LOWRY HIGH SCHOOL

2009-2010 Sports Program



Go Buckaroos!

















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Lowry High School Buckaroos Welcome You

It is our pleasure to host each and every HOME event with the traditional WINNE-MUCCA hospitality and we wish you the best of luck and hope you have a safe journey home.

On behalf of the students, faculty, and administration of Lowry High School and the City of Winnemucca we welcome you to our HOME away from home.

SPORTSMANSHIP is a top priority of Lowry Athletics. We are certain that we will have outstanding games and that each and every fan will practice good sportsmanship and applaud those efforts by both teams during the games. We have made a strong commitment to our athletes, coaches, parents, and spectators to have a positive competitive experience.

Your paid or complimentary admission to our events entitles you to enjoy an exhibition of skills developed by our students in an educational setting. Please give these student-athletes your positive encouragement and support. Your effort to applaud the talents of all players is appreciated. Booing, taunting or intimidating the officials and opponents is unfriendly and inappropriate. Please be an example to those around you. A special thanks goes to our Humboldt County School District Board of Trustees, Humboldt County School District Administration, Humboldt County school teachers, Lowry High School students, the City of Winnemucca, Winnemucca Century Club and the many workers who have contributed their time and effort to insure that you may enjoy athletics at its best.

Our sports programs are truly a community happening and we are proud to be able to host Lowry High School athletic events with students in mind. We would like to take this opportunity to thank all of the fans for continuing to support and make all Lowry

SPORTSMANSHIP IS OUR TOP PRIORITY AT LOWRY!

Albert M. Lowry High School 5375 Kluncy Canyon Road, Winnemucca, NV 89445 775-623-8130 www.humboldt.k12.nv.us/lhs



Administration



Mrs. Debbie Watts, Principal

Goal: To make sure every student at LHS receives the best education

possible.

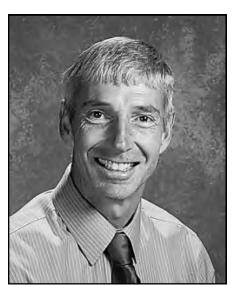
Hometown: Four Mile, Kentucky

Years Administrator: 9 Years at Lowry: 2

Words For Athletes: "Be honorable in all that you do." Education: Master's Degree in Curriculum and Instruction

Awards: 1978 O.W.E. Teacher of the Year, 1990 Outstanding Teacher

of the year, 1996 Outstanding Teacher of the Year



Mr. Doc Welter, Vice Principal

Goal: To help Lowry High School become the best 3A school in Nevada

Hometown: Plentywood, Montana

Years as Administrator: 3

Years at Lowry: 3

Words for Athletes: "Win or lose with PRIDE!"

Education: B.S. Microbiology, University of Montana; M. Ed. in

Educational

Leadership, Jones International University



Mr. Byron Jeppsen, Vice Principal

Hometown: Clinton, Utah Years as Administrator: 4

Years at Lowry: 7

Words for Athletes: "Lowry High has a great tradition in athletics. Be

proud

to represent such a great school."

Education: B.A. in History and Spanish from Weber State University, M.

Ed. in Educational Leadership from University of Nevada, Reno



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HISTORY OF LOWRY HIGH SCHOOL

In 1967, a brand new Humboldt County High School was opened with the new name Albert Lowry High School in honor of revered Coach Albert M. Lowry.

A true Nevadan, Mr. Lowry was born in Tollhouse in 1897. He graduated from the University of Nevada in 1925, began teaching Science and coaching three sports in Winnemucca.

Mr. Lowry served the students of Humboldt County as a teacher, coach, principal, assistant superintendent and as director of the Nevada Education Association.

One of Nevada's first sporting legends, Mr. Lowry was instrumental in putting Humboldt County High School on the map. His basketball teams won 11 district or league championships and finished as the 1929 runner-up in the Nevada State Tournament.

As a track coach, he led his teams to Nevada championships in 1928, 1930, and 1936.

Mr. Lowry was also an integral part of introducing six-man football to some of Nevada's smaller schools. In 1941, he was chosen as the state's "Outstanding Coach".

Mr. Lowry served as president of the Nevada Interscholastic Athletic Association (NIAA) for 14 years and was chosen 3 times as a delegate to the National Federation of State High School Athletic Associations.

In 1933, Mr. Lowry was inducted into the NIAA Hall of Fame. He retired from the school district in 1966 and passed away May 5, 1989.

The original Lowry High School building was ready for use in 1967, with the vocational building added in 1983 the science building in 1991, the following improvements were made since then: weight room, new gym, art/social studies building, Jim Billingsley Softball Complex, new track—lighting and landscaping, baseball & softball announcers booth.

LOWRY HIGH - TRADITIONS OF PRIDE, DEDICATION & EXCELLENCE

HISTORY OF WINNEMUCCA

Winnemucca, originally called French Ford, sprouted up from a wagon crossing on the Humboldt River. A trading post and hotel were the first businesses in Winnemucca, the hotel serving miners and prospectors as well as wagon trains that were passing through on their way to California or Oregon.

Two brothers, Louis and Theophile Lay, built a bridge across the Humboldt River. After this, it was not necessary to ford the river and the town was renamed to Centerville. Soon after, the railroad was built so residents looked for a name that fit the town better.

L.C. Pease or C.B.O. Bannon are usually given credit for naming the town. They chose to name the town after Chief Winnemucca, the leader of a local Paiute tribe. Another theory is that a nameless worker for the Central Pacific Railroad wanting to keep peace with the Paiutes suggested naming Winnemucca after the Paiute chief. It is reasonable that all three men chose the name of the town as an agreement was necessary. Winnemucca was an apt name as the mountain and mining district had been named for the Paiute chief since 1863.



LOWRY STATE CHAMPIONSHIPS

Boy's Basketball—1973, 1974, 1975, 1978, 1985, 1992, 2002

Girl's Basketball—1978, 1981, 1992, 2002

Boy's Cross Country—1995, 2001, 2004, 2005, 2007

Girl's Cross Country—2000, 2001, 2002, 2003, 2004, 2005, 2007

Boy's Golf—1973, 1974, 1975, 1978, 1979, 1984, 1985, 1986

Girl's Golf—1975, 2000, 2001, 2003

Volleyball—2005

Softball—2006

HALL OF FAME

Joe deArrieta Sr.	1994	Hank Mentaberrry	1998
John Dolan	1994	Pat Dolan	1998
Albert M. Lowry	1994	Gary Hoxsey	1999
Jim Billingsley	1995	Don Woods	1999
Steve Clausen	1995	Jerome Etchegoyhen	1999
Jim deArrieta	1995	Gary Stoker	1999
Joe Dendary	1995	Marvin Clausen	1999
Lori Echevarria	1995	Tammy Pollock	2000
Mike Glenn	1995	Tim Billingsley	2000
Alfred Gonzalez	1995	Dick Peraldo	2000
Rober Hooft	1995	Pat Hart	2000
Pat McDade	1995	Dr. James Calder	2001
Vince Mendiola	1995	Mateo Legarza	2001
Jim Phillips	1995	Don Stoker	2001
Rolfe Schwartz	1995	Pete Etchart	2003
Mitch Woods	1995	Lynn Cunningham	2003
Ted Zimmerman	1995	Rick Ringheimer	2003
Jock Echave	1996	David Stoker	2003
Lee Lowry	1996	Dave Mendiola	2004
Foe Mentaberry	1996	Lisa Jaureguito Davidso	on 2004
Betty Roeder	1996	Kelly Pollock	2004
Fred Watts	1996	Chad Peters	2004
Kirk Allred	1997	Laura Stein	2005
Don Bankofier	1997	T.W Cunningham	2005
Carol Scott	1997	David Schwartz	2008
Joe deArrieta	1997	Ron Bankofier	2008
Joe Ydiando	1998	Chris Vesco	2008
John Legarza	1998	Teresa Vesco	2008
Dennis Verner	1998	Susan Rorex	2008
Bill Hoxsey	1998	Lyman Bruce	2008
		Tony Erquiaga	2008



HALL OF FAME

Lowry High School will be sponsoring a Hall of Fame for deserving Winnemucca individuals who attended or taught at Humboldt County High School or Albert M. Lowry High School. 1994 was the inaugural year for this program and we encourage you to think back and nominate a deserving individual for this prestigious award. Nominees not selected this year will be placed in an active file for future years.

Purpose:

The purpose of the Hall of Fame is to honor and recognize outstanding individuals who have had a significant and lasting impact on the lives of people through their involvement as student and/or athlete or educator at our local high school. These individuals must have excelled in high school and continued to exemplify high standards in their adult lives to be eligible for this award.

Nomination procedures:

- 1. Candidates can be nominated by any person.
- 2. The "selection committee" will be composed of four representatives to serve a maximum four year term. The athletic administrator will select those individuals and the names of the individuals will be confidential.

Nomination Deadline:

All nominations must be received in the Lowry High School office no later than October 15 of each year. All nominations will remain in an active file for a three year period.

Awards:

Recipients will have their name placed on a Hall of Fame plaque at Lowry High School and receive a lifetime pass to all Lowry High athletic events.

General Criteria:

Nominees must exemplify the highest standards of sportsmanship, ethical conduct, moral character and carry the endorsement of their respective high school. An applicant must meet the following qualifications:

- 1. Athletes will be eligible for nominations ten years after high school graduation.
- 2. Teachers, Coaches, Administrators, and Contributors will be eligible after their service to Humboldt County School District has ended.

To further explain, athletes would be former student participants who are being nominated for their achievements in interscholastic athletics. Students and educators would be considered on the merits of their high school achievements only. A contributor would be an individual who has made a contribution to Winnemucca education in some capacity other than those

WINNEMUCCA

High School Hall of Fame Application Form

Name	Year of Graduation
Current Address	School
Phone	Date of Birth
O-11 AM11	Date of Retirement
What activities did the nominee p	
What awards or honors did the no	ominee receive while in high school?
	the nominee been involved in since graduation?
Need a letter of endoresement an Newspaper and/or other supportive	
Name	Phone
City State 7in	
Signed	Date
Return completed form to:	Lowry High School Hall of Fame Committee 5375 Kluncy Canyon Road Winnemucca, NV 89445

All applications are due no later than October 15, 2007 Hall of Fame presentations will be announced at a later date.



