

# LOWRY HIGH SCHOOL SPORTS PROGRAM

## 2008 - 2009

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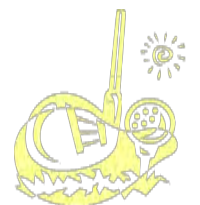
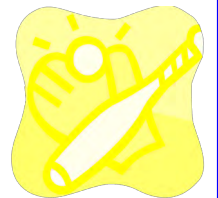
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# Lowry High School Buckaroos Welcome You

It is our pleasure to host each and every HOME event with the traditional WINNEMUCCA hospitality and we wish you the best of luck and hope you have a safe journey home.

On behalf of the students, faculty, and administration of Lowry High School and the City of Winnemucca we welcome you to our HOME away from home.

**SPORTSMANSHIP** is a top priority of Lowry Athletics. We are certain that we will have outstanding games and that each and every fan will practice good sportsmanship and applaud those efforts by both teams during the games. We have made a strong commitment to our athletes, coaches, parents, and spectators to have a positive competitive experience.

Your paid or complimentary admission to our events entitles you to enjoy an exhibition of skills developed by our students in an educational setting. Please give these student-athletes your positive encouragement and support. Your effort to applaud the talents of all players is appreciated. Booing, taunting or intimidating the officials and opponents is unfriendly and inappropriate. Please be an example to those around you. A special thanks goes to our Humboldt County School District Board of Trustees, Humboldt County School District Administration, Humboldt County school teachers, Lowry High School students, the City of Winnemucca, Winnemucca Century Club and the many workers who have contributed their time and effort to insure that you may enjoy athletics at its best.

Our sports programs are truly a community happening and we are proud to be able to host Lowry High School athletic events with students in mind. We would like to take this opportunity to thank all of the fans for continuing to support and make all Lowry

## SPORTSMANSHIP IS OUR TOP PRIORITY AT LOWRY!

Albert M. Lowry High School  
5375 Kluncy Canyon Road, Winnemucca, NV 89445  
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[www.humboldt.k12.nv.us/lhs](http://www.humboldt.k12.nv.us/lhs)



# ADMINISTRATION



MRS. DEBBIE WATTS, PRINCIPAL

Goal: To make sure every student at LHS receives the best education possible.

Hometown: Four Mile, Kentucky

Years Administrator: 8

Years at Lowry: 1

Words For Athletes: "Be honorable in all that you do."

Education: Master's Degree in Curriculum and Instruction

Awards: 1978 O.W.E. Teacher of the Year, 1990 Outstanding Teacher

of the year, 1996 Outstanding Teacher of the Year



MR. DOC WELTER, VICE PRINCIPAL

Goal: To help Lowry High School become the best 3A school in Nevada

Hometown: Plentywood, Montana

Years as Administrator: 2

Years at Lowry: 2

Words for Athletes: "Win or lose with PRIDE!"

Education: B.S. Microbiology, University of Montana; M. Ed. in Education Leadership, Jones International University



MR. BYRON JEPSEN, VICE PRINCIPAL

Hometown: Clinton, Utah

Years as Administrator: 3

Years at Lowry: 6

Words for Athletes: "Lowry High has a great tradition in athletics. Be proud to represent such a great school."

Education: B.A. in History and Spanish from Weber State University, M. Ed. in Educational Leadership from University of Nevada, Reno



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## VINCE MENDIOLA, ATHLETIC DIRECTOR

Hometown: Winnemucca, NV

Playing Experience: High School: 4 years football, 4 years basketball, 1 year baseball, 3 years golf,  
College: 4 years football at Boise State

Coaching Experience: Football for 8 years, Basketball in some shape or form for 20 years, Baseball for 1 year, Golf for 10 years,

Years Athletic Director: 9 years

Education: Lowry High School, Boise State, Masters from The United States Sports Academy

Awards: 2005-2006 Athletic Director of the State, 2003-2004 3A Athletic Director of the Year, 1992 Coach of the Year, Played in 1973 and 1974 Basketball Championships for Lowry, Played in 1973 and 1974 Golf Championships for Lowry, Coached 1992 Basketball State Championship Team, Was Assistant Coach for the 2002 Basketball State Championship Team.

Goals: Continue positive growth in all programs.

# HISTORY OF LOWRY HIGH SCHOOL

In 1967, a brand new Humboldt County High School was opened with the new name Albert Lowry High School in honor of revered Coach Albert M. Lowry.

A true Nevadan, Mr. Lowry was born in Tollhouse in 1897. He graduated from the University of Nevada in 1925, began teaching Science and coaching three sports in Winnemucca.

Mr. Lowry served the students of Humboldt County as a teacher, coach, principal, assistant superintendent and as director of the Nevada Education Association.

One of Nevada's first sporting legends, Mr. Lowry was instrumental in putting Humboldt County High School on the map. His basketball teams won 11 district or league championships and finished as the 1929 runner-up in the Nevada State Tournament.

As a track coach, he led his teams to Nevada championships in 1928, 1930, and 1936.

Mr. Lowry was also an integral part of introducing six-man football to some of Nevada's smaller schools. In 1941, he was chosen as the state's "Outstanding Coach."

Mr. Lowry served as president of the Nevada Interscholastic Athletic Association (NIAA) for 14 years and was chosen 3 times as a delegate to the National Federation of State High School Athletic Associations.

In 1933, Mr. Lowry was inducted into the NIAA Hall of Fame. He retired from the school district in 1966 and passed away May 5, 1989.

The original Lowry High School building was ready for use in 1967, with the vocational building added in 1983 the science building in 1991, the following improvements were made since then: weight room, new gym, art/social studies building, Jim Billingsley Softball Complex, new track—lighting and landscaping, baseball & softball announcers booth.

**LOWRY HIGH – TRADITIONS OF PRIDE, DEDICATION & EXCELLENCE**

# HISTORY OF WINNEMUCCA

Winnemucca, originally called French Ford, sprouted up from a wagon crossing on the Humboldt River. A trading post and hotel were the first businesses in Winnemucca, the hotel serving miners and prospectors as well as wagon trains that were passing through on their way to California or Oregon.

Two brothers, Louis and Theophile Lay, built a bridge across the Humboldt River. After this, it was not necessary to ford the river and the town was renamed to Centerville. Soon after, the railroad was built so residents looked for a name that fit the town better.

L.C. Pease or C.B.O. Bannon are usually given credit for naming the town. They chose to name the town after Chief Winnemucca, the leader of a local Paiute tribe. Another theory is that a nameless worker for the Central Pacific Railroad, wanting to keep peace with the Paiutes, suggested naming Winnemucca after the Paiute chief. It is reasonable that all three men chose the name of the town as an agreement was necessary. Winnemucca was an apt name as the mountain and mining district had been named for the Paiute chief since 1863.

# LOWRY STATE CHAMPIONSHIPS

Boy's Basketball—1973, 1974, 1975, 1978, 1985, 1992, 2002

Girl's Basketball—1978, 1981, 1992, 2002

Boy's Cross Country—1995, 2001, 2004, 2005, 2007, 2008

Girl's Cross Country—2000, 2001, 2002, 2003, 2004, 2005, 2007, 2008

Boy's Golf—1973, 1974, 1975, 1978, 1979, 1984, 1985, 1986

Girl's Golf—1975, 2000, 2001, 2003

Volleyball—2005

Softball—2006

## HALL OF FAME

Joe deArrieta Sr.	1994	Bill Hoxsey	1998
John Dolan	1994	Hank Mentaberry	1998
Albert M. Lowry	1994	Pat Dolan	1998
Jim Billingsley	1995	Gary Hoxsey	1999
Steve Clausen	1995	Don Woods	1999
Jim deArrieta	1995	Jerome Etchegoyhen	1999
Joe Dendary	1995	Gary Stoker	1999
Lori Echevarria	1995	Marvin Clausen	1999
Mike Glenn	1995	Tammy Pollock	2000
Alfred Gonzalez	1995	Tim Billingsley	2000
Rober Hooft	1995	Dick Peraldo	2000
Pat McDade	1995	Pat Hart	2000
Vince Mendiola	1995	Dr. James Calder	2001
Jim Phillips	1995	Mateo Legarza	2001
Rolfe Schwartz	1995	Don Stoker	2001
Mitch Woods	1995	Pete Etchart	2003
Ted Zimmerman	1995	Lynn Cunningham	2003
Jock Echave	1996	Rick Ringheimer	2003
Lee Lowry	1996	David Stoker	2003
Foe Mentaberry	1996	Dave Mendiola	2004
Betty Roeder	1996	Lisa Jaureguito Davidson	2004
Fred Watts	1996	Kelly Pollock	2004
Kirk Allred	1997	Chad Peters	2004
Don Bankofier	1997	Laura Stein	2005
Carol Scott	1997	T.W Cunningham	2005
Joe deArrieta	1997	David Schwartz	2008
Joe Ydiando	1998	Ron Bankofier	2008
John Legarza	1998	Chris Vesco	2008
Dennis Verner	1998	Teresa Vesco	2008



# HALL OF FAME

Lowry High School will be sponsoring a Hall of Fame for deserving Winnemucca individuals who attended or taught at Humboldt County High School or Albert M. Lowry High School. 1994 was the inaugural year for this program and we encourage you to think back and nominate a deserving individual for this prestigious award. Nominees not selected this year will be placed in an active file for future years.

## **Purpose:**

The purpose of the Hall of Fame is to honor and recognize outstanding individuals who have had a significant and lasting impact on the lives of people through their involvement as student and/or athlete or educator at our local high school. These individuals must have excelled in high school and continued to exemplify high standards in their adult lives to be eligible for this award.

## **Nomination procedures:**

1. Candidates can be nominated by any person.
2. The "selection committee" will be composed of four representatives to serve a maximum four year term. The athletic administrator will select those individuals and the names of the individuals will be confidential.

## **Nomination Deadline:**

All nominations must be received in the Lowry High School office no later than October 15 of each year. All nominations will remain in an active file for a three year period.

## **Awards:**

Recipients will have their name placed on a Hall of Fame plaque at Lowry High School and receive a lifetime pass to all Lowry High athletic events.

## **General Criteria:**

Nominees must exemplify the highest standards of sportsmanship, ethical conduct, moral character and carry the endorsement of their respective high school. An applicant must meet the following qualifications:

1. Athletes – will be eligible for nominations ten years after high school graduation.
2. Teachers, Coaches, Administrators, and Contributors will be eligible after their service to Humboldt County School District has ended.

