

2008-2009 Lowry High School Winter Sports Program

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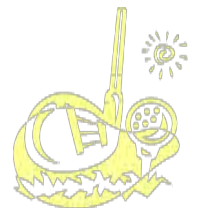
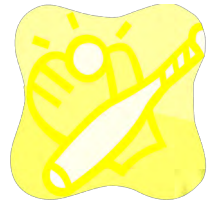
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Lowry High School Buckaroos Welcome You

It is our pleasure to host each and every HOME event with the traditional WINNEMUCCA hospitality and we wish you the best of luck and hope you have a safe journey home.

On behalf of the students, faculty, and administration of Lowry High School and the City of Winnemucca we welcome you to our HOME away from home.

SPORTSMANSHIP is a top priority of Lowry Athletics. We are certain that we will have outstanding games and that each and every fan will practice good sportsmanship and applaud those efforts by both teams during the games. We have made a strong commitment to our athletes, coaches, parents, and spectators to have a positive competitive experience.

Your paid or complimentary admission to our events entitles you to enjoy an exhibition of skills developed by our students in an educational setting. Please give these student-athletes your positive encouragement and support. Your effort to applaud the talents of all players is appreciated. Booing, taunting or intimidating the officials and opponents is unfriendly and inappropriate. Please be an example to those around you. A special thanks goes to our Humboldt County School District Board of Trustees, Humboldt County School District Administration, Humboldt County school teachers, Lowry High School students, the City of Winnemucca, Winnemucca Century Club and the many workers who have contributed their time and effort to insure that you may enjoy athletics at its best.

Our sports programs are truly a community happening and we are proud to be able to host Lowry High School athletic events with students in mind. We would like to take this opportunity to thank all of the fans for continuing to support and make all Lowry

SPORTSMANSHIP IS OUR TOP PRIORITY AT LOWRY!

Albert M. Lowry High School
5375 Kluncy Canyon Road, Winnemucca, NV 89445
775-623-8130
www.humboldt.k12.nv.us/lhs

ADMINISTRATION



MRS. DEBBIE WATTS, PRINCIPAL

Goal: To make sure every student at LHS receives the best education possible.

Hometown: Four Mile, Kentucky

Years Administrator: 8

Years at Lowry: 1

Words For Athletes: "Be honorable in all that you do."

Education: Master's Degree in Curriculum and Instruction

Awards: 1978 O.W.E. Teacher of the Year, 1990 Outstanding Teacher

of the year, 1996 Outstanding Teacher of the Year



MR. DOC WELTER, VICE PRINCIPAL

Goal: To help Lowry High School become the best 3A school in Nevada

Hometown: Plentywood, Montana

Years as Administrator: 2

Years at Lowry: 2

Words for Athletes: "Win or lose with PRIDE!"

Education: B.S. Microbiology, University of Montana; M. Ed. in Education Leadership, Jones International University



MR. BYRON JEPSEN, VICE PRINCIPAL

Hometown: Clinton, Utah

Years as Administrator: 3

Years at Lowry: 6

Words for Athletes: "Lowry High has a great tradition in athletics. Be proud to represent such a great school."

Education: B.A. in History and Spanish from Weber State University, M. Ed. in Educational Leadership from University of Nevada, Reno

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VINCE MENDIOLA, ATHLETIC DIRECTOR

Hometown: Winnemucca, NV

Playing Experience: High School: 4 years football, 4 years basketball, 1 year baseball, 3 years golf,
College: 4 years football at Boise State

Coaching Experience: Football for 8 years, Basketball in some shape or form for 20 years, Baseball for 1 year, Golf for 10 years,

Years Athletic Director: 9 years

Education: Lowry High School, Boise State, Masters from The United States Sports Academy

Awards: 2005-2006 Athletic Director of the State, 2003-2004 3A Athletic Director of the Year, 1992 Coach of the Year, Played in 1973 and 1974 Basketball Championships for Lowry, Played in 1973 and 1974 Golf Championships for Lowry, Coached 1992 Basketball State Championship Team, Was Assistant Coach for the 2002 Basketball State Championship Team.

Goals: Continue positive growth in all programs.

HISTORY OF LOWRY HIGH SCHOOL

In 1967, a brand new Humboldt County High School was opened with the new name Albert Lowry High School in honor of revered Coach Albert M. Lowry.

A true Nevadan, Mr. Lowry was born in Tollhouse in 1897. He graduated from the University of Nevada in 1925, began teaching Science and coaching three sports in Winnemucca.

Mr. Lowry served the students of Humboldt County as a teacher, coach, principal, assistant superintendent and as director of the Nevada Education Association.

One of Nevada's first sporting legends, Mr. Lowry was instrumental in putting Humboldt County High School on the map. His basketball teams won 11 district or league championships and finished as the 1929 runner-up in the Nevada State Tournament.

As a track coach, he led his teams to Nevada championships in 1928, 1930, and 1936.

Mr. Lowry was also an integral part of introducing six-man football to some of Nevada's smaller schools. In 1941, he was chosen as the state's "Outstanding Coach."

Mr. Lowry served as president of the Nevada Interscholastic Athletic Association (NIAA) for 14 years and was chosen 3 times as a delegate to the National Federation of State High School Athletic Associations.

In 1933, Mr. Lowry was inducted into the NIAA Hall of Fame. He retired from the school district in 1966 and passed away May 5, 1989.

The original Lowry High School building was ready for use in 1967, with the vocational building added in 1983 the science building in 1991, the following improvements were made since then: weight room, new gym, art/social studies building, Jim Billingsley Softball Complex, new track—lighting and landscaping, baseball & softball announcers booth.

LOWRY HIGH – TRADITIONS OF PRIDE, DEDICATION & EXCELLENCE

HISTORY OF WINNEMUCCA

Winnemucca, originally called French Ford, sprouted up from a wagon crossing on the Humboldt River. A trading post and hotel were the first businesses in Winnemucca, the hotel serving miners and prospectors as well as wagon trains that were passing through on their way to California or Oregon.

Two brothers, Louis and Theophile Lay, built a bridge across the Humboldt River. After this, it was not necessary to ford the river and the town was renamed to Centerville. Soon after, the railroad was built so residents looked for a name that fit the town better.

L.C. Pease or C.B.O. Bannon are usually given credit for naming the town. They chose to name the town after Chief Winnemucca, the leader of a local Paiute tribe. Another theory is that a nameless worker for the Central Pacific Railroad, wanting to keep peace with the Paiutes, suggested naming Winnemucca after the Paiute chief. It is reasonable that all three men chose the name of the town as an agreement was necessary. Winnemucca was an apt name as the mountain and mining district had been named for the Paiute chief since 1863.

LOWRY STATE CHAMPIONSHIPS

Boy's Basketball—1973, 1974, 1975, 1978, 1985, 1992, 2002

Girl's Basketball—1978, 1981, 1992, 2002

Boy's Cross Country—1995, 2001, 2004, 2005, 2007, 2008

Girl's Cross Country—2000, 2001, 2002, 2003, 2004, 2005, 2007, 2008

Boy's Golf—1973, 1974, 1975, 1978, 1979, 1984, 1985, 1986

Girl's Golf—1975, 2000, 2001, 2003

Volleyball—2005

Softball—2006

HALL OF FAME

Joe deArrieta Sr.	1994	Bill Hoxsey	1998
John Dolan	1994	Hank Mentaberry	1998
Albert M. Lowry	1994	Pat Dolan	1998
Jim Billingsley	1995	Gary Hoxsey	1999
Steve Clausen	1995	Don Woods	1999
Jim deArrieta	1995	Jerome Etchegoyhen	1999
Joe Dendary	1995	Gary Stoker	1999
Lori Echevarria	1995	Marvin Clausen	1999
Mike Glenn	1995	Tammy Pollock	2000
Alfred Gonzalez	1995	Tim Billingsley	2000
Rober Hooft	1995	Dick Peraldo	2000
Pat McDade	1995	Pat Hart	2000
Vince Mendiola	1995	Dr. James Calder	2001
Jim Phillips	1995	Mateo Legarza	2001
Rolfe Schwartz	1995	Don Stoker	2001
Mitch Woods	1995	Pete Etchart	2003
Ted Zimmerman	1995	Lynn Cunningham	2003
Jock Echave	1996	Rick Ringheimer	2003
Lee Lowry	1996	David Stoker	2003
Foe Mentaberry	1996	Dave Mendiola	2004
Betty Roeder	1996	Lisa Jaureguito Davidson	2004
Fred Watts	1996	Kelly Pollock	2004
Kirk Allred	1997	Chad Peters	2004
Don Bankofier	1997	Laura Stein	2005
Carol Scott	1997	T.W Cunningham	2005
Joe deArrieta	1997	David Schwartz	2008
Joe Ydiando	1998	Ron Bankofier	2008
John Legarza	1998	Chris Vesco	2008
Dennis Verner	1998	Teresa Vesco	2008

HALL OF FAME

Lowry High School will be sponsoring a Hall of Fame for deserving Winnemucca individuals who attended or taught at Humboldt County High School or Albert M. Lowry High School. 1994 was the inaugural year for this program and we encourage you to think back and nominate a deserving individual for this prestigious award. Nominees not selected this year will be placed in an active file for future years.

Purpose:

The purpose of the Hall of Fame is to honor and recognize outstanding individuals who have had a significant and lasting impact on the lives of people through their involvement as student and/or athlete or educator at our local high school. These individuals must have excelled in high school and continued to exemplify high standards in their adult lives to be eligible for this award.

Nomination procedures:

1. Candidates can be nominated by any person.
2. The "selection committee" will be composed of four representatives to serve a maximum four year term. The athletic administrator will select those individuals and the names of the individuals will be confidential.

Nomination Deadline:

All nominations must be received in the Lowry High School office no later than October 15 of each year. All nominations will remain in an active file for a three year period.

Awards:

Recipients will have their name placed on a Hall of Fame plaque at Lowry High School and receive a lifetime pass to all Lowry High athletic events.

General Criteria:

Nominees must exemplify the highest standards of sportsmanship, ethical conduct, moral character and carry the endorsement of their respective high school. An applicant must meet the following qualifications:

1. Athletes – will be eligible for nominations ten years after high school graduation.
2. Teachers, Coaches, Administrators, and Contributors will be eligible after their service to Humboldt County School District has ended.

