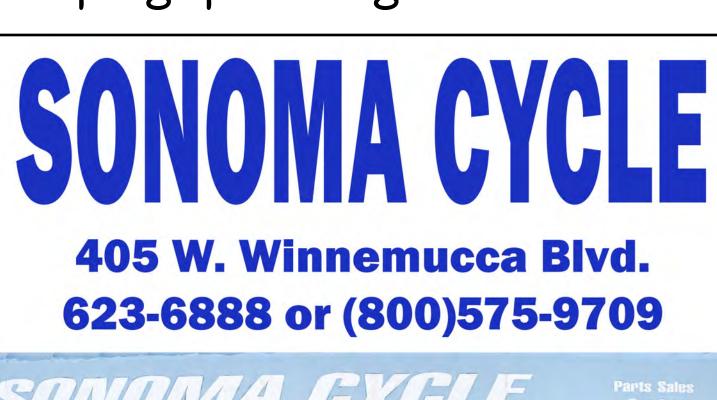


LOWRY HIGH SCHOOL

Spring Sports Program 2019-2020







Kawasaki

Lowry High School Buckaroos Welcome You

It is our pleasure to host each and every HOME event with the traditional WINNEMUCCA hospitality and we wish you the best of luck and hope you have a safe journey home.

On behalf of the students, faculty, and administration of Lowry High School and the City of Winnemucca we welcome you to our HOME away from home.

SPORTSMANSHIP is a top priority of Lowry Athletics. We are certain that we will have outstanding games and that each and every fan will practice good sportsmanship and applaud those efforts by both teams during the games. We have made a strong commitment to our athletes, coaches, parents, and spectators to have a positive competitive experience.

Your paid or complimentary admission to our events entitles you to enjoy an exhibition of skills developed by our students in an educational setting. Please give these student-athletes your positive encouragement and support. Your effort to applaud the talents of all players is appreciated. Booing, taunting or intimidating the officials and opponents is unfriendly and inappropriate. Please be an example to those around you. A special thanks goes to our Humboldt County School District Board of Trustees, Humboldt County School District Administration, Humboldt County school teachers, Lowry High School students, the City of Winnemucca, Winnemucca Century Club and the many workers who have contributed their time and effort to insure that you may enjoy athletics at its best.

Our sports programs are truly a community happening and we are proud to be able to host Lowry High School athletic events with students in mind. We would like to take this opportunity to thank all of the fans for continuing to support and make all Lowry athletic programs highly visible and popular in Humboldt County.

Sit back, relax and enjoy yourself! At the conclusion of each day's contest, please make yourself at home in our wonderful City of Winnemucca.

SPORTSMANSHIP IS OUR TOP PRIORITY AT LOWRY!

Let the Coaches coach, the Refs ref & MOST importantly let the kids play!

Albert M. Lowry High School
5375 Kluncy Canyon Road, Winnemucca, NV 89445
775-623-8130
http://www.edline.net/pages/Albert Lowry High School

1

Administration



Ray Parks, Principal
Tim Connors, Athletic Administrator/Vice Principal
Dustin Christean, Vice Principal



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Mike White, Branch Manager

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Cell 775.690.5980 · Sparks 24Hour 775.353.0258 ·mwhite@goblueteam.com $\frac{\text{GO BUCKS!}}{\text{GO BUCKS!}}$

HISTORY OF LOWRY HIGH SCHOOL

In 1967, a brand new Humboldt County High School was opened with the new name Albert Lowry High School in honor of revered Coach Albert M. Lowry.

A true Nevadan, Mr. Lowry was born in Tollhouse in 1897. He graduated from the University of Nevada in 1925, began teaching Science and coaching three sports in Winnemucca.

Mr. Lowry served the students of Humboldt County as a teacher, coach, principal, assistant superintendent and as director of the Nevada Education Association.

One of Nevada's first sporting legends, Mr. Lowry was instrumental in putting Humboldt County High School on the map. His basketball teams won 11 district or league championships and finished as the 1929 runner-up in the Nevada State Tournament.

As a track coach, he led his teams to Nevada championships in 1928, 1930, and 1936.

Mr. Lowry was also an integral part of introducing six-man football to some of Nevada's smaller schools. In 1941, he was chosen as the state's "Outstanding Coach".

Mr. Lowry served as president of the Nevada Interscholastic Athletic Association (NIAA) for 14 years and was chosen 3 times as a delegate to the National Federation of State High School Athletic Associations.

In 1933, Mr. Lowry was inducted into the NIAA Hall of Fame. He retired from the school district in 1966 and passed away May 5, 1989.

The original Lowry High School building was ready for use in 1967, with the vocational building added in 1983 the science building in 1991, the following improvements were made since then: weight room, new gym, art/social studies building, Jim Billingsley Softball Complex, new track—lighting and landscaping, baseball & softball announcers booth.

LOWRY HIGH - TRADITIONS OF PRIDE, DEDICATION & EXCELLENCE

HISTORY OF WINNEMUCCA

Winnemucca, originally called French Ford, sprouted up from a wagon crossing on the Humboldt River. A trading post and hotel were the first businesses in Winnemucca, the hotel serving miners and prospectors as well as wagon trains that were passing through on their way to California or Oregon.

Two brothers, Louis and Theophile Lay, built a bridge across the Humboldt River. After this, it was not necessary to ford the river and the town was renamed to Centerville. Soon after, the railroad was built so residents looked for a name that fit the town better.

L.C. Pease or C.B.O. Bannon are usually given credit for naming the town. They chose to name the town after Chief Winnemucca, the leader of a local Paiute tribe. Another theory is that a nameless worker for the Central Pacific Railroad wanting to keep peace with the Paiutes suggested naming Winnemucca after the Paiute chief. It is reasonable that all three men chose the name of the town as an agreement was necessary. Winnemucca was an apt name as the mountain and mining district had been named for the Paiute chief since 1863.

Chief Winnemucca came by his name as a boy. When he was young, some prospectors found him in the river wearing just one moccasin. Using the Pauite word "muchcha" for moccasin, they called him "wan-ne-muc-cha." Young Chief Winnemucca liked the sound of the word and took it for his name. Later it came to mean "one moccasin."

STATE CHAMPIONSHIPS: LOWRY HIGH SCHOOL & HUMBOLDT COUNTY HIGH SCHOOL

Wrestling

1981, 1984, 1985, 1987, 1988, 1990, 1991, 1992, 1993, 2003, 2009, 2010, 2011, 2012, 2013, 2014 (1st all-time in Nevada history)

Boys Golf

1973, 1974, 1975, 1976, 1978, 1979, 1984, 1985, 1986, 2010, 2012, 2013 (1st all-time in Nevada history)

Boys Basketball

1959, 1960, 1971, 1973, 1974, 1975, 1978, 1985, 1992, 2002, 2012, (8th all-time in Nevada history)

Girls Cross Country

2000, 2001, 2002, 2003, 2004, 2005, 2007, 2008, 2009 (2nd all-time in Nevada history

Boys Cross Country

1995, 2001, 2003, 2004, 2005, 2006, 2007, 2008, 2009 (3rd all-time in Nevada history)

Boys Track & Field

1923, 1929, 1931, 1937, 1960, 1961, 1967 (8th all-time in Nevada history)

Girls Basketball

1979, 1981, 1992, 2002, 2010, 2014 (4th all-time in Nevada history)

Girls Golf

1975, 2000, 2001, 2003 (5th all-time in Nevada history)

