

LOWRY HIGH SCHOOL SPORTS PROGRAM

2008 - 2009

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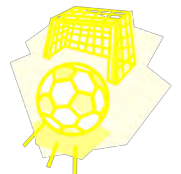
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Lowry High School Buckaroos Welcome You

It is our pleasure to host each and every HOME event with the traditional WINNEMUCCA hospitality and we wish you the best of luck and hope you have a safe journey home.

On behalf of the students, faculty, and administration of Lowry High School and the City of Winnemucca we welcome you to our HOME away from home.

SPORTSMANSHIP is a top priority of Lowry Athletics. We are certain that we will have outstanding games and that each and every fan will practice good sportsmanship and applaud those efforts by both teams during the games. We have made a strong commitment to our athletes, coaches, parents, and spectators to have a positive competitive experience.

Your paid or complimentary admission to our events entitles you to enjoy an exhibition of skills developed by our students in an educational setting. Please give these student-athletes your positive encouragement and support. Your effort to applaud the talents of all players is appreciated. Booing, taunting or intimidating the officials and opponents is unfriendly and inappropriate. Please be an example to those around you. A special thanks goes to our Humboldt County School District Board of Trustees, Humboldt County School District Administration, Humboldt County school teachers, Lowry High School students, the City of Winnemucca, Winnemucca Century Club and the many workers who have contributed their time and effort to insure that you may enjoy athletics at its best.

Our sports programs are truly a community happening and we are proud to be able to host Lowry High School athletic events with students in mind. We would like to take this opportunity to thank all of the fans for continuing to support and make all Lowry

SPORTSMANSHIP IS OUR TOP PRIORITY AT LOWRY!

Albert M. Lowry High School
5375 Kluncy Canyon Road, Winnemucca, NV 89445
775-623-8130
www.humboldt.k12.nv.us/lhs

ADMINISTRATION



MRS. DEBBIE WATTS, PRINCIPAL

Goal: To make sure every student at LHS receives the best education possible.

Hometown: Four Mile, Kentucky

Years Administrator: 8

Years at Lowry: 1

Words For Athletes: "Be honorable in all that you do."

Education: Master's Degree in Curriculum and Instruction

Awards: 1978 O.W.E. Teacher of the Year, 1990 Outstanding Teacher

of the year, 1996 Outstanding Teacher of the Year



MR. DOC WELTER, VICE PRINCIPAL

Goal: To help Lowry High School become the best 3A school in Nevada

Hometown: Plentywood, Montana

Years as Administrator: 2

Years at Lowry: 2

Words for Athletes: "Win or lose with PRIDE!"

Education: B.S. Microbiology, University of Montana; M. Ed. in Education

Leadership, Jones International University



MR. BYRON JEPSEN, VICE PRINCIPAL

Hometown: Clinton, Utah

Years as Administrator: 3

Years at Lowry: 6

Words for Athletes: "Lowry High has a great tradition in athletics. Be proud

to represent such a great school."

Education: B.A. in History and Spanish from Weber State University, M. Ed. in Educational Leadership from University of Nevada, Reno

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VINCE MENDIOLA, ATHLETIC DIRECTOR

Hometown: Winnemucca, NV

Playing Experience: High School: 4 years football, 4 years basketball, 1 year baseball, 3 years golf,
College: 4 years football at Boise State

Coaching Experience: Football for 8 years, Basketball in some shape or form for 20 years, Baseball for 1 year, Golf for 10 years,

Years Athletic Director: 9 years

Education: Lowry High School, Boise State, Masters from The United States Sports Academy

Awards: 2005-2006 Athletic Director of the State, 2003-2004 3A Athletic Director of the Year, 1992 Coach of the Year, Played in 1973 and 1974 Basketball Championships for Lowry, Played in 1973 and 1974 Golf Championships for Lowry, Coached 1992 Basketball State Championship Team, Was Assistant Coach for the 2002 Basketball State Championship Team.

Goals: Continue positive growth in all programs.

HISTORY OF LOWRY HIGH SCHOOL

In 1967, a brand new Humboldt County High School was opened with the new name Albert Lowry High School in honor of revered Coach Albert M. Lowry.

A true Nevadan, Mr. Lowry was born in Tollhouse in 1897. He graduated from the University of Nevada in 1925, began teaching Science and coaching three sports in Winnemucca.

Mr. Lowry served the students of Humboldt County as a teacher, coach, principal, assistant superintendent and as director of the Nevada Education Association.

One of Nevada's first sporting legends, Mr. Lowry was instrumental in putting Humboldt County High School on the map. His basketball teams won 11 district or league championships and finished as the 1929 runner-up in the Nevada State Tournament.

As a track coach, he led his teams to Nevada championships in 1928, 1930, and 1936.

Mr. Lowry was also an integral part of introducing six-man football to some of Nevada's smaller schools. In 1941, he was chosen as the state's "Outstanding Coach".

Mr. Lowry served as president of the Nevada Interscholastic Athletic Association (NIAA) for 14 years and was chosen 3 times as a delegate to the National Federation of State High School Athletic Associations.

In 1933, Mr. Lowry was inducted into the NIAA Hall of Fame. He retired from the school district in 1966 and passed away May 5, 1989.

The original Lowry High School building was ready for use in 1967, with the vocational building added in 1983 the science building in 1991, the following improvements were made since then: weight room, new gym, art/social studies building, Jim Billingsley Softball Complex, new track—lighting and landscaping, baseball & softball announcers booth.

LOWRY HIGH – TRADITIONS OF PRIDE, DEDICATION & EXCELLENCE

HISTORY OF WINNEMUCCA

Winnemucca, originally called French Ford, sprouted up from a wagon crossing on the Humboldt River. A trading post and hotel were the first businesses in Winnemucca, the hotel serving miners and prospectors as well as wagon trains that were passing through on their way to California or Oregon.

Two brothers, Louis and Theophile Lay, built a bridge across the Humboldt River. After this, it was not necessary to ford the river and the town was renamed to Centerville. Soon after, the railroad was built so residents looked for a name that fit the town better.

L.C. Pease or C.B.O. Bannon are usually given credit for naming the town. They chose to name the town after Chief Winnemucca, the leader of a local Paiute tribe. Another theory is that a nameless worker for the Central Pacific Railroad wanting to keep peace with the Paiutes suggested naming Winnemucca after the Paiute chief. It is reasonable that all three men chose the name of the town as an agreement was necessary. Winnemucca was an apt name as the mountain and mining district had been named for the Paiute chief since 1863.

LOWRY STATE CHAMPIONSHIPS

Boy's Basketball—1973, 1974, 1975, 1978, 1985, 1992, 2002

Girl's Basketball—1978, 1981, 1992, 2002

Boy's Cross Country—1995, 2001, 2004, 2005, 2007

Girl's Cross Country—2000, 2001, 2002, 2003, 2004, 2005, 2007

Boy's Golf—1973, 1974, 1975, 1978, 1979, 1984, 1985, 1986

Girl's Golf—1975, 2000, 2001, 2003

Volleyball—2005

Softball—2006

HALL OF FAME

Joe deArrieta Sr.	1994	Bill Hoxsey	1998
John Dolan	1994	Hank Mentaberry	1998
Albert M. Lowry	1994	Pat Dolan	1998
Jim Billingsley	1995	Gary Hoxsey	1999
Steve Clausen	1995	Don Woods	1999
Jim deArrieta	1995	Jerome Etchegoyhen	1999
Joe Dendary	1995	Gary Stoker	1999
Lori Echevarria	1995	Marvin Clausen	1999
Mike Glenn	1995	Tammy Pollock	2000
Alfred Gonzalez	1995	Tim Billingsley	2000
Rober Hooft	1995	Dick Peraldo	2000
Pat McDade	1995	Pat Hart	2000
Vince Mendiola	1995	Dr. James Calder	2001
Jim Phillips	1995	Mateo Legarza	2001
Rolfe Schwartz	1995	Don Stoker	2001
Mitch Woods	1995	Pete Etchart	2003
Ted Zimmerman	1995	Lynn Cunningham	2003
Jock Echave	1996	Rick Ringheimer	2003
Lee Lowry	1996	David Stoker	2003
Foe Mentaberry	1996	Dave Mendiola	2004
Betty Roeder	1996	Lisa Jaureguito Davidson	2004
Fred Watts	1996	Kelly Pollock	2004
Kirk Allred	1997	Chad Peters	2004
Don Bankofier	1997	Laura Stein	2005
Carol Scott	1997	T.W Cunningham	2005
Joe deArrieta	1997	David Schwartz	2008
Joe Ydiando	1998	Ron Bankofier	2008
John Legarza	1998	Chris Vesco	2008
Dennis Verner	1998	Teresa Vesco	2008

HALL OF FAME

Lowry High School will be sponsoring a Hall of Fame for deserving Winnemucca individuals who attended or taught at Humboldt County High School or Albert M. Lowry High School. 1994 was the inaugural year for this program and we encourage you to think back and nominate a deserving individual for this prestigious award. Nominees not selected this year will be placed in an active file for future years.

Purpose:

The purpose of the Hall of Fame is to honor and recognize outstanding individuals who have had a significant and lasting impact on the lives of people through their involvement as student and/or athlete or educator at our local high school. These individuals must have excelled in high school and continued to exemplify high standards in their adult lives to be eligible for this award.

Nomination procedures:

1. Candidates can be nominated by any person.
2. The "selection committee" will be composed of four representatives to serve a maximum four year term. The athletic administrator will select those individuals and the names of the individuals will be confidential.

Nomination Deadline:

All nominations must be received in the Lowry High School office no later than October 15 of each year. All nominations will remain in an active file for a three year period.

Awards:

Recipients will have their name placed on a Hall of Fame plaque at Lowry High School and receive a lifetime pass to all Lowry High athletic events.

General Criteria:

Nominees must exemplify the highest standards of sportsmanship, ethical conduct, moral character and carry the endorsement of their respective high school. An applicant must meet the following qualifications:

1. Athletes – will be eligible for nominations ten years after high school graduation.
2. Teachers, Coaches, Administrators, and Contributors will be eligible after their service to Humboldt County School District has ended.

To further explain, athletes would be former student participants who are being nominated for their achievements in interscholastic athletics. Students and educators would be considered on the merits of their high school achievements only. A contributor would be an individual who has made a contribution to Winnemucca education in some capacity other than those

WINNEMUCCA
High School Hall of Fame
Application Form

Name _____ Year of Graduation _____
Current Address _____ School _____
Phone _____ Date of Birth _____
Place of Birth _____ If retired _____
College Attended _____ Date of Retirement _____

What activities did the nominee participate in while in high school? _____

What awards or honors did the nominee receive while in high school? _____

What award and/or activities has the nominee been involved in since graduation? _____

Need a letter of endoresement and recommendation attached _____ (not required
Newspaper and/or other supportive material attached _____ but recommended)

INDIVIDUAL SUBMITTING NOMINATION

Name _____ Phone _____
Mailing Address _____
City, State, Zip _____
Signed _____ Date _____

Return completed form to:
Lowry High School
Hall of Fame Committee
5375 Kluncy Canyon Road
Winnemucca, NV 89445

All applications are due no later than October 15, 2007
Hall of Fame presentations will be announced at a later date.

