor Society is doing a lot of good around the community as well. For the fall season, they raked leaves for senior citizens.

"For most of the elderly, it is difficult to go out and keep their yards clean," said Houston. "We help make things easier for them."

Honor Society's presence in the soup kitchen is

more important in the winter than ever.

"It's going to be getting cold," said Houston. "It will be even harder to find work. People will still need to eat to survive."

Honor Society also hosted the annual blood drive on Taylor Gleason • Winnada December 5.









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*The stories on this page are purely satirical and are not meant to be taken seriously.

Frivilous spending leads to cancellation of Christmas

Starting December 1, 2018, it will be illegal

for parents to buy their kids Christmas gifts. In studies conducted over the past three years, doctors have concluded that parents tend to spend too much money on Christmas presents every year.

The leading doctor for the studies, Dr. Fil, decided that this is a global problem that needs fixing.

"This is a rising problem

throughout the U.S. that we hope to fix by applying this new law," said Dr. Bert Albert Andrews.

The average family spends more than \$1000 every year for Christmas. This has caused a lot of controversy and made a lot of people angry. With this new law coming into action, anyone found guilty will have to pay a costly fine.

"We decided that since this is a major problem, we will make the fine very costly, \$5000," said Dr.

Sym Tom.

Anyone breaking this law could face up to a year in prison.

"I believe that this new law will not only fix the U.S. but eventually the entire world," said John Mc-

Authorities hope that by giving a warning, the number of people spending so much over the holidays will be reduced.

Santa Claus was unavailable for



National 'No more National Days' Day

There is an affluence of national holidays throughout the year that is

passing by without the public knowing that they exist. According to the National Holiday Calendar, there are national "holidays" dedicated to anything one can possibly think of every day of the year.

There is a national day dedicated to "staying at home because you're well" and even as far as a national "Mason jar day". They hold our homemade lotions and jams which is one of the reasons the day was created. So the frugal people could show off their marmalade jars.

Due to this outrageous concept of making up new

days for literally anything, there has recently been a riot in Berkeley, California about this issue. This brave group of people protested the irrational idea of having a national day, by suggesting a National "No more National Days" day. According to theonion.com, an incredibly honest and factual online news site, they have recently interviewed one of the protesters, Lyndsey Isabella Elordi.

"I think this is a growing issue that needs to be dealt with by our government. I mean, this doesn't actually affect me but I wanted to gain the attention of doing something that people think will make history," said

Here are some of the national days on December 21:

- National Maine Day
- Anne & Samantha Day (also June. 21)
- National French Fried Shrimp Day
- Crossword Puzzle Day
- **Humbug Day**
- Phileas Fogg Win A Wager Day
- Winter Solstice Day Between December 20 and 23
- National Flashlight Day Day of Winter Solstice
- National Homeless Persons' Remembrance Day -First Day of Winter

Soccer teams being liquidated to create high school kickball

Next year, Lowry will have a new and interesting sport

underway. The new sport, kickball, will replace both soccer and golf.

The boy's varsity and girls varsity golf and soccer teams will combine to form the ultimate kickball team.



Soccer and golf will be removed from Lowry's sports because interest in both has dropped.

Coach Billy Johnson will be preparing his team to compete. He wants his players to be a championship

"We have a chance to compete and bring a name back to Winnemucca," said Johnson.

Senior Carlos Jenkins is excited about the girls and

to form the kickball team. "I am super excited to show America what us

boys teams coming together

rural towns can do," said Jenkins. Hailey Kilborn had

some good things to say about the merge.

@lowryhigh

"This will bring back memories from our younger days at French Ford playing intramurals," said Kilborn.

The new elite team will be traveling all around the state to compete against all of the other high school

Tryouts will be held February 15, 2018, and will go through February 20, 2018. To try out, you must bring your own kickball, gym clothes, and athletic shoes.













The positive side of 2018

Since these are the Holidays, this article will not include all the negativity that is shown in today's

news. There will be no report on the latest shootings, accidents or mishaps; just the good nature of a human

There have been a plethora of positive events happen this year of 2018 in the United States, so it will be impossible to discuss the details from this memorable

One of them being, the PyeongChang Winter Olympics which began earlier this year on February 9, 2018, in Pyeongchang, South Korea, where the United States collected nine gold medals, eight silver



medals, and six bronze medals. The youngest Olympian from the US was Chloe Kim who has dominated the women's international halfpipe since she was 14. 17-year-old Red Gerard was also a US participant who won first in the men's slopestyle. The US was fourth in the number of medals, right behind Norway, Germany, and Canada, respectively.

One occurrence that has saddened the hearts of many is the passings of George Herbert Walker Bush and John Sidney McCain III. Even though the passings of these patriots have impacted our country, their legacies will be left behind.

Bush has shifted the world's and his country's opin-

ion of leadership. Before his time in office from 1989-1993, he accomplished being the youngest pilot in the Navy when he received his wings where he flew 58 combat missions during World War II. In his life, Bush was apponted to high-level positions such as Ambassador to the United Nations, Chairman of the Republican National

Committee, Chief of the U. S. Liaison Office in the People's Republic of China, and Director of the Central Intelligence Agency.

That is when he continued his American legacy and won the Republican nomination for President in 1988.

John McCain was an American politician and military officer who served as the United States Senator from Arizona from January 1987 until his passing. He previously served two terms in the United States House of Representatives and was the Republican nominee for President of the United States. He joined the United States Naval Academy at Annapolis.

These heros will be dearly missed.

On a good-natured note, there have been multiple scientific discoveries this year that could potentially change our future and our idea of it.

One of them being the potential possibility of converting coal mines into efficient indoor farms. There is an ever-declining demand for coal around the world and still, over 150,000 abandoned coal mines remain intact in the United Kingdom and United States. These coal mines are thought to be a perfect environment because of the underground tunnels that naturally maintain consistent temperatures, and are unaffected by weather changes, seasons, or the unexpected symptoms of climate change. According to additional research, this also means that these underground farms would need less land and could "drastically reduce greenhouse emissions and deforestation, as agriculturalists could use carbon-capture technology to trap and utilize the crop's natural CO2 emissions." (goodnewsnetwork.com) Although this stepping-stone is still to be launched, the proposal has received support from the Chinese government as well as UK locals and officials.

Speaking of scientific discoveries, the remembrance of the brilliant Stephen Hawkings from Cambridge will be mentioned due to his passing earlier this year. Stephen William Hawking was an English theoretical physicist, cosmologist, and author, who was director of research at the Centre for Theoretical Cosmology at the University of Cambridge at the time of his passing. His discovery that black holes give off radiation was a ground-breaking discovery of his that impacted the United States and the world.

Despite the horrible situations many families in the United States are facing this year, there are still some people who find the good in a dreadful situation and are not afraid to be generous.

Earlier this year, it had just been four months since Hurricane Maria and nearly half a million people in

> Puerto Rico without power. A brave teenager, at just 15 years old, decided to make a difference. He started a crowdfunding campaign to raise money to give solar lamps to people without power and at that time, and he had raised nearly \$130,000 and has used the money to acquire \$3,000 worth of solar lamps and 300 hand-powered washing machines so any person without power can have clean clothes and

A seven-year-old boy named Avery Huddleston from Buffalo, IL, had a birthday in February and the only thing he wanted that day was to send school supplies to students in Puerto Rico affected by Hurricane Maria but he ended up getting something in return.

Workers who were restoring power to hard-hit areas of Puerto Rico volunteered to deliver Avery's present



as they heard of it being the only kids' wish. Avery was the extra motivation the workers needed to provide a solution to the students in Rio Grande.

Another act of selflessness is shown from a local photographer, Abe Barron from San Diego, started a foundation called "X-Mas on The Street" earlier this month. He was saddened by the lack of happiness in these neighborhoods that he decided to make a difference during the Holidays. He and a group of warmhearted volunteers made over 850 tamales to donate to those in need.

There have a lot of protests about too many things to count this year but in just one instance of a Richard Spencer's speech rally on October 19, there was an understanding.

