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Fall Sports Program 2018-19

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Welcome You

It is our pleasure to host each and every HOME event with the traditional WINNEMUCCA hospitality and we wish you the best of luck and hope you have a safe journey home.

On behalf of the students, faculty, and administration of Lowry High School and the City of Winnemucca we welcome you to our HOME away from home.

SPORTSMANSHIP is a top priority of Lowry Athletics. We are certain that we will have outstanding games and that each and every fan will practice good sportsmanship and applaud those efforts by both teams during the games. We have made a strong commitment to our athletes, coaches, parents, and spectators to have a positive competitive experience.

Your paid or complimentary admission to our events entitles you to enjoy an exhibition of skills developed by our students in an educational setting. Please give these student-athletes your positive encouragement and support. Your effort to applaud the talents of all players is appreciated. Booing, taunting or intimidating the officials and opponents is unfriendly and inappropriate. Please be an example to those around you. A special thanks goes to our Humboldt County School District Board of Trustees, Humboldt County School District Administration, Humboldt County school teachers, Lowry High School students, the City of Winnemucca, Winnemucca Century Club and the many workers who have contributed their time and effort to insure that you may enjoy athletics at its best.

Our sports programs are truly a community happening and we are proud to be able to host Lowry High School athletic events with students in mind. We would like to take this opportunity to thank all of the fans for continuing to support and make all Lowry athletic programs highly visible and popular in Humboldt County.

Sit back, relax and enjoy yourself! At the conclusion of each day's contest, please make yourself at home in our wonderful City of Winnemucca.

SPORTSMANSHIP IS OUR TOP PRIORITY AT LOWRY!

***Let the Coaches coach, the Refs ref
& MOST importantly let the kids play!***

Albert M. Lowry High School
5375 Kluncy Canyon Road, Winnemucca, NV 89445
775-623-8130
http://www.edline.net/pages/Albert_Lowry_High_School

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Ray Parks, Principal

Tim Connors, Athletic Administrator/Vice Principal

Dustin Christean, Vice Principal

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HISTORY OF LOWRY HIGH SCHOOL

In 1967, a brand new Humboldt County High School was opened with the new name Albert Lowry High School in honor of revered Coach Albert M. Lowry.

A true Nevadan, Mr. Lowry was born in Tollhouse in 1897. He graduated from the University of Nevada in 1925, began teaching Science and coaching three sports in Winnemucca.

Mr. Lowry served the students of Humboldt County as a teacher, coach, principal, assistant superintendent and as director of the Nevada Education Association.

One of Nevada's first sporting legends, Mr. Lowry was instrumental in putting Humboldt County High School on the map. His basketball teams won 11 district or league championships and finished as the 1929 runner-up in the Nevada State Tournament.

As a track coach, he led his teams to Nevada championships in 1928, 1930, and 1936.

Mr. Lowry was also an integral part of introducing six-man football to some of Nevada's smaller schools. In 1941, he was chosen as the state's "Outstanding Coach".

Mr. Lowry served as president of the Nevada Interscholastic Athletic Association (NIAA) for 14 years and was chosen 3 times as a delegate to the National Federation of State High School Athletic Associations.

In 1933, Mr. Lowry was inducted into the NIAA Hall of Fame. He retired from the school district in 1966 and passed away May 5, 1989.

The original Lowry High School building was ready for use in 1967, with the vocational building added in 1983 the science building in 1991, the following improvements were made since then: weight room, new gym, art/social studies building, Jim Billingsley Softball Complex, new track—lighting and landscaping, baseball & softball announcers booth.

LOWRY HIGH – TRADITIONS OF PRIDE, DEDICATION & EXCELLENCE

HISTORY OF WINNEMUCCA

Winnemucca, originally called French Ford, sprouted up from a wagon crossing on the Humboldt River. A trading post and hotel were the first businesses in Winnemucca, the hotel serving miners and prospectors as well as wagon trains that were passing through on their way to California or Oregon.

Two brothers, Louis and Theophile Lay, built a bridge across the Humboldt River. After this, it was not necessary to ford the river and the town was renamed to Centerville. Soon after, the railroad was built so residents looked for a name that fit the town better.

L.C. Pease or C.B.O. Bannon are usually given credit for naming the town. They chose to name the town after Chief Winnemucca, the leader of a local Paiute tribe. Another theory is that a nameless worker for the Central Pacific Railroad wanting to keep peace with the Paiutes suggested naming Winnemucca after the Paiute chief. It is reasonable that all three men chose the name of the town as an agreement was necessary. Winnemucca was an apt name as the mountain and mining district had been named for the Paiute chief since 1863.

Chief Winnemucca came by his name as a boy. When he was young, some prospectors found him in the river wearing just one moccasin. Using the Pauite word "muchcha" for moccasin, they called him "wan-ne-muc-cha." Young Chief Winnemucca liked the sound of the word and took it for his name. Later it came to mean "one moccasin."

LOWRY HIGH SCHOOL HUMBOLDT COUNTY HIGH SCHOOL

Wrestling

1981, 1984, 1985, 1987, 1988, 1990, 1991, 1992, 1993, 2003, 2009, 2010, 2011, 2012, 2013, 2014 (1st all-time in Nevada history)

Boys Golf

1973, 1974, 1975, 1976, 1978, 1979, 1984, 1985, 1986, 2010, 2012, 2013 (1st all-time in Nevada history)

Boys Basketball

1959, 1960, 1971, 1973, 1974, 1975, 1978, 1985, 1992, 2002, 2012, (8th all-time in Nevada history)

Girls Cross Country

2000, 2001, 2002, 2003, 2004, 2005, 2007, 2008, 2009 (2nd all-time in Nevada history)

Boys Cross Country

1995, 2001, 2003, 2004, 2005, 2006, 2007, 2008, 2009

(3rd all-time in Nevada history)

Boys Track & Field

1923, 1929, 1931, 1937, 1960, 1961, 1967 (8th all-time in Nevada history)

Girls Basketball

1979, 1981, 1992, 2002, 2010, 2014 (4th all-time in Nevada history)

Girls Golf

1975, 2000, 2001, 2003 (5th all-time in Nevada history)

Football

1959, 1965

Softball

2006

Volleyball

2005

HALL OF FAME

Joe deArrieta Sr.	1994	Bill Hoxsey	1998	Teresa Vesco	2008
John Dolan	1994	Hank Mentaberry	1998	Susan Rorex	2008
Albert M. Lowry	1994	Pat Dolan	1998	Lyman Bruce	2008
Jim Billingsley	1995	Gary Hoxsey	1999	Tony Erquiaga	2008
Steve Clausen	1995	Don Woods	1999	Ken Christean	2008
Jim deArrieta	1995	Jerome Etchegoyhen	1999	Eric Angelopoulos	2011
Joe Dendary	1995	Gary Stoker	1999	Johnny Davis	2011
Lori Echevarria	1995	Marvin Clausen	1999	George Mentaberry	2011
Mike Glenn	1995	Tammy Pollock	2000	John McNinch	2015
Alfred Gonzalez	1995	Tim Billingsley	2000	1965 Humboldt County	
Rober Hooft	1995	Dick Peraldo	2000	HS Football Team	2015
Pat McDade	1995	Pat Hart	2000	Dr. Robbie Grant	2015
Vince Mendiola	1995	Dr. James Calder	2001	Tina Echeto-Wilson	2015
Jim Phillips	1995	Mateo Legarza	2001	LHS Boys Basketball	
Rolfe Schwartz	1995	Don Stoker	2001	Teams, 1973, 1974,	
Mitch Woods	1995	Pete Etchart	2003	1975	2016
Ted Zimmerman	1995	Lynn Cunningham	2003	Cleto Bengoa	2017
Jock Echave	1996	Rick Ringheimer	2003	Nate Green	2017
Lee Lowry	1996	David Stoker	2003	Teo Maestrejuan	2017
Foe Mentaberry	1996	Dave Mendiola	2004	Chris Hornbarger	2017
Betty Roeder	1996	Lisa Jaureguito	2004		
Fred Walts	1996	Kelly Pollock	2004		
Kirk Allred	1997	Chad Peters	2004		
Don Bankofier	1997	Johnathan Jarolimek	2004		
Carol Scott	1997	Laura Stein	2005		
Joe deArrieta Jr.	1997	T.W. Cunningham	2005		
Joe Ydiando	1998	David Schwartz	2008		
John Legarza	1998	Ron Bankofier	2008		
Dennis Verner	1998	Chris Vesco	2008		

HALL OF FAME

Lowry High School will be sponsoring a Hall of Fame for deserving Winnemucca individuals who attended or taught at Humboldt County High School or Albert M. Lowry High School. 1994 was the inaugural year for this program and we encourage you to think back and nominate a deserving individual for this prestigious award. Nominees not selected this year will be placed in an active file for future years.

Purpose:

The purpose of the Hall of Fame is to honor and recognize outstanding individuals who have had a significant and lasting impact on the lives of people through their involvement as student and/or athlete or educator at our local high school. These individuals must have excelled in high school and continued to exemplify high standards in their adult lives to be eligible for this award.

Nomination procedures:

1. Candidates can be nominated by any person.
2. The "selection committee" will be composed of four representatives to serve a maximum four year term. The athletic administrator will select those individuals and the names of the individuals will be confidential.

Nomination Deadline:

All nominations must be received in the Lowry High School office no later than Oct 15 of each year. All nominations will remain in an active file for a three year period.

Awards:

Recipients will have their name placed on a Hall of Fame plaque at Lowry High School and receive a lifetime pass to all Lowry High athletic events.

General Criteria:

Nominees must exemplify the highest standards of sportsmanship, ethical conduct, moral character and carry the endorsement of their respective high school. An applicant must meet the following qualifications:

1. Athletes – will be eligible for nominations ten years after high school graduation.
2. Teachers, Coaches, Administrators, and Contributors will be eligible after their service to Humboldt County School District has ended.

To further explain, athletes would be former student participants who are being nominated for their achievements in interscholastic athletics. Students and educators would be considered on the merits of their high school achievements only. A contributor would be an individual who has made a contribution to Winnemucca education in some capacity other than those previously mentioned, including such areas as sports medicine, sports media, school participation, etc.

