## LOWM MIMA SCEOCE 

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PARTS, SERVICE \& ACCESSORIES
* Pet PR Pis.




# Lowry High Schoot Buckaroos wetcome You 

It is our pleasure to host each and every HOME event with the traditional WINNEMUCCA hospitality and we wish you the best of luck and hope you have a safe journey home.

On behalf of the students, faculty, and administration of Lowry High School and the City of Winnemucca we welcome you to our HOME away from home.

SPORTSMANSHIP is a top priority of Lowry Athletics. We are certain that we will have outstanding games and that each and every fan will practice good sportsmanship and applaud those efforts by both teams during the games. We have made a strong commitment to our athletes, coaches, parents, and spectators to have a positive competitive experience.

Your paid or complimentary admission to our events entitles you to enjoy an exhibition of skills developed by our students in an educational setting. Please give these studentathletes your positive encouragement and support. Your effort to applaud the talents of all players is appreciated. Booing, taunting or intimidating the officials and opponents is unfriendly and inappropriate. Please be an example to those around you. A special thanks goes to our Humboldt County School District Board of Trustees, Humboldt County School District Administration, Humboldt County school teachers, Lowry High School students, the City of Winnemucca, Winnemucca Century Club and the many workers who have contributed their time and effort to insure that you may enjoy athletics at its best.

Our sports programs are truly a community happening and we are proud to be able to host Lowry High School athletic events with students in mind. We would like to take this opportunity to thank all of the fans for continuing to support and make all Lowry

# SPORTSMANSHIP IS OUR TOP PRIORITY AT LOWRY! 

Albert M. Lowry High School<br>5375 Kluncy Canyon Road, Winnemucca, NV 89445

775-623-8130
www.humboldt.k12.nv.us/lhs

# Administration 



## Mrs. Debbie Watts, Principal

Goal: To make sure every student at LHS receives the best education possible.
Hometown: Four Mile, Kentucky
Years Administrator: 9
Years at Lowry: 2
Words For Athletes: "Be honorable in all that you do."
Education: Master's Degree in Curriculum and Instruction
Awards: 1978 O.W.E. Teacher of the Year, 1990 Outstanding Teacher of the year, 1996 Outstanding Teacher of the Year


## Mr. Doc Welter, Vice Principal

Goal: To help Lowry High School become the best 3A school in Nevada Hometown: Plentywood, Montana
Years as Administrator: 3
Years at Lowry: 3
Words for Athletes: "Win or lose with PRIDE!"
Education: B.S. Microbiology, University of Montana; M. Ed. in Educational
Leadership, Jones International University


Mr. Byron Jeppsen, Vice Principal
Hometown: Clinton, Utah
Years as Administrator: 4
Years at Lowry: 7
Words for Athletes: "Lowry High has a great tradition in athletics. Be proud
to represent such a great school."
Education: B.A. in History and Spanish from Weber State University, M.
Ed. in Educational Leadership from University of Nevada, Reno

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Cleanings • Bridges Preventative Care Children's Dentistry Veneers • Dentures Emergency Care

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VBA E


## HISTORY OF LOWRY HIGH SCHOOL

In 1967, a brand new Humboldt County High School was opened with the new name Albert Lowry High School in honor of revered Coach Albert M. Lowry.

A true Nevadan, Mr. Lowry was born in Tollhouse in 1897. He graduated from the University of Nevada in 1925, began teaching Science and coaching three sports in Winnemucca.

Mr. Lowry served the students of Humboldt County as a teacher, coach, principal, assistant superintendent and as director of the Nevada Education Association.

One of Nevada's first sporting legends, Mr. Lowry was instrumental in putting Humboldt County High School on the map. His basketball teams won 11 district or league championships and finished as the 1929 runner-up in the Nevada State Tournament.

As a track coach, he led his teams to Nevada championships in 1928, 1930, and 1936.

Mr. Lowry was also an integral part of introducing six-man football to some of Nevada's smaller schools. In 1941, he was chosen as the state's "Outstanding Coach".

Mr. Lowry served as president of the Nevada Interscholastic Athletic Association (NIAA) for 14 years and was chosen 3 times as a delegate to the National Federation of State High School Athletic Associations.

In 1933, Mr. Lowry was inducted into the NIAA Hall of Fame. He retired from the school district in 1966 and passed away May 5, 1989.

The original Lowry High School building was ready for use in 1967, with the vocational building added in 1983 the science building in 1991, the following improvements were made since then: weight room, new gym, art/social studies building, Jim Billingsley Softball Complex, new track—lighting and landscaping, baseball \& softball announcers booth.

## LOWRY HIGH - TRADITIONS OF PRIDE, DEDICATION \& EXCELLENCE

## HISTORY OF WINNEMUCCA

Winnemucca, originally called French Ford, sprouted up from a wagon crossing on the Humboldt River. A trading post and hotel were the first businesses in Winnemucca, the hotel serving miners and prospectors as well as wagon trains that were passing through on their way to California or Oregon.

Two brothers, Louis and Theophile Lay, built a bridge across the Humboldt River. After this, it was not necessary to ford the river and the town was renamed to Centerville. Soon after, the railroad was built so residents looked for a name that fit the town better.
L.C. Pease or C.B.O. Bannon are usually given credit for naming the town. They chose to name the town after Chief Winnemucca, the leader of a local Paiute tribe. Another theory is that a nameless worker for the Central Pacific Railroad wanting to keep peace with the Paiutes suggested naming Winnemucca after the Paiute chief. It is reasonable that all three men chose the name of the town as an agreement was necessary. Winnemucca was an apt name as the mountain and mining district had been named for the Paiute chief since 1863.

## LOWRY STATE CHAMPIONSHIPS

```
Boy's Basketball-1973, 1974, 1975, 1978, 1985, 1992, }200
Girl's Basketball-1978, 1981, 1992, 2002
Boy's Cross Country-1995, 2001, 2004, 2005, 2007
Girl's Cross Country-2000, 2001, 2002, 2003, 2004, 2005, 2007
Boy's Golf-1973, 1974, 1975, 1978, 1979, 1984, 1985, 1986
Girl's Golf-1975, 2000, 2001,2003
Volleyball-2005
Softball-2006
```


## HALL OF FAME

| Joe deArrieta Sr. | 1994 | Hank Mentaberrry | 1998 |
| :--- | :--- | :--- | :--- |
| John Dolan | 1994 | Pat Dolan | 1998 |
| Albert M. Lowry | 1994 | Gary Hoxsey | 1999 |
| Jim Billingsley | 1995 | Don Woods | 1999 |
| Steve Clausen | 1995 | Jerome Etchegoyhen | 1999 |
| Jim deArrieta | 1995 | Gary Stoker | 1999 |
| Joe Dendary | 1995 | Marvin Clausen | 1999 |
| Lori Echevarria | 1995 | Tammy Pollock | 2000 |
| Mike Glenn | 1995 | Tim Billingsley | 2000 |
| Alfred Gonzalez | 1995 | Dick Peraldo | 2000 |
| Rober Hooft | 1995 | Pat Hart | 2000 |
| Pat McDade | 1995 | Dr. James Calder | 2001 |
| Vince Mendiola | 1995 | Mateo Legarza | 2001 |
| Jim Phillips | 1995 | Don Stoker | 2001 |
| Rolfe Schwartz | 1995 | Pete Etchart | 2003 |
| Mitch Woods | 1995 | Lynn Cunningham | 2003 |
| Ted Zimmerman | 1995 | Rick Ringheimer | 2003 |
| Jock Echave | 1996 | David Stoker | 2003 |
| Lee Lowry | 1996 | Dave Mendiola | 2004 |
| Foe Mentaberry | 1996 | Lisa Jaureguito Davidson | 2004 |
| Betty Roeder | 1996 | Kelly Pollock | 2004 |
| Fred Watts | 1996 | Chad Peters | 2004 |
| Kirk Allred | 1997 | Laura Stein | 2005 |
| Don Bankofier | 1997 | T.W Cunningham | 2005 |
| Carol Scott | 1997 | David Schwartz | 2008 |
| Joe deArrieta | 1997 | Ron Bankofier | 2008 |
| Joe Ydiando | 1998 | Chris Vesco | 2008 |
| John Legarza | 1998 | Teresa Vesco | 2008 |
| Dennis Verner | 1998 | Susan Rorex | 2008 |
| Bill Hoxsey | 1998 |  | Lyman Bruce |
|  |  | Tony Erquiaga | 2008 |

## HALL OF FAME

Lowry High School will be sponsoring a Hall of Fame for deserving Winnemucca individuals who attended or taught at Humboldt County High School or Albert M. Lowry High School. 1994 was the inaugural year for this program and we encourage you to think back and nominate a deserving individual for this prestigious award. Nominees not selected this year will be placed in an active file for future years.

## Purpose:

The purpose of the Hall of Fame is to honor and recognize outstanding individuals who have had a significant and lasting impact on the lives of people through their involvement as student and/or athlete or educator at our local high school. These individuals must have excelled in high school and continued to exemplify high standards in their adult lives to be eligible for this award.