Football

1959, 1965

Softball

2006

Volleyball

2005

Girls Track & Field

2018

HALL OF FAME

Joe deArrieta Sr.	1994	Bill Hoxsey	1998	Teresa Vesco	2008
John Dolan	1994	Hank Mentaberry	1998	Susan Rorex	2008
Albert M. Lowry	1994	Pat Dolan	1998	Lyman Bruce	2008
Jim Billingsley	1995	Gary Hoxsey	1999	Tony Erquiaga	2008
Steve Clausen	1995	Don Woods	1999	Ken Christean	2008
Jim deArrieta	1995	Jerome Etchegoyhen	1999	Eric Angelopoulos	2011
Joe Dendary	1995	Gary Stoker	1999	Johnny Davis	2011
Lori Echevarria	1995	Marvin Clausen	1999	George Mentaberry	2011
Mike Glenn	1995	Tammy Pollock	2000	John McNinch	2015
Alfred Gonzalez	1995	Tim Billingsley	2000	1965 Humboldt County	1
Rober Hooft	1995	Dick Peraldo	2000	HS Football Team	2015
Pat McDade	1995	Pat Hart	2000	Dr. Robbie Grant	2015
Vince Mendiola	1995	Dr. James Calder	2001	Tina Echeto-Wilson	2015
Jim Phillips	1995	Mateo Legarza	2001	LHS Boys Basketball	
Rolfe Schwartz	1995	Don Stoker	2001	Teams, 1973, 1974,	
Mitch Woods	1995	Pete Etchart	2003	1975	2016
Ted Zimmerman	1995	Lynn Cunningham	2003	Cleto Bengoa	2017
Jock Echave	1996	Rick Ringheimer	2003	Nate Green	2017
Lee Lowry	1996	David Stoker	2003	Teo Maestrejuan	2017
Foe Mentaberry	1996	Dave Mendiola	2004	Chris Hornbarger	2017
Betty Roeder	1996	Lisa Jaureguito	2004	Andrew Hillyer	2018
Fred Walts	1996	Kelly Pollock	2004	Mackenzie Swecker	2018
Kirk Allred	1997	Chad Peters	2004	Dennis Porter	2019
Don Bankofier	1997	Johnathan Jarolimek	2004	Rachelle Piquet	2019
Carol Scott	1997	Laura Stein	2005	Sergio Cabada	2020
Joe deArrieta Jr.	1997	T.W. Cunningham	2005	Ray Parks	2020
Joe Ydiando	1998	David Schwartz	2008	Don Walton	2020
John Legarza	1998	Ron Bankofier	2008		
Dennis Verner	1998	Chris Vesco	2008		

HALL OF FAME

Lowry High School will be sponsoring a Hall of Fame for deserving Winnemucca individuals who attended or taught at Humboldt County High School or Albert M. Lowry High School. 1994 was the inaugural year for this program and we encourage you to think back and nominate a deserving individual for this prestigious award. Nominees not selected this year will be placed in an active file for future years.

Purpose:

The purpose of the Hall of Fame is to honor and recognize outstanding individuals who have had a significant and lasting impact on the lives of people through their involvement as student and/or athlete or educator at our local high school. These individuals must have excelled in high school and continued to exemplify high standards in their adult lives to be eligible for this award.

Nomination procedures:

- 1. Candidates can be nominated by any person.
- 2. The "selection committee" will be composed of four representatives to serve a maximum four year term. The athletic administrator will select those individuals and the names of the individuals will be confidential.

Nomination Deadline:

All nominations must be received in the Lowry High School office no later than Oct 15 of each year. All nominations will remain in an active file for a three year period.

Awards:

Recipients will have their name placed on a Hall of Fame plaque at Lowry High School and receive a lifetime pass to all Lowry High athletic events.

General Criteria:

Nominees must exemplify the highest standards of sportsmanship, ethical conduct, moral character and carry the endorsement of their respective high school. An applicant must meet the following qualifications:

- 1. Athletes will be eligible for nominations ten years after high school graduation.
- 2. Teachers, Coaches, Administrators, and Contributors will be eligible after their service to Humboldt County School District has ended.

To further explain, athletes would be former student participants who are being nominated for their achievements in interscholastic athletics. Students and educators would be considered on the merits of their high school achievements only. A contributor would be an individual who has made a contribution to Winnemucca education in some capacity other than those previously mentioned, including such areas as sports medicine, sports media, school participation, etc.

WINNEMUCCA

High School Hall of Fame Application Form

Name	Year of Graduation
Current Address	School
Phone	Date of Birth
Place of Birth	Date of Retirement
Callage Attended	
	participate in while in high school?
What awards or honors did the no	ominee receive while in high school?
What award and/or activities has	the nominee been involved in since graduation?
Need a letter of endoresement an Newspaper and/or other supportive	nd recommendation attached (not required
INDIV	VIDUAL SUBMITTING NOMINATION
Name	Phone
Mailing Address City, State, Zip	
Signed	Date
Return completed form to:	Lowry High School Hall of Fame Committee 5375 Kluncy Canyon Road

FALL—ALL STATE WINNERS

Cross Country
Brett Ferrier, 2000
Kelsey Engstrom, 2000, 2001, 2003
Heather Thompson, 2002
Lupe Cabada 2003
Jake Steinman, 2004
Felicia George, 2005
Matt Pike, 2006, 2007

Football Alfonso Gonzales, 1969 Frank Bengoa, 1970 Jim Calder, 1970 Paul Vesco, 1971 Tom Gillespie, 1971 Vince Mendiola, 1971, 1972, 1973 Joe Dendary, 1974 Steve Clausen, 1974 Dave Mendiola, 1974 Hank Dufurrena, 1976, 1977 Bob Cassinelli, 1977 Bruce Delaney, 1977 Fred Stewart, 1977 Rick Ringheimer, 1977 Tim Billingsley, 1977 Al Urban, 1978 Pat Schroeder, 1980 Andrew Hillyer, 1982 Doug Bosch, 1982 Roy Echeverria, 1982 Doug Graham, 1983 Joel Jaureguito, 1983, 1984 Pat McDade, 1983, 1984 David Schwartz, 1984 Gary Stoker 1984,1985 Michael Larragueta 1986 David Bush, 1987 Jonathan Jarolimek, 1987 Jeff Schrempp, 1989 Jon Echave, 1989 Van Kinder, 1989

Chad Peters, 1990
Gordy Schumacher,
1990
Israel Lopez, 1990
Jamie Schroeder, 1990
Jose Cardenas, 1990
Mike Novi, 1990
Scott Strickler, 1990
Josh Kyles, 1991
T.W. Cunningham,
1995, 1996
Matt Baker, 2002
Dan Ferrero, 2004

Jace Billingsley, 2010, 2011 Nic Velasquez, 2011 A.J. Ourada. 2011 Bryan Noble, 2011 Michael Arenas, 2012 Michael Billingsley, 2012

Will Thacker, 2010

Daniel Pollock, 2012 Cody Andersen, 2012 Brandon Okuma, 2012, 2013

Calvin Connors, 2013 Robert Stepper, 2013 Luis Cardenas, 2013 Tanner Lecumberry, 2013

Golf Karen Mendiola, 1977 Kelly Dugger, 2000 Mackenzie Swecker, 2001, 2002, 2003 Kylie Owsley, 2005, 2006 Diana Dorman, 2005 Melissa Watterson, 2006 Juliana Velasco, 2015 Jadyn Eastman, 2017

Volleyball Betty Glinnsman, 1980 Lisa Davidson, 1980, 1981, 1982 Carol Scott, 1981, 1982 Teresa Vesco, 1981, 1982 Denise Cady, 1982 Penny Begay, 1982 Diana Hoss, 1983, 1984 Denise DeLong, 1984 Jackie Begay, 1985, 1986 Tina Echeto, 1989 Karen Crawford, 1990 Noel Bidart, 1990, 1991 Kathy Crawford, 1991 Rachelle Piquet, 1990, 1991 Britney Bristol, 2000

Alexis Martinez, 2002

Ashley Bristol, 2002

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WINTER—ALL STATE WINNERS

Basketball, Boy's Mitch Woods, 1971, 1972, 1973 Stan Davidson, 1973 Joe Dendary, 1974, 1975 Mike Glenn, 1975 Bob Hooft, 1974, 1975 Steve Clausen, 1974, 1975 Ron Bankofier, 1978 Ted Willer, 1978 Jim Visger, 1978 Rolfe Schwartz, 1979 David Stoker, 1981 Chris Vesco, 1983 David Schwartz, 1985 Gary Stoker, 1984, 1985 Dennis Porter, 1986 Lane Peraldo, 1989 Jim Salmi, 1988, 1989 Chad Peters, 1991, 1992 Chad Backus, 1992 Ben Bryson, 2001 Nate Green, 2001, 2002 Teo Maestrejuan, 2002 Brian Watterson, 2003 Danny Westfall, 2009 David Eastman, 2010 Sterling Snow, 2011 Jesse Studebaker, 2011, 2012 Josh Watterson, 2013 Nathan Lutzow, 2016

Basketball, Girl's Betty Seward, 1979 Denise Michelson, 1979 Tammy Mentaberry, 1979 Sandi Smith, 1980 Teresa Vesco, 1981, 1982 Carol Scott, 1981, 1982 Lisa Davidson, 1983 Tina Echeto, 1990 Rachelle Piquet, 1991, 1992 Tara Davis, 2001 Jessica Bishop, 2003 Mackenzie Swecker, 2003, 2004 Magen Dufurrena, 2003, 2004 Elisa Leader, 2005

Alicia Echevarria

Morgen Thacker, 2008 Skylar Estes, 2012 Julia Dufurrena, 2010, 2012 Alyssa Dendary, 2015 Jillian Albright, 2016 Sydney Connors, 2017 Alyssa Kuskie, 2018