WINNEMUCCA
High School Hall of Fame
Application Form

Name _____ Year of Graduation _____
Current Address _____ School _____
Phone _____ Date of Birth _____
Place of Birth _____ If retired _____
College Attended _____ Date of Retirement _____

What activities did the nominee participate in while in high school? _____

What awards or honors did the nominee receive while in high school? _____

What award and/or activities has the nominee been involved in since graduation? _____

Need a letter of endoresement and recommendation attached _____ (not required
Newspaper and/or other supportive material attached _____ but recommended)

INDIVIDUAL SUBMITTING NOMINATION

Name _____ Phone _____

Mailing Address _____
City, State, Zip _____

Signed _____ Date _____

Return completed form to:

Lowry High School
Hall of Fame Committee
5375 Kluncy Canyon Road
Winnemucca, NV 89445

FALL—ALL STATE WINNERS

Cross Country

Brett Ferrier, 2000
Kelsey Engstrom, 2000, 2001, 2003
Heather Thompson, 2002
Lupe Cabada 2003
Jake Steinman, 2004
Felicia George, 2005
Matt Pike, 2006, 2007

Football

Alfonso Gonzales , 1969
Frank Bengoa, 1970
Jim Calder, 1970
Paul Vesco, 1971
Tom Gillespie, 1971
Vince Mendiola, 1971, 1972, 1973
Joe Dendary, 1974
Steve Clausen, 1974
Dave Mendiola, 1974
Hank Dufurrena, 1976, 1977
Bob Cassinelli, 1977
Bruce Delaney, 1977
Fred Stewart, 1977
Rick Ringheimer, 1977
Tim Billingsley, 1977
Al Urban, 1978
Pat Schroeder, 1980
Andrew Hillyer, 1982
Doug Bosch, 1982
Roy Echeverria, 1982
Doug Graham, 1983
Joel Jaureguito, 1983, 1984
Pat McDade, 1983, 1984
David Schwartz, 1984
Gary Stoker 1984, 1985
Michael Larragueta 1986
David Bush, 1987
Jonathan Jarolimek, 1987
Jeff Schrempp, 1989
Jon Echave, 1989
Van Kinder, 1989

Chad Peters, 1990
Gordy Schumacher, 1990
Israel Lopez, 1990
Jamie Schroeder, 1990
Jose Cardenas, 1990
Mike Novi, 1990
Scott Strickler, 1990
Josh Kyles, 1991
T.W. Cunningham, 1995, 1996
Matt Baker, 2002
Dan Ferrero, 2004
Will Thacker, 2010
Jace Billingsley, 2010, 2011
Nic Velasquez, 2011
A.J. Ourada. 2011
Bryan Noble, 2011
Michael Arenas, 2012
Michael Billingsley, 2012
Daniel Pollock, 2012
Cody Andersen, 2012
Brandon Okuma, 2012, 2013
Calvin Connors, 2013
Robert Stepper, 2013

Luis Cardenas, 2013
Tanner Lecumberry, 2013

Golf
Karen Mendiola, 1977
Kelly Dugger, 2000
Mackenzie Swecker, 2001, 2002, 2003

Kylie Owsley, 2005, 2006
Diana Dorman, 2005
Melissa Watterson, 2006
Juliana Velasco, 2015
Jadyn Eastman, 2017

Volleyball

Betty Glinsman, 1980
Lisa Davidson, 1980, 1981, 1982
Carol Scott, 1981, 1982
Teresa Vesco, 1981, 1982
Denise Cady, 1982
Penny Begay, 1982
Diana Hoss, 1983, 1984
Denise DeLong, 1984
Jackie Begay, 1985, 1986
Tina Echeto, 1989
Karen Crawford, 1990
Noel Bidart, 1990, 1991
Kathy Crawford, 1991
Rachelle Piquet, 1990, 1991
Britney Bristol, 2000
Alexis Martinez, 2002
Ashley Bristol, 2002

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545 Hanson St. Winnemucca, NV 89445

WINTER—ALL STATE WINNERS

Basketball, Boy's

Mitch Woods, 1971, 1972, 1973
 Stan Davidson, 1973
 Joe Dendary, 1974, 1975
 Mike Glenn, 1975
 Bob Hooft, 1974, 1975
 Steve Clausen, 1974, 1975
 Ron Bankofier, 1978
 Ted Willer, 1978
 Jim Visger, 1978
 Rolfe Schwartz, 1979
 David Stoker, 1981
 Chris Vesco, 1983
 David Schwartz, 1985
 Gary Stoker, 1984, 1985
 Dennis Porter, 1986
 Lane Peraldo, 1989
 Jim Salmi, 1988, 1989
 Chad Peters, 1991, 1992
 Chad Backus, 1992
 Ben Bryson, 2001
 Nate Green, 2001, 2002
 Teo Maestrejuan, 2002
 Brian Watterson, 2003
 Danny Westfall, 2009
 David Eastman, 2010
 Sterling Snow, 2011
 Jesse Studebaker, 2011, 2012
 Josh Watterson, 2013
 Nathan Lutzow, 2016

Basketball, Girl's

Betty Seward, 1979
 Denise Michelson, 1979
 Tammy Mentaberry, 1979
 Sandi Smith, 1980
 Teresa Vesco, 1981, 1982
 Carol Scott, 1981, 1982
 Lisa Davidson, 1983
 Tina Echeto, 1990
 Rachelle Piquet, 1991, 1992
 Tara Davis, 2001
 Jessica Bishop, 2003
 Mackenzie Swecker, 2003, 2004
 Magen Dufurrena, 2003, 2004
 Elisa Leader, 2005
 Alicia Echevarria

Morgen Thacker, 2008
 Skylar Estes, 2012
 Julia Dufurrena, 2010, 2012
 Alyssa Dendary, 2015
 Jillian Albright, 2016
 Sydney Connors, 2017
 Alyssa Kuskie, 2018

Wrestling

Jim Billingsley, 1971, 1972, 1973
 Denny Gortari, 1974
 Tim Billingsley, 1976, 1977
 Rick Ringheimer, 1977
 Al Urban, 1978
 Steve Lopes, 1980
 Paul Kerr, 1980
 Robert Neary, 1980
 Jim Kracaw, 1980, 1981
 George Miller, 1981
 Kelly Pollock, 1981, 1982, 1983
 Keith Neary, 1981, 1983
 Rich Enochson, 1982
 Jimmy Cannon, 1983
 Pat McDade, 1983, 1984, 1985
 Dave Stetler, 1985
 Paul Smith, 1985, 1986, 1987
 Gus Duncan, 1986, 1987
 Blake Turner, 1986, 1987,

1988
 Billy Holt, 1988
 Dave Bush, 1988
 Mitch Green, 1988
 Jeff Hutchings, 1988
 Aron Poulson, 1989
 Juan Manzo, 1989
 Efrain Manzo, 1989
 Jeff Arreola, 1989, 1990
 Gus Alvarez, 1990
 Chester George, 1990, 1991
 Josh Kyles, 1991
 Milo Cardenas, 1991
 Pete Herold, 1994, 1995, 1996
 Rick Hutchinson, 1992
 Chris Hornbarger, 1992, 1993
 Raul Cardenas, 1993
 Jake Lage, 1999
 Johnny Davis, 1991, 1992, 1993
 Buster Segura, 1999, 2000
 Johnny Romero, 2002
 Brady Moulton, 2002
 Cody Louk, 2002, 2003
 Jarrin Prokasky, 2002, 2003, 2004
 Ty Baker, 2004
 Justin Grant, 2005, 2006
 Austin Mayo, 2005

Brett Snyder, 2007
 Trevor Grant, 2008, 2009
 Skylyr Bleck, 2008, 2009, 2010
 Sean Raynor, 2008
 Paeden Underwood, 2009, 2010
 Jace Billingsley, 2009, 2010, 2011, 2012
 Ryan Nelson, 2009, 2011, 2012
 Mitch Pollock, 2010
 Gus Duncan, 2010, 2011, 2012
 Michael Billingsley, 2010, 2011, 2012, 2013
 Fernando Herrera, 2011, 2012
 Beau Billingsley, 2012, 2013, 2014, 2015
 Daniel Pollock, 2013
 Brandon Okuma, 2013, 2014
 Cody Anderson, 2013
 Luis Cardenas, 2013, 2014
 Eric Brooks, 2014
 Gabe Molina, 2015
 Trase Bell, 2016

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SPRING—ALL STATE WINNERS

Baseball

Chris Vesco, 1983
Chris Poulson, 1986, 1988
Johnathan Jarolimek, 1986, 1987, 1988
Jeremy Brown, 1991
Jose Cardenas, 1991
Gordy Schumacher, 1991
Chad Peters, 1991, 1992
Matt Jarolimek, 1991, 1992
Rick Swecker, 1992
Chukuma Jones, 1992
Danny Maddox, 1992, 1993
Don Johnson, 1993
Giovanni Giordano, 1993
Pachi Bengochea, 1993
Chris Christean, 1999
Sean Gallian, 2000, 2001
Benny Martinez, 2001, 2002
Jared Owsley, 2001
Joey Enochson, 2003
Joe Robinson, 2002, 2003, 2004
Rueben Rodriguez, 2005
Matt Dennis, 2005
Shane Goodale, 2005
Jojo Tameron, 2006
Eric Kerr, 2006
Lucas Alexander, 2006
Levi Carl, 2006
Andrew Lindsey, 2007
Anders Pace, 2009, 2011
Mitch Pollock, 2011
Jace Billingsley, 2011
Bryan Noble, 2011, 2012
Calvin Connors, 2013

Softball

Julie Lombard, 1990
Monique Melody, 1991, 1992
Stacia Dolphin, 1991, 1992
Mandee Kuskie, 1991, 1992, 1993
Rachelle Piquet, 1992
Melanie Roper, 1992
Noel Bidart, 1992
Kristine Warrick, 1993-95
Katie Whalen, 2001, 2002
Savannah Roman, 2002, 2003

Leslie Pratt, 2003
Kristy Ingle, 2005
Ambar Huish, 2006, 2007
Jamie Billingsley, 2003
Cheri Ingle, 2007
Dana Pardovich, 2010, 2011
Lynnsey Johnson, 2010
Virginia Castillo, 2010
Madison Gonzalez, 2010, 2012
Heather McElvain, 2012
Hanna Etcheverry, 2012
Jordan Mecham
Shelby McKinnon, 2013
Kylee McClellan, 2014, 2015
Shelby McKinnon, 2015
Kyllie Sappington, 2016, 2017, 2018
Sydney Connors, 2018

Track

Kelly Baker, 1975
David Drake, 1975
John Luna, 1975
Lloyd Johnson, 1975
Julie Tipton, 1976
Larry Blaylock, 1977, 1978, 1979
Betty Seward, 1979
Pat McDade, 1983, 1984, 1985
Vicki Salmi, 1984
Matt Buchan, 1984, 1985, 1986
Chris Bishop, 1986
Bell, McKenny, Peraldo, Salmi, 1600 M Relay, 1987
Cathey, Burns, Backus, Dean, 1600 M Relay, 1988
Salmi, Peraldo, Schlottman, Lecumberry, 1600 M Relay, 1988
Burns, Backus, Piquet, Cassinelli, 800 M Relay, 1989
Piquet, Bidart, Cassinelli, Burns, 400 M Relay, 1989
Smith, Canepa, Schlottman, Netcher, 800 M Relay, 1989