LOWRY COLLEGE ATHLETES

WOMEN'S SPORTS

Basketball

Jessica Dennison-Yakima
Leslie Case-Hislop- Yakima
Elisa Leader-Westminster
Rachelle Piquet—Lewis & Clark College
Savannah Roman- Feather River
Carol Scott- Chico State
Lacey Takas-Thompson-Kentucky Wesleyan
Magen Dufurrena—Albertson's/College of Idaho

Cross Country

Kelsey Engstrom- Oklahoma Baptist
Megan Engstrom- Oklahoma Baptist
Monica Myrhow-
Heather Thompson-Hall- UNR

Golf

Mackenzie Swecker- San Diego

Rodeo

Katie Garijo-Rickard- Eastern Oregon
Suzanne Montero- UNLV
Sadie Myers- Cal Poly SLO
Amy Jo Peraldo- UNLV

Softball

Mandy Chaffin- Lassen
Tara Davis- Lassen
Andrea Ingle-Lassen
Erica Ingle-Lassen
Kristie Ingle- Lassen
Monique Melody-Lassen
Rachelle Piquet—Lewis & Clark College
Savannah Roman- Feather River
Jackie Schrempp- Feather River

Track & Field

Alicia Echevarria- UNR
Laura Stein- Idaho State

MEN'S SPORTS

Volleyball

Ashley Bristol-WSU
Rachelle Piquet—Lewis & Clark College
Teresa Vesco

Basketball

Chad Backus- Ricks College
Steve Clausen- Western Montana
Nate Green-Lane CC/Feather River
Bob Hooft- Harvard
Jimmy Salmi-Columbia Basin
Gary Stoker- College of Idaho
Brian Watterson- Southwestern Oregon
Mitch Woods-UNR

Baseball

Ricci Abrego- Eastern Oregon
Pachi Bengochea-Treasure Valley CC
Jose Cardenas- Treasure Valley CC
Chris Christean- Modesto JC
Dustin Christean- Indiana College
Jon Curuchet-
Jason Davidsaver- California JC
Joey Enochson-Southwestern Oregon
Sean Gallian- Mesa CC
Matt Jarolimek- CSI
Jonathan Jarolimek-UNLV
Rick Maestrejuan- BSU
Benny Martinez-Dickinson State
Tony Martinez- Eastern Oregon
Anthony Marvel-California JC
Jody Marvel-California JC
Josh Orr- Albertsons

Tony Peluaga- San Francisco State
Chad Peters-Napa
Joe Robinson-Eastern Oregon/Dickinson State
Chris Vesco- UNLV

Cross Country

Bret Ferrier- Weber State
Willie Ulch- Lane CC

Football

Eric Angelopolous- Montana Tech
Grant Beatty-Saddleback CC
Tim Billingsley- College of the Redwoods
Zach Bristol- SD JC
TW Cunningham- UNR
Joe Dendary-UNR
Jon Echave-UNR
Mike Glenn- Arizona State Basketball/UNR
Kaden Glinsman- North Dakota
Brandon Grady-Dickinson State
Brian Harrison-Mayville State
Pat McDade-BSU
Vince Mendiola-BSU
Rick Ringheimer-College of the Redwoods
Dan Shaw-Mayville State
Matt Smith- UNR

Golf

Ben Bryson-WSU
Ryan Plummer-Long Beach State
Dennis Verner-UNR

Rodeo

Mark Cowley-CSI

If you know of anyone that should be added to this list or if you can update our current information please contact Ray Parks @ 623-8228 or rparks@humboldt.k12.nv.us.

FALL—ALL STATE WINNERS

Cross Country

Jon Rouston, 2005
Justin Grant, 2005
Triton Manso, 2005
Matt Pike, 2005, 2007
Vance Orr, 2005
Felicia George, 2005
Hailey Yadon, 2005
Madison Gray, 2005

Football

Alfonso Gonzalez, 1969
Frank Bengoa, 1970
Jim Calder, 1970
Paul Vesco, 1971
Tom Gillespie, 1971
Vince Mendiola, 1971, 1972, 1973

Joe Dendary, 1974
Steve Clausen, 1974
Dave Mendiola, 1976
Hank Dufurrena, 1976, 1977
Bob Cassinelli, 1977
Bruce Delaney, 1977
Fred Stewart, 1977
Rick Ringheimer, 1977
Tim Billingsley, 1977
Al Urban, 1978
Pat Schroeder, 1980
Andrew Hillyer, 1982
Doug Bosch, 1982
Roy Echeverria, 1982
Doug Graham, 1983
Joel Jaureguito, 1983, 1984
Pat McDade, 1983, 1984

David Schwartz, 1984
David Bush, 1987
Jonathan Jarolimek, 1987
Jeff Schrempp, 1989
Jon Echave, 1989
Van Kinder, 1989
Chad Peters, 1990
Gordy Schumacher, 1990
Israel Lopez, 1990
Jamie Schroeder, 1990
Jose Cardenas, 1990
Mike Novi, 1990
Scott Strickler, 1990
Josh Kyles, 1991
T.W. Cunningham, 1995, 1996
Robby Volack, 2000

Golf

Alicia Echevarria, 2005

Soccer—Girls

Dayla Sudbrack, 2005

Volleyball

Betty Glinnsman, 1980
Lisa Davidson, 1980, 1981, 1982
Carol Scott, 1981, 1982
Teresa Vesco, 1981, 1982
Denise Cady, 1982
Diana Hoss, 1983, 1984
Denise DeLong, 1984
Penny Begay, 1985, 1986
Britney Bristol, 2000
Alexis Martinez, 2002

WINTER—ALL STATE WINNERS

Basketball, Boy's

Mitch Woods, 1971, 1972, 1973
Joe Dendary, 1974, 1975
Stan Davidson, 1973
Mike Glenn, 1975
Bob Hooft, 1974, 1975
Steve Clausen, 1974, 1975
Ron Bankofier, 1978
Ted Willer, 1978
Jim Visger, 1978
Rolfe Schwartz, 1979
David Stoker, 1981
David Schwartz, 1985
Gary Stoker, 1984, 1985
Chris Vesco, 1983
Dennis Porter, 1986
Lane Peraldo, 1989
Jim Salmi, 1988, 1989
Chad Peters, 1991, 1992
Chad Backus, 1992

Ben Bryson, 2001
Nate Green, 2001, 2002
Teo Maestrestrejuan, 2002
Brian Watterson, 2003

Basketball, Girl's

Betty Seward, 1979
Denise Michelson, 1979
Tammy Mentaberry, 1979
Sandi Smith, 1980
Teresa Vesco, 1981, 1982
Carol Scott, 1981, 1982
Lisa Davidson, 1983
Tina Echeto, 1990
Rachelle Piquet, 1991, 1992
Tara Davis, 2001
Jessica Bishop, 2003
Mackenzie Swecker, 2003, 2004
Megan Dufurrena, 2003, 2004
Savannah Carlo, 2008

Morgen Thacker, 2008

Wrestling

Jim Billingsley, 1971, 1972, 1973
Denny Gortari, 1974
Tim Billingsley, 1976, 1977
Rick Ringheimer, 1977
Al Urban, 1978
Steve Lopes, 1980
Paul Kerr, 1980
Robert Neary, 1980
Jim Kracaw, 1980, 1981
George Miller, 1981
Kelly Pollock, 1981, 1982, 1983
Keith Neary, 1981, 1983
Rich Enochson, 1982
Jimmy Cannon, 1983
Pat McDade, 1983, 1984, 1985
Dave Stetler, 1985
Paul Smith, 1985, 1986, 1987

Gus Duncan, 1986, 1987
Bake Turner, 1986, 1987, 1988
Billy Holt, 1989
Dave Bush, 1988
Mitch Green, 1988
Jeff Hutchings, 1988
Aaron Poulson, 1989
Juan Manzo, 1989
Efrium Manzo, 1989
Jeff Arreola, 1989, 1990
Gus Alvarez, 1990
Chester George, 1990, 1991
Josh Kyles, 1991
Milo Cardenas, 1991
Pete Herold, 1994, 1995, 1996
Rick Hutchinson, 1992
Chris Hornbarger, 1992, 1993
Raul Cardenas, 1993
Jake Lage, 1999
Johnny Davis, 1991, 1992, 1993

SPRING—ALL STATE WINNERS

Track

Kelli Baker, 1975
David Dake, 1975
John Luna, 1975
Lloyd Johnson, 1975
Julie Tipton, 1976
Larry Blaylock, 1977, 1978, 1979
Betty Seward, 1979
Pat McDade, 1983, 1984, 1985
Vicki Salmi, 1984
Matt Buchan, 1984, 1985, 1986
Chris Bishop, 1986
Bell, McKemy, Peraldo, Salmi, 1600 M Relay, 1987
Lane Peraldo, 1987, 1988
Cathey, Burns, Backus, Dean, 1600 M Relay, 1988

Salmi, Peraldo, Schlottman, Peraldo, Lecumberry, 1600 M Relay, 1988
Mandy Burns, 1989
Burns, Backus, Piquet, Cassinelli, 800 M Relay, 1989
Piquet, Bidart, Cassinelli, Burns, 400 M Relay, 1989
Smith, Canepa, Schlottman, Netcher, 800 M Relay, 1989
Burns, Backus, Dehart, Cassinelli, 1600 M Relay, 1989
Tina Echeto, 1989, 1990
Laura Stein, 1994
Willie Ulch, 1995
Sergio Cabada, 1995

Sergio Cabada, 1600 M & 3200 M, 1996
Salvador Cabada, 4A Cross Country, All State 1996
Sergio Cabada, 4A, 1600 M, 1996
Brett Ferrier, 1999, 2000
Jamie Cabada, 2000
Levi Keller, 2003



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GO BUCKAROOS!

NIAA ALCOHOL, TOBACCO AND OTHER DRUG POSSESSION, USE, ABUSE and PENALTIES POLICY

Participation in NIAA sanctioned sports is a privilege and responsibility which requires all participants to adhere to athletic training rules imposed by the school district and member or affiliate school the student attends and represents. Adherence to training rules ensures that all student-athletes are in top physical condition, minimizes potential for injury, and further ensures that all member and affiliate school athletic teams are appropriately represented by their student-athletes. Therefore, the possession or use of any controlled substance, alcohol or tobacco products by a student athlete, whether it occurs on or off of school property, is prohibited and shall result in the penalties set forth herein.

This regulation shall begin once our son/daughter begins participation as a student athlete in high school athletics. This policy remains in effect for every calendar school year during the course of his/her high school career and when he/she is directly involved in a school activity occurring at any time (summer leagues / camps, etc.). This policy remains in effect regardless of whether our son/daughter is currently participating on a high school athletic team.

- a. Definitions - The following terms or phrases shall have the meaning ascribed to them for purposes of interpreting this Policy.
 1. Competitive Week – means a seven (7) day period of time beginning with the **first scheduled competition** after a violation occurs in which a student athlete is participating as a member of an athletic team for a member or affiliate school, and in which that team is officially competing in NIAA sanctioned competition.
 2. Controlled Substance – includes any mind altering substance or beverage set forth in Schedule I-V of the list of Controlled Substances as identified by the office of the Drug Enforcement Administration or as set forth in 21 U.S.C. §812.
 3. Period of Suspension – means a student athlete is prohibited from appearing in any NIAA sanctioned sport or event as a member of an athletic team or in individual competition. A suspension from athletic competition begins with the first scheduled competition after a violation occurs. A student athlete who is suspended under this regulation who does not serve the entire period of suspension during the sport season in which suspension occurs shall serve any remaining period of suspension during the next sport season in which the student athlete appears on a NIAA roster. A violation of this regulation that occurs during a time when a student athlete does not appear on a NIAA roster shall be implemented at the commencement of the next sport season in which the student athlete participates. Attendance in a summer school class shall not apply toward satisfying any period of suspension.
 4. ***Possession means a student / athlete who is in actual physical control of alcohol, tobacco or a controlled substance.***
- b. Possession or Use of Tobacco/Alcohol/Controlled Substance/Narcotics. Any student athlete determined to be in possession of, or to have used tobacco, including smoking tobacco, chewing tobacco or snuff, an alcoholic beverage (as defined by NRS 202.020 **and any relevant local ordinances**), controlled substance and/or narcotic (unless prescribed by the student athlete's physician for medical purposes), is in violation of this policy. If after an investigation by the school it is determined that the student athlete is in violation of this regulation the student athlete shall immediately be declared ineligible to compete in any NIAA competition beginning with the first scheduled competition after a violation occurs. Additionally, the student athlete shall be subject to the following discipline:

1. First Violation: a six (6) competitive week suspension from participation in interscholastic competition beginning with the first scheduled competition after the suspension occurs. Four (4) competitive weeks of the suspension of eligibility may be waived if the student successfully completes all components of the appropriate substance abuse intervention program set forth in subparagraphs (d) (1) (A) and (d) (1) (B) below. The student may practice with the team during the period of suspension if approved by the coach and principal.
2. Second Violation: The student shall be suspended from interscholastic competition for a minimum of ninety (90) school days which shall include a minimum of six (6) competitive weeks of competition. The student shall not be allowed to practice with the team, or participate in any out of season activities and must complete the requirements set forth in subparagraphs A and B below, in order to be considered for reinstatement of future athletic eligibility, which shall be determined following the ninety (90) day suspension of athletic eligibility by a group composed of one of the student's parents/legal guardians, the school principal, athletic director, coach and a substance abuse program coordinator.
 - A. A substance abuse evaluation assessment conducted by a licensed alcohol and drug counselor at the expense of the parent/legal guardian of the student must be completed within ten (10) school days following the suspension and all assessment recommendations must be satisfactorily met before athletic eligibility may be reinstated.
 - B. The student must successfully participate in all sessions of the appropriate substance abuse intervention program set forth in subparagraphs (d) (1) (a) and (d) (1) (B) below, and successfully complete a minimum of ten (10) tobacco or alcohol/drug related support sessions.
3. Third Violation: The student shall be ineligible to participate in interscholastic athletics for the remainder of the student's high school career.
4. Appeal: A student that serves their third violation and still has more than one year of remaining eligibility can appeal through the NIAA Board of Control. Both the students and his / her parents must attend this meeting of the Board to present their appeal.
- c. Cumulative Effect of Suspensions: Multiple suspensions of a student athlete's athletic eligibility based on violations of this Regulation shall be considered as cumulative over the length of each student athlete's high school career, 9th through 12th grade.
- d. Substance Abuse Intervention Program: Any student who has been suspended from athletic eligibility for violation of the provisions of this Regulation and whose future athletic eligibility is contingent on successful completion of a Substance Abuse Intervention Program, or whose suspension of athletic eligibility may be reduced through successful participation in a Substance Abuse Intervention Program, shall complete the Substance Abuse Intervention Program developed by the NIAA in conjunction with the State of Nevada, Department of Human Resources Division of Child and Family Services Program available through the Juvenile Justice Programs Office: (775) 684-7294.
 1. Successful completion of the Substance Abuse Intervention Program shall require, at a minimum:
 - A. The completion of a video program specific to the nature of the student athlete's offense, by the student athlete, and his/her parent(s) or legal guardian(s), as demonstrated by the successful completion of an assignment on the content of the video by the student athlete and his/her parent(s) or legal guardian(s).
 - B. The completion of a minimum of an eight (8) hour assignment selected from a list of ten (10) possible assignments by school personnel. Successful completion shall be determined through a meeting between the student athlete, his/her parent(s) or legal guardian(s), the head coach of the sport in which the student athlete was participating at the time of offense, and the school counselor or dean of students.