## Nomination procedures:

1. Candidates can be nominated by any person.
2. The "selection committee" will be composed of four representatives to serve a maximum four year term. The athletic administrator will select those individuals and the names of the individuals will be confidential.

## Nomination Deadline:

All nominations must be received in the Lowry High School office no later than October 15 of each year. All nominations will remain in an active file for a three year period.

## Awards:

Recipients will have their name placed on a Hall of Fame plaque at Lowry High School and receive a lifetime pass to all Lowry High athletic events.

## General Criteria:

Nominees must exemplify the highest standards of sportsmanship, ethical conduct, moral character and carry the endorsement of their respective high school. An applicant must meet the following qualifications:

1. Athletes - will be eligible for nominations ten years after high school graduation.
2. Teachers, Coaches, Administrators, and Contributors will be eligible after their service to Humboldt County School District has ended.

To further explain, athletes would be former student participants who are being nominated for their achievements in interscholastic athletics. Students and educators would be considered on the merits of their high school achievements only. A contributor would be an individual who has made a contribution to Winnemucca education in some capacity other than those

# WINNEMUCCA <br> High School Hall of Fame <br> Application Form 



What activities did the nominee participate in while in high school? $\qquad$
$\qquad$

What awards or honors did the nominee receive while in high school? $\qquad$
$\qquad$
$\qquad$

What award and/or activities has the nominee been involved in since graduation? $\qquad$
$\qquad$
$\qquad$

Need a letter of endoresement and recommendation attached $\qquad$ (not required Newspaper and/or other supportive material attached

। but recommended)

## INDIVIDUAL SUBMITTING NOMINATION

Name $\qquad$ _

Phone $\qquad$
Mailing Address
City, State, Zip $\qquad$

## Signed

$\qquad$ Date
Lowry High School
Hall of Fame Committee 5375 Kluncy Canyon Road
Winnemucca, NV 89445
All applications are due no later than October 15, 2007 Hall of Fame presentations will be announced at a later date.

# LOWRY COLLEGE ATHLETES 

## Women's Sports

Basketball<br>Jessica Dennison-Yakima<br>Leslie Case-Hislop- Yakima<br>Elisa Leader-Westminster<br>Rachelle Piquet—Lewis \& Clark College<br>Savannah Roman- Feather River<br>Carol Scott- Chico State<br>Lacey Takas-Thompson-Kentucky Wesleyan<br>Magen Dufurrena-Albertson's/College of Idaho<br>Cross Country<br>Kelsey Engstrom- Oklahoma Baptist<br>Megan Engstrom- Oklahoma Baptist<br>Monica Myrhow-<br>Heather Thompson-Hall- UNR<br>Golf<br>Mackenzie Swecker- San Diego<br>Rodeo<br>Katie Garijo-Rickard- Eastern Oregon

Rachelle Piquet—Lewis \& Clark College
Teresa Vesco
Basketball
Chad Backus- Ricks College
Steve Clausen- Western Montana
Nate Green-Lane CC/Feather River
Bob Hooft- Harvard
Jimmy Salmi-Columbia Basin
Gary Stoker- College of Idaho
Brian Watterson- Southwestern Oregon
Mitch Woods-UNR
Baseball
Ricci Abrego- Eastern Oregon
Pachi Bengochea-Treasure Valley CC
Jose Cardenas- Treasure Valley CC
Chris Christean- Modesto JC
Dustin Christean- Indiana College
Jon Curuchet-
Jason Davidsaver- California JC
Joey Enochson-Southwestern Oregon
Sean Gallian- Mesa CC
Matt Jarolimek- CSI
Jonathan Jarolimek-UNLV
Rick Maestrejuan- BSU
Benny Martinez-Dickinson State
Tony Martinez- Eastern Oregon
Anthony Marvel-California JC
Jody Marvel-California JC
Josh Orr- Albertsons
Tony Peluaga- San Francisco State
If you know of anyone that should be added to this list or if you can update our current information

Suzanne Montero- UNLV
Sadie Myers- Cal Poly SLO
Amy Jo Peraldo- UNLV

Softball
Mandy Chaffin- Lassen
Tara Davis- Lassen
Andrea Ingle-Lassen
Erica Ingle-Lassen
Kristie Ingle- Lassen
Monique Melody-Lassen
Rachelle Piquet-Lewis \& Clark College
Savannah Roman- Feather River
Jackie Schrempp- Feather River
Track \& Field
Alicia Echevarria- UNR
Laura Stein- Idaho State
Volleyball
Ashley Bristol-WSU

## Men's Sports

Chad Peters-Napa
Joe Robinson-Eastern Oregon/Dickinson State
Chris Vesco- UNLV
Cross Country
Bret Ferrier- Weber State
Willie Ulch- Lane CC
Football
Eric Angelopolous- Montana Tech
Grant Beatty-Saddleback CC
Tim Billingsley- College of the Redwoods
Zach Bristol- SD JC
TW Cunningham- UNR
Joe Dendary-UNR
Jon Echave-UNR
Mike Glenn- Arizona State Basketball/UNR
Kaden Glinsman- North Dakota
Brandon Grady-Dickinson State
Brian Harrison-Mayville State
Pat McDade-BSU
Vince Mendiola-BSU
Rick Ringheimer-College of the Redwoods
Dan Shaw-Mayville State
Matt Smith- UNR
Golf
Ben Bryson-WSU
Ryan Plummer-Long Beach State
Dennis Verner-UNR

## Rodeo

Mark Cowley-CSI
Jeff Garijo- BSU
Teo Maestrejuan- Walla Walla CC
Jesse Segura- UNLV

## Cross Country

Jon Rouston, 2005
Justin Grant, 2005
Triton Manso, 2005
Matt Pike, 2005, 2007
Vance Orr, 2005
Felicia George, 2005
Hailey Yadon, 2005
Madison Gray, 2005

## Football

Alfonso Gonzalez , 1969
Frank Bengoa, 1970
Jim Calder, 1970
Paul Vesco, 1971
Tom Gillespie, 1971
Vince Mendiola, 1971, 1972, 1973

## FALL—ALL STATE WINNERS

Joe Dendary, 1974
Steve Clausen, 1974
Dave Mendiola, 1976
Hank Dufurrena, 1976, 1977
Bob Cassinelli, 1977
Bruce Delaney, 1977
Fred Stewart, 1977
Rick Ringheimer, 1977
Tim Billingsley, 1977
Al Urban, 1978
Pat Schroeder, 1980
Andrew Hillyer, 1982
Doug Bosch, 1982
Roy Echeverria, 1982
Doug Graham, 1983
Joel Jaureguito, 1983, 1984
Pat McDade, 1983, 1984

David Schwartz, 1984
David Bush, 1987
Jonathan Jarolimek, 1987
Jeff Schrempp, 1989
Jon Echave, 1989
Van Kinder, 1989
Chad Peters, 1990
Gordy Schumacher, 1990
Israel Lopez, 1990
Jamie Schroeder, 1990
Jose Cardenas, 1990
Mike Novi, 1990
Scott Strickler, 1990
Josh Kyles, 1991
T.W. Cunningham, 1995, 1996

Robby Volack, 2000

Golf
Alicia Echevarria, 2005
Soccer-Girls
Dayla Sudbrack, 2005
Volleyball
Betty Glinnsman, 1980
Lisa Davidson, 1980, 1981, 1982
Carol Scott, 1981, 1982
Teresa Vesco, 1981, 1982
Denise Cady, 1982
Diana Hoss, 1983, 1984
Denise DeLong, 1984
Penny Begay, 1985, 1986
Britney Bristol, 2000
Alexis Martinez, 2002

## WINTER-ALL STATE WINNERS

Basketball, Boy's
Mitch Woods, 1971, 1972, 1973
Joe Dendary, 1974, 1975
Stan Davidson, 1973
Mike Glenn, 1975
Bob Hooft, 1974, 1975
Steve Clausen, 1974, 1975
Ron Bankofier, 1978
Ted Willer, 1978
Jim Visger, 1978
Rolfe Schwartz, 1979
David Stoker, 1981
David Schwartz, 1985
Gary Stoker, 1984, 1985
Chris Vesco, 1983
Dennis Porter, 1986
Lane Peraldo, 1989
Jim Salmi, 1988, 1989
Chad Peters, 1991, 1992
Chad Backus, 1992

Ben Bryson, 2001
Nate Green, 2001, 2002
Teo Maestrejuan, 2002
Brian Watterson, 2003

Basketball, Girl's
Betty Seward, 1979
Denise Michelson, 1979
Tammy Mentaberry, 1979
Sandi Smith, 1980
Teresa Vesco, 1981, 1982
Carol Scott, 1981, 1982
Lisa Davidson, 1983
Tina Echeto, 1990
Rachelle Piquet, 1991, 1992
Tara Davis, 2001
Jessica Bishop, 2003
Mackenzie Swecker, 2003, 2004
Megan Dufurrena, 2003, 2004
Savannah Carlo, 2008