Burns, Backus, Dehart, Cassinelli, 1600 M Relay, 1989
Tina Echeto, 1989, 1990
Laura Stein, 1994
Willie Ulch, 1995
Sergio Cabada, 1995, 1996, 1997
Sergio Cabada, 1600 M & 3200 M, 1996
Salvador Cabada, 4A Cross Country, All State 1996
Sergio Cabada, 4A, 1600 M, 1996
Brett Ferrier, 2000, 2001
Jamie Cabada, 2000
Levi Keller, 2003
Kelsey Engstrom, 2003, 2004
Jacob Keller, 2002, 2004
Nicole Tyler, 2000
Magen Dufurrena, 2002, 2003
Heather Thompson, 400 meters, 800 meters-2003
Katie Engstrom, Kelsey Engstrom, Whitney Mentaberry, Heather Thompson, 4x800 & 4x400 Relay-2003
Yuri Castaneda, Shot Put, 2003, Shot Put, Discus, 2004 & 2005
Natalie Meldrum, Katie Engstrom, Kelsey Engstrom, Whitney Mentaberry, 4x800-2004
Lupe Cabada, Jon Routson, Justin Grant, Cory Hawkins, 4x800-2004
Lupe Cabada, 3,200 meters, 2005
Alicia Echeverria, Pole Vault, 2005 & 2006, Triple Jump, Pole Vault, 2007
Jon Routson, 800 meters, 1,600 meters, 2006
Vance Orr, 1,600 meters, 2007

Christian Echevarria, 200 meters, Long Jump, 2009
Desirae Lemm, Alicia Kelly, Kirstie Ingle, Sophie Kristof, 4x400 Relay, 2009
Bernice Sanchez, Triple Jump, 2010
Mateo Echeverria, 100 meters, 2010
Tyler Andersen, Discus, 2010
Kenadee Jeppsen, High Jump, 2016
Jillian Albright, Hayley Hinkle, Kennedy Jeppsen, Shelby Garrison, 4x400 Relay, 2016
Hailey Fernandez, Hayley Hinkle, Kennedy Jeppsen, Shelby Garrison, 4x400 Relay, 2017
Bryan Terry, 2017
Shelby Garrison, 400, 2018
Hayley Hinkle, 300 Hurdles, 2018
Adia Bengochea, Hailey Fernandez, Hayley Hinkle, Shelby Garrison, 4x400 Relay, 2018

ALL STATE ACADEMIC AWARDS

Baseball

1995, 1996, 2010, 2011, 2012

Boys Basketball

1996, 1997, 1998, 2010, 2011, 2012, 2013, 2014

Softball

1996, 1997, 1998, 2012, 2013

Girls Basketball

2007, 2008, 2009, 2013, 2014, 2015, 2016

Boys Track and Field

1997, 1998, 2003, 2004, 2011, 2012

Boys Golf

1998, 1999, 2009, 2010, 2014

Girls Golf

1999, 2000, 2011, 2012

Girls Track

2002, 2003, 2004, 2014

Girls Cross Country

2000, 2001, 2002, 2003

Boys Cross Country

2004, 2005

Football

2011, 2012, 2014

Wrestling

2000, 2001, 2011, 2012, 2013, 2014

Boys Soccer

2003, 2004

Girls Swimming

2011, 2012, 2014, 2015

Boys Swimming

2011, 2012, 2016

Spirit

2011, 2012

All School Award:

Reno-Tahoe Olympic Hall of Fame, 1st
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NIAA ALCOHOL, TOBACCO AND OTHER DRUG POSSESSION, USE, ABUSE and PENALTIES POLICY

Participation in NIAA sanctioned sports is a privilege and responsibility which requires all participants to adhere to athletic training rules imposed by the school district and member or affiliate school the student attends and represents. Adherence to training rules ensures that all student-athletes are in top physical condition, minimizes potential for injury, and further ensures that all member and affiliate school athletic teams are appropriately represented by their student-athletes. Therefore, the possession or use of any controlled substance, alcohol or tobacco products by a student athlete, whether it occurs on or off of school property, is prohibited and shall result in the penalties set forth herein.

This regulation shall begin once our son/daughter begins participation as a student athlete in high school athletics. This policy remains in effect for every calendar school year during the course of his/her high school career and when he/she is directly involved in a school activity occurring at any time (summer leagues / camps, etc.). This policy remains in effect regardless of whether our son/daughter is currently participating on a high school athletic team.

- a. Definitions - The following terms or phrases shall have the meaning ascribed to them for purposes of interpreting this Policy.
 1. Competitive Week – means a seven (7) day period of time beginning with the **first scheduled competition** after a violation occurs in which a student athlete is participating as a member of an athletic team for a member or affiliate school, and in which that team is officially competing in NIAA sanctioned competition.
 2. Controlled Substance – includes any mind altering substance or beverage set forth in Schedule I-V of the list of Controlled Substances as identified by the office of the Drug Enforcement Administration or as set forth in 21 U.S.C. §812.
 3. Period of Suspension – means a student athlete is prohibited from appearing in any NIAA sanctioned sport or event as a member of an athletic team or in individual competition. A suspension from athletic competition begins with the first scheduled competition after a violation occurs. A student athlete who is suspended under this regulation who does not serve the entire period of suspension during the sport season in which suspension occurs shall serve any remaining period of suspension during the next sport season in which the student athlete appears on a NIAA roster. A violation of this regulation that occurs during a time when a student athlete does not appear on a NIAA roster shall be implemented at the commencement of the next sport season in which the student athlete participates. Attendance in a summer school class shall not apply toward satisfying any period of suspension.
 4. ***Possession means a student / athlete who is in actual physical control of alcohol, tobacco or a controlled substance.***
- b. Possession or Use of Tobacco/Alcohol/Controlled Substance/Narcotics. Any student athlete determined to be in possession of, or to have used tobacco, including smoking tobacco, chewing tobacco or snuff, an alcoholic beverage (as defined by NRS 202.020 **and any relevant local ordinances**), controlled substance and/or narcotic (unless prescribed by the student athlete's physician for medical purposes), is in violation of this policy. If after an investigation by the school it is determined that the student athlete is in violation of this regulation the student athlete shall immediately be declared ineligible to compete in any NIAA competition beginning with the first scheduled competition after a violation occurs. Additionally, the student athlete shall be subject to the following discipline:

1. First Violation: a six (6) competitive week suspension from participation in interscholastic competition beginning with the first scheduled competition after the suspension occurs. Four (4) competitive weeks of the suspension of eligibility may be waived if the student successfully completes all components of the appropriate substance abuse intervention program set forth in subparagraphs (d) (1) (A) and (d) (1) (B) below. The student may practice with the team during the period of suspension if approved by the coach and principal.
2. Second Violation: The student shall be suspended from interscholastic competition for a minimum of ninety (90) school days which shall include a minimum of six (6) competitive weeks of competition. The student shall not be allowed to practice with the team, or participate in any out of season activities and must complete the requirements set forth in subparagraphs A and B below, in order to be considered for reinstatement of future athletic eligibility, which shall be determined following the ninety (90) day suspension of athletic eligibility by a group composed of one of the student's parents/legal guardians, the school principal, athletic director, coach and a substance abuse program coordinator.
 - A. A substance abuse evaluation assessment conducted by a licensed alcohol and drug counselor at the expense of the parent/legal guardian of the student must be completed within ten (10) school days following the suspension and all assessment recommendations must be satisfactorily met before athletic eligibility may be reinstated.
 - B. The student must successfully participate in all sessions of the appropriate substance abuse intervention program set forth in subparagraphs (d) (1) (a) and (d) (1) (B) below, and successfully complete a minimum of ten (10) tobacco or alcohol/drug related support sessions.
3. Third Violation: The student shall be ineligible to participate in interscholastic athletics for the remainder of the student's high school career.
4. Appeal: A student that serves their third violation and still has more than one year of remaining eligibility can appeal through the NIAA Board of Control. Both the students and his / her parents must attend this meeting of the Board to present their appeal.
- c. Cumulative Effect of Suspensions: Multiple suspensions of a student athlete's athletic eligibility based on violations of this Regulation shall be considered as cumulative over the length of each student athlete's high school career, 9th through 12th grade.
- d. Substance Abuse Intervention Program: Any student who has been suspended from athletic eligibility for violation of the provisions of this Regulation and whose future athletic eligibility is contingent on successful completion of a Substance Abuse Intervention Program, or whose suspension of athletic eligibility may be reduced through successful participation in a Substance Abuse Intervention Program, shall complete the Substance Abuse Intervention Program developed by the NIAA in conjunction with the State of Nevada, Department of Human Resources Division of Child and Family Services Program available through the Juvenile Justice Programs Office: (775) 684-7294.
 1. Successful completion of the Substance Abuse Intervention Program shall require, at a minimum:
 - A. The completion of a video program specific to the nature of the student athlete's offense, by the student athlete, and his/her parent(s) or legal guardian(s), as demonstrated by the successful completion of an assignment on the content of the video by the student athlete and his/her parent(s) or legal guardian(s).
 - B. The completion of a minimum of an eight (8) hour assignment selected from a list of ten (10) possible assignments by school personnel. Successful completion shall be determined through a meeting between the student athlete, his/her parent(s) or legal guardian(s), the head coach of the sport in which the student athlete was participating at the time of offense, and the school counselor or dean of students.

All investigations and penalty enforcements will be conducted by the school and / or district with support through the NIAA office.

PARENT / LEGAL GUARDIAN AND STUDENT ACKNOWLEDGEMENT

The Nevada Interscholastic Activities Association (NIAA) recognizes and understands that parents / guardians take the primary role in instilling values for their students. It is the goal of the NIAA to work cooperatively with parents to provide guidelines and programs that assist student athletes in making positive choices.

IMPORTANT – Please read the following information and acknowledge with your signature below.