Wrestling Jim Billingsley, 1971, 1972, 1973 Denny Gortari, 1974 Tim Billingsley, 1976, 1977 Rick Ringheimer, 1977 Al Urban, 1978 Steve Lopes, 1980 Paul Kerr, 1980 Robert Neary, 1980 Jim Kracaw, 1980, 1981 George Miller, 1981 Kelly Pollock, 1981, 1982, 1983 Keith Neary, 1981, 1983 Rich Enochson, 1982 Jimmy Cannon, 1983 Pat McDade, 1983, 1984, 1985 Dave Stetler, 1985 Paul Smith, 1985, 1986, 1987 Gus Duncan, 1986, 1987 Blake Turner, 1986, 1987, 1988 Billy Holt, 1988 Dave Bush, 1988 Mitch Green, 1988

Jeff Hutchings, 1988

Aron Poulson, 1989

Juan Manzo, 1989

Efrain Manzo, 1989

Gus Alvarez, 1990

Milo Cardenas, 1991

Pete Herold, 1994, 1995,

Rick Hutchinson, 1992

Raul Cardenas, 1993

Jake Lage, 1999

Chris Hornbarger, 1992, 1993

Josh Kyles, 1991

1996

Jeff Arreola, 1989, 1990

Chester George, 1990, 1991

Johnny Davis, 1991, 1992, 1993 Buster Segura, 1999, 2000 Johnny Romero, 2002 Brady Moulton, 2002 Cody Louk, 2002, 2003 Jarrin Prokasky, 2002, 2003, 2004 Ty Baker, 2004 Justin Grant, 2005, 2006 Austin Mayo, 2005 Brett Snyder, 2007 Trevor Grant, 2008, 2009 Skylyr Bleck, 2008, 2009, 2010 Sean Raynor, 2008 Paeden Underwood, 2009, 2010 Jace Billingsley, 2009, 2010, 2011, 2012 Ryan Nelson, 2009, 2011, 2012 Mitch Pollock, 2010 Gus Duncan, 2010, 2011, 2012 Michael Billingsley, 2010, 2011, 2012, 2013 Fernando Herrera, 2011, 2012 Beau Billingsley, 2012, 2013, 2014, 2015 Daniel Pollock, 2013 Brandon Okuma, 2013, 2014 Cody Anderson, 2013 Luis Cardenas, 2013, 2014 Eric Brooks, 2014 Gabe Molina, 2015 Trase Bell, 2016

SPRING—ALL STATE WINNERS

Baseball Chris Vesco, 1983 Chris Poulson, 1986, 1988 Johnathan Jarolimek, 1986, 1987, 1988 Jeremy Brown, 1991 Jose Cardenas, 1991 Gordy Schumacher, 1991 Chad Peters, 1991, 1992 Matt Jarolimek, 1991, 1992 Rick Swecker, 1992 Chukuma Jones, 1992 Danny Maddox, 1992, 1993 Don Johnson, 1993 Giovanni Giordano, 1993 Pachi Bengochea, 1993 Chris Christean, 1999 Sean Gallian, 2000, 2001 Benny Martinez, 2001, 2002 Jared Owsley, 2001 Joey Enochson, 2003 Joe Robinson, 2002, 2003, 2004 Rueben Rodriguez, 2005 Matt Dennis, 2005 Shane Goodale, 2005 Jojo Tameron, 2006 Eric Kerr, 2006 Lucas Alexander, 2006 Levi Carl, 2006 Andrew Lindsey, 2007 Anders Pace, 2009, 2011 Mitch Pollock, 2011 Jace Billingsley, 2011 Bryan Noble, 2011, 2012 Calvin Connors, 2013

<u>Softball</u>

Julie Lombard, 1990 Monique Melody, 1991, 1992 Stacia Dolphin, 1991, 1992 Mandee Kuskie, 1991, 1992, 1993 Rachelle Piquet, 1992 Melanie Roper, 1992 Noel Bidart, 1992 Kristine Warrick, 1993-95 Katie Whalen, 2001, 2002 Savannah Roman, 2002, 2003 Leslie Pratt, 2003 Kristy Ingle, 2005 Ambar Huish, 2006, 2007 Jamie Billingsley, 2003 Cheri Ingle, 2007 Dana Pardovich, 2010, 2011 Lynnsey Johnson, 2010 Virginia Castillo, 2010 Madison Gonzalez, 2010, 2012 Heather McElvain, 2012 Hanna Etcheverry, 2012 Jordan Mecham Shelby McKinnon, 2013 Kylee McClellan, 2014, 2015 Shelby McKinnon, 2015 Kyllie Sappington, 2016, 2017, 2018 Sydney Connors, 2018, 2019 Maddison McClellan, 2019

Track Kelly Baker, 1975 David Drake, 1975 John Luna, 1975 Lloyd Johnson, 1975 Julie Tipton, 1976 Larry Blaylock, 1977, 1978, 1979 Betty Seward, 1979 Pat McDade, 1983, 1984, 1985 Vicki Salmi, 1984 Matt Buchan, 1984, 1985, 1986 Chris Bishop, 1986 Bell, McKenny, Peraldo, Salmi, 1600 M Relay, 1987 Cathey, Burns, Backus, Dean, 1600 M Relay, 1988 Salmi, Peraldo, Schlottman, Lecumberry, 1600 M Relay, 1988 Burns, Backus, Piquet, Cassinelli, 800 M Relay,

Piquet, Bidart, Cassinelli,

Burns, 400 M Relay, 1989

Smith, Canepa, Schlottman, Netcher, 800 M Relay,

Burns, Backus, Dehart, Cassinelli, 1600 M Relay, Tina Echeto, 1989, 1990 Laura Stein, 1994 Willie Ulch, 1995 Sergio Cabada, 1995, 1996, 1997 Sergio Cabada, 1600 M & 3200 M, 1996 Salvador Cabada, 4A Cross Country, All State 1996 Sergio Cabada, 4A, 1600 M, Brett Ferrier, 2000, 2001 Jamie Cabada, 2000 Levi Keller, 2003 Kelsey Engstrom, 2003, 2004 Jacob Keller, 2002, 2004 Nicole Tyler, 2000 Magen Dufurrena, 2002, 2003 Heather Thompson, 400 meters, 800 meters-2003 Katie Engstrom, Kelsey Engstrom, Whitney Mentaberry, Heather Thompson, 4x800 & 4x400 Relay-2003 Yuri Castaneda, Shot Put, 2003, Shot Put, Discus, 2004 & 2005 Natalie Meldrum, Katie Engstrom, Kelsey Engstrom, Whitney Mentaberry, 4x800-2004 Lupe Cabada, Jon Routson, Justin Grant, Cory Hawkins, 4x800-2004 Lupe Cabada, 3,200 meters, 2005

Alicia Echeverria, Pole Vault,

Pole Vault, 2007

Jon Routson, 800 meters,

1,600 meters, 2006

2007

Vance Orr, 1,600 meters,

2005 & 2006, Triple Jump,

Christian Echevarria, 200 meters, Long Jump, 2009 Desirae Lemm, Alicia Kelly, Kirstie Ingle, Sophie Kristof, 4x400 Relay, 2009 Bernice Sanchez, Triple Jump, 2010 Mateo Echeverria, 100 meters, 2010 Tyler Andersen, Discus, 2010 Kenadee Jeppsen, High Jump, 2016 Jillian Albright, Hayley Hinkle, Kennedy Jeppsen, Shelby Garrison, 4x400 Relay, 2016 Hailey Fernandez, Hayley Hinkle, Kennedy Jeppsen, Shelby Garrison, 4x400 Relay, 2017 Bryan Terry, 2017 Shelby Garrison, 400, 2018 Hayley Hinkle, 300 Hurdles, 2018 Adia Bengochea, Hailey Fernandez, Hayley Hinkle, Shelby Garrison, 4x400 Relay, 2018

ALL STATE ACADEMIC AWARDS

Baseball

1995, 1996, 2010, 2011, 2012

Boys Basketball

1996, 1997, 1998, 2010, 2011, 2012, 2013, 2014

Softball

1996, 1997, 1998, 2012, 2013

Girls Basketball

2007, 2008, 2009, 2013, 2014, 2015, 2016

Boys Track and Field

1997, 1998, 2003, 2004, 2011, 2012

Boys Golf

1998, 1999, 2009, 2010, 2014

Girls Golf

1999, 2000, 2011, 2012

Girls Track

2002, 2003, 2004, 2014

Girls Cross Country

2000, 2001, 2002, 2003

Boys Cross Country

2004, 2005

Football

2011, 2012, 2014

Wrestling

2000, 2001, 2011, 2012, 2013, 2014

Boys Soccer

2003, 2004

Girls Swimming

2011, 2012, 2014, 2015

Boys Swimming

2011, 2012, 2016

Spirit

2011, 2012

All School Award:

Reno-Tahoe Olympic Hall of Fame, 1st

High School based on Athletic &

Academic Excellence.



