

THE BRAND

December 16, 2022 • Lowry High School • Winnemucca, NV SCHOOL SPIRIT AND PARTICIPATION DWINDLE

By Alexis Galarza

In recent years, school spirit at Lowry has diminished. School spirit has not always been 100 percent, however, it has been better than it has been recently. Why has the rate of participation gone down? Students come to high school for four years, so why not take these adolescent years and make the most of them? Why leave a pep assembly when you only get four your entire high school career? Some people may say, was it better in the past? Let's find out.

Mrs. Miranda Santos was a student at Lowry, and she explained the various other things Lowry had done in the past to engage students.

"There wasn't a big drastic change, but the assemblies used to last longer I think," said Santos. "We typically did them at the beginning of the year which is important because it gets that aura established."

So far this year, Lowry has only had

one pep assembly that was only 30 minutes long. The assembly was centered around Homecoming, and essentially the spotlight was only on the royal candidates.

Homecoming King Lance Brinegar felt that the assembly being centered around royalty was fun.

"It felt good and it was a lot of fun playing royalty games, it was a great experience," said Brinegar.

For Queen candidate Megan Cook, the homecoming assembly was equally an amazing experience.

"The assembly was a ton of fun, especially winning the game," said Cook. "I felt honored to be nominated as a candidate by my peers."

Marco Ruiz, a senior, wasn't necessarily upset about the homecoming assembly.



Students at the 2014 Homecoming bonfire. /Ron Espinola • The Brand

"For those assemblies, it's usually always based off of the royalty so I think it was fine," said Ruiz. "I mean, there could be a little more involvement with the student body to keep the students interested."

Mrs. Marie Jeanne Dawson was the leadership advisor at Lowry in the past. Over her years as the advisor she created multiple strategies to keep students engaged.

"One of the things I always asked leadership kids to do was to always grab at least two students who were non-friends of theirs and try to invite them to participate," said Dawson. "For example, to bring them to the activities



2015 Lowry students at the date auction. /Staff • The Brand



A crowded pep assembly from 2011 Winterfest. /Staff • The Brand

See **PARTICIPATION**
on page 4



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9

Mr. Parks to take another job.



4-5

Cover story: Why is school spirit dwindling?



14-17

Athletes of the Issue



27-28

NASC Northern Regionals.



37

Costa Rica Trip



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WHAT'S INSIDE

Why is school spirit dwindling?..... 4-5

Mr. Zack Pruett obituary..... 6

Lowry lost one of its most beloved teachers.

Performer of the issue..... 12

Ashley Ruiz has been chosen as Performer of the Issue by Mr. David Munk, the band and choir teacher.

Artist of the issue 13

Art teacher, Julia Topholm has chosen a senior Joshua Rosas.

Winter Sports Preview..... 22-24

The defending champions are back as the Lady Bucks return to the court.

Drama presents, Scrooge!..... 29-29

The Lowry Drama and Stagecraft production started the year off strong presenting "Mr. Scrooge's Christmas" as the first play of the year.

Career profile: Lizbeth Diaz..... 33

What does it take to be a physician's assistant?

What's your resolution 39-40

Students say the plans for the new year.



Participation from page 1



Students from a 2008 pep assembly. / Winnada

like window paintings.”
“The kids love faculty activities,” said Dawson. “We also used to do little mini skits in the assembly and that allowed the assemblies to be broken up a little bit.”

During assembly weeks, students usually tend to dress up for spirit week. However, as the years have gone forward fewer and fewer students are participating.

“Back when I went to Lowry there was a lot of participation I feel like for days of the week,” said counselor Hannah Sampson. “When we dressed up, everybody dressed up which is a huge difference I’ve noticed.”

Experiencing the declining

school spirit is not easy on past students.

“The dwindling school spirit is sad to see, I feel like the school spirit has decreased over the years and I would like to see more students participating,” said Sampson.

Dawson feels that keeping things fresh would be beneficial to the growth in participation.

“Sometimes you have to change it up, once things become predictable kids get bored,” said Dawson. “One of the things the kids loved is when the cheerleaders did things with the guys.”