All investigations and penalty enforcements will be conducted by the school and / or district with support through the NIAA office.

PARENT / LEGAL GUARDIAN AND STUDENT ACKNOWLEDGEMENT

The Nevada Interscholastic Activities Association (NIAA) recognizes and understands that parents / guardians take the primary role in instilling values for their students. It is the goal of the NIAA to work cooperatively with parents to provide guidelines and programs that assist student athletes in making positive choices.

IMPORTANT – Please read the following information and acknowledge with your signature below.

We understand that participation in high school athletics is a privilege, not a right, and that underage drinking and drug use is against the law. It is against the law to sell tobacco to people under the age of 18 and usage is against school policy. Substance abuse negatively impacts athletics and academic performance, and research indicates that early onset of alcohol use increases the occurrence of addiction in adulthood by four times. Alcohol and drug use interferes in learning processes, brain development and increases the chance of physical injury while participating in athletic competition. Because of these risks, and in addition to the laws of the State of Nevada, the NIAA requires participants and parents to agree to the following:

- 1. We have read the NIAA Drug, Alcohol and Tobacco Possession, Use and Abuse Penalties Policy and agree to abide by the Policy as written.***
- 2. We realize that a video and Power Point presentation regarding the Policy is available and we have either seen this presentation or agree to waive the requirement of viewing the presentation.***
- 3. We understand that we are encouraged to notify our school's athletic administrator / director if our son / daughter violates this Policy and / or the laws of the state of Nevada. It would also be acceptable for our child to self-report any violation of this policy to our school's athletic administrator / director.***
- 4. We understand that knowingly providing erroneous information during the course of an investigation of an alleged violation of the policy will result in a one calendar year suspension from all high school athletic activities.***
- 5. We further acknowledge that once our son / daughter begins participation as a student athlete in high school athletics that this policy remains in effect for every calendar school year during the course of their high school career and when he / she is directly involved in a school activity occurring at any time (summer leagues / camps, etc.). This policy remains in effect regardless of whether our son / daughter is currently participating on a high school athletic team.***
- 6. We have also reviewed the following NRS 202.020, Purchase, Consumption or Possession of Alcoholic Beverage by Minor, and understand the laws of Nevada and how they pertain to our family.***
- 7. We understand that although it is not technically against the law to use tobacco in the state of Nevada (NRS 202.2493 and 202.24935 prohibits anyone from supplying a person under the age of 18 with any kind of tobacco product), we realize it is against this policy and general school policy, and that scientific evidence demonstrates it is unhealthy and a detriment to athletic performance.***
- 8. We understand that the use of steroids and other performance enhancing drugs are dangerous, illegal, provide only temporary gains and are a form of cheating other competitors.***

COMPETITORS

3A Northern Division



Spring Creek High School
14550 Lamoille Hwy
Spring Creek, NV 89815
(775) 753-5575
Colors: Purple, Black
Mascot: Spartans



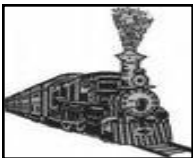
Truckee High School
11725 Donner Pass Rd.
Truckee, CA 96161
(530) 582-2600
Colors: Red, White
Mascot: Wolverines



Dayton High School
335 Old Dayton Valley Road
Dayton, NV 89403
(775) 246-6240
Colors: Red, Black
Mascot: Dust Devils



Fernley High School
1300 Highway 95A
Fernley, NV 89408
(775) 575-3400
Colors: Orange, Black
Mascot: Vaqueros



Sparks High School
820 15th Street
Sparks, NV 89431
(775) 353-5514
Colors: Maroon, Gold
Mascot: Railroaders



Incline High School
499 Village Boulevard
Incline Village, NV 89451
(775) 832-4206
Colors: Green, Gold
Mascot: Highlanders



Yerington High School
114 Pearl St.
Yerington, NV 89447
(775) 463-6822
Colors: Purple, White
Mascot: Lions



Others

Ontario High School
1115 W. Idaho Avenue
Ontario, OR 97941
(541) 889-5309
Colors: Orange & Yellow
Mascot: Tiger



Virgin Valley High School
820 Valley View Drive
Mesquite, NV 89027
(702) 346-2780
Colors: Green & White
Mascot: Bulldogs



Pershing County High School
1215 Franklin Avenue
Lovelock, NV 89419
(775) 273-2625
Colors: Red & Black
Mascot: Mustangs



Whittell High School
240 Warrior Way
Zephyr Cove, NV 89448
(775) 588-2420
Colors: Red & Gold
Mascot: Warriors



Douglas High School
1670 Highway 88
Minden, NV 89423
(775) 782-5136
Colors: Orange & Black
Mascot: Tigers



Reed High School
1350 Baring Blvd.
Sparks, NV 89434
(775) 353- 5708
Colors: Columbia Blue & Gold
Mascot: Raiders



Battle Mountain High School
435 Weaver Avenue
Battle Mountain, NV 89820
(775) 635-5436
Colors: Green & Gold
Mascot: Longhorns



Elko High School
987 College Ave.
Elko, NV 89801
(775) 738-7281
Colors: Maroon & White
Mascot: Indians

North Tahoe High School
2945 Polaris Rd.

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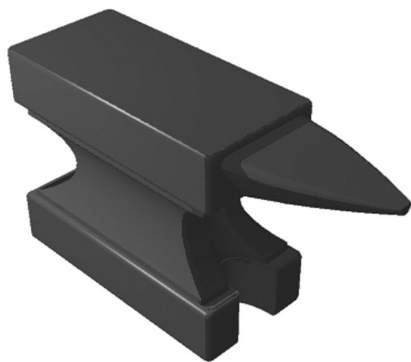
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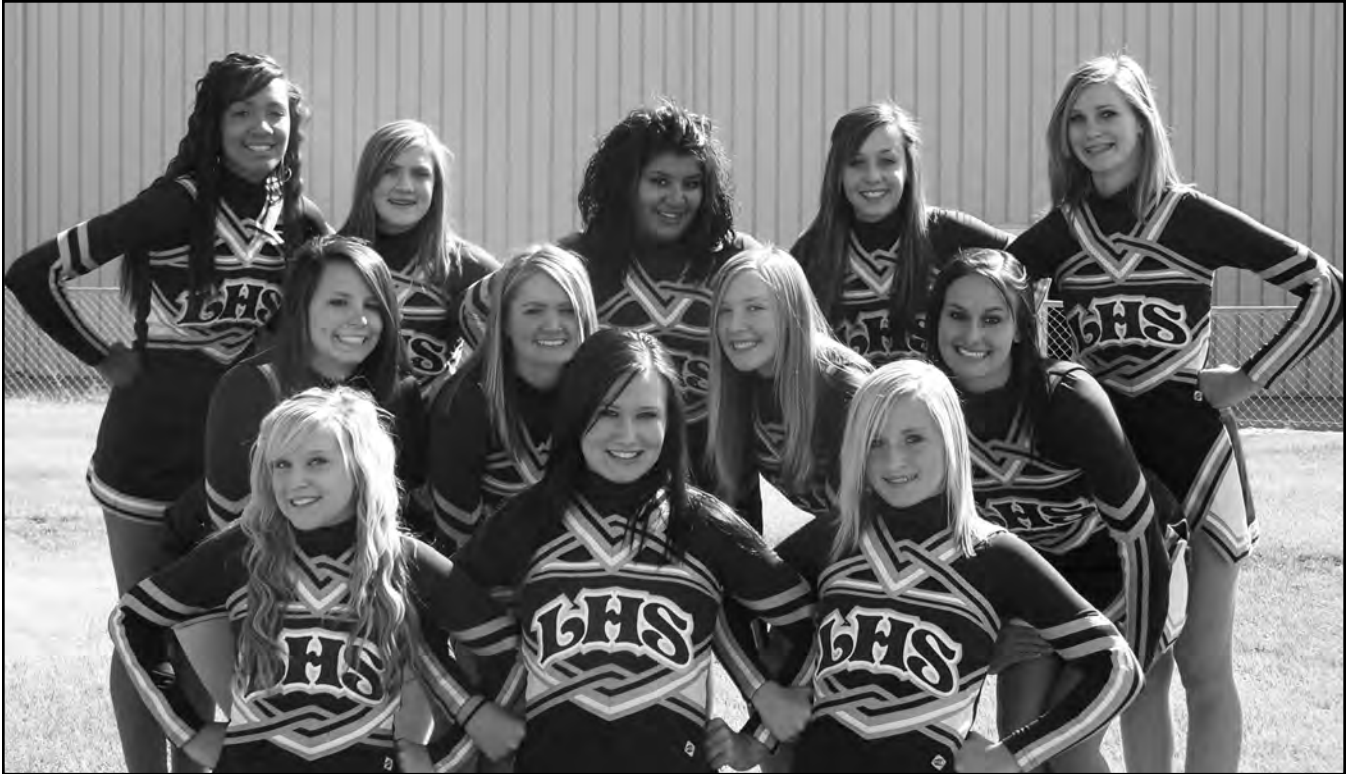
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VARSITY CHEERLEADERS



Roster:

Mai-Hesa Davis, Stevie Hamilton, Marie Hernandez,
Jayna Hill, Mariah Johnson, Shalyn Sample,
Hannah Sampson, Holly Schirrick, Robyn Wadleigh,
Kailynn Winheim



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JUNIOR VARSITY CHEERLEADERS



Roster:

Darae Bradshaw, Clarissa Conn, Stephanie Hageman,
Serah Haun, Macie Mavity, Berenice Sanchez,



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CHEERLEADING COACHES



CRYSTAL NELSON

Where are you from: Born—Moab, UT, Home—Winnemucca
Years at Lowry: Coaching—2, High School—all 4 years
Expectations for this season: Varsity—3 one leg stunt groups with full downs, JV—One lib in an extension, All—to enjoy cheerleading and be a little crazy!
Education: Associate of Arts, GBC, currently working towards Bachelors, Elementary Education.
Playing Experience: Junior High & High School—Dance & Cheer
Coaching Experience: This is my first year as Head Coach.
Other Interesting Information: My family! A big thank-you to my awesome husband, Ryan, who supports me 100%! My two boys, Nathan & Darrin, who have become little brothers to 22 girls. Thanks Boys!



KELLY SCHIRRICK

Where are you from: Winnemucca
Years at Lowry: 4
Expectations for this season: I am exited to see the team come together and really show Lowry fans what school spirit is all about.
Education: Graduated from Lowry in 2004, currently attending Great Basin College. Graduated from International Academy of Style in 2008.
Playing Experience: I have been involved in cheerleading for 14 years.
Coaching Experience: 3 years
Awards: All American Cheerleader, 2003; Team Leadership Award, 2004



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SENIOR CHEERLEADERS



STEVIE HAMILTON

Birth: February 8, 1991
 Parents: Tom & Tracy Hamilton
 Brother: Chauncey
 Greatest Personal Achievement:
 Making the All American team
 two years in a row.
 Future Plans: Pursue a career in
 Elementary Education
 Favorite Pro Team: Denver Bron-

cos

Most Important Possession: My boyfriend, Travis

People I Admire Most: My parents

Favorite Food: Hot Wings



HOLLY SCHIRRICK

Birth Place: Winnemucca, August
 22, 1991
 Parents: David & Sandra Schirrick
 Sisters: Adrienne, Kelly, Alexan-
 dra, and Jessie
 Greatest Personal Achievement:
 Making NCA All American team
 Future Plans: Open my own sa-
 lon and spa

Favorite Pro Team: Greenbay Packers

Most Important Possession: Cell Phone

People I Admire Most: My Whole Family

Favorite Food: Italian

Favorite Teacher: Mrs. James & Mr. Setzer

My Idea of Relaxation: Laying on the beach in the Baha-
 mas.

