

LOWRY HIGH SCHOOL

Spring Sports Program 2018-19

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Welcome You

It is our pleasure to host each and every HOME event with the traditional WINNEMUCCA hospitality and we wish you the best of luck and hope you have a safe journey home.

On behalf of the students, faculty, and administration of Lowry High School and the City of Winnemucca we welcome you to our HOME away from home.

SPORTSMANSHIP is a top priority of Lowry Athletics. We are certain that we will have outstanding games and that each and every fan will practice good sportsmanship and applaud those efforts by both teams during the games. We have made a strong commitment to our athletes, coaches, parents, and spectators to have a positive competitive experience.

Your paid or complimentary admission to our events entitles you to enjoy an exhibition of skills developed by our students in an educational setting. Please give these student-athletes your positive encouragement and support. Your effort to applaud the talents of all players is appreciated. Booing, taunting or intimidating the officials and opponents is unfriendly and inappropriate. Please be an example to those around you. A special thanks goes to our Humboldt County School District Board of Trustees, Humboldt County School District Administration, Humboldt County school teachers, Lowry High School students, the City of Winnemucca, Winnemucca Century Club and the many workers who have contributed their time and effort to insure that you may enjoy athletics at its best.

Our sports programs are truly a community happening and we are proud to be able to host Lowry High School athletic events with students in mind. We would like to take this opportunity to thank all of the fans for continuing to support and make all Lowry athletic programs highly visible and popular in Humboldt County.

Sit back, relax and enjoy yourself! At the conclusion of each day's contest, please make yourself at home in our wonderful City of Winnemucca.

SPORTSMANSHIP IS OUR TOP PRIORITY AT LOWRY!

***Let the Coaches coach, the Refs ref
& MOST importantly let the kids play!***

Albert M. Lowry High School
5375 Kluncy Canyon Road, Winnemucca, NV 89445
775-623-8130
http://www.edline.net/pages/Albert_Lowry_High_School

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Tim Connors, Athletic Administrator/Vice Principal

Dustin Christean, Vice Principal

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HISTORY OF LOWRY HIGH SCHOOL

In 1967, a brand new Humboldt County High School was opened with the new name Albert Lowry High School in honor of revered Coach Albert M. Lowry.

A true Nevadan, Mr. Lowry was born in Tollhouse in 1897. He graduated from the University of Nevada in 1925, began teaching Science and coaching three sports in Winnemucca.

Mr. Lowry served the students of Humboldt County as a teacher, coach, principal, assistant superintendent and as director of the Nevada Education Association.

One of Nevada's first sporting legends, Mr. Lowry was instrumental in putting Humboldt County High School on the map. His basketball teams won 11 district or league championships and finished as the 1929 runner-up in the Nevada State Tournament.

As a track coach, he led his teams to Nevada championships in 1928, 1930, and 1936.

Mr. Lowry was also an integral part of introducing six-man football to some of Nevada's smaller schools. In 1941, he was chosen as the state's "Outstanding Coach".

Mr. Lowry served as president of the Nevada Interscholastic Athletic Association (NIAA) for 14 years and was chosen 3 times as a delegate to the National Federation of State High School Athletic Associations.

In 1933, Mr. Lowry was inducted into the NIAA Hall of Fame. He retired from the school district in 1966 and passed away May 5, 1989.

The original Lowry High School building was ready for use in 1967, with the vocational building added in 1983 the science building in 1991, the following improvements were made since then: weight room, new gym, art/social studies building, Jim Billingsley Softball Complex, new track—lighting and landscaping, baseball & softball announcers booth.

LOWRY HIGH – TRADITIONS OF PRIDE, DEDICATION & EXCELLENCE

HISTORY OF WINNEMUCCA

Winnemucca, originally called French Ford, sprouted up from a wagon crossing on the Humboldt River. A trading post and hotel were the first businesses in Winnemucca, the hotel serving miners and prospectors as well as wagon trains that were passing through on their way to California or Oregon.

Two brothers, Louis and Theophile Lay, built a bridge across the Humboldt River. After this, it was not necessary to ford the river and the town was renamed to Centerville. Soon after, the railroad was built so residents looked for a name that fit the town better.

L.C. Pease or C.B.O. Bannon are usually given credit for naming the town. They chose to name the town after Chief Winnemucca, the leader of a local Paiute tribe. Another theory is that a nameless worker for the Central Pacific Railroad wanting to keep peace with the Paiutes suggested naming Winnemucca after the Paiute chief. It is reasonable that all three men chose the name of the town as an agreement was necessary. Winnemucca was an apt name as the mountain and mining district had been named for the Paiute chief since 1863.

Chief Winnemucca came by his name as a boy. When he was young, some prospectors found him in the river wearing just one moccasin. Using the Pauite word "muchcha" for moccasin, they called him "wan-ne-muc-cha." Young Chief Winnemucca liked the sound of the word and took it for his name. Later it came to mean "one moccasin."

STATE CHAMPIONSHIPS: LOWRY HIGH SCHOOL & HUMBOLDT COUNTY HIGH SCHOOL

Wrestling

1981, 1984, 1985, 1987, 1988, 1990, 1991, 1992, 1993, 2003, 2009, 2010, 2011, 2012, 2013, 2014 (1st all-time in Nevada history)

Boys Golf

1973, 1974, 1975, 1976, 1978, 1979, 1984, 1985, 1986, 2010, 2012, 2013 (1st all-time in Nevada history)

Boys Basketball

1959, 1960, 1971, 1973, 1974, 1975, 1978, 1985, 1992, 2002, 2012, (8th all-time in Nevada history)

Girls Cross Country

2000, 2001, 2002, 2003, 2004, 2005, 2007, 2008, 2009 (2nd all-time in Nevada history)

Boys Cross Country

1995, 2001, 2003, 2004, 2005, 2006, 2007, 2008, 2009 (3rd all-time in Nevada history)

Boys Track & Field

1923, 1929, 1931, 1937, 1960, 1961, 1967 (8th all-time in Nevada history)

Girls Basketball

1979, 1981, 1992, 2002, 2010, 2014 (4th all-time in Nevada history)

Girls Golf

1975, 2000, 2001, 2003 (5th all-time in Nevada history)

Football

1959, 1965

Softball

2006

Volleyball

2005

Girls Track & Field

2018

HALL OF FAME

Joe deArrieta Sr.	1994	Bill Hoxsey	1998	Teresa Vesco	2008
John Dolan	1994	Hank Mentaberry	1998	Susan Rorex	2008
Albert M. Lowry	1994	Pat Dolan	1998	Lyman Bruce	2008
Jim Billingsley	1995	Gary Hoxsey	1999	Tony Erquiaga	2008
Steve Clausen	1995	Don Woods	1999	Ken Christean	2008
Jim deArrieta	1995	Jerome Etchegoyhen	1999	Eric Angelopoulos	2011
Joe Dendary	1995	Gary Stoker	1999	Johnny Davis	2011
Lori Echevarria	1995	Marvin Clausen	1999	George Mentaberry	2011
Mike Glenn	1995	Tammy Pollock	2000	John McNinch	2015
Alfred Gonzalez	1995	Tim Billingsley	2000	1965 Humboldt County	
Rober Hooft	1995	Dick Peraldo	2000	HS Football Team	2015
Pat McDade	1995	Pat Hart	2000	Dr. Robbie Grant	2015
Vince Mendiola	1995	Dr. James Calder	2001	Tina Echeto-Wilson	2015
Jim Phillips	1995	Mateo Legarza	2001	LHS Boys Basketball	
Rolfe Schwartz	1995	Don Stoker	2001	Teams, 1973, 1974,	
Mitch Woods	1995	Pete Etchart	2003	1975	2016
Ted Zimmerman	1995	Lynn Cunningham	2003	Cleto Bengoa	2017
Jock Echave	1996	Rick Ringheimer	2003	Nate Green	2017
Lee Lowry	1996	David Stoker	2003	Teo Maestrejuan	2017
Foe Mentaberry	1996	Dave Mendiola	2004	Chris Hornbarger	2017
Betty Roeder	1996	Lisa Jaureguito	2004	Andrew Hillyer	2018
Fred Walts	1996	Kelly Pollock	2004	Mackenzie Swecker	2018
Kirk Allred	1997	Chad Peters	2004	Dennis Porter	2019
Don Bankofier	1997	Johnathan Jarolimek	2004	Rachelle Piquet	2019
Carol Scott	1997	Laura Stein	2005		
Joe deArrieta Jr.	1997	T.W. Cunningham	2005		
Joe Ydiando	1998	David Schwartz	2008		
John Legarza	1998	Ron Bankofier	2008		
Dennis Verner	1998	Chris Vesco	2008		