Morgen Thacker, 2008

Wrestling
Jim Billingsley, 1971, 1972, 1973
Denny Gortari, 1974
Tim Billingsley, 1976, 1977
Rick Ringheimer, 1977
Al Urban, 1978
Steve Lopes, 1980
Paul Kerr, 1980
Robert Neary, 1980
Jim Kracaw, 1980, 1981
George Miller, 1981
Kelly Pollock, 1981, 1982, 1983
Keith Neary, 1981, 1983
Rich Enochson, 1982
Jimmy Cannon, 1983
Pat McDade, 1983, 1984, 1985
Dave Stetler, 1985
Paul Smith, 1985, 1986, 1987

Gus Duncan, 1986, 1987
Bake Turner, 1986, 1987, 1988
Billy Holt, 1989
Dave Bush, 1988
Mitch Green, 1988
Jeff Hutchings, 1988
Aaron Poulson, 1989
Juan Manzo, 1989
Efrium Manzo, 1989
Jeff Arreola, 1989, 1990
Gus Alvarez, 1990
Chester George, 1990, 1991
Josh Kyles, 1991
Milo Cardenas, 1991
Pete Herold, 1994, 1995, 1996
Rick Hutchinson, 1992
Chris Hornbarger, 1992, 1993
Raul Cardenas, 1993
Jake Lage, 1999
Johnny Davis, 1991, 1992, 1993

# SPRING—ALL STATE WINNERS 

## Track

Kelli Baker, 1975
David Dake, 1975
John Luna, 1975
Lloyd Johnson, 1975
Julie Tipton, 1976
Larry Blaylock, 1977, 1978, 1979
Betty Seward, 1979
Pat McDade, 1983, 1984, 1985
Vicki Salmi, 1984
Matt Buchan, 1984, 1985, 1986
Chris Bishop, 1986
Bell, McKemy, Peraldo, Salmi, 1600 M Relay, 1987
Lane Peraldo, 1987, 1988
Cathey, Burns, Backus, Dean, 1600 M Relay, 1988

Sergio Cabada, 1600 M \& 3200 M, 1996
Salvador Cabada, 4A Cross
Country, All State 1996
Sergio Cabada, 4A, 1600 M, 1996
Brett Ferrier, 1999, 2000
Jamie Cabada, 2000
Levi Keller, 2003

Salmi, Peraldo, Schlottman, Peraldo, Lecumberry, 1600 M Relay, 1988
Mandy Burns, 1989
Burns, Backus, Piquet, Cassinelli, 800 M Relay, 1989
Piquet, Bidart, Cassinelli, Burns, 400 M Relay, 1989
Smith, Canepa, Schlottman, Netcher, 800 M Relay, 1989
Burns, Backus, Dehart, Cassinelli, 1600 M Relay, 1989
Tina Echeto, 1989, 1990
Laura Stein, 1994
Willie Ulch, 1995
Sergio Cabada, 1995

## NIAA ALCOHOL, TOBACCO AND OTHER DRUG POSSESSION, USE, ABUSE and PENALTIES POLICY

Participation in NIAA sanctioned sports is a privilege and responsibility which requires all participants to adhere to athletic training rules imposed by the school district and member or affiliate school the student attends and represents. Adherence to training rules ensures that all studentathletes are in top physical condition, minimizes potential for injury, and further ensures that all member and affiliate school athletic teams are appropriately represented by their student-athletes. Therefore, the possession or use of any controlled substance, alcohol or tobacco products by a student athlete, whether it occurs on or off of school property, is prohibited and shall result in the penalties set forth herein.

This regulation shall begin once our son/daughter begins participation as a student athlete in high school athletics. This policy remains in effect for every calendar school year during the course of his/her high school career and when he/she is directly involved in a school activity occurring at any time (summer leagues / camps, etc.). This policy remains in effect regardless of whether our son/daughter is currently participating on a high school athletic team.
a. Definitions - The following terms or phrases shall have the meaning ascribed to them for purposes of interpreting this Policy.

1. Competitive Week - means a seven (7) day period of time beginning with the first scheduled competition after a violation occurs in which a student athlete is participating as a member of an athletic team for a member or affiliate school, and in which that team is officially competing in NIAA sanctioned competition.
2. Controlled Substance - includes any mind altering substance or beverage set forth in Schedule I-V of the list of Controlled Substances as identified by the office of the Drug Enforcement Administration or as set forth in 21 U.S.C. $\S 812$.
3. Period of Suspension - means a student athlete is prohibited from appearing in any NIAA sanctioned sport or event as a member of an athletic team or in individual competition. A suspension from athletic competition begins with the first scheduled competition after a violation occurs. A student athlete who is suspended under this regulation who does not serve the entire period of suspension during the sport season in which suspension occurs shall serve any remaining period of suspension during the next sport season in which the student athlete appears on a NIAA roster. A violation of this regulation that occurs during a time when a student athlete does not appear on a NIAA roster shall be implemented at the commencement of the next sport season in which the student athlete participates. Attendance in a summer school class shall not apply toward satisfying any period of suspension.
4. Possession means a student / athlete who is in actual physical control of alcohol, tobacco or a controlled substance.
b. Possession or Use of Tobacco/Alcohol/Controlled Substance/Narcotics. Any student athlete determined to be in possession of, or to have used tobacco, including smoking tobacco, chewing tobacco or snuff, an alcoholic beverage (as defined by NRS 202.020 and any relevant local ordinances), controlled substance and/or narcotic (unless prescribed by the student athlete's physician for medical purposes), is in violation of this policy. If after an investigation by the school it is determined that the student athlete is in violation of this regulation the student athlete shall immediately be declared ineligible to compete in any NIAA competition beginning with the first scheduled competition after a violation occurs. Additionally, the student athlete shall be subject to the following discipline:
5. First Violation: a six (6) competitive week suspension from participation in interscholastic competition beginning with the first scheduled competition after the suspension occurs. Four (4) competitive weeks of the suspension of eligibility may be waived if the student successfully completes all components of the appropriate substance abuse intervention program set forth in subparagraphs (d) (1) (A) and (d) (1) (B) below. The student may practice with the team during the period of suspension if approved by the coach and principal.
6. Second Violation: The student shall be suspended from interscholastic competition for a minimum of ninety (90) school days which shall include a minimum of six (6) competitive weeks of competition. The student shall not be allowed to practice with the team, or participate in any out of season activities and must complete the requirements set forth in subparagraphs A and B below, in order to be considered for reinstatement of future athletic eligibility, which shall be determined following the ninety (90) day suspension of athletic eligibility by a group composed of one of the student's parents/legal guardians, the school principal, athletic director, coach and a substance abuse program coordinator.
A. A substance abuse evaluation assessment conducted by a licensed alcohol and drug counselor at the expense of the parent/legal guardian of the student must be completed within ten (10) school days following the suspension and all assessment recommendations must be satisfactorily met before athletic eligibility may be reinstated.
B. The student must successfully participate in all sessions of the appropriate substance abuse intervention program set forth in subparagraphs (d) (1) (a) and (d) (1) (B) below, and successfully complete a minimum of ten (10) tobacco or alcohol/drug related support sessions.
7. Third Violation: The student shall be ineligible to participate in interscholastic athletics for the remainder of the student's high school career.
8. Appeal: A student that serves their third violation and still has more than one year of remaining eligibility can appeal through the NIAA Board of Control. Both the students and his / her parents must attend this meeting of the Board to present their appeal.
c. Cumulative Effect of Suspensions: Multiple suspensions of a student athlete's athletic eligibility based on violations of this Regulation shall be considered as cumulative over the length of each student athlete's high school career, $9^{\text {th }}$ through $12^{\text {th }}$ grade.
d. Substance Abuse Intervention Program: Any student who has been suspended from athletic eligibility for violation of the provisions of this Regulation and whose future athletic eligibility is contingent on successful completion of a Substance Abuse Intervention Program, or whose suspension of athletic eligibility may be reduced through successful participation in a Substance Abuse Intervention Program, shall complete the Substance Abuse Intervention Program developed by the NIAA in conjunction with the State of Nevada, Department of Human Resources Division of Child and Family Services Program available through the Juvenile Justice Programs Office: (775) 684-7294.
9. Successful completion of the Substance Abuse Intervention Program shall require, at a minimum:
A. The completion of a video program specific to the nature of the student athlete's offense, by the student athlete, and his/her parent(s) or legal guardian(s), as demonstrated by the successful completion of an assignment on the content of the video by the student athlete and his/her parent(s) or legal guardian(s).
B. The completion of a minimum of an eight (8) hour assignment selected from a list of ten (10) possible assignments by school personnel. Successful completion shall be determined through a meeting between the student athlete, his/her parent(s) or legal guardian(s), the head coach of the sport in which the student athlete was participating at the time of offense, and the school counselor or dean of students.

All investigations and penalty enforcements will be conducted by the school and / or district with support through the NIAA office.

## PARENT / LEGAL GUARDIAN AND STUDENT ACKNOWLEDGEMENT

The Nevada Interscholastic Activities Association (NIAA) recognizes and understands that parents / guardians take the primary role in instilling values for their students. It is the goal of the NIAA to work cooperatively with parents to provide guidelines and programs that assist student athletes in making positive choices.