LOWRY COLLEGE ATHLETES

Women's Sports

Basketball

Jessica Dennison-Yakima Leslie Case-Hislop- Yakima Elisa Leader-Westminster

Rachelle Piquet—Lewis & Clark College

Savannah Roman-Feather River

Carol Scott- Chico State

Lacey Takas-Thompson-Kentucky Wesleyan Magen Dufurrena—Albertson's/College of Idaho

Cross Country

Kelsey Engstrom- Oklahoma Baptist Megan Engstrom- Oklahoma Baptist

Monica Myrhow-

Heather Thompson-Hall- UNR

Golf

Mackenzie Swecker- San Diego

Rodeo

Katie Garijo-Rickard- Eastern Oregon

Suzanne Montero- UNLV Sadie Myers- Cal Poly SLO

Amy Jo Peraldo- UNLV

Softball

Mandy Chaffin- Lassen Tara Davis- Lassen Andrea Ingle-Lassen Erica Ingle-Lassen Kristie Ingle- Lassen Monique Melody-Lassen

Rachelle Piquet—Lewis & Clark College Savannah Roman-Feather River Jackie Schrempp-Feather River

Track & Field

Alicia Echevarria- UNR Laura Stein- Idaho State

Volleyball

Ashley Bristol-WSU

Men's Sports

Chad Peters-Napa

Joe Robinson-Eastern Oregon/Dickinson State

Chris Vesco- UNLV

Cross Country

Bret Ferrier- Weber State Willie Ulch- Lane CC

<u>Football</u>

Eric Angelopolous- Montana Tech Grant Beatty-Saddleback CC

Tim Billingsley- College of the Redwoods

Zach Bristol- SD JC TW Cunningham- UNR Joe Dendary-UNR Jon Echave-UNR

Mike Glenn- Arizona State Basketball/UNR

Kaden Glinsman- North Dakota Brandon Grady-Dickinson State Brian Harrison-Mayville State

Pat McDade-BSU Vince Mendiola-BSU

Rick Ringheimer-College of the Redwoods

Dan Shaw-Mayville State

Matt Smith- UNR

<u>Golf</u>

Ben Bryson-WSU

Ryan Plummer-Long Beach State

Dennis Verner-UNR

<u>Rodeo</u>

Mark Cowley-CSI Jeff Garijo- BSU

Teo Maestrejuan- Walla Walla CC

Jesse Segura- UNLV

Rachelle Piquet—Lewis & Clark College

Teresa Vesco Basketball

Chad Backus- Ricks College Steve Clausen- Western Montana Nate Green-Lane CC/Feather River

Bob Hooft- Harvard

Jimmy Salmi-Columbia Basin Gary Stoker- College of Idaho

Brian Watterson-Southwestern Oregon

Mitch Woods-UNR

<u>Baseball</u>

Ricci Abrego- Eastern Oregon Pachi Bengochea-Treasure Valley CC Jose Cardenas- Treasure Valley CC Chris Christean- Modesto JC Dustin Christean- Indiana College

Jon Curuchet-

Jason Davidsaver- California JC Joey Enochson-Southwestern Oregon

Sean Gallian- Mesa CC Matt Jarolimek- CSI Jonathan Jarolimek-UNLV Rick Maestrejuan- BSU

Benny Martinez-Dickinson State Tony Martinez- Eastern Oregon Anthony Marvel-California JC Jody Marvel-California JC Josh Orr- Albertsons

Tony Peluaga- San Francisco State

If you know of anyone that should be added to this list or if you can update our current information



FALL—ALL STATE WINNERS

Cross Country
Jon Rouston, 2005
Justin Grant, 2005
Triton Manso, 2005
Matt Pike, 2005, 2007
Vance Orr, 2005
Felicia George, 2005
Hailey Yadon, 2005
Madison Gray, 2005

Football
Alfonso Gonzalez , 1969
Frank Bengoa, 1970
Jim Calder, 1970
Paul Vesco, 1971
Tom Gillespie, 1971
Vince Mendiola, 1971, 1972, 1973

Joe Dendary, 1974 Steve Clausen, 1974 Dave Mendiola, 1976 Hank Dufurrena, 1976, 1977 Bob Cassinelli, 1977 Bruce Delaney, 1977 Fred Stewart, 1977 Rick Ringheimer, 1977 Tim Billingsley, 1977 Al Urban, 1978 Pat Schroeder, 1980 Andrew Hillyer, 1982 Doug Bosch, 1982 Roy Echeverria, 1982 Doug Graham, 1983 Joel Jaureguito, 1983, 1984

Pat McDade, 1983, 1984

David Schwartz, 1984 David Bush, 1987 Jonathan Jarolimek, 1987 Jeff Schrempp, 1989 Jon Echave, 1989 Van Kinder, 1989 Chad Peters, 1990 Gordy Schumacher, 1990 Israel Lopez, 1990 Jamie Schroeder, 1990 Jose Cardenas, 1990 Mike Novi, 1990 Scott Strickler, 1990 Josh Kyles, 1991 T.W. Cunningham, 1995, 1996 Robby Volack, 2000

Morgen Thacker, 2008

Soccer—Girls
Dayla Sudbrack, 2005

Volleyball
Betty Glinnsman, 1980
Lisa Davidson, 1980, 1981, 1982
Carol Scott, 1981, 1982
Teresa Vesco, 1981, 1982
Denise Cady, 1982
Diana Hoss, 1983, 1984
Denise DeLong, 1984
Penny Begay, 1985, 1986
Britney Bristol, 2000
Alexis Martinez, 2002

Gus Duncan, 1986, 1987

Billy Holt, 1989

Bake Turner, 1986, 1987, 1988

Alicia Echevarria, 2005

Golf

WINTER—ALL STATE WINNERS

Basketball, Boy's Mitch Woods, 1971, 1972, 1973 Joe Dendary, 1974, 1975 Stan Davidson, 1973 Mike Glenn, 1975 Bob Hooft, 1974, 1975 Steve Clausen, 1974, 1975 Ron Bankofier, 1978 Ted Willer, 1978 Jim Visger, 1978 Rolfe Schwartz, 1979 David Stoker, 1981 David Schwartz, 1985 Gary Stoker, 1984, 1985 Chris Vesco, 1983 Dennis Porter, 1986 Lane Peraldo, 1989 Jim Salmi, 1988, 1989

Chad Peters, 1991, 1992

Chad Backus, 1992

Ben Bryson, 2001 Nate Green, 2001, 2002 Teo Maestrejuan, 2002 Brian Watterson, 2003

Basketball, Girl's
Betty Seward, 1979
Denise Michelson, 1979
Tammy Mentaberry, 1979
Sandi Smith, 1980
Teresa Vesco, 1981, 1982
Carol Scott, 1981, 1982
Lisa Davidson, 1983
Tina Echeto, 1990
Rachelle Piquet, 1991, 1992
Tara Davis, 2001
Jessica Bishop, 2003
Mackenzie Swecker, 2003, 2004
Megan Dufurrena, 2003, 2004
Savannah Carlo, 2008

Wrestling Jim Billingsley, 1971, 1972, 1973 Denny Gortari, 1974 Tim Billingsley, 1976, 1977 Rick Ringheimer, 1977 Al Urban, 1978 Steve Lopes, 1980 Paul Kerr, 1980 Robert Neary, 1980 Jim Kracaw, 1980, 1981 George Miller, 1981 Kelly Pollock, 1981, 1982, 1983 Keith Neary, 1981, 1983 Rich Enochson, 1982 Jimmy Cannon, 1983 Pat McDade, 1983, 1984, 1985

Dave Stetler, 1985

Paul Smith, 1985, 1986, 1987

Dave Bush, 1988 Mitch Green, 1988 Jeff Hutchings, 1988 Aaron Poulson, 1989 Juan Manzo, 1989 Efrium Manzo, 1989 Jeff Arreola, 1989, 1990 Gus Alvarez, 1990 Chester George, 1990, 1991 Josh Kyles, 1991 Milo Cardenas, 1991 Pete Herold, 1994, 1995, 1996 Rick Hutchinson, 1992 Chris Hornbarger, 1992, 1993 Raul Cardenas, 1993 Jake Lage, 1999 Johnny Davis, 1991, 1992, 1993

SPRING—ALL STATE WINNERS

Track Kelli Baker, 1975 David Dake, 1975 John Luna, 1975 Lloyd Johnson, 1975 Julie Tipton, 1976 Larry Blaylock, 1977, 1978, 1979 Betty Seward, 1979 Pat McDade, 1983, 1984, 1985 Vicki Salmi, 1984 Matt Buchan, 1984, 1985, 1986 Chris Bishop, 1986 Bell, McKemy, Peraldo, Salmi, 1600 M Relay, 1987 Lane Peraldo, 1987, 1988 Cathey, Burns, Backus, Dean, 1600 M Relay, 1988

Salmi, Peraldo, Schlottman, Peraldo, Lecumberry, 1600 M Relay, 1988 Mandy Burns, 1989 Burns, Backus, Piquet, Cassinelli, 800 M Relay, 1989 Piquet, Bidart, Cassinelli, Burns, 400 M Relay, 1989 Smith, Canepa, Schlottman, Netcher, 800 M Relay, 1989 Burns, Backus, Dehart, Cassinelli, 1600 M Relay, 1989 Tina Echeto, 1989, 1990 Laura Stein, 1994 Willie Ulch, 1995 Sergio Cabada, 1995

Sergio Cabada, 1600 M & 3200 M, 1996 Salvador Cabada, 4A Cross Country, All State 1996 Sergio Cabada, 4A, 1600 M, 1996 Brett Ferrier, 1999, 2000 Jamie Cabada, 2000 Levi Keller, 2003



NIAA ALCOHOL, TOBACCO AND OTHER DRUG POSSESSION, USE, ABUSE and PENALTIES POLICY

Participation in NIAA sanctioned sports is a privilege and responsibility which requires all participants to adhere to athletic training rules imposed by the school district and member or affiliate school the student attends and represents. Adherence to training rules ensures that all student-athletes are in top physical condition, minimizes potential for injury, and further ensures that all member and affiliate school athletic teams are appropriately represented by their student-athletes. Therefore, the possession or use of any controlled substance, alcohol or tobacco products by a student athlete, whether it occurs on or off of school property, is prohibited and shall result in the penalties set forth herein.

This regulation shall begin once our son/daughter begins participation as a student athlete in high school athletics. This policy remains in effect for every calendar school year during the course of his/her high school career and when he/she is directly involved in a school activity occurring at any time (summer leagues / camps, etc.). This policy remains in effect regardless of whether our son/daughter is currently participating on a high school athletic team.

- a. <u>Definitions</u> The following terms or phrases shall have the meaning ascribed to them for purposes of interpreting this Policy.
 - Competitive Week means a seven (7) day period of time beginning with the first scheduled competition after a violation occurs in which a student athlete is participating as a member of an athletic team for a member or affiliate school, and in which that team is officially competing in NIAA sanctioned competition.
 - Controlled Substance includes any mind altering substance or beverage set forth in Schedule I-V of the list of Controlled Substances as identified by the office of the Drug Enforcement Administration or as set forth in 21 U.S.C. §812.
 - 3. Period of Suspension means a student athlete is prohibited from appearing in any NIAA sanctioned sport or event as a member of an athletic team or in individual competition. A suspension from athletic competition begins with the first scheduled competition after a violation occurs. A student athlete who is suspended under this regulation who does not serve the entire period of suspension during the sport season in which suspension occurs shall serve any remaining period of suspension during the next sport season in which the student athlete appears on a NIAA roster. A violation of this regulation that occurs during a time when a student athlete does not appear on a NIAA roster shall be implemented at the commencement of the next sport season in which the student athlete participates. Attendance in a summer school class shall not apply toward satisfying any period of suspension.
 - Possession means a student / athlete who is in actual physical control of alcohol, tobacco or a controlled substance.
- b. Possession or Use of Tobacco/Alcohol/Controlled Substance/Narcotics. Any student athlete determined to be in possession of, or to have used tobacco, including smoking tobacco, chewing tobacco or snuff, an alcoholic beverage (as defined by NRS 202.020 and any relevant local ordinances), controlled substance and/or narcotic (unless prescribed by the student athlete's physician for medical purposes), is in violation of this policy. If after an investigation by the school it is determined that the student athlete is in violation of this regulation the student athlete shall immediately be declared ineligible to compete in any NIAA competition beginning with the first scheduled competition after a violation occurs. Additionally, the student athlete shall be subject to the following discipline:



- 1. <u>First Violation</u>: a six (6) competitive week suspension from participation in interscholastic competition beginning with the first scheduled competition after the suspension occurs. Four (4) competitive weeks of the suspension of eligibility may be waived if the student successfully completes all components of the appropriate substance abuse intervention program set forth in subparagraphs (d) (1) (A) and (d) (1) (B) below. The student may practice with the team during the period of suspension if approved by the coach and principal.
- 2. Second Violation: The student shall be suspended from interscholastic competition for a minimum of ninety (90) school days which shall include a minimum of six (6) competitive weeks of competition. The student shall not be allowed to practice with the team, or participate in any out of season activities and must complete the requirements set forth in subparagraphs A and B below, in order to be considered for reinstatement of future athletic eligibility, which shall be determined following the ninety (90) day suspension of athletic eligibility by a group composed of one of the student's parents/legal guardians, the school principal, athletic director, coach and a substance abuse program coordinator.
 - A. A substance abuse evaluation assessment conducted by a licensed alcohol and drug counselor at the expense of the parent/legal guardian of the student must be completed within ten (10) school days following the suspension and all assessment recommendations must be satisfactorily met before athletic eligibility may be reinstated.
 - B. The student must successfully participate in all sessions of the appropriate substance abuse intervention program set forth in subparagraphs (d) (1) (a) and (d) (1) (B) below, and successfully complete a minimum of ten (10) tobacco or alcohol/drug related support sessions.
- 3. <u>Third Violation</u>: The student shall be ineligible to participate in interscholastic athletics for the remainder of the student's high school career.
- 4. <u>Appeal</u>: A student that serves their third violation and still has more than one year of remaining eligibility can appeal through the NIAA Board of Control. Both the students and his / her parents must attend this meeting of the Board to present their appeal.
- c. <u>Cumulative Effect of Suspensions</u>: Multiple suspensions of a student athlete's athletic eligibility based on violations of this Regulation shall be considered as cumulative over the length of each student athlete's high school career, 9th through 12th grade.
- d. <u>Substance Abuse Intervention Program</u>: Any student who has been suspended from athletic eligibility for violation of the provisions of this Regulation and whose future athletic eligibility is contingent on successful completion of a Substance Abuse Intervention Program, or whose suspension of athletic eligibility may be reduced through successful participation in a Substance Abuse Intervention Program, shall complete the Substance Abuse Intervention Program developed by the NIAA in conjunction with the State of Nevada, Department of Human Resources Division of Child and Family Services Program available through the Juvenile Justice Programs Office: (775) 684-7294.
 - 1. Successful completion of the Substance Abuse Intervention Program shall require, at a minimum:
 - A. The completion of a video program specific to the nature of the student athlete's offense, by the student athlete, and his/her parent(s) or legal guardian(s), as demonstrated by the successful completion of an assignment on the content of the video by the student athlete and his/her parent(s) or legal guardian(s).
 - B. The completion of a minimum of an eight (8) hour assignment selected from a list of ten (10) possible assignments by school personnel. Successful completion shall be determined through a meeting between the student athlete, his/her parent(s) or legal guardian(s), the head coach of the sport in which the student athlete was participating at the time of offense, and the school counselor or dean of students.

All investigations and penalty enforcements will be conducted by the school and / or district with support through the NIAA office.



PARENT / LEGAL GUARDIAN AND STUDENT ACKNOWLEDGEMENT

The Nevada Interscholastic Activities Association (NIAA) recognizes and understands that parents / guardians take the primary role in instilling values for their students. It is the goal of the NIAA to work cooperatively with parents to provide guidelines and programs that assist student athletes in making positive choices.

IMPORTANT - Please read the following information and acknowledge with your signature below.

We understand that participation in high school athletics is a privilege, not a right, and that underage drinking and drug use is against the law. It is against the law to sell tobacco to people under the age of 18 and usage is against school policy. Substance abuse negatively impacts athletics and academic performance, and research indicates that early onset of alcohol use increases the occurrence of addiction in adulthood by four times. Alcohol and drug use interferes in learning processes, brain development and increases the chance of physical injury while participating in athletic competition. Because of these risks, and in addition to the laws of the State of Nevada, the NIAA requires participants and parents to agree to the following:

- 1. We have read the NIAA Drug, Alcohol and Tobacco Possession, Use and Abuse Penalties Policy and agree to abide by the Policy as written.
- **2.** We realize that a video and Power Point presentation regarding the Policy is available and we have either seen this presentation or agree to waive the requirement of viewing the presentation.
- 3. We understand that we are encouraged to notify our school's athletic administrator / director if our son / daughter violates this Policy and / or the laws of the state of Nevada. It would also be acceptable for our child to self-report any violation of this policy to our school's athletic administrator / director.
- 4. We understand that knowingly providing erroneous information during the course of an investigation of an alleged violation of the policy will result in a one calendar year suspension from all high school athletic activities.
- 5. We further acknowledge that once our son / daughter begins participation as a student athlete in high school athletics that this policy remains in effect for every calendar school year during the course of their high school career and when he / she is directly involved in a school activity occurring at any time (summer leagues / camps, etc.). This policy remains in effect regardless of whether our son / daughter is currently participating on a high school athletic team.
- 6. We have also reviewed the following NRS 202.020, Purchase, Consumption or Possession of Alcoholic Beverage by Minor, and understand the laws of Nevada and how they pertain to our family.
- 7. We understand that although it is not technically against the law to use tobacco in the state of Nevada (NRS 202.2493 and 202.24935 prohibits anyone from supplying a person under the age of 18 with any kind of tobacco product), we realize it is against this policy and general school policy, and that scientific evidence demonstrates it is unhealthy and a detriment to athletic performance.
- 8. We understand that the use of steroids and other performance enhancing drugs are dangerous, illegal, provide only temporary gains and are a form of cheating other competitors.



COMPETITORS

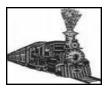
3A Northern Division



















Spring Creek High School 14550 Lamoille Hwy Spring Creek, NV 89815 (775) 753-5575 Colors: Purple, Black Mascot: Spartans

Truckee High School 11725 Donner Pass Rd. Truckee, CA 96161 (530) 582-2600 Colors: Red, White Mascot: Wolverines

Dayton High School 335 Old Dayton Valley Road Dayton, NV 89403 (775) 246-6240 Colors: Red, Black Mascot: Dust Devils

> Fernley High School 1300 Highway 95A Fernley, NV 89408 (775) 575-3400 Colors: Orange, Black Mascot: Vaqueros

> Sparks High School 820 15th Street Sparks, NV 89431 (775) 353-5514 Colors: Maroon, Gold Mascot: Railroaders

Incline High School 499 Village Boulevard Incline Village, NV 89451 (775) 832-4206 Colors: Green, Gold Mascot: Highlanders

Yerington High School 114 Pearl St. Yerington, NV 89447 (775) 463-6822 Colors: Purple, White Mascot: Lions

Others

Ontario High School 1115 W. Idaho Avenue Ontario, OR 97941 (541) 889-5309 Colors: Orange & Yellow Mascot: Tiger













Virgin Valley High School 820 Valley View Drive Mesquite, NV 89027 (702) 346-2780 Colors: Green & White Mascot: Bulldogs

Pershing County High School 1215 Franklin Avenue Lovelock, NV 89419 (775)273-2625 Colors: Red & Black Mascot: Mustangs

Whittell High School 240 Warrior Way Zephyr Cove, NV 89448 (775) 588-2420 Colors: Red & Gold Mascot: Warriors

Douglas High School 1670 Highway 88 Minden, NV 89423 (775) 782-5136 Colors: Orange & Black Mascot: Tigers

Reed High School 1350 Baring Blvd. Sparks, NV 89434 (775) 353- 5708 Colors: Columbia Blue & Gold Mascot: Raiders

Battle Mountain High School 435 Weaver Avenue Battle Mountain, NV 89820 (775) 635-5436 Colors: Green & Gold Mascot: Longhorns

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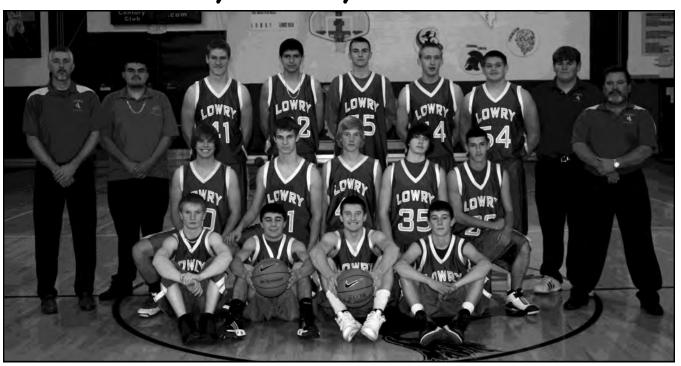
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Boy's Basketball

Boys Varsity	•	
	11/28/200	
Saturday	9 Procter R. Hug High School	Home 1:00PM
Tuesday	12/1/2009 Wooster	Away 7:00PM
Thursday	12/3/2009 Lowry Invitational()(Lowry Invitational)	Home 7:30PM
Saturday	12/5/2009 Lowry Invitational()(Lowry Invitational)	Home 1:00PM
outu. uu j	12/10/200	
Thursday	9 Douglas Tournament()(Douglas Tournament)	Away 6:00PM
,	12/11/200	•
Friday	9 ()(Douglas Tournament)	Away 4:30PM
•	12/12/200	•
Saturday	9 Douglas Tournament()(Douglas Tournament)	Away 1:00PM
	12/16/200	
Wednesday	9 Pershing County H.S.	Away 7:30PM
	12/17/200	
Thursday	9 Carson City Tournament()(Carson City Tournament)	Away 6:00PM
	12/18/200	
Friday	9 Carson City Tournament()(Carson City Tournament)	Away TBA
	12/19/200	
Saturday	9 Carson City Tournament()(Carson City Tournament)	Away TBA
Tuesday	12/22/200	Avvov COODM
Tuesday	9 Elko High	Away 6:00PM
Wednesday	1/6/2010 *Spring Creek High School	Away 7:30PM
Friday	1/8/2010 *Truckee High School	Home 7:30PM
Friday	1/15/2010 *Sparks High School	Away 7:30PM
Saturday	1/16/2010 *Fernley High School	Away 3:30PM
Friday	1/22/2010 *Yerington High School	Home 7:30PM
Saturday	1/23/2010 *Dayton High School	Home 3:30PM
Wednesday	1/27/2010 Spring Creek High School	Home 7:30PM
Friday	1/29/2010 *Truckee High School	Away 7:30PM
Friday	2/5/2010 *Sparks High School	Home 7:30PM
Saturday	2/6/2010 *Fernley High School	Home 3:30PM
Friday	2/12/2010 *Yerington High School	Away 7:30PM
Saturday	2/13/2010 *Dayton High School	Away 3:30PM
	3A Northern Regional Championship()(3A Northern Regional Champion-	
Thursday	2/18/2010 ship)	Home TBA
	3A Northern Regional Championship()(3A Northern Regional Champion-	
Friday	2/19/2010 ship)	Home TBA
Caturday	3A Northern Regional Championship()(3A Northern Regional Champion-	Hama TDA
Saturday	2/20/2010 ship)	Home TBA
Friday	2/26/2010 3A State Championship()(3A State Championship) 2/27/2010 3A State Championship()(3A State Championship)	Away TBA
Saturday	2/27/2010 SA State Championship()(SA State Championship)	Away TBA
Boys Junior Varsity		
Tuesday	12/1/2009 Wooster	Away 5:15PM
Friday	12/4/2009 Battle Mountain High School	Home 7:30PM
rriday	12/16/200	7.501 111
Wednesday	9 Pershing County H.S.	Away 4:30PM
1	12/18/200	.,
Friday	9 McDermitt Tournament()(McDermitt Tournament)	Away 4:30PM
week.	12/19/200	•
Sitt	9 McDermitt Tournament()(McDermitt Tournament)	Away TBA
16	12/22/200	
Tuesday	9 Elko High	Away 3:00PM

varsity Boy's Basket-



#	ATHLETE NAME	GRADE	HEIGHT	WEIGHT	POSITION
11	Eastman, David	12	5'10	170	Point Guard
15	Pollock, Mitch A	11	5'6	125	Point Guard
20	Messerly, Terrell	12	5'10	170	Forward
21	Teichert, Zebidiah	12	6'0	155	Wing
22	Covarrubias, Gerardo	12	5'10	140	Wing
24	Snow, Sterling M	11	5'8	145	Point Guard
30	Miller, Grant	11	5'8	130	Point Guard
32	Mendoza, Joel	12	6'6	190	Forward
35	Eldodt, Brandon	12	6'0	160	Wing
41	Millikan, Sean	11	6'6	245	Post
42	Pace, Anders	11	6'1	160	Wing
44	Stephen, Andrew	12	6'5	200	Post
54	Thacker, William R	11	6'2	235	Post
55	Westfall, Daniel	12	6'6	185	Forward
	Dendary, Joseph J	12			Manager
	Pulido Salvador	12	1		Managor