HALL OF FAME

Lowry High School will be sponsoring a Hall of Fame for deserving Winnemucca individuals who attended or taught at Humboldt County High School or Albert M. Lowry High School. 1994 was the inaugural year for this program and we encourage you to think back and nominate a deserving individual for this prestigious award. Nominees not selected this year will be placed in an active file for future years.

Purpose:

The purpose of the Hall of Fame is to honor and recognize outstanding individuals who have had a significant and lasting impact on the lives of people through their involvement as student and/or athlete or educator at our local high school. These individuals must have excelled in high school and continued to exemplify high standards in their adult lives to be eligible for this award.

Nomination procedures:

1. Candidates can be nominated by any person.
2. The "selection committee" will be composed of four representatives to serve a maximum four year term. The athletic administrator will select those individuals and the names of the individuals will be confidential.

Nomination Deadline:

All nominations must be received in the Lowry High School office no later than Oct 15 of each year. All nominations will remain in an active file for a three year period.

Awards:

Recipients will have their name placed on a Hall of Fame plaque at Lowry High School and receive a lifetime pass to all Lowry High athletic events.

General Criteria:

Nominees must exemplify the highest standards of sportsmanship, ethical conduct, moral character and carry the endorsement of their respective high school. An applicant must meet the following qualifications:

1. Athletes – will be eligible for nominations ten years after high school graduation.
2. Teachers, Coaches, Administrators, and Contributors will be eligible after their service to Humboldt County School District has ended.

To further explain, athletes would be former student participants who are being nominated for their achievements in interscholastic athletics. Students and educators would be considered on the merits of their high school achievements only. A contributor would be an individual who has made a contribution to Winnemucca education in some capacity other than those previously mentioned, including such areas as sports medicine, sports media, school participation, etc.

WINNEMUCCA
High School Hall of Fame
Application Form

Name _____	Year of Graduation _____
Current Address _____	School _____
Phone _____	Date of Birth _____
	If retired _____
Place of Birth _____	Date of Retirement _____
College Attended _____	

What activities did the nominee participate in while in high school? _____

What awards or honors did the nominee receive while in high school? _____

What award and/or activities has the nominee been involved in since graduation? _____

Need a letter of endoresement and recommendation attached _____	(not required
Newspaper and/or other supportive material attached _____	but recommended)

INDIVIDUAL SUBMITTING NOMINATION

Name _____	Phone _____
------------	-------------

Mailing Address _____
City, State, Zip _____

Signed _____	Date _____
--------------	------------

Return completed form to:

Lowry High School
Hall of Fame Committee
5375 Kluncy Canyon Road
Winnemucca, NV 89445

FALL—ALL STATE WINNERS

Cross Country

Brett Ferrier, 2000
Kelsey Engstrom, 2000, 2001, 2003
Heather Thompson, 2002
Lupe Cabada 2003
Jake Steinman, 2004
Felicia George, 2005
Matt Pike, 2006, 2007

Football

Alfonso Gonzales , 1969
Frank Bengoa, 1970
Jim Calder, 1970
Paul Vesco, 1971
Tom Gillespie, 1971
Vince Mendiola, 1971, 1972, 1973
Joe Dendary, 1974
Steve Clausen, 1974
Dave Mendiola, 1974
Hank Dufurrena, 1976, 1977
Bob Cassinelli, 1977
Bruce Delaney, 1977
Fred Stewart, 1977
Rick Ringheimer, 1977
Tim Billingsley, 1977
Al Urban, 1978
Pat Schroeder, 1980
Andrew Hillyer, 1982
Doug Bosch, 1982
Roy Echeverria, 1982
Doug Graham, 1983
Joel Jaureguito, 1983, 1984
Pat McDade, 1983, 1984
David Schwartz, 1984
Gary Stoker 1984, 1985
Michael Larragueta 1986
David Bush, 1987
Jonathan Jarolimek, 1987
Jeff Schrempp, 1989
Jon Echave, 1989
Van Kinder, 1989

Chad Peters, 1990
Gordy Schumacher, 1990
Israel Lopez, 1990
Jamie Schroeder, 1990
Jose Cardenas, 1990
Mike Novi, 1990
Scott Strickler, 1990
Josh Kyles, 1991
T.W. Cunningham, 1995, 1996
Matt Baker, 2002
Dan Ferrero, 2004
Will Thacker, 2010
Jace Billingsley, 2010, 2011
Nic Velasquez, 2011
A.J. Ourada. 2011
Bryan Noble, 2011
Michael Arenas, 2012
Michael Billingsley, 2012
Daniel Pollock, 2012
Cody Andersen, 2012
Brandon Okuma, 2012, 2013
Calvin Connors, 2013
Robert Stepper, 2013

Luis Cardenas, 2013
Tanner Lecumberry, 2013
Beau Billingsley, 2014

Golf
Karen Mendiola, 1977
Kelly Dugger, 2000
Mackenzie Swecker, 2001, 2002, 2003
Tatyana Carlson, 2018

Alexis Martinez, 2002
Ashley Bristol, 2002
Kylie Owsley, 2005, 2006
Diana Dorman, 2005
Melissa Watterson, 2006
Juliana Velasco, 2015
Jadyn Eastman, 2017

Volleyball

Betty Glinnsman, 1980
Lisa Davidson, 1980, 1981, 1982
Carol Scott, 1981, 1982
Teresa Vesco, 1981, 1982
Denise Cady, 1982
Penny Begay, 1982
Diana Hoss, 1983, 1984
Denise DeLong, 1984
Jackie Begay, 1985, 1986
Tina Echeto, 1989
Karen Crawford, 1990
Noel Bidart, 1990, 1991
Kathy Crawford, 1991
Rachelle Piquet, 1990, 1991
Britney Bristol, 2000

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Robert E. Dolan, Esq. & Massey K. Mayo, Esq.