To further explain, athletes would be former student participants who are being nominated for their achievements in interscholastic athletics. Students and educators would be considered on the merits of their high school achievements only. A contributor would be an individual who has made a contribution to Winnemucca education in some capacity other than those

WINNEMUCCA
High School Hall of Fame
Application Form

Name _____ Year of Graduation _____
Current Address _____ School _____
Phone _____ Date of Birth _____
Place of Birth _____ If retired _____
College Attended _____ Date of Retirement _____

What activities did the nominee participate in while in high school? _____

What awards or honors did the nominee receive while in high school? _____

What award and/or activities has the nominee been involved in since graduation? _____

Need a letter of endoresement and recommendation attached _____ (not required
Newspaper and/or other supportive material attached _____ but recommended)

INDIVIDUAL SUBMITTING NOMINATION

Name _____ Phone _____
Mailing Address _____
City, State, Zip _____
Signed _____ Date _____

Return completed form to:
Lowry High School
Hall of Fame Committee
5375 Kluncy Canyon Road
Winnemucca, NV 89445

All applications are due no later than October 15, 2008
Hall of Fame presentations will be announced at a later date.

LOWRY COLLEGE ATHLETES

WOMEN'S SPORTS

Basketball

Jessica Dennison-Yakima
Leslie Case-Hislop- Yakima
Elisa Leader-Westminster
Rachelle Piquet—Lewis & Clark College
Savannah Roman- Feather River
Carol Scott- Chico State
Lacey Takas-Thompson-Kentucky Wesleyan
Magen Dufurrena—Albertson's/College of Idaho

Cross Country

Kelsey Engstrom- Oklahoma Baptist
Megan Engstrom- Oklahoma Baptist
Monica Myrhow-
Heather Thompson-Hall- UNR

Golf

Mackenzie Swecker- San Diego

Rodeo

Katie Garijo-Rickard- Eastern Oregon
Suzanne Montero- UNLV
Sadie Myers- Cal Poly SLO
Amy Jo Peraldo- UNLV

Softball

Mandy Chaffin- Lassen
Tara Davis- Lassen
Andrea Ingle-Lassen
Erica Ingle-Lassen
Kristie Ingle- Lassen
Monique Melody-Lassen
Rachelle Piquet—Lewis & Clark College
Savannah Roman- Feather River
Jackie Schrempp- Feather River

Track & Field

Alicia Echevarria- UNR
Laura Stein- Idaho State

MEN'S SPORTS

Volleyball

Ashley Bristol-WSU
Rachelle Piquet—Lewis & Clark College
Teresa Vesco

Basketball

Chad Backus- Ricks College
Steve Clausen- Western Montana
Nate Green-Lane CC/Feather River
Bob Hoof- Harvard
Jimmy Salmi-Columbia Basin
Gary Stoker- College of Idaho
Brian Watterson- Southwestern Oregon
Mitch Woods-UNR

Baseball

Ricci Abrego- Eastern Oregon
Pachi Bengochea-Treasure Valley CC
Jose Cardenas- Treasure Valley CC
Chris Christean- Modesto JC
Dustin Christean- Indiana College
Jon Curuchet-
Jason Davidsaver- California JC
Joey Enochson-Southwestern Oregon
Sean Gallian- Mesa CC
Matt Jarolimek- CSI
Jonathan Jarolimek-UNLV
Rick Maestrejuan- BSU
Benny Martinez-Dickinson State
Tony Martinez- Eastern Oregon
Anthony Marvel-California JC
Jody Marvel-California JC
Josh Orr- Albertsons

Tony Peluaga- San Francisco State
Chad Peters-Napa
Joe Robinson-Eastern Oregon/Dickinson State
Chris Vesco- UNLV

Cross Country

Bret Ferrier- Weber State
Willie Ulch- Lane CC

Football

Eric Angelopolous- Montana Tech
Grant Beatty-Saddleback CC
Tim Billingsley- College of the Redwoods
Zach Bristol- SD JC
TW Cunningham- UNR
Joe Dendary-UNR
Jon Echave-UNR
Mike Glenn- Arizona State Basketball/UNR
Kaden Glinsman- North Dakota
Brandon Grady-Dickinson State
Brian Harrison-Mayville State
Pat McDade-BSU
Vince Mendiola-BSU
Rick Ringheimer-College of the Redwoods
Dan Shaw-Mayville State
Matt Smith- UNR

Golf

Ben Bryson-WSU
Ryan Plummer-Long Beach State
Dennis Verner-UNR

Rodeo

Mark Cowley-CSI
Jeff Garijo- BSU

If you know of anyone that should be added to this list or if you can update our cur-

FALL—ALL STATE WINNERS

Cross Country

Jon Rouston, 2005
Justin Grant, 2005
Triton Manso, 2005
Matt Pike, 2005, 2007
Vance Orr, 2005
Felicia George, 2005
Hailey Yadon, 2005
Madison Gray, 2005

Football

Alfonso Gonzalez, 1969
Frank Bengoa, 1970
Jim Calder, 1970
Paul Vesco, 1971
Tom Gillespie, 1971
Vince Mendiola, 1971, 1972, 1973

Joe Dendary, 1974
Steve Clausen, 1974
Dave Mendiola, 1976
Hank Dufurrena, 1976, 1977
Bob Cassinelli, 1977
Bruce Delaney, 1977
Fred Stewart, 1977
Rick Ringheimer, 1977
Tim Billingsley, 1977
Al Urban, 1978
Pat Schroeder, 1980
Andrew Hillyer, 1982
Doug Bosch, 1982
Roy Echeverria, 1982
Doug Graham, 1983
Joel Jaureguito, 1983, 1984
Pat McDade, 1983, 1984

David Schwartz, 1984
David Bush, 1987
Jonathan Jarolimek, 1987
Jeff Schrempp, 1989
Jon Echave, 1989
Van Kinder, 1989
Chad Peters, 1990
Gordy Schumacher, 1990
Israel Lopez, 1990
Jamie Schroeder, 1990
Jose Cardenas, 1990
Mike Novi, 1990
Scott Strickler, 1990
Josh Kyles, 1991
T.W. Cunningham, 1995, 1996
Robby Volack, 2000

Golf

Alicia Echevarria, 2005

Soccer—Girl's

Dayla Sudbrack, 2005

Volleyball

Betty Glinnsman, 1980
Lisa Davidson, 1980, 1981, 1982
Carol Scott, 1981, 1982
Teresa Vesco, 1981, 1982
Denise Cady, 1982
Diana Hoss, 1983, 1984
Denise DeLong, 1984
Penny Begay, 1985, 1986
Britney Bristol, 2000
Alexis Martinez, 2002

WINTER—ALL STATE WINNERS

Basketball, Boy's

Mitch Woods, 1971, 1972, 1973
Joe Dendary, 1974, 1975
Stan Davidson, 1973
Mike Glenn, 1975
Bob Hooft, 1974, 1975
Steve Clausen, 1974, 1975
Ron Bankofier, 1978
Ted Willer, 1978
Jim Visger, 1978
Rolfe Schwartz, 1979
David Stoker, 1981
David Schwartz, 1985
Gary Stoker, 1984, 1985
Chris Vesco, 1983
Dennis Porter, 1986
Lane Peraldo, 1989
Jim Salmi, 1988, 1989
Chad Peters, 1991, 1992
Chad Backus, 1992

Ben Bryson, 2001
Nate Green, 2001, 2002
Teo Maestrestrejuan, 2002
Brian Watterson, 2003

Basketball, Girl's

Betty Seward, 1979
Denise Michelson, 1979
Tammy Mentaberry, 1979
Sandi Smith, 1980
Teresa Vesco, 1981, 1982
Carol Scott, 1981, 1982
Lisa Davidson, 1983
Tina Echeto, 1990
Rachelle Piquet, 1991, 1992
Tara Davis, 2001
Jessica Bishop, 2003
Mackenzie Swecker, 2003, 2004
Megan Dufurrena, 2003, 2004
Savannah Carlo, 2008

Morgen Thacker, 2008

Wrestling

Jim Billingsley, 1971, 1972, 1973
Denny Gortari, 1974
Tim Billingsley, 1976, 1977
Rick Ringheimer, 1977
Al Urban, 1978
Steve Lopes, 1980
Paul Kerr, 1980
Robert Neary, 1980
Jim Kracaw, 1980, 1981
George Miller, 1981
Kelly Pollock, 1981, 1982, 1983
Keith Neary, 1981, 1983
Rich Enochson, 1982
Jimmy Cannon, 1983
Pat McDade, 1983, 1984, 1985
Dave Stetler, 1985
Paul Smith, 1985, 1986, 1987

Gus Duncan, 1986, 1987
Bake Turner, 1986, 1987, 1988
Billy Holt, 1989
Dave Bush, 1988
Mitch Green, 1988
Jeff Hutchings, 1988
Aaron Poulson, 1989
Juan Manzo, 1989
Efrium Manzo, 1989
Jeff Arreola, 1989, 1990
Gus Alvarez, 1990
Chester George, 1990, 1991
Josh Kyles, 1991
Milo Cardenas, 1991
Pete Herold, 1994, 1995, 1996
Rick Hutchinson, 1992
Chris Hornbarger, 1992, 1993
Raul Cardenas, 1993
Jake Lage, 1999
Johnny Davis, 1991, 1992, 1993

SPRING—ALL STATE WINNERS

Track

Kelli Baker, 1975
David Dake, 1975
John Luna, 1975
Lloyd Johnson, 1975
Julie Tipton, 1976
Larry Blaylock, 1977, 1978, 1979
Betty Seward, 1979
Pat McDade, 1983, 1984, 1985
Vicki Salmi, 1984
Matt Buchan, 1984, 1985, 1986
Chris Bishop, 1986
Bell, McKemy, Peraldo, Salmi, 1600 M Relay, 1987
Lane Peraldo, 1987, 1988
Cathey, Burns, Backus, Dean, 1600 M Relay, 1988

Salmi, Peraldo, Schlottman, Peraldo, Lecumberry, 1600 M Relay, 1988
Mandy Burns, 1989
Burns, Backus, Piquet, Cassinelli, 800 M Relay, 1989
Piquet, Bidart, Cassinelli, Burns, 400 M Relay, 1989
Smith, Canepa, Schlottman, Netcher, 800 M Relay, 1989
Burns, Backus, Dehart, Cassinelli, 1600 M Relay, 1989
Tina Echeto, 1989, 1990
Laura Stein, 1994
Willie Ulch, 1995
Sergio Cabada, 1995

Sergio Cabada, 1600 M & 3200 M, 1996
Salvador Cabada, 4A Cross Country, All State 1996
Sergio Cabada, 4A, 1600 M, 1996
Brett Ferrier, 1999, 2000
Jamie Cabada, 2000
Levi Keller, 2003



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GO BUCKAROOS!