An African-American man named Aaron Courtney, outside of the University of Florida came across a white supremacist that had swastikas emblemed on his t-shirt. He approached the man and asked him why it was that he hated him. "Why don't you like me, dog?", were Courtney's words. After being spat in the face, punched and screamed at, Courtney finally gave the man a hug. After asking him the same question for a second time the man finally responded, "I don't know."

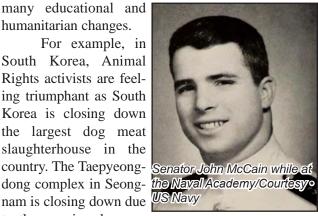
"I believe that was his sincere answer. He really doesn't know,' Courtney said."

(positivenewsus.org)

On the other side of the world, there have been

many educational and humanitarian changes.

For example, in South Korea, Animal Rights activists are feeling triumphant as South Korea is closing down the largest dog meat slaughterhouse in the country. The Taepyeongnam is closing down due to the massive decrease



in dog meat consumption, especially within the younger generations. Instead of being a slaughterhouse, officials are putting some use to the land and turning it into a public park.

While this is simply an article about what people are capable of doing, one should make it a habit to be more conscious of the world and provide for others in any way. The Holidays are a great place to start and this, kindness could continue to be done through 2019 as a New Years Resolution.







Do's AND DON'TS: BAD CHRISTMAS PRESENTS

Do gift things people actually care about. We don't want your socks from last week, Jeff. You're not famous.

Don't down the PJs. Pajamas are amazing. We all know that the first thing you do is put them on, so don't pretend you hate

Do give us junk food. Candy, cookies, all of it. There is nothing fun about a can of asparagus, mom.

Seriously, stop giving me asparagus.

Don't get us those weird popcorn tins from Wal-Mart. They're sort of cheesy.

Do laugh at that joke. It was a good one.

Don't give me my sibling's old stuff. If I wanted it, I would have already taken it. That's how younger siblings work.

crappy handmade gifts.

me anything like that,

cherish what I gave you

what did I tell you about

born child.

Do accept my

Don't make but you'd better like it's your first-

Do re... Jeff, those socks?

the joke of getting "coal" Don't make candy. There are about 500 million different kinds. None of them taste good, and none of them are funny.

Do give gag gifts, but you better have hidden the real one behind the bookshelf.

Don't give them to me. It's only funny if you do it to other

Do get your fr... Dang it., Jeff. I said, other people. For the last time, I do not want your stinky socks.

Don't make me open a box, only to find another box, inside. and more inside that.

If you do, at least make the gift worthwhile.

And, it's asparagus.

Do read our Christmas lists. That's kind of the purpose. Contrary to popular opinion, it's not a list of things that we don't

Don't worry about surprising me. If there's something I really want, I'll definitely appreciate that more than something I didn't even know was a thing (and probably shouldn't be).

Do give us movies, just remember that Netflix exists. We won't ever watch the DVD you gave us if we can just Netflix it.

Don't use us as your cover. If you want that movie, nobody cares if you just buy it for yourself. However, I really don't want

Do choose gifts that you would like if you were our age, into the same things, and going through the same things.

Don't, Jeff. Just don't.

Do get my brother that god-awful painting you found in the pawn shop. Please do.

Don't forget that we love you, even if you give the worst gifts...but, you know, the presents help.

OPEN YOUR EYES: AGE(S) OF CONSENT

In the United States' defense, we are a very "First World" country. About everyone you meet has a cell phone, a computer, and some sort of video streaming service. Even though the US is one of the most advanced countries, we still have our

I'm sure you assume there are no more children being forced into marriage in the US, but in that case, I would have to tell you - you're wrong. Shockingly enough, child marriages are legal in every state with the right persuasion and jumping

through loopholes in the marriage laws (like parental consent).

In most states, minors are allowed to marry at the age of 16 with parental consent, but anything younger has to be signed off by a judge. You can be sobbing in front of the court and it wouldn't make a difference. That's right; the judicial system can sign all of your rights away to perhaps a person you've never met or maybe someone that is eight years older than you. Just wait, it gets worse.

Recently, the states with the highest rates of minor marriage are West Virginia, Texas, Nevada, Alabama, Idaho, and Kentucky. "These states share high rates of poverty and are home to religious conservatives who often see marriage as the solution to teenage sex and premarital pregnancy. Some even condone marriage when it results from statutory rape." (theconversation.com) It's also not unheard of for district attorneys to waive prosecution of a sex offender "if a girl's statutory rapist agrees to marry her and her parents are also supportive."

According to nolo.com, minors in California

can many at 14 years of age. That's how old most of the freshman are. In fact, there are about 20 states don't even specify an age that a child needs to reach before getting married. "In the past 15 years, more than 207,000 minors have become legally wed in the United States, many marrying

below the age of consent to sex in their states." (theconversation.com)

Once you are a married minor, you are more than less seen as an adult. In Florida, married minors are responsible for his/her own estate, can sue or be sued, and can decide on medical decisions and consent to treatment on their own behalf (www. wallsheinlaw.com). But hypothetically speaking, let's say you were in that position. Let's say you married a 24-year-old. Perhaps your 24-year-old husband/wife becomes abusive, physically or mentally. Since you are still underage, you are not permitted by law to initiate a divorce. Most attorneys won't even touch your case and you are stuck with this person until the age of 18.

Child marriages are happening right in your hometowns America. Wake up.

SHOULD STUDENTS BE ALLOWED TO LISTEN TO MUSIC **DURING CLASS?**

Many students believe that kids should be allowed to listen to music while doing class work. Not all kids focus more while listening to music, so it could be an option for the student if they would like to or not.

While listening to music, students tend to be more focused on their assignments and get their work done. Some people believe that by allowing kids to listen to music while doing their work, will cause more

kids to be playing on their phones, but with close supervision, the teacher should be able to spot and stop anyone playing on their phone. Or the teacher could play music loud enough for the whole class to hear so that they at least have background music.

Research has shown that students while listening

to music, tend to get more work done. According to NatMedWorld.com, "Music stimulates students not only mentally, physically and emotionally, but also

> enhances creative learning states and understanding of the learning material."

> Research has also been shown to make students for efficient in their work. By allowing kids to listen to music, they will be more focused and more likely to complete their work. It has been found that when

studying, music can help the brain remember certain information that will be important later on. Many kids have trouble focusing on their work in class because of distractions, but there's an easy way fix to that; by allowing music to be played while doing individual class work.

the Brand

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I HIS IS WHAT IT TAKES

It seems like as we get older, we get lazier and lazier. Nobody has a decent work ethic anymore. We see it in literally everything we do; especially things like sports and music. It's not going to get us anywhere. How can we expect to succeed in life if we don't want to work for it? Even a burger flipper at McDonald's has to work. It's inevitable; we live in a society in which our livelihood is dependent on work. For some reason, we still refuse to get our hands dirty. It's absurd.

My favorite is when people complain that we shouldn't have to do conditioning in a sport. There is no logic in that. Running and physical activity is exactly what a sport is. Why would you participate in a sport you don't

want to have to participate in? I had a teammate complain that the coaches "run us like horses for no reason." One of the next games, we were ran into the ground than a team that did more conditioning than us. Of course, there have also been games when we've been on the opposite end of things. You can't possibly expect to win a game if you just stand and watch the other team score. At the same time, if you are not properly conditioned for a sport, it is extremely easy to get seriously injured, and that's not fun for anyone.

In classes like band, it is really easy to get down about not being able to do something that everyone else can do. The only

way to get to that point is to practice. That takes work. You don't even have to give up five hours of your life like some of us crazy people. All it takes is 10 minutes. Most people can't even scroll through social media or shower in that short amount of time. The same goes for sports. You have to practice to get that perfect shot, or set that record. You can't expect anything if you don't work.

School is probably the best example of this. To succeed, you have to study and do

your homework. If you don't do that homework, you're going to fail the class. If you do that in all of your classes, you won't graduate. Not very many people will hire someone who doesn't even have a high school diploma. What-

ever job you do find, you're going to lose it if you never work. Then you'll be living on the streets begging for scraps. When you're at that point, all of the things you did to waste time when you were supposed to be working will no longer be available to you.