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545 Hanson St. Winnemucca, NV 89445

WINTER—ALL STATE WINNERS

Basketball, Boy's

Mitch Woods, 1971, 1972, 1973
 Stan Davidson, 1973
 Joe Dendary, 1974, 1975
 Mike Glenn, 1975
 Bob Hooft, 1974, 1975
 Steve Clausen, 1974, 1975
 Ron Bankofier, 1978
 Ted Willer, 1978
 Jim Visger, 1978
 Rolfe Schwartz, 1979
 David Stoker, 1981
 Chris Vesco, 1983
 David Schwartz, 1985
 Gary Stoker, 1984, 1985
 Dennis Porter, 1986
 Lane Peraldo, 1989
 Jim Salmi, 1988, 1989
 Chad Peters, 1991, 1992
 Chad Backus, 1992
 Ben Bryson, 2001
 Nate Green, 2001, 2002
 Teo Maestrejuan, 2002
 Brian Watterson, 2003
 Danny Westfall, 2009
 David Eastman, 2010
 Sterling Snow, 2011
 Jesse Studebaker, 2011, 2012
 Josh Watterson, 2013
 Nathan Lutzow, 2016

Basketball, Girl's

Betty Seward, 1979
 Denise Michelson, 1979
 Tammy Mentaberry, 1979
 Sandi Smith, 1980
 Teresa Vesco, 1981, 1982
 Carol Scott, 1981, 1982
 Lisa Davidson, 1983
 Tina Echeto, 1990
 Rachelle Piquet, 1991, 1992
 Tara Davis, 2001
 Jessica Bishop, 2003
 Mackenzie Swecker, 2003, 2004
 Magen Dufurrena, 2003, 2004
 Elisa Leader, 2005
 Alicia Echevarria

Morgen Thacker, 2008
 Skylar Estes, 2012
 Julia Dufurrena, 2010, 2012
 Alyssa Dendary, 2015
 Jillian Albright, 2016
 Sydney Connors, 2017
 Alyssa Kuskie, 2018

Wrestling

Jim Billingsley, 1971, 1972, 1973
 Denny Gortari, 1974
 Tim Billingsley, 1976, 1977
 Rick Ringheimer, 1977
 Al Urban, 1978
 Steve Lopes, 1980
 Paul Kerr, 1980
 Robert Neary, 1980
 Jim Kracaw, 1980, 1981
 George Miller, 1981
 Kelly Pollock, 1981, 1982, 1983
 Keith Neary, 1981, 1983
 Rich Enochson, 1982
 Jimmy Cannon, 1983
 Pat McDade, 1983, 1984, 1985
 Dave Stetler, 1985
 Paul Smith, 1985, 1986, 1987
 Gus Duncan, 1986, 1987
 Blake Turner, 1986, 1987,

1988
 Billy Holt, 1988
 Dave Bush, 1988
 Mitch Green, 1988
 Jeff Hutchings, 1988
 Aron Poulson, 1989
 Juan Manzo, 1989
 Efrain Manzo, 1989
 Jeff Arreola, 1989, 1990
 Gus Alvarez, 1990
 Chester George, 1990, 1991
 Josh Kyles, 1991
 Milo Cardenas, 1991
 Pete Herold, 1994, 1995, 1996
 Rick Hutchinson, 1992
 Chris Hornbarger, 1992, 1993
 Raul Cardenas, 1993
 Jake Lage, 1999
 Johnny Davis, 1991, 1992, 1993
 Buster Segura, 1999, 2000
 Johnny Romero, 2002
 Brady Moulton, 2002
 Cody Louk, 2002, 2003
 Jarrin Prokasky, 2002, 2003, 2004
 Ty Baker, 2004
 Justin Grant, 2005, 2006
 Austin Mayo, 2005
 Brett Snyder, 2007

Trevor Grant, 2008, 2009
 Skylyr Bleck, 2008, 2009, 2010
 Sean Raynor, 2008
 Paeden Underwood, 2009, 2010
 Jace Billingsley, 2009, 2010, 2011, 2012
 Ryan Nelson, 2009, 2011, 2012
 Mitch Pollock, 2010
 Gus Duncan, 2010, 2011, 2012
 Michael Billingsley, 2010, 2011, 2012, 2013
 Fernando Herrera, 2011, 2012
 Beau Billingsley, 2012, 2013, 2014, 2015
 Daniel Pollock, 2013
 Brandon Okuma, 2013, 2014
 Cody Anderson, 2013
 Luis Cardenas, 2013, 2014
 Eric Brooks, 2014
 Gabe Molina, 2015
 Trase Bell, 2016

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SPRING—ALL STATE WINNERS

Baseball

Chris Vesco, 1983
Chris Poulson, 1986, 1988
Johnathan Jarolimek, 1986, 1987, 1988
Jeremy Brown, 1991
Jose Cardenas, 1991
Gordy Schumacher, 1991
Chad Peters, 1991, 1992
Matt Jarolimek, 1991, 1992
Rick Swecker, 1992
Chukuma Jones, 1992
Danny Maddox, 1992, 1993
Don Johnson, 1993
Giovanni Giordano, 1993
Pachi Bengochea, 1993
Chris Christean, 1999
Sean Gallian, 2000, 2001
Benny Martinez, 2001, 2002
Jared Owsley, 2001
Joey Enochson, 2003
Joe Robinson, 2002, 2003, 2004
Rueben Rodriguez, 2005
Matt Dennis, 2005
Shane Goodale, 2005
Jojo Tameron, 2006
Eric Kerr, 2006
Lucas Alexander, 2006
Levi Carl, 2006
Andrew Lindsey, 2007
Anders Pace, 2009, 2011
Mitch Pollock, 2011
Jace Billingsley, 2011
Bryan Noble, 2011, 2012
Calvin Connors, 2013

Softball

Julie Lombard, 1990
Monique Melody, 1991, 1992
Stacia Dolphin, 1991, 1992
Mandee Kuskie, 1991, 1992, 1993
Rachelle Piquet, 1992
Melanie Roper, 1992
Noel Bidart, 1992
Kristine Warrick, 1993-95
Katie Whalen, 2001, 2002
Savannah Roman, 2002, 2003

Leslie Pratt, 2003
Kristy Ingle, 2005
Ambar Huish, 2006, 2007
Jamie Billingsley, 2003
Cheri Ingle, 2007
Dana Pardovich, 2010, 2011
Lynnsey Johnson, 2010
Virginia Castillo, 2010
Madison Gonzalez, 2010, 2012
Heather McElvain, 2012
Hanna Etcheverry, 2012
Jordan Mecham
Shelby McKinnon, 2013
Kylee McClellan, 2014, 2015
Shelby McKinnon, 2015
Kyllie Sappington, 2016, 2017, 2018
Sydney Connors, 2018

Track

Kelly Baker, 1975
David Drake, 1975
John Luna, 1975
Lloyd Johnson, 1975
Julie Tipton, 1976
Larry Blaylock, 1977, 1978, 1979
Betty Seward, 1979
Pat McDade, 1983, 1984, 1985
Vicki Salmi, 1984
Matt Buchan, 1984, 1985, 1986
Chris Bishop, 1986
Bell, McKenny, Peraldo, Salmi, 1600 M Relay, 1987
Cathey, Burns, Backus, Dean, 1600 M Relay, 1988
Salmi, Peraldo, Schlottman, Lecumberry, 1600 M Relay, 1988
Burns, Backus, Piquet, Cassinelli, 800 M Relay, 1989
Piquet, Bidart, Cassinelli, Burns, 400 M Relay, 1989
Smith, Canepa, Schlottman, Netcher, 800 M Relay, 1989

Burns, Backus, Dehart, Cassinelli, 1600 M Relay, 1989
Tina Echeto, 1989, 1990
Laura Stein, 1994
Willie Ulch, 1995
Sergio Cabada, 1995, 1996, 1997
Sergio Cabada, 1600 M & 3200 M, 1996
Salvador Cabada, 4A Cross Country, All State 1996
Sergio Cabada, 4A, 1600 M, 1996
Brett Ferrier, 2000, 2001
Jamie Cabada, 2000
Levi Keller, 2003
Kelsey Engstrom, 2003, 2004
Jacob Keller, 2002, 2004
Nicole Tyler, 2000
Magen Dufurrena, 2002, 2003
Heather Thompson, 400 meters, 800 meters-2003
Katie Engstrom, Kelsey Engstrom, Whitney Mentaberry, Heather Thompson, 4x800 & 4x400 Relay-2003
Yuri Castaneda, Shot Put, 2003, Shot Put, Discus, 2004 & 2005
Natalie Meldrum, Katie Engstrom, Kelsey Engstrom, Whitney Mentaberry, 4x800-2004
Lupe Cabada, Jon Routson, Justin Grant, Cory Hawkins, 4x800-2004
Lupe Cabada, 3,200 meters, 2005
Alicia Echeverria, Pole Vault, 2005 & 2006, Triple Jump, Pole Vault, 2007
Jon Routson, 800 meters, 1,600 meters, 2006
Vance Orr, 1,600 meters, 2007