Sampson believes there are effective ways to bring back student participation by allowing ALL students’ voices to be heard.

“I think going outside of the box and listening to the students would be a really good idea to see their perspective and get them to participate,” said Sampson.

Student Body President Ruben Garcia said grabbing student attention is

not as easy as it seems.

“It’s hard to get students’ attention when planning spirit weeks because some students may find the spirit weeks “not fun” or some may even say that they are open to any spirit week theme,” said Garcia. “So when we ask for their opinion, it makes it hard for myself and the leadership class to receive feedback on what spirit days to do when none of the student body votes or provides feedback.”

This year the leadership class

sent out a google form for the student body to vote for a spirit week. The students were able to pick from two themes each of which included five spirit days.

“To me, that was a good thing,” said Dawson. “I think when you do it like that you have enough student involvement.”

For students like Christopher Stevenson, dressing up for spirit days is pointless.

“Why would I have school spirit for a school who doesn’t like me,” said Stevenson. “Plus there’s no point in dressing up because I only like some of the ideas.”

However, when the Google form rolls around to select spirit

“When we dressed up, everybody dressed up which is a huge difference I’ve noticed.”
~Ms. Hannah Sampson



The National Honor Society skunk float from the 1972 Homecoming Parade. / Winnada

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days, Stevenson is one of the few students who voice their opinions.

As the Student Body Treasurer of Lowry people who don’t vote for spirit days make choosing spirit week harder. It is difficult to try and get students to be happy with the spirit days when they do not voice their opinion and just expect the leadership class to know exactly what they want.

Over the past four years, Lowry has stopped doing a Winterfest assembly. However, Dawson feels like a Winterfest assembly is a key assembly to have.

“We always had a Winterfest assembly, it was a given that anytime there was a homecoming, a Winterfest, a spring fling there was always an assembly that went with it,” said Dawson. “I think that assemblies are really good and that they’re a time where a whole school comes together, which is not often.”

For past student Austin Mayo, the assemblies were a crucial part of the high school experience.

“Homecoming and Winterfest were always a much bigger deal when I was here,” said Mr. Mayo.

Mr. Mayo is one of the few who believe there should be more student involvement during the homecoming assembly.

“Yeah I mean, it’s called a pep assembly, it’s about getting the kids excited,” said Mr. Mayo. “Who’s going to get excited about the royalty, six people don’t represent our entire school.”

For the past couple of years, Lowry administration has had to result in putting the school resource officer in the hallways during assemblies to prevent people from leaving.

“We never skipped our assemblies, now it’s like you have to beg kids to go to these assemblies,”



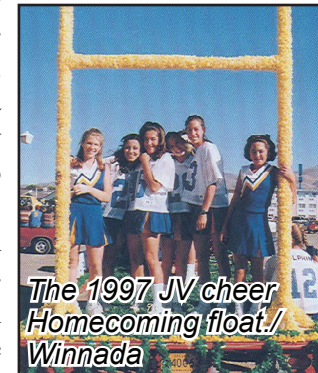
The 1981 Homecoming Court. / Winnada

said Mr. Mayo. “But I think that’s a byproduct of what it’s become, no one is excited to go to an assembly to watch the same five things from the last assembly.”

Mayo and many others believe that the right ideas are being brought up they are just not going through the right channels, or there is a loss of communication. “Just by talking to different student body people that have brought up ideas, it sounds like the ideas are there, they’re just not getting implemented for whatever reason,” said Mr. Mayo.

Some ideas may get lost in communication because they are too complex, or because it may take too much time, or maybe they are afraid of trying new things.

“I mean having talked to people who make the decisions, or supposed to make the decisions, it seems like they have the ideas,” said Mr. Mayo. “I think you just kinda have to try new things.”



The 1997 JV cheer Homecoming float. / Winnada



Students participate in pig wrestling during the 2008 Homecoming. / Ron Espinola • The Brand



An event from Homecoming 1987. / Winnada

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Mr. Zack Pruet

Zachary Kent Pruet, a loving son, brother, grandson, cousin and friend was born on March 16, 1991, in Elko Nevada to Rodney and Laura Pruet. He passed away unexpectedly on December 4, 2022, in Winnemucca, Nevada.