We understand that participation in high school athletics is a privilege, not a right, and that underage drinking and drug use is against the law. It is against the law to sell tobacco to people under the age of 18 and usage is against school policy. Substance abuse negatively impacts athletics and academic performance, and research indicates that early onset of alcohol use increases the occurrence of addiction in adulthood by four times. Alcohol and drug use interferes in learning processes, brain development and increases the chance of physical injury while participating in athletic competition. Because of these risks, and in addition to the laws of the State of Nevada, the NIAA requires participants and parents to agree to the following:

- 1.** We have read the NIAA Drug, Alcohol and Tobacco Possession, Use and Abuse Penalties Policy and agree to abide by the Policy as written.
- 2.** We realize that a video and Power Point presentation regarding the Policy is available and we have either seen this presentation or agree to waive the requirement of viewing the presentation.
- 3.** ***We understand that we are encouraged to notify our school's athletic administrator / director if our son / daughter violates this Policy and / or the laws of the state of Nevada. It would also be acceptable for our child to self-report any violation of this policy to our school's athletic administrator / director.***
- 4.** ***We understand that knowingly providing erroneous information during the course of an investigation of an alleged violation of the policy will result in a one calendar year suspension from all high school athletic activities.***
- 5.** ***We further acknowledge that once our son / daughter begins participation as a student athlete in high school athletics that this policy remains in effect for every calendar school year during the course of their high school career and when he / she is directly involved in a school activity occurring at any time (summer leagues / camps, etc.). This policy remains in effect regardless of whether our son / daughter is currently participating on a high school athletic team.***
- 6.** ***We have also reviewed the following NRS 202.020, Purchase, Consumption or Possession of Alcoholic Beverage by Minor, and understand the laws of Nevada and how they pertain to our family.***
- 7.** ***We understand that although it is not technically against the law to use tobacco in the state of Nevada (NRS 202.2493 and 202.24935 prohibits anyone from supplying a person under the age of 18 with any kind of tobacco product), we realize it is against this policy and general school policy, and that scientific evidence demonstrates it is unhealthy and a detriment to athletic performance.***
- 8.** ***We understand that the use of steroids and other performance enhancing drugs are dangerous, illegal, provide only temporary gains and are a form of cheating other competitors.***

COMPETITORS

3A Northern Division



Churchill County
1222 S Taylor St.
Fallon, NV 89406
Colors: Kelly Green/White
Mascot: Greenwave



Dayton High School
335 Old Dayton Valley Road
Dayton, NV 89403
Colors: Red, Black
Mascot: Dust Devils



Elko High School
987 College Ave.
Elko, NV 89801
Colors: Maroon & White
Mascot: Indians



Fernley High School
1300 Highway 95A
Fernley, NV 89408
Colors: Orange, Black
Mascot: Vaqueros



South Tahoe
1735 Lake Tahoe Blvd.
South Lake Tahoe, NV 96150
Colors: Royal Blue/Gold
Mascot: Vikings



Sparks High School
820 15th Street
Sparks, NV 89431
Colors: Maroon, Gold
Mascot: Railroaders



Spring Creek High School
14550 Lamoille Hwy
Spring Creek, NV 89815
Colors: Purple, Black
Mascot: Spartans



Truckee High School
11725 Donner Pass Rd.
Truckee, CA 96161
Colors: Red, White
Mascot: Wolverines

2018-19 Century Club Board Members

Andrew Hillyer—President
Greg Munroe —Vice President
Kathy Norcutt —Treasurer
Gina Rackley- Secretary

Board Members: Mike Mavity, Malinda Riemersma, John Sanchez, Ray Parks, Tim Connors, Don Walton



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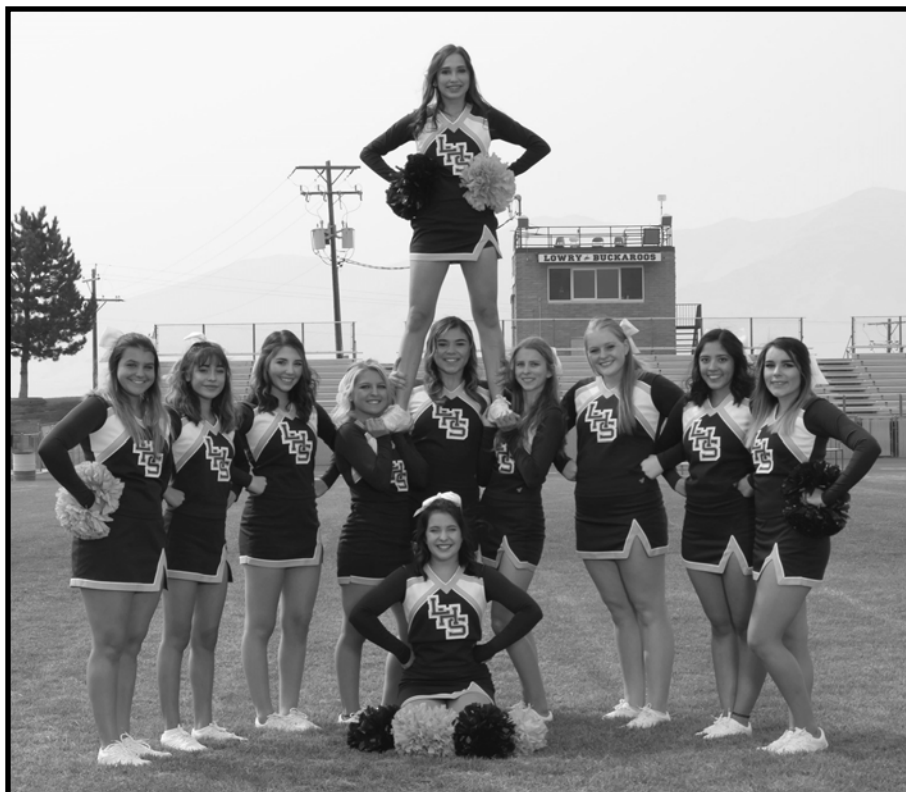
NATE SWENSEN, D.M.D., L.L.C.



530 Melarkey Street,
Suite 9
Winnemucca, NV 89445

(775)623-5093

Varsity Cheerleaders



Roster:

<u>Name</u>	<u>Grade</u>
Viviana Beltran	11
Skylee Dewitte	12
Dharma Fifield	9
Isabel Kearns	11
Kaitlin Kieber	11
Lilliana Lopez	10
Cynthia Magana	11
Fatima Ochoa	12
Diana Parra	9
Yesenia Ramirez Avalos	12
Michelle Rookstool	12
Hailey Vess	11

DRAKE ROSE  ASSOCIATES, LLC

SHELLY DRAKE
&

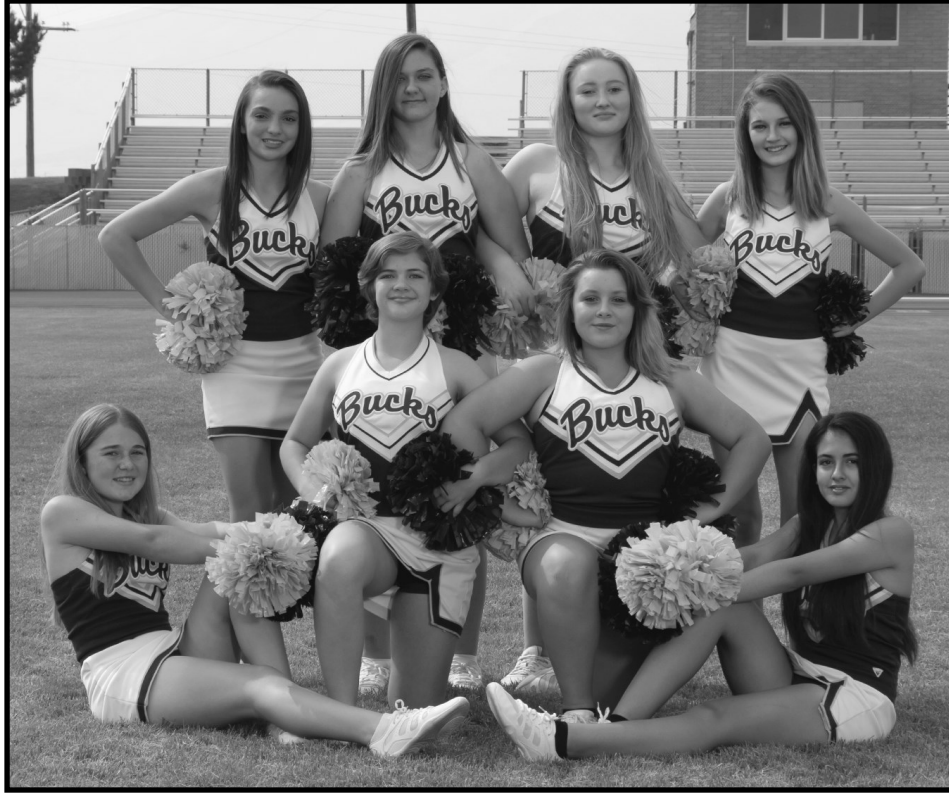
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Roster:

<u>Name</u>	<u>Grade</u>
Meadow Braun	9
Lucy Dangel	9
Jaydan Ham	9
Emily Lewis	9
Marisol Lopez	9
Emily Miles	9
Saree Millikan	9
Nya Tyler	9

Cheer Seniors



Family: Nicole Dewitte (mom) and Boe Dewitte (dad)
 Favorite Memory About Your Sport: How much fun we have at games and how close the team has been.
 Future Plans: Go to college and become a vet.
 Favorite Quote: "And I knew exactly what to do. But in a much more real sense, I had no idea what to do." -Micheal Scott "The Office"

Skylee Dewitte



Family: Elsa Ochoa (mom) & Family
 Favorite Memory About Your Sport: The excitement of the games and spending time with my team.
 Future Plans: After High School I plan on going to college.
 Favorite Quote: "Don't cry because it's over, smile because it happened." -Dr. Seuss

Fatima Ochoa



Family: Mom Angelica Avalos, Sister: Angelica Ramos
 Favorite Memory About your Sport: "Favorite memory would have to be spending quality time during team builders and cheering at games, obviously."
 Future Plans: "Attend college to become a dermatologist."
 Favorite Quote: "Keep your face always toward the sunshine and shadows will fall behind you." -Walt Whitman

Yesenia Ramirez Avalos



Family: Kendal and Jessica Rookstool Ashley and Jimmy
 Favorite Memory About your Sport: "The funny times during practice"
 Future plans: "Go to college Get my business degree. I would like to do photography"
 Favorite Quote: "Never Regret anything because at one point in time it was exactly what you wanted."

Michelle Rookstool



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- MEDX AIRONE responds to scene calls and also transports right from the hospital.
- MEDX AIRONE covers air membership to MedX AirOne for all permanent residents in any of the six counties at no additional out of pocket cost to you.
- MEDX AIRONE is an in-network provider for insurance with providers like Hometown Health, BlueCross Blue Shield, Anthem and Cigna and accepts that reimbursement as payment in full so no unruly bill will be sent to you after the fact. It is equally important to be an in network provider with your insurance carrier as it helps your employer pay less in insurance costs!
- No insurance? You are still covered and you will not receive a balanced bill from MEDX AIRONE.