IMPORTANT - Please read the following information and acknowledge with your signature below.
We understand that participation in high school athletics is a privilege, not a right, and that underage drinking and drug use is against the law. It is against the law to sell tobacco to people under the age of 18 and usage is against school policy. Substance abuse negatively impacts athletics and academic performance, and research indicates that early onset of alcohol use increases the occurrence of addiction in adulthood by four times. Alcohol and drug use interferes in learning processes, brain development and increases the chance of physical injury while participating in athletic competition. Because of these risks, and in addition to the laws of the State of Nevada, the NIAA requires participants and parents to agree to the following:

1. We have read the NIAA Drug, Alcohol and Tobacco Possession, Use and Abuse Penalties Policy and agree to abide by the Policy as written.
2. We realize that a video and Power Point presentation regarding the Policy is available and we have either seen this presentation or agree to waive the requirement of viewing the presentation.
3. We understand that we are encouraged to notify our school's athletic administrator / director if our son / daughter violates this Policy and / or the laws of the state of Nevada. It would also be acceptable for our child to self-report any violation of this policy to our school's athletic administrator / director.
4. We understand that knowingly providing erroneous information during the course of an investigation of an alleged violation of the policy will result in a one calendar year suspension from all high school athletic activities.
5. We further acknowledge that once our son / daughter begins participation as a student athlete in high school athletics that this policy remains in effect for every calendar school year during the course of their high school career and when he / she is directly involved in a school activity occurring at any time (summer leagues / camps, etc.). This policy remains in effect regardless of whether our son / daughter is currently participating on a high school athletic team.
6. We have also reviewed the following NRS 202.020, Purchase, Consumption or Possession of Alcoholic Beverage by Minor, and understand the laws of Nevada and how they pertain to our family.
7. We understand that although it is not technically against the law to use tobacco in the state of Nevada (NRS 202.2493 and 202.24935 prohibits anyone from supplying a person under the age of 18 with any kind of tobacco product), we realize it is against this policy and general school policy, and that scientific evidence demonstrates it is unhealthy and a detriment to athletic performance.
8. We understand that the use of steroids and other performance enhancing drugs are dangerous, illegal, provide only temporary gains and are a form of cheating other competitors.

## COMPETITORS

## 3A Northern Division



Spring Creek High School 14550 Lamoille Hwy Spring Creek, NV 89815
(775) 753-5575

Colors: Purple, Black Mascot: Spartans

Truckee High School
11725 Donner Pass Rd. Truckee, CA 96161
(530) 582-2600

Colors: Red, White
Mascot: Wolverines

Dayton High School 335 Old Dayton Valley Road Dayton, NV 89403
(775) 246-6240

Colors: Red, Black
Mascot: Dust Devils

Fernley High School 1300 Highway 95A Fernley, NV 89408 (775) 575-3400

Colors: Orange, Black
Mascot: Vaqueros
Sparks High School $82015^{\text {th }}$ Street Sparks, NV 89431 (775) 353-5514

Colors: Maroon, Gold
Mascot: Railroaders

Incline High School 499 Village Boulevard Incline Village, NV 89451
(775) 832-4206

Colors: Green, Gold
Mascot: Highlanders

Yerington High School
114 Pearl St.
Yerington, NV 89447
(775) 463-6822

Colors: Purple, White
Mascot: Lions

## Others

Ontario High School 1115 W. Idaho Avenue Ontario, OR 97941
(541) 889-5309

Colors: Orange \& Yellow
Mascot: Tiger


Virgin Valley High School 820 Valley View Drive Mesquite, NV 89027 (702) 346-2780

Colors: Green \& White Mascot: Bulldogs

Pershing County High School 1215 Franklin Avenue Lovelock, NV 89419 (775)273-2625 Colors: Red \& Black Mascot: Mustangs

Whittell High School 240 Warrior Way
Zephyr Cove, NV 89448
(775) 588-2420

Colors: Red \& Gold Mascot: Warriors

Douglas High School 1670 Highway 88 Minden, NV 89423 (775) 782-5136

Colors: Orange \& Black Mascot: Tigers

Reed High School 1350 Baring Blvd. Sparks, NV 89434 (775) 353-5708

Colors: Columbia Blue \& Gold Mascot: Raiders

Battle Mountain High School 435 Weaver Avenue
Battle Mountain, NV 89820

> (775) 635-5436

Colors: Green \& Gold Mascot: Longhorns

Elko High School 987 College Ave. Elko, NV 89801
(775) 738-7281

Colors: Maroon \& White Mascot: Indians

North Tahoe High School 2945 Polaris Rd.


Lowry High School \& Winnemucca Century Club would

## LIKE TO THANK

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Boys Varsity
03-12-10
03-13-10

| Away | $12: 30 \mathrm{PM}$ |
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## Boys Junior Varsity

3/13/10
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4/10/10
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Yerington Tournament Carlin
Pershing County H.S.
Dayton High School
Dayton High School Whittell High School Fernley High School
Fernley High School
Yerington High School
Yerington High School
Wells
Truckee High School
Truckee High School
Carlin
Sparks High School
Sparks High School
Wells
Spring Creek High School
Spring Creek High School

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## varsity Basebars



## Jv Boy's Baseban



## Baseban coarties



## Ron Espinola, Varsity

Where are you from: LaGrande, OR
Years at Lowry: 13
Expectations for this season: To return the program to its former stature of being a league and state contender.
Education: 1997, Masters Degree in Teachers Education, Eastern Oregon University, La Grande, OR. 1993, Bachelor of Arts in Business Administration, Cum Laude, Oregon State University, Corvallis, OR
Majors: International Business and Financial Service
Minors: Behavioral Science and Spanish
Summer Exchange: 1992, Universidad Tecnologica Equinoccial, Quito, Ecuador
Playing Experience: La Grande High School, La Grande American Legion, Chinese-Taipei Developmental League
Coaching Experience: Little League (6 years), La Grande High School (1 year), Lowry High School (13 years), Greater Nevada Baseball Club (10 years)
Awards: 3A Coach of the year in 20something
Other Interesting Information: Coach Espinola enjoys long walks on the beach, anime, and collecting Quechua hanficrafts.


## Mike Formby, Assistant Varsity

Where are you from: Winnemucca, NV
Education: $12^{\text {th }}$ Grade at Lowry High
Playing Experience: I have played baseball since I was 3 years old. I played $t-$ ball through high school. I have been playing adult softball for the last 16 years. Coaching Experience: I assisted with the little league for 2 years as a pitching coach. I have 1 year experience of head coaching the JV baseball team for Lowry High School and I am now an assistant coach on the varsity baseball program. Other Interesting Information: I have worked with and around kids in sports and churches for the last 6 years. I believe the harder you practice the better you become in all aspects of life.

Shane Goodale, Assistant Varisty


# Baseban coarties 



Benny Martinez, Assistant Varsity


## Don Walton, JV

Where are you From: Colorado Springs, Colorado
Years at Lowry: 11
Expectations for this Season: As always, the JV program supports the future of the Varsity program. We want the players to learn and enjoy the experience. Secondarily, we would like to win more games than we lose.
Education: Bachelor of Science, Mining Engineering, Colorado School of Mines, 1976
Playing Experience: High School and four years in college Coaching Experience: Baseball(JV and Varsity) since 2003, and JV basketball since 2009.


## Jeff Rinas, JV Assistant

Where are you from: Rock Lake, ND
Years at Lowry: 2
Expectations for this season: Go undefeated in league. Help players improve so they can make varsity next year.
Education: BS in Education, Minor in PE
Playing Experience: Played some Babe Ruth
Coaching Experience: This will be my third year at the JV level
Other Interesting Information: I've been teaching for 20 years

## baseban coarties



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## Eric Ham

Owner
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Winnemucca, NV 89445
Phone: 775-623-1900


# Baseban Serniors 



Joshua Ashby
Birthplace: Winnemucca
Parents: Scott \& Margerett Ashby
Brothers and Sisters: Jennifer Vaca
Career Plans: College
Favorite Pro Teams: Eagles
Greatest Personal Achievement: Graduating
Biggest Disappointment: Having to come to morning study hall for baseball
Most Important Possession: My life
Person I admire most: Megan Fox
Favorite Food: Mexican
Favorite Teacher: Mr. Carstensen
Toughest Class: Mrs. Knight, Geometry
My Idea of Relaxation: Sleeping
Favorite Quote: " Be more concerned with your character than you reputation, because your character is what you really are, while your reputation is merely what others think you are." - John Wooden


## Evan Jacobsen

Birthplace: Wennatchee, Washington Parents: Chris and Alana Brothers and Sisters: Bret \& Eric Career Plans: To be an exotic dancer Favorite Pro Teams: Seatle Mariners Greatest Personal Achievement: It will be graduating
Biggest Disappointment: How I procrastinate all the time
Most Important Possession: Chapstick
Person I admire most: My Dad Favorite Food: Anything I don't have to make
Favorite Teacher: Ms. Kottke
Toughest Class: Accounting
My Idea of Relaxation: Hanging out and having a good time Favorite Quote: "I ask not for a lighter burden, but for broader shoulders."