Zack spent the first twelve years of his life in Battle Mountain, Nevada.

After his father passed, he moved to Winnemucca, Nevada with his mom and Chris Jensen, the best dad he could have ever asked for when Chris married both of them in 2001.

Zack graduated from Albert Lowry High School in 2009 where he played baseball and worked at the movie theater. He then moved to Reno to attend school at the University of Nevada Reno where he received his Bachelor of Education in General Science in 2015.

Zack then returned to Winnemucca to finish his student teaching at Winnemucca Junior High

School before going on to teach 7th and 8th grade science there. He then taught three years in distance and adult education, continuing to touch many lives helping these students. Last year Zack moved to Albert

Lowry High School to teach Biology to students he loved.

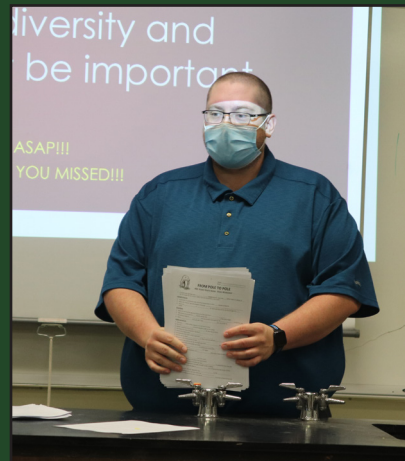
Zack loved many sports and for years was a Green Bay Packers Fan, a University of Nevada Fan, a Batman fan, and a huge lover of anything Star Wars.

For those that knew him best his favorite thing to do when he was not working at school was online gaming. He had friends far and wide but was not closer to anyone than he was to his family. He loved every one of them more than anything.

He was a lover of Christmas and giving gifts. He was the man that would put the feelings of others before his own and do anything that he could to help them. This shows

in the love he received from his students and the feeling was mutual as he loved them as well.

Zack was adored and looked up to by his brother Garrett. Even with a twelve-year age difference Garrett wanted to be with Zack all the time



Zack Pruet teaches Biology in 2021-2022. /Staff • The Brand



Two of Zack Pruet's high school pictures. /Courtesy • Winnada

and copy everything Zack did and owned, even buying the same model of truck. Zack was a wonderful influence, and they could not have had a better relationship.

He is preceded in death by his father, Rod Pruet, and grandfather Ron Gates. He is survived by his father and mother, Chris and Laura Jensen, his brother Garrett Jensen, his grandmother Mary Gates and grandparents Clinton and Marilyn Jensen. He is also survived by numerous cousins, aunts, and uncles.

A memorial service to honor Zack will be held on Saturday, December 10, 2022, at 3:30 pm in the West Hall of the Convention Center. Please bring stories to share if you are willing.

May God wrap his arms around you and keep you safe until we see you again son.



Zack Pruet plays first base for Lowry in 2008. /Staff • The Brand



Ms. Miranda Santos, Kelly Zhelayev and Gabriela Tisue wear green in honor of Mr. Zack Pruet. /Alexis Galarza • The Brand



Zack Pruet takes a moment from teaching. /Courtesy

National Honor Society inducts newest members

By Alexis Galarza and Ron Espinola

Each year National Honor Society (NHS) recognizes a select group of scholars for their achievement in the classroom by inducting them into Lowry's Torch chapter. Many of the members for NHS are active in athletics, leadership, the community and other extracurricular activities.

"I am very excited to be a new addition to honor society," said new inductee Alora McClure. "In being in this group I strive to be able to help my peers and my community. Before joining the group I viewed members as a leader of our community."

The group is not just about scholarship. Students must perform community services, serve as leaders and demonstrate exemplary character. Ms. Chelsea Odoms and Ms. Alexis Mattson serve as the advisors for NHS.