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CROSS COUNTRY STATE CHAMPIONSHIPS TEAMS

Boys 1995



Coach Lindsay, Salvador Cabada, Joel Jaimes, Aaron Brown, Mario Cabada, Juan Diaz, Willie Ulch, Josh Gale, Renee Tampkins, Diana Black, DeAnna Jones, Goldena Bennett, Sergio Cabada, Emilio Vaca, Victor Mercado

Girls 2000

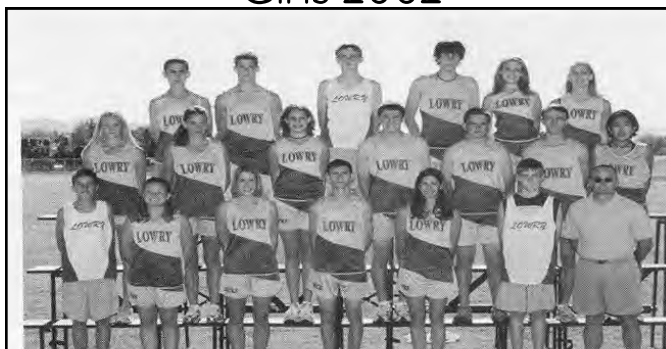


Boys & Girls 2001



Katie Engstrom, Allen Mayo, Jason Peterson, Ryan Owens, Marks Stone, Daniel Gibson, Whitney Mentaberry, Kelsey Engstrom, Rachel Strong, Shaun Austin, Joseph Gibson, Jaime Cabada, Lupe Cabada, Jake Steinman, Anna Schumacher, Nicole Tyler, Coach Grant, Chris Lyon, Coach Billingsley, Sadie Haaglund, Heather Thompson, Jamie Steinman

Girls 2002



Forrest Schumacher, Sadie Haaglund, Anna Schumacher, Jake Stienman, Jamie Steinman, Randy Johnson, Coach Billingsley, Rose Gran, Whitney Mentaberry, Kelsey Engstrom, Marcus Stone, Jaime Cabada, Joseph Gibson, Nora Rocha, Lupe Cabada, Justin Grant, Jonathan Routson, Jason Peterson, Katie Engstrom, Heather Thompson

Boys & Girls 2003



Boys & Girls 2004



Lupe Cabada, Trevor Goodell, Sean Brown, Forest Schumacher, Jon Routson, Randy Johnson, Terence Henriod, Jake Steinman, David Bryan, Jessell Owens, Madison Gray, Felicia George, Kelby Casale, Triton Manzo, Lindy Haaglund, Nicole Lyon, Matt Pike, Michael Stannard, Katie Ingle, Serena Phoenix, Nick Belanger, Kyle Hancock, Natalie Meldrum, Hailey Yadon

Boys & Girls 2005



Christian Jensen, Triton Manzo, Justin Grant, Jon Routson, Vance Orr, Kelby Casale, matt Pike, Kyle Hancock, Kole Kracaw, Nick Belanger, Spencer Myers, Felicia George, Nicole Lyon, Jessell Owens, Coach Steinman, Sandra Cereceres, Yezenia Diaz, Serena Phoenix, Katie Ingle, Hailey Yadon, Coach Grant

Boys 2006



Vance Orr, Kelby Casale, Michael Orr, Kiefer Maestreguijan, Nicholas Belanger, Triton Manzo, Matthew Pike, Patrick Huttinga, Christian Jensen, Jessell Owens, Nicole Lyon, Spencer Myers, Madison Gray, Aaron Gray, Jennifer Monge, Kole Kracaw, Ashlee Lee, Sandra Cereceres, Joseph Lester, Adam Gray, Alex Schumacher, Yezenia Diaz, Hailey Yadon, Christopher Pike

Boys & Girls 2009



Cross Country Schedule

Day	Location
August 24	Douglas County High School
September 14	North Tahoe High School
September 21-22	Bob Firman Invitational
September 29	Truckee High School
October 5	Lowry High School
October 11	Elko High School
October 18	Spring Creek High School
October 26	Regionals
November 2	State



Your Home Team

Mike White, Branch Manager

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Cell 775.690.5980 • Sparks 24Hour 775.353.0258 • mwhite@goblue team.com

GO BUCKS!

Cross Country



Roster:

Name	Grade
Kinsey Albisu	10
Brooks Carroll	11
Alethea Houston	10
Rebecca Kuskie	12
Jovi Kuskie	9
Makayla Leveille	11
Jesse Hawkins	9
Will Kracaw	12
Christopher McGuire	10
Tyler Morrison	9
Dylan Nee	11
Christian Olson	12
Cal Peters	9
Jeremy Walker	10

CROSS COUNTRY COACHES

Kathy Norcutt



Kristin Flanders

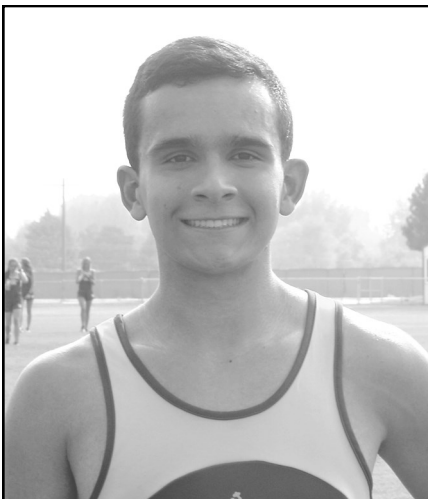


Seniors



Family: Nicole (Mom), Damon (Dad), Alyssa and Jovi (Sisters)
 Favorite Memory About Your Sport: Traveling to State in Las Vegas my Sophomore year and making tons of inside jokes.
 Future Plans: Attend college and participate in Cross Country and Track while pursuing a degree in Biology.
 Favorite Quote: "Doubt kills more dreams than failure ever will."

Rebecca Kuskie



Family: Annie Drake, Jim Kracaw, Emma Kracaw
 Favorite Memory About Your Sport: Competing at the National Qualifier my Junior Year.
 Future Plans: Attend college or university and study Physical Therapy.
 Favorite Quote: A race is a work of art that people can look at be affected in as many ways as they are capable of understanding.

Will Kracaw



Family: Blaine (Father), Brenda (Mom), Clarissa (Sister)
 Favorite Memory About Your Sport: Spending time with teammates, regardless of when or where
 Future Plans: Attend South Dakota School of Mines and Technology for a Computer Science degree.
 Favorite Quote: "Whoever said nothing was impossible tried slamming a revolving door." - unknown

Christian Olson

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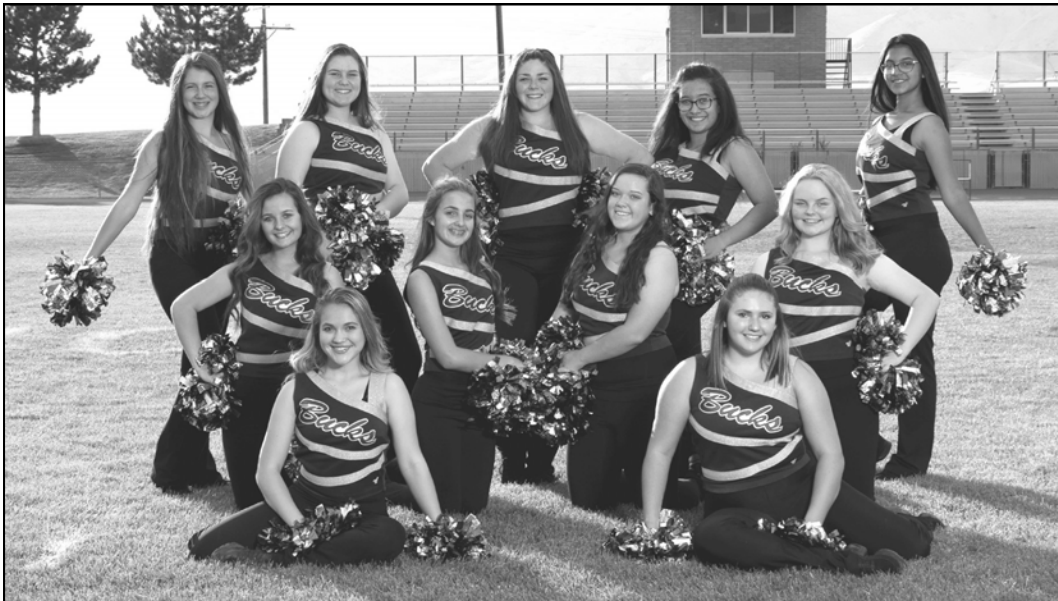
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Varsity Dance



Roster:

<u>Name</u>	<u>Grade</u>
Erica Chapman	10
Kimberly Claussen	12
Kayleen Creamer	9
Destiney DeLaMora	12
Jessica Dixon	10
Mackenzie Fears	10
Wren Jones	9
Adriana Mercado	9
Anais Rodriguez	9

DANCE COACH

Morgan Martinelli



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 CHAD J. BACKUS, PT, DPT ~ KAREN M. PALMER, OTR/L
 MELANIE THURMOND, PT, DPT ~ JAKE BLACK, PT, DPT

Dance Seniors



Family: Bridgette Perkins & Chris Claussen
 Favorite Memory About Your Sport: The moment I found out I was a captain for my team.
 Future Plans: I plan to study Political Science and work in constitutional/civil law and make bank.
 Favorite Quote: "I am prepared to face any challenge foolish enough to face me." ~ Dwight Schrute

Kimberly Claussen



Family: Lisa Utterback & JD De La Mora
 Favorite Memory About Your Sport: The football team kept scoring touchdowns so dance team kept running back and forth to do school song and it was really funny.
 Future Plans: Go to college for something I love, visit all 50 states and get a corgi.
 Favorite Quote: "Stop wishing for it, start working for it." ~ Anonymous

Destiny De La Mora

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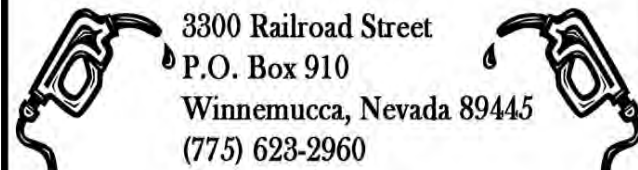
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Football Schedules

Varsity

<u>Date</u>	<u>Opponent</u>	<u>Location</u>
August 17	Pahrump	Lowry High School
August 24	Sparks	Lowry High School
August 31	Spring Creek	Spring Creek High School
September 7	Fernley	Fernley High School
September 14	Truckee	Lowry High School
September 21	North Valleys	North Valleys High School
September 28	South Tahoe	Lowry High School
October 5	Dayton	Dayton High School
October 12	Elko	Lowry High School
October 19	Fallon	Churchill County High School