To further explain, athletes would be former student participants who are being nominated for their achievements in interscholastic athletics. Students and educators would be considered on the merits of their high school achievements only. A contributor would be an individual who has made a contribution to Winnemucca education in some capacity other than those

**WINNEMUCCA**  
**High School Hall of Fame**  
**Application Form**

Name \_\_\_\_\_ Year of Graduation \_\_\_\_\_  
Current Address \_\_\_\_\_ School \_\_\_\_\_  
Phone \_\_\_\_\_ Date of Birth \_\_\_\_\_  
Place of Birth \_\_\_\_\_ If retired \_\_\_\_\_  
College Attended \_\_\_\_\_ Date of Retirement \_\_\_\_\_

What activities did the nominee participate in while in high school? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What awards or honors did the nominee receive while in high school? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What award and/or activities has the nominee been involved in since graduation? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Need a letter of endoresement and recommendation attached \_\_\_\_\_ (not required)  
Newspaper and/or other supportive material attached \_\_\_\_\_ but recommended)

**INDIVIDUAL SUBMITTING NOMINATION**

Name \_\_\_\_\_ Phone \_\_\_\_\_  
Mailing Address \_\_\_\_\_  
City, State, Zip \_\_\_\_\_  
Signed \_\_\_\_\_ Date \_\_\_\_\_

Return completed form to:  
Lowry High School  
Hall of Fame Committee  
5375 Kluncy Canyon Road  
Winnemucca, NV 89445

All applications are due no later than October 15, 2008  
Hall of Fame presentations will be announced at a later date.

# LOWRY COLLEGE ATHLETES

## WOMEN'S SPORTS

### Basketball

Jessica Dennison-Yakima  
Leslie Case-Hislop- Yakima  
Elisa Leader-Westminster  
Rachelle Piquet—Lewis & Clark College  
Savannah Roman- Feather River  
Carol Scott- Chico State  
Lacey Takas-Thompson-Kentucky Wesleyan  
Magen Dufurrena—Albertson's/College of Idaho

### Cross Country

Kelsey Engstrom- Oklahoma Baptist  
Megan Engstrom- Oklahoma Baptist  
Monica Myrhow-  
Heather Thompson-Hall- UNR

### Golf

Mackenzie Swecker- San Diego

### Rodeo

Katie Garijo-Rickard- Eastern Oregon  
Suzanne Montero- UNLV  
Sadie Myers- Cal Poly SLO  
Amy Jo Peraldo- UNLV

### Softball

Mandy Chaffin- Lassen  
Tara Davis- Lassen  
Andrea Ingle-Lassen  
Erica Ingle-Lassen  
Kristie Ingle- Lassen  
Monique Melody-Lassen  
Rachelle Piquet—Lewis & Clark College  
Savannah Roman- Feather River  
Jackie Schrempp- Feather River

### Track & Field

Alicia Echevarria- UNR  
Laura Stein- Idaho State

## MEN'S SPORTS

### Volleyball

Ashley Bristol-WSU  
Rachelle Piquet—Lewis & Clark College  
Teresa Vesco

### Basketball

Chad Backus- Ricks College  
Steve Clausen- Western Montana  
Nate Green-Lane CC/Feather River  
Bob Hoof- Harvard  
Jimmy Salmi-Columbia Basin  
Gary Stoker- College of Idaho  
Brian Watterson- Southwestern Oregon  
Mitch Woods-UNR

### Baseball

Ricci Abrego- Eastern Oregon  
Pachi Bengochea-Treasure Valley CC  
Jose Cardenas- Treasure Valley CC  
Chris Christean- Modesto JC  
Dustin Christean- Indiana College  
Jon Curuchet-  
Jason Davidsaver- California JC  
Joey Enochson-Southwestern Oregon  
Sean Gallian- Mesa CC  
Matt Jarolimek- CSI  
Jonathan Jarolimek-UNLV  
Rick Maestrejuan- BSU  
Benny Martinez-Dickinson State  
Tony Martinez- Eastern Oregon  
Anthony Marvel-California JC  
Jody Marvel-California JC  
Josh Orr- Albertsons

Tony Peluaga- San Francisco State  
Chad Peters-Napa  
Joe Robinson-Eastern Oregon/Dickinson State  
Chris Vesco- UNLV

### Cross Country

Bret Ferrier- Weber State  
Willie Ulch- Lane CC

### Football

Eric Angelopolous- Montana Tech  
Grant Beatty-Saddleback CC  
Tim Billingsley- College of the Redwoods  
Zach Bristol- SD JC  
TW Cunningham- UNR  
Joe Dendary-UNR  
Jon Echave-UNR  
Mike Glenn- Arizona State Basketball/UNR  
Kaden Glinsman- North Dakota  
Brandon Grady-Dickinson State  
Brian Harrison-Mayville State  
Pat McDade-BSU  
Vince Mendiola-BSU  
Rick Ringheimer-College of the Redwoods  
Dan Shaw-Mayville State  
Matt Smith- UNR

### Golf

Ben Bryson-WSU  
Ryan Plummer-Long Beach State  
Dennis Verner-UNR

### Rodeo

Mark Cowley-CSI  
Jeff Garijo- BSU

If you know of anyone that should be added to this list or if you can update our cur-



## FALL—ALL STATE WINNERS

### Cross Country

Jon Rouston, 2005  
Justin Grant, 2005  
Triton Manso, 2005  
Matt Pike, 2005, 2007  
Vance Orr, 2005  
Felicia George, 2005  
Hailey Yadon, 2005  
Madison Gray, 2005

### Football

Alfonso Gonzalez, 1969  
Frank Bengoa, 1970  
Jim Calder, 1970  
Paul Vesco, 1971  
Tom Gillespie, 1971  
Vince Mendiola, 1971, 1972, 1973

Joe Dendary, 1974  
Steve Clausen, 1974  
Dave Mendiola, 1976  
Hank Dufurrena, 1976, 1977  
Bob Cassinelli, 1977  
Bruce Delaney, 1977  
Fred Stewart, 1977  
Rick Ringheimer, 1977  
Tim Billingsley, 1977  
Al Urban, 1978  
Pat Schroeder, 1980  
Andrew Hillyer, 1982  
Doug Bosch, 1982  
Roy Echeverria, 1982  
Doug Graham, 1983  
Joel Jaureguito, 1983, 1984  
Pat McDade, 1983, 1984

David Schwartz, 1984  
David Bush, 1987  
Jonathan Jarolimek, 1987  
Jeff Schrempp, 1989  
Jon Echave, 1989  
Van Kinder, 1989  
Chad Peters, 1990  
Gordy Schumacher, 1990  
Israel Lopez, 1990  
Jamie Schroeder, 1990  
Jose Cardenas, 1990  
Mike Novi, 1990  
Scott Strickler, 1990  
Josh Kyles, 1991  
T.W. Cunningham, 1995, 1996  
Robby Volack, 2000

### Golf

Alicia Echevarria, 2005

### Soccer—Girl's

Dayla Sudbrack, 2005

### Volleyball

Betty Glinnsman, 1980  
Lisa Davidson, 1980, 1981, 1982  
Carol Scott, 1981, 1982  
Teresa Vesco, 1981, 1982  
Denise Cady, 1982  
Diana Hoss, 1983, 1984  
Denise DeLong, 1984  
Penny Begay, 1985, 1986  
Britney Bristol, 2000  
Alexis Martinez, 2002

## WINTER—ALL STATE WINNERS

### Basketball, Boy's

Mitch Woods, 1971, 1972, 1973  
Joe Dendary, 1974, 1975  
Stan Davidson, 1973  
Mike Glenn, 1975  
Bob Hooft, 1974, 1975  
Steve Clausen, 1974, 1975  
Ron Bankofier, 1978  
Ted Willer, 1978  
Jim Visger, 1978  
Rolfe Schwartz, 1979  
David Stoker, 1981  
David Schwartz, 1985  
Gary Stoker, 1984, 1985  
Chris Vesco, 1983  
Dennis Porter, 1986  
Lane Peraldo, 1989  
Jim Salmi, 1988, 1989  
Chad Peters, 1991, 1992  
Chad Backus, 1992

Ben Bryson, 2001  
Nate Green, 2001, 2002  
Teo Maestresjuan, 2002  
Brian Watterson, 2003

### Basketball, Girl's

Betty Seward, 1979  
Denise Michelson, 1979  
Tammy Mentaberry, 1979  
Sandi Smith, 1980  
Teresa Vesco, 1981, 1982  
Carol Scott, 1981, 1982  
Lisa Davidson, 1983  
Tina Echeto, 1990  
Rachelle Piquet, 1991, 1992  
Tara Davis, 2001  
Jessica Bishop, 2003  
Mackenzie Swecker, 2003, 2004  
Megan Dufurrena, 2003, 2004  
Savannah Carlo, 2008

Morgen Thacker, 2008

### Wrestling

Jim Billingsley, 1971, 1972, 1973  
Denny Gortari, 1974  
Tim Billingsley, 1976, 1977  
Rick Ringheimer, 1977  
Al Urban, 1978  
Steve Lopes, 1980  
Paul Kerr, 1980  
Robert Neary, 1980  
Jim Kracaw, 1980, 1981  
George Miller, 1981  
Kelly Pollock, 1981, 1982, 1983  
Keith Neary, 1981, 1983  
Rich Enochson, 1982  
Jimmy Cannon, 1983  
Pat McDade, 1983, 1984, 1985  
Dave Stetler, 1985  
Paul Smith, 1985, 1986, 1987

Gus Duncan, 1986, 1987  
Bake Turner, 1986, 1987, 1988  
Billy Holt, 1989  
Dave Bush, 1988  
Mitch Green, 1988  
Jeff Hutchings, 1988  
Aaron Poulson, 1989  
Juan Manzo, 1989  
Efrium Manzo, 1989  
Jeff Arreola, 1989, 1990  
Gus Alvarez, 1990  
Chester George, 1990, 1991  
Josh Kyles, 1991  
Milo Cardenas, 1991  
Pete Herold, 1994, 1995, 1996  
Rick Hutchinson, 1992  
Chris Hornbarger, 1992, 1993  
Raul Cardenas, 1993  
Jake Lage, 1999  
Johnny Davis, 1991, 1992, 1993

## SPRING—ALL STATE WINNERS

### Track

Kelli Baker, 1975  
David Dake, 1975  
John Luna, 1975  
Lloyd Johnson, 1975  
Julie Tipton, 1976  
Larry Blaylock, 1977, 1978, 1979  
Betty Seward, 1979  
Pat McDade, 1983, 1984, 1985  
Vicki Salmi, 1984  
Matt Buchan, 1984, 1985, 1986  
Chris Bishop, 1986  
Bell, McKemy, Peraldo, Salmi, 1600 M Relay, 1987  
Lane Peraldo, 1987, 1988  
Cathey, Burns, Backus, Dean, 1600 M Relay, 1988

Salmi, Peraldo, Schlottman, Peraldo, Lecumberry, 1600 M Relay, 1988  
Mandy Burns, 1989  
Burns, Backus, Piquet, Cassinelli, 800 M Relay, 1989  
Piquet, Bidart, Cassinelli, Burns, 400 M Relay, 1989  
Smith, Canepa, Schlottman, Netcher, 800 M Relay, 1989  
Burns, Backus, Dehart, Cassinelli, 1600 M Relay, 1989  
Tina Echeto, 1989, 1990  
Laura Stein, 1994  
Willie Ulch, 1995  
Sergio Cabada, 1995

Sergio Cabada, 1600 M & 3200 M, 1996  
Salvador Cabada, 4A Cross Country, All State 1996  
Sergio Cabada, 4A, 1600 M, 1996  
Brett Ferrier, 1999, 2000  
Jamie Cabada, 2000  
Levi Keller, 2003

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## **Cindy Neeley-Sigurdson, Agent**

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Winnemucca, NV 89445-3653  
Bus: 775-623-2781  
[cindy.neeley-sigurdson.nbzt@statefarm.com](mailto:cindy.neeley-sigurdson.nbzt@statefarm.com)



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# GO BUCKAROOS!