Christian Echevarria, 200 meters, Long Jump, 2009
Desirae Lemm, Alicia Kelly, Kirstie Ingle, Sophie Kristof, 4x400 Relay, 2009
Bernice Sanchez, Triple Jump, 2010
Mateo Echeverria, 100 meters, 2010
Tyler Andersen, Discus, 2010
Kenadee Jeppsen, High Jump, 2016
Jillian Albright, Hayley Hinkle, Kennedy Jeppsen, Shelby Garrison, 4x400 Relay, 2016
Hailey Fernandez, Hayley Hinkle, Kennedy Jeppsen, Shelby Garrison, 4x400 Relay, 2017
Bryan Terry, 2017
Shelby Garrison, 400, 2018
Hayley Hinkle, 300 Hurdles, 2018
Adia Bengochea, Hailey Fernandez, Hayley Hinkle, Shelby Garrison, 4x400 Relay, 2018

ALL STATE ACADEMIC AWARDS

Baseball

1995, 1996, 2010, 2011, 2012

Boys Basketball

1996, 1997, 1998, 2010, 2011, 2012, 2013, 2014

Softball

1996, 1997, 1998, 2012, 2013

Girls Basketball

2007, 2008, 2009, 2013, 2014, 2015, 2016

Boys Track and Field

1997, 1998, 2003, 2004, 2011, 2012

Boys Golf

1998, 1999, 2009, 2010, 2014

Girls Golf

1999, 2000, 2011, 2012, 2018

Girls Track

2002, 2003, 2004, 2014

Girls Cross Country

2000, 2001, 2002, 2003

Boys Cross Country

2004, 2005, 2018

Football

2011, 2012, 2014

Wrestling

2000, 2001, 2011, 2012, 2013, 2014

Boys Soccer

2003, 2004

Girls Swimming

2011, 2012, 2014, 2015

Boys Swimming

2011, 2012, 2016

Spirit

2011, 2012

All School Award:

Reno-Tahoe Olympic Hall of Fame, 1st
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NIAA ALCOHOL, TOBACCO AND OTHER DRUG POSSESSION, USE, ABUSE and PENALTIES POLICY

Participation in NIAA sanctioned sports is a privilege and responsibility which requires all participants to adhere to athletic training rules imposed by the school district and member or affiliate school the student attends and represents. Adherence to training rules ensures that all student-athletes are in top physical condition, minimizes potential for injury, and further ensures that all member and affiliate school athletic teams are appropriately represented by their student-athletes. Therefore, the possession or use of any controlled substance, alcohol or tobacco products by a student athlete, whether it occurs on or off of school property, is prohibited and shall result in the penalties set forth herein.

This regulation shall begin once our son/daughter begins participation as a student athlete in high school athletics. This policy remains in effect for every calendar school year during the course of his/her high school career and when he/she is directly involved in a school activity occurring at any time (summer leagues / camps, etc.). This policy remains in effect regardless of whether our son/daughter is currently participating on a high school athletic team.

- a. Definitions - The following terms or phrases shall have the meaning ascribed to them for purposes of interpreting this Policy.
 1. Competitive Week – means a seven (7) day period of time beginning with the **first scheduled competition** after a violation occurs in which a student athlete is participating as a member of an athletic team for a member or affiliate school, and in which that team is officially competing in NIAA sanctioned competition.
 2. Controlled Substance – includes any mind altering substance or beverage set forth in Schedule I-V of the list of Controlled Substances as identified by the office of the Drug Enforcement Administration or as set forth in 21 U.S.C. §812.
 3. Period of Suspension – means a student athlete is prohibited from appearing in any NIAA sanctioned sport or event as a member of an athletic team or in individual competition. A suspension from athletic competition begins with the first scheduled competition after a violation occurs. A student athlete who is suspended under this regulation who does not serve the entire period of suspension during the sport season in which suspension occurs shall serve any remaining period of suspension during the next sport season in which the student athlete appears on a NIAA roster. A violation of this regulation that occurs during a time when a student athlete does not appear on a NIAA roster shall be implemented at the commencement of the next sport season in which the student athlete participates. Attendance in a summer school class shall not apply toward satisfying any period of suspension.
 4. ***Possession means a student / athlete who is in actual physical control of alcohol, tobacco or a controlled substance.***
- b. Possession or Use of Tobacco/Alcohol/Controlled Substance/Narcotics. Any student athlete determined to be in possession of, or to have used tobacco, including smoking tobacco, chewing tobacco or snuff, an alcoholic beverage (as defined by NRS 202.020 **and any relevant local ordinances**), controlled substance and/or narcotic (unless prescribed by the student athlete's physician for medical purposes), is in violation of this policy. If after an investigation by the school it is determined that the student athlete is in violation of this regulation the student athlete shall immediately be declared ineligible to compete in any NIAA competition beginning with the first scheduled competition after a violation occurs. Additionally, the student athlete shall be subject to the following discipline:

1. First Violation: a six (6) competitive week suspension from participation in interscholastic competition beginning with the first scheduled competition after the suspension occurs. Four (4) competitive weeks of the suspension of eligibility may be waived if the student successfully completes all components of the appropriate substance abuse intervention program set forth in subparagraphs (d) (1) (A) and (d) (1) (B) below. The student may practice with the team during the period of suspension if approved by the coach and principal.
2. Second Violation: The student shall be suspended from interscholastic competition for a minimum of ninety (90) school days which shall include a minimum of six (6) competitive weeks of competition. The student shall not be allowed to practice with the team, or participate in any out of season activities and must complete the requirements set forth in subparagraphs A and B below, in order to be considered for reinstatement of future athletic eligibility, which shall be determined following the ninety (90) day suspension of athletic eligibility by a group composed of one of the student's parents/legal guardians, the school principal, athletic director, coach and a substance abuse program coordinator.
 - A. A substance abuse evaluation assessment conducted by a licensed alcohol and drug counselor at the expense of the parent/legal guardian of the student must be completed within ten (10) school days following the suspension and all assessment recommendations must be satisfactorily met before athletic eligibility may be reinstated.
 - B. The student must successfully participate in all sessions of the appropriate substance abuse intervention program set forth in subparagraphs (d) (1) (a) and (d) (1) (B) below, and successfully complete a minimum of ten (10) tobacco or alcohol/drug related support sessions.
3. Third Violation: The student shall be ineligible to participate in interscholastic athletics for the remainder of the student's high school career.
4. Appeal: A student that serves their third violation and still has more than one year of remaining eligibility can appeal through the NIAA Board of Control. Both the students and his / her parents must attend this meeting of the Board to present their appeal.
- c. Cumulative Effect of Suspensions: Multiple suspensions of a student athlete's athletic eligibility based on violations of this Regulation shall be considered as cumulative over the length of each student athlete's high school career, 9th through 12th grade.
- d. Substance Abuse Intervention Program: Any student who has been suspended from athletic eligibility for violation of the provisions of this Regulation and whose future athletic eligibility is contingent on successful completion of a Substance Abuse Intervention Program, or whose suspension of athletic eligibility may be reduced through successful participation in a Substance Abuse Intervention Program, shall complete the Substance Abuse Intervention Program developed by the NIAA in conjunction with the State of Nevada, Department of Human Resources Division of Child and Family Services Program available through the Juvenile Justice Programs Office: (775) 684-7294.
 1. Successful completion of the Substance Abuse Intervention Program shall require, at a minimum:
 - A. The completion of a video program specific to the nature of the student athlete's offense, by the student athlete, and his/her parent(s) or legal guardian(s), as demonstrated by the successful completion of an assignment on the content of the video by the student athlete and his/her parent(s) or legal guardian(s).
 - B. The completion of a minimum of an eight (8) hour assignment selected from a list of ten (10) possible assignments by school personnel. Successful completion shall be determined through a meeting between the student athlete, his/her parent(s) or legal guardian(s), the head coach of the sport in which the student athlete was participating at the time of offense, and the school counselor or dean of students.