Your success in society and in life hinges on your ability to do work; especially when there are things that you would rather be doing. Unless it is your dream to spend your life standing on a corner begging for someone else's scraps, you have to do something. There's no point in trying to avoid it. Laziness is just laziness, and it's not cool, just pointless and really disgust-

Are the holidays overrated?

When you ask people when their favorite time of the year is the general population will say Christmas or Thanksgiving. Everyone is always focused on the holidays but as a society have we forgotten what they really are about? You really can't help but wonder, are the holidays really all that?

Holidays can be a sad but a

very real reminder of your financial status. Not everyone has the money to spend on big dinners or presents. So how do those people celebrate the holidays when as a society, we've shift-

ed the entire focus from spending time with family and basking in the presence of each other to gifts and money? It's based on how much money and what gifts one word.

Imagine not having one of your parents or loved ones with you during Thanksgiving dinner, or not having them there to open presents with on Christmas morning. That's what people with broken or divorced families often experience. It's all fun and games for those who don't know what that's like but for a lot of people, this can be a living hell. It's really during the holidays when you feel just how broken a family can be. You either have to have separate dinners and festivities or you're just left to mourn the absence of the loved one who isn't there to partake.

The holidays are hard for a lot of people and many take the holidays to the extreme. Parents

> focus on making sure their kids are the happiest with gifts rather than love; kids forget how hard their parents work and complain when they don't get what they want. So in all reality,

the "Christmas" that we are experiencing is revolving around gifts and money instead of fam-

The holidays have turned into an overrated competition. There is nothing festive about working extra hours to provide your child with the bragging rights of a Supreme headband or an Apple Watch. Half the time our parents give us gifts and we don't realize how hard they worked or even appreciate it. So with that are the holidays really all that? Are they really worth all the fuss?

IS SOCIETY TOO DEPENDENT ON TECHNOLOGY?

As more advances in technology are made, people have become more dependent on them. It seems as though major companies are trying to control everyday life through the use of technology.

There are now machines that vacuum your house, control the lights and some that can lock the doors with just a press of a button. Most importantly, we have a little machine in our hand that helps us access almost any information we need. Many people,

especially high schoolers, use their phones to find answers for questions they don't know. Also, many people rely on social media or phone calls to keep in touch with family members that live far. It has

reached the point where many of us feel almost empty without our phones and don't live in the moment.

People would rather stare at a screen instead of

the people in front of them. There have been far too many times where my friends have texted me when sitting less than three feet away from me.

Admittedly, I am glued to my phone almost 90% of the time but when it comes to simple household tasks, I do those all by

myself. If I'm with friends and family, I set my phone down. I feel as though having phones is a nice benefit but there are certain times and situations where we shouldn't let them control our lives and us. If we allow technology to do these things what's to say they won't be taking jobs next? Since it is getting so advanced, there is no telling when it's going to stop.

So where do we draw the line? Are we going to continue to let these machines run our everyday life and perform simple tasks that we should be able to do with no hesitation; or are we going to get off our couches and lock the doors ourselves? We can continue to allow technology and major companies to control our lives or we can fight back and only use the needed technology. Imagine how better the world would be if we did things ourselves instead of investing thousands of dollars most of us don't have just because the world has become lazy.





.@realDonaldTrump has the Senate, the White House, and the House (for the moment) under Republican control. He has the power to keep government open - but instead, he says he's going to shut down the government. #TrumpShutdown

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/arsity boys basketball takes off



The varsity boys basketball season has started off this season with a record of 4-2. The basketball team has been working hard to get back into the playoffs this year.

December 14 the Lowry Bucks won against North Valleys 66-43. Lowry welcomed North Valleys to their league as they came down from 4A. On December 15 Lowry beat Truckee 71-34.

Coach Chad Peters has been pushing his team to get into the playoffs and win the league.

"Making sure that we are more aggressive than the other team and we are more productive each possession," said coach Chad Peters.

The players coming back on varsity



are excited because they have a bunch of good young players.

"I think the new varsity players this year have a lot of talent and they know what it takes to win games. I'm excited for everyone to see just how special our team is this year," said senior Brendan Domire.

The Players have been working hard to get wins this season. Lowry has some younger players that played on JV last year. They haven't played at the varsity level and are still adapting to the pace of the game.

"The jump from freshman basketball to varsity basketball is a lot different but I have had a lot of time and opportunities to improve myself to help get me ready



for varsity," said sophomore JJ Backus.

They will continue to work hard this season and get as many wins as they can. Lowry will try to reach their goal of winning their league.

Lowry has been working hard to get back on top in their league this year. They are preparing to beat as many teams as they can by working harder than the rest of the teams in their league.

Lowry's next game will be tonight against Spring Creek High School.

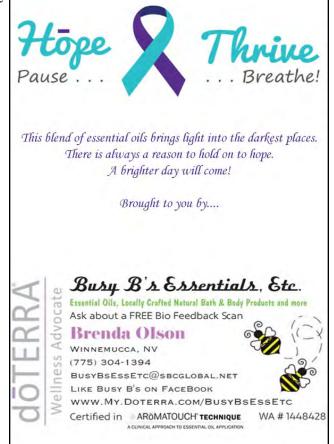
Roster: JJ Backus, Maxwell Mavity, Derek Espinoza, Oscar Juanes, Michael Casalez, Chance Huitt, Brendan Domire,

Preston Snow, Klay Garner, Dorsey Naveran, Kobe Stoker, Scottie Smith.





Upcoming games from nnvd1a.org				
Activity	Date	Time	Opponent	Location
Basketball: Boys Freshman	12-21-18	3:00 p.m.	Spring Creek	Spring Creek HS
Basketball: Boys Varsity	12-21-18	7:30 p.m.	Spring Creek	Spring Creek HS
Basketball: Girls Freshman	12-21-18	4:30 p.m.	Spring Creek	Spring Creek HS
Basketball: Girls JV	12-21-18	3:00 p.m.	Spring Creek	Spring Creek HS
Basketball: Girls Varsity	12-21-18	6:00 p.m.	Spring Creek	Spring Creek HS
Basketball: Boys Freshman	12-22-18	10:00 a.m.	Elko	Elko HS
Basketball: Boys JV	12-22-18	11:30 a.m.	Elko	Elko HS
Basketball: Boys Varsity	12-22-18	2:30 p.m.	Elko	Elko HS
Basketball: Girls Freshman	12-22-18	11:30 a.m.	Elko	Elko HS
Basketball: Girls JV	12-22-18	10:00 a.m.	Elko	Elko HS
Basketball: Girls Varsity	12-22-18	1:00 p.m.	Elko	Elko HS
Wrestling: JV	12-22-18	TBD	Douglas	Douglas County HS
Wrestling: Varsity	12-22-18	TBD	Douglas	Douglas County HS
Basketball: Girls Varsity	12-27-18	3:45 p.m.	TBA	TBA
Wrestling: Varsity	12-27-18	TBD	Reno	Reno-Livestock Events Center
Basketball: Girls Varsity	12-28-18	12:00 p.m.	TBA	TBA
Wrestling: Varsity	12-28-18	TBD	Reno	Reno Livestock Events Center
Basketball: Girls Varsity	12-29-18	12:15 p.m.	TBA	ТВА
Basketball: Boys JV	01-03-19	2:00 p.m.	Carson	Lowry HS
Basketball: Boys Varsity	01-03-19	3:30 p.m.	Carson	Lowry HS





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Lady Bucks showing progress with new system

Basketball season has started and

the varsity Lady Bucks are getting right to it.

This year has brought a lot of changes; one of them a new coach. Lowry has brought in Melanie Thurmond to coach the girls with her husband Dwayne Thurmond as an assistant. They are working the girls hard in practice.

"To better our defense she shows us where to be on the floor how to play as a team and how to be strong," said Emily Backus.