NIAA ALCOHOL, TOBACCO AND OTHER DRUG POSSESSION, USE, ABUSE and PENALTIES POLICY

Participation in NIAA sanctioned sports is a privilege and responsibility which requires all participants to adhere to athletic training rules imposed by the school district and member or affiliate school the student attends and represents. Adherence to training rules ensures that all student-athletes are in top physical condition, minimizes potential for injury, and further ensures that all member and affiliate school athletic teams are appropriately represented by their student-athletes. Therefore, the possession or use of any controlled substance, alcohol or tobacco products by a student athlete, whether it occurs on or off of school property, is prohibited and shall result in the penalties set forth herein.

This regulation shall begin once our son/daughter begins participation as a student athlete in high school athletics. This policy remains in effect for every calendar school year during the course of his/her high school career and when he/she is directly involved in a school activity occurring at any time (summer leagues / camps, etc.). This policy remains in effect regardless of whether our son/daughter is currently participating on a high school athletic team.

- a. Definitions - The following terms or phrases shall have the meaning ascribed to them for purposes of interpreting this Policy.
 1. Competitive Week – means a seven (7) day period of time beginning with the **first scheduled competition** after a violation occurs in which a student athlete is participating as a member of an athletic team for a member or affiliate school, and in which that team is officially competing in NIAA sanctioned competition.
 2. Controlled Substance – includes any mind altering substance or beverage set forth in Schedule I-V of the list of Controlled Substances as identified by the office of the Drug Enforcement Administration or as set forth in 21 U.S.C. §812.
 3. Period of Suspension – means a student athlete is prohibited from appearing in any NIAA sanctioned sport or event as a member of an athletic team or in individual competition. A suspension from athletic competition begins with the first scheduled competition after a violation occurs. A student athlete who is suspended under this regulation who does not serve the entire period of suspension during the sport season in which suspension occurs shall serve any remaining period of suspension during the next sport season in which the student athlete appears on a NIAA roster. A violation of this regulation that occurs during a time when a student athlete does not appear on a NIAA roster shall be implemented at the commencement of the next sport season in which the student athlete participates. Attendance in a summer school class shall not apply toward satisfying any period of suspension.
 4. ***Possession means a student / athlete who is in actual physical control of alcohol, tobacco or a controlled substance.***
- b. Possession or Use of Tobacco/Alcohol/Controlled Substance/Narcotics. Any student athlete determined to be in possession of, or to have used tobacco, including smoking tobacco, chewing tobacco or snuff, an alcoholic beverage (as defined by NRS 202.020 **and any relevant local ordinances**), controlled substance and/or narcotic (unless prescribed by the student athlete's physician for medical purposes), is in violation of this policy. If after an investigation by the school it is determined that the student athlete is in violation of this regulation the student athlete shall immediately be declared ineligible to compete in any NIAA competition beginning with the first scheduled competition after a violation occurs. Additionally, the student athlete shall be subject to the following discipline:

1. First Violation: a six (6) competitive week suspension from participation in interscholastic competition beginning with the first scheduled competition after the suspension occurs. Four (4) competitive weeks of the suspension of eligibility may be waived if the student successfully completes all components of the appropriate substance abuse intervention program set forth in subparagraphs (d) (1) (A) and (d) (1) (B) below. The student may practice with the team during the period of suspension if approved by the coach and principal.
2. Second Violation: The student shall be suspended from interscholastic competition for a minimum of ninety (90) school days which shall include a minimum of six (6) competitive weeks of competition. The student shall not be allowed to practice with the team, or participate in any out of season activities and must complete the requirements set forth in subparagraphs A and B below, in order to be considered for reinstatement of future athletic eligibility, which shall be determined following the ninety (90) day suspension of athletic eligibility by a group composed of one of the student's parents/legal guardians, the school principal, athletic director, coach and a substance abuse program coordinator.
 - A. A substance abuse evaluation assessment conducted by a licensed alcohol and drug counselor at the expense of the parent/legal guardian of the student must be completed within ten (10) school days following the suspension and all assessment recommendations must be satisfactorily met before athletic eligibility may be reinstated.
 - B. The student must successfully participate in all sessions of the appropriate substance abuse intervention program set forth in subparagraphs (d) (1) (a) and (d) (1) (B) below, and successfully complete a minimum of ten (10) tobacco or alcohol/drug related support sessions.
3. Third Violation: The student shall be ineligible to participate in interscholastic athletics for the remainder of the student's high school career.
4. Appeal: A student that serves their third violation and still has more than one year of remaining eligibility can appeal through the NIAA Board of Control. Both the students and his / her parents must attend this meeting of the Board to present their appeal.
- c. Cumulative Effect of Suspensions: Multiple suspensions of a student athlete's athletic eligibility based on violations of this Regulation shall be considered as cumulative over the length of each student athlete's high school career, 9th through 12th grade.
- d. Substance Abuse Intervention Program: Any student who has been suspended from athletic eligibility for violation of the provisions of this Regulation and whose future athletic eligibility is contingent on successful completion of a Substance Abuse Intervention Program, or whose suspension of athletic eligibility may be reduced through successful participation in a Substance Abuse Intervention Program, shall complete the Substance Abuse Intervention Program developed by the NIAA in conjunction with the State of Nevada, Department of Human Resources Division of Child and Family Services Program available through the Juvenile Justice Programs Office: (775) 684-7294.
 1. Successful completion of the Substance Abuse Intervention Program shall require, at a minimum:
 - A. The completion of a video program specific to the nature of the student athlete's offense, by the student athlete, and his/her parent(s) or legal guardian(s), as demonstrated by the successful completion of an assignment on the content of the video by the student athlete and his/her parent(s) or legal guardian(s).
 - B. The completion of a minimum of an eight (8) hour assignment selected from a list of ten (10) possible assignments by school personnel. Successful completion shall be determined through a meeting between the student athlete, his/her parent(s) or legal guardian(s), the head coach of the sport in which the student athlete was participating at the time of offense, and the school counselor or dean of students.

All investigations and penalty enforcements will be conducted by the school and / or district with support through the NIAA office.

PARENT / LEGAL GUARDIAN AND STUDENT ACKNOWLEDGEMENT

The Nevada Interscholastic Activities Association (NIAA) recognizes and understands that parents / guardians take the primary role in instilling values for their students. It is the goal of the NIAA to work cooperatively with parents to provide guidelines and programs that assist student athletes in making positive choices.

IMPORTANT – Please read the following information and acknowledge with your signature below.

We understand that participation in high school athletics is a privilege, not a right, and that underage drinking and drug use is against the law. It is against the law to sell tobacco to people under the age of 18 and usage is against school policy. Substance abuse negatively impacts athletics and academic performance, and research indicates that early onset of alcohol use increases the occurrence of addiction in adulthood by four times. Alcohol and drug use interferes in learning processes, brain development and increases the chance of physical injury while participating in athletic competition. Because of these risks, and in addition to the laws of the State of Nevada, the NIAA requires participants and parents to agree to the following:

- 1. We have read the NIAA Drug, Alcohol and Tobacco Possession, Use and Abuse Penalties Policy and agree to abide by the Policy as written.***
- 2. We realize that a video and Power Point presentation regarding the Policy is available and we have either seen this presentation or agree to waive the requirement of viewing the presentation.***
- 3. We understand that we are encouraged to notify our school's athletic administrator / director if our son / daughter violates this Policy and / or the laws of the state of Nevada. It would also be acceptable for our child to self-report any violation of this policy to our school's athletic administrator / director.***
- 4. We understand that knowingly providing erroneous information during the course of an investigation of an alleged violation of the policy will result in a one calendar year suspension from all high school athletic activities.***
- 5. We further acknowledge that once our son / daughter begins participation as a student athlete in high school athletics that this policy remains in effect for every calendar school year during the course of their high school career and when he / she is directly involved in a school activity occurring at any time (summer leagues / camps, etc.). This policy remains in effect regardless of whether our son / daughter is currently participating on a high school athletic team.***
- 6. We have also reviewed the following NRS 202.020, Purchase, Consumption or Possession of Alcoholic Beverage by Minor, and understand the laws of Nevada and how they pertain to our family.***
- 7. We understand that although it is not technically against the law to use tobacco in the state of Nevada (NRS 202.2493 and 202.24935 prohibits anyone from supplying a person under the age of 18 with any kind of tobacco product), we realize it is against this policy and general school policy, and that scientific evidence demonstrates it is unhealthy and a detriment to athletic performance.***
- 8. We understand that the use of steroids and other performance enhancing drugs are dangerous, illegal, provide only temporary gains and are a form of cheating other competitors.***

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Dayton High School
335 Old Dayton Valley Road
Dayton, NV 89403
(775) 246-6240
Colors: Red, Black
Mascot: Dust Devils



Fernley High School
1300 Highway 95A
Fernley, NV 89408
(775) 575-3400
Colors: Orange, Black
Mascot: Vaqueros



Sparks High School
820 15th Street
Sparks, NV 89431
(775) 353-5514
Colors: Maroon, Gold
Mascot: Railroaders



Incline High School
499 Village Boulevard
Incline Village, NV 89451
(775) 832-4206
Colors: Green, Gold
Mascot: Highlanders



Yerington High School
114 Pearl St.
Yerington, NV 89447
(775) 463-6822
Colors: Purple, White
Mascot: Lions



Ontario High School
1115 W. Idaho Avenue
Ontario, OR 97941
(541) 889-5309
Colors: Orange & Yellow
Mascot: Tiger



Virgin Valley High School
820 Valley View Drive
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Colors: Green & White
Mascot: Bulldogs



Pershing County High School
1215 Franklin Avenue
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Colors: Red & Black
Mascot: Mustangs



Whittell High School
240 Warrior Way
Zephyr Cove, NV 89448
(775) 588-2420
Colors: Red & Gold
Mascot: Warriors



Douglas High School
1670 Highway 88
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(775) 782-5136
Colors: Orange & Black
Mascot: Tigers



Reed High School
1350 Baring Blvd.
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(775) 353- 5708
Colors: Columbia Blue & Gold
Mascot: Raiders



Battle Mountain High School
435 Weaver Avenue
Battle Mountain, NV 89820
(775) 635-5436
Colors: Green & Gold
Mascot: Longhorns