All investigations and penalty enforcements will be conducted by the school and / or district with support through the NIAA office.

PARENT / LEGAL GUARDIAN AND STUDENT ACKNOWLEDGEMENT

The Nevada Interscholastic Activities Association (NIAA) recognizes and understands that parents / guardians take the primary role in instilling values for their students. It is the goal of the NIAA to work cooperatively with parents to provide guidelines and programs that assist student athletes in making positive choices.

IMPORTANT – Please read the following information and acknowledge with your signature below.

We understand that participation in high school athletics is a privilege, not a right, and that underage drinking and drug use is against the law. It is against the law to sell tobacco to people under the age of 18 and usage is against school policy. Substance abuse negatively impacts athletics and academic performance, and research indicates that early onset of alcohol use increases the occurrence of addiction in adulthood by four times. Alcohol and drug use interferes in learning processes, brain development and increases the chance of physical injury while participating in athletic competition. Because of these risks, and in addition to the laws of the State of Nevada, the NIAA requires participants and parents to agree to the following:

- 1.** We have read the NIAA Drug, Alcohol and Tobacco Possession, Use and Abuse Penalties Policy and agree to abide by the Policy as written.
- 2.** We realize that a video and Power Point presentation regarding the Policy is available and we have either seen this presentation or agree to waive the requirement of viewing the presentation.
- 3.** ***We understand that we are encouraged to notify our school's athletic administrator / director if our son / daughter violates this Policy and / or the laws of the state of Nevada. It would also be acceptable for our child to self-report any violation of this policy to our school's athletic administrator / director.***
- 4.** ***We understand that knowingly providing erroneous information during the course of an investigation of an alleged violation of the policy will result in a one calendar year suspension from all high school athletic activities.***
- 5.** ***We further acknowledge that once our son / daughter begins participation as a student athlete in high school athletics that this policy remains in effect for every calendar school year during the course of their high school career and when he / she is directly involved in a school activity occurring at any time (summer leagues / camps, etc.). This policy remains in effect regardless of whether our son / daughter is currently participating on a high school athletic team.***
- 6.** ***We have also reviewed the following NRS 202.020, Purchase, Consumption or Possession of Alcoholic Beverage by Minor, and understand the laws of Nevada and how they pertain to our family.***
- 7.** ***We understand that although it is not technically against the law to use tobacco in the state of Nevada (NRS 202.2493 and 202.24935 prohibits anyone from supplying a person under the age of 18 with any kind of tobacco product), we realize it is against this policy and general school policy, and that scientific evidence demonstrates it is unhealthy and a detriment to athletic performance.***
- 8.** ***We understand that the use of steroids and other performance enhancing drugs are dangerous, illegal, provide only temporary gains and are a form of cheating other competitors.***

COMPETITORS

3A Northern Division



Churchill County
1222 S Taylor St.
Fallon, NV 89406
Colors: Kelly Green/White
Mascot: Greenwave



Dayton High School
335 Old Dayton Valley Road
Dayton, NV 89403
Colors: Red, Black
Mascot: Dust Devils



Elko High School
987 College Ave.
Elko, NV 89801
Colors: Maroon & White
Mascot: Indians



Fernley High School
1300 Highway 95A
Fernley, NV 89408
Colors: Orange, Black
Mascot: Vaqueros



South Tahoe
1735 Lake Tahoe Blvd.
South Lake Tahoe, NV 96150
Colors: Royal Blue/Gold
Mascot: Vikings



Sparks High School
820 15th Street
Sparks, NV 89431
Colors: Maroon, Gold
Mascot: Railroaders



Spring Creek High School
14550 Lamoille Hwy
Spring Creek, NV 89815
Colors: Purple, Black
Mascot: Spartans



Truckee High School
11725 Donner Pass Rd.
Truckee, CA 96161
Colors: Red, White
Mascot: Wolverines

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Greg Munroe —Vice President
Kathy Norcutt —Treasurer
Gina Rackley- Secretary

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Baseball Schedules

Varsity

<u>Date</u>	<u>Time</u>	<u>Opponent</u>	<u>Location</u>
Saturday, Mar 2, 2019	10:30AM	Wooster	Wooster High School
Friday, Mar 8, 2019	4:00PM	South Tahoe	Lowry High School
Saturday, Mar 9, 2019	2:00PM	South Tahoe	Lowry High School
Friday, Mar 15, 2019	2:00PM	Spring Creek	Spring Creek High School
Saturday, Mar 16, 2019	10:00AM	Spring Creek	Spring Creek High School
Friday, Mar 22, 2019	2:00PM	North Valleys	North Valleys High School
Saturday, Mar 23, 2019	10:00AM	North Valleys	North Valleys High School
Friday, Mar 29, 2019	2:00PM	Fernley	Lowry High School
Saturday, Mar 30, 2019	10:00AM	Fernley	Lowry High School
Friday, Apr 5, 2019	2:00PM	Dayton	Dayton High School
Saturday, Apr 6, 2019	10:00AM	Dayton	Dayton High School
Friday, Apr 12, 2019	2:00PM	Churchill County	Lowry High School
Saturday, Apr 13, 2019	10:00AM	Churchill County	Lowry High School
Saturday, Apr 20, 2019	11:00AM	Sparks	Sparks High School
Friday, Apr 26, 2019	2:00PM	Elko	Lowry High School
Saturday, Apr 27, 2019	10:00AM	Elko	Lowry High School
Friday, May 3, 2019	2:00PM	Truckee	Truckee High School
Saturday, May 4, 2019	10:00AM	Truckee	Truckee High School
Thursday, May 9, 2019	10:00AM	Multiple Schools	Elko High School
Saturday, May 11, 2019	TBD	Multiple Schools	Elko High School
Thursday, May 16, 2019	TBD	TBA	in the South
Friday, March 17, 2019	TBD	TBA	in the South
Saturday, May 18, 2019	TBD	TBA	in the South

Junior Varsity

<u>Date</u>	<u>Time</u>	<u>Opponent</u>	<u>Location</u>
Saturday, March 2, 2019	10:30 AM	Wooster	Wooster High School
Friday, March 8, 2019	4:00 PM	South Tahoe	Lowry High School
Saturday, March 9, 2019	2:00 PM	South Tahoe	Lowry High School
Tuesday, March 12, 2019	2:00 PM	Elko	Elko High School
Friday, March 15, 2019	4:00 PM	Spring Creek	Spring Creek High School
Saturday, March 16, 2019	2:00 PM	Spring Creek	Spring Creek High School
Friday, March 22, 2019	4:00 PM	North Valleys	North Valleys High School
Saturday, March 23, 2019	2:00 PM	North Valleys	North Valleys High School
Friday, March 29, 2019	4:00 PM	Fernley	Lowry High School
Saturday, March 30, 2019	2:00 PM	Fernley	Lowry High School
Friday, April 5, 2019	4:00 PM	Dayton	Dayton High School
Saturday, April 6, 2019	2:00 PM	Dayton	Dayton High School
Friday, April 12, 2019	4:00 PM	Churchill	Lowry High School
Saturday, April 13, 2019	2:00 PM	Churchill	Lowry High School
Tuesday, April 16, 2019	2:00 PM	Spring Creek	Lowry High School
Friday, April 26, 2019	4:00 PM	Elko	Lowry High School
Saturday, April 27, 2019	2:00 PM	Elko	Lowry High School
Friday, May 3, 2019	4:00 PM	Truckee	Truckee High School
Saturday, May 4, 2019	2:00 PM	Truckee	Truckee High School