Backus is the first freshmen to make varsity in a while, the last freshmen to make the team was Payton Naveran in 2012. As a freshman, you'd think Backus would feel a little out of place but she claims to feel right at home.

"I felt a little intimidated at first but my team has helped me learn the ropes, I feel like I have gotten better at handling the ball and being confident when I shoot since being on varsity," said Backus.

The team working hard to improve.

"Our main focus is our defense and being able to perfect our full-court manto-man defense press and half-court defense. This will improve our game tremendously," said Adia Bengochea.

The team is also working on a new offense.

"During practice Melanie has us working hard on some new offensive plays as well as some new defense," said Lily Pasquale.

On Friday, December 14, the Lady Bucks beat North Valleys won 52-7. On Saturday, December 15, Lowry beat Truckee 50-42.

"We got comfortable with our offense, and we shot the lights out. We played a steady game," said Adia Ben-

Their next games are Friday, December 21 against Elko and Saturday, December 22 against Spring Creek.

The players have been working well together as a team and that shows on the

"We came together really well, our team work is off the charts," said Adia Bengochea.

Coach Thurmond has brought in many new skills that the girls needed in order to become the best players they can be so far. they will only become better with experience that they earn from playing the rest of this season.

Roster: Rebecca Kuskie, Pasquale, Julisa Garcia, Adia Bengochea, Sydney Connors, Emily Backus, Heather Hall, Rachel Garrison, Carly Capellen, Sierra Maestrejuan, Victoria Tirado.

Austin Lloyd contributed to this story.











Lady Bucks outmanned but not outgunned

freshman girl's team is starting off the season with a

bang; taking home victories against both Spring Creek and Fallon, and a loss in Spanish Springs. North Valleys found out the hard way about the frosh Lady Bucks on December 14 when they lost 57-10

The girls have a smaller team, but that's not stopping them from winning.



"I think our season has been pretty good, considering we've won the majority of our games with such a small team," said Cassinelli. "With two of our players out for injuries and then having to play with only four on the court because of fouls and hopefully throughout the season we keep working hard and winning games."

The girls have a few obstacles they are looking to overcome throughout the

"This season has been challenging. For starters we had a limited number of freshman girls try out for the team," said coach Larry Renteria. "With little room for error, we have had to play a couple of games with only four players on the court. Through it all, the girls have shown incredible heart, pulled together as a team, and pushed on without excuse."

The Bucks hope to be the best on the

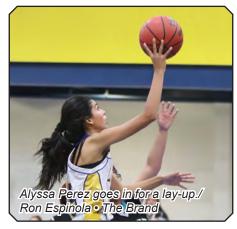
court even with a total of seven girls.

"We want to continue to play smart basketball and really challenge ourselves on playing clean effective defense. Offensively, we are focusing on the basics and working on transitions. Throughout the course of the season, we hope to become quicker and more effective on both ends of the floor," said Renteria.

Freshman Emika Viscarra believes the season is going good so far.

"It's good because my whole team and I get more playing time than most of the other teams just cause we have such a small group of girls on the team and for how small our team is we're pretty good," said Viscarra.

The Buckaroos hope to keep winning games and have a winning record by the end of the season. The lady freshman team consists of Peyton Cassinelli, Alyssa Perez, Alexis Olson, Kadence Cooney, Emika Viscarra, and Kaytee Delaney.











It takes a unique person to be a runner. It takes even more dedication and desire to want to be a distance runner in three different seasons. This is the collegiate goal of Rebecca Kuskie.

"I haven't decided between Eastern Oregon University (EOU) or Northwest Christian University (NCU) which is where my sister is currently at," said Kuskie. "They actually do cross country indoor track and outdoor track there are three seasons so you can't really do another sport."

Most athletes start as early as possible. For Rebecca, it was the influence of her sisters that motivated her even if she started a little later than some.

"I think it's because my sister has always been really good at sports and she's been really athletic," said Rebecca. "I think that's what motivated me because I started sports after both of my sisters."

However, there is a rivalry...sometimes.

"Not necessarily with Alyssa because I have come to accept that she is better at basketball," said Rebecca. "It's not really my sport. I am better at running than I am at basketball. But with Jovie there was a rivalry this whole year during cross-country to see who's faster and competing with each other."

Kuskie excels as a runner but thoroughly enjoys basketball and will miss it.

"My favorite athletic activity is basketball because it's a team sport and I like playing with my friends,"

Rebecca said. "Honestly, I enjoy being with my friends and getting to go to the practices together and just being around people that I've been around my whole life. It's just fun to be able to experience that with my friends."

However, she is not defined by athletics and finds other activities to fill her time.

"I like being involved; having something else to fill my time with other than just school," she said. "I like to be outside in nature, I'm a dog lover.'

In addition to her family including her dad Damon and mom Nicole; Rebecca has been helped by her

"For running is definitely my cross country coach Kitty Norcutt," said Kuskie. "She's inspired me to become as good a runner as I have been and she is kind of like a second mom to me. She was always there for me whenever I need something. If I have something super important to do she is very understanding and will let me do it. She's just been like a second mom.'

Although Kuskie has received awards such as the Las Vegas Review-Journal for best of Nevada Preps first team and a state track championship in 2018; there have been disappointments.

"I did really bad at state this year for cross country so that's definitely a big regret," she said. "I kind of got cut off at the start of the race and then I just kind of panicked and didn't really recover after that."

Rebecca's family has provided motivation through-

out her life and they are an important part of the next big decision; where to go to college.

"NCU is farther than EOU that's kind of why I like EOU more...and I kind of want to be closer to my parents. I don't really like going far away," said Kuskie.

Of course, the opportunity to run is also important.

"It's mostly based on running because I haven't really made a decision on what I want to do in college yet," said Kuskie.Most athletes enjoy the camaraderie that a team provides. Rebecca is looking forward to this at the next level.

"So I think that's why it's kind of different for me because I wouldn't know what it's really like to run with a cross country team and to be out there with each other, pushing each other. For the guys we do [have enough runners] for girls we only had four girls this year and

you need seven for a team. My only year that we had one was my freshman year but I was the only one that qualified for state."



we will be honoring Dorsey Naveran as

Athlete of the Issue.

Naveran participates in football in the fall and basketball in the winter; he's been involved in these sports since he was a little kid.

He also played baseball but stopped playing once he reached high school. He has been playing both basketball and football since his freshmen year.

He credits his love of sports to his family, who has helped inspire him to become an even better player throughout the years. His family has played a huge role in shaping him into the athlete and the person he is today.

"My whole family plays sports especially basketball, so they were the ones who encouraged me. My whole family has helped me so much in my life, they

In this edition, are so supportive and caring and I love them with all my heart," said Naveran.

> Dorsey has been playing football his whole life and has been on varsity since he was a junior. Throughout this time, he has played wide receiver and an inside linebacker.

As a junior, he had a total of 208 yards with an average

year. He plays wing and is one of the

varsity teams captains. As a sophomore, he scored 138 points and as a junior, he scored 199.

His role model also happened to be his basketball coach for numerous years. His dad Tim Naveran has played a great role in his life.

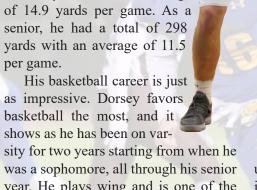
thing I know and he's always been here for me and helped me, he was my coach for several years," said Dorsey. After high school, Dorsey will be going to UNR and he doesn't plan on going into sports but he plans major in engineering.

"He's taught me every-

"I chose to engineering, because my uncle and other close family friends are in engineering and they have talked to me about their jobs, and it seems like something I could take interest in and enjoy," said Dorsey.

One thing we know for sure is when Dorsey leaves to bigger and better things he will be missed, especially by his coaches and friends.