## NIAA ALCOHOL, TOBACCO AND OTHER DRUG POSSESSION, USE, ABUSE and PENALTIES POLICY

Participation in NIAA sanctioned sports is a privilege and responsibility which requires all participants to adhere to athletic training rules imposed by the school district and member or affiliate school the student attends and represents. Adherence to training rules ensures that all student-athletes are in top physical condition, minimizes potential for injury, and further ensures that all member and affiliate school athletic teams are appropriately represented by their student-athletes. Therefore, the possession or use of any controlled substance, alcohol or tobacco products by a student athlete, whether it occurs on or off of school property, is prohibited and shall result in the penalties set forth herein.

***This regulation shall begin once our son/daughter begins participation as a student athlete in high school athletics. This policy remains in effect for every calendar school year during the course of his/her high school career and when he/she is directly involved in a school activity occurring at any time (summer leagues / camps, etc.). This policy remains in effect regardless of whether our son/daughter is currently participating on a high school athletic team.***

- a. Definitions - The following terms or phrases shall have the meaning ascribed to them for purposes of interpreting this Policy.
  1. Competitive Week – means a seven (7) day period of time beginning with the **first scheduled competition** after a violation occurs in which a student athlete is participating as a member of an athletic team for a member or affiliate school, and in which that team is officially competing in NIAA sanctioned competition.
  2. Controlled Substance – includes any mind altering substance or beverage set forth in Schedule I-V of the list of Controlled Substances as identified by the office of the Drug Enforcement Administration or as set forth in 21 U.S.C. §812.
  3. Period of Suspension – means a student athlete is prohibited from appearing in any NIAA sanctioned sport or event as a member of an athletic team or in individual competition. A suspension from athletic competition begins with the first scheduled competition after a violation occurs. A student athlete who is suspended under this regulation who does not serve the entire period of suspension during the sport season in which suspension occurs shall serve any remaining period of suspension during the next sport season in which the student athlete appears on a NIAA roster. A violation of this regulation that occurs during a time when a student athlete does not appear on a NIAA roster shall be implemented at the commencement of the next sport season in which the student athlete participates. Attendance in a summer school class shall not apply toward satisfying any period of suspension.
  4. ***Possession means a student / athlete who is in actual physical control of alcohol, tobacco or a controlled substance.***
- b. Possession or Use of Tobacco/Alcohol/Controlled Substance/Narcotics. Any student athlete determined to be in possession of, or to have used tobacco, including smoking tobacco, chewing tobacco or snuff, an alcoholic beverage (as defined by NRS 202.020 **and any relevant local ordinances**), controlled substance and/or narcotic (unless prescribed by the student athlete's physician for medical purposes), is in violation of this policy. If after an investigation by the school it is determined that the student athlete is in violation of this regulation the student athlete shall immediately be declared ineligible to compete in any NIAA competition beginning with the first scheduled competition after a violation occurs. Additionally, the student athlete shall be subject to the following discipline:

1. First Violation: a six (6) competitive week suspension from participation in interscholastic competition beginning with the first scheduled competition after the suspension occurs. Four (4) competitive weeks of the suspension of eligibility may be waived if the student successfully completes all components of the appropriate substance abuse intervention program set forth in subparagraphs (d) (1) (A) and (d) (1) (B) below. The student may practice with the team during the period of suspension if approved by the coach and principal.
2. Second Violation: The student shall be suspended from interscholastic competition for a minimum of ninety (90) school days which shall include a minimum of six (6) competitive weeks of competition. The student shall not be allowed to practice with the team, or participate in any out of season activities and must complete the requirements set forth in subparagraphs A and B below, in order to be considered for reinstatement of future athletic eligibility, which shall be determined following the ninety (90) day suspension of athletic eligibility by a group composed of one of the student's parents/legal guardians, the school principal, athletic director, coach and a substance abuse program coordinator.
  - A. A substance abuse evaluation assessment conducted by a licensed alcohol and drug counselor at the expense of the parent/legal guardian of the student must be completed within ten (10) school days following the suspension and all assessment recommendations must be satisfactorily met before athletic eligibility may be reinstated.
  - B. The student must successfully participate in all sessions of the appropriate substance abuse intervention program set forth in subparagraphs (d) (1) (a) and (d) (1) (B) below, and successfully complete a minimum of ten (10) tobacco or alcohol/drug related support sessions.
3. Third Violation: The student shall be ineligible to participate in interscholastic athletics for the remainder of the student's high school career.
4. Appeal: A student that serves their third violation and still has more than one year of remaining eligibility can appeal through the NIAA Board of Control. Both the students and his / her parents must attend this meeting of the Board to present their appeal.
- c. Cumulative Effect of Suspensions: Multiple suspensions of a student athlete's athletic eligibility based on violations of this Regulation shall be considered as cumulative over the length of each student athlete's high school career, 9<sup>th</sup> through 12<sup>th</sup> grade.
- d. Substance Abuse Intervention Program: Any student who has been suspended from athletic eligibility for violation of the provisions of this Regulation and whose future athletic eligibility is contingent on successful completion of a Substance Abuse Intervention Program, or whose suspension of athletic eligibility may be reduced through successful participation in a Substance Abuse Intervention Program, shall complete the Substance Abuse Intervention Program developed by the NIAA in conjunction with the State of Nevada, Department of Human Resources Division of Child and Family Services Program available through the Juvenile Justice Programs Office: (775) 684-7294.
  1. Successful completion of the Substance Abuse Intervention Program shall require, at a minimum:
    - A. The completion of a video program specific to the nature of the student athlete's offense, by the student athlete, and his/her parent(s) or legal guardian(s), as demonstrated by the successful completion of an assignment on the content of the video by the student athlete and his/her parent(s) or legal guardian(s).
    - B. The completion of a minimum of an eight (8) hour assignment selected from a list of ten (10) possible assignments by school personnel. Successful completion shall be determined through a meeting between the student athlete, his/her parent(s) or legal guardian(s), the head coach of the sport in which the student athlete was participating at the time of offense, and the school counselor or dean of students.

**All investigations and penalty enforcements will be conducted by the school and / or district with support through the NIAA office.**



## PARENT / LEGAL GUARDIAN AND STUDENT ACKNOWLEDGEMENT

***The Nevada Interscholastic Activities Association (NIAA) recognizes and understands that parents / guardians take the primary role in instilling values for their students. It is the goal of the NIAA to work cooperatively with parents to provide guidelines and programs that assist student athletes in making positive choices.***

**IMPORTANT – Please read the following information and acknowledge with your signature below.**

We understand that participation in high school athletics is a privilege, not a right, and that underage drinking and drug use is against the law. It is against the law to sell tobacco to people under the age of 18 and usage is against school policy. Substance abuse negatively impacts athletics and academic performance, and research indicates that early onset of alcohol use increases the occurrence of addiction in adulthood by four times. Alcohol and drug use interferes in learning processes, brain development and increases the chance of physical injury while participating in athletic competition. Because of these risks, and in addition to the laws of the State of Nevada, the NIAA requires participants and parents to agree to the following:

- 1. We have read the NIAA Drug, Alcohol and Tobacco Possession, Use and Abuse Penalties Policy and agree to abide by the Policy as written.***
- 2. We realize that a video and Power Point presentation regarding the Policy is available and we have either seen this presentation or agree to waive the requirement of viewing the presentation.***
- 3. We understand that we are encouraged to notify our school's athletic administrator / director if our son / daughter violates this Policy and / or the laws of the state of Nevada. It would also be acceptable for our child to self-report any violation of this policy to our school's athletic administrator / director.***
- 4. We understand that knowingly providing erroneous information during the course of an investigation of an alleged violation of the policy will result in a one calendar year suspension from all high school athletic activities.***
- 5. We further acknowledge that once our son / daughter begins participation as a student athlete in high school athletics that this policy remains in effect for every calendar school year during the course of their high school career and when he / she is directly involved in a school activity occurring at any time (summer leagues / camps, etc.). This policy remains in effect regardless of whether our son / daughter is currently participating on a high school athletic team.***
- 6. We have also reviewed the following NRS 202.020, Purchase, Consumption or Possession of Alcoholic Beverage by Minor, and understand the laws of Nevada and how they pertain to our family.***
- 7. We understand that although it is not technically against the law to use tobacco in the state of Nevada (NRS 202.2493 and 202.24935 prohibits anyone from supplying a person under the age of 18 with any kind of tobacco product), we realize it is against this policy and general school policy, and that scientific evidence demonstrates it is unhealthy and a detriment to athletic performance.***
- 8. We understand that the use of steroids and other performance enhancing drugs are dangerous, illegal, provide only temporary gains and are a form of cheating other competitors.***

# COMPETITORS

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Spring Creek, NV 89815  
(775) 753-5575  
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Mascot: Spartans



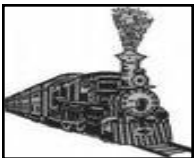
Truckee High School  
11725 Donner Pass Rd.  
Truckee, CA 96161  
(530) 582-2600  
Colors: Red, White  
Mascot: Wolverines



Dayton High School  
335 Old Dayton Valley Road  
Dayton, NV 89403  
(775) 246-6240  
Colors: Red, Black  
Mascot: Dust Devils



Fernley High School  
1300 Highway 95A  
Fernley, NV 89408  
(775) 575-3400  
Colors: Orange, Black  
Mascot: Vaqueros



Sparks High School  
820 15<sup>th</sup> Street  
Sparks, NV 89431  
(775) 353-5514  
Colors: Maroon, Gold  
Mascot: Railroaders



Yerington High School  
114 Pearl St.  
Yerington, NV 89447



(775) 463-6822

Colors: Purple, White

Mascot: Lions

## Others

Pershing County High School  
1215 Franklin Avenue  
Lovelock, NV 89419  
(775) 273-2625  
Colors: Red & Black  
Mascot: Mustangs

Whittell High School  
240 Warrior Way  
Zephyr Cove, NV 89448  
(775) 588-2420  
Colors: Red & Gold  
Mascot: Warriors