Varsity Baseball



Name	Position 1	Position 2
Brooks Bergenheier	2B	P
Josiah Chapman	P	IF
Levi Christopherson	P	
Brendan Domire	CF	
Klay Garner	1B	P
Anthony Hemp	OF	C
Dominick Kelley	C	
Joshua Leveille	1B	P
Jacob Marriott	P	OF
Tyler Neu	3B	
Jordan Parker	P	OF
Ethan Radmanovich	P	2B
Ridge Ricketts	SS	P
Kyle Sappington	2B	
Christopher Schultz	OF	
Michael Yarnell	OF	P



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Junior Varsity Baseball




Name	Position
Kaiden Boyles	UT
Trenton Domire	C
Lance Dove	OF
Zachary Fernandez	2B
Jadon Fetty	UT
Osmar Gomez	OF
Andrew Harmon	IF
Sean Herrera	SS
Grant Hill	UT
Garette Hinshaw	OF
Justin Horton	UT
Jesse Murrin	UT
Brendan Robinson	UT
Wyatte Sakurada	UT
Tristen Schmittel	OF
Merrill Terry	IF
Colton Von Aspern	IF

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Varsity

Andy Harmon



Junior Varsity

Clay Sagers



Baseball Seniors



Family: Malinda (Mom), Randy (Dad), Trenton & Bobby (brothers)
 Fav. Mem: Playing at UNR's stadium against Truckee my sophomore year.
 Future Plans: Attend college and earn a degree in kinesiology.
 Fav Quote: "Immature is a word that boring people use to describe fun people." ~ Will Ferrell

Family: Gary & Shelly Smith, Mike & Mandi Marriott, Trey, Hunter, Jayson, Marcus
 Fav. Mem: "Just being able to be a part of Lowry Baseball, and getting the opportunity to play with my older brothers and being able to wear #3 which was my brothers number."
 Fav Quote: "It ain't over till it's over" -Yogi Berra

Josiah Chapman

Brendan Domire

Jacob Marriott



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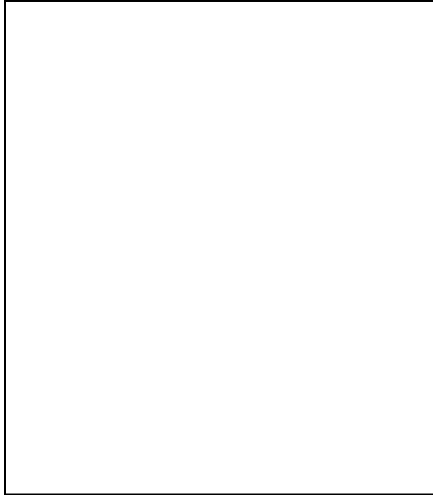
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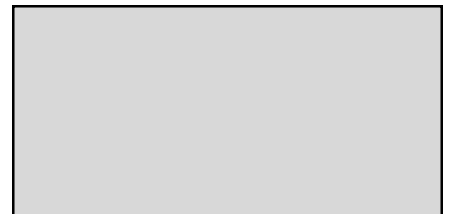
Baseball Seniors



Ethan Radmanovich



Ridge Ricketts



Kyle Sappington



Family: Brad and Suzanne Schultz
 Favorite Memory About Your Sport: Hitting an in the park homerun my sophomore year.
 Future Plans: Go to the University of Idaho and major in mechanical engineering.
 Favorite Quote: Two things are infinite: the universe and human stupidity; and I'm not sure about the universe. -Albert Einstein

Chris Schultz

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1973



Leo Leighton, John Yzaguirre, Rick Burhans, Coach Tom Johnstone, Mickey Dugger, Tom Sheppard, Roger Harmon, Dave Mendiola, Dennis Verner, Coach Ken Haines

1974



John Yzaguirre, Roger Harmon, Bill Lloyd, Walt Vetter, Tom Sheppard, Jon Burhans, Rick Bertz, Randy Morton, Vince Mendiola, Mickey Dugger, Leo Leighton, Coach Tom Johnstone, John Acree, Steve Larragueta, Dave Mendiola, Louie Yzaguirre

1975



Dave Mendiola, Jon Burhans, Tom Sheppard, Walt Vetter, John Acree, Leo Leighton, Ron Bankofier, Bernie Canon, Kurt Kracaw, Steve Larragueta

1985



Mark Oxborrow, Jerry Lugert, K.C. Kracaw, Ron Rathbun, Billy Holt, Mike MacDonald, Gary Stoker, Chuck Standridge, David Adams, Jim Shaw, Ron Gribble, Paul Harmon, Jeff Herzog, Charles Jackson, Denis DeArrieta, Carrie Chesser, Todd Thompson, Mike Larragueta

1986



K.C. Kracaw, Tom Evans, Rob Turner, Billy Holt, David Adams, Jeff Wade, Jim Shaw, Nikki Eldridge, Coach: Jim Billingsley, Mike Howard, Michael Larragueta, Paul Harmon, Jeff Herzog, Peter Peters, Jack Martin, Mark Oxborrow, Stacy Miller

2010



Tyler Cox, Chris Dendary, A.J. Ourada, Joey Dendary, Jerry Jackich, Dillon Bryan, Dean Vetter, Gabby Roman, Cole Erquiaga, Ryan Kracaw

2013



Coach Meyer, Luise Brown, Hunter Dimock, Liam Sparks, Josh Shaver, Chris Dendary, Andres Mendoza, Ethan Gray, Chris Mendoza, Jarrin Conn, Coach Dendary, Blake Duncan, Braxton Paulsen, Colton Black, Cole Erquiaga, marquess Jones, Patrick Criswell, Lane Mentaberry, Josh Rose, Clay Erquiaga

1979 & 1984—No Team Picture Available

Golf Schedule

Date	Location
Tuesday, March 5, 2019	Spring Creek Golf Course
Monday, March 12, 2019	Dayton Valley Country Club
Tuesday, March 12, 2019	Fallon Golf Course
Monday, March 25, 2019	Winnemucca Golf Course
Tuesday, March 26, 2019	Fernley Golf Course
Tuesday, April 16, 2019	Spring Creek Golf Course
Wednesday, April 17, 2019	Ruby View Golf Course
Wednesday, May 1, 2019	South Tahoe High School
Thursday, May 2, 2019	Edgewood Golf Course
Wednesday, May 8 2019	Old Greenwood Golf Course
Monday, May 13, 2019	TBA
Tuesday, May 14, 2019	TBA

Boy's Golf



Name			
Bodi Miller	11	Hunter Smith	9
Zach Wolverton	11	Dillon Patterson	12
Dawayne Grasmick	9	Kobe Stoker	11
Rene Flores	12	Max Mavity	11
Austen Rorex	10	Hunter Mullins	10
Caden Rorex	11	Seamus Maloon	9
Tristan Cassinelli	9	Rian Delong	10
Cal Peters	9		