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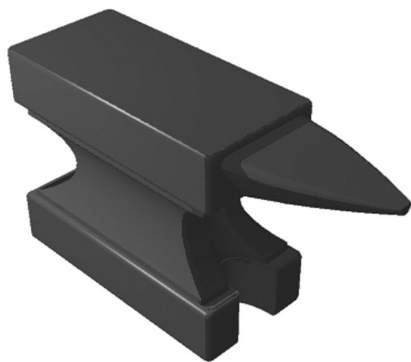
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BOY'S BASKETBALL SCHEDULES

Varsity

<u>Day</u>	<u>Date</u>	<u>Event</u>	<u>Place</u>	<u>Time</u>
Tuesday	12/02/08	Elko High	Home	7:30 pm
Thursday	12/04/08	Quincy Tipoff Classic	Away	TBA
Friday	12/05/08	Quincy Tipoff Classic	Away	TBA
Saturday	12/06/08	Quincy Tipoff Classic	Away	TBA
Thursday	12/11/08	Elko Tournament	Away	TBA
Friday	12/12/08	Elko Tournament Highland HS	Away	TBA
Saturday	12/13/08	Wooster	Away	3:00 pm
Tuesday	12/16/08	Elko High	Away	7:30 pm
Saturday	12/20/08	Wooster	Home	3:00 pm
Thursday	01/01/09	Carson Invitational	Away	TBA
Friday	01/02/09	Carson Invitational	Away	TBA
Saturday	01/03/09	Carson Invitational	Away	TBA
Wednesday	01/07/09	Spring Creek High School	Home	7:30 pm
Friday	01/09/09	Sparks High School	Home	7:30 pm
Saturday	01/10/09	Fernley High School	Home	3:30 pm
Friday	01/16/09	Yerington High School	Away	7:30 pm
Saturday	01/17/09	Dayton High School	Away	3:30 pm
Saturday	01/24/09	Truckee High School	Home	3:30 pm
Wednesday	01/28/09	Spring Creek High School	Away	7:30 pm
Friday	01/30/09	Fernley High School	Away	7:30 pm
Saturday	01/31/09	Sparks High School	Away	3:30 pm
Friday	02/06/09	Dayton High School	Home	7:30 pm
Saturday	02/07/09	Yerington High School	Home	3:30 pm
Friday	02/13/09	Truckee High School	Away	7:30 pm
Thursday	02/19/09	3A Regional Basketball	Away	TBA
Friday	02/20/09	3A Regional Basketball	Away	TBA
Saturday	02/21/09	3A Regional Basketball	Away	TBA
Friday	02/27/09	3A State Basketball	Away	TBA
Saturday	02/28/09	3A State Basketball	Away	TBA

Junior Varsity

<u>Day</u>	<u>Date</u>	<u>Event</u>	<u>Place</u>	<u>Time</u>
Tuesday	12/02/08	Elko High	Home	4:30 pm
Thursday	12/04/08	Quincy Tipoff Classic	Away	TBA
Friday	12/05/08	Quincy Tipoff Classic	Away	TBA
Saturday	12/06/08	Quincy Tipoff Classic	Away	TBA
Saturday	12/13/08	Wooster	Away	1:00 pm
Tuesday	12/16/08	Elko High	Away	4:30 pm
Friday	12/09/08	McDermitt Varsity Tournament	Away	TBA
Saturday	12/20/08	McDermitt Varsity Tournament	Away	TBA
Wednesday	01/07/09	Spring Creek High School	Home	4:30 pm
Friday	01/09/09	Sparks High School	Home	4:30 pm
Saturday	01/10/09	Fernley High School	Home	12:30 pm
Friday	01/16/09	Yerington High School	Away	4:30 pm
Saturday	01/17/09	Dayton High School	Home	12:30 pm
Saturday	01/24/09	Truckee High School	Home	12:30 pm
Wednesday	01/28/09	Spring Creek High School	Away	4:30 pm
Friday	01/30/09	Fernley High School	Away	4:30 pm
Saturday	01/31/09	Sparks High School	Away	12:30 pm

Junior Varsity Con't

Friday	02/06/09	Dayton High School	Home	4:30 pm
Saturday	02/07/09	Yerington High School	Home	12:30 pm
Friday	02/13/09	Truckee High School	Away	4:30 pm

Freshmen

<u>Day</u>	<u>Date</u>	<u>Event</u>	<u>Place</u>	<u>Time</u>
Tuesday	12/02/08	Elko High	Home	3:00 pm
Friday	12/05/08	NENOA	Away	TBA
Saturday	12/06/08	NENOA	Away	TBA
Saturday	12/13/08	Wooster	Away	11:00 am
Tuesday	12/16/08	Elko High	Away	3:00 pm
Wednesday	01/07/09	Spring Creek High School	Away	5:30 pm
Friday	01/09/09	Sparks High School	Away	5:30 pm
Saturday	01/10/09	Fernley High School	Away	12:30 pm
Saturday	01/17/09	Dayton High School	Home	12:30 pm
Wednesday	01/21/09	Battle Mountain High	Home	5:30 pm
Saturday	01/24/09	Truckee High School	Away	12:30 pm
Wednesday	01/28/09	Spring Creek High School	Home	5:30 pm
Friday	01/30/09	Fernley High School	Home	5:30 pm
Saturday	01/31/09	Sparks High School	Home	12:30 PM
Wednesday	02/04/09	Battle Mountain High	Away	5:30 pm
Friday	02/06/09	Dayton High School	Away	5:30 pm
Friday	02/13/09	Truckee High School	Home	5:30 pm

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VARSITY BOY'S BASKETBALL



#	NAME	GRADE	HGT	WGT	POSITION
11	David Eastman	11	5'9	165	Guard
20	Brandon Eldodt	11	6'0	150	Forward
21	Zeb Teichert	11	5'11	150	G\Forward
22	Collin Messerly	12	6'1	180	F\Post
24	Gino Parolin	12	6'0	200	Guard
30	James Walton	12	6'2	180	G\Forward
32	Joel Mendoza	11	6'4	165	F\Post
35	Freddy Bernabe	12	6'0	170	G\Forward
41	Gus Ramasco	12	6'1	190	Forward
42	Jerry Jakich	11	6'0	180	Forward
44	Andrew Stephen	11	6'3	200	F\Post
54	Joey Dendary	11	6'2	240	Forward
55	Danny Westfall	11	6'5	180	Forward
	Terrell Messerly	11			Film\Stats
	Reid Schwartz	11			Manager

JV BOY'S BASKETBALL



#	NAME	GRADE	HGT	WGT	POSITION
5	Tyler Cox	10	5'11	150	Forward
10	Mitch Pollock	11	5'4	110	Guard
20	Alejo Alarcon	10	5'5	140	Guard
21	Sterling Snow	10	5'8	135	Guard
22	Anders Pace	10	5'11	160	Forward
23	Gerardo Covarrubias	11	5'10	140	Forward
30	Grant Miller	10	5'4	110	Guard
31	Niko Hunnicutt-Tarr	10	6'2	185	Post
35	Jacob Albright	11	5'10	150	Guard
41	Sean Millikan	10	6'4	235	Post
43	Shane Bell	10	6'3	165	Forward
51	William Thacker	10	6'1	215	Post
	Bryan Dillon	10			Manager
	Dean Vetter	10			Stats

FRESHMEN BOY'S BASKETBALL



#	NAME	GRADE	HGT	WGT	POSITION
11	Nimmick, Alexander	9	4'11	95	Guard
15	Noble, Bryan	9	5'10	175	Post/W
21	Parks, Jared	9	5'7	130	Guard
20	Lujan, Nicholas	9	5'9	135	Wing
22	Rinas, Jordan	9	5'8	140	Guard/W
30	Eastman, Brandon	9	5'8	145	Post/W
32	Landa, Jonathan	9	5'5	120	Guard
35	Thacker, John	9	5'5	115	Guard
41	Ourada, Austin	9	6'1	200	Post
42	Montes-Ayala, Jesus Elyseo	9	5'6	140	Guard
52	Wardell, Dion	9	5'11	160	Post/W
54	Sam, Jaylen Orlando	9			
55	Mader, Kade	9	5'11	160	Post

COACHES



LEE BOSCH, VARSITY

Where are you from: Winnemucca

Years at Lowry: 6 as a coach only

Expectations for this season: Win the league title, win Zone, and make it to the final game, also for my kids to become men.

Education: Lowry High School and UNR

Playing Experience: 9 Varsity Letters in high school – Lowry,

College Golf – UNR, Practice Team for College Basketball – UNR

Coaching Experience: 1 year Freshmen Basketball – Lowry, 3 years

JV Basketball – Lowry, 1 year Varsity Basketball – Lowry, 10 years

Little League



JARED EASTMAN, ASSISTANT VARSITY

Where are you from: Ogallala, NE

Years at Lowry: 2 years as a coach

Expectations for this season: Have some fun and win some games.

Education: YES! South Dakota School of Mines

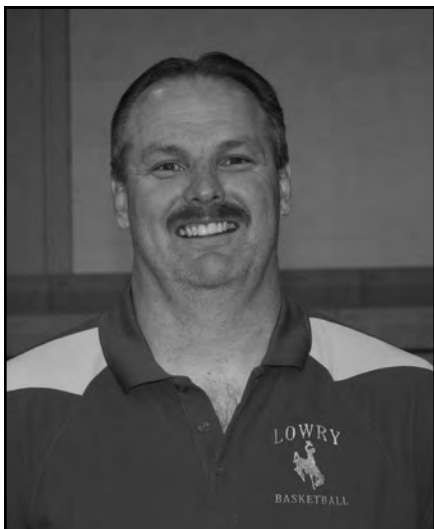
Playing Experience: 11 Varsity Letters – Hannah High School, 4

years South Dakota School of Mines

Coaching Experience: 1 year Assistant JV Coach – Lowry, 4 years

Junior High – Round Mountain, 1 year High School – Round

Mountain



JEFF RINAS, JUNIOR VARSITY

Where are you from: Rock Lake, ND

Years at Lowry: This is my 2nd year as a coach

Expectations for this season: Go undefeated in league. Players will get a lot of experience.

Education: BS of Education from Mayville State University, Mayville, ND

Playing Experience: 1 year of college ball

Coaching Experience: 2 years as JV coach

Other interesting information: A little league basketball coach for 8 years. Fundraising chairman for Jump Rope for Heart. Fundraising

COACHES



DON WALTON, ASSISTANT JUNIOR VARSITY

Where are you from: Colorado Springs, CO

Years at Lowry: 10

Expectations for this season: Be competitive. Provide a positive experience for our athletes.