## Ben Norfolk

Birthplace: Fallon, Nevada
Parents: Laura \& Edward Norfolk
Brothers and Sisters: Dustin, Dustyn, Wes, Tyler, Eric
Career Plans: Wildlife Biologist Favorite Pro Teams: Dallas Cowboys Greatest Personal Achievement: Making it to my senior year Biggest Disappointment: Not playing sports my freshman year Most Important Possession: My Jeep Person I admire most: My Parents
Favorite Food: Steak
Favorite Teacher: Mr. Espinola
Toughest Class: Algebra II
My Idea of Relaxation: Fishing \& Camping
Favorite Quote: "Life is too short to live in the past"


David Eastman
Birthplace: Elko, Nevada
Parents: Jerod \& Deanna Eastman
Brothers and Sisters: Brandon, Jessica, Jadyn, Terrell, Jace, Mitch, J.D., Jacob, Jamie, Davey, Brandon
Career Plans: Orthopedic Surgeon
Favorite Pro Teams: Durham Bills
Greatest Personal Achievement: Riding a
horse, backwards
Biggest Disappointment: when food places mess up my order
Most Important Possession: Juice Box, my dog
Person I admire most: My daddy
Favorite Food: Gushers
Favorite Teacher: Mrs. Doyle
Toughest Class: P.E.
My Idea of Relaxation: getting a back massage from a clown
Favorite Quote: "That's what I love about these High School girls, man, I get
older they stay the same age."-Matthew McConaughey (Dazed \& Confused)


Terrell Messerly
Birthplace: Havre, Montana
Parents: Mike and Kathy Iannacchione Brothers and Sisters: Reece, Garrett, Collin,
David, J.D., Jacob, Jamie, Davey, Brandon
Career Plans: Doctor
Favorite Pro Teams: Duke Blue Devils Greatest Personal Achievement: Beating chuck Norris in an arm wrestling match Biggest Disappointment: Disappointment...?
Most Important Possession: My fish Gilbert
Person I admire most: My Brothers Favorite Food: Gummy Worms
Favorite Teacher: Mr. Espi
Toughest Class: P.E.
My Idea of Relaxation: Running 6 miles
Favorite Quote: "That's what she said" - Steve Carell



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Girls Varsity
03/12/10
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Yerington Tournament
Yerington Tournament
Pershing County H.S.
Elko High
Dayton High School
Dayton High School
Dayton High School
Battle Mountain High School
Fernley High School
Fernley High School
Fernley High School
Battle Mountain High School
Yerington High School
Yerington High School
Yerington High School
Elko High
Truckee High School
Truckee High School
Truckee High School
Sparks High School
Sparks High School
Sparks High School
Spring Creek High School
Spring Creek High School
Spring Creek High School
Regional Tournament
Regional Tournament
State Tournament
State Tournament
State Tournament

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## Girls Junior Varsity

| $03 / 12 / 10$ | Fernley Tournament |
| :--- | :--- |
| $03 / 13 / 10$ | Fernley Tournament |
| $03 / 19 / 10$ | Carlin |
| $03 / 20 / 10$ | Pershing County H.S. |
| $03 / 23 / 10$ | Elko High |
| $03 / 27 / 10$ | Dayton High School |
| $03 / 27 / 10$ | Dayton High School |
| $04 / 10 / 10$ | Fernley High School |
| $04 / 10 / 10$ | Fernley High School |
| $04 / 17 / 10$ | Yerington High School |
| $04 / 17 / 10$ | Yerington High School |
| $04 / 20 / 10$ | Elko High |
| $04 / 24 / 10$ | Truckee High School |
| $04 / 24 / 10$ | Truckee High School |
| $04 / 30 / 10$ | Carlin |
| $05 / 01 / 10$ | Sparks High School |
| $05 / 01 / 10$ | Sparks High School |
| $05 / 08 / 10$ | Spring Creek High School |
| $05 / 08 / 10$ | Spring Creek High School |


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## varsity Softbalr



| Athlete Name | Grade |
| :--- | :--- |
| Castillo, Virginia | 11 |
| Chavez, Danielita | 12 |
| Cochrane, Chelsea | 11 |
| Etcheverry, Hana M | 10 |
| Gonzalez, Madison | 10 |
| Herrera, Angie | 10 |
| Johnson, Lynnsey | 12 |
| Mecham, Jordan | 9 |
| Neu, Jenae | 11 |
| Pardovich, Dana N | 11 |
| Snyder, Shelby | 12 |
| Vassar, Mary Elizabeth | 12 |
| Thomas, Brooklyn | 12 |


| Height |  | Position |
| :--- | :--- | :--- |
| $5^{\prime} 2$ |  | OF |
| $5^{\prime} 5$ |  | $\mathrm{P} / \mathrm{IF}$ |
| $5^{\prime} 4$ |  | IF |
| $5^{\prime} 7$ |  | $\mathrm{IF} / \mathrm{OF}$ |
| $5^{\prime} 3$ |  | $\mathrm{P} / \mathrm{UT}$ |
| $5^{\prime} 3$ | IF |  |
| $5^{\prime} 3$ | IF |  |
| $5^{\prime} 5$ | $\mathrm{P} / \mathrm{IF}$ |  |
| $5^{\prime} 4$ | $\mathrm{P} / \mathrm{OF}$ |  |
| $5^{\prime} 3$ | $\mathrm{C} / \mathrm{IF}$ |  |
| $5^{\prime} 4$ | OF |  |
| $5^{\prime} 4$ | $\mathrm{P} / \mathrm{OF}$ |  |
|  | MANAGER |  |

## JVGOFtba!




## Dustin Christean, Varsity


#### Abstract

Where are you from: Winnemucca, Nevada Years at Lowry: 3rd Year Coaching at Lowry Expectations for this season: Win the Zone and State Championships, Make a lasting and positive impact on Lowry High School and the Community of Winnemucca, Create a fun and rewarding experience for Lowry's students and athletes. Education: Former Lowry High School Valedictorian (1997), A.A. in Liberal Studies from Modesto Junior College (California, 2000, with Honors), B.S. in Social Studies Education from University of Nevada-Reno (2003, with Honors), Physical Education and Health Teaching Endorsement (2004, Nevada Department of Education). Master's of Education in Educational Psychology (In progress). Playing Experience: 26 years of Baseball and Softball Experience, 3 years Varsity and 1 year Junior Varsity Letterman in Baseball at Lowry High School, Sierra Tribe and Reno Black Sox (1996 and 1997), College of the Sequoias (1997), Feather River College (1998), Modesto Junior College (1999), Grace College Lancers (2000), Reno Diamondbacks 2005-2007, Reno Stars and in the NABA World Baseball Championships in Phoenix, AZ (2005). Coaching Experience: McDermitt High School Girls' Head Basketball Coach (2005-2006), Dayton High School Frosh Boys' Basketball Coach (2006-2007), Dayton High School Baseball Coach (2007), Winnemucca Gold Rush Coach 20082009.

Awards: Lowry High School Baseball MVP (1997), All-Conference Pitcher for Grace College and Pitcher of the Year (2001), All-Star selection for the Reno Stars, earned birth to play in the NABA World Baseball Championships (2005), NSA Nevada State Runner-up 16 and Under division (2008) as coach, NAFA State Champion 14U (2009) as coach. Other Interesting Information: Formerly played baseball with pitchers Erick Threets of the San Francisco Giants, and Randy Messenger of the Seattle Mariners.




## Ken Christean, Assistant Varsity

Where are you from: Ely (taught 4 yrs.), born in Elko, came to Lowry in 1978 Years at Lowry: 27
Expectations for the season: Be competitive week after week and qualify for Zone and State tournament
Education: Assoc. Arts College of Eastern Utah, B.S. UNR PE major, Business Minor
Playing Experience: Played High School Baseball, Jr. College and major College Men's Fastpitch and Slow-Pitch
Coaching Experience: More than 38 years from Little League, Babe Ruth, High School Baseball and Softball
Awards: Outstanding Senior High School Player, All Star in Youth programs, Named to the Lowry High School Hall of Fame
Other Interesting Information: Enjoying coaching with my oldest son, Dustin in the Lowry Softball program. An experience most father's and son's do not get the opportunity to do.


## Ty Lucas, Junior Varisty

Where are you from: 1555 N. Sierra St.
Years at Lowry: almost completed my third year
Expectations for the season: To be the hardest working team and earn some ultra cool scars and bruises
Education: Is acquired with a combination of speed, agility, and strength Playing Experience: My playing experience has been purely luck. You close your eyes, swing for the fence, and hope for the best
Coaching Experience: I have coached 3 sports for 3 years, and 60 percent of the time it worked every time
Awards: Awards are EARNED, not given..........think about it!
Other Interesting Information: GLOVE, BODY, FACE.