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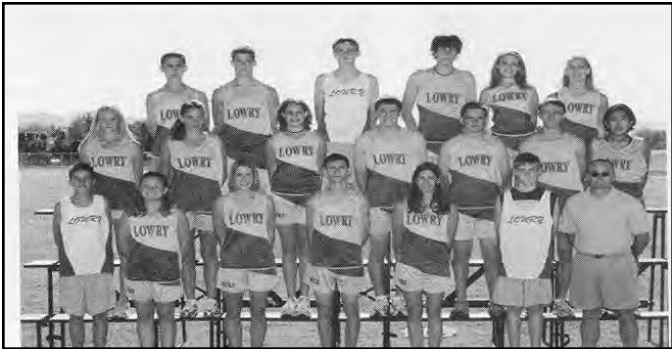
Girls 2000



Boys & Girls 2001



Girls 2002



Girls 2003



Boys & Girls 2004



Boys & Girls 2005



Boys 2006



CROSS COUNTRY SCHEDULE

Varsity

<u>Day</u>	<u>Date</u>	<u>Event</u>	<u>Place</u>	<u>Time</u>
Friday	08/29/08	Douglas High School	Away	TBA
Wednesday	09/03/08	*Fernley High School	Away	3:30PM
Friday	09/05/08	Reed	Away	TBA
Friday	09/12/08	North Tahoe High School	Away	TBA
Wednesday	09/17/08	*Sparks High School	Away	3:30PM
Friday	09/19/08	Bob Furman Invitational	Away	TBA
Saturday	09/20/08	Bob Furman Invitational	Away	TBA
Wednesday	09/24/08	*Lowry High School	Home	3:30PM
Wednesday	10/01/08	*Spring Creek High School	Away	3:30PM
Friday	10/10/08	Lowry Invitational	Home	3:30PM
Friday	10/17/08	*Sparks High School	Away	TBA
Thursday	10/30/08	3A Divisional Cross Country	Away	TBA
Saturday	11/08/08	State Meet	Away	TBA

Junior Varsity

Friday	08/29/08	Douglas High School	Away	TBA
Wednesday	09/03/08	*Fernley High School	Away	3:30PM
Friday	09/12/08	North Tahoe High School	Away	2:30PM
Wednesday	09/17/08	*Sparks High School	Away	3:30PM
Wednesday	09/24/08	*Lowry High School	Home	3:30PM
Wednesday	10/01/08	*Spring Creek High School	Away	3:30PM



Roster:

Ladies—Ashlee Lee, Emelia Legarza, Jenae Neu, Erin Tattersall

Men's—Ryan Arndt, Trevor Belanger, Shane Bell, Chad Brown, Ryan Corbari, Adam Gray, Anders Pace, Chris Pike, Daniel Raynor, Sean Raynor, Alex Schumacher

CROSS COUNTRY COACHES



DAWN LUCAS, HEAD COACH

Where are you from: Reno, NV

Years at Lowry: 2nd year coaching

Expectations for this season: I expect us to work hard as a team. I also want every athlete to set goals and strive to meet them.

Education: BA in Elementary Education at UNR

Playing Experience: Lettered 4 years in Cross Country in high school.

Coaching Experience: 1 season coaching track



DANIEL KIRK, ASSISTANT

Where are you from: Winnemucca, NV


Years at Lowry: 1st year as a coach, Alumni student—graduated from Lowry in 2003

Expectations for this season: Keeping the great dynasty and success alive.

Education: Bachelor Degree in Elementary Education from UNR

Playing Experience: Triathlon Club for UNR and long distance running for UNR

Coaching Experience: Coached Track in Heidelberg, Germany



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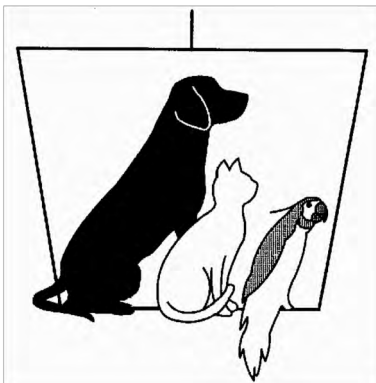
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VARSITY DANCE



Roster:

Amaya Drake, Sheridan Fortney, Megan Gardella,
Megan Griggs, Mallorie Leal, Camille Lyon, Hayley Noble, Breanna
Padilla, Julissa Pulido, Tara Sanders, Lindsey Steepleton, Sharissa
Stevens, Rachael Studebaker, Jazmyn Ward, Rachel Yates

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JUNIOR VARSITY DANCE



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Elizabeth Aguilar, Patricia Bates, Brandi Brooks, Kristen Graham, Jerica Hansen, Caitlyn Long, Savannah McDade, Brandi Nielsen, Jillian

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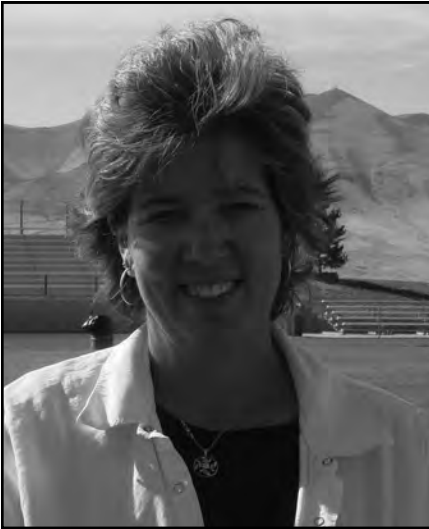
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DANCE COACHES



JANE STUDEBAKER, HEAD COACH

Where are you from: Winnemucca, NV

Years at Lowry: 2 ½

Expectations for this season: For the girls to dance their very best, have fun and take 1st at state competition.

Education: Portland Community College

Coaching Experience: This is my 2nd year coaching and I am constantly learning.

Awards: Last year the varsity girls took 2nd place in Jazz at State Championship.



TAVA DENNIS

Where are you from: Winnemucca

Years at Lowry: 4 years in High School/2nd year Coaching

Expectations for this season: Getting the girls prepared for competition and placing 1st in competition.

Education: Associate of Arts

Playing Experience: 3 years on high school Dance, 1 year on Jr. High Dance, 6 years previous experience



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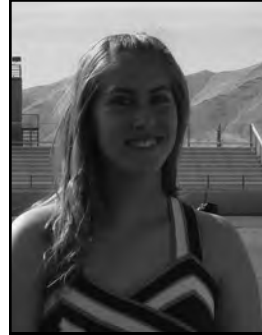
DANCE TEAM SENIORS



MEGAN GARDELLA

Birth Place: Winnemucca, NV
 Parents: Janine Avery and John Gardella
 Sister: Samantha Fortaine
 Career Plans: Cosmetology, Tattoo Artist, and Airbrush
 Greatest Personal Achievement: Personal management between activities
 Biggest Disappointment: Temper and Sections
 Most Important Possession: Horses, horse tack and much more

Person I admire Most: my grandma Broomhead
 Favorite Food: Giant Cheeseburgers and Italian food
 Favorite Teacher: Mrs. Christine and Dance Coaches
 Toughest Classes: Chemistry with McGibbon and Physical Science with Blattman



HAYLEY NOBLE

Birth: Reno, NV
 Parents: Lorin and Shelly Noble
 Brother: Bryan Noble
 Greatest Personal Achievement: Good grades, my offices, and optimistic outlook
 Future Plans: College, something with archaeology or zoology
 Favorite Pro Team: Seattle Mariners
 Most Important Possession: my books,

music, and chap stick
 Person Admired Most: my dad
 Favorite Food: Olive Garden and mom's oreo cheese cake
 Favorite Teacher: Mr. Corak, Mr. Sans, and Mr. Criddle
 My Idea of Relaxation: Reading a book or watching a movie with my



LINDSEY STEEPLETON

Birth Place: Santa Rosa, California
 Parents: Laural and Patrick Steepleton
 Sisters: Ashley Andrews and Sara Steepleton
 Career Plans: Neonatal Nurse
 Favorite Pro Team: San Francisco 49ers
 Greatest Personal Achievement: Making Varsity Dance Team
 Biggest Disappointment: Not being able to sing anymore
 Most Important Possession: My Sanity
 Person I Admire Most: Brandy Gallups, because she is the strongest and kindest person I know

Favorite Food: Grilled Cheese Toastwiches
 Favorite Teacher: Mr. Beck
 Toughest Class: Biology II
 My Idea of Relaxation: Sleeping and Swimming




ELIZABETH AGUILAR

Birth Place: Winnemucca, NV
 Parents: Avelina and Jorge Aguilar
 Sisters: Georgina and Esmeralda Aguilar
 Career Plans: to become a dermatologist
 Favorite Pro Teams: Chivas soccer team
 Greatest Personal Achievement: Became who I am today
 Biggest Disappointment: Quitting soccer
 Most Important Possession: The necklace I always wear
 Person I Admire Most: My older sister

Favorite Food: I'll basically eat anything
 Favorite Teacher: I have too many
 Toughest Classes: Pre-calculus and Anatomy
 My Idea of Relaxation: Hanging with my buds while my phone is off



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VARSITY FOOTBALL

<u>Day</u>	<u>Date</u>	<u>Event</u>	<u>Place</u>	<u>Time</u>
Saturday	8/23/08	Elko High	Home	12:00PM
Friday	8/29/08	Wooster	Away	3:00PM
Friday	9/12/08	Cole Valley Christian	Away	7:00PM
Friday	9/19/08	*Yerington High School	Away	7:00PM
Friday	9/26/08	*Truckee High School	Home	7:00PM
Friday	10/03/08	Lassen High School	Home	7:00PM
Friday	10/10/08	*Sparks High School	Away	7:00PM
Friday	10/17/08	*Fernley High School	Home	7:00PM
Friday	10/24/08	*Dayton High School	Away	7:00PM
Thursday	10/30/08	*Spring Creek High School	Home	7:00PM
Saturday	11/08/08	3A Northern Playoffs	Away	TBA
Saturday	11/15/08	3A Northern Playoffs	Away	TBA



Name	#	Height	Weight	Position	Year
Jamie Walton	2	6'2	180	DB/WR	12
Christian Echevarria	3	5'10	150	WR/DB	12
Collin Messerly	4	6'2	180	QB/TE	12
Jake Maga	7	5'9	130	WR/LB	11
Gus Ramasco	8	6'1	190	QB/DE	12
Tanner Schmidt	12	5'11	170	TE/LB	12
Trevor Grant	13	6'0	160	RB/LB	12
Reid Schwartz	21	5'6	170	RB/DB	11
Ricky Marley	22	5'8	155	WR/LB	12
Christian Alcaraz	24	5'7	160	RB/DB	11
Joel Barton	26	5'9	175	RB/LB	10
John Wells	32	5'9	168	RB/DB	12
Derrick MacIiz	44	5'6	155	RB/LB	12
Karl Berentsen	50	5'9	175	OL/DE	11
Wacey Chabot	53	5'11	170	OL/DE	12
Juan Zapeda	54	5'7	240	OL/DL	11
Paden Underwood	55	5'9	194	OL/LB	11
Corbin Crouch	60	6'0	240	OL/DL	11
Ben Norfolk	57	5'8	200	OL/DL	11
Stevie Martinez	65	5'9	165	OL/DL	11
Will Thacker	66	6'0	215	OL/DL	10
Tyler Bates	71	5'10	170	OL/DL	12
Ryan Dufurrena	74	5'11	200	OL/DL	11
Ryan Ballard	75	6'10	210	OL/DL	11
Tyler Anderson	77	6'3	210	OL/DL	11
Jake Manzo	81	5'10	145	WR/DB	12
A.J. Leal	82	5'10	145	WR/DB	10
Zach Haight	83	6'3	180	TE/DE	11

JUNIOR VARSITY FOOTBALL

<u>Day</u>	<u>Date</u>	<u>Event</u>	<u>Place</u>	<u>Time</u>
Saturday	8/23/08	Elko High	Home	11:00AM
Saturday	8/30/08	Fallon Scrimmages	Away	TBA
Friday	9/19/08	*Yerington High School	Away	4:30PM
Friday	9/26/08	*Truckee High School	Home	4:30PM
Friday	10/03/08	Lassen High School	Home	4:30PM
Friday	10/10/08	*Sparks High School	Away	4:30PM
Friday	10/17/08	*Fernley High School	Home	4:30PM
Friday	10/24/08	*Dayton High School	Away	4:30PM