"He is a very caring person if you get to know him well and if you're apart of his friends he really cares for his community too," said football coach Taua Cabatbat. "I hope all the best for him he gets the degree he and wants and goes to the college that he wants and he not only comes out as the best person he can be but contributes to wherever he is. He is a man of many talents and can inspire a positive change in many. He and other seniors have played a huge change in the current football team and it's going to be big shoes to, fill I'm going to miss











Lowry wrestling starts the season off strong

The team traveled to Lovelock on

Saturday, December 15 for another tournament and finished second out of 28 teams

Isaiah Blanco, Angel Huerta, and Anthony Peterson took first. Taylor Corak and Cade Bell took second. Jessie Hawkins, Caleb Sanchez, and Josiah Chapman took third. Joseph Garcia took fourth.

The wrestling team started their sea-





son off at a dual on Friday, November 30 in Fallon.

The team had numerous duals against teams such as Elko, Douglas, Carson, Fallon, and many Reno schools.

This season, the wrestling team is heavy with freshman and sophomores with only two juniors and four seniors.

"This season we have been working hard on cardio and the standard and simple moves just to get the new guys into it. This season I'm really excited to be a freshman wrestler on the varsity team," said freshman Joseph Garcia.

Sophomore Anthony Peterson hopes to see improvement in his team and himself due to the amount of effort being put in each practice.

"In order to get ready for this season, the team has been practicing really hard and competing with each other every day in practice to get better. I am most excited about the places I get to travel to with my team this season," said Peterson.

Junior Taylor Corak knows that it is necessary to endure the hard practices that the team goes through just to see each other make it to the top.

"We've been getting ready for this by simply putting in work day in and day out. We practice hard all week and go get what we deserve on the weekends. I'm excited to see the boys who are still at the top of the hill at the end of the season. It's a hard sport and not a lot of people can do it," said Corak.

The advice and discipline that the coach gives are crucial to getting the athlete in the mindset that they need to work for what they would like to achieve.

"This year we are still really just trusting coach Brooks' and coach Corak's process they have developed. They are constantly trying to change your mentality and show you what your body can really handle. I'm really excited about State this year since it is being held in our hometown," said senior Josiah Chapman.

Coach John Brooks is looking forward to a successful season and growth of the teamwork and mindsets of his athletes

"We are a young team with 12 freshmen,10 sophomores, two juniors, and four seniors. They are not afraid of hard work. We went 8-1 last week in Fallon. We are always working on getting in better shape. We are also focusing on getting this young group wrestling at a high level. I'm looking forward to see-



ing the growth as a wrestler. If they keep working they are, they will grow and improve," said coach Brooks.

Coach Brant Corak is determined to see his team outsmart their opponent by reaching their full potential in technique.

"At our home tournament, the Cody Louk Invitational, we placed second out of 26 teams with Spanish Springs taking first. We're battling each and every match but we know we have a long way to go. It is no secret that our success lies in outworking our opponents each and every day," said Coach Corak.



Freshman boys open home season with come from behind win

The first home games for frosh boys basketball took place on Friday, December 14 and Saturday,

December 15. On Friday the Bucks came from behind to beat North Valleys, 40-34. Lowry finished the weekend with another league win over Truckee, 43-26.

Freshman basketball tryouts were November 17-19; where coach Jake Evans chose a group of kids who were ready to take on their first year of high school basketball.

Although not many games have taken place, coach Evans is proud of the gains the players have already made.

"We're a lot better than we were from day one," said Evans. "Which is a good thing for a coach; seeing that

improvement in a couple weeks. It's

gonna be cool to see how far they've come in February"

Of course, there's always room for more improvement. Evans pointed out certain aspects that he hopes to emphasize on the players.

"We're a little bit raw in some areas right now, like ball handling. Handling pressure is another big thing I've seen. We (the team) turn the ball over a lot when we get pressured. Also rebounding," said Evans.

Point guard/shooting guard Iysis Arriola agrees with coach Evans on the certain techniques that need to be worked on. Arriola also mentioned improvements he'd like to see the team accomplish.

"I'd say our team is doing good so far. We just need more communication and confidence," said Arriola. "What I need to work on is ball handling and encouraging my teammates." Both coach Evans and Arriola are looking forward to an outstanding season.

"I'm not really going to put an emphasis on wins or loses right now, but hopefully we're winning our games by the end of the season," said Ev-



Arriola stated, "My hope for the team is to have an outstanding season; no matter what."

Overall, coach Evans is pleased with the team. He has no doubt that the boys will be ready for JV by the end of the season.

"We do a lot of cool things in our program like going and practicing with JV every once and awhile. They'll be ready for it (JV), no doubt," said Evans.

Freshman boys basketball: Manager Jeramie Drobny, Enoc Gaitan, Jesse Acevedo, Iysis Arriola, Ayden Katzenmeyer, Gunner Bradley, Wyatte Sakurada, Andrew Harmon, Ismael Magana, Dillon Larose, Kaiden Boyles.















JV boys basketball kicks of season with smashing debut at home

ball continued its

hot start to the season with a 67-37 win in their home court debut against North Valleys. They capped the weekend with 60-21 win over Truckee.

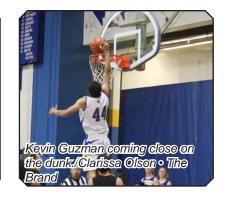
"We did a really good job at running our offense to get shots," said sophomore, Sam Roth. "The whole team was really hyped up and focused. You have a lot of support from the fans playing at home which just creates a better atmosphere to play in."

JV boys basket- level of competition in their league, with a record of 4-1.

> "The team is shaping up as competition really well," said Beatty. "We have a really good group. They've been super coachable, and super competitive. They work hard every day, they're a really talented group, and we're having a lot of fun with them so far."

> With their talent and willingness to work hard, they're easily proving themselves worthy of Lowry's pride.

"They play great defense, so they The boys are quickly rising to the play really good man-to-man defense,'



said Beatty. "They really get up and down the floor a lot. They're super athletic, so we can press a lot and we can get out and run. They're just really coachable, so they listen, and we're able to add a lot of different stuff. Defensively and offensively, we have a lot of tools in the tool box."

Despite their success, Beatty, Walton, and the team always see room for improvement.

"We always focus on defense; especially man-to-man defense and rebounding as well," said Beatty. "From there we kind of work on our offense, but mainly just our defense, our rebounding, and taking care of the basketball. Those are the main things that we focus on the most."

The boys are setting the achievement bar high for the season, but they never lose sight what's really important.

"We obviously want to try to win as many games as we can," said Beatty. "We want to try to win our league, and



then we want to get as many guys as we can be prepared to play varsity basketball and contribute to the program in the next couple of years. We're also just making sure they're having a good time."

This year's team is different from vears past.

"This year we have a pretty unique group. We have three freshmen that are on the JV team, and we have two juniors and so we have a pretty unique mix of athletes. Last year, we had 12 sophomores, and those guys had all been together for a long time playing club basketball and things like that. That group had been together for so long. This group, we're still trying to develop some team chemistry."

The boys play next on December 21, in Spring Creek.



JV Lady Bucks erase early season mistakes with big wins

have started how the JV

Lady Bucks wanted but last weekend is sure to make them forget.

Kevin Guzman, Blake Jauregui and Anthony Gildone block for the rebound./Clarissa Olson

Lowry opened its home schedule with dominating wins against league foes North Valleys and Truckee. On Friday the ladies dropped the Panthers 54-6 and repeated the performance on Saturday with 30-point win over Truckee, 51-21.

The team has a few things to improve upon heading into the rest of the season.

"We need to improve our boxing out and our defense needs some work," said Shantel Bernal.

McKenzi Peterson believes that her team worked very well together. The girl's first tournament was a loss but Peterson explained how it helped them a lot as a team and individual players.

"Losing the tournament has made us learn our mistakes and allows us to better learn together and work together in order to

come out as a better team and play above others," Peterson said.

Jovi Kuskie, junior varsity's point guard, thinks that the start of the season has also been hard but she stated that her team had been doing much better. Kuskie believed that the team started to understand the program and get the hang of it. Jovi says that her team was trying to focus on their goals.

"Our goal is to make defense the strongest component on our team," said Kuskie.

The team has already achieved a lot of goals.