Junior Varsity

<u>Date</u>	<u>Opponent</u>	<u>Location</u>
August 17	Pahrump	Lowry High School
August 31	Spring Creek	Spring Creek High School
September 7	Fernley	Fernley High School
September 14	Truckee	Lowry High School
September 21	North Valleys	North Valleys High School
October 12	Elko	Lowry High School
October 19	Fallon	Churchill County High School

Freshmen

<u>Date</u>	<u>Opponent</u>	<u>Location</u>
August 24	Sparks	Lowry High School
August 30	Spring Creek	Spring Creek High School
September 6	Fernley	Fernley High School
September 13	Truckee	Lowry High School
September 20	North Valleys	North Valleys High School
September 28	South Tahoe	Lowry High School
October 5	Dayton	Dayton High School
October 11	Elko	Lowry High School
October 18	Fallon	Churchill County High School

Varsity Football



Roster:

#	Name	Grade	Position	Height
52	Josiah Chapman	12	OL, DL	6'0"
20	Rodolfo Cole	12	WR, DB	5'5"
53	Gratian Dawson	11	OL, DB	6'0"
11	Brendan Domire	12	QB, DB	6'0"
12	Rene Flores	12	WR, DB	6'0"
70	Mateo Flores	12	OL, DL	6'0"
25	Jeremiah Good	11	RB, LB	5'7"
50	William Hall	12	OL, DL	6'0"
58	Dominic Hill	10	OL, DL	6'2"
2	Chance Huitt	11	QB, DB	5'9"
42	Blake Jauregui	11	TE, DE	6'1"
76	Evan Jeppsen	12	OL, DL	6'3"
10	Cole Jones	11	RB, LB	5'7"
54	Dominick Kelley	11	OL, LB	5'11"
3	Jesus Leon	11	WR, DB	5'11"
65	Trent Mckellips	11	OL, DL	5'10"
71	Tony Mendoza	12	OL, DL	6'4"
13	Jace Mentaberry	11	RB, DB	5'7"
16	Dorsey Naveran	12	WR, LB	6'4"
69	Jeremiah Nichols-Edwards	11	OL, DL	5'9"
56	Jc O'Neil	11	OL, DL	5'9"
9	Jordan Parker	11	TE, LB	6'2"
1	Anthony Peterson	10	RB, LB	5'10"
51	Caleb Sanchez	12	OL, LB	6'1"
60	William Smith	12	OL, DL	5'9"
5	Scottie Smith	12	WR, DL	6'3"
4	Preston Snow	11	TE, LB	6'0"
55	Jakeb Snyder	12	OL, DL	6'1"
66	Domonic Vanosdall	11	OL, DL	5'9"
78	Cody Vess	11	OL, DL	6'0"
7	Michael Yarnell	11	RB, LB	5'8"

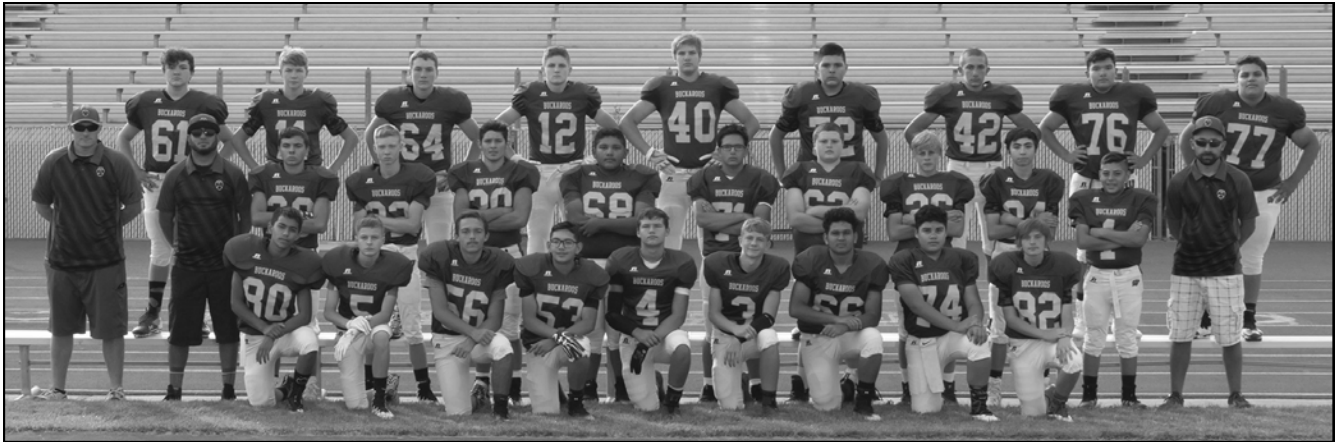
Junior Varsity Football



Roster:

#	Name	Grade	Position	Height
4	Joseph Backus	10	RB, LB	5'5"
71	Dalton Barnes	10	OL, DL	6'2"
50	Matthew Barret	10	OL, DL	5'5"
58	Issac Bernal	10	OL, DL	5'11"
75	Dillon Cook	10	OL, DL	5'10"
6	Trenton Domire	10	QB, LB	5'11"
3	Adam Dossey	10	RB, DB	5'6"
13	Julian Esquivel	10	WR, DB	5'7"
68	Brett Ferraro	10	OL, DL	5'11"
1	Anthony Gildone	10	RB, LB	5'10"
54	Caleb Harmon	10	OL, DL	5'8"
10	Garette Hinshaw	10	WR, LB	5'10"
12	Rudy Leeth	10	WR, DB	5'6"
76	German Lopez	10	OL, DL	5'8"
69	Shane Mattson	10	OL, DL	6'5"
2	Caden Ricci	10	QB, DB	5'8"
9	Samuel Roth	10	WR, DB	5'11"
8	Fabian Rubio-Ochoa	10	WR, DB	5'5"
66	Draeger Schoonover	10	OL, DL	5'11"
7	Colton Von Aspern	10	WR, LB	5'8"
44	Layne Welch	10	TE, LB	5'11"
72	Seth Whitted	10	OL, DL	6'2"
52	Chuckie Wiggins	10	OL, DL	5'10"
88	Aaron Woolsey	10	WR, DB	5'11"

Freshman Football



Roster:

#	Name	Grade	Position	Height
87	Jesse Acevedo	9	WR, DB	5'8"
5	Kaidan Boyles	9	WR, DB	5'5"
74	Tai Combes	9	OL, DL	5'5"
1	Salvador Contreras	9	WR, DM	5'0"
72	Angel Diaz	9	OL, DL	5'11"
4	Joseph Garcia	9	LB, RB	5'9"
12	Andrew Harmon	9	QB, LB	5'10"
68	Bonifacio Hernandez	9	OL, DL	5'10"
80	Angel Huerta	9	WR, DB	5'6"
3	David Hunter	9	QB, LB	5'6"
56	Nikolas Jung	9	OL, DL	5'6"
11	Ayden Katzenmeyer	9	WR, CB	5'6"
64	Cody Long	9	OL, DL	6'10"
30	Roberto Lopez Vidal	9	RB, LB	5'9"
61	Cameron Madrid	9	OL, DL	5'10"
66	Manuel Madrid	9	OL, DL	5'7"
20	Troy Manske	9	RB, LB	5'8"
62	Brian Mcgee	9	OL, DL	5'10"
53	Isaac Mendoza	9	OL, DL	5'7"
76	Marcus Mora	9	OL, DL	5'9"
42	Jordan Neshem	9	TE, LB	5'10"
40	William Osborn	9	TE, DE	6'3"
71	Aidan Tovar	9	OL, DL	5'9"
77	Miguel Varela	9	OL, DL	5'9"
26	Eric Warner	9	RB, LB	5'7"

FOOTBALL COACHES

Adam Sorenson—Freshman



Jose Galvan—Freshman



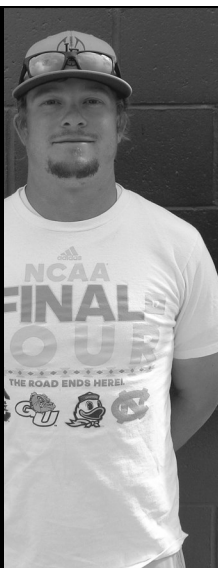
Zach Johnson—Freshman



Ray Smith—Varsity



Austin Mayo—Junior Varsity



John Brooks—Junior Varsity



Brent Riemersma—Junior Varsity



Taua Cabatbat—Varsity



Tyrell Lucas—Varsity



Greg Scott—Varsity



Pierce Roberts—Varsity



Football Seniors



Family: Eric, Dayna, Erica, Nate
 Favorite Memory About Your Sport: Homecoming Junior year when we came back and beat Elko!
 Future Plans: I will go to college and execute God's plan for my life.
 Favorite Quote: "Ask not what your country can do for you, but ask what you can do for your country." ~JFK

Josiah Chapman



Family: Aiza, Mike, Tai, Abbie
 Favorite Memory About Your Sport: Intercepting the ball from the tallest kid in the league.
 Future Plans: College and becoming rich someday.
 Favorite Quote: "Be the change you wish to see in the world." ~Mahatma Gandhi

Rodolfo Cole



Family: Brent + Malinda Riemersma, Randy + Jessi Domire, Trenton, Bobby, Lela, Nathan, Edan, Wyatt
 Favorite Memory About Your Sport: I will always remember the unforgettable bonds created with my teammates.
 Future Plans: I plan on going into physical therapy and someday owning my own facility.
 Favorite Quote: "It never gets any easier, you just get better." - unknown

Brendan Domire



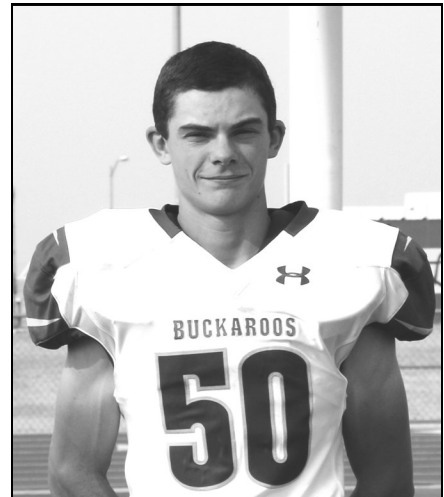
Family: Rene Flores (dad) Jaclyn Lafferty (mom)
 Favorite Memory about your sport: A favorite memory is being on the field with my team every Friday night while competing hard.
 Future Plans: I plan on going to college to further my sports career and study Mechanical Engineering
 Favorite Quote: "Learn to enjoy every minute of your life. Be happy now. Don't wait for something outside of yourself to make you happy in the future. Think how really precious is the time you have to spend, whether its at work or with your family. Every minute should be enjoyed and savored." ~Earl Nightingale