"The students that have earned their way into the National Honor Society have done so by showing excellent character, service, and leadership in and out of their school community," said Odoms. "They work diligently to maintain high academic standards each year. In addition

to their academics, these students set a wonderful example for others through their dedication to helping others. We are truly honored to be able to work with such a wonderful group of young adults who truly give hope for the future."

The service the members provide gives them a sense of community.

"I chose to be in honor society because I like to help the community and society I have grown up in," said senior Alex Barocio. "I'm going to miss helping the community. The group are very responsible and always willing to help."



The members of National Honor Society at the new member induction on December 13, 2022. /Ron Espinola • The Brand

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Axe Body Spray discontinued, dismaying teen boys everywhere

Axe has officially announced that they will discontinue their widely known deodorant body spray. This news has set boys in a global rage.

Multiple accounts of young teens have been reported rioting outside of local Walmarts and setting up counseling groups, yes, counseling groups.

"I just think that they need to suck it up, it's not a big deal," said 14-year-old Morelia Magaña.

In spite of this young girl's opinion, multiple boys still may not agree.

"Girls don't understand the amount of pain that us men have to go through," said fellow classmate of Magaña. "With such a strong symbol of our masculinity ripped away, many of us are left to suffer."

These same incidents have happened in Germany, Columbia, Cuba, and 37 other countries.

"I mean I don't really care, Axe Body Spray was kinda my secret to pulling so many chicks though," said 15-year-old Daltin Kennedy. "I think they only got rid of it because too many girls wanted me."

Daltin was later found sobbing while preparing a funeral for an empty Axe can outside near the Griddle's parking lot.

Although this has sparked a furious reaction in teen boys all around the world, many girls are celebrating this massive victory.

"Personally, I'm so happy that those things are gone," said Natalia Mayorga. "I can finally breathe when I walk by

the boy's locker room."

Other students also seem to have the same mindset over this entire controversy.

"I'm just glad that I won't be smelling Chad across the campus every waking period," said her friend, Elizabeth Carrillo Ochoa.

This change has definitely not been overlooked in businesses as well. Many boys who originally were banned from stepping foot into small businesses are finally being able to enter.

Not only is this putrid spray's absence changing lives, but it is also mending relationships.

"I finally am able to have a healthy relationship with my boyfriend now that he quit wearing that spray," said Ava

Marquis. "I don't have to pretend that I don't see people gag every time they are 5 feet in our direction."



Axe Body Spray. / Courtesy • world.openbeautyfacts.org

By Yoci Perez

Mr. Parks to reappear at Lowry High in the kitchen

By Audry Mason

As of the end of this school year, Principal Mr. Ray Parks will be retiring.

Mr. Parks intends to make his post-retirement plans to leave Lowry High. Although Parks has been at Lowry for nine years, he has never revealed his desire to be a school cook.

"I had always planned on being a principal here at Lowry for as long as possible, but I knew I had to fulfill my dream of being a school cook," said Parks. "What better time than now?"

Parks was not planning on having any students find out about his secret desire. That

was until Jules Vern spotted him in the band room knitting a pink apron, and humming a rhythm.

"I remember walking past the band room and hearing an odd noise so I peeked through the door and saw Mr. Parks knitting himself a pink apron," said Vern.

Although Parks didn't see Vern, he knew that he had to put his idea out in the public for those to see. He had decided to make a post on Facebook about his upcoming career.

The post read..

"Hello fellow Lowry staff, parents, and students, as you all know I will be retiring from the Principal position at the high school. I made it official yesterday, I will be rejoining the staff as an official school cook. This way I can still interact with the students, and make my dream of being a part of the kitchen a reality."



Mr. Ray Parks is introduced to the kitchen responsibilities by Jenny Mason. /Luz Magaña • The Brand

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Should college be free?