Seniors



Rene Flores



Dillon Patterson

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Softball Schedules

Varsity

Date	Time	Opponent	Location
Thursday, March 1, 2019	5:00PM	TBA	Away
Friday, March 8, 2019	5:00PM	TBA	Away
Friday, March 8, 2019	6:45PM	TBA	Away
Saturday, March 9, 2019	TBD	TBA	Away
Friday, March 15, 2019	2:00PM	Spring Creek	Spring Creek High School
Saturday, March 16, 2019	12:00PM	Spring Creek	Spring Creek High School
Friday, March 22, 2019	2:00PM	North Valley	North Valley High School
Saturday, March 23, 2019	12:00PM	North Valley	North Valley High School
Thursday, March 28, 2019	2:00PM	Fernley	Lowry High School
Thursday, March 28, 2019	4:00PM	Fernley	Lowry High School
Friday, March 29, 2019	TBD	Reed	Reed High School
Saturday, March 20, 2019	TBD	Reed	Reed High School
Friday, April 5, 2019	2:00PM	Dayton	Dayton High School
Saturday, April 6, 2019	12:00PM	Dayton	Dayton High School
Friday, April 12, 2019	2:00PM	South Tahoe	Lowry High School
Saturday, April 13, 2019	12:00PM	South Tahoe	Lowry High School
Tuesday, April 16, 2019	2:00PM	Churchill County	Lowry High School
Friday, April 19, 2019	2:00PM	Sparks	Sparks High School
Saturday, April 20, 2019	12:00PM	Sparks	Sparks High School
Tuesday, April 23, 2019	2:00PM	Churchill County	Lowry High School
Friday, April 26, 2019	2:00PM	Elko	Lowry High School
Saturday, April 27, 2019	12:00PM	Elko	Lowry High School
Friday, May 3, 2019	2:00PM	Truckee	Truckee High School
Saturday, May 4, 2019	12:00PM	Truckee	Truckee High School
Thursday, May 9, 2019	TBD	TBD	Elko High School
Friday, May 10, 2019	TBD	TBD	Elko High School
Saturday, May 11, 2019	TBD	TBD	Elko High School
Thursday, May 16, 2019	TBD	TBD	Away

Junior Varsity

Date	Time	Opponent	Location
Friday, March 8	11:00AM	Dayton	Yerington High School
Friday, March 8	2:00PM	Truckee	Yerington High School
Saturday, March 9	8:00AM	Bishop	Yerington High School
Saturday, March 9	2:00PM	Yerington	Yerington High School
Friday, March 15	4:00PM	Spring Creek	Spring Creek High School
Saturday, March 16	10:00AM	Spring Creek	Spring Creek High School
Friday, March 22	4:00PM	North Valleys	North Valleys High School
Saturday, March 23	10:00AM	North Valleys	North Valleys High School
Thursday, March 28	4:00PM	Fernley	Fernley High School
Friday, April 5	4:00PM	Dayton	Dayton High School
Saturday, April 6	10:00AM	Dayton	Dayton High School
Friday, April 12	4:00PM	South Tahoe	Lowry High School
Saturday, April 13	10:00AM	South Tahoe	Lowry High School
Tuesday, April 16	4:00PM	Churchill County	Lowry High School
Friday, April 19	4:00PM	Sparks	Sparks High School
Saturday, April 20	10:00AM	Sparks	Sparks High School
Tuesday, April 23	4:00PM	Churchill County	Lowry High School
Friday, April 26	4:00PM	Elko	Lowry High School
Saturday, April 27	10:00AM	Elko	Lowry High School
Friday, May 3	4:00PM	Truckee	Truckee High School
Saturday, May 4	10:00AM	Truckee	Truckee High School

Varsity Softball



#	Name	Position
00	Josie Ellifritz	Inf/Out
1	Kenzie Dowd Smith	Inf/Out
2	Bailey Hayes	Outfield
3	Kayleen Urain	Inf/Out
4	Sydney Connors	Infield
5	Kelcey Cooper	Infield
6	Alexus Gomez	Inf/Out
8	Macey Katzenmeyer	Pitcher
9	Destinee Starkey	Outfield
10	Sierra Maestrejuan	Inf/Pitch
12	Madison McClellan	Infield
13	Mackenzie Salas-Begay	Inf/Pitch
	Julissa Garcia	Manager



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Junior Varsity Softball



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#	Name	Position
1	Alyssa Perez	Inf/Out
4	Delanie Thompson	Infield
5	Ava Zebroski	Inf/Out
6	Peyton Jo Cassinelli	Inf/Pitch
7	Saige Kirchesh	Infield
8	Jordan Hornbarger	Inf/Out
9	Cadence Mercado	Inf/Out
10	Alexis Olson	Infield
11	Hannah Toth	Infield
13	Kadence Cooney	Inf/Pitch
15	Jaylynn Smith	Infield
00	Erica Chapman	Inf/Out
	Lexi Chaffin	Manager

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Seniors



Family: Tim and Debbie (parents) , Calvin (brother)
Fav memory: Going to the Sacramento tournament and creating new memories.
Future Plans: Go to college.
Fav Quote: "GNG"

Sydney Connors



Family (parents, siblings) Jeanette, Casey Katzenmeyer, Ayden Katzenmeyer
Favorite memory about your sport: watching Alana Miller eat a worm.
Future plans: attend GBC and take general studies until I find a major that is right for me.
Favorite Quote: "it's okay if you don't like me, not everyone has good taste."

Macey Katzenmeyer



Family: Jo, Rick, Shannon & Kylee
Favorite Memory About Your Sport: Spending our first real bonding experience in old town Sacramento.
Future Plans: Attend the University of Nevada, Reno and major in biology, eventually become a doctor.
Favorite Quote: "When nothing goes right, go left."

Madison McClellan



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Owner/Cosmetologist

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Cell: 775-304-3522




Capelli Design Studio

Kaytie Holland
Hairstylist
(775) 304-3864

Swimming Schedule

Date	Time	Location
Saturday, Mar 9, 2019	10:30AM	South Tahoe Swim Center
Saturday, Mar 16, 2019	2:30PM	Northwest Pool
Saturday, Mar 23, 2019	4:30PM	Truckee Pool
Saturday, Apr 6, 2019	9:00AM	Carson Valley Swim Center
Saturday, Apr 20, 2019	9:00AM	Douglas County Swimming Pool
Saturday, Apr 26, 2019	1:00PM	Carson Aquatic Center
Friday, May 3, 2019	12:30PM	Northwest Pool
Tuesday, May 7, 2019	12:00PM	Carson Valley Swim Center
Friday, May 10, 2019	2:00PM	Carson Valley Swim Center
Saturday, May 11, 2019	2:00PM	Carson Valley Swim Center
Saturday, May 18, 2019	TBD	Carson Valley Swim Center

NCL #0068219



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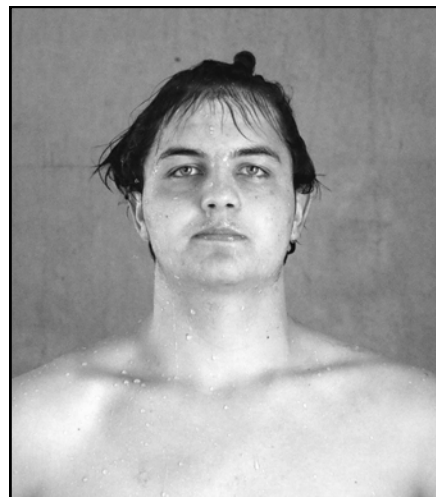
775.623.4947 **Buddy Quilici, Owner**