Name	Grade	Height	Weight	Position	#
Jace Billingsley	9	5'6	125	QB/LB	3
Gus Duncan	9	5'7	135	RB/LB	4
Mitch A Pollock	10	5'4	110	QB/DB	7
Jacob Devin Laird	10	5'7	140	RB/DB	8
Jerardo Alcaraz	10	5'7	140	WR/DB	20
Bobby L Marley	10	5'8	120	WR/DB	21
Cesar E. Moreno	10	5'7	140	WR/DB	22
Dillion Anderson	10	6'0	150	WR/DB	24
Alfonso Bernal	10	5'8	130	WR/DB	26
Jonathan Hernandez	9	5'10	160	RB/LB	32
Josh Yost	10	5'5	160	RB/LB	33
Cole Hatcher	9	5'8"	140	WR/DE	34
Bryan Noble	9	5'11	160	TE/LB	44
Andy Allred	10	6'0	160	OL/DE	52
Ivan A Ramirez	10	6'0	230	OL/DL	53
Danny G Ochoa	10	5'10	150	OL/LB	54
Mason L Johnson	10	5'11	160	OL/DL	55
Luis A Gutierrez	10	5'7	260	OL/DL	57
Nikolai Hunnicutt	10	6'2	190	OL/DL	66
Johnathan Diaz	10	5'8	180	OL/DL	71
Colby R Sampson	10	5'10	200	OL/DL	72
Sean Millikan	10	6'5	230	OL/DE	75

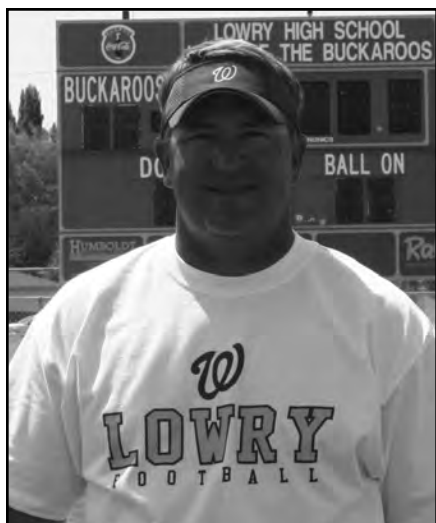
FRESHMEN FOOTBALL

<u>Day</u>	<u>Date</u>	<u>Event</u>	<u>Place</u>	<u>Time</u>
Saturday	8/23/08	Elko High	Home	10:00AM
Friday	9/05/08	Battle Mountain High School	Away	5:00PM
Thursday	9/11/08	Truckee High School	Home	5:00PM
Thursday	9/18/08	Pershing County H.S.	Home	5:00PM
Thursday	9/25/08	*Truckee High School	Away	3:00PM
Friday	10/03/08	Lassen High School	Home	2:00PM
Thursday	10/09/08	*Sparks High School	Home	5:00PM
Thursday	10/16/08	*Fernley High School	Away	5:00PM



<u>Name</u>	<u>HT</u>	<u>WT</u>	<u>Pos</u>	<u>##</u>	<u>Name</u>	<u>HT</u>	<u>WT</u>	<u>Pos</u>	<u>##</u>
Kevin Boyle	5'9	125	RB/LB	32	Kade Mader	5'11"	160	OL/DL	72
Tyler Duran	5'6	190	OL/DL	77	Daniel Mahon	5'7	180	OL/DL	78
Cameron Echave	5'6	135	WR/DB	82	Andy Martinez	5'6	140	RB/LB	20
Chase Estes	5'9	130	QB/DB	13	Casey Miller	6'0	175	OL/DL	57
Sean Fifield	5'5	115	WR/DB	81	Ryan Nelson	5'6	160	RB/LB	44
Greg Forney	5'5	160	OL/DL	55	Ryan Nicholson	5'9	152	RB/LB	26
Bret Hammond	5'6	125	RB/LB	34	Quinn Norcutt	5'11	140	TE/DE	30
Fernando Herrera	5'7	218	OL/DL	54	Matt Noriega	5'3	130	WR/DB	2
Bobby Hoenck	5'9	155	TE/DB	86	AJ Ourada	6'3	205	OL/DL	63
Konner Hollon	5'11	185	OL/LB	70	Derek Quilici	5'5	160	OL/DL	66
Hiram Howell	6'1	380	OL/DL	65	Tony Sadler	5'	90	WR/DB	21
Troy Jock	5'6	135	RB/LB	22	Jaylen Sam	6'2	195	TE/DE	8
Danny Klassen	5'11	185	OL/DL	69	DJ Schaffner	5'7	140	OL/LB	50
Jonathan Landa	5'5	125	RB/DB	3	Danniel Shephard	5'8	195	OL/DE	56
Mark Linnell	5'9	245	OL/DL	51	Chris Spiers	5'11	145	WR/DB	84
Nick Lujan	5'11"	135	WR/DB	9					

VARSITY FOOTBALL COACHES



TIM BILLINGSLEY, HEAD COACH

Years at Lowry: 2 all together, 14 coaching

Expectations for this Season: Get better everyday, WIN!

Education: BS Education major English/ PE AA College of Redwoods

Playing Experiences: Lowry High School 74-77/ College of Redwoods 79-80

Coaching Experiences: Head coach of Lowry, 85-92 Varsity/ Head coach again '07

Awards: All State Running Back 77/All Conf. Running Back Redwood 79-80/ 3 time Coach of the Year "AAA" Div. 1 89-90-92/ Sertoma Head Coach '92



RAY PARKS, ASSISTANT

Years at Lowry: 9

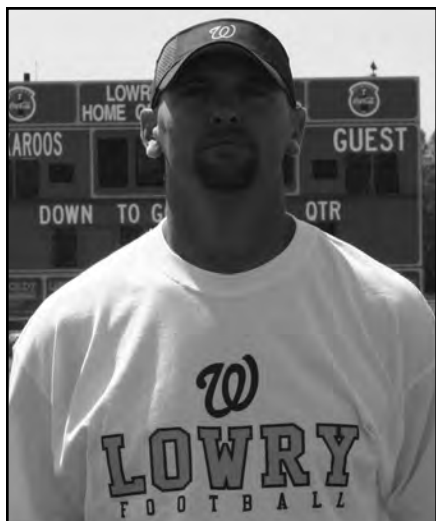
Expectations for this season: Improvement everyday, Team Effort, Positive attitude

Education: Bachelor Science: UNR : Math, Science, PE ; Masters:

UNR: Educational leadership

Playing Experience: High School

Coaching Experience: 1 years freshman assistant at Lowry,
3 years varsity assistant coach at Lowry
4 years head varsity coach at Lowry



SHAUN MURGEL, ASSISTANT

Where are you from: Land where time forgot

Years at Lowry: 4

Expectations for this season: To teach players to work hard and to believe in Mr. Parks

Education: Everyone needs a little bit

Playing Experience: 2 hand touch champion, Tecmo Bowl Champ

Coaching Experiences: 4 years at Lowry

Awards: Everyone should at least get one for participation

Other Interesting information: Coach Cabatbat is my half brother

JV FOOTBALL COACHES



JOHN BROOKS

Where are you from: Southern California

Years at Lowry: Starting the 5th year

Expectations for this season: Positive attitude build a team and win some games

Education: UNR Graduate

Playing Experience: High School & 2 Years of college ball

Coaching Experience: 3 Years at football at Lowry , 8 years at Wrestling at Lowry

Other interesting information: Also coach wrestling, Married 18 years to my wife Paige, Sons: Joe, Eric Daughter: Brandi



TAUA INOKEA CABATBAT

Where are you from: Maui, Hawaii

Years at Lowry: 3

Expectations for this Season: Going from worst to first

Education: Island education: Surf, Sun, and Fun. Kick back 101

Playing Experiences: played flag football all my life

Coaching Experience: 1 year in Sheridan, Montana/ 3 years at Lowry High School

Awards: you name it I got it. Good and Bad

Other interesting information: I bleed blue and gold, Go Bucks...



LYNN CUNNINGHAM

Where are you from: Texas

Years at Lowry: 20

Expectations for this season: Have fun with a winning season

Education: Nevada/Reno

Playing experiences: 1 year Tempe, AZ

Coaching Experiences: 30 years

FRESHMAN FOOTBALL COACHES



RON BECK

Where are you from: Twin Bridges, Montana

Years at Lowry: 19

Expectations for this Season: Learn and get better every day

Education: Bachelors Science of Education- Western Montana College

Coaching Experience: 18 years at Lowry- all levels



TY LUCAS

Where are you from: Reno

Years at Lowry: 2

Expectations for this season: Learn to play like a team, have fun, and win some games

Playing Experience: Played High School football

Coaching Experience: 2nd year coaching



GREG SCOTT

Where are you from: Clark Fork, Idaho

Expectations for this season: to prepare these kids to be Bucks and turn them into football players

Education: Masters of Education, University of Idaho

Coaching Experience: 7 years, McDermitt Head Coach, 4 years Lowry Freshman Coach

Awards: Coach of the year, 2000, Northern 1A

Other Interesting Information: Wife—Lisa, Kids—Justin & Danielle

FOOTBALL SENIORS



TYLER BATES

Birth Place: Winnemucca
 Parents: Karl and Jennie Bates
 Brothers/Sisters: Lorane, Sara, Justin, Ross, Tricia
 Favorite Pro Team: 49ers
 Most Important Possession: PSP
 Person He Admires Most: His dad
 Favorite Food: lasagna
 Favorite Teacher: Mrs. Garrison
 His Idea of Relaxation: sleeping

Favorite Quote: "I am what I am."



WACEY CHABOT

Birth: Reno, NV
 Parents: Tim & Roxanne Chabot
 Brother/Sisters: Echo
 Future Plans: college
 Most Important possession: My gun
 Person admired most: My dad
 Favorite food: chicken and watermelon
 on Kool-Aid
 My idea of relaxation: Sleeping
 Favorite Quote: Go big or go home



CHRISTIAN ECHEVARRIA

Birth: Winnemucca, NV
 Parents: Gary and Bryn Echevarria
 Brothers/Sisters: Alicia Echevarria
 Greatest Personal Achievement: Hasn't happened yet
 Future Plans: College
 Favorite Pro Team: Team America
 Most Important Possession: My Bed

Person Admire Most: Dad (Gare Bear) and Chuck Norris

Favorite Food: Chorizo

Favorite Teacher: Uncle Doug

My Idea Of Relaxation: Playing Smash Bros

Favorite Quote: "And he said yay!" -Alma 18:27



TREVOR GRANT

Birth: October 13, 1990 Tulca, Oklahoma
 Parents: Rick and Robbie
 Brothers/Sisters: Justin, Ricky, Greg, Tracey
 Greatest Personal Achievement: Winning State in Wrestling and Winning the Greater Southwest Nations
 Future Plans: Dentistry or Medicine
 Favorite Pro Team: Green Bay

Most Important Possession: Wrestling Shoes

Person Admire Most: My Brother, Justin

Favorite Food: Pizza and Lasagna

Favorite Teacher: Mr. Corak



JOSHUA HAUGHT

Birth Place: Mountain Home, Idaho
 Parents: Tina Nash, Carl Pacheco
 Brothers/Sisters: Zach, Cody, Lacy
 Greatest Personal Achievement: Getting into the air force
 Future Plans: Be a pilot in the air force or be an architect
 Favorite Pro Team: Eagles
 Most Important Possession: His truck

Person He Admires Most: His Mom

Favorite Food: Mexican Food

Favorite Teacher: Mr. Walton

His Idea of Relaxation: Fishing



DERRICK MACLIZ

Birth Place: Brawley, CA
 Parents: Tom MacLiz
 Brothers/Sisters: Mallorie MacLiz
 Greatest Personal Achievement: Making it to senior year
 Future Plans: College
 Favorite Pro Team: Chargers
 Most Important Possession: His truck
 Person He Admires Most: His Dad
 Favorite Food: Carne Asada

Favorite Teacher: Mrs. Doyle

His Idea of Relaxation: Watching T.V.

Favorite Quote: "Go hard or Go home!"