NIAA ALCOHOL, TOBACCO AND OTHER DRUG POSSESSION, USE, ABUSE and PENALTIES POLICY

Participation in NIAA sanctioned sports is a privilege and responsibility which requires all participants to adhere to athletic training rules imposed by the school district and member or affiliate school the student attends and represents. Adherence to training rules ensures that all student-athletes are in top physical condition, minimizes potential for injury, and further ensures that all member and affiliate school athletic teams are appropriately represented by their student-athletes. Therefore, the possession or use of any controlled substance, alcohol or tobacco products by a student athlete, whether it occurs on or off of school property, is prohibited and shall result in the penalties set forth herein.

This regulation shall begin once our son/daughter begins participation as a student athlete in high school athletics. This policy remains in effect for every calendar school year during the course of his/her high school career and when he/she is directly involved in a school activity occurring at any time (summer leagues / camps, etc.). This policy remains in effect regardless of whether our son/daughter is currently participating on a high school athletic team.

- a. <u>Definitions -</u> The following terms or phrases shall have the meaning ascribed to them for purposes of interpreting this Policy.
 - Competitive Week means a seven (7) day period of time beginning with the first scheduled competition after a violation occurs in which a student athlete is participating as a member of an athletic team for a member or affiliate school, and in which that team is officially competing in NIAA sanctioned competition.
 - Controlled Substance includes any mind altering substance or beverage set forth in Schedule I-V of
 the list of Controlled Substances as identified by the office of the Drug Enforcement Administration
 or as set forth in 21 U.S.C. §812.
 - 3. Period of Suspension means a student athlete is prohibited from appearing in any NIAA sanctioned sport or event as a member of an athletic team or in individual competition. A suspension from athletic competition begins with the first scheduled competition after a violation occurs. A student athlete who is suspended under this regulation who does not serve the entire period of suspension during the sport season in which suspension occurs shall serve any remaining period of suspension during the next sport season in which the student athlete appears on a NIAA roster. A violation of this regulation that occurs during a time when a student athlete does not appear on a NIAA roster shall be implemented at the commencement of the next sport season in which the student athlete participates. Attendance in a summer school class shall not apply toward satisfying any period of suspension.
 - Possession means a student / athlete who is in actual physical control of alcohol, tobacco or a controlled substance.
- b. Possession or Use of Tobacco/Alcohol/Controlled Substance/Narcotics. Any student athlete determined to be in possession of, or to have used tobacco, including smoking tobacco, chewing tobacco or snuff, an alcoholic beverage (as defined by NRS 202.020 and any relevant local ordinances), controlled substance and/or narcotic (unless prescribed by the student athlete's physician for medical purposes), is in violation of this policy. If after an investigation by the school it is determined that the student athlete is in violation of this regulation the student athlete shall immediately be declared ineligible to compete in any NIAA competition beginning with the first scheduled competition after a violation occurs. Additionally, the student athlete shall be subject to the following discipline:

- 1. <u>First Violation</u>: a six (6) competitive week suspension from participation in interscholastic competition beginning with the first scheduled competition after the suspension occurs. Four (4) competitive weeks of the suspension of eligibility may be waived if the student successfully completes all components of the appropriate substance abuse intervention program set forth in subparagraphs (d) (1) (A) and (d) (1) (B) below. The student may practice with the team during the period of suspension if approved by the coach and principal.
- Second Violation: The student shall be suspended from interscholastic competition for a minimum of ninety (90) school days which shall include a minimum of six (6) competitive weeks of competition. The student shall not be allowed to practice with the team, or participate in any out of season activities and must complete the requirements set forth in subparagraphs A and B below, in order to be considered for reinstatement of future athletic eligibility, which shall be determined following the ninety (90) day suspension of athletic eligibility by a group composed of one of the student's parents/legal guardians, the school principal, athletic director, coach and a substance abuse program coordinator.
 - A. A substance abuse evaluation assessment conducted by a licensed alcohol and drug counselor at the expense of the parent/legal guardian of the student must be completed within ten (10) school days following the suspension and all assessment recommendations must be satisfactorily met before athletic eligibility may be reinstated.
 - B. The student must successfully participate in all sessions of the appropriate substance abuse intervention program set forth in subparagraphs (d) (1) (a) and (d) (1) (B) below, and successfully complete a minimum of ten (10) tobacco or alcohol/drug related support sessions.
- 3. <u>Third Violation</u>: The student shall be ineligible to participate in interscholastic athletics for the remainder of the student's high school career.
- 4. <u>Appeal</u>: A student that serves their third violation and still has more than one year of remaining eligibility can appeal through the NIAA Board of Control. Both the students and his / her parents must attend this meeting of the Board to present their appeal.
- c. <u>Cumulative Effect of Suspensions</u>: Multiple suspensions of a student athlete's athletic eligibility based on violations of this Regulation shall be considered as cumulative over the length of each student athlete's high school career, 9th through 12th grade.
- d. <u>Substance Abuse Intervention Program</u>: Any student who has been suspended from athletic eligibility for violation of the provisions of this Regulation and whose future athletic eligibility is contingent on successful completion of a Substance Abuse Intervention Program, or whose suspension of athletic eligibility may be reduced through successful participation in a Substance Abuse Intervention Program, shall complete the Substance Abuse Intervention Program developed by the NIAA in conjunction with the State of Nevada, Department of Human Resources Division of Child and Family Services Program available through the Juvenile Justice Programs Office: (775) 684-7294.
 - 1. Successful completion of the Substance Abuse Intervention Program shall require, at a minimum:
 - A. The completion of a video program specific to the nature of the student athlete's offense, by the student athlete, and his/her parent(s) or legal guardian(s), as demonstrated by the successful completion of an assignment on the content of the video by the student athlete and his/her parent(s) or legal guardian(s).
 - B. The completion of a minimum of an eight (8) hour assignment selected from a list of ten (10) possible assignments by school personnel. Successful completion shall be determined through a meeting between the student athlete, his/her parent(s) or legal guardian(s), the head coach of the sport in which the student athlete was participating at the time of offense, and the school counselor or dean of students.

All investigations and penalty enforcements will be conducted by the school and $\!\!/$ or district with support through the NIAA office.

PARENT / LEGAL GUARDIAN AND STUDENT ACKNOWLEDGEMENT

The Nevada Interscholastic Activities Association (NIAA) recognizes and understands that parents / guardians take the primary role in instilling values for their students. It is the goal of the NIAA to work cooperatively with parents to provide guidelines and programs that assist student athletes in making positive choices.

IMPORTANT - Please read the following information and acknowledge with your signature below.

We understand that participation in high school athletics is a privilege, not a right, and that underage drinking and drug use is against the law. It is against the law to sell tobacco to people under the age of 18 and usage is against school policy. Substance abuse negatively impacts athletics and academic performance, and research indicates that early onset of alcohol use increases the occurrence of addiction in adulthood by four times. Alcohol and drug use interferes in learning processes, brain development and increases the chance of physical injury while participating in athletic competition. Because of these risks, and in addition to the laws of the State of Nevada, the NIAA requires participants and parents to agree to the following:

- 1. We have read the NIAA Drug, Alcohol and Tobacco Possession, Use and Abuse Penalties Policy and agree to abide by the Policy as written.
- **2.** We realize that a video and Power Point presentation regarding the Policy is available and we have either seen this presentation or agree to waive the requirement of viewing the presentation.
- 3. We understand that we are encouraged to notify our school's athletic administrator / director if our son / daughter violates this Policy and / or the laws of the state of Nevada. It would also be acceptable for our child to self-report any violation of this policy to our school's athletic administrator / director.
- 4. We understand that knowingly providing erroneous information during the course of an investigation of an alleged violation of the policy will result in a one calendar year suspension from all high school athletic activities.
- 5. We further acknowledge that once our son / daughter begins participation as a student athlete in high school athletics that this policy remains in effect for every calendar school year during the course of their high school career and when he / she is directly involved in a school activity occurring at any time (summer leagues / camps, etc.). This policy remains in effect regardless of whether our son / daughter is currently participating on a high school athletic team.
- We have also reviewed the following NRS 202.020, Purchase, Consumption or Possession of Alcoholic Beverage by Minor, and understand the laws of Nevada and how they pertain to our family.
- 7. We understand that although it is not technically against the law to use tobacco in the state of Nevada (NRS 202.2493 and 202.24935 prohibits anyone from supplying a person under the age of 18 with any kind of tobacco product), we realize it is against this policy and general school policy, and that scientific evidence demonstrates it is unhealthy and a detriment to athletic performance.
- 8. We understand that the use of steroids and other performance enhancing drugs are dangerous, illegal, provide only temporary gains and are a form of cheating other competitors.