# Girl's Softbay Coach 



Jamie Billingsley, JV Assistant
Where are you from: Winnemucca, NV
Years at Lowry: 4 years in High School
Expectations for the season: For the girls to never "back don." TP
Education: Elementary \& Special Education Degree from UNR
Playing Experience: Varsity Softball (4 years) Girls Golf (2 years)
Coaching Experience: First Year Coach
Awards: First Team All- League Pitcher and First Team All-State Pitcher


## softball seniors



Dabielita Chavez


Shelby Snyder
Birthplace: Reno, NV
Parents: Tony \& Nancy Snyder;
Christina Snyder
Brothers and Sisters: Matt, Justin,
Heto, Ashley, Makayla
Future Plans: Gold Diggin'
Favorite Pro Teams: Oakland Athletics
Most Important Possession: Family
Person I admire most: Nancy
Favorite Food: everything
Favorite Teacher: Corrine James
My Idea of Relaxation: tanning \& sleeping Favorite Quote: "Go green!"


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## Golf Schedute

| $03 / 12 / 10$ | Ice Breaker(Spring Creek) | Away | 10:00AM |
| :--- | :--- | :--- | :--- |
| $03 / 25 / 10$ | Fernley High School | Away | 10:00AM |
| $03 / 31 / 10$ | Sparks High School | Away | 1:00PM |
| $04 / 08 / 10$ | Yerington High School | Away | 11:00AM |
| $04 / 15 / 10$ | Dayton High School | Away | 10:00AM |
| $04 / 23 / 10$ | Lowry High School | Home | 10:00AM |
| $04 / 30 / 10$ | Whittell (Edgewood) | Away | 10:00AM |
| $05 / 07 / 10$ | Spring Creek High School Away | $9: 00 A M$ |  |
| $05 / 13 / 10$ | Truckee High School | Away | 10:00AM |
| $05 / 18 / 10$ | State Tournament | Away | TBA |
| $05 / 19 / 10$ | State Tournament | Away | TBA |



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## Boys Golf


Athlete Name
Bryan, Dillon
Grade ..... 11Cox, Tyler
Cox, Tyler 11
Dendary, Christopher
Dendary, Joseph
H111
129
Erquiaga, Cole ..... 9
Fifield, Sean ..... 10
Jakich, Jerry ..... 12
Kracaw, Ryan ..... 10
Ourada, Austin ..... 10
Roman, Louis ..... 12
Vetter, Dean ..... 11

## Golf Codaches



## Chad Peters

Where are you from: Winnemucca
Years at Lowry: 10
Expectations for the season: I these young men have a very good chance to win a state championship
Education: Graduated from Lowry in 1992, Graduated from UNR Bachelors Degree in General Studies
Playing Experience: Played 10 Varsity Sports seasons (Football, Basketball, and Baseball) at Lowry. Played Basketball and Baseball for 1 year at Napa Valley Junior College. Coaching Experience: Coached 5 years at McQueen High School (Football, Basketball, and Baseball.) Coached Lowry Varsity Boys Basketball for 7 years. Coached Winnemucca Jr. High $8^{\text {th }}$ grade boys past 3 years.
Awards: 1992 State Championship Basketball-92’ State Tourney MVP, 1992 Nevada Top 10 Scholar/ Athletes, Coached 2002 State Champs Basketball- 02' 3A Coach of the Year Other Interesting Information: I love being from and a part of Lowry High School


Cameron White, Assistant


Vince Mendiola, Assistant

## Goif Serions



Joseph Dendary
Birth Place: Reno, NV Parents: Joe \& Sandra Dendary Brothers/ Sisters: Christopher \& Alyssa Career Plans: PGA Professional Favorite Pro Team: Lakers Greatest Personal Achievement: Being invited to play golf in Australia Biggest Disappointment: Losing State Golf Sophomore year after I had the lead with 2 holes to go
Most Important Possession: Golf Clubs Person I Admire Most: My grandpa Favorite Food: Cheeseburger
Favorite Teacher: Mr. Corak
Toughest Class: Calculus
My Idea of Relaxation: Chilling at the Golf Course
Favorite Quote: If you are caught on a golf course during a storm and are afraid of lighting, hold up a one-iron. Not even god can hit a one-iron.


## Louis Roman

Birth Place: Winnemucca, NV
Parents: Linda Erquiaga \& Juan Roman Brothers/ Sisters: Nick, Alexis, and Savannah
Career Plans: P.G.A. Status
Favorite Pro Team: Three Notre Dame Fighting Irish.
Greatest Personal Achievement: Placing $6^{\text {th }}$ individual at state sophomore year Biggest Disappointment: Losing State Golf sophomore year
Most Important Possession: Golf Clubs
Person I Admire Most: My mother X $1,000,000$
Favorite Food: Enchiladas
Favorite Teacher: Hank Haney
Toughest Class: A.P. Calculus
My Idea of Relaxation: Sitting right in the middle of the Fairway
Favorite Quote: Go Irish! Or Go Home!


Jerry Jakich
Birth Place: Salt Lake City, Utah Parents: Marsha \& Lenny Jakich Brothers/ Sisters: Nate, Tiff, Jacob, Amy
Career Plans: Radiology Technology
Favorite Pro Team: Lakers
Greatest Personal Achievement: Getting $4^{\text {th }}$ in Men's Club Champ. Biggest Disappointment: Losing by 3 strokes at State Golf Junior year Most Important Possession: Golf Clubs Person I Admire Most: My mother
Favorite Food: Steak
Favorite Teacher: Mr. Asbury
Toughest Class: Anatomy
My Idea of Relaxation: Golfing
Favorite Quote: "If profanity had an influence on the ball, the game of golf would be played far better than it is." -Horace G. Hutchinson


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North Valleys High School
*Manogue High School
*Douglas
*Truckee High School
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*South Tahoe
Zephyr League Championship
Northern 4A Regional Trials
Northern 4A Regional Trials
State Championships

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## Swim Feam



## Ladies

| Alcarez, Tania | 9 |
| :--- | :--- |
| Avalos, Moriah Caprice | 11 |
| Baxter, Amye | 10 |
| Bradshaw, Davinna Darae | 11 |
| Buttram, Miranda Rae | 11 |
| Cardenas, Desiree S | 11 |
| Carpenter, Ashley N | 9 |
| Christensen, Johana | 10 |
| Clayson, Laurel J | 11 |
| Doyle, Jordan | 11 |
| Drake, Amaya | 12 |
| Echeverria, Tori J | 9 |
| French, Rachel | 9 |
| Gray, Mckenzie | 12 |
| Hansen, Jerrica | 10 |
| Hull, Adrian | 12 |
| Jones, Amanda Mae | 10 |
| Kloeppel, Kristie | 10 |
| McClintick, Kinzie | 10 |
| Mercado, Eva | 9 |
| Pfarr, Jillian | 10 |
| Snow, Olivia | 10 |
| Sutfin, Alexis Cathryn | 10 |

Mens
Berentsen, Karl E ..... 12
Drake, Michael C ..... 9
Esparza, Carlos A ..... 11
Flanagan, Dakota Wayne ..... 9
Jackson, Alexander ..... 9
Landa, Jonathan ..... 10
Maestrejuan,Jeremiah J ..... 10
Nicholson, Ryan C ..... 10
Pate, Jessie ..... 10
Shurtliff, Tysom ..... 11
Stephen, Thomas Andrew ..... 12

## Swim Feam coanties



## Patty Herzog

Where are you from: Winnemucca
Years at Lowry: 10 years
Expectations for this season: To see each swimmer reach their personal best
Education: Business Management (B.S.)
Playing Experience: Swimmer from age 9 to present
Coaching Experience: 10 years of high school and coaching since 1992


## Julie Street, Assistant

Where are you from: Battle Mountain, NV
Years at Lowry: 10 years
Expectations for this season: Do their best and some kids going to state.
Education: High School, some college
Playing Experience: Teaching for 21 years
Coaching Experience: 10 years swim team and taught many swim team kids how to swim
Other interesting information: Oldest of 15 children


Mike Owens, Assistant

## Swim feam Seriors



## Karl Berentsen

Birth Place: Reno, NV
Parents: Eric and Sharlet Berentsen
Brothers/Sisters: Morgan Troike and Kirk Berentsen Career Plans: United States Air Force Pilot and eventually a NASA Pilot
Favorite Pro Team: Miami Dolphins
Greatest Personal Achievement: Going through the whole Process and eventually receiving a nomination to the U.S Air Force Academy from Congressman Dean Heller and a nomination to the Naval Academy from senator John Ensign.
Biggest Disappointment: Missing the shot on my big mule deer
Most Important Possession: My guns and Truck Person I Admire Most: Neil Armstrong: For having the courage to go to a place where humans have never set foot before and doing something that has never been
done in the his story of mankind.
Favorite Food: Steak and Taters
Favorite Teacher: Mrs. Delores Detweiler, My $7^{\text {th }}$ grade science teacher
Toughest Class: Anatomy/Physiology
My Idea of Relaxation: Sitting in my favorite tree stand during Whitetail Season in Michigan Favorite Quote: "It's not the size of the dog in the fight; it's the size of the fight in the dog." -Dwight D. Eisenhower