Education: Bachelor of Science, Mining Engineering from the Colorado School of Mines, Golden, CO 1976

Playing Experience: 26 years officiating basketball at all levels

Coaching Experience: 7 years coaching baseball, 1 year coaching basketball



TAUA CABATBAT, FRESHMEN

Where are you from: 808

Years at Lowry: Going on 4

Expectations this season: Make moves!!!

Education: Makes life easier!!

Playing Experience: City league!

Coaching Experience: Hope to gain some one day!

Awards: 2x City League Player of the Year!!

Other interesting information: FAMILY!! 08-09



TY LUCAS, ASSISTANT FRESHMEN

Where are you from: Reno, NV

Years at Lowry: 2

Expectations for this season: Play like a family

Education: BA in Education

Playing Experience: NBA Jam 1996-1998 Champ

Coaching Experience: 2nd year at Lowry

Awards: MVP of the neighborhood

Other interesting information: Enjoy long walks on the beach and hugging Mr. Cabatbat

BOY'S BASKETBALL SENIORS



FREDRICK BERNABE

Birthplace: Winnemucca, NV
 Parents: Fred and Lety Bernabe
 Brothers/Sisters: Jordan and Jackie
 Career Plans: Physical Therapist
 Favorite Pro Team: Team America
 Greatest Personal Achievement: Making it through high school
 Biggest Disappointment: Losing in Zone the last two years
 Most Important Possession: My Phone
 Person I Admire Most: My dad

Favorite Food: Anything that I eat
 Favorite Teacher: Mr. Setzer
 Toughest Class: Calculus
 My Idea of Relaxation: Sleeping
 Favorite Quote: If you fail to prepare, you prepare to fail



COLLIN MESSERLY



GINO PAROLIN

Birth Place: Edmonton, Alberia, Canada
 Brothers/Sisters: Gabe Parolin
 Career Plans: Salesman of high quality
 Favorite Pro Team: Los Angeles Lakers
 Greatest Personal Achievement: MVP 3 years in a row
 Biggest Disappointment: Getting out of shape for a year
 Most Important Possession: My dog Ashes
 Person I admire most: Magic Johnson

Favorite Food: Tacos
 Favorite Teacher: Mr. Beck, Mr. Cabatbat, Mrs. Kennedy, and Mrs. Mercado. They are all good!
 Toughest Class: English
 My Idea of Relaxation: Chilin'



GUS RAMASCO

Birthplace: Winnemucca, NV
 Parents: Karin and Dennis Ramasco
 Brothers/Sisters: Shane, Sadie, Luke
 Career Plans: Undecided
 Favorite Team: Nevada
 Greatest Personal Achievement: Making the basketball team
 Biggest Disappointment: Missing the playoffs in football
 Most Important Possession: My lucky piece of turf

Person I Admire the Most: David Eastman
 Favorite Food: Banana Cream Pie
 Favorite Teacher: Mrs. Doyle
 Toughest Class: Anatomy
 My Idea of Relaxation: Fishing
 Favorite Quote: I'd walk through hell in a gasoline suit to play basketball.



JAMES WALTON

Birth Place: Reno, NV
 Parents: Don and Lynda
 Brothers/Sisters: Jessica and Davey
 Career Plans: Physical Therapist
 Favorite Pro Team: New York Yankees
 Greatest Personal Achievement: Making Varsity baseball freshman year
 Biggest Disappointment: Our loss at Zone last year against Sparks
 Most Important Possession: My cell phone

Person I Admire Most: My mom
 Favorite Food: Seafood buffet
 Favorite Teacher: Mrs. Doyle, Mr. Carstensen, Mr. Bernardi, Mrs. Kennedy

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GIRL'S BASKETBALL SCHEDULES

Varsity

<u>Day</u>	<u>Date</u>	<u>Event</u>	<u>Place</u>	<u>Time</u>
Tuesday	12/02/08	Elko High	Home	6:00 PM
Thursday	12/04/08	Lowry Invitational Tournament	Home	TBA
Friday	12/05/08	Lowry Invitational Tournament	Home	TBA
Saturday	12/06/08	Lowry Invitational Tournament	Home	TBA
Wednesday	12/10/08	Damonte Ranch	Away	7:00 PM
Thursday	12/11/08	High Sierra Classic	Away	TBA
Friday	12/12/08	High Sierra Classic	Away	TBA
Saturday	12/13/08	High Sierra Classic	Away	TBA
Tuesday	12/16/08	Elko High	Away	6:00 PM
Thursday	12/18/08	Pershing County H.S.	Home	6:30 PM
Friday	12/19/08	Douglas	Home	7:00 PM
Monday	12/22/08	McQueen Tournament	Away	TBA
Tuesday	12/23/08	McQueen Tournament	Away	TBA
Wednesday	12/24/08	McQueen Tournament	Away	TBA
Wednesday	01/07/09	Spring Creek High School	Home	6:00 PM
Friday	01/09/09	Sparks High School	Home	6:00 PM
Saturday	01/10/09	Fernley High School	Home	2:00 PM
Friday	01/16/09	Yerington High School	Away	6:00 PM
Saturday	01/17/09	Dayton High School	Away	2:00 PM
Saturday	01/24/09	Truckee High School	Home	2:00 PM
Wednesday	01/28/09	Spring Creek High School	Away	6:00 PM
Friday	01/30/09	Fernley High School	Away	6:00 PM
Saturday	01/31/09	Sparks High School	Away	2:00 PM
Friday	02/06/09	Dayton High School	Home	6:00 PM
Saturday	02/07/09	Yerington High School	Home	2:00 PM
Friday	02/13/09	Truckee High School	Away	6:00 PM
Thursday	02/19/09	3A Regional Basketball	Away	TBA
Friday	02/20/09	3A Regional Basketball	Away	TBA
Saturday	02/21/09	3A Regional Basketball	Away	TBA
Friday	02/27/09	3A State Basketball	Away	6:00 PM
Saturday	02/28/09	3A State Basketball	Away	TBA

Junior Varsity

<u>Day</u>	<u>Date</u>	<u>Event</u>	<u>Place</u>	<u>Time</u>
Tuesday	12/02/08	Elko High	Home	3:00 PM
Friday	12/05/08	NENOA	Away	TBA
Saturday	12/06/08	NENOA	Away	TBA
Wednesday	12/10/08	Damonte Ranch	Away	5:30 PM
Tuesday	12/16/08	Elko High	Away	3:00 PM
Thursday	12/18/08	Pershing County H.S.	Home	5:00 PM
Friday	12/19/08	Douglas	Home	5:30 PM
Saturday	12/20/08	McDermitt Varsity Tournament	Away	TBA
Wednesday	01/07/09	Spring Creek High School	Home	3:00 PM
Friday	01/09/09	Sparks High School	Home	3:00 PM
Saturday	01/10/09	Fernley High School	Home	11:00 AM
Friday	01/16/09	Yerington High School	Away	3:00 PM
Saturday	01/17/09	Dayton High School	Away	11:00 AM
Saturday	01/24/09	Truckee High School	Home	11:00 AM
Wednesday	01/28/09	Spring Creek High School	Away	3:00 PM

Junior Varsity Con't

Friday	01/30/09	Fernley High School	Away	3:00 PM
Saturday	01/31/09	Sparks High School	Away	11:00 AM
Friday	02/06/09	Dayton High School	Home	3:00 PM
Saturday	02/07/09	Yerington High School	Home	11:00 AM
Friday	02/13/09	Truckee High School	Away	3:00 PM

Freshmen

<u>Day</u>	<u>Date</u>	<u>Event</u>	<u>Place</u>	<u>Time</u>
Tuesday	12/02/08	Elko High	Home	4:30 PM
Friday	12/05/08	NENOA	Away	TBA
Saturday	12/06/08	NENOA	Away	TBA
Wednesday	12/10/08	Damonte Ranch	Away	4:00 PM
Tuesday	12/16/08	Elko High	Away	4:30 PM
Friday	12/19/08	Douglas	Home	4:00 PM
Wednesday	01/07/09	Spring Creek High School	Away	4:00 PM
Friday	01/09/09	Sparks High School	Away	4:00 PM
Saturday	01/10/09	Fernley High School	Away	11:00 AM
Saturday	01/17/09	Dayton High School	Home	11:00 AM
Wednesday	01/21/09	Battle Mountain High School	Home	4:00 PM
Saturday	01/24/09	Truckee High School	Away	11:00 AM
Wednesday	01/28/09	Spring Creek High School	Home	4:00 PM
Friday	01/30/09	Fernley High School	Home	4:00 PM
Saturday	01/31/09	Sparks High School	Home	11:00 AM
Wednesday	02/04/09	Battle Mountain High School	Away	4:00 PM
Friday	02/06/09	Dayton High School	Away	4:00 PM
Friday	02/13/09	Truckee High School	Home	4:00 PM

Winnemucca Youth Football League



The Future of Lowry Football



VARSITY GIRL'S BASKETBALL



#	NAME	GRADE	HGT	POSITION
3	Ashlee Lee	11	5'3	Guard
4	Miranda Quilici	12	5'1	Guard
5	Amaya Criswell	12	5'3	Guard
10	Rachelle Dennis	10	5'5	Guard
12	Morgen Thacker	12	5'7	Guard
15	Julia Dufurrena	9	5'9	Post
22	Lynnsey Johnson	11	5'6	Guard
23	Darrian Black	9	6'0	Post
24	Desirae Lemm	11	5'8	Post
30	Courtney Hammond	11	5'10	Post
32	Quinn Mader	11	5'10	Post
33	Skylar Estes	11	6'0	Post

JV GIRL'S BASKETBALL



#	NAME	GRADE	HGT	POSITION
5	Alicia Kelly	10	5'5	Guard
4	Angie Herrera	9	5'2	Guard
10	Jordan Songer	11	5'5	Guard
12	Madison Gonzalez	9	5'6	Guard
20	Emilia Legarza	10	5'7	P/ Guard
22	Betsy Gurrero	9	5'9	Post
23	Abbey Haaglund	11	5'3	Guard
24	Jenae Nue	10	5'7	Guard
30	Alta Smith	10	5'8	Post
33	Brenda Herrera	10	5'8	Post
41	Dana Pardovich	10	5'4	Guard
44	Hana Etcheverry	9	5'8	Post

FRESHMEN GIRL'S BASKETBALL



#	NAME	GRADE	HGT	POSITION
4	Candace Comeau	9	5'2	F/G
5	Ciena Foster	9	5'5	F/G
10	Kelse Diehl	9	5'2	F/G
12	Kayla Avega	9	5'3	F/G
22	Samantha Arthur	9	5'5	F/G
23	Johana Christensen	9	5'7	F/G
24	Anna Gutierrez	9	5'4	F/G
30	Taylor Johnson	9	5'2	F/G
32	Staphany DeLaMora	9	5'5	F/G
33	Alexis Alarcon	9	5'5	F/G
44	Jamee Griffith	9	5'3	F/G
55	Kimberline Garcia	9	5'6	F/G

COACHES



JACK SMITH, VARSITY

Where are you from: Reno, NV

Years at Lowry: 2nd year

Expectations for this season: To play to our full potential is very important to me. To get in the playoffs and defend the 3A Zone Championship

Education: I went to North Idaho, Boise State and I graduated from UNR with a B.S.