Douglas High School  
1670 Highway 88  
Minden, NV 89423  
(775) 782-5136  
Colors: Orange & Black  
Mascot: Tigers

Reed High School  
1350 Baring Blvd.  
Sparks, NV 89434  
(775) 353- 5708  
Colors: Columbia Blue & Gold  
Mascot: Raiders

Battle Mountain High School  
435 Weaver Avenue  
Battle Mountain, NV 89820  
(775) 635-5436  
Colors: Green & Gold  
Mascot: Longhorns

Elko High School  
987 College Ave.  
Elko, NV 89801  
(775) 738-7281  
Colors: Maroon & White  
Mascot: Indians

Incline High School  
499 Village Boulevard  
Incline Village, NV 89451  
(775) 832-4206  
Colors: Green, Gold  
Mascot: Highlanders

North Tahoe High School  
2945 Polaris Rd.  
Tahoe City, CA 96145  
(530) 581-7000  
Colors: Blue & Black  
Mascot: Lakers

Wooster High School  
1331 E. Plumb Lane

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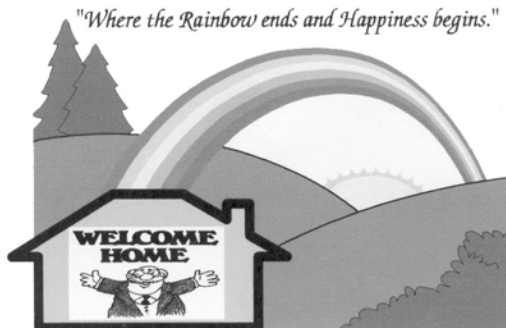
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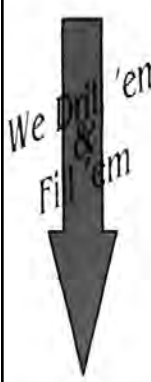
# BOY'S BASEBALL SCHEDULES

## Boys Varsity

<u>Day</u>	<u>Date</u>	<u>Event</u>	<u>Place</u>	<u>Time</u>
Thursday	3/12/09	Mike Bearman Memorial Tourney	Away	1:00 PM
Friday	3/13/09	Mike Bearman Memorial Tourney	Away	6:00 PM
Saturday	3/14/09	Mike Bearman Memorial Tourney	Away	10:00 AM
Saturday	3/14/09	Mike Bearman Memorial Tourney	Away	1:00 PM
Friday	3/20/09	Dayton High School	Home	4:00 PM
<b>Saturday</b>	<b>3/21/09</b>	<b>Dayton High School</b>	<b>Home</b>	<b>11:00 AM</b>
<b>Saturday</b>	<b>3/21/09</b>	<b>Dayton High School</b>	<b>Home</b>	<b>1:00 PM</b>
<b>Friday</b>	<b>3/27/09</b>	<b>Carlin</b>	<b>Home</b>	<b>3:00 PM</b>
<b>Friday</b>	<b>3/27/09</b>	<b>Carlin</b>	<b>Home</b>	<b>5:00 PM</b>
<b>Monday</b>	<b>3/30/09</b>	<b>Elko High School</b>	<b>Home</b>	<b>3:30 PM</b>
Friday	04/03/09	Fernley High School	Away	4:00 PM
Saturday	04/04/09	Fernley High School	Away	11:00 AM
Saturday	04/04/09	Fernley High School	Away	1:00 PM
<b>Friday</b>	<b>04/10/09</b>	<b>Yerington High School</b>	<b>Home</b>	<b>4:00 PM</b>
<b>Saturday</b>	<b>04/11/09</b>	<b>Yerington High School</b>	<b>Home</b>	<b>11:00 AM</b>
<b>Saturday</b>	<b>04/11/09</b>	<b>Yerington High School</b>	<b>Home</b>	<b>1:00 PM</b>
Friday	04/17/09	Truckee High School	Away	4:00 PM
Saturday	04/18/09	Truckee High School	Away	11:00 AM
Saturday	04/18/09	Truckee High School	Away	1:00 PM
<b>Friday</b>	<b>04/24/09</b>	<b>Sparks High School</b>	<b>Home</b>	<b>4:00 PM</b>
<b>Saturday</b>	<b>04/25/09</b>	<b>Sparks High School</b>	<b>Home</b>	<b>11:00 AM</b>
<b>Saturday</b>	<b>04/25/09</b>	<b>Sparks High School</b>	<b>Home</b>	<b>1:00 PM</b>
Friday	05/08/09	Spring Creek High School	Away	4:00 PM
Saturday	05/09/09	Spring Creek High School	Away	11:00 AM
Saturday	05/09/09	Spring Creek High School	Away	1:00 PM
<b>Saturday</b>	<b>05/16/09</b>	<b>Regional Playoffs</b>	<b>Home</b>	<b>11:00 AM</b>
<b>Saturday</b>	<b>05/16/09</b>	<b>Regional Playoffs</b>	<b>Home</b>	<b>1:00 PM</b>
Thursday	05/21/09	State Playoffs	Away	TBA
Friday	05/22/09	State Playoffs	Away	TBA
Saturday	05/23/09	State Playoffs	Away	TBA

## Boys Junior Varsity

<u>Day</u>	<u>Date</u>	<u>Event</u>	<u>Place</u>	<u>Time</u>
Friday	3/13/09	Yerington Tournament	Away	
Saturday	3/14/09	Yerington Tournament	Away	
Saturday	3/21/09	Dayton High School	Away	11:00 AM
Saturday	3/21/09	Dayton High School	Away	1:00 PM
Tuesday	3/24/09	Carlin	Away	1:00 PM
Tuesday	3/24/09	Carlin	Away	4:00 PM
Monday	3/30/09	Elko High School	Away	3:00 PM
<b>Saturday</b>	<b>4/4/09</b>	<b>Fernley High School</b>	<b>Home</b>	<b>11:00 AM</b>
<b>Saturday</b>	<b>4/4/09</b>	<b>Fernley High School</b>	<b>Home</b>	<b>1:00 PM</b>
Saturday	04/11/09	Yerington High School	Away	11:00 AM
Saturday	04/11/09	Yerington High School	Away	1:00 PM
<b>Saturday</b>	<b>04/18/09</b>	<b>Truckee High School</b>	<b>Home</b>	<b>11:00 AM</b>
<b>Saturday</b>	<b>04/18/09</b>	<b>Truckee High School</b>	<b>Home</b>	<b>1:00 PM</b>
Saturday	04/25/09	Sparks High School	Away	11:00 AM
Saturday	04/25/09	Sparks High School	Away	1:00 PM
<b>Wednesday</b>	<b>4/29/09</b>	<b>Wells</b>	<b>Home</b>	<b>3:00 PM</b>
<b>Friday</b>	<b>5/8/09</b>	<b>Spring Creek High School</b>	<b>Home</b>	<b>11:00 AM</b>
<b>Friday</b>	<b>5/8/09</b>	<b>Spring Creek High School</b>	<b>Home</b>	<b>1:00 PM</b>



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# VARSITY BOY'S BASEBALL



#	NAME	GRADE	HGT	WGT	POSITION
1	Mitch Pollock	10	5'4	120	C
2	Terrell Messerly	11	5'9	160	IF/P
3	Jace Billingsley	9	5'6	130	IF/P
4	Nathan Shearer	12	6'3	145	1B/P
5	James Walton	12	6'2	185	OF/P
7	Anders Pace	10	5'11	160	U
8	August Ramasco	12	6'1	195	1B/P
9	John Wells	12	5'10	3B/P	165
11	David Eastman	11	5'9	IF/P	160
12	Tanner Schmidt	12	5'9	165	U
21	Dustin Kraft	10	5'11	185	OF/P
22	Collin Messerly	12	6'2	185	C/IF/P
23	Mario Diaz	12	6'1	170	OF
24	Gino Parolin	12	6'1	200	OF
42	Bryan Noble	9	6'0	160	P/IF
	Oscar Arechiga				Manager
	Eric Orlando				Manager



# JV Boy's Baseball



#	NAME	GRADE	HGT	WGT	POSITION
1	Ryan Nelson	9	5'6	150	OF/C
2	Mathew Williams	9	5'10	125	OF
3	Joshua Ashby	11	5'9	180	OF/P
4	Eddie Poole	9	5'3	105	OF
5	Gus Duncan	9	5'7	140	C/OF
6	Ryan Dins	9	5'5	130	OF
7	Anthony Chojnacki	9	5'7	150	IF/P
8	Ben Norfolk	11	5'9	215	OF
11	Jonathan Hernandez	9	5'11	160	OF/P
14	Mark Linnell	9	5'11	245	IF/P
15	Cole Hatcher	9	5'10	140	OF/P
16	Cezar Castaneda	9	5'7	145	OF
17	Salvador Pulido	11	6'1	250	IF
18	Gregory Forney	9	5'5	160	OF

# BASEBALL COACHES



RON ESPINOLA, VARSITY

Coach Espinola graduated from La Grande High School in 1988 where he played high school and American Legion baseball. He was primarily a catcher although he also played second base and outfield. He has coached at the Little League level and also coached at La Grande High School before moving to Winnemucca and coaching here since 1998. He also coaches the Greater Nevada Badgers, Winnemucca's Summer Baseball Team. His highlights while coaching in Winnemucca have been qualifying for Zone for the first time at the 4A level in 1998, assisting with the Senior League All Stars the same year, and the first winning season for the the Summer Team in 2002.

**Favorite Team:** New York Yankees

**Favorite Player:** all time, Don Mattingly--current, Derek Jeter



DON WALTON, ASSISTANT VARSITY

Coach Walton graduated from Harrison High School in Colorado Springs, Colorado in 1971. He was a first baseman on the baseball team. His most memorable experience in high school was batting against Goose Gossage during a game in his junior year. "I watched three hard fastballs whiz by me like virtually everyone else on the team." He was a catcher on the baseball team at the Colorado School of Mines in Golden, Colorado. "At Mines, academics came first, athletics were a strong second. We played sports for a diversion from a very tough curriculum at a very good school." He has coached at the Little League level for several years as his two sons have gone through the program. Most people recognize him as an umpire that has worked at the youth and high school level for twenty years. "Working in the mining industry, umpiring was the way I stayed in contact with the game. Teaching has given me the opportunity to spend more time coaching young kids in a game that has treated me well for a number of years." Coach Walton is excited to have the opportunity to coach young men at the junior varsity level. He hopes to provide a positive link between a player's Little League career and his varsity experience by providing consistency with the varsity program.