## Mckenzie Gray

Birth Place: Montgomery, AL
Parents: Demarah and Patrick Gray Brothers and sisters: Ethan, Christian, Garrett, and Madison
Career Plans: Attend college at Boise State and receive the music/business major Favorite Pro Team: Lowry Swimteam Greatest Personal Achievement: Being accepted to BSU in music
Biggest Disappointment: I don't believe in disappointment
Most Important Possession: French Horn Person I admire most: My sister
Favorite food: Fettuccini Alfredo
Favorite Teacher: Mr. Walton Toughest Class: Chemistry My Idea of relaxation: Sleeping
Favorite Quote: "Olivia \& Kinzie \& Tori" -Myself


## Amaya Drake

Birth Place: Reno, Nevada
Parents: Cameron \& Shelly Drake
Brothers/Sister: Michael a.k.a Booger Career Plans: Pediatric Occupational Therapy
Favorite Pro Team: Umm... I don't have one.
Greatest Personal Achievement: Making
Varsity Swimming my freshman year Biggest Disappointment: Not qualifying for zone individually
Most important possession: My Phone Person I admire most: My Mom
Favorite food: Pasta and Salad
Favorite teacher: Mrs. Scott
Toughest Class: Chemistry
My idea of relaxation: Going to the lake.
Favorite Quote: "What goes around comes around, just like a flip turn." ~Author Unknown


## Adrian Hull

Birthplace: Harrison, Arkansas
Parents: Bob and Corina Crouch Brothers and Sisters: Corbin \& Courtney Career Plans: Army then Interior Designer Favorite Pro Teams: Raiders Greatest Personal Achievement: Enrolling in the Army
Biggest Disappointment: Not doing my best at school
Most Important Possession: My iPod Person I admire most: My Mom Favorite Food: A burger \& onion rings Favorite Teacher: Mrs. Corrine James
Toughest Class: Government My Idea of Relaxation: Swimming
Favorite Quote: "It's easy to fall in love. The hard part is finding someone to catch you." -Bertrand Russell


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## Track Schedute

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Fernley
Spring Creek
Galena Frosh/Soph Meet
Fallon Invitational
Reed Rotary
Reed Rotary
Lowry Invitational
Dayton Invitational
Yerington Invitational
Spanish Springs Frosh/Soph
Fernley Invitational
Regionals @ Lowry
Regionals@ Lowry
State Track Meet
State Track Meet

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## Track



## track Coaches



## Shaun Murgel

Where are you from: Third planet from the sun
Years at Lowry: 6
Expectations for this season: To win a few first places and get a good tan without a burn
Education: It is very important to be highly qualified
Playing Experience: 3 Years in HS
Coaching Experience: 11 years
Awards: Best friend of the year 2006
Other Interesting Information: I have the most supportive family I can ask for.


Taua Cabatbat, Assistant


## Track



## Blaine Case

Birthplace: Worland, WY
Parents: Myself
Brothers and Sisters: Leslie, Cory, Brandon, Jeremy
Greatest Personal Achievement: Being a great guy
Future Plans: Be an electrical engineer
Favorite Pro Teams: Denver Broncos Most Important Possession: Pick-Up truck
Person I admire most: Oldest brother

## Cory

Favorite Food: Carne Esada
Favorite Teacher: Mr. Bernardi
My Idea of Relaxation: Fishing on the river
Favorite Quote: Take what you have and run with it


## Mateo Echeverria

Birth Place: Winnemucca NV
Parents: Roy and Mary Echeverria Brothers/Sisters: Tori Echeverria Greatest Personal Achievement: Never going to Juvy
Future Plans: Race Car Driver Favorite Pro Team: Cowboys Most Important Possession: My Snowmobile
Person I Admire Most: My Dad
Favorite Food: Boneless Buffalo wings
Favorite Teacher: Espy
My Idea of Relaxation: Yoga on my wii
Favorite Quote: "it's not about the ride, it's about the rider."


Tyler Anderson
Birthplace: Ely, NV
Parents: Don, Sue Anderson
Brothers and Sisters: Lesa, Luri,
Seth, Adam
Greatest Personal Achievement: 2009 State Track
Future Plans: College EOU.
Favorite Pro Team: Chargers
Most Important Possession: My truck
Person I admire most: Chuck Norris
Favorite Food: Steak
Favorite Teacher: Aberasturi My Idea of Relaxation: Working out Favorite Quote: Go big or go home


## Corbin Crouch

Birth Place: Coure Da'lane, Idaho
Parents: Bob and Corina Crouch Brothers/Sisters: Adrian Hull and Courtney Broucher
Greatest Personal Achievement: Getting my driver's license
Future Plans: College then opening my own store or bar
Favorite Pro Team: chargers
Most Important Possession: My two
dogs, Hercules and Hanna
Person I Admire Most: My dad
Favorite Food: Cheeseburgers
Favorite Teacher: Mr. Espinola
My Idea of Relaxation: hunting
Favorite Quote: "no blood, no foul"


## Brandon Eldodt

Birthplace: Albuquerque, New Mexico Parents: Joe and Michele Eldodt Brothers and Sisters: Nate Eldodt Greatest Personal Achievement: Climbing Everest while upside down...and backwards.
Future Plans: Rob a bank
Favorite Pro Team: Lowry High
Most Important Possession: Deez guns!
Person I admire most: My mommy and my bubba
Favorite Food: Liquid hot magma
Favorite Teacher: Mrs. Doyle
My Idea of Relaxation: Fighting rabid badgers while reading the dictionary
Favorite Quote: I'm not liquid John, I'm not liquid.

## Frack Serilors



Elizabeth Gleixner
Birthplace: 05/29/92
Parents: Jandie \& William Gleixner
Brothers and Sisters: Barrett (aka Baboo), Anna, Jaime Gleixner
Greatest Personal Achievement: Joining the U.S. Army

Future Plans: Become a common ground station analyst for the U.S. army
Favorite Pro Team: Dallas Cowboys Baby!!! Boo Raiders J
Most Important Possession: Brain, I'd be nothing without it
Person I admire most: Everyone has something admirable about themselves
Favorite Food: Italian
Favorite Teacher: Mrs. Ludlow
My Idea of Relaxation: Watching movies with the gang
Favorite Quote: "Great minds discuss ideas, average minds discuss events, small minds discuss people."-Eleanor Roosevelt


Mark Hamry
Birth Place: Tuson Arizona
Parents: Mike Maryine
Brothers/Sisters: none
Greatest Personal Achievement:
Wrestling at state
Future Plans: Navy
Favorite Pro Team: 49ers
Most Important Possession: my
dog hunter
Person I Admire Most: my dad
Favorite Food: pizza
Favorite Teacher: Mr. storm
My Idea of Relaxation: A.T.Ving
Favorite Quote: "live for today, hope for tomorrow"



Adam Gray
Birth Place: Winnemucca
Parents: Robin and Soledad Gray Brothers/Sisters: Rachel and Aaron Gray
Greatest Personal Achievement: 5
time state Champion
Future Plans: Run around the world, even the oceans Favorite Pro Team: Adam Gray
Most Important Possession: My Legs
Person I Admire Most: Ali Bear
Schumacher
Favorite Food: Protein and HGH
Favorite Teacher: Mr. Beck, Mrs. Doyle, and Marcel
My Idea of Relaxation: Fartlek
Favorite Quote: "Snappin' Necks, Writing Checks"


## Tyrell Henriod

Birthplace: NV
Parents: Tammy and Alan Munk, Jeff
Henriod
Brothers and Sisters: Terence Henri-
od, Tahshina Muck
Greatest Personal Achievement: State all 4 years
Future Plans: College
Favorite Pro Team: Me
Most Important Possession: My Legs
Person I admire most: John Adams
Favorite Food: Lasagna
Favorite Teacher: Mrs. Doyle
My Idea of Relaxation: Being in the mountains
Favorite Quote: "Something is nothing and nothing is something"


Mallorie Leal

## Frack seriors



## Ashlee Lee

Birthplace: Winnemucca, NV
Parents: Patty Lee
Brothers and Sisters: Danyelle Lee
Greatest Personal Achievement: 3x state champs for Cross Country and Beating Spring Creek this year for basketball at STATE! Future Plans: Attending UNR and becoming a physical therapist
Favorite Pro Team: LOWRY CROSS COUNTRY
Most Important Possession: My nalgene, my stopwatch and racing flats
Person I admire most: My sister Danyelle and Emelionaire
Favorite Food: Spaghetti fo sho!
Favorite Teacher: Mrs. Christean, Mr. Anderson, Mrs. McGibbon, Mrs. Ludlow, Mr. Setzer, and Mrs. Rorex
My Idea of Relaxation: Sitting in my robe, sipping chai tea and watching house Favorite Quote: "To give anything less than your best is to sacrifice the gift."Steve Prefontaine


John Lesley
Birth Place: Fresno California Parents: Eldon Lesley and Debi Paterson
Brothers/Sisters: Allan Lesley and James Lesley
Greatest Personal Achievement:
Made it my senior year
Future Plans: Army
Favorite Pro Team: Eagles Most Important Possession:
Person I Admire Most:
Favorite Food: Jack in the box
Favorite Teacher: Mr. Aberasturi My Idea of Relaxation: Sleeping Favorite Quote: "Make moves"


## Kiefer Maestrejuan

Birth Place: Reno
Parents: Frank and Stella Maestrejuan Brothers/Sisters: Jaramiah and Nikki Greatest Personal Achievement: Living to see this day
Future Plans: Hopefully getting a job
Favorite Pro Team: "the Kief"
Most Important Possession: My rock hard chest
Person I Admire Most: My fat dog at home Favorite Food: Horseradish
Favorite Teacher: Mrs. Rorex
My Idea of Relaxation: Fighting Chuck Norris
Favorite Quote: "I don't know why I liked it, I don't know why I enjoy it, and I don't know ill do it again."