COMPETITORS

3A Northern Division



Churchill County 1222 S Taylor St. Fallon, NV 89406 Colors: Kelly Green/White Mascot: Greenwave



Dayton High School 335 Old Dayton Valley Road Dayton, NV 89403 Colors: Red, Black Mascot: Dust Devils



Elko High School 987 College Ave. Elko, NV 89801 Colors: Maroon & White Mascot: Indians



Fernley High School 1300 Highway 95A Fernley, NV 89408 Colors: Orange, Black Mascot: Vaqueros



South Tahoe 1735 Lake Tahoe Blvd. South Lake Tahoe, NV 96150 Colors: Royal Blue/Gold Mascot: Vikings



Sparks High School 820 15th Street Sparks, NV 89431 Colors: Maroon, Gold Mascot: Railroaders



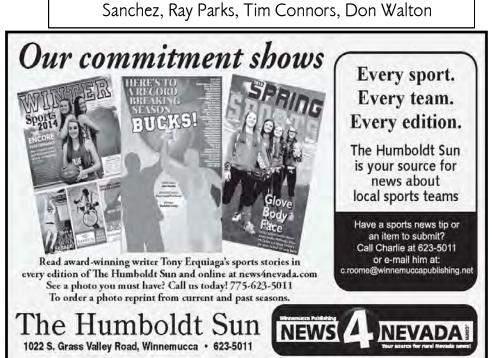
Spring Creek High School 14550 Lamoille Hwy Spring Creek, NV 89815 Colors: Purple, Black Mascot: Spartans



Truckee High School 11725 Donner Pass Rd. Truckee, CA 96161 Colors: Red, White Mascot: Wolverines

2019-20 Century Club **Board Members**

Andrew Hillyer—President Greg Munroe —Vice President Kathy Norcutt —Treasurer Gina Rackley-Secretary Board Members: Mike Mavity, Malinda Riemersma, John



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Baseball Schedules

Var	sity
_	

Date	<u>Time</u>	Location
Thursday, Mar 5, 2020	3:30 pm	Away vs. Churchill County
Friday, Mar 6, 2020	11.00 am	Away vs. Spanish Springs
Friday, Mar 6, 2020	2:00 pm	Away vs. Reed
Saturday, Mar 7, 2020	11:00 am	Away vs. Carson
Saturday, Mar 14, 2020	11:00 am	Spring Creek
Saturday, Mar 21, 2020	11:00 am	Away vs. Fernley
Saturday, Mar 28, 2020	11:00 am	Dayton
Saturday, Apr 4, 2020	11:00 am	Truckee
Saturday, Apr 11, 2020	11:00 am	Away vs. Elko
Tuesday, Apr 14, 2020	1:00 pm	Away vs. Churchill County
Saturday, Apr 18, 2020	11:00 am	Sparks
Tuesday, Apr 21, 2020	1:00 pm	Away vs. Churchill County
Saturday, Apr 25, 2020	11:00 am	North valleys High
Saturday, May 2, 2020	11:00 am	Away vs. South Tahoe
Thursday, May 7, 2020	TBD	Away vs. Multiple Schools
Friday, May 8, 2020	TBD	Away vs. Multiple Schools
Saturday, May 9, 2020	TBD	Away vs. Multiple Schools

Junior Varsity

Jan 11 0 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		
Date	Time	Location
Friday, Mar 6, 2020	TBD	Away vs. Yerington
Saturday, Mar 7, 2020	TBD	Away vs. Yerington
Friday, Mar 13, 2020	2:00PM	Spring Creek
Friday, Mar 20, 2020	2:00PM	Away vs. Fernley
Friday, Mar 27, 2020	2:00PM	Dayton
Friday, Apr 3, 2020	2:00PM	Truckee
Friday, Apr 10, 2020	2:00PM	Away vs. Elko
Saturday, Apr 11, 2020	11:00AM	Elko
Tuesday, Apr 14, 2020	3:30PM	Away vs. Churchill County
Friday, Apr 17, 2020	2:00PM	Sparks
Tuesday, Apr 21, 2020	3:30PM	Away vs. Churchill County
Friday, Apr 24, 2020	2:00PM	North Valleys High School
Friday, May 1, 2020	2:00PM	Away vs. South Tahoe

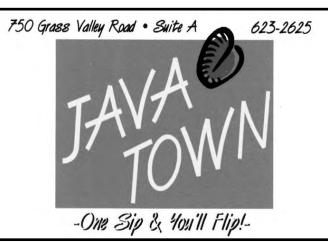
Varsity Baseball



#	Name		Posit	ion	Grade
5	Brooks	Bergenheier	2B	Р	12
15	Gratian	Dawson	C		12
8	Trenton	Domire	OF		11
12	Klay	Garner	1B	Р	12
3	Anthony	Hemp	C	OF	11
23	Garette	Hinshaw	Р	OF	11
24	Justin	Horton	OF	Р	11
2	Dominick	Kelley	C	IF	12
11	Joshua	Leveille	Р	UT	12
21	Tyler	Neu	Р	IF	12
9	Jordan	Parker	Р	OF	12
34	Caden	Ricci	IF	OF	11
16	Tristen	Schmittel	OF	IF	11
4	Michael	Yarnell	3B	OF	12



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JV Baseball



#	Name		Position	Grade
2	Braidyn	Anderson	UT	9
15	Erick	Bergenheier	IF	9
5	Kaiden	Boyles	UT	10
24	Tai	Combes	IF	10
21	Zachary	Fernandez	IF	10
23	Logan	Fettic	UT	9
3	Omar	Gomez	IF	9
7	Osmar	Gomez	OF	10
0	Jesse	Murrin	OF	10
4	Brendan	Robinson	UT	10
25	Marco	Ruiz	UT	9
9	Wyatte	Sakurada	UT	10
42	Travis	Urain	UT	9

Kent Mowry

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341 Baud Street, Winnemucca, NV 89445 (775) 623-5555 Fax (775) 623-5556 www.aandhinsurance.com Serving Nevada Since 1957

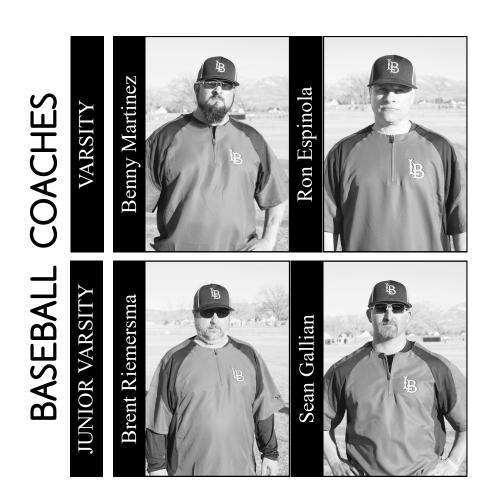
Sage Petroleum Products



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Winnemucca, Nevada 89445

(775) 623-2960



Seniors



Family: Sheldon, Jennifer, Brother Erick Favorite Memory about Your Sport: Playing the game I love with all of my teammates

Future Plans: Go to college and study communications Favorite Quote: "There may be people who have more talent than you, but there is no excuse for anyone to work harder than you do- and I believe that" - Dereck Jeter



Family: Jeff Dawson, Marie-Jeanne Dawson Favorite Memory About Your Sport: All the fun road trips we have had.

Future Plans: Play football at Eastern Oregon University while studying fire science. Favorite Quote: "My biggest competition has always been myself"- Ronnie Coleman



Family: Tim Garner, Jessica Nichols, Kayd, Kasyn, Khiana, Harper

Favorite Memory About Your Sport: Travel with the team and have fun with my friends.

Future Plans: Go to college and figure out what to do with my life.

Favorite Quote: "If you ain't first, you're last". Ricky Bobby

Brooks Bergenheier

Gratian Dawson

Klay Garner

Seniors



Family: William & Katherine Hall, Erye & Paxton Favorite Memory About Your Sport: Hanging out with my team during overnight trips.
Future Plans: Hopefully play baseball in college while studying Fire Science.
Favorite Quote: "I'm here for a good time, not a

long time."



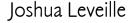
Family: Donald & Shelley Leveille, Makayla Favorite Memory About Your Sport: Playing the game I love with my friends over the years. Future Plans: Attending the University of Technical Institutes for Automotive & Diesel Mechanics. Favorite Quote: "Baseball is more than a game. It's like life played out on a field." Juliana Hatfield



Family: Sherry Burris, Rich Neu, Travis & Janae Neu, Cammy Bourquin, April & Savanna Wilson Favorite Memory About Your Sport: Too many to choose from!
Future Plans: Further my education at UNR, studying Electrical Engineering.
Favorite Quote: "Life is like a bicycle. To keep your balance you must keep moving." Albert Einstein

Tyler Neu

Dominick Kelley





Family: Virginia Parker
Favorite Memory About Your Sport: All the overnighters with the team.
Future Plans: Attend trade school to become an
electrician
Favorite Quote: "Let the balls fly." Mr. Neu

Jordan Parker

Family: Crystal & Warren Yarnell
Favorite Memory About Your Sport: Practicing
hard every day to come together as a team and
win.