*Favorite team:* New York Yankees

*Favorite player:* Hank Aaron

*Favorite quote:* "The main ingredient of stardom is the rest of the team." ~ John Wooden



JEFF RINAS

**Where are you from:** Rock Lake, ND

**Years at Lowry:** 2

**Expectations for this season:** Undefeated in League. JV Players to improve their skills to become Varsity players.

**Education:** B.S. Education, Mayville State University

**Playing Experience:** High School

**Coaching Experience:** 2 years, JV Basketball, 1 year JV Baseball

# BASEBALL COACHES



MIKE FORMBY

Where are you from: Winnemucca, NV

Years at Lowry: First year

Expectations for this season: To have a successful year, not only by winning games, but by teaching the kids for the next level of Varsity baseball to hopefully help get things going in the right direction for Lowry.

Education: High School Graduate

Playing Experience: Tee-Ball up until High School Graduation in 1994.

Played summer ball in 94-96. Men's Softball for 14 years.

Coaching Experience: 2 years pitching coach for little league Majors.

Other Interesting Information: In 1993 and 1994 I was scouted by the Cubs, Red, Rockies and Mariners. I was also on the first team to jump from 2A to 3 A ball.



SHANE GOODALE

Coach Goodale graduated from Lowry High School in 2005 where he lettered in three sports, basketball, football, and baseball. He has played many positions throughout his career but mostly played shortstop and pitched. Goodale has received both state and league honors at his time with Lowry, such as first team All-State shortstop, and Northern League MVP. He has also spent six years with the Greater Nevada Badgers summer baseball team.

Favorite team: Chicago Cubs

Favorite player: A-Rod



WIL COONEY

Where are you from: Winnemucca, NV

Years at Lowry: 1

Expectations for this season: to prepare and develop our guys into Varsity caliber players

Education: Graduated from Lowry, 2007

Playing Experience: 05-07—Lawry Varsity, 02-07 Greater Nevada Badgers

Coaching Experience: First Year

Awards: All-League Honor—Junior Year, All-State Honors—Senior Year

Other Interesting Information: I am a member of the United States Marine Corps.

# BASEBALL COACHES



**BEN MARTINEZ**

Where are you from: Winnemucca

Years at Lowry: 1

Expectations for this season: Win State

Education: College

Playing Experience: College, Lassen JC. Dickinson State

Coaching Experience: College, Dickinson State

Awards: All State 1<sup>st</sup> Team high school, All League 1<sup>st</sup> Team college

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# BOY'S BASEBALL SENIORS



**Oscar Arechiga**

Birth Place: Winnemucca, NV  
 Parents: Alejandrina Arechiga  
 Brothers/Sisters: Francisco, Alex, Yaritza, Tony  
 Career Plans: Military, Police Officer  
 Favorite Pro Team: LA Dodgers  
 Greatest Personal Achievement: Bought my first car with my own money.  
 Biggest Disappointment: Busted my knee before baseball season.  
 Most Important Possession: An autographed Roberto Clemente card

Person I Admire Most: Roberto Clemente  
 Favorite Food: Subway Sandwich  
 Favorite Teacher: Mrs. Dawson  
 Toughest Class: French III  
 My Idea of Relaxation: Fishing/sleeping



**Mario Diaz**

Birth Place: Winnemucca, NV  
 Parents: Carlos and Amalia  
 Brothers/Sisters: Yezenia & Raymond  
 Career Plans: Army, College, FBI  
 Favorite Pro Team: Sacramento Kings  
 Greatest Personal Achievement: Staying in School  
 Biggest Disappointment: Losing to Incline in Zone  
 Most Important Possession: My truck  
 Person I Admire Most: Jesus and my sister  
 Favorite Food: Bacon

Favorite Teacher: Mr. Connor  
 Toughest Class: Calculus  
 My Idea of Relaxation: Sleeping  
 Favorite Quote: "Nobody cares if your mad, so might as well be happy."



**Collin Messerly**

Birth Place: Havre, Montana  
 Parents: Mike and Kathy Iannacchione  
 Brothers/Sisters: Reece, Garrett, Terrel, Jamie, Dave  
 Career Plans: Go to University of Utah  
 Favorite Pro Team: Carolina Panthers  
 Greatest Personal Achievement: Going to state in basketball  
 Biggest Disappointment: Not playing senior season of football  
 Most Important Possession: My bed  
 Person I Admire Most: My mother

Favorite Food: Taco Salad  
 Favorite Teacher: Mr. Walton  
 Toughest Class: Sleeping  
 My Idea of Relaxation: Sleeping for like 16 hours  
 Favorite Quote: "What's up son?"



**Gino Parolin**

Birth Place: Edmonton, Alberta  
 Parents: Bob, Barb  
 Brothers/Sisters: Gabe  
 Career Plans: Forensic Scientist  
 Favorite Pro Team: Lakers  
 Greatest Personal Achievement: 2 time MVP in a row  
 Biggest Disappointment: Losing to Boulder City  
 Most Important Possession: My Dog Ashes  
 Person I Admire Most: My Dad  
 Favorite Food: Nachos

Favorite Teacher: Mr. Walton  
 Toughest Class: English  
 My Idea of Relaxation: Chilling  
 Favorite Quote: Heroes get remembered, but legends never die



**Gus Ramasco**

Birth Place: Winnemucca, NV  
 Parents: Karen and Dennis  
 Brothers/Sisters: Shane, Sadie and Luke  
 Career Plans: Undecided  
 Favorite Pro Team: Atlanta Braves  
 Greatest Personal Achievement: Making the basketball team  
 Biggest Disappointment: Missing the playoffs in football  
 Most Important Possession: The Titan  
 Person I Admire Most: My mom  
 Favorite Food: Banana Cream Pie

Favorite Teacher: Mr. Carstensen, Mr. Beck, Mr. Cabatbat, Mrs. Doyle, and Mrs. Kennedy  
 Toughest Class: Anatomy  
 My Idea of Relaxation: Fishing  
 Favorite Quote: "Robert better not get in my face..."



**Tanner Schmidt**

Birth Place: Carlsbad, NM  
 Parents: Paul and Dominique Schmidt  
 Brothers/Sisters: Nick "Vito" Schmidt  
 Career Plans: The next Crocodile Hunter  
 Favorite Pro Team: Atlanta Braves  
 Greatest Personal Achievement: Wrestling Team State Title  
 Biggest Disappointment: Getting third at Zone this year  
 Most Important Possession: My Dirtbike  
 Person I Admire Most: My mommy/Beans  
 Favorite Food: ribs

Favorite Teacher: Mr. Beck, Mr. Walton, Mrs. James  
 Toughest Class: Anatomy  
 My Idea of Relaxation: Riding my Dirtbike  
 Favorite Quote: "Quit trying to strike everyone out, besides strikeouts are fascists, throw some ground balls, more democratic." - Crash Davis

# BOY'S BASEBALL SENIORS



**Nate Shearer**

Birth Place: Dumas, Texas  
 Parents: Cecil, Geri  
 Brothers/Sisters: Brayden, Tanner, Ashton  
 Career Plans: Physical Therapy  
 Favorite Pro Team: Patriots  
 Most Important Possession: My sound system  
 Person I Admire Most: Parents  
 Favorite Food: Spaghetti  
 Favorite Teacher: Beck  
 Toughest Class: Honors Biology II  
 My Idea of Relaxation: Sports Center  
 Favorite Quote: "If your not cheating your

not trying."



**James Walton**

Birth Place: Reno, NV  
 Parents: Don and Lynda Walton  
 Brothers/Sisters: Jessica and Dave Walton  
 Career Plans: Athletic trainer/ physical therapist  
 Favorite Pro Team: Yankees  
 Greatest Personal Achievement: Making varsity Baseball Freshmen year  
 Biggest Disappointment: Losing by 3 to go to state championships  
 Most Important Possession: My bat  
 Person I Admire Most: My brother

Favorite Food: Steak and potatoes

Favorite Teacher: Mrs. Doyle

Toughest Class: Anatomy

Favorite Quote: "The difference between the impossible and possible lies in a man's determination" – Tommy Lasorda



**John Wells**

Birth Place: Clearlake, CA  
 Parents: Shelley and Bob Wells  
 Brothers/Sisters: Matt Wells  
 Career Plans: College to study environmental sciences  
 Favorite Pro Team: Philadelphia Eagles  
 Greatest Personal Achievement: Being accepted to my college of choice  
 Biggest Disappointment: My batting average this year  
 Most Important Possession: My sound system  
 Person I Admire Most: My father

Favorite Food: Biscuits and gravy

Favorite Teacher: Mr. Cabatbat

Toughest Class: Honors Biology with Mr. Sans

My Idea of Relaxation: Fishing

Favorite Quote: "When you're not practicing, remember, someone somewhere is practicing and when you meet him he will win." – Ed Macvaley

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# BOY'S GOLF SCHEDULE

Golf Boys Varsity

<u>Day</u>	<u>Date</u>	<u>Event</u>	<u>Place</u>	<u>Time</u>
Friday	03/20/09	Mineral County High School	Away	9:00 AM
Friday	03/27/09	Fernley High School	Away	10:00 AM
Thursday	04/02/09	Sparks High School	Away	1:00 PM
Friday	04/10/09	Yerington High School	Away	9:00 AM
Thursday	04/16/09	Dayton High School	Away	10:00 AM
<b>Friday</b>	<b>04/24/09</b>	<b>Lowry High School</b>	<b>Home</b>	<b>10:00 AM</b>
Friday	05/01/09	League Schools @ Edgewood	Away	10:00 AM
Friday	05/08/09	Spring Creek High School	Away	9:00 AM
Thursday	05/14/09	Truckee High School	Away	10:00 AM
Monday	05/18/09	3A State Golf Spring Creek	Away	TBA
Tuesday	05/19/09	3A State Golf Spring Creek	Away	TBA

## COACH



KENT KRACAW

# BOY'S GOLF



<b>NAME</b>	<b>GRADE</b>
Alcaraz, Christian	11
Bryan, Dillon	10
Cholico, Giovan	11
Cox, Tyler A	10
Dendary, Joey J	11
Eldodt, Brandon	11
Estes, Chase S	9
Jakich, Jerry	11
Kracaw, Ryan	9
Maga, Jake	11
Miller, Grant	10
Ourada, Austin	9
Parks, Jared W	9
Schumacher, Alex	11
Vetter, Dean A	10