## Desirae Lemm

Birth Place: Reno!
Parents: Heather and Josh Lemm
Brothers/Sisters: Gage Lemm
Greatest Personal Achievement: Joining the military and winning state in $4 \times 4$ relay last year in track.
Future Plans: Leave for basic training June $8^{\text {th }}$ for the U.S. Army
Favorite Pro Team: Green Bay Packers Most Important Possession: All my trophies, medals, and awards from athletics. Person I Admire Most: My grandma, she's the best!
Favorite Food: Mac and Cheese!
Favorite Teacher: Mr. Sans with Science for three years
My Idea of Relaxation: I run for miles to relax, and it gives me time to think. Favorite Quote: "If you have time to judge someone, you have no time to love them." Mother Theresa


## Joseph Lester

Birthplace: Winnemucca, NV
Parents: Michael Lester, Celeste Lester Brothers and Sisters: Wyatt, Levi Greatest Personal Achievement: Making all the small children smile while performing the children's play each year
Future Plans: Go to Reno and pursue a career in engineering
Favorite Pro Team: Green Bay Packers Most Important Possession: My car Person I admire most: Mother
Favorite Food: BigMac
Favorite Teacher: Mr. Walton
My Idea of Relaxation: Getting in a party and playing C.O.D. with my buds
Favorite Quote: If it isn't broken, break it.


Bradley Pearce
Birthplace: Sun Valley, Idaho Parents: Rod and Kelly Pearce Brothers and Sisters: Daniel Pearce Greatest Personal Achievement: Keeping a 4.0 through my entire high school career
Future Plans: Going to college to become a psychologist
Favorite Pro Teams: Jamaican Bobsled Team
Most Important Possession: My sweet truck
Person I admire most: My mother
Favorite Food: Olive Garden's soup, salad, and breadsticks
Favorite Teacher: Mrs. Kennedy
My Idea of Relaxation: Hanging out with friends
Favorite Quote: "Why are you white?"-Karen Smith

## Track

 Seniors

## Justin Rice

Birth Place: Reno, NV
Parents: Robert and Diane Rice Brothers/Sisters: Samantha Rice Greatest Personal Achievement: Reach State Track and Field sophomore year Future Plans: Attending UNR and majoring in Computer Engineering Favorite Pro Team: Pittsburg Penguins Most Important Possession: Laptop Person I Admire Most: My father Favorite Food: Cheeseburger with mayo only
Favorite Teacher: Mrs. Kennedy
My Idea of Relaxation: Laying in my bed, pondering the meaning of life
Favorite Quote: "The great and mighty Oak tree was once a little seeding that stood its ground." -Unknown


Andrew Soderstrom
Birthplace: Reno, NV
Parents: Laura Martin, Scott
Soderstrom
Brothers and Sisters: Lucas
Soderstrom, Matt Bishop
Future Plans: Game Designer, Writer Most Important Possession: car, xbox, phone, ipod, internet Person I admire most: Jason Statham Favorite Food: Chicken, Spaghetti Favorite Teacher: Mr. Beck, Mr. Conner
My Idea of Relaxation: Chill on a couch with some food and a controller
Favorite Quote: "Don't tell me how to tell you what to do and I won't tell you how to tell me what to do."


Jose Ramirez


Alex Schumacher
Birthplace: Grangeville, ID
Parents: Paul and Sally Schumacher
Brothers and Sisters: Anna, Katie, Forrest
Greatest Personal Achievement: Defeating Medusa in a saber sword battle to the death
Future Plans: Owning above $50 \%$ of boeing
Favorite Pro Teams: Great Basin College
Long Horns
Most Important Possession: Biceps
Person I admire most: Adam Grey
Favorite Food: Arsenic
Favorite Teacher: Mrs. Doyle
My Idea of Relaxation: Dominating Iron Chef Bobby Flay in a cook battle
Favorite Quote: "Don’t worry, be happy"-Bob Marley


Jordan Songer
Birth Place: Montana
Parents: Pat and Jaime Songer Brothers/Sisters: Zach, Bryan, and Rylee Songer Greatest Personal Achievement: Joining the US Army Future Plans: Becoming a military police in the army
Favorite Pro Team: Alabama State Most Important Possession: My heart Person I Admire Most: My dad for everything he has done for me and
my family
Favorite Food: Chicken Alfredo
Favorite Teacher: Ms. Ludlow
My Idea of Relaxation: Going to the water park or Camping Favorite Quote: "Be kinder than necessary, everyone is fighting some kind of battle." -unknown


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This Year's Results!
1st Place: Ron Pacheco, Dick Celio, Vicki Celio, Jim
Jenista, Doug Haylett
2nd Place: Vince Mendiola, Tim Connors, Tim
Dufferena, Cam Drake, Shelly Drake 3rd Place: Chad Peters, Cam White, Joe Dendary, Rodger Wade, Johnny Moore Longest Drive, Men: Nick Verner, Women: Jennifer Drobny, Over 55: Dick Celio


## Special Thanks to EVERYONE that played in our Scramble!

## 2009-10 Century Club Members

Mary Agnes Boni Ron Beck Brian Belanger Mariann Belanger Carly Bell Kelley Bell Jim Billingsley
Kay Billingsley
Susan Billingsley
Tim Billingsley Lee Bosch Steve Bosch Terry Boyle Eric Brooks John Brooks Paige Brooks Clifton Brown Jeannie Brown Jeff Brumm Kathy Brumm
Michael Bumgartner
Taua Cabatbat
Kristin Carriere
Scott Carriere Tim Connors Collean Cox Jeff Cox

Herk Criswell Itxaso Criswell Carol Darlington Doug Darlington Tom Donaldson Mike Donnelley Mike Donnelley John Doyle Cam Drake Shelly Drake Dan Dufurrena Ginny Dufurrena Hank Dufurrena Linda Dufurrena Deanna Eastman Jerod Eastman Michele Eldodt Nate Eldodt Brandy Gallups Nedra Hartley Jeff Herzog Patty Herzog John Hill Dave Jensen Byron Jeppsen Jamie Jeppsen Marty Johnson

Vince Lopes
Tyrell Lucas
Bill Macdonald
Mike Macdonald
Chelsea Mendiola
George Miller Jaci Miller
Shawn Murgel
Aaron Nelson
Heather Nelson
Nate Nelson
Shane Nelson
Terry Norcutt
Mike Owens Bob Pace
Mary Kay Pace
Chad Peters
Dana Peters
Don Peters
Eric Peters
Jessell Peters
Julie Peters
Jean Pfarr
Jerry Pfarr
Hal Phillips
Kelly Pollock
Tammy Pollock

Buddy Quilici
Tammie Quilici Andree Rose Carl Rose
Cathy Schwartz Dave Schwartz ty Schwartz
Rolfe Schwartz Diane Seeliger John Seeliger Jennifer Shurtliff Jonathan Shurtliff Jeff Snyder Nancy Snyder Steve Snyder Tony Snyder Fred Stewart Kris Stewart
James Studebaker Bobbi Thacker Shalynn Thacker Shane Thacker Duane Tyree Marian Tyree Lisa Verner Walt Vetter


## Winnemucca Century Club

P.O. Box 3656

Winnemucca, Nevada 89446
The Winnemucca Century Club is a nonprofit corporation which receives and expends funds to promote and support Lowry High School athletics. Past contributions have been used to assist in the funding of improvements to the fields and facilities of baseball, football, soccer, softball and track, as well as to purchase equipment and/or uniforms for baseball, basketball, cheerleading, cross country, dance team, football, golf, soccer, softball, track, volleyball and wrestling. If you wish to contribute to the booster club for Lowry High School athletics, please fill out this form and send it to us at the above address. If you have any questions, please call Ray Parks at 623-8120, Vince Mendiola at 623-8130, or Mike Macdonald at 623-2517.

## 2009-2010 Membership Form

Name(s):
Address:

City, State \& Zip Code: $\qquad$

Amount of contribution:

Each member receives a gate pass for Lowry athletic events for the school year.
\$125.00 First family member
$\$ 75.00 \quad$ Second family member (Spouse or children 21 years and younger)
$\$ 50.00$ Each additional family member (Children 21 years and younger)
Remember your Century Club membership is tax deductible.
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Pay $\qquad$ now and the balance in installments of $\qquad$ .

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Semi-annually $\qquad$ Annually $\qquad$

Signature: $\qquad$

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