Future Plans: Work Favorite Quote: "It's fun; baseball is fun." Yogi Berra

Michael Yarnell

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Golf State Championships

1973



Leo Leighton, John Yzaguirre, Rick Burhans, Coach Tom Johnstone, Mickey Dugger, Tom Sheppard, Roger Harmon, Dave Mendiola, Dennis Verner, Coach Ken Haines



John Yzaguirre, Roger Harmon, Bill Lloid, Walt Vetter, Tom Sheppard, Jon Burhans, Rick Bertz, Randy Morton, Vince Mendiola, Mickey Dugger, Leo Leighton, Coach Tom Johnstone, John Acree, Steve Larragueta, Dave Mendiola, Louie Yzaguirre

1975



Dave Mendiola, Jon Burhans, Tom Sheppard, Walt Vetter, John Acree, Leo Leighton, Ron Bankofier, Bernie Canon, Kurt Kracaw, Steve Larragueta

1985



Mark Oxborrow, Jerry Lugert, K.C. Kracaw, Ron Rathbun, Billy Holt, Mike MacDonald, Gary Stoker, Chuck Standridge, David Adams, Jim Shaw, Ron Gribble, Paul Harmon, Jeff Herzog, Charles Jackson, Denis DeArrieta, Carrie Chesser, Todd Thompson, Mike Larragueta

1986



K.C. Kracaw, Tom Evans, Rob Turner, Billy Holt, David Adams, Jeff Wade, Jim Shaw, Nikki Eldridge, Coach: Jim Billingsley, Mike Howard, Michael Larragueta, Paul Harmon, Jeff Herzog, Peter Peters, Jack Martin, Mark Oxborrow, Stacy Miller

9010



Tyler Cox, Chris Dendary, A.J. Ourada, Joey Dendary, Jerry Jackich, Dillon Bryan, Dean Vetter, Gabby Roman, Cole Erquiaga, Ryan Kracaw

2013



Coach Meyer, Luise Brown, Hunter Dimock, Liam Sparks, Josh Shaver, Chris Dendary, Andres Mendoza, Ethan Gray, Chris Mendoza, Jarrin Conn, Coach Dendary, Blake Duncan, Braxton Paulsen, Colton Black, Cole Erquiaga, marquess Jones, Patrick Criswell, Lane Mentaberry, Josh Rose, Clay Erquiaga

1979 & 1984–No Team Picture Available

Golf Schedule

Date	Time	Location
Monday, Mar 16, 2020	11:00 am	Dayton Valley Country Club
Tuesday, Mar 17, 2020	10:00 am	Fallon Golf Course
Monday, Mar 30, 2020	10:30 am	Winnemucca Golf Course
Tuesday, Mar 31, 2020	10:00 am	Fernley Golf Course
Tuesday, Apr 14, 2020	10:00 am	Spring Creek Golf Course
Wednesday, Apr 15, 2020	9:00 am	Elko High School
Wednesday, Apr 29, 2020	TBD	TBA
Monday, May 4, 2020	TBD	TBA
Tuesday, May 5, 2020	TBD	TBA
Monday, May 11, 2020	TBD	TBA
Tuesday, May 12, 2020	TBD	TBA



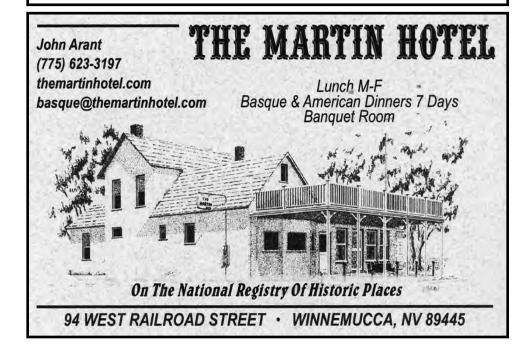
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325 Hanson St. Winnemucca

Chad J Backus PT, DPT Jared Rose PT, DPT Karen M. Palmer OTR/L



Boy's Golf



	Name	Grade
Tyler	Carpenter	10
Rian	DeLong	11
Dawayne	Grasmick	10
Seamus	Maloon	10
Maxwell	Mavity	12
Bodi	Miller	12
Wade	Mori	9
Thomas	Moser	9
Hunter	Mullins	11
Cal	Peters	10
Hector	Rivera	9
Austen	Rorex	11
Caden	Rorex	12
Hunter	Smith	10
Kobe	Stoker	12
Zachary	Wolverton	12



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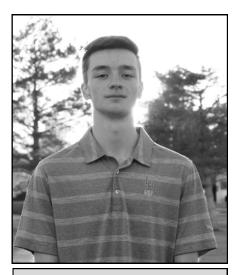


Go Bucks!





Seniors



Family: Mike & Theresa, Macie & MaKenna Favorite Memory About Your Sport: Fun road trips and overnighters with the team.

Future Plans: Attend college and pursue a degree in Business.

Favorite Quote: Your character is more important than how good you are at the sport. Your athleticism is temporary, but your character lasts forever.



Family: Stacy, Betty, Grant, Chris, Mallory Favorite Memory About Your Sport: My first day golfing with my brothers and them teaching me how to play. Future Plans: I plan to do the Electrical program at Great Basin College.

College. "I think it's more than whether or not you win or lose. It's having that opportunity on that final round, final nine to come down the stretch with a chance to win." ~ Phil Mickelson



Family: Courtney, Andy, and Brian Rorex Favorite Memory About Your Sport: All of the good times with my friends and coaches. Future Plans: Go to Elko and do the MTC Program through Great Basin College for welding. Favorite Quote: "If you ain't first, you're last." Rickie Bobby

Caden Rorex

Maxwell Mavity



Family: David, Stacy, Savannah Favorite Memory About Your Sport: The golf trips to different tournaments.

Future Plans: To go to college in Reno & to live life to the fullest.

Favorite Quote: "The greatest thing about tomorrow is I will be better than I am today." Tiger Woods

Kobe Stoker

Bodi Miller

GOLF COACH Andrew Meyer

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Softball Schedules

Varsity		
Date	Time	Location
Thursday, Mar 5, 2020	TBD	Away vs. TBA
Friday, Mar 6, 2020	TBD	Away vs. TBA
Saturday, Mar 7, 2020	TBD	Away vs. TBA
Saturday, Mar 14, 2020	11:00 am	Spring Creek
Saturday, Mar 21, 2020	11:00 am	Away vs. Fernley
Saturday, Mar 28, 2020	11:00 am	Dayton
Saturday, Apr 4, 2020	11:00 am	Truckee
Saturday, Apr 11, 2020	11:00 am	Away vs. Elko
Tuesday, Apr 14, 2020	1:00 am	Away vs. Churchill County
Saturday, Apr 18, 2020	11:00 am	Sparks
Tuesday, Apr 21, 2020	1:00 pm	Away vs. Churchill County
Saturday, Apr 25, 2020	11:00 am	North Valleys High School
Saturday, May 2, 2020	11:00 am	Away vs. South Tahoe
Thursday, May 7, 2020	TBD	Away vs. Multiple Schools
Friday, May 8, 2020	TBD	Away vs. Multiple Schools
Saturday, May 9, 2020	TBD	Away vs. Multiple Schools
lunior Varsity		
Junior Varsity	Time	Location
<u>Date</u>	Time	Location

,		
Date	<u>Time</u>	Location
Friday, March 6, 2020	TBD	Away vs. Yerington
Saturday, March 7, 2020	TBD	Away vs Yerington
Friday, March 13, 2020	2:00 PM	Spring Creek
Friday, March 20, 2020	2:00 PM	Away vs Fernley
Friday, March 27, 2020	2:00 PM	Dayton
Friday, April 3, 2020	2:00 PM	Truckee
Friday, April 10, 2020	2:00 PM	Away vs Elko
Tuesday, April 14, 2020	2:30 PM	Away vs Churchill County
Friday, April 17, 2020	2:00 PM	Sparks
Tuesday, April 21, 2020	2:30 PM	Away vs Churchill County
Friday, April 24, 2020	2:00 PM	North Valleys High School
Friday, May 1, 2020	2:00 PM	Away vs South Tahoe