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# SOFTBALL SCHEDULES

## Varsity

<u>Day</u>	<u>Date</u>	<u>Event</u>	<u>Place</u>	<u>Time</u>
Friday	04/03/09	Fernley High School	Away	4:00 PM
Saturday	04/04/09	Fernley High School	Away	11:00 AM
Saturday	04/04/09	Fernley High School	Away	1:00 PM
<b>Friday</b>	<b>04/10/09</b>	<b>Yerington High School</b>	<b>Home</b>	<b>4:00 PM</b>
<b>Saturday</b>	<b>04/11/09</b>	<b>Yerington High School</b>	<b>Home</b>	<b>11:00 AM</b>
<b>Saturday</b>	<b>04/11/09</b>	<b>Yerington High School</b>	<b>Home</b>	<b>1:00 PM</b>
Friday	04/17/09	Truckee High School	Away	4:00 PM
Saturday	04/18/09	Truckee High School	Away	11:00 AM
Saturday	04/18/09	Truckee High School	Away	1:00 PM
<b>Friday</b>	<b>04/24/09</b>	<b>Sparks High School</b>	<b>Home</b>	<b>4:00 PM</b>
<b>Saturday</b>	<b>04/25/09</b>	<b>Sparks High School</b>	<b>Home</b>	<b>11:00 AM</b>
<b>Saturday</b>	<b>04/25/09</b>	<b>Sparks High School</b>	<b>Home</b>	<b>1:00 PM</b>
Friday	05/08/09	Spring Creek High School	Away	4:00 PM
Saturday	05/09/09	Spring Creek High School	Away	11:00 AM
Saturday	05/09/09	Spring Creek High School	Away	1:00 PM
<b>Saturday</b>	<b>05/16/09</b>	<b>Regional Playoffs</b>	<b>Home</b>	<b>11:00 AM</b>
<b>Saturday</b>	<b>05/16/09</b>	<b>Regional Playoffs</b>	<b>Home</b>	<b>1:00 PM</b>
Thursday	05/21/09	State Playoffs	Away	TBA
Friday	05/22/09	State Playoffs	Away	TBA
Saturday	05/23/09	State Playoffs	Away	TBA

## Junior Varsity

<u>Day</u>	<u>Date</u>	<u>Event</u>	<u>Place</u>	<u>Time</u>
<b>Saturday</b>	<b>4/4/09</b>	<b>Fernley High School</b>	<b>Home</b>	<b>11:00 AM</b>
<b>Saturday</b>	<b>4/4/09</b>	<b>Fernley High School</b>	<b>Home</b>	<b>1:00 PM</b>
<b>Tuesday</b>	<b>4/7/09</b>	<b>Elko High School</b>	<b>Home</b>	<b>3:00 PM</b>
Saturday	4/11/09	Yerington High School	Away	11:00 AM
Saturday	4/11/09	Yerington High School	Away	1:00 PM
<b>Saturday</b>	<b>4/18/09</b>	<b>Truckee High School</b>	<b>Home</b>	<b>11:00 AM</b>
<b>Saturday</b>	<b>4/18/09</b>	<b>Truckee High School</b>	<b>Home</b>	<b>1:00 PM</b>
Tuesday	4/21/09	Wells	Away	3:00 PM
Saturday	4/25/09	Sparks High School	Away	11:00 AM
Saturday	4/25/09	Sparks High School	Away	1:00 PM
Tuesday	4/28/09	Carlin High School	Away	3:00 PM
<b>Wednesday</b>	<b>4/29/09</b>	<b>Wells High School</b>	<b>Home</b>	<b>3:00 PM</b>
<b>Monday</b>	<b>5/4/09</b>	<b>Fallon High School</b>	<b>Home</b>	<b>3:00 PM</b>
<b>Friday</b>	<b>5/8/09</b>	<b>Spring Creek High School</b>	<b>Home</b>	<b>11:00 AM</b>
<b>Friday</b>	<b>5/8/09</b>	<b>Spring Creek High School</b>	<b>Home</b>	<b>1:00 PM</b>



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# VARSITY SOFTBALL



#	NAME	GRADE	HGT	POSITION
1	Sidney Sundahl	9	5'1"	OF
2	Taylor Johnson	9	5'3"	IF/OF
3	Lynnsey Johnson	11	5'3"	IF
5	Elisa Higbee	10	5'4"	IF/OF
6	Tashayla Northrup	12	5'0"	UT
7	Chelsea Cochrane	10	5'4"	IF/OF
8	Melissa McKinnon	12	5'6"	OF
9	Madi Gonzalez	9	5'3"	UT
10	Masie Kemp	12	5'5"	C/IF/OF
11	Lexi Gonzalez	12	5'4"	P/OF
12	Dani Chavez	11	5'5"	IF
13	Jenae Neu	10	5'4"	P/OF
14	Shelby Snyder	11	5'4"	IF/OF
15	Mary Vassar	11	5'4"	UT/P
16	Dana Pardovich	10	5'3"	C/IF
	Brooke Thomas	11		Manager

# JUNIOR VARSITY SOFTBALL



#	NAME	GRADE	HGT	POSITION
3	Kayla Doyle	9	5'9	P/IF/OF
4	Angie Herrera	9	5'0	IF/OF
6	Mary Granath	11	5'5	C/UT
7	Shalyn Sample	11	5'2	OF
9	Ashley Lombardi	9	5'6	IF/OF
11	Kelse Diehl	9	5'2	IF/OF
12	Hana Etcheverry	9	5'7	C/IF/OF
13	Suzi Jones	11	5'5	IF/OF
14	Jamee Griffith	9	5'2	C/IF/OF
15	Virginia Castillo	10	5'2	IF/OF
16	Alexis Alacron	9	5'6	IF/OF
17	Shannon McClellen	9	5'10	P/1B/OF
18	Kim Garcia	9	5'6	OF

# SOFTBALL COACHES



DUSTIN CHRISTEAN

Where are you from: Winnemucca

Years at Lowry: 2

Expectations for this season: Qualify and win the Zone and State Championships, Make a lasting and positive impact on Lowry High School and the Community of Winnemucca, Create a fun and rewarding experience for Lowry's students and athletes!

Education: Former Lowry High School Valedictorian (1997), Associate of Arts in Liberal Studies from Modesto Junior College, Bachelor of Science in Social Education from UNR, Physical Education and Health Endorsement, and just recently began working on my Master's degree of Education in Educational Psychology



KEN CHRISTEAN

Where are you from: Elko

Years at Lowry: 24+

Expectations for this season: Qualify for Zone & State

Education: AA-College of Eastern Utah, BS-UNR

Playing Experience: Jr. College Baseball at College of Eastern Utah and UNR, Played Fast Pitch and Slow Pitch softball for 30+ years

Coaching Experience: Babe Ruth, Little League, Senior League, High School Baseball & Softball

Awards: Outstanding Senior Baseball Player-Elko High, All-State, inducted 2008 Lowry Hall of Fame, Coach of the Year Girls Basketball



TY LUCAS

Where are you from: Reno

Years at Lowry: 2

Expectations for this season: Teach fundamentals, Play like a team and have fun!

Education: BA in Secondary Education

Playing Experience: I wasn't given opportunities to play fast pitch softball growing up, go figure. I have however, played baseball most of my life.

Coaching Experience: I have been coaching football, basketball, and softball for the past 2 years here at Lowry

Awards: When I was in the 6<sup>th</sup> grade I hit the game winning homerun playing softball in P.E. For a week I was able to go to the front of the

# SOFTBALL COACHES



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# SOFTBALL SENIORS



**Lexi Gonzalez**

Birth Place: Winnemucca  
 Parents: Alfonso Gonzalez and Vicki Jensen  
 Brothers/Sisters: Madi Gonzalez  
 Career Plans: Cosmetologist  
 Favorite Pro Team: Celtics  
 Greatest Personal Achievement: Winning state for softball  
 Biggest Disappointment: Not yet  
 Most Important Possession: Dog  
 Person I Admire Most: My papa Julio  
 Favorite Food: Watermelon  
 Favorite Teacher: Mr. Corak

Toughest Class: Government  
 My Idea of Relaxation: Laying on the beach  
 Favorite Quote: You rest. You rust.



**Masie Kemp**

Birth Place: Reno, NV  
 Parents: Chad and Jennifer Kemp  
 Brothers/Sisters: Kenny, Kyle, Ashley  
 Career Plans: Going to college for sports medicine  
 Favorite Pro Team:  
 Greatest Personal Achievement: When I got first team first base last year in softball  
 Biggest Disappointment: To have a homerun not go over  
 Most Important Possession: My bat

Person I Admire Most: My mom and Dad  
 Favorite Food: Chinese  
 Favorite Teacher: Mrs. Doyle  
 Toughest Class: Anatomy and Physiology  
 My Idea of Relaxation:  
 Favorite Quote: Never let the fear of striking out keep you from playing the game




**Melissa McKinnon**



**Tashayla Northrup**


Birth Place: Winnemucca, NV  
 Parents: Ruthvea Victor and Abraham Toscano  
 Brothers/Sisters: Teniaya Victor, Tramaine Northrup, Jose Torres  
 Career Plans: Dental Hygienist  
 Favorite Pro Team: San Diego Chargers  
 Greatest Personal Achievement: Keeping a 3.5 GPA this senior Year  
 Biggest Disappointment: Making JV softball my junior year  
 Most Important Possession: My backpack

Person I Admire Most: My brother Jose Torres  
 Favorite Food: Burritos  
 Favorite Teacher: Mrs. Meissner  
 Toughest Class: Government  
 My Idea of Relaxation: Shelby knows  
 Favorite Quote: "Life is like a box of chocolates, you never know what you're gonna get."



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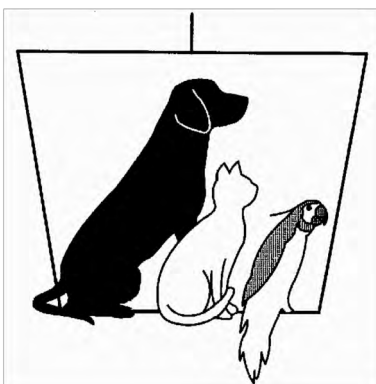
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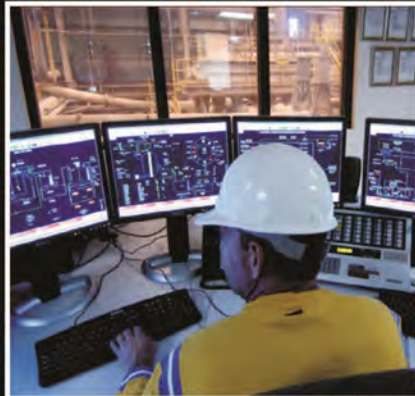


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# SWIMMING SCHEDULE

Girls/Boys Varsity

<u>Day</u>	<u>Date</u>	<u>Event</u>	<u>Place</u>	<u>Time</u>
Saturday	03/14/09	Reed @ Alf Sorenson	Away	10:00 AM
Saturday	03/21/09	Douglas @ Minden	Away	10:30 AM
Saturday	03/28/09	High Desert Aqua @ Carson	Away	10:00 AM
Saturday	04/04/09	Monogue @ Northwest Pool	Away	10:00 AM
Wednesday	04/08/09	South Tahoe @ Alf Sorenson	Away	3:00 PM
Saturday	04/18/09	High Desert League Relay Meet @ Carson	Away	10:00 AM
Saturday	05/02/09	North Valley @ Truckee	Away	10:00 AM
Saturday	05/09/09	High Desert League Championships @ Carson	Away	2:00 PM
Friday	05/15/09	Northern 4A Regional Swimming trails @ TBA	Away	TBA
Saturday	05/16/09	Northern 4A regional swimming Finals @ TBA	Away	TBA
Saturday	05/23/09	State Swimming and Diving Championships @ TBA	Away	TBA