Playing Experience: Solid basketball career at Lakeland High School in Rathdrum, ID

Coaching Experience: 23rd year as a head Girl's Varsity Basketball coach

Awards: In Reno's Sierra League I was nominated for Coach of the Year '01, '02, '03, All Nevada Prep. Coach of the year '01, 3A Coach of the Year



TOM KINGSTON, ASSISTANT VARSITY

Where are you from: Butte Montana

Years at Lowry: 2

Expectations for this season: Work hard, be competitive and compete in the State championship game. Have fun!



CHELSEA MENDIOLA, JUNIOR VARSITY

Where are you from: Winnemucca, NV

Years at Lowry: 4 in high school, 2 as a coach

Expectations for this season: Every time the girls step on the court they give 100%. I want my girls to play hard and have fun.

Education: 4 years Lowry High School, 4 years University of Nevada Reno—Elementary & Special Education

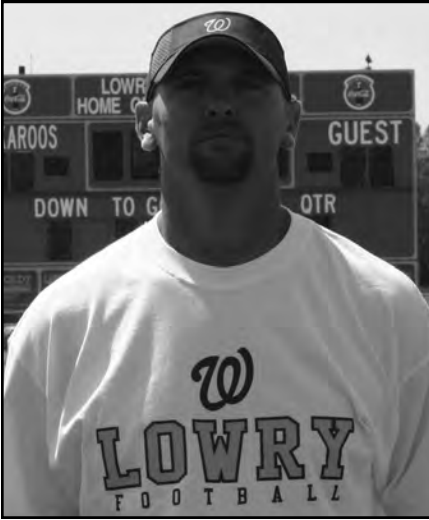
Playing Experience: 4 years Lowry Varsity Girl's Basketball

Coaching Experience: 1 year as a Varsity Assistant

Awards: 2002 3A Basketball State Champion, 2001 & 2002 3A Golf State Champion

Other Interesting Information: I teach fourth grade at Grass Valley Elementary. I get to spend each day doing something I truly love,

COACHES



SHAUN MURGEL, FRESHMEN

Where are you from: East Helena, Montana (God's Country)

Years at Lowry: A handful

Expectations for this season: To maintain my inner chai; to teach the fundamentals the Jack Smith way.

Education: It is important to some degree

Playing Experience: 7th/8th grade shirts/skins tournament champion;

4th/6th grade driveway around the world champion

Coaching Experience: In past life I had 25 years experience as a Varsity girl's coach, now channeling that energy and experience into freshmen

Awards: Most likely not to be voted President

Other Interesting Information: Helped build the 7 ancient wonders of the world in a previous life.

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GIRL'S BASKETBALL SENIORS



AMAYA CRISWELL

Birth Place: Reno, NV
 Parents: Herk and Itxaso Criswell
 Brothers/Sisters: Two Brothers- Jon Patxi and Joseba
 Career Plans: Pre-Med/Physicians Assistant
 Favorite Pro Team: College is better!
 Greatest Personal Achievement: Making All-State in basketball my junior year
 Biggest Disappointment: High School
 Most Important Possession: My dog

definitely!

Person I Admire Most: My amuma

Favorite Food: If it's good, it's my favorite

Favorite Teacher: Mr. Beck, Mrs. Doyle, and Mrs. McGibbon

Toughest Class: Anatomy

My Idea of Relaxation: Watching TV in my sweats



MIRANDA QUILICI

Birth Place: Winnemucca
 Parents: Tammie & Buddy Quilici
 Brother: Michael
 Career Plans: Elementary Teacher
 Favorite Pro Team: Philadelphia Eagles
 Greatest Personal Achievement: Making it through high school and being accepted to college.
 Biggest Disappointment: I don't really have one everything happens for a reason.

Most Important Possession: Cell phone

Person I Admire Most: My mom

Favorite Food: Chicken fettuccini

Favorite Teacher: Mr. Corak & Mrs. James

Toughest Class: Anatomy



MORGEN THACKER

Birth Place: Reno, NV
 Parents: Bobbi & Shane Thacker
 Brothers/Sisters: Will & Shaylyn
 Career Plans: Elementary Education, Basketball Coach
 Favorite Pro Team: 49ers
 Greatest Personal Achievement: Never being on a JV or Freshmen team all through high school—always making varsity
 Biggest Disappointment: Having knee

problems on the same knee 3 years in a row.


Most Important Possession: My soso blanket

Person I Admire Most: My Dad, Wasson

Favorite Food: Cesar Salad & asparagus


Favorite Teacher: 2nd Grade Teacher—Mrs. Montes

Toughest Class: Calculus



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VARSITY CHEERLEADERS



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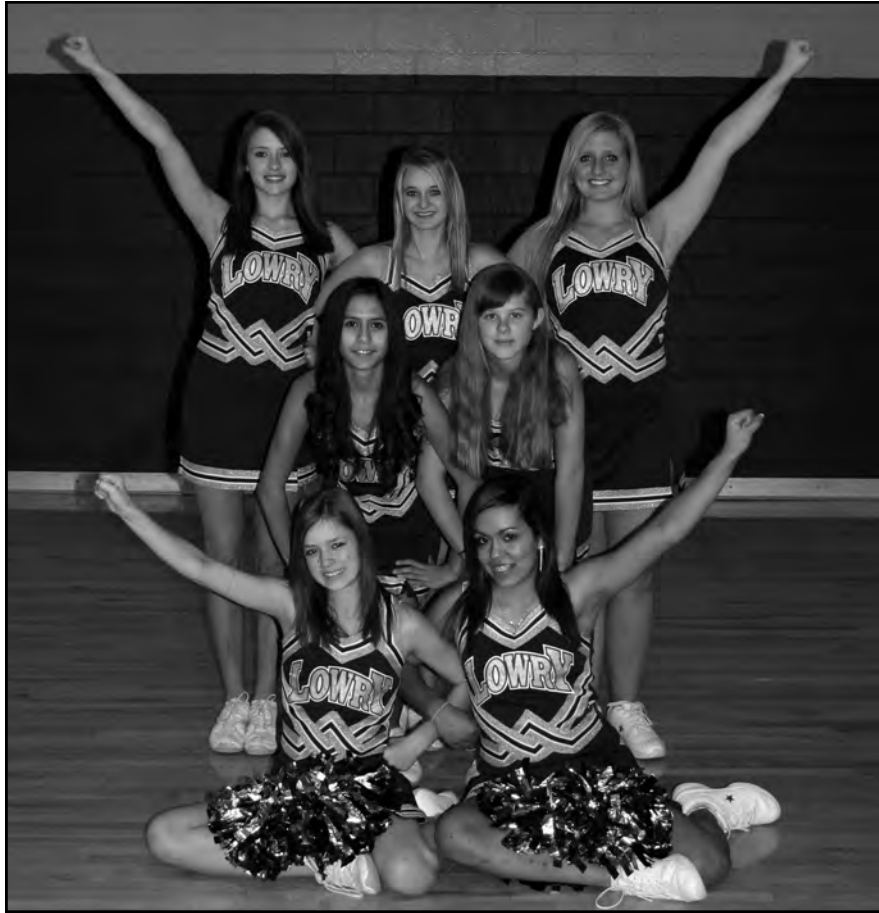


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JUNIOR VARSITY CHEERLEADERS



Roster:

Diana Barajas, Becky Barber, Tyler Cooper
Arline Franco, Serah Haun, Berenice Sanchez,
Clarissa Conn, Macie Mavity



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CHEERLEADING COACHES



CRYSTAL NELSON

Where are you from: Born—Moab, UT, Home—Winnemucca
Years at Lowry: Coaching—2, High School—all 4 years
Expectations for this season: Varsity—3 one leg stunt groups with full downs, JV—One lib in an extension, All—to enjoy cheerleading and be a little crazy!
Education: Associate of Arts, GBC, currently working towards Bachelors, Elementary Education.
Playing Experience: Junior High & High School—Dance & Cheer
Coaching Experience: This is my first year as Head Coach.
Other Interesting Information: My family! A big thank you to my awesome husband, Ryan, who supports me 100%! My two boys, Nathan & Darrin, who have become little brothers to 22 girls. Thanks Boys!



KELLY SCHIRRICK

Where are you from: Winnemucca
Years at Lowry: 4
Expectations for this season: I am exited to see the team come together and really show Lowry fans what school spirit is all about.
Education: Graduated from Lowry in 2004, currently attending Great Basin College. Graduated from International Academy of Style in 2008.
Playing Experience: I have been involved in cheerleading for 14 years.
Coaching Experience: 3 years
Awards: All American Cheerleader, 2003; Team Leadership Award, 2004



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SENIOR CHEERLEADERS



NICOLE FINLAYSON

Birth Place: Artesia, New Mexico
 Parents: Chris & Dana Finlayson
 Brothers: Travis & Chad
 Greatest Personal Achievement:
 Making the NCA squad for cheerleading
 Future Plans: Become a psychiatrist
 Favorite Pro Team: Green Bay Packers
 Most Important Possession: A

sweatshirt of one of my friends.

Person I Admire Most: Sandy Schirrick

Favorite Food: Shepards Pie & Chinese—YUM!