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JV Boy's Basketball



#	ATHLETE NAME	GRADE	HEIGHT	WEIGHT	POSITION
10	Schmidt, Joseph	10	5'5	108	Manager
20	Cox, Tyler A	11	6'1	151	Forward
21	Lujan, Nicholas T	10	6'0	150	Wing
22	Alarcon, Alejo B	11	5'7	155	Point Guard
23	Rinas, Jordan	10	5'10	145	Wing
30	Eastman, Brandon	10	5'11	155	Forward
31	Vetter, Dean A	11	5'11	125	Point Guard
35	Noble, Bryan	10	6'0	168	Forward
41	Bell, Shane Matthew	11	6'5	180	Post
42	Bryan, Dillon	11	6'1	145	Wing
43	Mader, Kade D	10	6'3	178	Forward
51	Wardell, Dion M	10	6'2	175	Forward
55	Ourada, Austin	10	6'5	210	Post



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Freshman Boy's Bas-



#	ATHLETE NAME	GRADE	HEIGHT	WEIGHT	POSITION
11	Lemm, Skyler Gage	9	5'2	93	Guard
20	Maestrejuan, Jeremiah J	9	5'7	111	Guard
22	Erquiaga, Cole	9	5'8	153	Guard
24	Brumm, Tyler R	9	5'8	140	Guard
30	Miller, Christopher	9	5'2	105	Guard
32	Ugarte-Rodriguez, David	9	5'2	110	Guard
41	Quilici, Michael	9	5'11	152	Post
42	Dendary, Christopher J J	9	5'11	170	Post
44	Johnson, Lance G	9	6'0	149	Post
51	Mendoza, Fernando	9	5'8	170	Post
52	Studebaker, Jesse	9	6'1	159	Post
55	Dufurrena, Joshua A	9	5'8	140	Post

Boys Freshman

1			
Tuesday	12/1/2009 Wooster	Away	3:30PM
Tuesday	12/22/2009 Elko High	Away	1:30PM
Monday	12/28/2009 State Farm Tournament()(State Farm Tournament)	Away	11:45AM
Tuesday	12/29/2009 ()(State Farm Tournament)	Away	TBA
Wednesday	12/30/2009 ()(State Farm Tournament)	Away	TBA
Wednesday	1/6/2010 *Spring Creek High School	Home	5:30PM
Friday	1/15/2010 *Sparks High School	Home	5:30PM
Saturday	1/16/2010 *Fernley High School	Home	12:30PM
Saturday	1/23/2010 *Dayton High School	Away	12:30PM
Wednesday	1/27/2010 Spring Creek High School	Away	5:30PM
Friday	2/5/2010 *Sparks High School	Away	5:30PM
Saturday	2/6/2010 *Fernley High School	Away	12:30PM
Saturday	2/13/2010 *Dayton High School	Home	12:30PM



Boy's Basketball



Lee Bosch, Varsity

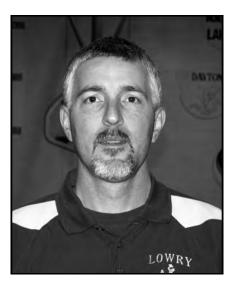
Where are you from: Winnemucca Years at Lowry: 4 years in school

Expectations for this season: To see the young men grow into high caliber teams and another trip to the state Tourney.

Education: Graduate of Lowry, College at UNR, College of Hard Knocks Playing Experience: Football, Basketball and Golf at Lowry. Golf and Basketball (Scout team) UNR

Coaching Experience: High school Basketball for 7 years, little league (all sports) too many years to list.

Awards: 08/09 Zone Champions, 08/09 League Champions Other interesting information: PLAY HARD OR GO HOME!



Jerod Eastman, Assistant Varsity

Where are you from: Nebraska, Wyoming, South Dakota, Nevada, Alaska Years at Lowry: 3

Expectations for this season: To see some exciting Lowry Bucks Basketball...4 State Championships would be nice

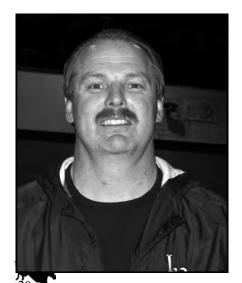
Education: Way more important than sports

Playing Experience: High school, college and Adult league

Coaching Experience: 3 years at Lowry HS, 3 years at Round Mountain Junior

High

Awards: Top Lowry boys Varsity Assistant Coach for 2008-2009 Basketball Season Other interesting information: Do not let what you cannot do interfere with what you can do.



Jeff Rinas, Junior Varisty

Boy's Basketball



Don Walton, JV Assistant

Where are you from: Colorado Springs, CO

Years at Lowry: 11

Expectations for this season: Build on last year's season. Watch this year's players improve and grow into a solid team.

Education: Bachelor of Science, Mining Engineering from Colorado School of

Playing Experience: Played Basketball at Colorado School of Mines for 4 years.

Coaching Experience: Basketball-2 years, Baseball-8 years



Taua Cabatbat, Freshman

Where are you from: On top Haleakala

Years at Lowry: This is # 5

Expectations for this season: To play as 1 unit

Education: 100% Kanakamaoli

Playing Experience: 3 years Black top Beach League, 2 years Midnight madness

University of Montana Western football League

Coaching Experience: 4 years of high quality athletes that make moves. ALL

DAYIII

Awards: Still trying to win the Heisman...

Other Interesting Information: There is no other joy than coaching Lowry High

school Athletes.



Ty Lucas, Assistant Freshman

Where are you from: Reno, NV

Years at Lowry- 3 years

Expectations for this season: Learn how to work hard and compete everyday!

Education: Is the key to success!

Playing Experience: I've played "Around The World" a couple of times... I'm

somewhat of an International player I guess??

Coaching Experience: Football, Basketball, and Softball

Awards: I'm a two time trampoline slam dunk champion!! It's just something we

do every year in my neighborhood.

Other Interesting Information: It's truly a privilege to work with one of the great-

est basketball minds of the Tri County area... Mr. Jack Smith



Boy's Basketball Sen-



Favorite Teacher: Mrs. James Toughest Class: Government

Gerardo Covarrubias

Birthplace: Elko Nevada Parents: Sylvia, Marcelino Covarrubias Brothers/Sisters: Lydia Covarrubias Career Plans: Go to college Favorite Pro Team: Cleveland Cavaliers Greatest Personal Achievement: Shaking Lebron's Hand Biggest Disappointment: none Most Important Possession: Autographed Lebron Jersey Person I Admire Most: My parents Favorite Food: none



David Eastman

Birthplace: Elko, Nevada Parents: Jerod and Deanna Eastman Brothers/Sisters: Jessica, Brandon, Jadyn, Terrell Career Plans: Go to college med school and become a doctor Favorite Pro Team: Tennessee Titans Greatest Personal Achievement: Academic all American Biggest Disappointment: Losing to Boulder Most Important Possession: Juice Box, my doggie

Person I Admire Most: My daddy =-)

Favorite Food: Gushers Favorite Teacher: Storm, Dovle Toughest Class: No such thing

My idea of Relaxation: Sitting on a bean bag chair making dinosaur noises with Favorite Quote: "That of which is easily attainable need not be memorized"-

Brandon Eldodt

Birthplace: Albuquerque New Mexico Parents: Joe and Michele Eldodt Brothers/Sisters: Nate "Lil dot" Career Plans: Super Biomechanical Oober crazy engineer Favorite Pro Team: Duke Blue Devils, better than the pros Greatest Personal Achievement: I once beat a laser beam in a hundred meter dash Biggest Disappointment: Don't have one yet Most Important Possession: I don't know...my

Person I Admire Most: My mom and brother, they push and inspire me through life Favorite Food: Bowl of Nails...no milk Favorite Teacher: Doyle, James, Corak=Super crew Toughest Class: Calculus Hands down

My idea of Relaxation: Pump iron and fighting grizzlies

Favorite Quote: "Learn as if you were to live forever, but live as if you were to die tomorrow'



Terrell Messerly

Birthplace: Havre, Montana Parents: Mike and Kathy Iannacchione Brothers/Sisters: Reece, Garret, Collin, Brandon, David, Jake Career Plans: Doctor Favorite Pro Team: Duke Blue Devils Greatest Personal Achievement: Surviving 17 years with three older brothers Biggest Disappointment: What's a disappointment? Most Important Possession: Silver Fox

Person I Admire Most: My Brothers Favorite Food: Cinnamon Bears Favorite Teacher: Mr. Espinola Toughest Class: Bio. II

My Idea of Relaxation: Watching football on Saturday

Favorite Quote: "Kyle McCormick"



Joel Mendoza

Birthplace: Winnemucca, Nv Parents: Angel Mendoza, Maria Mendoza Brothers/Sisters: Israel, Angel, Ismael, Letty, Career Plans: Mechanic Engineer, also go play college ball Favorite Pro Team: Lakers Greatest Personal Achievement: Winning Zone Championship last year Biggest Disappointment: Losing at state Champi-Most Important Possession: Parents Person I Admire Most: My parents and my

Favorite Food: Pizza Favorite Teacher: None Toughest Class: None

My idea of Relaxation: Sleeping or kicking it with friends

Favorite Quote: "Try not to become a man of success but rather to become a man of value"-Albert Einstein



Andrew Stephen

Birthplace: Winnemucca NV Parents: Tom and Tori Stephen Brothers/Sisters: Mandy Stephen Career Plans: Physical therapist/sports

Favorite Pro Team: Memphis Grizzles Greatest Personal Achievement: Going to state for Basketball

Biggest Disappointment: Missing zone for swimming by .4 seconds

Most Important Possession: the supra Person I Admire Most: My big sister

Favorite Food: Dragon two flavor Favorite Teacher: Ms. Kotke Toughest Class: Calculus My Idea of Relaxation: sleeping on my couch

Favorite Quote: "For Free!"