Swimming



Name__	Grade
Gregory Cox	9
Adaya Goldblatt	11
Charles Gonin	9
Mackie Grady	11
Abbee Grieve	11
Tara Higley	10
Evan Jeppsen	12
Ashton Kalkoske	10
Hunter Lewis	11
Matthew Lizanetz	9
Aidan Maher	11
Tristan Miller	11

Senior



Family: Jamie and Byron Jeppsen, Hayden, Kenadee, Koda
 Favorite Memory About Your Sport: Going to Vegas for state and watching jousting with the boys.
 Future Plans: Go to SUU and become a pilot
 Favorite Quote: "Evan, stop stealing my girl" -Literally Everyone

Evan Jeppsen

COACHES

Shelby Ruff





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March	Ranch Hand Rodeo Weekend
April	Shooting the West Photography Symposium
May	Run-A-Mucca Motorcycle Rally
June	Winnemucca Basque Festival
July	Winnemucca Wheels Car Show
September	Tri-County Fair & Stampede
October	Lazy P Adventure Farm Fall Farm Festival
November	Western States Ranch Rodeo Finals

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BARRICK

TURQUOISE RIDGE

Track Schedule

Varsity

Date	Time	Location
Saturday, March 16, 2019	9:30AM	Spring Creek High School
Saturday, March 23, 2019	8:30AM	Churchill County High School
Saturday, March 23, 2019	9:00AM	Pershing County High School
Friday, March 29, 2019	3:30PM	Reed High School
Saturday, March 30, 2019	9:00AM	Battle Mountain High School
Saturday, April 6, 2019	9:30AM	Elko High School
Friday, April 12, 2019	2:00PM	Fernley High School
Saturday, April 13, 2019	8:30AM	McQueen High School
Friday, April 19, 2019	2:30PM	Carson High School
Saturday, April 20, 2019	8:30AM	Carson High School
Saturday, April 27, 2019	9:30AM	Truckee High School
Saturday, May 4, 2019	9:00AM	Lowry High School
Friday, May 10, 2019	TBD	Churchill County High School
Saturday, May 11, 2019	TBD	Churchill County High School
Friday, May 17, 2019	TBA	
Saturday, May 17, 2019	TBA	

COACHES

Grant Beatty



Byron Jeppsen



John Arant
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Track



Name	Grade	Cody Tolbert	10	Alethea Houston	10	Annaie Lopez	11
Saree Milikan	9	MaryKate Barber	9	Emily Schoenecker	10	Mackenzie Swenson	9
Lily Pasquale	12	Kevin Warren	11	Kylee Marler	10	Scottie Smith	12
Lucy Dangel	9	Tyler Morrison	9	Alesha Houston	10	Sam Roth	10
Kayleen Creamer	9	Scot Brown	9	Lorsix Silva	10	Trey Andrews	9
Troy Manske	9	Eddy Zheldyer	9	Dylan Nee	11	Cameron Madrid	9
Omar Castaneda	9	Angel Rodriguez	9	Erick Prado		Celso Ruiz	11
JJ Drobny	9	Colby Terry	11	Eduardo Aguilar	11	Chris Esparza	11
Emily Bakus	9	Trent McKellips	11	Kinsey Albisu Labfried	10	Jace Mentaberry	11
Mackenzi Petersen	9	Jasper Glasgow	11	Christopher Mcguir	10	Brandon Lee	10
Jovi Kuskie	9	Cody Vess	11	Evan Lewis	9	Jesse Hawkins	9
Rachel Garrison	12	Hailey Vess	11	Alex Herrera	10	Gunner Bradley	9
Heather Hall	12	Alex Femat	9	Diego Alanis	10	Anthony Aragon	9
Rebecca Kuskie	12	Jeremy Walker	10	Anthony Peterson	10	Gerardo Magana	10
Will Kracaw	12	Irah Montenegro	10	Gratian Dawson	11	Carlos Diaz	9
Lesley Martinez	10	Nikolas Jung	9	Adia Bengochea	10		
Julianna Gonzalez	11	Tyler Carpenter	9	Jonathan Arrellano			

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Track Seniors



Family: Lesa Pasquale, Kevin Pasquale, Dante & Dom
 Favorite Memory: My freshman year, we almost left some of our team at a Sonic.
 Future Plans: I plan to attend the Coast Guard Academy.
 Favorite Quote: "Life is 10% what happens to you and 90% how you react to it."

Lily Pasquale



Family: Ray and Michelle Garrison, Shelby Garrison
 Favorite Memory About Your Sport: Throwing everyday with my throwing buddy, Heather Hall
 Future Plans: Attend UNR and continue to throw the discus and shotput on UNR's track and field team.
 Favorite Quote: "Your only limit is you."

Rachel Garrison



Family: Will, Cheryl, Hayley, Heath
 Favorite Memory About Your Sport: Getting to throw with Rachel.
 Future Plans: I plan to graduate this year and then go to eastern Oregon university for college.
 Favorite Quote: "Life is tough, but it's tougher when you're stupid." -John Wayne

Heather Hall

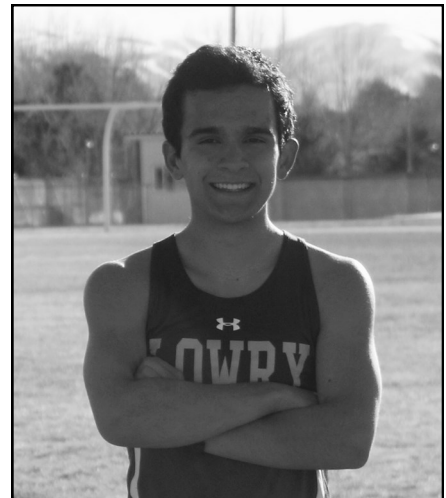


Scottie Smith



Family: Damon, Nicole, Alyssa, Jovi
 Favorite Memory About Your Sport: Winning state last year with my girls!
 Future Plans: Attend college to continue my running career.
 Favorite Quote: "It is during our darkest moments that we must focus to see the light." ~ Aristotle

Rebecca Kuskie



Family (Parents, Siblings): Jim Kracaw, Annie Drake
 Favorite Memory of Sport: Competing in the 4x800 relay with my team
 Future Plans: Attend the College of Idaho to compete on the cross country and track teams
 Favorite Quote: "Only those who will risk going too far can possibly find out how far they can go." - T.S. Eliot

Will Kracaw

Seniors



Family: Charles Ray
 Favorite Memory About Your Sport: My favorite memory is when my mom was able to watch me throw despite the weather my sophomore year.
 Future Plans: My future plans are to become a film director and artist.
 Favorite Quote: "People will forget what you said. People will forget what you did. But people will never forget how you made them feel." – Dr. Maya Angelou

Myia Ray

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WINNEMUCCA CENTURY CLUB

P.O. Box 3656
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The Winnemucca Century Club is a nonprofit corporation which receives and expends funds to promote and support Lowry High School athletics. Past contributions have been used to assist in the funding of improvements to the fields and facilities of baseball, football, soccer, softball and track, as well as to purchase equipment and/or uniforms for baseball, basketball, cheerleading, cross country, dance team, football, golf, soccer, softball, track, volleyball and wrestling. If you wish to contribute to the booster club for Lowry High School athletics, please fill out this form and send it to us at the above address. If you have any question, please call Ray Parks at 623-8130, Andrew Hillyer at 623-4813.

2018-19 Membership Form

Name(s): _____

Address: _____

City, State & Zip Code: _____

Amount of contribution:

Each member receives a gate pass for Lowry athletic events for the school year.

\$125.00	First family member
\$75.00	Second family member (Spouse or children 21 years and younger)
\$50.00	Each additional family member (Children 21 years and younger)

Remember your Century Club membership is tax deductible.

Preference for payment:

Pay the full amount now of _____.

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Signature: _____

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