FOOTBALL SENIORS



JACOB MANZO



RICKY MARLEY

Birth: 9/05/90 Newhart Richy, Florida
 Parents: Thomas Marley and Sherry Marley
 Brother/Sisters: Joe, Bob, Jeremy, Kevin
 Greatest Personal Achievements: Getting most inspirational Jr. Award
 Future Plans: Go to Oregon State and become a marine biologist
 Favorite Pro Team: Dallas

Most Important possession: My family
 Person admired most: My brother, Kevin
 Favorite food: Shrimp
 Favorite Teacher: Mr. Walton



RYAN MATHES

Birth: Virginia Beach, VA
 Parents: Terry & Angela Mathes
 Brother/Sisters: Devan, Jessica, and Shaun
 Greatest Personal Achievements: Doing 50 one-armed push ups
 Future Plans: Army- Airborne Infantry Ranger
 Favorite Pro Team: Carolina Panthers
 Most Important possession: My life –

sized cardboard cut-out of Angelina- Jolie
 Person admired most: My Dad
 Favorite food: Steak, medium rare, 3inches thick
 Favorite Teacher: Setzer



COLLIN MESSERLY

Birth: Haure, Montana 8/8/90
 Parents: Kathy and Mike Iannacchione
 Brother/Sisters: Reece, Garrett, & Terrell
 Greatest Personal Achievements: When I threw 958 yards my freshman football season
 Future Plans: To go to college and become an engineer and buy a cabin

on the lake with 2 jet skis
 Favorite Pro Team: Carolina Panthers
 Most Important possession: my bed
 Person admired most: My Mother



AUGUST RAMASCO

Birth: 03/31/1991 Winnemucca
 Parents: Karin and Dennis
 Brother/Sisters: Shane, Sadie, and Luke
 Greatest Personal Achievements: Hasn't happened yet
 Future Plans: undecided
 Favorite Pro Team: College is better
 Most Important possession: my lucky piece of turf

Person admired most: My Mom
 Favorite food: Banana cream Pie
 Favorite Teacher: Mr. Cabatbat
 My idea of relaxation: Playing Smash Bros.



TANNER SCHMIDT

Birth Place: Carlsbad, New Mexico
 Parents: Paul and Dominique Schimdt
 Brothers/Sisters: Nick (Vito) Schimdt
 Greatest Personal Achievement: Two league honors in two different sports as a junior
 Future Plans: College
 Favorite Pro Team: Steelers
 Most Important Possession: His Gui-

tar or dirt bike
 Person He Admires Most: His Dad
 Favorite Food: Model T Skillet
 Favorite Teacher: Mr. Corak

FOOTBALL SENIORS



JAMES WALTON

Birth: 8-22-90
 Parents: Don and Lynda Walton
 Brother/Sisters: Dave and Jessica
 Greatest Personal Achievement:
 Making Varsity baseball as a freshman
 Future Plans: Physical Therapy
 Favorite Pro Team: New York Yankees
 Most Important possession: My bed

Person admired most: My dad
 Favorite food: seafood
 Favorite teacher: Uncle Dougy
 My idea of relaxation: Sitting in my float tube



JOHN WELLS

Birth Place: Clearlake, CA
 Parents: Robert and Shelly wells
 Brothers/Sisters: Matt Wells
 Greatest Personal Achievement:
 Getting a Grand Slam sophomore and junior year
 Future Plans: Penn State
 Favorite Pro Team: Eagles
 Most Important Possession: His Four Wheelers

Person He Admires Most: His Dad
 Favorite Food: Biscuits and gravy
 Favorite Teacher: Mr. Walton
 His Idea of Relaxation: Fishing

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2000



Chelsea Mendiola, Kelly Dugger, Jamie Billingsley, Gwen Meyer, Leslie Prat, Heather Blattman, Mackenzie Swecker, Nicole Sorenson, Kathryn Brooks, Meghan Duffurena, Janice Domingo, Nichole Cochrane, Coach Orr

2001



Mackenzie Swecker, Meghan Duffurena, Janice Domingo, Kelly Dugger, Leslie Prat, Nichole Cochrane, Nicole Mezenen, Chelsea Mendiola, Jamie Billingsley, Coach Orr

2003



Holly Olsen, Allison Beck, Anita Cowley, Mackenzie Swecker, Meghan Duffurena, Nichole Cochrane, Savannah Roman, Jamie Billingsley, Chelsea Mendiola, Leslie Pratt, Coach Glenn

GIRL'S GOLF SCHEDULE

<u>Day</u>	<u>Date</u>	<u>Event</u>	<u>Place</u>	<u>Time</u>
Friday	08/29/08	Icebreaker Eastern	Away	TBA
Friday	09/05/08	Lowry High School	Home	10:00 AM
Thursday	09/11/08	Sparks High School	Away	10:00AM
Friday	09/19/08	*Spring Creek high School	Away	10:00AM
Friday	09/26/08	*Yerington High School	Away	9:00AM
Thursday	10/02/08	*Truckee High School	Away	10:00AM
Thursday	10/09/08	*Dayton High School	Away	TBA
Thursday	10/16/08	Fernley High School	Away	TBA
Wednesday	10/22/08	3A State Girls Golf North	Away	TBA



Roster:

Amy Balagna	11	Kinzi McClintick	9
Allison Carlo	10	Kylee Meckley	10
Ciena Foster	9	Arianna Mentaberry	11
Lacie Jurado	11	Alyssa Parks	10
Casey Kieser	9	Megan Weaver	11
Chloe McClintick	12		

GOLF COACH



BRANT CORAK

Where are you from: Enterprise, Oregon

Years at Lowry: 12

Expectations for the season: Improve every day, in the end, compete for a state title.

Education: BSED, University of Idaho

Playing Experience: 20 years

Coaching Experience: 2nd year of golf, 4 years football at LHS, 11 years wrestling at LHS

Awards: 2003 LHS Teacher of the Year, 2003 Nevada State Wrestling Championship

Other Interesting Information: Food, Oxygen, and Oregon Duck Football

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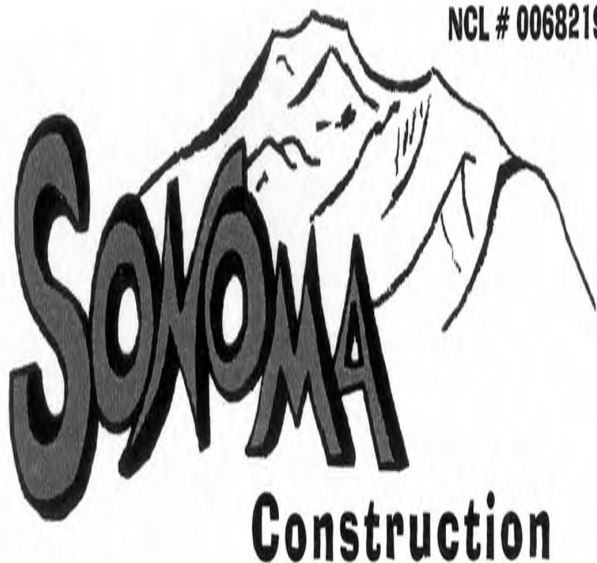
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SENIOR GOLFER



CHLOE McCLINTICK

Birth Place: Reno, NV
 Parents: Rick and Keeli McClintick
 Brothers/Sisters: Kinzie
 Greatest Personal Achievement:
 Being ranked 7th in the state for
 3A golf
 Future Plans: To be a bioengineer
 and own a farm
 Most Important Possession: Pi-

ano and golf clubs

Person She Admires Most: My mom for motivating me

Favorite Food: Salt and vinegar chips

Favorite Teacher: Mr. Corak

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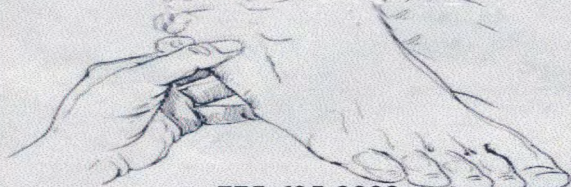
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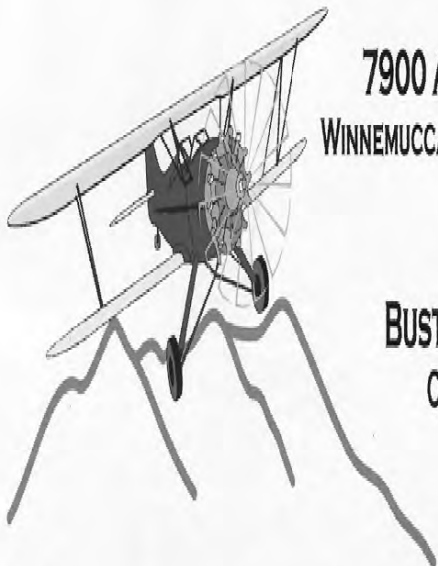
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BOY'S SOCCER SCHEDULE

Varsity

<u>Day</u>	<u>Date</u>	<u>Event</u>	<u>Place</u>	<u>Time</u>
Friday	08/29/08	Elko H.S. Soccer Tournament	Away	TBA
Saturday	08/30/08	Elko H.S. Soccer Tournament	Away	TBA
Thursday	09/04/08	Battle Mountain High School	Home	5:00 PM
Tuesday	09/09/08	Spring Creek High School	Home	5:00 PM
Thursday	09/11/08	Incline High School	Away	5:00 PM
Saturday	09/13/08	Truckee High School	Home	1:00 PM
Tuesday	09/16/08	Dayton High School	Away	5:00 PM
Friday	09/19/08	Whittell High School	Home	5:00 PM
Saturday	09/27/08	Yerington High School	Home	1:00 PM
Tuesday	09/30/08	Fernley High School	Home	5:00 PM
Thursday	10/02/08	Noth Tahoe High School	Home	4:00 PM
Tuesday	10/07/08	Yerington High School	Away	4:00 PM
Friday	10/10/08	Battle Mountain High School	Away	4:00 PM
Tuesday	10/14/08	Spring Creek High School	Away	4:00 PM
Saturday	10/18/08	Dayton High School	Home	1:00 PM
Thursday	10/30/08	Fernley High School	Away	4:00 PM
Saturday	11/01/08	Sparks High School	Home	1:00 PM
Friday	11/07/08	3A Northern Playoffs	Away	TBA
Saturday	11/08/08	3A Northern Playoffs	Away	TBA
Friday	11/14/08	3A State Championship	Away	TBA
Saturday	11/15/08	3A State Championship	Away	TBA

Junior Varsity

Saturday	09/06/08	Douglas	Away	11:00 AM
Saturday	09/13/08	Truckee High School	Away	11:00 AM
Thursday	10/02/08	North Tahoe High School	Away	2:00 PM

JUNIOR VARSITY BOY'S SOCCER



Acevedo, Jose	9	Jones, Matthew	9
Almontes, Francisco	9	Kraft, Dustin	10
Arenas, Adrian	10	Ramos, Marcos	9
Arenas, Edwin	9	Pate, Jessie	9
Bryan, Dillon	10	Richey, Severin	9
Guzman, Daniel	10	Ruiz, Alvaro	10
Hatch, Dustin	9	Ruiz, Nestor	11

VARSITY BOY'S SOCCER



NAME	GRADE	NUMBER	POSITION
Avalos, Nicos	11	1	Midfielder
Spriet, Tyler	12	2	Midfielder
Hernandez, Inaki	12	3	Fullback
Snow, Sterling	10	4	Striker
Sadler, Travis	12	5	Midfielder
Villagomez, Alejandro	11	6	Midfielder
Gibson, Jacob	10	7	Fullback
Alarcon, Mishell	12	8	Midfielder
Hernandez, Andy	11	9	Striker
Mendoza, Salvador	12	10	Striker
Storlie, Colten	12	11	Striker
Sloan, Jordan	12	13	Midfielder
Avila, Cain	12	14	Midfielder
Acevedo, Jose	11	16	Striker
Diaz, Mario	12	17	Goal Keeper
Rojas, Rojelio	12	18	Fullback
Bryan, Dillon	10	19	Midfielder

BOYS' SOCCER COACHES



STEVE SWANSEN

Where are you from: Lots of different places

Years at Lowry: Ocho

Expectations for this Season: To close with and destroy our enemies through fire and maneuver.

Education: USSF D License

Playing Experience: Not this sport

Coaching Experience: 1 year JV, 7 years Men's Varsity at Lowry

Awards: I got Gatorade dumped on me once (I made them miss the other 2 times)

Other interesting Information: I like moon lit walks on the beach, soft fluffy kitties, and watching the other coach cry as he takes the

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Available

HECTOR HUERTA



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BOYS' SOCCER SENIORS



MISHELL ALARCON

Birth: Peru 07/21/90
 Parents: Patty & Tom Holcomb
 Brothers/Sisters: Diana
 Future Plans: Work and go to school
 Most Important Possession: None
 Person Admire Most: My Mother
 Favorite Food: Candy
 Favorite Teacher: Gael McGibbon

My Idea of Relaxation: Fishing

Favorite Quote: "Keep On Keeping on"



CAIN AVILA



MARIO DIAZ

Birth Place: Winnemucca 8/15/91
 Parents: Carlos & Amalia Diaz
 Brothers/Sisters: Yezenia & Raymond Diaz
 Greatest Personal Achievement: Passing every grade
 Future Plans: Military and then Expensive College
 Favorite Pro Team: Sacramento Kings
 Most Important Possession: My

Truck

Person Admire Most: Babe Ruth

Favorite Food: Bacon

Favorite Teacher: Mr. Conner



DEVAN GONZALEZ

Birth Place: New Mexico
 Parents: Ron & Kim Cole
 Greatest Personal Achievement: Tagging the Mountain
 Future Plans: Get real estate license
 Favorite Pro Team: Raiders
 Person I Admire Most: Ron Cole
 Favorite Food: T Skillet

Favorite Teacher: Mrs. James

My Idea of Relaxation: Hanging out, doing whatever

Favorite Quote: "To be or not to be, that is the question."