Rene Flores



Family: Patrick & Abby
 Favorite Memory About Your Sport: Pregame practices, team dinners, and playing under those Friday night lights.
 Future Plans: Definitely go to college, but I don't have any idea what for.
 Favorite Quote: "You're a simple minded individual."
 ~Coach Cabatbat

Mateo Flores



Family: Will (dad) Cheryl (mom) Hayley, Heather (sisters) Hall
 Favorite Memory about your sport: Hanging out with my team mates
 Future Plans: Find a good college to go to and then go from there
 Favorite Quote: "Courage is being scared to death and saddling up anyway" John Wayne

Heath Hall

Football Seniors



Family: Byron (Dad), Jamie (Mom), Hayden (Brother), Kenadee (Sister)
 Favorite Memory About Your Sport: Beating Elko sophomore year for homecoming.
 Future Plans: Go to college and get super rich.
 Favorite Quote: "I am Groot." -Groot

Evan Jepps

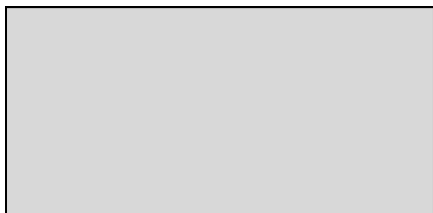


Tony Mendoza

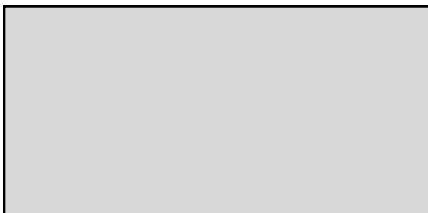


Family: Tim(dad) Pam(mom) Payton (sister) Garrett (brother)
 Favorite Memory about your sport: Beating Elko by one, in football, Sophomore year, for our homecoming game.
 Future Plans: I plan to go to UNR and hope to major in engineering
 Favorite Quote: "Brol!" -Caleb Sanchez

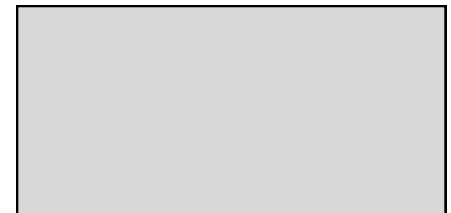
Dorsey Naveran



Caleb Sanchez



William Smith



Scottie Smith

Football Seniors



Family: Matt (dad) Anna(mom) Eva, Sophia (sisters) Chris (brother)
 Favorite Memory about your sport: Being able to bond with the other players to be a family.
 Future Plans: Go serve my country in the Air Force or Navy
 Favorite Quote: "Success is the result of the perfection, hard work, learning from failure. Loyalty, and persistence." - Colin Powell

Jakeb Snyder

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Girl's Golf State Championships

1975



Julie Warner, Julie Larragueta, Cindy Bidart, Debbie Mentaberry, Karen Mendiola, Joyce Vetter, Kathy Bidart, Mary Ann Lawrence

2000



Chelsea Mendiola, Kelly Dugger, Jamie Billingsley, Gwen Meyer, Leslie Prat, Heather Blattman, Mackenzie Swecker, Nicole Sorenson, Kathryn Brooks, Meghan Duffurena, Janice Domingo, Nichole Cochrane, Coach Orr

2001



Mackenzie Swecker, Meghan Duffurena, Janice Domingo, Kelly Dugger, Leslie Prat, Nichole Cochrane, Nicole Mezenen, Chelsea Mendiola, Jamie Billingsley, Coach Orr

2003



Holly Olsen, Allison Beck, Anita Cowley, Mackenzie Swecker, Meghan Duffurena, Nichole Cochrane, Savannah Roman, Jamie Billingsley, Chelsea Mendiola, Leslie Pratt, Coach Glenn

Golf Schedule

Day	Location
August 21	Spring Creek Golf Course
September 4	Spring Creek Golf Course
September 5	Ruby View Golf Course
September 17	TBA
September 18	TBA
October 1	Dayton Valley Country Club
October 2	Fallon Golf Course
October 9	Fernley Golf Course
October 10	Winnemucca Golf Course
October 15	State TBA
October 16	State TBA

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Girl's Golf



Roster:

<u>Name</u>	<u>Grade</u>
Tatyana Carlson	12
Kaitlyn Hales	10
Hannah Havens	12
Bailey Hayes	9
Angelina Martinez	10
Mekenzie Vandemark	12

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Savannah Talbott



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Golf Seniors



Tatyana Carlson

Hannah Havens

Mekenzie Vandemark

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email: kendall@swensencpa.com

Boy's Soccer Schedules

Varsity

<u>Day</u>	<u>Opponent</u>	<u>Location</u>
August 24	South Tahoe	South Tahoe High School
August 25	South Tahoe	South Tahoe High School
August 28	Elko	Elko High School
September 7	Sparks	Lowry High School
September 8	North Valleys	Lowry High School
September 14	North Tahoe	North Tahoe High School
September 15	Truckee	Truckee High School
September 21	Incline High School	Lowry High School
September 22	South Tahoe	Lowry High School
September 25	Spring Creek	Spring Creek High School
October 5	Sparks	Sparks High School
October 6	North Valleys	North Valley High School
October 12	North Tahoe	Lowry High School
October 13	Truckee	Lowry High School
October 19	South Tahoe	South Tahoe High School
October 20	Incline High School	Incline High School
October 25	Spring Creek	Lowry High School
October 26	Elko	Lowry High School

Junior Varsity

<u>Date</u>	<u>Opponent</u>	<u>Location</u>
August 24, 2018	South Tahoe	South Tahoe High School
August 25, 2018	South Tahoe	South Tahoe High School
August 28, 2018	Elko	Elko High School
September 7, 2018	Sparks	Lowry High School
September 8, 2018	North Valleys High School	Lowry High School
September 12, 2018	Fernley	Fernley High School
September 14, 2018	North Tahoe	North Tahoe High School
September 15, 2018	Truckee	Truckee High School
September 22, 2018	South Tahoe	Lowry High School
September 25, 2018	Spring Creek	Spring Creek High School
October 5, 2018	Sparks	Sparks High School
October 6, 2018	North Valleys High School	North Valleys High School
Friday, Oct 12, 2018	North Tahoe	Lowry High School
October 13, 2018	Truckee	Lowry High School
October 19, 2018	South Tahoe	South Tahoe High School
October 25, 2018	Spring Creek	Lowry High School
October 26, 2018	Elko	Lowry High School

Varsity Boy's Soccer



Roster:

#	Name	Grade	Position
18	Eduardo Aguilar	11	Midfielder
19	Elias Arechiga	11	Midfielder
0	Andrew Bravo	9	Midfielder
0	Christian Cuevas	10	Striker
7	Anthony Cuevas	11	Striker
17	Brandon Diaz	11	Midfielder
8	Rafael Echeverria	12	Fullback
21	Angel Galarza	11	Goal Keeper
3	Antonio Herrera	12	Fullback
4	Alejandro Herrera	12	Fullback
10	Aldahir Hernandez Jaimes	11	Midfielder
20	Timur Krapivin	11	Fullback
6	Austin Lloyd	11	Striker
13	Gabriel Monreal	11	Fullback
0	Octavio Ruiz	11	Midfielder
0	Celso Ruiz	11	Midfielder
0	Giovani Sapien	9	Striker
0	Christopher Schultz	12	Goal Keeper



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JV Boy's Soccer

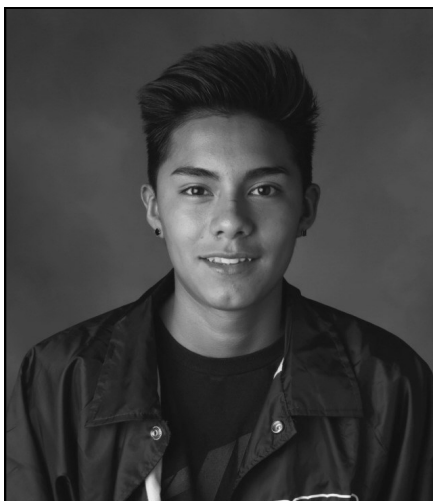


Roster:

Name	Grade	Position	Name	Grade	Position
Ryan Andrews	11	Midfielder	Brandon Lee	10	Striker
Yahir Avalos	9	Striker	Dylan Lutzow	10	Midfielder
Scot Brown	9	Midfielder	Gerardo Magana	10	Goal Keeper
Omar Castaneda	9	Midfielder	Matthew Means	9	Fullback
Ivan Contreras	9	Midfielder	Johan Silva	9	Fullback
Kaidan Esquivel	11	Midfielder	Luis Solis	10	Fullback
Zachary Fernandez	9	Fullback	Josh Turner	11	Striker
Daniel Fernandez	10	Midfielder	Jordan Wirthlin	9	Fullback
Jesse Gilboy	10	Midfielder	Damian Zaragoza- Mendoza	9	Fullback
Ashton Kalkoske	10	Fullback			



Soccer Seniors



Family: Jose Garcia, Montse Hernandez, Hilda Garcia, Victor G
 Favorite Memory About Your Sport: My freshman year of trying out because I gained lots of experience.
 Future Plans: Maybe keep going on to play soccer and become professional.
 Favorite Quote: "Not everyone has to like me. Not everyone has taste."

Rafael Echeverria



Family: Luis & Rocio, Monica, Julian, Alejandro
 Favorite Memory: Playing alongside my brother.
 Future Plans: Go to a trade school to study to become an Electrician
 Favorite Quote: "A reputation as a hard worker is a good reputation to have!" ~Kevin Hart

Antonio Herrera



Family: Luis & Rocio, Monica, Julian, Antonio
 Favorite Memory: Getting to play alongside my brother and friend.
 Future Plans: Study/go to trade school to be an electrician.
 Favorite Quote: "I was born to be happy, not perfect" Neymar Jr.