"My favorite part was playing our first home games against North Valleys and Truckee and winning," said Shanae Smith.

Coach: Lynnsey Johnson, Shanae Smith, Ariana Galindo, Alexus Gomez, Kayleen Urain, Jovi Kuskie, Shantel Bernal, Mckenzi Peterson, Bailee Brinkerhoff, Candance Mercado, Hannah Whitted, Lesley Martinez, Macy DeLong.

Austin Lloyd contributed to this story.









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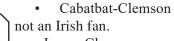




Bowl games with Cabatbat and Lucas

Jan. 7 National Championship; Santa Clara, CA. 8 p.m. (ESPN) TBA vs. TBA

Dec. 29 Cotton; Arlington, TX 4 p.m. (ESPN) No. 2 Clemson (13-0) vs. No. 3 Notre Dame (12-0)



• Lucas-Clemson.

Dec. 29 Orange; Miami Gardens, FL 8 p.m. (ESPN) No. 1 Alabama (13-0) vs. No. 4 Oklahoma (12-1)

• Cabatbat-Alabama they have the better defense and takes advantage

of Oklahoma's weak defense.

• Lucas-Alabama

Jan. 1 Sugar; New Orleans 8:45 p.m. (ESPN) Texas (9-4) vs. Georgia (11-2)

- Cabatbat-Georgia because they have a great defense, control the game, and make some stops.
 - Lucas-Georgia.

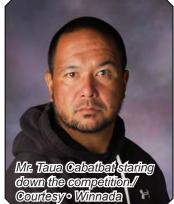
Jan. 1 Fiesta; Glendale, AZ 1 p.m. (ESPN) UCF (12-0) vs. LSU (9-3)

- · Cabatbat-UCF just because it would be a good story and they would finish the season 13-0.
 - Lucas-LSU.

Jan. 1 Rose; Pasadena, CA 5 p.m. (ESPN) Ohio State (12-1) vs. Washington (10-3)

• Cabatbat-Washington because they are on the west coast.





• Lucas-Ohio State. Dec. 29 Peach; Atlanta Noon (ESPN) Michigan (10-2) vs. Florida (9-3)

- Cabatbat-Michigan.
- Lucas-Michigan.

Jan. 1 Citrus; Orlando, FL 1 p.m. (ABC)

Kentucky (9-3) vs. Penn State (9-3)

- Cabatbat-Kentucky.
- · Lucas-Kentucky.

Dec. 31 Sun; El Paso, TX 2 p.m. (CBS) Pittsburgh (7-6) vs. Stanford (8-4)

- Cabatbat-Stanford.
- Lucas-Stanford.

Dec. 31 Holiday; San Diego 7 p.m. (FS1) Northwestern (8-5) vs. Utah (9-4)

- Cabatbat-Utah.
- · Lucas-Utah.

Dec. 31 Redbox; Santa Clara, CA 3 p.m. (FOX) Michigan State (7-5) vs. Oregon (8-4)

- Cabatbat-Michigan state because of Taylor Cor-
 - Lucas-Michigan state.

Dec. 29 Arizona; Tucson, AZ 1:15 p.m. (CBSSN)

Nevada (7-5) vs. Arkansas St. (8-4)

- Cabatbat-Nevada.
- Lucas-Nevada.

Dec. 28 Alamo; San Antonio 9 p.m. (ESPN) Iowa State (8-4) vs. Wash. State (10-2)

- Cabatbat-Washington State.
- · Lucas-Washington State.

Dec. 28 Camping World; Orlando, FL 5:15 p.m. (ESPN) W. Virginia (8-3) vs. Syracuse (9-3)



Dec. 26 First Responder; Dallas 1:30 p.m. (ESPN) Boston College (7-5) vs. Boise State (10-3)

- Cabatbat-Boise State.
- Lucas-Boston College.

• Cabatbat-West Virginia.

Dec. 22 Hawaii; Honolulu 10:30 p.m. (ESPN) Hawaii (8-5) vs. La. Tech (7-5)

- · Cabatbat-Hawaii.
- Lucas-Hawaii.

Dec. 22 Armed Forces; Fort Worth, TX 3:30 p.m. (ESPN) Army (9-2) vs. Houston (8-4)

- · Cabatbat-Army because we have to go for the armed forces.
 - Lucas-Houston.

Dec. 21 Idaho Potato; Boise, ID 4 p.m. (ESPN) BYU (6-6) vs. W. Michigan (7-5)

• Cabatbat-Western Michi-

• Lucas-Western Michigan. Dec. 15 Las Vegas; Las Vegas, NV 3:30 p.m. (ABC) Arizona State (7-5) vs. Fresno State (11-2)

• Cabatbat-Arizona State.

• Lucas-Arizona State.







The Winnemucca Inn is a great place to stay, eat or hold a meeting in our banquet room.













Horoscopes

(March 20 - April 20)

- Try not to bottle everything up. Some people could use the piece of advice you're dying to give them about their wardrobe malfunction.

Taurus (April 20 - May 21) - Mercury just got out of retrograde, and that means it's time for a cleanse. Only meat-lovers pizza, lukewarm black coffee, and eggplant for you, Taurus.

Gemini (May 21 - June 21) - Your mindset takes a hostile turn when you realize how Rick Sanchez would handle these heaping stacks of homework.

Cancer (June 21 - July 23) - If people wanted your outspoken opinion, I'm sure they would ask for it.

Leo (July 23 - August 23) -After a week of soul searching, you have decided to write an autobiography. Shockingly enough, it will only take you seven hours to complete.

Virgo (August 23 - September 23) - WebMD is not the answer to your problems. Just go to the doctor.

Libra (September 23 – October 23) - Sometimes being the life of the party gets to be too much. If you're beginning to feel overwhelmed, binge-watch "FRIENDS" and take bubble baths.

Scorpio (October 23 - November 22) - Start biting your tongue before you respond with the first thing that pops into your head. Some people don't deserve your witty and brutal comebacks.

Sagittarius (November 22 – December 22) You are consistently disappointed that your family makes half of your birthday presents your Christmas gifts as well. Treat yourself because now you see that they won't.

Capricorn (December 22 - January 20) -You've done an endless amount of reading on the subject and participated in hundreds of labs,

but nothing will prepare you for your AP Psychology end-ofquarter exam.

Aquarius (January 20 - February 18) - Be careful who you decide to lend your pencil to.

Pisces (February 18 - March 20) - Uncertainty looms over you Pisces. Stock up on pumpkin juice, staples, and beanies.



NEW YEAR'S Resolutions

nowadays

are trying to better themselves by setting New Year's Resolutions but in the end, they usually don't achieve them.

Lexi Thacker - "Be a better me and really focus on the people around me."

Tyler Magoon - "Fix all the bridges that have been burned down and to be nicer to people."

Tim Connors- "Be a better person each and every day."

Ethan Radmanovich "Play baseball and do better on

Sylvia Covarrubias-

it real, because life is too

Chris Shaw - "To learn as

Rene Flores Jr. - "To never

Jayden Larose- "Go to the

Ms. Anderson- "I plan to

Michelle Pasquale- "Keep

try and get more organized so I

can leave school before 7 p.m.

many words as possible so I

give up no matter how hard

gym and eat healthy meals."

can talk endlessly."

things get."

every evening."

short."





would like to lose weight, fewer sugars, in shape, and prepare for grandbaby Jose Ray Brown in March."







@lowryhigh









POI: Diana Moraila-Parra

students usually under-

appreciated, in this issue we decided to shine some light on one of our school's insanely creative students.

Art teacher Ms. Cassie Jenkins has an abundance of talented students but one that stood out, in particular, was freshman Diana Moraila-Parra.

"My feature artist would be Diana Moraila-Parra. Diana is in my Art I class and is a very inspiring artist in the making," said Jenkins.

Jenkins also believed that Mo-



raila was a fantastic artist due to her minimal previous instruction.

"She says that she has never had any art instruction, which means that she is sheer, raw talent," said

Moraila was asked if she has any inspirations but she quickly admitted that she is moved by many things in life.