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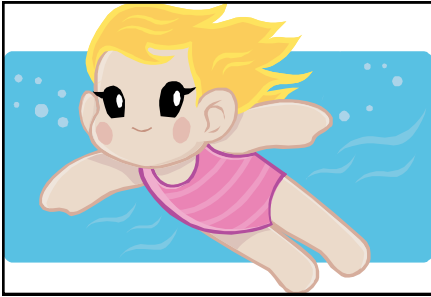
# BOY'S & GIRL'S SWIMMING



NAME	GRADE		
Moriah Avalos	10	Dillon Jenkins	10
Amy Balagna	11	Casey Kieser	9
Rebecca Barber	9	Kristie Kloepfel	9
Patricia Bates	9	Kaley Leach	12
Tyler Bates	12	Chloe McClintick	12
Karl Berentsen	11	Kinzie McClintick	9
Desiree Cardenas	10	Dawn Newton	10
Brandon Connell	12	Brandi Nielsen	9
Maggie Corbari	12	Jessie Pate	9
Amaya Drake	11	Jillian Pfarr	9
Carlos Esparza	10	Jose Ramirez	10
Mckenzie Gray	11	Patrick Rehberg	11
Jerrica Hansen	9	Tysom Shurtliff	10
Adrian Hull	11	Olivia Snow	9
Even Jacobsen	11	Thomas Stephen	11
		Robyn Wadleigh	11
NAME	GRADE		

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JULIE STREET



MIKE OWENS



# SENIOR SWIMMERS



Tyler Bates



Brandon Connell



Maggie Corbari

Birth Place: Reno, NV  
 Parents: Archie & Cherie Corbari  
 Sister: Ryan  
 Career Plans: Becoming a nurse  
 Favorite Pro Team: Minnesota Twins  
 Greatest Personal Achievement: Becoming Captain of the Swim Team  
 Biggest Disappointment: Not living life to the fullest  
 Most Important Possession: Cap and goggles  
 Person I Admire Most: My Mom  
 Favorite Food: Pasta

Favorite Teacher: Mrs. Doyle  
 Toughest Class: Geometry  
 My Idea of Relaxation: Peace & Quiet  
 Favorite Quote: "You never truly lose until you stop trying."

Kaley Leach



Chloe McClintick

Birth Place: Reno, NV  
 Parents: Rick & Keeli McClintick  
 Sister: Kinzie  
 Career Plans: Economics, Pre-Law  
 Greatest Personal Achievement: Getting 2nd at State for golf my senior year  
 Biggest Disappointment: Not trying my hardest in school.  
 Most Important Possession: Golf clubs, piano  
 Person I Admire Most: My dad for showing me you can achieve anything.  
 Favorite Food: Salt and vinegar chips

Favorite Teacher: Mr. Corak  
 Toughest Class: AP Calculus  
 My Idea of Relaxation: Golfing  
 Favorite Quote: "If you dream it you can do it."

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# TRACK

## Varsity

<u>Day</u>	<u>Date</u>	<u>Event</u>	<u>Place</u>	<u>Time</u>
Saturday	03/14/09	Lowry High School	Home	10:00 AM
Saturday	03/21/09	Sparks High School	Away	10:00 AM
Saturday	03/28/09	Fallon Elks Invitational	Away	TBA
Friday	04/03/09	Reed Sparks Rotary Invitational	Away	TBA
Saturday	04/04/09	Reed Sparks Rotary Invitational	Away	TBA
Saturday	04/25/09	Big George @ Douglas	Away	TBA
Saturday	04/25/09	Yerington Invitational	Away	9:00 AM
Saturday	05/02/09	Yerington High School	Away	9:00 AM
Saturday	05/09/09	Lowry Invitational Track Meet	Home	9:00 AM
Friday	05/15/09	Northern 3A Regional Meet Yerington	Away	TBA
Saturday	05/16/09	Northern 3A Regional Meet Yerington	Away	TBA
Friday	05/22/09	3A State Track	Away	TBA
Saturday	05/23/09	3A State Meet	Away	TBA

## Junior Varsity

Friday	03/27/09	Frosh/Soph Galena	Away	TBA
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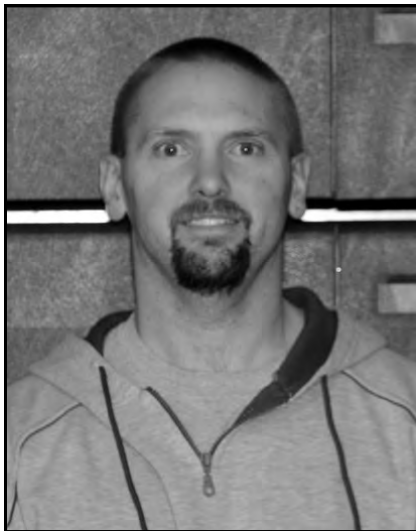
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# TRACK

<b>NAME</b>	<b>GRADE</b>	<b>NAME</b>	<b>GRADE</b>
Aguilar, Esmeralda	12	Alarcon, Mishell	12
Buckingham, Ashley	10	Anderson, Dillon	10
Buttram, Miranda Rae	10	Anderson, Tyler	11
Calderon, Andrea	9	Arndt, Ryan	11
Cardenas, Desiree S	10	Belanger, Trevor	11
Castaneda, Gaudy	10	Bishop, Matthew	12
Cisneros, Jasmine	9	Carver, Jacob A	9
Davis, Mai-Hesa	11	Ceballos, Hunter	12
DeLaMora, Staphany	9	Clark, Tyler Douglas	10
Dennis, Rachelle A	10	Corbari, Ryan	10
Diaz, Abigail	10	Crouch, Corbin	11
Fernandez, Savanna K	10	Diaz, Jonathan	10
Flanders, Madeline	9	Echeverria, Christian Malas	12
Fragione, Victoria	10	Echeverria, Mateo	11
Franco, Arline	10	Fifield, Sean L	9
Gonzalez, Jessica	10	Gonzales, Devan	12
Gutierrez, Anna V	9	Gray, Adam	11
Hermsmeier, Samantha	10	Gutierrez, Luis A	10
Herrera, Brenda	10	Hammon, Bret	9
Ingle, Kirstie	10	Henriod, Tyrell	11
Jensen, Leikkona	10	Hernandez, Inaki	12
Jones, Amanda Mae	9	Herrera, Fernando	9
Kelly, Alicia	10	Hoenck, Robert	9
Kristof, Sophie	12	Ingle, Nicholas A	10
Lee, Ashlee	11	Kracaw, Kole	12
Legarza, Emelia	10	Laird, Jacob Devan	10
Lemm, Desirae	11	Landa, Jonathan	9
McDade, Savannah	10	Leal, Anthony J	10
Miller, Melissa LeAnn	11	Lester, Joseph E	11
Newton, Dawn Marie	10	Maesterjuan, Kiefer	11
Okuma, Ashley N	10	Mathes, Ryan Shane	12
Rackley, Jessica	9	Moreno, Cesar	10
Ramirez, Esmeralda Jr.	12	Ortega, Abel, Thomas	10
Robison, Chelsea R	9	Pike, Christopher	10
Sandoval, Marilyn	10	Ramirez, Ivan	10
Sotomayer, Tatiana Luz	10	Raynor, Daniel	9
Tarafa, Giansi Q	11	Raynor, Sean	12
Tattersall, Erin R	10	Rice, Justin	11
Tattersall, Lindsay	12	Richet, Severin	9
Thompson, Theresa	9	Serfoss, Adam	12
Wadley, Jessica	9	Sloan, Jordan	12
		Soderstrom, Andrew	11
		Spriet, Tyler	12
		Thacker, William	10
		Thiede, Dusty	9
		Velasquez, Nicolas	9
		Zepeda, Juan	11

# TRACK COACHES



SHAUN MURGEL

Where are you From: East Helena, Mt

Years at Lowry: 5

Expectations for this season: To be Competitive

Education: Western Mt College

Playing experience: Some good, some bad

Coaching experience: 3 years at east Helena public pool as belly flop coach. 10 years as a track coach

Awards: I would like to receive some but I work harder first

Other interesting information: I have 2 younger brothers Taula Cabatbat who coaches throwers and Ty Lucas who helps with softball.



“SLOW MOTION” TAULA CABATBAT

Where are you from: A Rock in the Pacific

Years at Lowry: On 4 and going strong

Expectations for this season: Run fast and throw far

Education: 5 yrs Elementary, 3 yrs Intermediate, 4 yrs High School, & 6 ½ yrs college: If I can do it anybody can

Playing Experience: Gravel 50 yard bare foot champ 1st-4<sup>th</sup> grade

Coconut Tree climbing champ 1<sup>st</sup>-4<sup>th</sup> grade

Coaching Experience: I saw the Olympics!

Other Interesting Information: I taught Mr. Espinola to tie his own shoes. No Velcro for him!!



DAWN LUCAS

Where are you from: Reno

Years at Lowry: 2

Expectations for this season: I want to build each runner up to their best potential

Education: B.S. in Elementary Education from UNR

Playing Experience: 4 years running Varsity track

Coaching Experience: 1 yr. Cross Country head coach, 1 yr. Hurdle coach

Awards: Competed and medaled at State Track meets for four years

# TRACK COACHES



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# TRACK SENIORS



## Esmeralda Aguilar

Birth Place: Winnemucca, NV  
 Parents: Avelina and Jorge Aguilar  
 Brothers/Sisters: Elizabeth Aguilar and Georgina Orozco  
 Career Plans: Pediatrician  
 Favorite Pro Team: Chivas Mexican League Soccer  
 Greatest Personal Achievement: Winning Northern Region Representative title for Nevada Association of Student Councils  
 Biggest Disappointment: Losing friends  
 Most Important Possession: My planner

Person I Admire Most: My older sister  
 Favorite Food: Tacos de Lengua  
 Favorite Teacher: I love all my teachers  
 Toughest Class: AP Physics



## Matthew Bishop

Birth Place: San Diego  
 Parents: Christopher Bishop  
 Career Plans: Clinical Psychiatrist  
 Favorite Pro Team: Ice Cream Skate Team  
 Greatest Personal Achievement: Being accepted into a University  
 Biggest Disappointment: Not spending more time with my dad.  
 Most Important Possession: Phone  
 Person I Admire Most: Dawn Ekdahl  
 Favorite Food: Everything  
 Favorite Teacher: Mr. Storm

Toughest Class: None  
 My Idea of Relaxation: Skating or watching a movie  
 Favorite Quote: "If it feels good, do it."