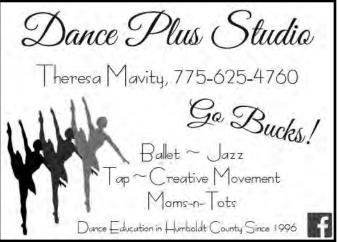


Varsity Softball



#	Name		Position	Position	Grade
12	Kadence	Cooney	IF	Р	10
5	Kelcey	Cooper	IF		12
4	Kenzi	Dowd-Smith	OF		10
14	Bree	Dunckhorst	IF	Р	9
6	Alexus	Gomez	IF		11
2	Bailey	Hayes	OF		10
1	Shelbie	Hoyt	IF		9
10	Sierra	Maestrejuan	IF	Р	12
13	Mackenzie	Salas-Begay	IF	Р	11
9	Destiny	Starkey	OF		12
11	Hannah	Toth	IF		11
0	Ava	Zebroski	OF		10
	Jordan	Hornbarger	Manager		11





Junior Varsity Softball



#	Name		Position	Position	Grade
14	Leticia	Aguilar	IF		9
6	Peyton Jo	Cassinelli	IF	Р	10
2	Lexi	Chaffin	IF	OF	10
0	Megan	Cook	OF		9
13	Kailey	Franklin	IF	Р	9
8	Alyssa	Garcia	IF		10
1	Cali	Keith	IF		9
7	Saige	Kirchesh	IF	OF	10
11	Charissa	Kramer	OF		9
10	Gracie	Marchand	IF	OF	9
4	Jada	Matheny	OF	Р	9
9	Cadance	Mercado	IF	OF	11
5	Alyssa	Perez	OF		10
15	JayLynn	Smith	IF	OF	10



SOFTBALL COACHES









VARSITY



Seniors





Favorite Memory About Your Sport: The coaches buying us a hamster because we went to state Future plans: Attend UNR and study sonography Favorite Quote: "Change your thoughts and you change your world." – Norman Vincent Peale



Family (Parents, Sibling): Tina and DJ Wilson, Tobin and Dillon Maestrejuan

Favorite Memory About Your Sport: Coming back to win against Dayton to go to state my sophomore year. Future Plans: Attend UNR and find something I am passionate about.

Favorite Quote: "Wherever life plants you, bloom with grace."



Family: Courtney & Bob Starkey, Emily & Daymein Favorite Memory About Your Sport: Making it to the state championship my sophomore year.

Future Plans: To attend Tulsa Community College and major in Sports Medicine/Biology in hope of becoming a Sport Physical Therapist.

Favorite Quote: "Two things you will never have to chase: True Friends and True Love." Friends

Kelcey Cooper

Sierra Maestrejuan

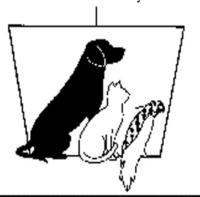
Destiny Starkey

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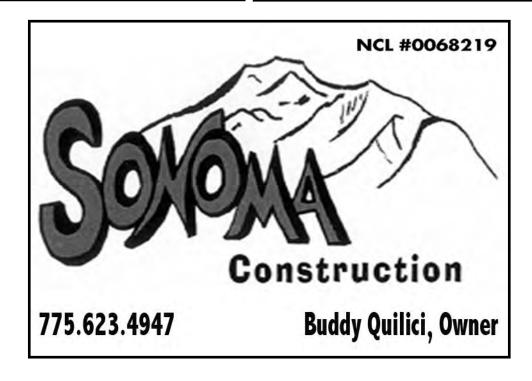
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Shelly Drake & Andree Rose

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Swimming Schedule

Date

Thursday, Mar 12, 2020 Saturday, Mar 21, 2020 Saturday, Mar 28, 2020 Saturday, Apr 11, 2020 Saturday, Apr 18, 2020 Friday, Apr 24, 2020 Friday, May 1, 2020 Tuesday, May 5, 2020 Friday, May 8, 2020 Saturday, May 9, 2020

Saturday, May 16, 2020

Location

Carson Aquatic Center South Tahoe Swim Center Carson Aquatic Center Northwest Pool

Incline Village Recreation Center Pool

Truckee Pool Northwest Pool

Douglas County Swimming Pool

TBA TBA TBA



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Swimming



Name		Grade	Name		Grade
Ashton	Kalkoske	11	Elizabeth	Cardenas	12
Hunter	Lewis	12	Adaya	Goldblatt	12
Matthew	Lizanetz	10	Emily	Lewis	10
Tristan	Miller	12	Mackenzie	Swensen	10
			Zoey	Thies	10



Greg and Miranda Munroe

Owners

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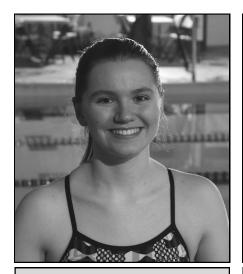
4320 W. Winnemucca Blvd. Winnemucca, NV 89445

Ross Zimmerman, DVM
Bonnie Dory, DVM

(775) 623-0981

Large & Small Animal Services

Seniors



Family: Karla & Scott, Hayley, Rebekah, David Favorite Memory About Your Sport: Going to State freshman year on my relay team.

Future Plans: Go to Eastern New Mexico University and studying Forensic Science.

Favorite Quote: "All you need is love. But a little chocolate now and then doesn't hurt." Charles M Schultz



Family: Charles, Vanesa, Evan, Emily Favorite Memory About Your Sport: Making it to state every year and building bonds between each

Future Plans: Attend UNLV and become an architect. Favorite Quote: "Cheaters never win, but I just graduated."

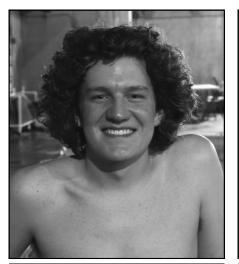


Family: Sam, Jennifer, Damon, Alanna Favorite Memory About Your Sport: When my friends and I qualified for State in the Medley Relay for the first

Future Plans: Go to college and study Computer Science. Favorite Quote: "It's the job that's never started as takes longest to finish." JRR Tolkien

Tristan Miller

Adaya Goldblatt



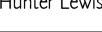
Family: Karla & Scott, Hayley, Rebekah, David Favorite Memory About Your Sport: Going to State freshman year on my relay team.

Future Plans: Go to Eastern New Mexico University and studying Forensic Science.

Favorite Quote: "All you need is love. But a little chocolate now and then doesn't hurt." Charles M Schultz

Aidan Maher

Hunter Lewis









Elizabeth Cardenas

Winnemucca Convention & Visitors Authority

and Ag. District #3

Supporting our hometown athletes!

Good Luck - Play Hard!

Winnemucca's Annual Community Events

March Ranch Hand Rodeo Weekend

April Shooting the West Photography Symposium

May Run-A-Mucca Motorcycle Rally
June Winnemucca Basque Festival
July Winnemucca Wheels Car Show

September Tri-County Fair & Stampede

October Lazy P Adventure Farm Fall Farm Festival

November Western States Ranch Rodeo Finals

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TRACK COACHES

Track Schedule

Date Saturday, March 7, 2020 Saturday, March 14, 2020 Friday, March 20, 2020 Friday, March 27, 2020 Saturday, March 28, 2020 Saturday, April 4, 2020 Friday, April 10, 2020 Saturday, April 11, 2020 Saturday, April 25, 2020 Saturday, May 2, 2020 Friday, May 8, 2020	2:30 AM 9:00 AM 2:00 PM TBD 9:00 AM 8:20 AM 2:30 PM 8:30 PM TBD 9:30 AM TBD	Away vs. Elko Away vs. Yerington Away vs. Carson Away vs. Reed Away vs. Battle Mountain Away vs. McQueen Away vs. Carson Away vs. Carson Away vs. Truckee © Lowry High School Regionals © North Valleys
Saturday, May 2, 2020	9:30 AM	@ Lowry High School