"I just like doing what I do; I like drawing a lot. I just find inspiration from anything honestly," said Moraila.

Moraila mentioned that she has loved to draw since she "was very little".

> "I would like to get better at technique; better skills in painting. I'm not really good with that," said Moraila.

> "I'm kind of shocked that I was chosen. A good kind of shocked though," said Mo-

> Some pieces that Diana has worked on besides the



ones in her art class are done digitally. These have inspired her latest work and will continue to inspire to push her creative boundaries.

"I'm just drawing at home. I use my iPad Pro; I use it a lot. I do a lot of digital art now. I also use that to inspire my projects from Art class," said Diana.

Jenkins appreciates her dedicated attitude and inspirited nature.

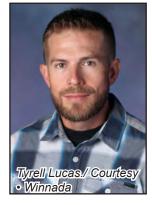
"It is such a pleasure to have her in my class. I hope that I can nurture her talent and help her continue growing as an amazing artist," said Jenkins.

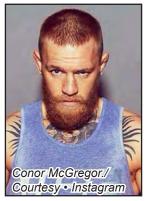


Lowry look alikes











December 21, 2018 STUDENT STUDENT The Brand, Lowry High School



Academic Challenge takes on new season

Challenge team will

be traveling to Ely for their first competition of the year in January.

Advisor Mrs. Lisa Scott is looking forward to the competitions this year. The team lost their lead point scorer, Cody Hawkins, so Scott is hoping seniors Josie Warn, Jacob Means and Mateo Hernandez will "step up and fill his shoes.'

Josie Warn has been on the team since freshman year. She always liked the TV show "Jeopardy", and trivia in

"When Mrs. Scott was like 'Hey, trivia' I was like 'Hey, alright'," said

Warn stated that Academic Challenge isn't all about trivia. Being a member of the team is quite the experi-

"I think my favorite part about it is the camaraderie that comes along with it," said Warn. "We've really gotten to know the other teams we play and gotten to know each other."

Mateo Hernandez has also been a member of the team since freshman year. Hernandez stated that he enjoys the experience of being on the team.

"My favorite part is the teamwork aspect of it and being able to use my skills," said Hernandez.

Hernandez hopes "to take state by storm again."



Mateo Hernandez, Natalie Peterson, Elizabeth Peterson./ Ron Espinola • The Brand



Aidan Maher, Tristan Miller, Gavin Johnson, and Jacob Means./Ron Espinola • The Brand



Academic Challenge Advisor Lisa Scott (back to camera) quizzes the team./Ron Espinola • The Brand



National Honor Society inducts new members

The Lowry chapter of National Honor Society inducted its newest

members this week. Mr. Adam Sorenson and Mr. Austin Mayo are the new advisors of the organization which recognizes students for the academic achievement. "The process for these young scholars to become National Honor Society

Mr. Austin Mayo./Courtesy • Winnada

they have put in to improve their school, community, and most importantly, themselves. I am excited to see what this new group of inductees will contribute to our local chapter of National Honor Society over the next couple of years as they complete their high school careers.'

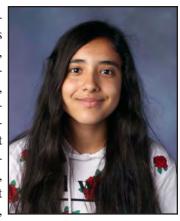
One of the inductees, Natalie Contreras-Rangel, thinks she can help the community while learning

to reward and honor them for all of their hard work

."We do community service by volunteering at the soup kitchen and helping with school events and concessions. I enjoy helping people and by doing these things I learn more about helping people," said Natalie Contreras-Rangel.

The opening of the basketball season means the work has already started in the concession stand.

The following students received this honor Adia Bengochea, Rylee Clement, Nata-Contreras-Rangel, Adam Dossey, Mack-Fears, enzie Daniel Fernandez, Brett Ferraro, Lauren Fentress, Kaitlyn Hales, Justin Horton, Garrett Jensen, Anjolie Karrer, Meghan Lane, Lesley Martinez, Tea Novi, Anthony Peterson, Natalie



Natalie Contreras-Rangel./ Courtesy · Winnada

Peterson, Kieonna Raby, and Mackenzie Salas-Begay.



Members started a long

time ago and has not been

easy," said Mayo. "I am

happy to finally to be able

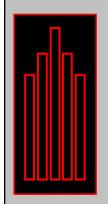


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student Wlife —



What to Watch: Holiday Edition

Home Alone'" By Taylor Gleason

When it starts to get closer to Christmas time my whole family will get together and turn on "Home Alone".

It has been a tradition ever since I was a baby. Everyone in our family that lives in town will get a text message from my mom saying if you could bring hot chocolate, marshmallows, etc. We all meet up at either my grandma's house or our house. "Home Alone" is about how a kid gets left home alone and two robbers are trying to break into the house and the kid sets up

traps to keep them out of the house while the cops are on there way.

Fun family movies are the linchpin of the holiday season. Time gathered around a comedic flic with family is a Christmas emblem that brings us all together. Disney's "The Santa Clause" is one such festive favor-

"The Santa Clause"

By Clarissa Olson

Rather than the Christmas celebrity Santa Claus, the tile of the movie refers to the clause, or contract, of Santa. When a divorced father, Scott Calvin unwittingly becomes Santa after accidentally killing the previous Santa, he embarks on an adventure of moral discovery with his son Charlie. Once a corporate jerk, Calvin learns the value of giving and selflessness through an ironic adventure of humor and Christmas joy.

Calvin faces many challenges throughout the movie.

He loses visitation rights when young Charlie adopts an obsession with his dad's new job as Father Christmas. Charlie is constantly spurned by his classmates, school administration, mother, and psychiatrist stepfather, Neil. Deemed crazy for believing the tale himself, Calvin and his son spend their Christmas dodging police as they deliver joy to children all over the world.

With the assistance of elves mature beyond their apparent years, Calvin fixes his attitude and adopts the selfless giving attitude that his life lacked. His ex-wife and Neil see the error in their ways as well as they discover the importance in promoting their son's hopes and dreams, rather than forcing him to think in the way they want him to. The morals in "The Santa Clause" are applicable to people of all ages, making it one of the best family Christmas movies of all time.



Tanya Grady took a picture of this beautiful landscape in Íreland./Courtesty • Tanya Grady







_____STUCCETT The Brand, Lowry High School

working hord!

Song dedications

Eddie Leon to Mikayla Lev-Elizabeth Aguilar

"At My Weakest" - James Arthur caw and Jeremy Angel O'Neil to Tabitha Counter- Walker mand

"Sad Song" - We The Kings ft. Aiden Maher to Elena Coats

Angel O'Neil to Tucker Richard- period son

ing This:)

Andrew Gabica to Dylan Perkins

Stuart Milton to Tristen Schmittel

"All I Want for Christmas is You"

Victoria Jacinto to Isabelle Oza-

"Girl Almighty" - One Direction

"When I Fall in Love" - Nat King

Unknown to Samm Sharp

"Sk8er Boi" - Avril Lavigne



Courtesy • Winnada

"Bright" - Kehlani

and the other one

- Mariah Carey

Cole

"Africa" - Toto

Mr. Corak's 5th

"Count on Me" bly Jets

Jordan Hornbarger to Delanie Araceli Galarza Thompson

"All I Want for Christmas is You" "You've Got a - Mariah Carey

Mr. Santos to Mrs. Santos

"Like Red on a Rose" - Alan Ale Ibarra to Jackson

Everyone Read- Jamie McDonald to Chase Anderson

> "Remington" - Granger Smith Maddie Rackley to Araceli Galarza



Victoria Jacinto / Courtesy • Winnada

"I Will Always Love You" Whitney Hus-

Joseph Garcia to Angel Huerta

" You're Beautiful" - James Blunt



Andrew Gabica./

eille to Will Kra-

"Alive" - War- Courtesy • Winnada

this year were helping my grandma bake cookies, help my older sister build a snowman, help my morning dean the house, and I also helped my dad walk the dogs. For Christmas, I would like a body doll, a toy kitchen, horse toys, caps, a pony, and a trip to Disneyland.