INAKI HERNANDEZ

Birth: Winnemucca
 Parents: Jose L. Hernandez, Maria D. Hernandez
 Brothers/Sisters: Giovanni Hernandez, Yxtchel Hernandez
 Greatest Personal Achievement: Living away from parents for a year to play soccer
 Future Plans: Want to be a diesel mechanic

Favorite Pro Team: Chivas del Guadalajara

Person I Admire Most: Dad

Favorite Food: Lasagna

My Idea of Relaxation: Going Swimming



SALVADOR MENDOZA

BOY'S SOCCER SENIORS



ROJELIO ROJAS



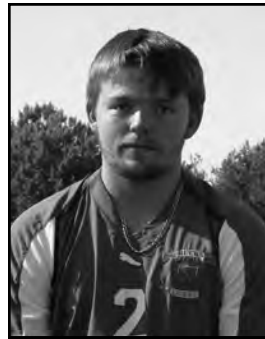
TRAVIS SADLER



JORDAN SLOAN

Birth Place: Pittsburgh, PA
 Parents: Adel Sweeny and Anthony Sloan
 Brothers/Sisters: Geno Sloan
 Greatest Personal Achievement: Made Varsity Soccer
 Future Plans: Attend UNR to major in Chemistry
 Favorite Pro Team: Pittsburgh Steelers

Most Important Possession: I-Pod
 Person I Admire Most: My Mom
 Favorite Food: BBQ Ribs
 Favorite Teacher: Mrs. Mc Gibbon or Mrs. Doyle



TYLER SPRIET

Birth Place: Winnemucca, Nevada
 Parents: Frank Spriet, Ginger Bidagarry
 Brothers/Sisters: Richard & Nick Spriet
 Greatest Personal Achievement: N/A
 Future Plans: College
 Favorite Pro Team: Manchester

Unitec
 Most Important Possession: Truck
 Person Admire Most: My Dad
 Favorite Food: Model T Skillet



COLTEN STORLIE

Birth Place: Elko, NV
 Parents: Curt & Sheila Storlie
 Brothers: Easton Storlie
 Greatest Personal Achievement: Tagging the mountain
 Future Plans: College, work, life
 Favorite Pro Team: Manchester United

Most Important Possession: Hat
 People Admired Most: Mom & Dad
 Favorite Food: Burger & fries
 Favorite Teacher: Mrs. Kennedy
 Favorite Quote: "This one's for the moustache guy." -



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GIRL'S SOCCER SCHEDULE

<u>Day</u>	<u>Date</u>	<u>Event</u>	<u>Place</u>	<u>Time</u>
Friday	8/29/08	Elko High School Soccer Tournament	Away	TBA
Saturday	8/30/08	Elko High School Soccer Tournament	Away	TBA
Thursday	09/04/08	Battle Mountain High School	Home	3:00 PM
Tuesday	09/09/08	Spring Creek High School	Home	3:00 PM
Thursday	09/11/08	Incline High School	Away	3:00 PM
Saturday	09/13/08	Truckee High School	Home	11:00 PM
Tuesday	09/16/08	Dayton High School	Away	3:00 PM
Friday	09/19/08	Whittell High School	Home	3:00 PM
Tuesday	09/23/08	Perishing County H.S.	Home	3:00 PM
Saturday	09/27/08	Yerington High School	Home	11:00 AM
Tuesday	09/30/08	Fernley High School	Home	3:00 PM
Thursday	10/02/08	North Tahoe High School	Home	2:00 PM
Tuesday	10/07/08	Yerington High School	Away	2:00 PM
Friday	10/10/08	Battle Mountain High School	Away	2:00 PM
Tuesday	10/14/08	Spring Creek High School	Away	2:00 PM
Saturday	10/18/08	Dayton High School	Home	11:00 AM
Tuesday	10/21/08	Perishing County H.S.	Away	2:00 PM
Thursday	10/30/08	Fernley High School	Away	2:00 PM
Saturday	11/01/08	Sparks High School	Home	11:00 AM
Friday	11/07/08	3A Northern Playoffs	Away	TBA
Saturday	11/08/08	3A Northern Playoffs	Away	TBA
Friday	11/14/08	3A State Championship	Away	TBA
Saturday	11/15/08	3A State Championship	Away	TBA

JUNIOR VARSITY GIRL'S SOCCER



NAME	GRADE	HEIGHT	POSITION	NAME	GRADE	HEIGHT	POSITION
Aguilar, Cintia	9	5'1"	Defender	Johnson, Nicole Christina	11	5'2"	Midfield
Avalos, Moriah Caprice	10	5'7"	Defender	McClellan, Shannon	9	5'6"	Stopper
Calderon, Andrea	9	5'2"	Forward	Ramirez, Dulce Concepcio	9	5'5"	Stopper
Castaneda, Gaudy	10	5'5"	Defender	Rushing, Ashley	9	5'3"	Forward
Cisneros, Jasmine	9	5'1"	Midfield	Sandoval, Marilyn	10	5'5"	Stopper
De La Mora, Staphany	9	5'5"	Defender	Sheridan, Elena	9	4'11"	Midfield
				Sundahl, Sydnie	9	4'11"	Forward
				Williams, Alexia	9	5'8"	Keeper

VARSITY GIRL'S SOCCER



#	NAME	GRADE	HEIGHT	POSITION
16	Aguilar, Esmeralda	12	5'1"	Midfield
14	Barta, Elaina R	10	5'5"	Defender
15	Buttram, Miranda Rae	10	5'7"	Defender
19	Buttram, Samantha	12	5'4"	Stopper
3	Chapman, Autumn	9	5'3"	Keeper
4	Franco, Arline	10	5'3"	Defender
5	Kristof, Sophie	12	5'7"	Midfield
6	Tattersall, Lindsay	12	5'8"	Defender
8	Okuma, Ashley N	10	5'4"	Keeper
9	Lombardi, Ashley M	9	5'4"	Stopper
10	Hammon, Hannah Briann	12	5'7"	Midfield
13	Haaglund, Abbey	11	5'2"	Forward
18	Noonan, Rebecca	12	5'10"	Midfield
20	Tolbert, Stephanie	12	5'2"	Forward
21	Lemm, Desirae	11	5'6"	Midfield

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GIRL'S SOCCER COACHES



JOSE SAPIEN SR.

Hometown: Mexico City

Years at Lowry: 2

Expectations for this season: For my team players to have better skills and to play better

Education: High School in Mexico City

Playing Experience: Playing soccer since I was 9 years old

Coaching Experience: Started coaching in 1992 in Winnemucca for the adult soccer team (play in Reno), I've been coaching for 16 years.

Awards: 2 Awards for best goalkeeper in Mexico City (1970 & 1971)



MARIO PEREZ

Where are you from: Mexico

Years at Lowry: Two

Expectations for this season: Working hard with JV to be ready for the Varsity next year and work with them to improve their skills.

Playing Experience: Since I was a kid

Coaching Experience: Two years H.S. Level 8 in the Hispanic league

Awards: Best keeper like player

Other interesting information: Soccer is my hobby

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GIRL'S SOCCER SENIORS



ESMERALDA AGUILAR

Birth Place: Winnemucca
 Parents: Avelina & Jorge Aguilar
 Brothers/Sisters: Georgina Orozco, Elizabeth Aguilar
 Greatest Personal Achievement: Winning the state title of the Northern Regional Representative of Nevada
 Future Plans: Go to college!

Favorite Pro Team: Chivas Soccer Team
 Most Important Possession: My bike and soccer ball
 Person I Admire the Most: My Oldest Sister
 Favorite Food: Tongue Tacos
 Favorite Teacher: I like them all!



SAMANTHA BUTTRAM

Birth Place: Winnemucca, NV
 Parents: Tamie and Tony Buttram
 Brother/Sisters: Miranda
 Greatest Personal Achievement: Surviving Junior Year, it was crazy
 Future Plans: Attend University of Idaho and Major in Chemical Engineering
 Favorite Pro Team: Miami Dolphins
 Most Important possession: My car

Person admired most: My mom because she finds time in her crazy schedule to support me
 Favorite food: Cookie dough ice cream
 Favorite teacher: Mrs. McGibbon



HANNAH HAMMON

Birth Place: Redding California
 Parents: Monte & Lisa Hammon
 Brothers/Sisters: Brad, Broc and Bret
 Greatest Personal Achievement: Surviving EOL Castellanos as a Soccer Coach
 Future Plans: Move to Reno and attend UNR
 Favorite Pro Team: St. Louis Rams
 Most Important Possession: My

Hunting Rifle
 Person Admire Most: My Dad
 Favorite Food: Sushi
 Favorite Teacher: Mrs. McGibbon
 Favorite Idea of Relaxation: Hunting With My Dad



SOPHIE KRISTOF

Birth Place: Bathurst, New Brunswick, Canada
 Parents: Brent & Lorretta Kristof
 Sisters: Natalia Kristof
 Greatest Personal Achievement: Creating an hour long finger puppet show of Romeo and Juliet
 Future Plans: To travel
 Most Important Possession: Aus-

tin Powers Movies
 Person I Admire Most: My Sister
 Favorite Food: Mint Chocolate Chip Ice Cream
 Favorite Teacher: Mr. Anderson



REBECCA NOONAN

Birth Place: Panorama City, CA May 10, 1991
 Parents: Lori/Larry Mansker
 Brothers/Sisters: Shawn, Kari, and Tim
 Greatest Personal Achievement: CIF Semi-finalist, Girls Soccer 05/06
 Future Plans: Move away, go to school, and get a job
 Most important Possession: My

Horse
 Person Admire Most: My Mother
 Favorite Food: Spaghetti -O's
 Favorite Teacher: Mr. Condie
 My Idea of Relaxation: Riding My Horse



LINDSAY TATTERSALL

Birth Place: Dawson Creek, British Columbia
 Parents: Lucinda Lindsay & Al Tattersall
 Sister: Erin Tattersall
 Greatest Personal Achievement: Our 4x200 team PR-ing by 4 seconds, to win solver at the State Championship last spring.

Future Plans: To be happy in the sand by the sea, with lots of sunscreen and cold water to drink.
 Most Important Possession: My Green card
 Person I Admire Most: My dad, he knows everything & can do more, better, than anyone I know.

GIRL'S SOCCER SENIORS



STEPHANIE TOLBERT

Birth: September 16, 1990/ Payson, UT
 Parents: Sid and Jennifer Tolbert
 Brother/Sisters: Colten
 Greatest Personal Achievement: Surviving High School
 Future Plans: So far just college, don't want to think that far ahead
 Favorite Pro Team: Liverpool
 Most Important possession: My

phone

Person admired most: My mom, She puts up with me

Favorite food: Cereal, Pizza, Steak, And Hamburgers

Favorite teacher: Mr. Conner



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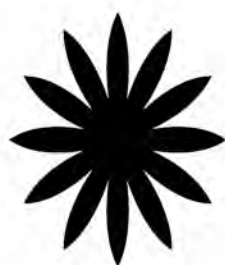
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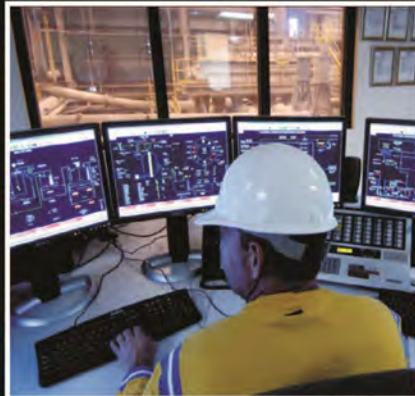


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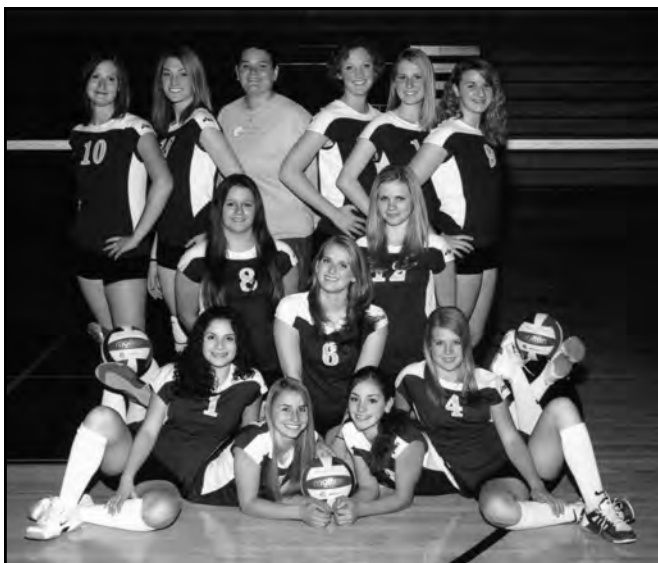
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VOLLEYBALL STATE CHAMPIONS