## Hunter Ceballos

Birth Place: Winnemucca, NV  
 Parents: Noel Ceballos and Dalia Amezcua  
 Brothers/Sisters: Howard and Emika  
 Career Plans: Physical Therapist  
 Favorite Pro Team: Boston Celtics  
 Greatest Personal Achievement: Accepted to college  
 Biggest Disappointment: Couldn't tell you  
 Most Important Possession: My family  
 Person I Admire Most: My mom  
 Favorite Food: Chinese food  
 Favorite Teacher: Mrs. Doyle or Mr. Mura if

he was here  
 Toughest Class: Anatomy  
 My Idea of Relaxation: Playing guitar or hanging out with friends  
 Favorite Quote: Do work son!



## Christian Echevarria

Birth Place: Winnemucca, NV  
 Parents: Gary and Bryn Echeverria  
 Brothers/Sisters: Alicia Echeverria  
 Career Plans: College  
 Favorite Pro Team: The Cubs  
 Greatest Personal Achievement: Hasn't happened yet  
 Biggest Disappointment: Not being able to pole vault  
 Most Important Possession: My Flyrod  
 Person I Admire Most: My dad  
 Favorite Food: Prime Rib

Favorite Teacher: Mr. Connor  
 Toughest Class: Pre-Calc.  
 My Idea of Relaxation: Fly fishing  
 Favorite Quote: "And he said yay." - Alma 18:27



## Devan Gonzales

Birth Place: New Mexico  
 Parents: Ron and Kim Cole  
 Brothers/Sisters: Cory and Estee Cole  
 Career Plans: College  
 Favorite Pro Team: Raiders  
 Greatest Personal Achievement: Being Conference champs  
 Biggest Disappointment: Losing the Zone game for soccer  
 Most Important Possession: iPod  
 Person I Admire Most: Rob Dysdak  
 Favorite Food: Enchiladas

Favorite Teacher: Mrs. James  
 Toughest Class: English  
 My Idea of Relaxation: Playing soccer on a nice sunny day  
 Favorite Quote: "Fool, I'm not drunk, I just can't walk." -Newt



## Inaki Hernandez

Birth Place: Winnemucca, NV  
 Parents: Jose and Maria Hernandez  
 Brothers/Sisters: Giovanni and Yxtchel Hernandez  
 Career Plans: Mechanical Engineer  
 Favorite Pro Team: Phoenix Suns  
 Greatest Personal Achievement: Played soccer in California and lived there without parents  
 Biggest Disappointment: Lost to Incline 1-0  
 Most Important Possession: My hundred dollar soccer shoes

Person I Admire Most: Dad  
 Favorite Food: Pizza  
 Favorite Teacher: Mr. Aberasturi  
 Toughest Class: English  
 My Idea of Relaxation: sleeping

# TRACK SENIORS



**Kole Kracaw**

Birth Place: Boise, ID  
 Parents: Kurt and Cindy Kracaw  
 Brothers/Sisters: Ryan Kracaw  
 Career Plans: Law  
 Favorite Pro Team: Don't Watch Sports  
 Greatest Personal Achievement: Getting accepted to college and winning Quiz Bowl State!  
 Biggest Disappointment: Don't believe in disappointments  
 Most Important Possession: Don't have one  
 Person I Admire Most: Family (All of them)

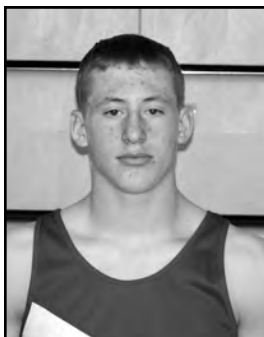
Favorite Food: Mashed Potatoes  
 Favorite Teacher: Mr. Beck  
 Toughest Class: Calculus  
 My Idea of Relaxation: Sleeping



**Ryan Mathes**

Birth Place: Virginia Beach, VA  
 Parents: Terry and Angela Mathes (Step mother: Christina)  
 Brothers/Sisters: Devan, Shaun, and Jessica  
 Career Plans: U.S. army, Airborne Infantry Ranger  
 Favorite Pro Team: Carolina Panthers  
 Greatest Personal Achievement: Enlistment in Military  
 Biggest Disappointment: Growing apart from my brother Shaun  
 Most Important Possession: St. Michael necklace

lace my dad gave me  
 Person I Admire Most: My Dad  
 Favorite Food: Steak  
 Favorite Teacher: Beck  
 Toughest Class: Chemistry  
**My Idea of Relaxation: Going to the mall with friends**



**Sean Raynor**

Birth Place: Winnemucca, NV  
 Parents: David and Wendy Raynor  
 Brothers/Sisters: Allyson Raynor  
 Career Plans: U.S. Army  
 Favorite Pro Team: Dynasty Paintball  
 Greatest Personal Achievement: State Champion Wrestler  
 Biggest Disappointment: Losing final wrestling match  
 Most Important Possession: My truck  
 Favorite Food: Spaghetti  
 Favorite Teacher: Mrs. Hill

Toughest Class: U.S. Government  
 My Idea of Relaxation: A game of paintball  
 Favorite Quote: It happens



**Adam Serfoss**

Birth Place: Fall Brooke, California  
 Parents: Kathy Bruce and Andy Serfoss  
 Brothers/Sisters: Lori Serfoss  
 Career Plans: Go to Med. School and become a doctor  
 Favorite Pro Team: San Diego Chargers  
 Greatest Personal Achievement: Getting into college  
 Biggest Disappointment: Not figuring out what I wanted to major in and wasting too much time before I go to college  
 Most Important Possession: My guitar

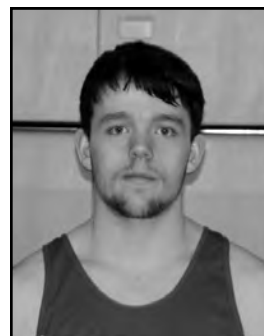
Person I Admire Most: My dad  
 Favorite Food: Tacos  
 Favorite Teacher: Mr. Beck  
 Toughest Class: Anatomy  
 My Idea of Relaxation: Hanging out with friends, doing what we do!



**Jordan Sloan**

Birth Place: Pittsburgh, PA  
 Parents: Adel Sweeney  
 Brothers/Sisters: Geno Sloan  
 Career Plans: Not sure yet  
 Favorite Pro Team: Steelers  
 Greatest Personal Achievement: Making it to 2<sup>nd</sup> round of Zone for soccer  
 Biggest Disappointment: Losing that game  
 Most Important Possession: iPod  
 Person I Admire Most: Mom  
 Favorite Food: BBQ Ribs  
 Favorite Teacher: McGibbon, Doyle, or

Setzer  
 Toughest Class: Calculus  
 My Idea of Relaxation: X-Box Live  
 Favorite Quote: "Intelligence and Character, the one true goal of education." – Martin Luther King, Jr.



**Tyler Spriet**

Birth Place: Winnemucca, NV  
 Parents: Frank Spriet and Ginger Bidogery  
 Brothers/Sisters: Nick, Richard  
 Career Plans: College  
 Favorite Pro Team: Manchester United  
 Greatest Personal Achievement: Going as far as we did in soccer and winning state as a team for wrestling  
 Biggest Disappointment: Not wrestling sooner  
 Most Important Possession: Pink Bag  
 Person I Admire Most: Dad  
 Favorite Food: T-skillet

Favorite Teacher: Mr. Bernardi  
 Toughest Class: Pre-calc.  
 My Idea of Relaxation: Good work out, Sauna, hot tub, shower  
 Favorite Quote: "Nobody does what you guys do!" – Coach Brooks

# TRACK SENIORS



**Sophie Kristof**

Birth Place: Bathurst, New Brunswick  
 Parents: Brent and Lorretta Kristof  
 Brothers/Sisters: Natalia Kristof  
 Career Plans: Attend College and study health sciences  
 Favorite Pro Team: Erin Tattersall and Courtney Harrington  
 Greatest Personal Achievement: Winning state in quiz bowl  
 Biggest Disappointment: Having to run a mile in the rain with no hair tie  
 Most Important Possession: Green card

Person I Admire Most: My sister  
 Favorite Food: Mint chocolate chip ice cream  
 Favorite Teacher: Mrs. McGibbon  
 Toughest Class: Calculus  
 My Idea of Relaxation: Running into the sunset



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**This Year's Results!**

First Place Team:

Rick Hegarty, Carl Rose, Willie Bauer,  
Mike Adams awarded a free Century  
Club membership

Longest Drive:

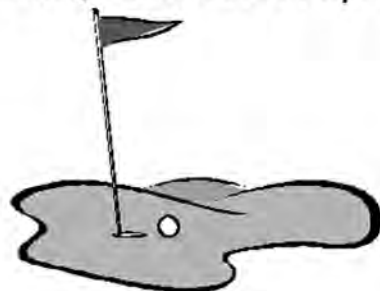
Manny Esquivel & Lynn Kieser

Closest to hole #2:

Cam White & Lynn Kieser

Closest to hole #5:

Randy Peraldo & Bev Upshaw



**Special Thanks to EVERYONE  
that played in our Scramble!**



# 2008-2009 CENTURY CLUB MEMBERS

Garley Amos 47 Ranch  
Trish Amos 47 Ranch  
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John Brooks  
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Michael Bumgartner  
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Linda Dufurrena  
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Alfred Gonzalez  
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Jon Shurtliff  
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Nancy Snyder  
Sheri Snyder  
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Don Stoker  
James Studebaker  
Hoby Studebaker  
Jane Studebaker

# WINNEMUCCA CENTURY CLUB

P.O. Box 3656  
Winnemucca, Nevada 89446

The Winnemucca Century Club is a nonprofit corporation which receives and expends funds to promote and support Lowry High School athletics. Past contributions have been used to assist in the funding of improvements to the fields and facilities of baseball, football, soccer, softball and track, as well as to purchase equipment and/or uniforms for baseball, basketball, cheerleading, cross country, dance team, football, golf, soccer, softball, track, volleyball and wrestling. If you wish to contribute to the booster club for Lowry High School athletics, please fill out this form and send it to us at the above address. If you have any questions, please call Ray Parks at 623-8120, Vince Mendiola at 623-8130, or Mike Macdonald at 623-2517.

## 2008-2009 Membership Form

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

City, State & Zip Code: \_\_\_\_\_

Amount of contribution:

Each member receives a gate pass for Lowry athletic events for the school year.

\$125.00	First family member
\$75.00	Second family member (Spouse or children 21 years and younger)
\$50.00	Each additional family member (Children 21 years and younger)

Remember your Century Club membership is tax deductible.

Preference for payment:

Pay the full amount now of \_\_\_\_\_.

Pay \_\_\_\_\_ now and the balance in installments of \_\_\_\_\_.

Monthly \_\_\_\_\_ Quarterly \_\_\_\_\_

Semi-annually \_\_\_\_\_ Annually \_\_\_\_\_

Signature: \_\_\_\_\_

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