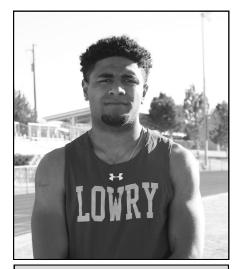


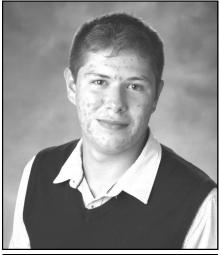
Track

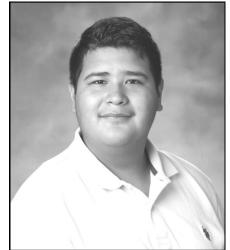


Name		Grade	Name		Grade	
	lysis	Arriola	10	Colby	Terry	12
	Giovanni	Barrenechea	9	Tyson	Terry	9
	Scot	Brown	10	Cody	Tolbert	11
	Fernando	Cardona	10	Cody	Vess	12
	Omar	Castaneda	10	Jeremy	Walker	11
	Frank	Davis	9	Edward	Zhelayev	10
	Angel	Diaz	10			
	Raymond	Diaz	9	Amy	Adair	10
	Julian	Doman	10	Emily	Backus	10
	Ratu Peni	Draunidalo	12	Mary-Kate	Barber	10
	Jeramie	Drobny	10	Adia	Bengochea	11
	Christopher	Esparza	12	Lucy	Dangel	10
	Alexander	Femat	12	Madison	Duvall	9
	Shaun	Gilliland	9	Triniti	Gordon	11
	Jasper	Glasgow	12	Jaydan	Ham	10
	Kalib	Gordon	9	Hadley	Hatch	10
	Jeremiah	Grasmick	9	Taylor	Hawkins	9
	Bonifacio	Jacinto	10	Mia	Hernandez	9
	Nikolas	Jung	10	Alethea	Houston	11
	Ivan	Lara	9	Jacquia	Jackson	10
	Jesus	Leon	12	Jovi	Kuskie	10
	Evan	Lewis	10	Tristyn	Lizanetz	10
	Troy	Manske	10	Annaie	Lopez	12
	Christopher	McGuire	11	Marisol	Lopez	10
	Trent	McKellips	12	Lesley	Martinez	11
	Tyler	Morrison	10	Saree	Millikan	10
	Dylan	Nee	12	Alexis	Olson	10
	Gavin	Paulsen	9	Chantal	Perez	9
	Erick	Prado	11	Mckenzi	Petersen	10
	Robert	Rangel	11	Ryleigh	Raabe	9
	Lazaro	Reyes	12	Ashley	Rookstool	9
	Celso	Ruiz	12	Emily	Schoenecker	11
	Octavio	Ruiz	12	Lilly	Thomas	9
	Kaid	Sanchez	9	Valeria	Valdez	10
	Lorsix	Silva	11	Hannah	Whitted	10

Seniors







Family (Parents, Siblings): Carlos and Angelica, Carlos and Favorite Memory About Your Sport: The Fernley meet when I ran at night.

Future Plans: Get into the MTC Program and then go into

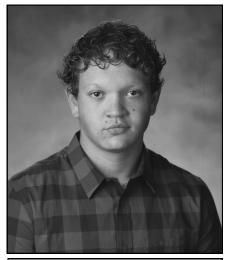
he seminary.

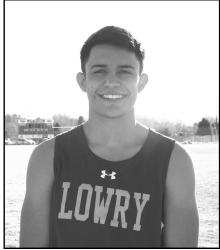
Favorite Quote: "If you don't build your dreams, someone else will hire you to build theirs." Suli Breoks

Alexander Femat



Christopher Esparza







Family (Parents, Siblings): Miguel Leon and Maria Rodriguez
Favorite Memory About Your Sport: Finally finding the joy of track my senior year
with the best coaches I could ever ask for, as well as the members.
Future Plans: Move to Utah and get in a good psychology program where I can
graduate, and open my own office called "Don't Be Sad" and save up enough
money to buy myself a monkey and name him Pancho.

Favorite Quote: "If live ever gets you down, just remember you don't look that cool crying on the floor."

Family (Parents, Siblings): Rocio (Mom), Martin (Dad), Martin (Brother), Pedro (Brother), Jessica (Sister), Bianca (Sister), Monica (Sister), Suxy (Sister) Favorite Memory About Your Sport: When me and my friend Emily Schoenecker decided to drink energy drinks before a meet and we had all the energy in the world, bouncing off the walls.

Future Plans: I plan on going to Truckee Meadows community college to continue my education in the occupation of massage therapy and pursue my determined.

continue my education in the occupation of massage therapy and pursue my dreams.

Favorite Quote: "The biggest adventure you could ever take is to live the life of

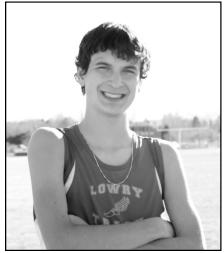
your dreams, if anyone says dreams can't be accomplished it's because they have already given up on their dreams." -Oprah

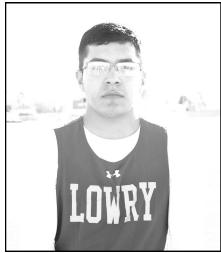
Jasper Glasgow

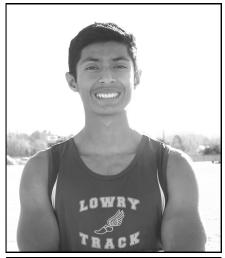
Jesus Leon

Annaie Lopez

Seniors

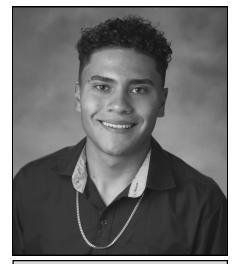


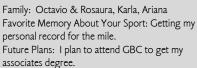




Family (Parents, Siblings): Mom: Isabel Dad: Celso Ruiz Jr. Lucero Araceli & Jovary Ruiz Favorite Memory About Your Sport: The feeling after a race, and knowing that my limits are being broken. Future Plans: Go to UNR for computer science and digital engineering. Then move to Oregon to continue learning. Favorite Quote: "Life is strange. Every so often a good man wins" – Frank Dane

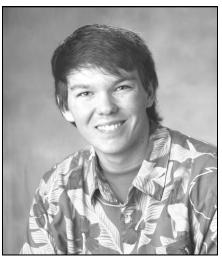
Dylan Nee Lazaro Reyes Celso Ruiz





Favorite Quote: "The future isn't something we enter, the future is something we create."

Octavio Ruiz



Family: Julia, Eric, Bryan, Tyson, Raegan Favorite Memory About Your Sport: Having fun at the track meets with friends and meeting new people.

Future Plans: Get a degree in welding at GBC. Favorite Quote: "The only time I set the bar low is for limbo." Michael Scott LOWRY

Colby Terry

Cody Vess

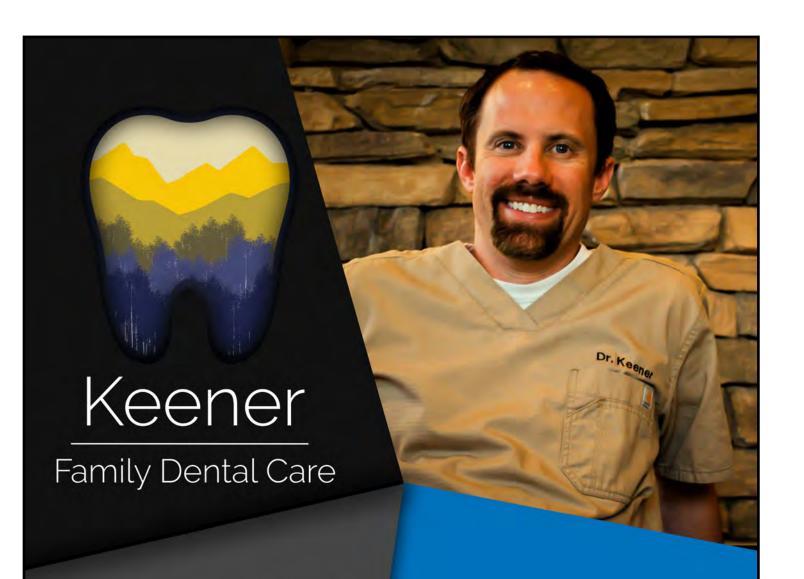
WINNEMUCCA CENTURY CLUB

P.O. Box 3656 Winnemucca, Nevada 89446

The Winnemucca Century Club is a nonprofit corporation which receives and expends funds to promote and support Lowry High School athletics. Past contributions have been used to assist in the funding of improvements to the fields and facilities of baseball, football, soccer, softball and track, as well as to purchase equiPMent and/or uniforms for baseball, basketball, cheerleading, cross country, dance team, football, golf, soccer, softball, track, volleyball and wrestling. If you wish to contribute to the booster club for Lowry High School athletics, please fill out this form and send it to us at the above address. If you have any question, please call Ray Parks at 623-8130, Andrew Hillyer at 623-4813.

2019-2020 Membership Form

Tity State & Zin	Code:	
eny, state & zip	Cour.	
Amount of contri	bution:	
Each mem	ber receives a gate pa	ss for Lowry athletic events for the school year.
\$125.00	First family memb	er
\$75.00	Second family me	mber (Spouse or children 21 years and younger)
\$50.00	Each additional fa	mily member (Children 21 years and younger)
Remembe	r your Century Club r	nembership is tax deductible.
reference for pa	yment:	
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Pay	now and the ba	alance in installments of
Mo	onthly	Quarterly
	ni-annually	Annually



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