Zebidiah Teichert



Daniel Westfall

Birthplace: Reno

Parents: Karla Laca, Robert Westfall Brothers/Sisters: Bobby and Anthony Career Plans: Make a lot of money Favorite Pro Team: Chicago Bulls Greatest Personal Achievement: Making All-

Biggest Disappointment: Nothing really, everything happens for a reason

Most Important Possession: Friends and Family

Person I Admire Most: Friends and Family

Favorite Food: Mostly everything

Favorite Teacher: I've liked all the teachers I have had

Toughest Class: none

My Idea of Relaxation: Chikickin it

Favorite Quote: "Until it's our time to go, we got to live life and take nothing or

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Giri's Basketball

		-	
Girls Varsity			
Tuesday	12/1/2009 Pershing County H.S.	Home	6:30PM
Thursday	12/3/2009 ()(Lowry Invitational)	Home	7:30PM
Friday	12/4/2009 ()(Lowry Invitational)	Home	TBA
Saturday	12/5/2009 ()(Lowry Invitational)	Home	TBA
Thursday	12/10/2009 High Sierra Winter Classic()(High Sierra Winter Classic)	Away	TBA
Friday	12/11/2009 High Sierra Winter Classic()(High Sierra Winter Classic)	Away	TBA
Saturday	12/12/2009 High Sierra Winter Classic()(High Sierra Winter Classic)	Away	TBA
Wednesday	12/16/2009 Pershing County H.S.	Away	6:00PM
Friday	12/18/2009 Douglas	Away	6:00PM
Tuesday	12/22/2009 Elko High	Away	4:30PM
Wednesday	1/6/2010 *Spring Creek High School	Away	6:00PM
Friday	1/8/2010 *Truckee High School	Home	6:00PM
Friday	1/15/2010 *Sparks High School	Away	6:00PM
Saturday	1/16/2010 *Fernley High School	Away	2:00PM
Friday	1/22/2010 *Yerington High School	Home	6:00PM
Saturday	1/23/2010 *Dayton High School	Home	2:00PM
Wednesday	1/27/2010 Spring Creek High School	Home	6:00PM
Friday	1/29/2010 *Truckee High School	Away	6:00PM
Friday	2/5/2010 *Sparks High School	Home	6:00PM
Saturday	2/6/2010 *Fernley High School	Home	2:00PM
Friday	2/12/2010 *Yerington High School	Away	6:00PM
Saturday	2/13/2010 *Dayton High School	Away	2:00PM
Thursday	2/18/2010 ()(3A Northern Regional Championship)	Home	TBA
Friday	2/19/2010 ()(3A Northern Regional Championship)	Home	TBA
Saturday	2/20/2010 ()(3A Northern Regional Championship)	Home	6:00PM
Friday	2/26/2010 ()(3A State Championship)	Away	6:00PM
Saturday	2/27/2010 ()(3A State Championship)	Away	6:00PM
Girls Junior Varsity	40/4/00000		
Tuesday	12/1/2009 Pershing County H.S.	Home	5:00PM
Wednesday	12/16/2009 Pershing County H.S.	Away	3:00PM
Friday	12/18/2009 Douglas	Away	3:00PM
Tuesday	12/22/2009 Elko High	Away	1:30PM
Monday	12/28/2009 ()(State Farm Tournament)	Away	11:45AM
Tuesday	12/29/2009 ()(State Farm Tournament)	Away	TBA
Wednesday	12/30/2009 ()(State Farm Tournament)	Away	TBA
Wednesday	1/6/2010 *Spring Creek High School	Away	3:00PM
Friday	1/8/2010 *Truckee High School	Home	3:00PM
Friday	1/15/2010 *Sparks High School	Away	3:00PM
Saturday	1/16/2010 *Fernley High School	Away	11:00AM
Friday	1/22/2010 *Yerington High School	Home	3:00PM
Saturday	1/23/2010 *Dayton High School	Home	11:00AM
Wednesday	1/27/2010 Spring Creek High School	Home	3:00PM
Friday	1/29/2010 *Truckee High School	Away	3:00PM
Friday	2/5/2010 *Sparks High School	Home	3:00PM
Saturday	2/6/2010 *Fernley High School	Home	11:00AM
Friday	2/12/2010 *Yerington High School	Away	3:00PM
Say	2/13/2010 *Dayton High School	Away	11:00AM

varsity Girl's Basket-



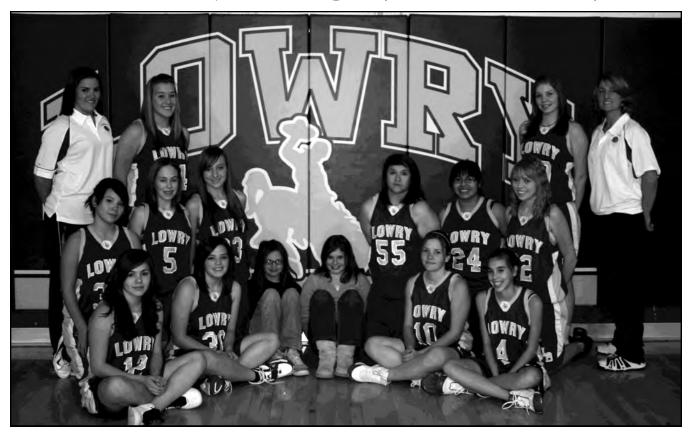
#	ATHLETE NAME	GRADE	HEIGHT	POSITION
3	Lee, Ashlee	12	5'3	Guard
4	Herrera, Angie	10	5'2	Guard
5	Gonzalez, Madison	10	5'4	Guard
10	Dennis, Rachelle A	11	5'4	Guard
11	Neu, Jenae	11	5'7	Guard
12	Legarza, Emelia E	11	5'7	Guard/Post
15	Dufurrena, Julia	10	6'0	Post
22	Johnson, Lynnsey	12	5'6	Guard
23	Black, Darrian	10	6'0	Post
24	Guerrero, Betsy	10	5'8	Guard/Post
30	Hammond, Courtney	12	5'10	Post
33	Estes, Skylar	12	5'11	Post
	Thompson, Brooke	12		Manager



Thank you camp coaches for making the 09 summer camp a great basketball experience for the future lady basketball players of Winnemucca.



JV Girl's Basketball



#	ATHLETE NAME	GRADE	HEIGHT	POSITION
4	Alvarez, Macy Kay	9		Guard
5	Evatz, Carli	9		Guard
10	Diehl, Kelse	10		Guard
12	Bautista, Adrianna M	9		Guard
20	Hansen, Jerrica	10		Post
22	Arthur, Samantha M	10		Guard
23	Thiede, Paige	9		Post
24	Alarcon, Alexis M	10		Post
30	Johnson, Taylor	10		Guard
33	Madden, Kendal R	9		Post
44	Etcheverry, Hana M	10		Post
55	Garcia, Kimberline	10		Post



Freshman Girl's Bas-



#	ATHLETE NAME	GRADE	HEIGHT	POSITION
4	Castaneda, Edith	9	5'4	G/Forward
5	Montanez, Brenda	9	5'6	G/Forward
10	Hamilton, Rikki L	9	5'7	G/Forward
12	Fernandez, Irma	9	5'7	G/Forward
22	Chavez, Yoana	9	5'1	G/Forward
23	Muething, Tienisha Skie	9	5'9	G/Forward
24	Blankenship, Sydney K	9	5'5	G/Forward
30	Mecham, Jordan	9	5'5	G/Forward
32	Sandoval, Arielle	9	5'0	G/Forward
33	Munoz, Karina	9	5'5	G/Forward
41	Mercado, Eva	9	5'3	G/Forward
44	Waner, Chandra	9	5'8	G/Forward
55	Waldie, Madison P	9	5'9	G/Forward
	Johnson, Jennae L	9		Manager

Girls Freshman

Friday	12/18/2009 Douglas	Away	3:00PM
Tuesday	12/22/2009 Elko High	Away	3:00PM
Monday	12/28/2009 State Farm Tournament()(State Farm Tournament)	Away	11:45AM
Tuesday	12/29/2009 ()(State Farm Tournament)	Away	TBA
Wednesday	12/30/2009 ()(State Farm Tournament)	Away	TBA
Wednesday	1/6/2010 *Spring Creek High School	Home	4:00PM
Friday	1/8/2010 *Truckee High School	Away	4:00PM
Friday	1/15/2010 *Sparks High School	Home	4:00PM
Saturday	1/16/2010 *Fernley High School	Home	11:00AM
Saturday	1/23/2010 *Dayton High School	Away	11:00AM
Wednesday	1/27/2010 Spring Creek High School	Away	4:00PM
Friday	1/29/2010 *Truckee High School	Home	4:00PM
Friday	2/5/2010 *Sparks High School	Away	4:00PM
Saturday	2/6/2010 *Fernley High School	Away	11:00AM
Saturday	2/13/2010 *Dayton High School	Home	11:00AM



Girl's Basketball



Jack Smith, Varsity

Where are you from: Coeurd Aleve ID/ Reno NV

Expectations for this season: To play to our full potential is very important to me. To learn and improve with every game we play. The last 2 years we have peek at the right time of year, the last ½ of the season. I would like to keep that going on and return to the state champion game.

Education: I went to North Idaho, Boise state and I graduated from UNR with a

Playing Experience: I had a solid Basketball career at Lake Land High school in Rathdrum, ID.

Coaching Experience: 24 years as a head Girls Varsity Basketball Coach Awards: In Reno's Sierra NV league I was nominated for coach of the year 01, 02, 03, all Nevada prep. Coach of the year 01, 3A coach of the year 08, 09 NIAA 3A state runner up



Katy Schwartz, Assistant Varsity

Where are you from: Elko NV

Expectations for this season: Bring a state championship back to Lowry! Education: Elko High school- 1987, Univ. Nevada-Reno-1993 B.S. Business Ad-

Playing Experience: 3 years Varsity Basketball Volleyball and Softball Coaching Experience: 6 years WMCA Youth Basketball, 3 years WMCA little league softball

Awards: 10 varsity letters, 1st team all state basketball sr. year, 2 state championship (1 basketball and 1 volleyball), coaching -2008 Little league 11-12 Softball state champs, 2009 NAFA Softball 14v state champs

Other Interesting Information: 3 family members in Lowry Hall of Fame, Daughter Taylor class of 2014 and son Thomas class of 2015! Husband David Schwarts, Bro-In-Law Rolfe Schwarts and Bro-In-Law Jim Billingsley



Chelsea Mendiola, Junior Varisty

Where are you from: Winnemucca NV

Years at Lowry: 4 in high school, 2 as a coach/teacher

Expectations for this season: To get better every day! And dominate on the de-

fensive end!!

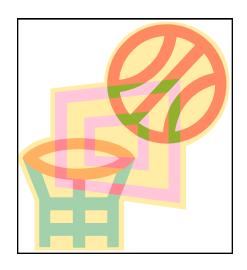
Education: Lowry high school, 2003, University of Nevada Reno, 2007. Elemen-

tary and special education

Playing Experience: 4 year Varsity girls basketball, 4 years Varsity Girls golf Coaching Experience: 3 years in the Lowry Girls program, 2nd year as JV head

Awards: 2001,2002 3A Girls Golf state champs, 2002 3A Girls Basketball State champs

Girl's Basketball

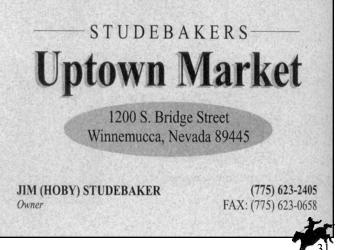


Magen Dufurrena, JV Assistant



Shaun Murgel, Freshman





Girl's Basketball Sen-



Skylar Estes

Birthplace: December 20, 1991, Sparks NV Parents: Harvey Estes and Heather McCoy Brothers/Sisters: Chase Estes

Career Plans: I want to go to college and get a degree in a medical field and in an art design Favorite Pro Team: Boston Celtics

Greatest Personal Achievement: Making Ist team all-legue and all north tea last year. Along with 2nd team all-state and finally locating Fernely at zone this year.

Most Important Possession: My little bunny from my grandma 17 years ago Person I Admire Most: My brother because he

has no worries and he thinks he is the coolest

(but he never will be and we all know that! Haha jkjk!!) Favorite Food: Brown sugar poptarts

Favorite Teacher: Mrs. Dawson and Mrs. Grady

My Idea of Relaxation: Watching tv. And catching up on all my shows I missed Favorite Quote: "The idea is not to block every shot. The idea is to make your opponent believe that you might block every shot."