I hope you have a Merry Christdon't east too many cookies or you will time. get a tummy oche. I will make sure to have lots of cookies and milk for presents in one night? There are so when you orvive.

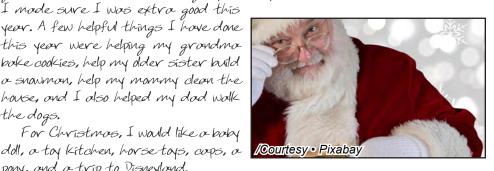
Make sure you get plenty of sleep pens if you miss someone? for the big night and feed the reindeers before they take off. I looked up recipes for the reindeer and I



made extra special treats for them. Thank you for all the hard work

I hope you and the elves are you have done over the years. Oh Souto, I know my povents

I am a six-year-old with big don't want anything for Christmas dreams and I hope you can help me but I would like you to bring somemake them come true. I heard you thing for them because they work give cool to kids who were noughty so very hard.



How old are you Souto? My friends mos and enough sleep so you can de say that your only 50, but I think I liver presents. Tell Mrs. Clous I said think you're older than that because Merry Christmas. Make sure you you have been doing this for a long

> Souto how do you deliver so many many children in the world, what hap-

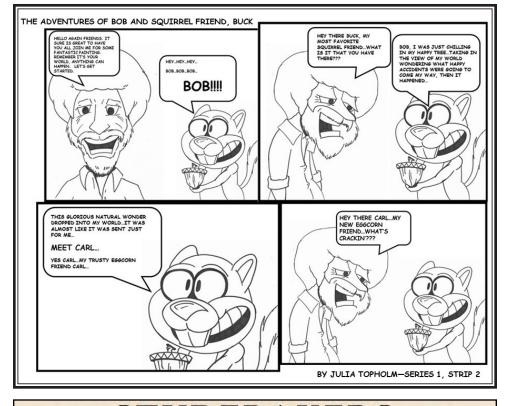
Lots of love, Nikolle Shovey



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Ohio from 1964-67.

There are many career opportunities that are available to

the people who are willing to look for them. Someone that has experienced many opportunities in his life and still continues to learn new things about himself and for himself is none other than Dr. Thomas Stultz.

Dr. Stultz has had the drive to become everything from a Specification Writer for an Engineering company to having a management career with IBM to being an online educational facilitator.

Dr. Stultz attended Bowling Green State University in Bowling Green,



"I started wanting to pursue being a High School Math teacher but left BGSU, and started a job in 1968 as a Specification Writer for an Engineering company," said Stultz.

Stultz then attended the University of Phoenix in Phoenix, Arizona from 1985-87 to pursue a Business Management degree and a Master degree in Human Relations & Organizational Behavior.

After completing his Masters, he went to California Coast University Santa Ana, California and completed a Ph.D. degree in Business Administration; majoring in Finance.

"From 1968 to 1975, I had a 'technical' job for several companies. I was a computer programmer and acquired a 'programming certificate' (not a full degree) during this period. Then, after seven years, I changed to a management career of 'installing computer systems' with IBM, and progressed through their management career path, and as team leader, supervisor, level 1 manager, Project Manager to a Project Executive in 20 plus years, and retired from IBM in 1999," said Stultz.

As of today, the starting pay for a Computer Programmer is \$80,178 per year. The salary for a typical IBM Project Executive is \$140,933. The starting salary range for this position with IBM is from \$90,000 - \$205,800.

While working as Project Executive for IBM, Dr. Stultz managed four to six projects of IBM's major companies: Visa USA, American Express, and Blue Cross of USA.

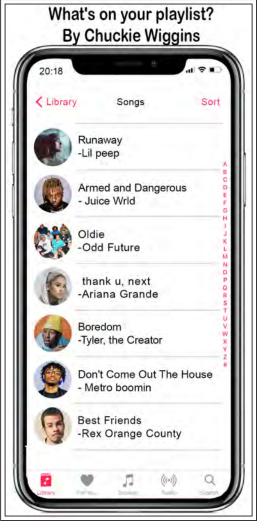
After being with the International Business Machines Corporation - an American multinational information technology company with operations in over 170 countries - Dr. Stultz went back to his original dream of becoming a high school math teacher.

"I finally returned to my 'first goal' of wanting to be a high school Math teacher. I completed my teacher certification in Arizona in 2000, and taught math for Payson High School's online degree program through 2007," said Dr. Stultz. "2007 to present, I continue to help online high school students in Arizona, New Mexico, Utah, and Nevada."

Dr. Stultz has come to know that he finds the betterment of today's youth a very important aspect to protect. Despite being retired, he knows his time helping them is worthwhile.

"My dream of being a math teacher has been my greatest reward. Helping the youth of our country reach their potential has always

been my passion. So, my dreams were realized, just 30+ years after an enjoyable business career with IBM," said Stultz.



Lowry Then and Now: Mr. Adam Sorenson





graduated Lowry in

2004 and is now a math teacher.

Sorensen says that Lowry is different than 14 years ago. "I am on the other side of it, but the environment is just as great as it was when I was in school."



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Eric Dutton Application Specialist





STUDENT The Brand, Lowry High School



BUCKARDO ROUND UP

Sam Roth

socks.

slippers to my mom.

have to be a pair of ugg

S: A pair of Adidas NMDs

A: The gift I've ever given

Q: What is your fondest

G: My fondest memory

would have to be one time

was a coffee mug and fuzzy

memory during Christmas?

Garrett Hinshaw

What is your favorite thing about Christmas?

Garrett Hinshaw: My favorite thing about Christmas is having snow to play in and seeing all my family.

Sam Roth: Getting Christmas gifts.

Ariana Galindo: Mv favorite thing about Christmas is definitely all the sweets I get

- Q: What is your favorite Christmas song?
- G: My favorite Christmas song is "Jingle Bells".
- S: "All I Want for Christmas is You".
- A: My favorite Christmas song is "Jingle Bell Rock".
- Q: What is your favorite Christmas movie?
- G: My favorite Christmas movie is "Home Alone".
- S: My favorite Christmas movie is "Elf".
 - A: My favorite Christmas

movie is "How the Grinch Stole Christmas".

Q: What the best gift you have ever received growing

- G: My most favorite gift I've received would have to be my first dirt bike.
- S: My favorite gift is probably my iPhone X and my Air Pods.

A: THe best gift I've



The S: time my parents bought a puppy for surprise.

and I went

sledding.

A: THe fondest memory during Christmas always helping my

Ariana Galindo

grandma bake the desserts.

- Q: Do you have any family traditions for Christmas, if so what are they?
- G: My family tradition is having my whole family over on Christmas Eve.
- S: My family has a Christmas Eve dinner with all my other family.

A: At Christmas we always do a rosary or we attend a Christmas mass.

Q: Does your family open Christmas presents on Christmas Eve or Christmas

G: My entire family opens gifts on Christmas Eve but my parents open gifts on

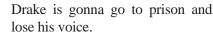
S: We open one gift each on Christmas Eve then the rest on Christmas Day.

A: My family usually stays up all night and at 12:00 am we open gifts I'm not sure why it's just something we do.



Predictions for vear

- One Direction will be coming back together.
- Robots will be starting their takeover.
- The world is going to open up and giant bugs will come out.
- Health care will advance significantly.
- A new technological advance will cause a decline in sales for comput-
- Apple goes into real estate.
- Snapchat will dead.
- Twitter is gonna add stories.



- Chuckie's dad comes back?
- Everyone will find love.
- Spongebob will be remade.
- Someone from Winnemucca will win the megabucks.



Lowry Voices: What's your favorite vine?



Christmas

I've given

would

G: The

gift

present?

best

"oh hi thanks for checking in im still a piece of gArBaGe"

Senior Tanner Havens



"He tosses and turns to the sound of thunder, but i got water-malone to soothe my slumber" Senior Rene Flores



"Daddy?" "dO I LOOK LIKE-" Junior Brooks Carroll



"I love myself. Even though I look like a burnt chicken nugget, I still love myself." Junior Eddie Leon



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