Favorite Teacher: Mr. Lucas



STEVIE HAMILTON

Birth: February 8, 1991
 Parents: Tom & Tracy Hamilton
 Brother: Chauncey
 Greatest Personal Achievement:
 Making the All American team two years in a row.
 Future Plans: Pursue a career in Elementary Education
 Favorite Pro Team: Denver Broncos
 Most Important Possession: My

boyfriend, Travis


People I Admire Most: My parents

Favorite Food: Hot Wings

Favorite Teacher: Mrs. James & Mr. Setzer




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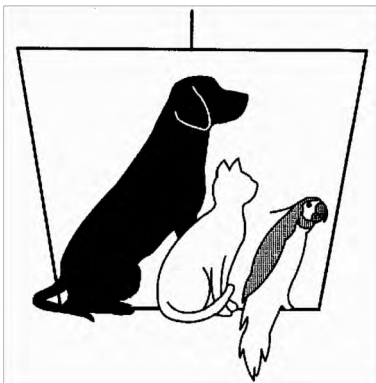
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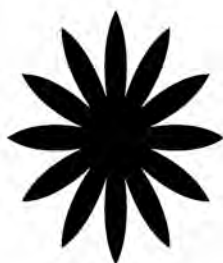
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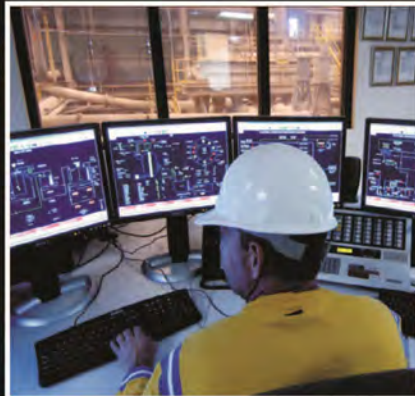


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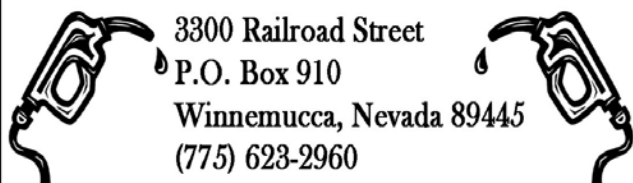
JUNIOR VARSITY DANCE



Roster:

Elizabeth Aguilar, Patricia Bates, Brandi Brooks, Kristen Graham, Jerica Hansen, Savannah McDade, Brandi Nielsen, Jillian Pfarr, Mela-

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DANCE COACHES



JANE STUDEBAKER, HEAD COACH

Where are you from: Carmel, Indiana

Years at Lowry: 2 ½ years

Expectations for this season: For the girls to dance their very best, have fun and take 1st if we go to State Competition

Education: Accounting & Drafting

Coaching Experience: This is my third basketball season

Other interesting information: Have a great family, patient husband and wonderful daughter, Rachael, and son, Jesse



TAVA DENNIS

Where are you from: Grand Junction, CO

Years at Lowry: 4 years LHS graduate, 2nd year coaching

Expectations for this season: Learning 3 or more new dances and having a great year

Education: Associate of Arts at GBC – going to school for life

Playing Experience: All my life – since I could hold myself up as a baby

Coaching Experience: 2nd year

Awards: The pure enjoyment of dancing



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DANCE TEAM SENIORS

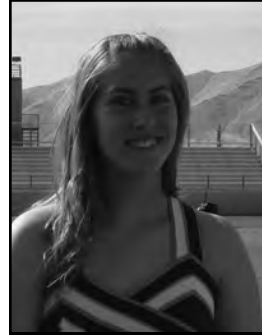


MEGAN GARDELLA

Birth Place: Winnemucca, NV
 Parents: Janine Avery and John Gardella
 Brothers/Sisters: Samantha Fortaine
 Career Plans: Cosmetology, Tattoo artist and airbrush
 Greatest Personal Achievement: Personal management between activities
 Biggest Disappointment: Temper and sections
 Most Important Possession: Horses
 Person I Admire Most: My grandma

Broomhead

Favorite Food: Giant cheeseburgers and Italian food
 Favorite Teacher: Mrs. Christine and Dance coaches
 My Idea of Relaxation: Riding my horse
 Favorite Quote: Well behaved women rarely make history



HAYLEY NOBLE

Birth Place: Reno, NV
 Parents: Lorin and Shelly Noble
 Brothers/Sisters: Bryan Noble
 Favorite Pro Team: Seattle Mariners
 Most Important Possession: My books, music, and chapstick
 Person I Admire Most: My dad
 Favorite Food: Olive Garden and mom's oreo cheesecake
 Favorite Teacher: Mr. Corak, Mr. Sans, Mr. Criddle

My Idea of Relaxation: Reading a book or watching a movie with my friends
 Favorite Quote: Rock 'n roll ain't noise pollution. Rock 'n roll ain't gonna die. Rock 'n roll ain't noise pollution. Rock 'n roll, it will survive.



LINDSEY STEEPLETON

Birth Place: Santa Rosa, California
 Parents: Loral and Patrick Steepleton
 Sisters: Ashley Andrews and Sara Steepleton
 Career Plans: Neonatal Nurse
 Favorite Pro Team: San Francisco 49ers
 Greatest Personal Achievement: Making Varsity Dance Team & winning an Academic medal
 Biggest Disappointment: Not being able to sing anymore

Most Important Possession: My Twilight Books
 Person I Admire Most: Brandy Gallups, Braydon Andrews
 Favorite Food: Olive Garden, Chocolate Ice Cream
 Favorite Teacher: Mr. Beck & Mrs. Kennedy
 Toughest Class: Biology II



ELIZABETH AGUILAR

Birth Place: Winnemucca, Nevada
 Parents: Avelina and Jorge Aguilar
 Sisters: Georgina and Esmeralda Aguilar
 Career Plans: To become a dermatologist
 Favorite Pro Team: Chiva's Soccer Team
 Biggest Disappointment: Quitting Soccer
 Most Important Possession: Necklace I always wear
 Person I Admire Most: My older sister
 Favorite Teacher: I have too many
 Toughest Class: Pre-Calculus and Anatomy

My Idea of Relaxation: Hanging with my buds while my phone is off
 Favorite Quote: "Unless someone like you cared a whole lot, nothing is going to get better it's not"

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WRESTLING

Varsity

<u>Day</u>	<u>Date</u>	<u>Event</u>	<u>Place</u>	<u>Time</u>
Friday	12/05/08	Carson High School Tournament	Away	TBA
Saturday	12/06/08	Carson High School Tournament	Away	TBA
Friday	12/12/08	Pershing County H.S.	Away	TBA
Saturday	12/13/08	Fallon Wrestling Tournament	Away	TBA
Thursday	12/18/08	Lowry Duals	Home	5:00PM
Friday	12/19/08	Cody Louk Invitational	Home	2:00PM
Saturday	12/20/08	Cody Louk Invitational	Home	9:00AM
Monday	12/29/08	Sierra Nevada Classic	Away	TBA
Tuesday	12/30/08	Sierra Nevada Classic	Away	TBA
Tuesday	01/06/09	Elko High	Home	5:00PM
Friday	01/09/09	Rollie Lane	Away	TBA
Saturday	01/10/09	Rollie Lane	Away	TBA
Friday	01/16/09	Spring Creek Tournament	Away	TBA
Saturday	01/17/09	Spring Creek Tournament	Away	9:00AM
Friday	01/23/09	Fernley Tournament	Away	TBA
Saturday	01/24/09	Fernley Tournament	Away	TBA
Friday	01/30/09	3A Duals Dayton	Away	TBA
Saturday	01/31/09	3A Duals Dayton	Away	TBA
Saturday	02/07/09	3A League Meet Yerington	Away	TBA
Friday	02/13/09	State Wrestling Winnemucca	Home	TBA
Saturday	02/14/09	State Wrestling Winnemucca	Home	TBA

Junior Varsity

<u>Day</u>	<u>Date</u>	<u>Event</u>	<u>Place</u>	<u>Time</u>
Saturday	12/06/08	Yerington Dual Tournament	Away	TBA
Saturday	01/17/09	Spring Creek High School	Away	9:00AM



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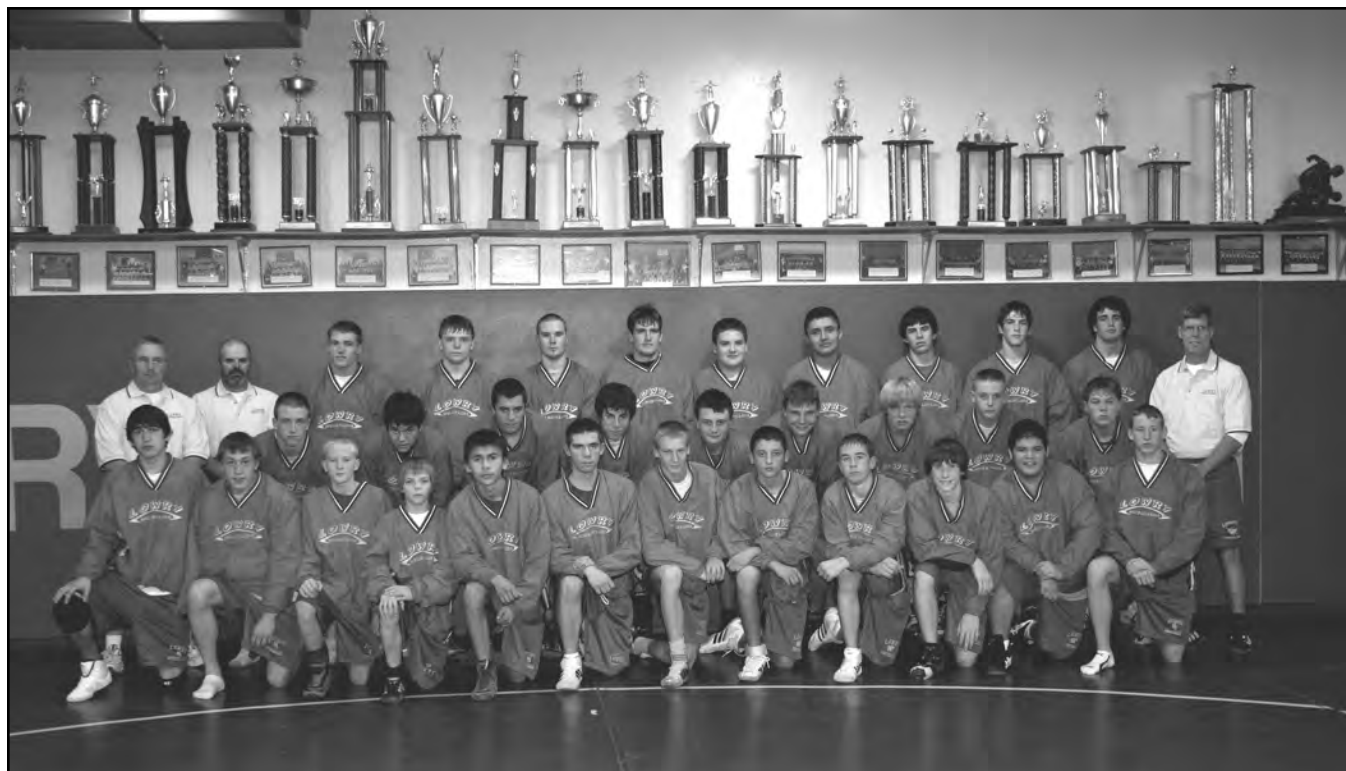
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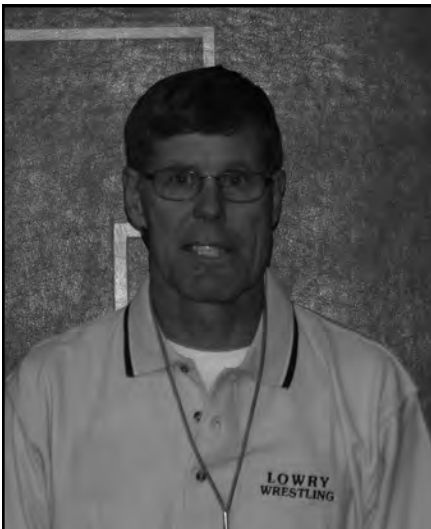
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NAME	GRADE		
Lane Barton	11	Bobby Marley	10
Mario Bautista	10	Ricky Marley	12
Alfonso Bernal	10	Casey Miller	9
Jace Billingsley	9	Trenton Montero	11
Skylyr Bleck	11	Ryan Nelson	9
Kevin Boyle	9	Dylan Ongert	10
Wacey Chabot	12	Christopher Pike	11
Ryan Dufurrena	11	Eddie Poole	9
Gus Duncan	9	Ivan Ramirez	10
Gregory Forney	9	Daniel Raynor	9
Trevor Grant	12	Sean Raynor	12
Mark Hamry	11	Tony Sadler	9
Fernando Herrera	9	Tanner Schmidt	12
Robert Hoenck	9	Tyler Spriet	12
Troy Jock	9	Paeden Underwood	11
Anthony Leal	10	Joshua Yost	10
Jake Maga	11	Chace Young	9
Jacob Manzo	12	Juan Zepeda	11
NAME	GRADE		