Courtney Hammond

Birth Place: Bountful, UT
Parents: Angela and Bryon
Brothers/Sisters: Chelsie
Greatest Personal Achievement: Beating
Fernley at zone (volleyball) and going to
state last year (basketball)
Future Plans: Go to college and study
psychology
Favorite Pro Team: Don't have one
Most Important Possession: My USB drive
and my travel blanket for early morning

Person I Admire Most: My family

Favorite Food: Spaghetti

Favorite Teacher: Mrs. Scott, Mr. Setzer, Mr. Sans, Mrs. Dawson My Idea of Relaxation: Hanging out with my friends

bus trips



Lynnsey Johnson

Birth Place: Reno NV Parents: Marty and Marcel Johnson Brothers/Sister: Taylor, Jennae, Mardi Greatest Personal Achievement: Winning state in Cross Country

Future Plans: Elementary Education Favorite Pro Team: Phoenix, Mercury Most Important Possession: My softball glove

Person I Admire Most: Julia Dufurrena Favorite Food: Steak

Favorite Teacher: Mr. Walton, Mr. Setzer,

and Mrs. Doyle

My Idea of Relaxation: sitting on the couch watching sports center Favorite Quote: "I'm strong enough to carry a team on my back and I'm strong enough to ask for help"



Ashlee Lee

Birthplace: Winnemucca NV.
Parents: Patry Lee
Brothers/Sisters: Danyelle Lee
Career Plans: Attend the University of Nevada Reno to
become a nutritionist and further my education
Favorite Pro Team: I really DON'T CARE! I cheer for
world peace!
Greatest Personal Achievement: Goa Packets!

Titles and making it to state year for Basketball Most Important Possession: My racing flats for cross country Person I Admire Most: My sister Danyelle! She is my

Person I Admire Most: My sister Danyelle! She is my inspiration for succeeding Favorite Food: Spaghetti! Ask any team mate of mine! I

may be tiny but I eat a lot of food
Favorite Teacher: Mrs. Rorex. Mr. Anderson, Mrs.

Ludlow, Mrs. McGibbon, Mrs. Doyle, and Mrs. Chistean.
My Idea of Relaxation: Chillin with Emillionaire and Ba-nae-nae!
Favorite Quote: "To give anything less than your best, is to sacrifice the gift." -Steve Prefontaine







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varsity Cheerleaders



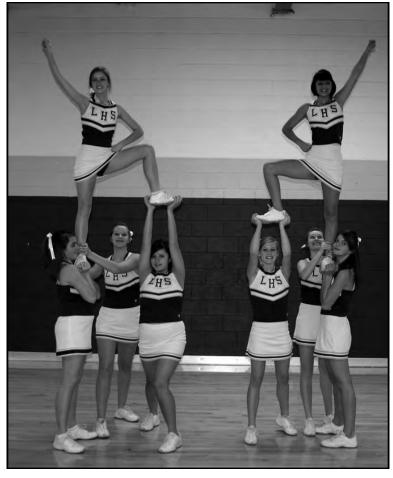
Roster:

Chelsea Cochrane, Tyler Cooper, Mai-Hesa Davis, Serah Haun, Jayna Hill, Mariah Johnson, Tessa Kampf, Ashley Principe, Ester Rosas, Shalyn Sample,





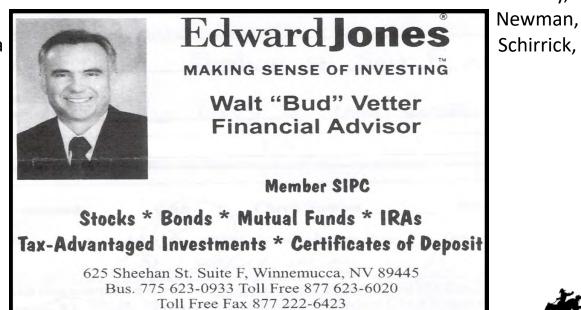
Junior varsity Cheer-



Roster:

Kiana Flores, Tayler Goodman, Arianna Grantham, Alexis Kranovich,

Macie **Tiffany** Alexandra



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Mavity,

Schirrick,

Cheerleading Coaches



Diane Rice

Where are you from: Seattle, WA

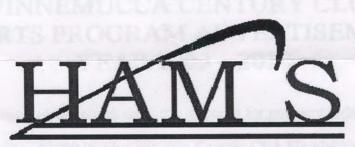
Years at Lowry: 11th year

Expectations for this season: To win 1st place at state for all girls squad. Education: University of Washington, Gemological Institute of America Playing Experience: Varsity cheerleader for Nathan Hale High School, Seattle; varsity gymnast for Nathan Hale High School, Seattle; Dancer for Seattle Civic Dance Theater

Coaching Experience: 7 years gymnastic coach-Winnemucca; 11 years coaching cheer Lowry High School

Awards: Coached Lowry High School 1st place state co-ed cheer; Most inspirational gymnast

Other Interesting Information: Married to Robert Rice, Children: Samantha & Justin, Owner of Rice Jewelers



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Senior Cheerleaders



Tyler Cooper

Birth Place: Miami, AZ Parents: Dawn and Cal Bryant Brothers/Sister: Peyton and Cal Bryant Greatest Personal Achievement: I was Humboldt County High School Rodeo Queen 2008

Future Plans: I am going to UNR and major in Biochemistry then hopefully to med school

Favorite Pro Team: Denver Broncos Most Important Possession: My dog Quigley

Person I Admire Most: Eleanor Roosevelt
Favorite Food: Red Velvet Cake
Favorite Teacher: Mrs. James, Mrs. Hill, Mr. Criddle
My Idea of Relaxation: Riding my horse in the summertime
Favorite Quote: "If you're going to be thinking anyway, think big"



Mia Davis

Birth Place: Winnemucca NV Parents: Spring and Jose Nachiondo Brothers/Sister: Zach, Josh, and Joe Greatest Personal Achievement: Making Varsity cheer my sophomore year Future Plans: Going to college to become a dental hygienist Favorite Pro Team: Dallas Cowboys!

Most Important Possession: My family and my cell phone

Person I Admire Most: My mother Favorite Food: Chicken Strips with fries

Favorite Teacher: Mr. Conner and Mrs. James My Idea of Relaxation: Getting a massage or taking a long bath Favorite Quote: "Passion makes the world go round, love just makes it a safer place" Ice T



Jayna Hill

Birth Place: Reno, Nevada Parents: John and Rene Hill Brothers\Sisters: Jack, Jayci, and Joely Hill Greatest Personal Achievement: Making All -American cheer& going to Hawaii Future Plans: Attend a 4 yr college & go to law school Favorite Pro Team: Tennessee Titans... For

you David Most Important Possession: My Dog

Kasper & Turtle "Fertile" Person I Admire Most: My Family

Favorite Food: Tuna casserole, Larve, Enchiladas, Cookies, Alfredo, and much more.

Favorite Teacher: Espi J My Idea of Relaxation: Sleeping!

Favorite Quote: "Your only as pretty outside as you are inside."



Shalyn Sample

Birth Place: Twin Falls, ID
Parents: Rodney and Anne Sample
Brothers/Sister: Cory and Katie
Greatest Personal Achievement: Winning
track champion and rookie of the year in
racing
Future Plans: Go to college to become a
Radiologist
Favorite Pro Team: Oakland Raiders

Most Important Possession: My boyfriend

and my puppy Person I Admire Most: my parents

Favorite Food: Italian Favorite Teacher: Mr. Espy

My Idea of Relaxation: Watching a movie with my family Favorite Quote: "Rudeness is a weak person's strength"



Robin Wadleigh

Birth Place: Winnemucca, NV
Parents: Kollette & Robert Wadleigh
Brothers\Sisters: Robert, Corbyn, Brooke,
Jordan, Amber and Kiley
Greatest Personal Achievement: Winning
top All-American at cheer camp.
Future Plans: Attend college and become
the person I want to be!
Favorite Pro Team: Sacramento Kings
Most Important Possession: My lip gloss
Person I Admire Most: My Mamma!
Favorite Food: Manicotti

Favorite Teacher: Mr. Criddle My Idea of Relaxation: Lying on the beach! Favorite Quote: "So the lion fell in love with the lamb." - Twilight



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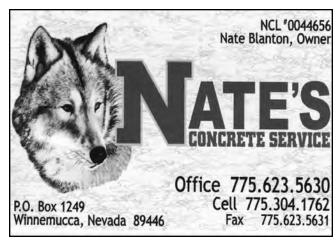
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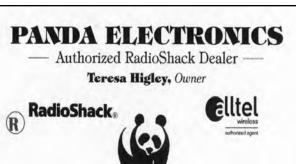
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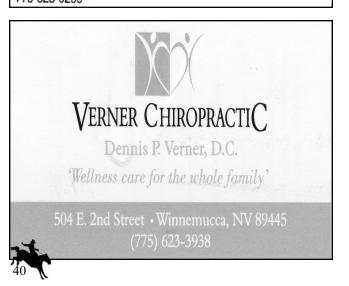


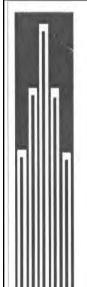
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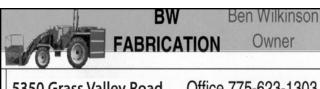
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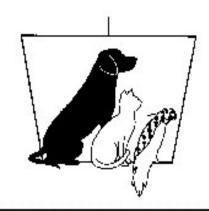


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varsity Dance



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Glen Gonzalez

Roster:

Amaya Drake	12	
Sheridan Fortney		11
Kristen Graham	11	
Megan Griggs	12	
Camille Lyon	12	
Savannah McDade		11
Breanna Padilla	10	
Julissa Pulido	12	
Rachael Studebaker	12	
Jazmyn Ward	11	
Rachel Yates	11	



Junior varsity Dance



Roster:

Talia Castaneda		10
Anna Davis	9	
Jillian Pfarr	10	
Renee Poole	9	
Denise Ruiz	9	
Angelica Salvador		9
Heather Steinhauer	9	
Jordan Thomas	9	
Melanie Vance	10	
Jessica Villarreal		10
Whitney Waller	9	



Dance Coaches



Kelly Griggs

Where are you from: Orovada, NV

Years at Lowry: 5 yrs.

Expectations for this season: Taking 1st place at competition.

Education: Good ole LHS, Links Business School

Dance Experience: Just around the living room with "McKenna"
Coaching Experience: Every morning to get Megan to school on time.
Awards: Smiles and Greetings when I see a dance team member in the halls.

Other interesting information: Traveled with several of the girls to Italy, Paris for

American All-stars.