2005



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VARSITY VOLLEYBALL SCHEDULE

<u>Day</u>	<u>Date</u>	<u>Event</u>	<u>Place</u>	<u>Time</u>
Friday	8/29/08	State Farm Tournament	Home	TBA
Saturday	8/30/08	State Farm Tournament	Home	TBA
Friday	9/05/08	Yerington Volleyball Tournament	Away	TBA
Saturday	9/06/08	Yerington Volleyball Tournament	Away	TBA
Friday	9/12/08	*Spring Creek High School	Away	6:00pm
Friday	9/19/08	*Truckee High School	Home	6:00pm
Tuesday	9/23/08	*Pershing County	Home	5:00pm
Friday	9/26/08	*Sparks High School	Away	6:00pm
Saturday	9/27/08	*Fernley High School	Away	1:00pm
Friday	10/03/08	*Dayton High School	Home	6:00pm
Saturday	10/04/08	*Yerington High School	Home	1:00pm
Tuesday	10/07/08	Elko High	Home	6:00pm
Friday	10/10/08	*Spring Creek High School	Home	6:00pm
Tuesday	10/14/08	*Pershing County H.S.	Away	5:00pm
Saturday	10/18/08	*Truckee High	Away	1:00pm
Friday	10/24/08	*Fernley High School	Home	6:00pm
Saturday	10/25/08	*Sparks High School	Home	1:00pm
Thursday	10/30/08	*Yerington High School	Away	6:00pm
Friday	10/31/08	*Dayton High School	Away	6:00pm
Saturday	11/08/08	3A Northern Region Volleyball Tournament	Away	TBA

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JUNIOR VARSITY VOLLEYBALL

<u>Day</u>	<u>Date</u>	<u>Event</u>	<u>Place</u>	<u>Time</u>
Friday	9/12/08	*Spring Creek High School	Away	5:00pm
Friday	9/19/08	Truckee High School	Home	5:00pm
Tuesday	9/23/08	Pershing County H.S.	Home	4:00pm
Friday	9/26/08	*Sparks High School	Away	5:00pm
Saturday	9/27/08	*Fernley High School	Away	12:00pm
Friday	10/03/08	*Dayton High School	Home	5:00pm
Saturday	10/04/08	*Yerington High School	Home	12:00pm
Tuesday	10/07/08	Elko High	Home	5:00pm
Friday	10/10/08	*Spring Creek High School	Home	5:00pm
Tuesday	10/14/08	Pershing County H.S.	Away	4:00pm
Saturday	10/18/08	*Truckee High School	Away	12:00pm
Friday	10/24/08	*Fernley High School	Home	5:00pm
Saturday	10/25/08	*Sparks High School	Home	12:00pm



#	NAME	GRADE	HEIGHT	POSITION
2	Guerrero, Betsy	9	5'6	OH/M
4	Herrera, Angie	9	5'1	S/DS
9	Sotomayor, Tatiana Luz	10	5'9	M/OH
10	Etcheverry, Hana M	9	5'7	OH
11	Rose, Jamie F	10	5'9	OH/S
12	Smith, Alta R	10	5'6	M/OH
13	Alanis, Marissa M	10	5'8	M/OP

FRESHMAN VOLLEYBALL

<u>Day</u>	<u>Date</u>	<u>Event</u>	<u>Place</u>	<u>Time</u>
Friday	9/19/08	*Truckee High School	Home	4:00pm
Friday	9/26/08	*Sparks High School	Away	4:00pm
Saturday	9/27/08	*Fernley High School	Away	11:00pm
Friday	10/03/08	*Dayton High School	Home	4:00pm
Saturday	10/04/08	*Yerington High School	Home	11:00pm
Tuesday	10/07/08	Elko High	Home	4:00pm
Friday	10/10/08	*Spring Creek High School	Home	4:00pm
Saturday	10/18/08	*Truckee High School	Away	11:00pm
Friday	10/24/08	*Fernley High School	Home	4:00pm
Saturday	10/25/08	*Sparks High School	Home	11:00pm
Thursday	10/30/08	*Yerington High School	Away	4:00pm



#	NAME	GRADE	HEIGHT	POSITION
6	Snow, Olivia	9	5'4	S/OH
7	Kloeppel, Kristie	9	5'8	OH/S
11	Doyle, Kayla	9	5'8	M/OH
14	Dufurrena, Julia	9	5'8	OH/M
15	Smith, Heather	9	5'8	M/OH

VOLLEYBALL COACHES



MARY KAY PACE

Where are you from: Joseph, Oregon

Years at Lowry: 5th year

Expectations: I want all players to contribute to the team at their highest physical and mental level which will lead the way for qualifying for zone and state.

Education: BS- Oregon State University

Playing Experience: 4 years high school

Coaching Experience: 14yr Jr. High, 7yr JV, 4yr Freshman, 1yr Varsity

Awards: "Keep Away King"- Joseph 7th grade

Other Interesting Information: I have a wonderful family whom I love and admire- my husband Bob, daughter Robin, and son Anders



CASSANDRA JENKINS

Where are you from: Reno

Years at Lowry: 1992- 94

Expectations for this season: Whether win or lose, we hope to grow individually and as a team and represent the Lady Buckaroos with pride! And of course all together mostly win!

Education: BFA Advertising and Graphic Design, Masters in Teaching Education

Playing Experience: Played Volleyball all four years of high school

Coaching Experience: 3 yrs. 7th and 8th grade

2yrs at Sparks High Freshman and JV Levels



TAMMY DENNIS

Where are you from: Monticello, Utah

Years at Lowry: 2nd year

Expectations: Work as a unified team. I am excited to coach this great team that works so hard. We want to win and do our best.

Education: Bachelor of Arts in Secondary Teaching, major in Art and minor in Health

Playing Experience: Played volleyball in high school

Coaching Experience: 2nd year to coach volleyball

Other Interesting Information: Love to spend time with my family. Have one great husband, 3 sons, 3 daughters, and 2 grandsons

VOLLEYBALL SENIORS



MELISSA MCKINNON

Name: Missy McKinnon
 Birth: April 26, 1991, Reno, NV
 Parents: Mike and Julie McKinnon
 Brother/Sister: Shelby McKinnon
 Greatest Personal Achievements:
 Making varsity softball as a freshmen
 Future Plans: Go to college and play softball

Favorite Pro Team: Boston Red Socks
 Most Important Possession: My first

home run in softball

Person Most Admired: I don't admire one person, I admire my family for being there for me and supporting me.

Favorite Food: Enchilada suizas from Dos Amigos

Favorite Teacher: Mr. Connor



TASHINA FE MUNK

Birth: Roseburg, Oregon
 Parents: Tammy and Alan Munk
 Brothers/ Sisters: Terence, Tyrell
 Greatest Personal Achievement:
 Finishing my Personal Progress (my churches young woman award) and making swing choir.

Future: Uh. Get Married?

Most Important Possession: My journal and my Book of Mormom

Favorite People: My mom, dad, and Sarah Baker

Favorite Food: Fruit and Peanut butter and Jelly Sandwiches

Favorite Teachers: Mr. Criddle, Mr. Corak, Mr. Anderson, Mrs. Doyle, Mr. Rinas, & Mr. Clark



LAURA OCHOA

Birth Place: November 8th, 1990 Winnemucca, NV
 Parents: Juan and Maria Ochoa
 Brothers/Sisters: Lupe, Yadi, and Juanito

Greatest Personal Achievement:
 Being in the newspaper and still maintaining a level head.

Future Plans: Succeeding.... Step by step

Favorite Pro Team: Misty May-Treanor & Kerri Walsh

Most Important Possession: My Harry Potter collection

Person I admire most: My eldest brother

Favorite Food: S'mores with milk



SARAH SUNDAHL

Birth: Reno, NV
 Parents: Debra & Greg
 Brothers/Sisters: Sydnie & Russell
 Greatest Personal Achievement:
 Trying my best at everything I do

Future Plans: Interior Designer
 Most Important Possessions: My Truck

Person I Admire Most: Candice Olsen

Favorite Food: Artichokes

Favorite Teacher: Mrs. Rorex

My Idea of Relaxation: Laying in bed, eating cookies and watching movies

Favorite Quote: "Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness that most frightens us. We



MORGEN THACKER

Birth: Reno, NV
 Parents: Bobbi and Shane Thacker
 Brothers/Sisters: One Brother; Will Thacker. One Sister; Shaylyn Thacker

Greatest Personal Achievement:
 Playing on a varsity team in all sports that I have played in all of my high school career. Well, so far.

Future Plans: To go to college, play basketball and graduate college

Favorite Pro Team: 49ers

Most Important Possessions: My Cell Phone

Person I Admire Most: Wassen

Favorite Food: Cesar Salad & Cookie Dough Ice Cream

Favorite Teacher: My Second Grade Teacher (Mrs. Montes)

Favorite Quote: Our deepest fear is not that we are inadequate.

Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness that most frightens us. We ask our-

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Jenny Velasquez
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~

Just a friendly reminder to this season's athletes that the most important game you can win is the game of life. Start now by eating right, getting plenty of rest and hitting your school books as hard as you hit the field. If you do get a little banged up this season, and coach's first-aid kit just won't cut it, we're close by, ready to help.

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GOOD LUCK ATHLETES!

Winnemucca Century Club would like to thank the following businesses for their continued support of the Gene Laucirica Memorial Golf Scramble



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Chad Peters
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Mike & Lynn Kieser, Winnemucca Golf Course Pro

This Year's Results!

First Place Team:

Rick Hegarty, Carl Rose, Willie Bauer,
Mike Adams awarded a free Century
Club membership

Longest Drive:

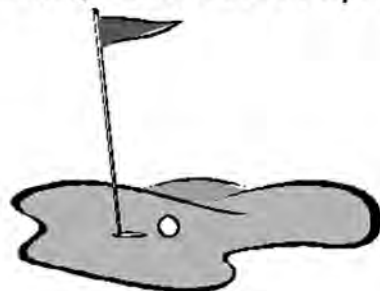
Manny Esquivel & Lynn Kieser

Closest to hole #2:

Cam White & Lynn Kieser

Closest to hole #5:

Randy Peraldo & Bev Upshaw



**Special Thanks to EVERYONE
that played in our Scramble!**

2008-2009 CENTURY CLUB MEMBERS

Garley Amos 47 Ranch
Trish Amos 47 Ranch
Jason Arrien
Ron Beck
Brian Belanger
Mariann Belanger
Kelley Bell
Tim Billingsley
Les Boni
Mary Agnes Boni
Lee Bosch
Terry Boyle
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Toby Brinkerhoff
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Tammy Pollock
Dennis Ramasco
Karin Ramasco
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Andree Rose
Cathy Schwartz
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Rolfe Schwartz
Greg Scott
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Jennifer Shurtliff
Jon Shurtliff
Jack Smith
Jeff Snyder
Nancy Snyder
Sheri Snyder
Hoby Studebaker
Jane Studebaker
Bobbi Thacker

WINNEMUCCA CENTURY CLUB

P.O. Box 3656
Winnemucca, Nevada 89446

The Winnemucca Century Club is a nonprofit corporation which receives and expends funds to promote and support Lowry High School athletics. Past contributions have been used to assist in the funding of improvements to the fields and facilities of baseball, football, soccer, softball and track, as well as to purchase equipment and/or uniforms for baseball, basketball, cheerleading, cross country, dance team, football, golf, soccer, softball, track, volleyball and wrestling. If you wish to contribute to the booster club for Lowry High School athletics, please fill out this form and send it to us at the above address. If you have any questions, please call Ray Parks at 623-8120, Vince Mendiola at 623-8130, or Mike Macdonald at 623-2517.

2008-2009 Membership Form

Name(s): _____

Address: _____

City, State & Zip Code: _____

Amount of contribution:

Each member receives a gate pass for Lowry athletic events for the school year.

\$125.00	First family member
\$75.00	Second family member (Spouse or children 21 years and younger)
\$50.00	Each additional family member (Children 21 years and younger)

Remember your Century Club membership is tax deductible.

Preference for payment:

Pay the full amount now of _____.

Pay _____ now and the balance in installments of _____.

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Signature: _____

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