COACHES



JOHN BROOKS, HEAD COACH

Where are you from: Southern California

Years at Lowry: 9 Seasons

Expectations for this season: Improve on last year and shoot for the State Championship

Education: Graduated from UNR, Attended Chico State before that

Playing Experience: High school and 4 years at the college level

Coaching Experience: 9 years at Lowry, 5 years as an assistant and beginning 4th year as head coach, also head football coach

Other interesting information: Married to wife, Paige, for 19 years; 3 children: Joe, Brandi and Eric



TIM GRADY, ASSISTANT

Where are you from: Yerington, Nevada

Years at Lowry: 6 years

Expectations for this season: Be competitive at every tournament with individual and team championships-wrestle hard all 3 rounds and bring the Zone and state titles back to Lowry

Education: Truckee Meadows/UNR- AA degree Criminal Justice P.O.S.T Academy

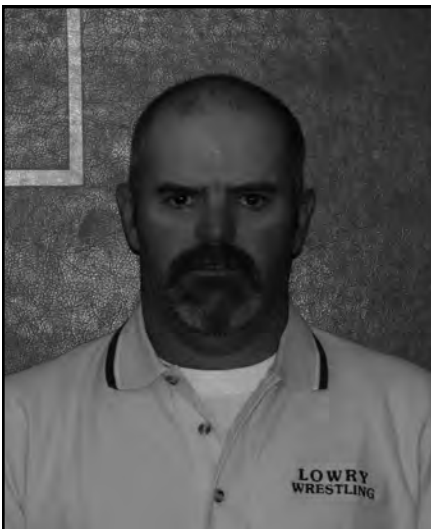
Playing Experience: 7 years wrestling at Yerington High School

Coaching Experiencing: 6 years assistant coaching at Lowry

Awards: State wrestling runner up, 3rd place state

3rd place zone, 4th place zone

2-state team championships



GUS DUNCAN, ASSISTANT

Where are you from: Winnemucca, NV

Years at Lowry: 4th Coaching

Expectations for this season: Get back to the top team in the state

Education: LHS, 2 years UNLV

Playing Experience: 2 years football, 4 years wrestling, 4 years rodeo

Coaching Experience: 4 years LHS, Youth sports

Awards: 2 time State Champ, 3 time Zone Champ, 3 time State

Team Champ

WRESTLING SENIORS



WACEY CHABOT

Birth Place: Reno, NV
 Parents: Tim and Roxanne
 Brothers/Sisters: Echo
 Career Plans: Pope
 Favorite Pro Team: Team USA
 Greatest Personal Achievement: Hasn't happened yet
 Biggest Disappointment: Getting shingles
 Person I Admire Most: My great grandma
 Favorite Food: Solomo
 Favorite Teacher: Mr. Corak, Mr. Walton,

Mr. Connor
 Toughest Class: Spanish I and II
 My Idea of Relaxation: Watching TV
 Favorite Quote: Kobe



TREVOR GRANT

Birth Place: Tulsa, Oklahoma
 Parents: Rick and Robbie Grant
 Brothers/Sisters: Justin, Ricky, Greg, Tracey
 Career Plans: Sports Medicine
 Greatest Personal Achievement: Finishing number one at the J-Robinson Intensive Wrestling Camp
 Biggest Disappointment: Not winning state freshman and sophomore year

Most Important Possession: Wrestling Shoes and my 7mm and 9mm
 Person I Admire Most: My brother Justin
 Favorite Food: Lasagna
 Favorite Teacher: Mr. Corak and Mr. Bernardi
 Toughest Class: Anatomy
 My Idea of Relaxation: Camping with my friends



JACOB MANZO

Birth Place: Winnemucca, Nevada
 Parents: Tonya and Elies, Rhona and Lazaro
 Brothers/Sisters: Alex, Anthony, Tanner
 Career Plans: Somewhere in the medical field
 Favorite Pro Team: The 49ers
 Greatest Personal Achievement: Still waiting
 Biggest Disappointment: None

Most Important Possession: My bed
 Person I Admire Most: My dad
 Favorite Food: General Chicken
 Favorite Teacher: Mr. Sans
 Toughest Class: AP Calculus BC
 My Idea of Relaxation: A world with no calculus



RICKY MARLEY

Birth Place: New Port Richie, FL
 Parents: Russ and DJ Mullis
 Brothers/Sisters: Kevin, Jeremy, Bobby, Joe-Joe
 Career Plans: Go to UNR and become a Civil Engineer
 Favorite Pro Team: Dallas Cowboys
 Greatest Personal Achievement: Most Inspirational Junior award
 Biggest Disappointment: Didn't go to

State last year
 Most Important Possession: My football awards
 Person I Admire Most: My grandma
 Favorite Food: Spaghetti
 Favorite Teacher: Mr. Walton
 My Idea of Relaxation: Fishing



SEAN RAYNOR

Birth Place : Winnemucca Nevada
 Parents: David, Wendy Raynor
 Brothers/Sisters: Allyson Raynor
 Career Plans: U.S. Army
 Favorite Pro team: Dynasty
 Greatest Personal Achievement: Winning state in wrestling
 Biggest Disappointment: Not finishing Jay Robinson Wrestling Camp
 Most important Possession: My hunting rifle

Person I Admire Most: My Uncle Jaydee
 Favorite Food: Shrimp Scampi
 Favorite Teacher: Mr. Cabatbat
 Toughest Class: Algebra II
 My Idea of Relaxation: Paintball
 Favorite Quote: Don't Tickle, Smash



TANNER SCHMIDT

Birth Place: Carlsbad, New Mexico
 Parents: Paul & Dominique Schmidt
 Brothers/Sisters: Nick (Veto) Schmidt
 Career Plans: College
 Favorite Pro Team: Pittsburgh Steelers
 Greatest Personal Achievement: 2x Defensive MVP
 Biggest Disappointment: Missing the playoffs by one game
 Most Important Possession: My brother

Person I Admire the most: My brother
 Favorite Food: Mint chocolate chip ice cream
 Favorite Teacher: Mrs. Doyle and Mrs. Kennedy
 Toughest Class: Anatomy & Physiology
 My Idea of Relaxation: Watching videos on YouTube
 Favorite Quote: "Don't knock it till you try it man, don't knock it till you try it."

WRESTLING SENIORS



TYLER SPRIET

Birth Place: Winnemucca, NV
 Parents: Frank Spriet and Ginger Bidagery
 Brothers/Sisters: Richard and Nick
 Career Plans: Go to college
 Favorite Pro Team: Manchester United
 Greatest Personal Achievement: Beating North Tahoe
 Biggest Disappointment: Summertime last year
 Most Important Possession: Friends and

family
 Person I Admire Most: My dad
 Favorite Food: T-Skillet
 Favorite Teacher: Mr. Bernardi
 Toughest Class: Precalc.
 My Idea of Relaxation: Playing soccer
 Favorite Quote: Courage is being scared to death but saddling up anyway – John Wayne

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Longest Drive:

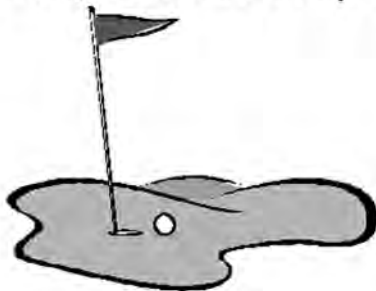
Manny Esquivel & Lynn Kieser

Closest to hole #2:

Cam White & Lynn Kieser

Closest to hole #5:

Randy Peraldo & Bev Upshaw



**Special Thanks to EVERYONE
that played in our Scramble!**

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Trish Amos 47 Ranch
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Mariann Belanger
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Shelly Drake
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The Winnemucca Century Club is a nonprofit corporation which receives and expends funds to promote and support Lowry High School athletics. Past contributions have been used to assist in the funding of improvements to the fields and facilities of baseball, football, soccer, softball and track, as well as to purchase equipment and/or uniforms for baseball, basketball, cheerleading, cross country, dance team, football, golf, soccer, softball, track, volleyball and wrestling. If you wish to contribute to the booster club for Lowry High School athletics, please fill out this form and send it to us at the above address. If you have any questions, please call Ray Parks at 623-8120, Vince Mendiola at 623-8130, or Mike Macdonald at 623-2517.

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