Dance Team Seniors



Amaya Drake

Birth Place: Reno Nevada Parents: Cam & Shelly Drake Brothers/Sisters: Michael a.k.a. Booger Career Plans: Occupational Therapy Favorite Pro Team: LHS Varsity Dance **Greatest Personal Achievement:**

Biggest Disappointment: Not making the

Maintaining a 4.0 GPA

all star Dance Team

Most Important Possession: My phone Person I Admire Most: My mom

Favorite Food: Chicken Caesar salad Favorite Teacher: Mrs. Scott Toughest Class: Honors Chemistry

My Idea of Relaxation: Going to the lake or reading a good book Favorite Quote: "Yesterday is history, tomorrow a mystery, and today is



Camille Lyon

Birth Place: Reno, NV Parents: Thomas and Elizabeth Lyon Brothers/ Sisters: Chris and Nicole Career Plans: Go to College and Pursue something in Law Favorite Pro team: I only care about dance Greatest Personal Achievement: Taking 2nd in Jazz at competition my sophomore year

A.P U.S History Most Important Possession: I don't know...My

debit card Person(S) I Admire Most: Jordan Vetter, my

parents, and my siblings Favorite Food: Eggplant paemigiana, I'll eat anything Favorite teacher(s): Mrs. McGibbion, and Mr.Setzer Toughest Class: Journalism, it's ridiculous My Idea of Relaxation: eating a lot and taking a good nap

Favorite Quote: "If you're not gonna laugh at yourself, life is gonna seem a lot



Rachael Studebaker

Birthplace: Winnemucca, NV Parents: Jane & Hoby Studebaker Brothers/ Sisters: Jesse Career Plans: Going to college for art Favorite Pro Team: Don't have one Greatest Personal Achievement: Making varsity dance team as a freshman Biggest Disappointment: Tearing my ACL Most Important Possession: My dance

Person I Admire Most: My mother Favorite Food: Chicken devan

Favorite Teacher: Mr. Anderson Toughest Class: Honors Chemistry 1

My Idea of relaxation: Being outdoors away from the "city life" Favorite Quote: "Sometimes you have to fall to the bottom to rise to the

top" Shane Sparks



Megan Griggs

Birth Place: Boise Idaho Parents: Gale & Kelley Griggs Brothers/ Sisters: Amber

Career Plans: Something in beauty or

fashion

Favorite Pro Team: umm.... I don't know Greatest Personal Achievement: Winning 2nd at Dance Competition my sophomore

Biggest Disappointment: Not pushing myself harder last year on my grades Most Important Possession: My I-pod

Person I Admire Most: My older sister

Favorite Food: Ranch Dressing

Favorite Teacher(s): Mrs. Meisner, Mr. Setzer, Mr. Beck

Toughest Class: Anything math

My Idea of Relaxation: Curling up on the couch with a good movie



Julissa Pulido

Birth Place: Winnemucca Parents: Lupe & Unel Brothers/ Sisters: Stefanie & Jocelyn Career Plans: Go to college and possibly study in the medical field Favorite Pro Team: I don't have one Greatest Personal Achievement: Placing 2nd in Jazz at the Dance Competition my sophomore year Biggest Disappointment: Not taking intro

Most Important Possession: My dog

Person I Admire Most: My dad

Favorite Food: Chocolate covered strawberries

Favorite Teacher(s): Mr. Setzer, Ms. Kottke, Mr. Conner, Mrs. Doyle, and

to chem!

Mr. Beck

Toughest Class: Chemistry



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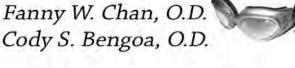
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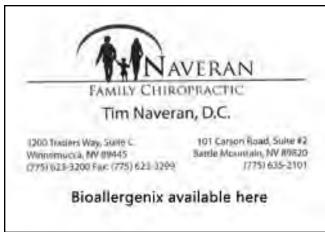
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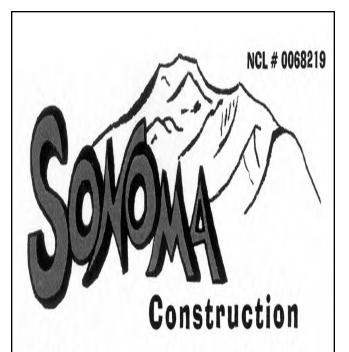
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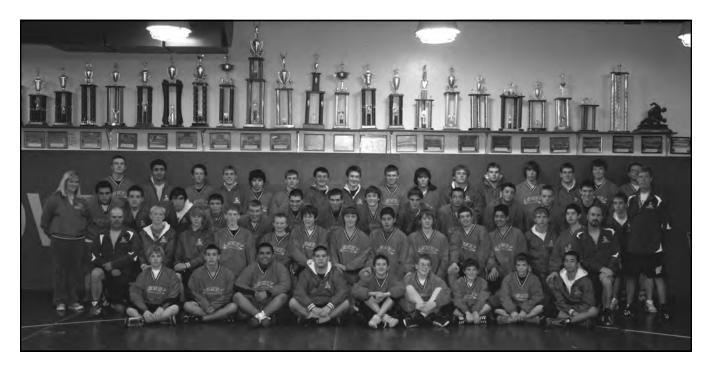


wrestling Schedule

Boys Varsity			
Saturday	12/5/2009 Carson Duals()(Carson Duals) 12/11/200	Away	9:00A M
Friday	9 Lovelock Duals()(Lovelock Duals)	Away	ТВА
Saturday	12/12/200 9 Stockman Duals @ Fallon()(Stockman Duals @ Fallon) 12/17/200	Away	TBA 5:00P
Thursday	9 Cody Louk Invitational Wrestling Tournament()(Lowry Duals) 12/18/200 Cody Louk Invitational Wrestling Tournament()(Cody Louk Invitational Wrestling	е	M 3:00P
Friday	9 Tournament) 12/19/200 Cody Louk Invitational Wrestling Tournament()(Cody Louk Invitational Wrestling	e Hom	M 9:00A
Saturday	9 Tournament) 12/29/200	e	9.00A M
Tuesday	9 Sierra Nevada Classic @ Reno()(Sierra Nevada Classic @ Reno) 12/30/200	Away	ТВА
Wednesday	9 Sierra Nevada Classic @ Reno()(Sierra Nevada Classic @ Reno)	Away	TBA
Saturday	1/2/2010 Douglas Tournament()(Douglas Tournament)	Away	
Friday	1/8/2010 Rollie Lane @ Nampa()(Rollie Lane @ Nampa)	Away	
Saturday	1/9/2010 Rollie Lane @ Nampa()(Rollie Lane @ Nampa)	Away	
Friday	1/15/2010 Spring Creek Kiwanis Tournament()(Spring Creek Kiwanis Tournament)	Away	TBA
Saturday	1/16/2010 ()(Spring Creek Kiwanis Tournament)	Away	TBA
Wednesday	1/20/2010 Elko Dual()(Elko Dual)	Away	
Friday	1/22/2010 Fernley Tournament()(Fernley Tournament)	Away	TBA
Saturday	1/23/2010 ()(Fernley Tournament)	Away	
Friday	2/5/2010 Zone Duals @ Fernley()(Zone Duals @ Fernley)	Away	TBA
Saturday	2/6/2010 ()(Zone Duals @ Fernley)	Away	
•	Northern Zone Tournament @ Spring Creek()(Northern Zone Tournament @	•	
Friday	2/12/2010 Spring Creek)	Away	TBA
Saturday	2/13/2010 ()(Northern Zone Tournament @ Spring Creek)	Away	TBA
Friday	2/19/2010 ()(Nevada State Tournament)	Away	TBA
Saturday	2/20/2010 ()(Nevada State Tournament)	Away	TBA
Boys Junior Var- sity			
Saturday	12/5/2009 Yerington()(Yerington) 12/12/200	Away	9:00A M
Saturday	9 Stockman Duals @ Fallon()(Stockman Duals @ Fallon)	Away	ТВА
Friday	12/18/200 Cody Louk Invitational Wrestling Tournament()(Cody Louk Invitational Wrestling 9 Tournament)	Hom e	1:00P M
	12/19/200 Cody Louk Invitational Wrestling Tournament()(Cody Louk Invitational Wrestling	Hom	9:00A
Saturday	9 Tournament)	е	M
Saturday	1/9/2010 Elko Dual()(Lovelock Tournament)	Away	
Saturday	1/16/2010 Spring Creek()(Spring Creek)	Away	
Saturday	1/23/2010 Chimney Rock @ Wells()(Chimney Rock @ Wells)	Away	TBA



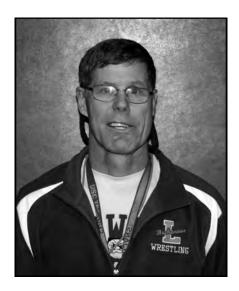
wrestling



ATHLETE NAME	GRADES	ATHLETE NAME	GRADES
Alvarez, Luis Hernan	10	Leal, Anthony J	11
Andersen, Cody	9	LeGrand, Donald R	9
Barton, Lane Michael	12	Maga, Jake	12
Bell, Tanner Anthony	9	Mahon, Daniel	9
Bernal, Alfonso	11	Marley, Bobby L	11
Billingsley, Jace	10	Mezenen, Allen M	10
Billingsley, Michael KJ	9	Montero, Trenten	12
Bleck, Skylyr	12	Montes-Ayala, Jesus Elyseo	10
Blouir, Trystan K	9	Moreno, Cesar E	11
Boyle, Kevin	10	Nelson, Ryan	10
Brennan, Jacob Orr	12	Ochoa, Juan Mata	10
Brooks, Corey	9	Ongert, Dylan C	11
Christensen, Caleb	12	Perez, Christian	9
Cook-Green, Cody	9	Pollock, Daniel S	9
Dean, Francis J	11	Poole, Charles Edward	10
Dowding, Rechab R	9	Price, Kristopher	11
Dufurrena, Ryan	12	Price, Robert	11
Duncan, Gus	10	Ramirez, Ivan A	11
Esquivel, Marc	9	Ranson, Jordan L	9
Formby, Jalen	9	Raynor, Daniel	10
Grasmick, Ashton K	9	Roberts, Timothy J	10
Gray, Adam	12	Sadler, Tony J	10
Guadalupe, Cody M	9	Shemp, Richard	9
Gutierrez, Luis A	11	Thiede, Dusty	10
Hales, Allen	9	Underwood, Paeden Quade	12
Hamry, Mark N	12	Von Aspern, Tyler	9
Herrera, Fernando	10	Young, Chace	10
Johnson, Mason L	11	Zavala, Pablo E	9
Kilcourse, Brian	9	Zepeda, Juan V	12
Klassen, Daniel	10	Zepeda, Miguel	9



wrestling Coaches



John Brooks

Where are you from: Grew up in Southern California, then Reno.

Years at Lowry: 10 years

Expectations for this season: Our goal this year is to successfully defend our state

championship. The expectation is that we work to earn it.

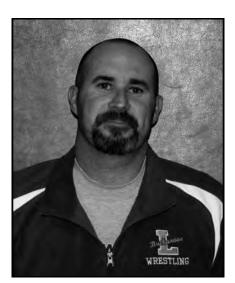
Education: Bachelor's degree from University of Nevada Reno.

Playing Experience: 4 years of High school wrestling, 4 years at the college level, 20 years as a wrestling referee.

Coaching Experience: six years as assistant coach before becoming head coach. This will be my 5th year as head coach.

Awards: 2009 3A zone and state champions

Other Information: wife is Paige Brooks, 3 children- Joe, Brandi, Eric. My father was my coach in High school.



Tim Grady, Assistant

Where are you from: Yerington Nevada

Years at Lowry: 5 years

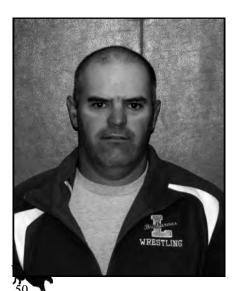
Expectations for this season: To be competitive in all the meets we attend, and finish in the top 10 in the big ones-Reno and Idaho. To capture a zone and state Championship

Education: Graduated from Yerington High School and Truckee Meadows community college with a degree in criminal justice.

Playing Experience: 4 years Yerington High school-wrestling, 2 years Varsity; 4 years Yerington High School-Football, 2 years Varsity; 4 years Yerington High School-Golf, three years Varsity

Coaching Experience: 5 years Lowry High School wrestling

Awards: State runner up, 2 time zone team champions, 2 time state team champions Other Information: I enjoy fishing, camping, hunting, coaching my girls soccer team and quality family time.



Gus Duncan, Assistant

Where are you from: Winnemucca

Expectations for this season: Back to back Jack!