Alejandro Herrera



Family: Suzanne, Brad, Austin, Kyle
 Favorite Memory About Your Sport: Beating Incline for the first time.
 Future Plans: Go to college and study Engineering.
 Favorite Quote: "I am so clever that sometimes I don't understand a single word of what I am saying." ~ Oscar Wilde

Christopher Schultz

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Girl's Soccer Schedule

Varsity

<u>Date</u>	<u>Opponent</u>	<u>Location</u>
August 24	South Tahoe	South Tahoe High School
August 25	South Tahoe	South Tahoe High School
August 28	Elko	Lowry High School
September 8	North Valleys	North Valley High School
September 14	North Tahoe	Lowry High School
September 15	Truckee	Lowry High School
September 18	Churchill County	Lowry High School
September 21	Incline High School	Incline High School
September 22	South Tahoe	South Tahoe High
September 25	Spring Creek	Lowry High School
October 5	Sparks	Lowry High School
October 6	North Valleys	Lowry High School
October 9	Churchill County	Churchill County High
October 12	North Tahoe	North Tahoe High School
October 13	Truckee	Truckee High School
October 19	South Tahoe	Lowry High School
October 20	Incline High School	Lowry High School
October 25	Spring Creek	Spring Creek High School
October 26	Elko	Elko High School

Junior Varsity

<u>Date</u>	<u>Opponent</u>	<u>Location</u>
August 24	South Tahoe	South Tahoe High School
August 25	South Tahoe	South Tahoe High School
August 28	Elko	Lowry High School
September 8	North Valley High School	North Valley High School
September 14	North Tahoe	Lowry High School
September 15	Truckee	Lowry High School
September 18	Churchill County	Lowry High School
September 21	Incline High School	Incline High School
September 22	South Tahoe	South Tahoe High
September 25	Spring Creek	Lowry High School
October 5	Sparks	Lowry High School
October 6	North Valley High School	Lowry High School
October 9	Churchill County	Churchill County High
October 12	North Tahoe	North Tahoe High School
October 13	Truckee	Truckee High School
October 19	South Tahoe	Lowry High School
October 20	Incline High School	Lowry High School
October 25	Spring Creek	Spring Creek High School
October 26	Elko	Elko High School

Varsity Girl's Soccer



Roster:

#	Name	Grade	Position
2	Bailee Brinkerhoff	10	F/M
6	Zafiro Cano	12	F
13	Celest Castellanos	12	D
15	Macy Delong	10	F/M
5	Hailey Fernandez	12	F/M
1	Ariana Galindo Godinez	11	M
10	Julianna Gonzalez	11	F/M
20	Hannah Growcock	12	K/D
3	Hadley Hatch	9	K/D
14	Elyzah Leon	11	F/M
8	Lesley Martinez	10	F
7	Macy Munroe	12	F/M/D
4	Danielle Terou	12	M
19	Victoria Tirado	12	D/M
12	Lizabeth Varela	10	D

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JV Girl's Soccer

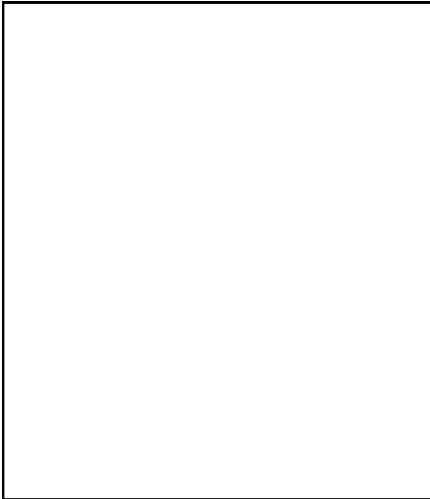


Roster:

<u>Name</u>	<u>Grade</u>	<u>Position</u>	<u>Name</u>	<u>Grade</u>	<u>Position</u>
2 Amy Adair	9	F/M/D	3 Anjolie Karrer	10	F/M
9 Emily Backus	9	F/M	8 Dania Monroy	10	F/M/D
10 Nichole Burke	9	F/M	16 Clarissa Olson	10	D/Keeper
14 Kenzi Dowd-Smith	9	F/M/D	17 Arianna Ruiz	9	D
5 Elizabeth Gilboy	10	F/M	19 Emily Schoenecker	10	D
6 Angelica Guzman	10	M/D	13 Mackenzie Swenson	9	F/D
11 Jordan Hornbarger	10	F/M/D	1 Lexi Thacker	10	D/Keeper
7 Brooke Howard	10	F/M/D	12 Zoey Thies	9	D/Keeper



Soccer Seniors



Zafiro Cano



Celest Castellanos



Hailey Fernandez



Hannah Growcock



Macy Munroe




Danielle Terou

Soccer Seniors



Victoria Tirado


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VOLLEYBALL STATE CHAMPIONS 2005



Back Row: Amber Dennis, Kylie Owsley, Coach Stephanie Wade, Charmane Hall, Chantel Jarret, Diana Dorman, Middle: Ashley Madden, Stacey Goodale, Melissa Watterson, Front: Cristal Herrera, Ambar Huish, Cheri Ingle, Christin Flodman

Volleyball Schedules

Varsity, Junior Varsity, Freshman

<u>Date</u>	<u>Opponent</u>	<u>Location</u>
August 17	Churchill	County Churchill County High School
August 24	Yerington	Yerington High School
August 25	Yerington	Yerington High School
August 31	Spring Creek	Spring Creek High School
September 1	Elko	Elko High School
September 7	Dayton	Lowry High School
September 8	South Tahoe	Lowry High School
September 12	Fernley	Fernley High School
September 14	Sparks	Sparks High School
September 18	Churchill	CountyChurchill County High
September 21	Truckee	Truckee High School
September 22	North Valley	North Valley High School
September 28	Spring Creek	Lowry High School
September 29	Elko	Lowry High School
October 5	South Tahoe	South Tahoe High School
October 6	Dayton	Dayton High School
October 10	Fernley	Lowry High School
October 12	Sparks	Lowry High School
October 19	Truckee	Lowry High School
October 20	North Valley	Lowry High School
October 25	Churchill County	Lowry High School

Varsity Volleyball



Roster:

#	Name	Grade	Position
5	Adia Bengochea	10	S
2	Carly Capellen	11	OH, DS
7	Kelcey Cooper	11	OPP, OH
8	Andrea Escobedo	12	S
12	Brooke Hansen	12	MB
3	Keira Hilbish	11	OH, OPP
4	Allie Hummel	11	LB, DS
0	Victoria Jacinto	11	MGR
14	Sierra Maestrejuan	11	OPP, OH
1	Julianne Montero	12	MB, OPP
11	Isabelle Ozanick	11	DS
6	Breanna Sowinski	11	OH, MB
9	Destiny Starkey	11	OH, MB

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JAVA TOWN

-One Sip & You'll Flip!-

Junior Varsity Volleyball



Roster:


#	Name	Grade	Position
12	Josie Ellifritz	10	DS
6	Lauren Fentress	10	OH
7	Amanda Franklin	10	S
1	Alexus Gomez	10	DS, LB
9	Sandyn Johnson	10	DS
14	Reece Kalkoske	10	MB
13	Kasia Nelson	10	MB
4	Tea Novi	10	DS
8	Juliana Ruiz	10	OPP, MB
15	Mackenzie Salas-Begay	10	S
3	Shanae Smith	10	OH
10	Kayleen Urain	10	DS, OH

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Freshman Volleyball



Roster:

#	Name	Grade	Position
10	Peyton Cassinelli	9	OPP
7	Lexi Chaffin	9	S
20	Kadence Cooney	9	S, OPP
5	Lyndsee Dove	9	LB
12	Saige Kirchesh	9	OH
14	Brookelynn Miller	9	OPP
8	Alexis Olsen	9	MB
18	Mckenzi Petersen	9	MB
6	Hannah Whitted	9	OH

GIRLS VOLLEYBALL COACHES

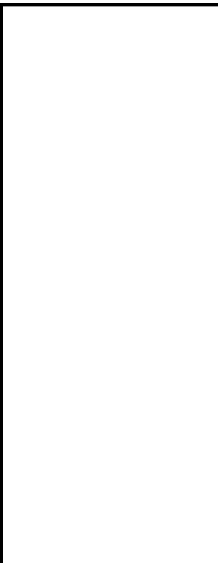
VARSITY

Brandon Eastman



JUNIOR VARSITY

Skylar Estes



FRESHMAN

Cassie Jenkins



Volleyball Seniors



Family: Norma Fregoso (Mom), Jose Escobedo (Dad), Jesus, Daleyza, Jocelyn
 Favorite Memory About Your Sport: Being able to go to state with my besties.
 Future Plans: Not sure yet
 Favorite Quote: "It always seems impossible until it's done." -Nelson Mandela

Andrea Escobedo



Family: Colette (Mom), Mark (Dad), Alexis (Sister), Kaleb (Brother)
 Favorite Memory About Your Sport: Winning regionals and going to state.
 Future Plans: To attend college and get a degree in law.
 Favorite Quote: "The most difficult roads often lead to the most beautiful destinations."

Brooke Hansen



Family: Jeanette (Mother), Mike (Father), Meg and Madison (Older Sisters)
 Favorite Memory About Your Sport: Constantly making fun of Brandon and winning the regional title last year with all of my home girls
 Future Plans: I plan on attending college in Texas and pursuing a career as an EMT.
 Favorite Quote: "If life shuts a door, open it again. It's a door, that's how they work."

Julianne Montero



Winnemucca Convention & Visitors Authority and Ag. District #3

Supporting our hometown athletes!
Good Luck - Play Hard!

Winnemucca's Annual Community Events

March	Ranch Hand Rodeo Weekend
April	Shooting the West Photography Symposium
May	Run-A-Mucca Motorcycle Rally
June	Winnemucca Basque Festival
July	Winnemucca Wheels Car Show
September	Tri-County Fair & Stampede
October	Lazy P Adventure Farm Fall Farm Festival
November	Western States Ranch Rodeo Finals

50 West Winnemucca Blvd - Winnemucca, NV
 (775) 623-5071 - www.Winnemucca.com

WINNEMUCCA CENTURY CLUB

P.O. Box 3656
Winnemucca, Nevada 89446

The Winnemucca Century Club is a nonprofit corporation which receives and expends funds to promote and support Lowry High School athletics. Past contributions have been used to assist in the funding of improvements to the fields and facilities of baseball, football, soccer, softball and track, as well as to purchase equipment and/or uniforms for baseball, basketball, cheerleading, cross country, dance team, football, golf, soccer, softball, track, volleyball and wrestling. If you wish to contribute to the booster club for Lowry High School athletics, please fill out this form and send it to us at the above address. If you have any question, please call Ray Parks at 623-8130, Andrew Hillyer at 623-4813.

2018-19 Membership Form

Name(s): _____

Address: _____

City, State & Zip Code: _____

Amount of contribution:

Each member receives a gate pass for Lowry athletic events for the school year.

\$125.00	First family member
\$75.00	Second family member (Spouse or children 21 years and younger)
\$50.00	Each additional family member (Children 21 years and younger)

Remember your Century Club membership is tax deductible.

Preference for payment:

Pay the full amount now of _____.

Pay _____ now and the balance in installments of _____.

Monthly _____ Quarterly _____

Semi-annually _____ Annually _____

Signature: _____