Education: Lowry

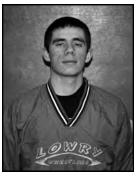
Playing Experience: 4 years wrestling, 2 state titles

Coaching Experience: going on 5 years

Other Interesting Information: Married to Barbara for 17 years, have 3 sons, Gus-

age 16, Blake-age 13, and Seth-9 years old

wrestling Seniors



Lane Barton

Birth Place: Winnemucca, NV Parents: George and Denise Brothers/Sisters: Chance Career Plans: Become a welder and Pro Favorite Pro Team: Team Enterprise (PBR) Greatest Personal Achievement: Qualified for SSIR Freshman year

Biggest Disappointment: Getting bucked

Most Important Possession: Gear Bag and Saddle

Person I Admire Most: Lane Frost Favorite Food: Something cooked Favorite Teacher: Mr. Coles Toughest Class: U.S government My Idea of Relaxation: Going off- roading and shooting Favorite Quote: "Don't be afraid to go after what you want to do or what you want to be, but don't be afraid to be willing to pay the price."



Jacob Brennan

bio



Skylyr Bleck

Birth Place: Twin Falls Id. Parents: Lisa and Jason Bleck Brothers/Sisters: Richie Bleck Career Plans: Wrestle in college and olympics Favorite Pro Team: Denver Broncos Greatest Personal Achievement: 2nd State Title in Highschool Biggest Disappointment: Not winning state freshman year

Most Important Possession: Green wres-

Person I Admire Most: Justin Grant Favorite Food: Doughnuts Favorite Teacher: Mrs. Doyle Toughest Class: Spanish I My Idea of Relaxation: Beach in Hawaii with Girlfriend Favorite Quote: "Once you've wrestled, everything else in life is easy."



Caleb Christensen

tling shoe I won state in

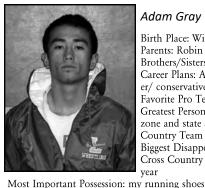
bio



Ryan Dufurrena

Birth Place: Reno, NV Parents: Dan and Maryjo Brothers/Sisters: Josh Career Plans: High School history teacher Favorite Pro Team: Cowboys Greatest Personal Achievement: Making it to playoffs Biggest Disappointment: losing to Fernley by 3 in playoffs Most Important Possession: Family Person I Admire Most: Dad Favorite Food: Prime rib or Spaghetti

Favorite Teacher: Mr. Beck Toughest Class: Algebra II My Idea of Relaxation: Chillaxin somewhere Favorite Quote: Champions aren't those who never fail but those who never quit



Adam Gray

Birth Place: Winnemucca NV. Parents: Robin and Soledad Grav Brothers/Sisters: Rachel and Aaron Gray Career Plans: Anthropologist/ Park Ranger/ conservative biologist Favorite Pro Team: Minnesota Vikings Greatest Personal Achievement: Winning zone and state all 4 years with the Cross Country Team Biggest Disappointment: Not winning Cross Country State as an individual this

Person I Admire Most: Steven Prefontaine Favorite Food: Pasta Favorite Teacher: Mr. Beck, Mrs. Doyle, Marcel Toughest Class: Anatomy My Idea of Relaxation: Going for a run Favorite Quote: "The only good pace is a suicide pace and today looks like a good day to die."



wrestling Seniors



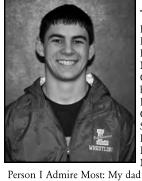
Mark Hamry





Trenten Montero

bio

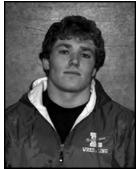


Jake Maga

Birth Place: Winnemucca NV Parents: Randy Maga and Jaci Miller Brothers/Sisters: Bred, Chet, Kenadee, Megan Career Plans: University of Utah and become an engineer Favorite Pro Team: Denver Broncos Greatest Personal Achievement: Winning State Championships on my Dirtbikes Biggest Disappointment: I don't look back, I live and learn and keep moving forward Most Important Possession: My truck

Favorite Food: Favorite food?! Who eats during wrestling season Favorite Teacher: Mr. Storm Toughest Class: AP Calculus My Idea of Relaxation: Sitting in my banana chair and playing call of duty online

Favorite Quote: "That's what she said." Steve Correll



Paeden Underwood

Birth Place: Winnemucca NV Parents: Kellie and Mitch Munger Brothers/Sisters: Jaecee Munger Career Plans: Wildlife Biologist Favorite Pro Team: Oakland Raiders Greatest Personal Achievement: State championship 2009 Biggest Disappointment: none Most Important Possession: Bareback rigger Person I Admire Most: Dr. Suess Favorite Food: Steak taters

Favorite Teacher: Mrs. Cudler Toughest Class: Chemistry My Idea of Relaxation: Fishing anywhere Favorite Quote: "Courage is being scared to death but saddle up anyways."- John Mayre

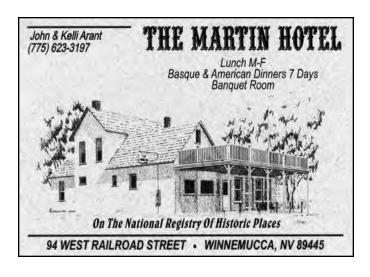


Juan Zepeda

Birthplace: Las Vegas, Nevada Parents: Juan Carlos Zepeda, Maria Carmen Ochoa Brothers/Sisters: Carmen, Miguel, Tiffany Zepeda Career Plans: Police Officer Favorite Pro Team: Baltimore Ravens Greatest Personal Achievement: Finish a wrestling season Biggest Disappointment: Living far away from my father Most Important Possession: Family and

Person I Admire Most: My dad Favorite Food: Tamales Favorite Teacher: Mrs. James Toughest Class: Biology II

My Idea of Relaxation: Taking a whole day with my girl friend Favorite Quote: "Go hard or Go home"







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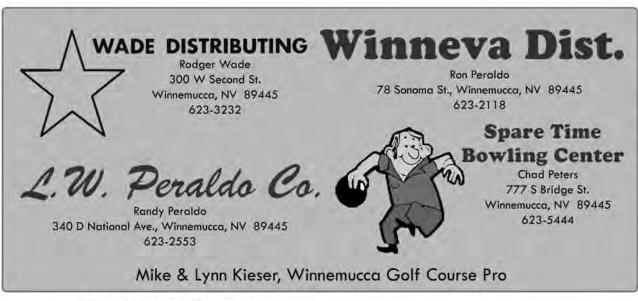
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Winnemucca Century Club would like to thank the following businesses for their continued support of the Gene Laucirica Memorial Golf Scramble



This Year's Results!

1st Place: Ron Pacheco, Dick Celio, Vicki

Celio, Jim

Jenista, Doug Haylett

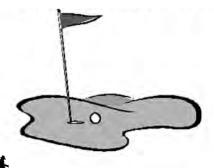
2nd Place: Vince Mendiola, Tim Connors,

Tim

Dufferena, Cam Drake, Shelly Drake

3rd Place: Chad Peters, Cam White, Joe
Dendary, Rodger Wade, Johnny Moore
Longest Drive, Men: Nick Verner, Women:
Jennifer Drobny, Over 55: Dick Celio





Special Thanks to EVERYONE that played in our Scramble!

2009-10 Century Club Members

Mary Agnes Boni Ron Beck Brian Belanger Mariann Belanger Carly Bell Kelley Bell Jim Billingsley Kay Billingsley Susan Billingsley Tim Billingsley Lee Bosch Steve Bosch Terry Boyle **Eric Brooks** John Brooks Paige Brooks Clifton Brown Jeannie Brown Jeff Brumm Kathy Brumm Michael Bumgartner Taua Cabatbat Kristin Carriere **Scott Carriere Tim Connors** Collean Cox Jeff Cox

Herk Criswell Itxaso Criswell **Carol Darlington Doug Darlington** Tom Donaldson Mike Donnelley Mike Donnelley John Doyle Cam Drake Shelly Drake Dan Dufurrena Ginny Dufurrena Hank Dufurrena Linda Dufurrena Deanna Eastman Jerod Eastman Michele Eldodt Nate Eldodt **Brandy Gallups Nedra Hartley** Jeff Herzog Patty Herzog John Hill Dave Jensen Byron Jeppsen Jamie Jeppsen Marty Johnson

Vince Lopes Tyrell Lucas Bill Macdonald Mike Macdonald Chelsea Mendiola George Miller Jaci Miller Shawn Murgel **Aaron Nelson Heather Nelson** Nate Nelson **Shane Nelson Terry Norcutt** Mike Owens **Bob Pace** Mary Kay Pace **Chad Peters** Dana Peters **Don Peters Eric Peters** Jessell Peters Julie Peters Jean Pfarr Jerry Pfarr Hal Phillips Kelly Pollock Tammy Pollock

Buddy Quilici Tammie Quilici Andree Rose Carl Rose Cathy Schwartz **Dave Schwartz** ty Schwartz Rolfe Schwartz Diane Seeliger John Seeliger Jennifer Shurtliff Jonathan Shurtliff Jeff Snyder Nancy Snyder Steve Snyder **Tony Snyder** Fred Stewart **Kris Stewart** James Studebaker **Bobbi Thacker** Shalynn Thacker Shane Thacker **Duane Tyree** Marian Tyree Lisa Verner Walt Vetter



Lisa Uriguen Branch Manager

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WINNEMUCCA CENTURY CLUB

P.O. Box 3656 Winnemucca, Nevada 89446

The Winnemucca Century Club is a nonprofit corporation which receives and expends funds to promote and support Lowry High School athletics. Past contributions have been used to assist in the funding of improvements to the fields and facilities of baseball, football, soccer, softball and track, as well as to purchase equipment and/or uniforms for baseball, basketball, cheerleading, cross country, dance team, football, golf, soccer, softball, track, volleyball and wrestling. If you wish to contribute to the booster club for Lowry High School athletics, please fill out this form and send it to us at the above address. If you have any questions, please call Ray Parks at 623-8120, Vince Mendiola at 623-8130, or Mike Macdonald at 623-2517.

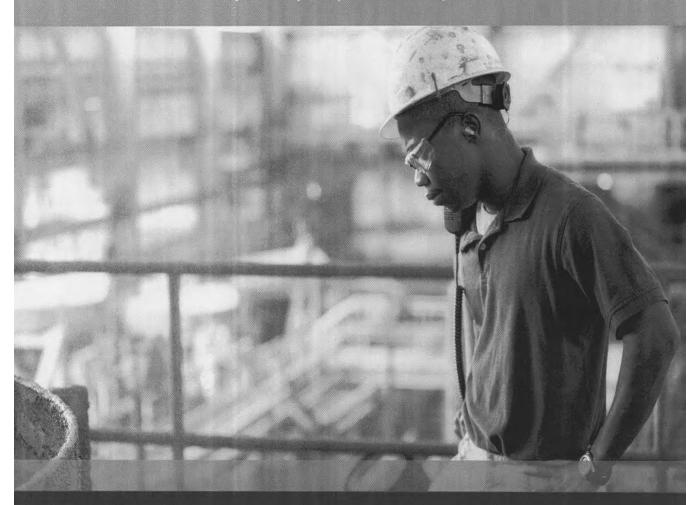
2009-2010 Membership Form

City, State & Zip	Code:	
Amount of contril	oution:	
Each mem	ber receives a gate pa	ass for Lowry athletic events for the school year.
\$125.00	First family mem	ber
\$75.00		mber (Spouse or children 21 years and younger)
\$50.00		amily member (Children 21 years and younger)
Remember	your Century Club	membership is tax deductible.
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Pay	now and the b	alance in installments of
Mo	nthly	Quarterly
	ni-annually	Annually





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