By Emily Valdez

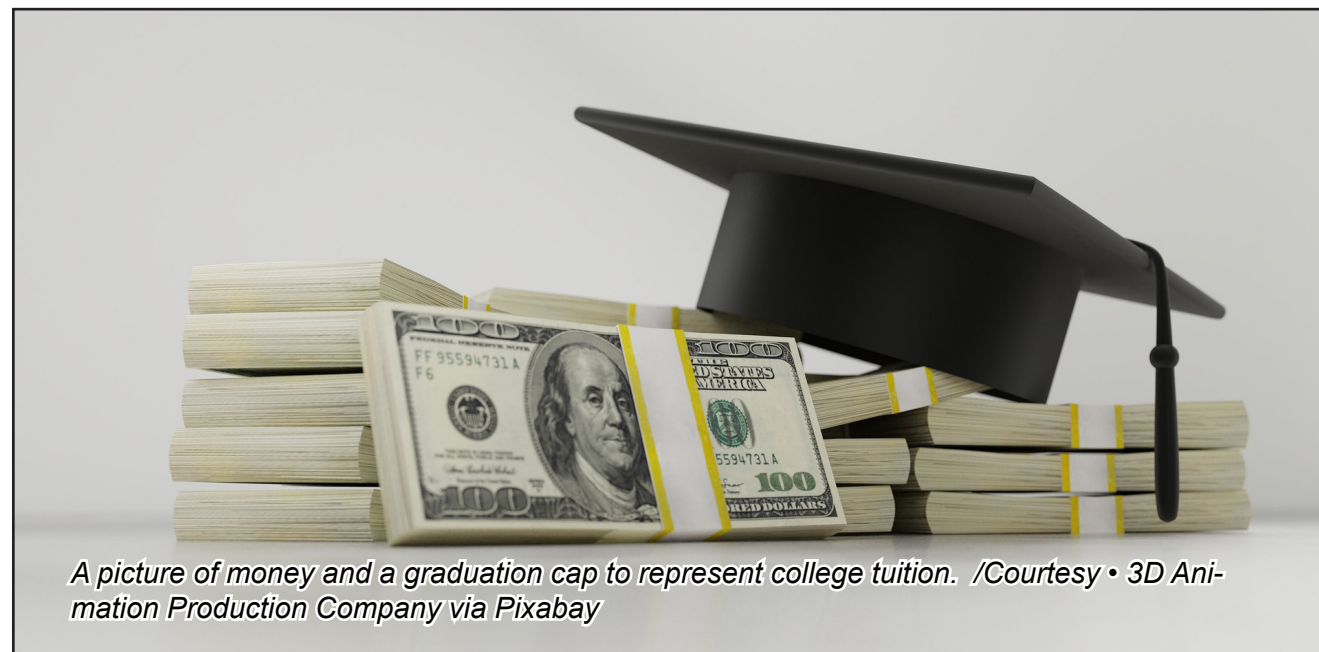
It's one of the most important factors in deciding whether someone will go to college, what college they'll attend, and even what career field someone could pursue. College tuition is no easy thing, especially with all the difficult decisions that come with it. The U.S. Bureau of Labor Statistics states that 61.8% of high school graduates enrolled in college by October 2021. That's 1.7 million new students who will be starting college and have most likely contemplated the cost of their higher education, but what if they didn't have to?

For a student living on cam-

If free college were available, students could have the opportunity to continue their education on a higher level. Students wouldn't have to worry about debt or money but instead focus on their education.

Another issue with college tuition is student debt; According to educationdata.org, "The average federal student loan debt balance is \$37,787 while the total average balance (including private loan debt) may be as high as \$40,780". Students and adults all over America have to deal with student debt. Debt is not only stressful, but it also affects the quality of life. It can hin-

The funding for free college would have to come from taxes so, some may argue that if free college were available then tax prices would rise just for something that people wouldn't take seriously, but I believe that this problem can be easily solved. Free college should be available to those who work hard and take their education seriously. Therefore we could have a system where students can apply for free college. Requirements could be something like reaching a certain score on the ACT or SAT, having a good GPA, or going into a certain major. If the students meet the requirements



A picture of money and a graduation cap to represent college tuition. /Courtesy • 3D Animation Production Company via Pixabay

pus, the average cost of tuition is about \$102,828 over four years. That price is a reality check for so many students who one day hope to go to college, especially low-income students. Many students choose not to go to college because of its price.

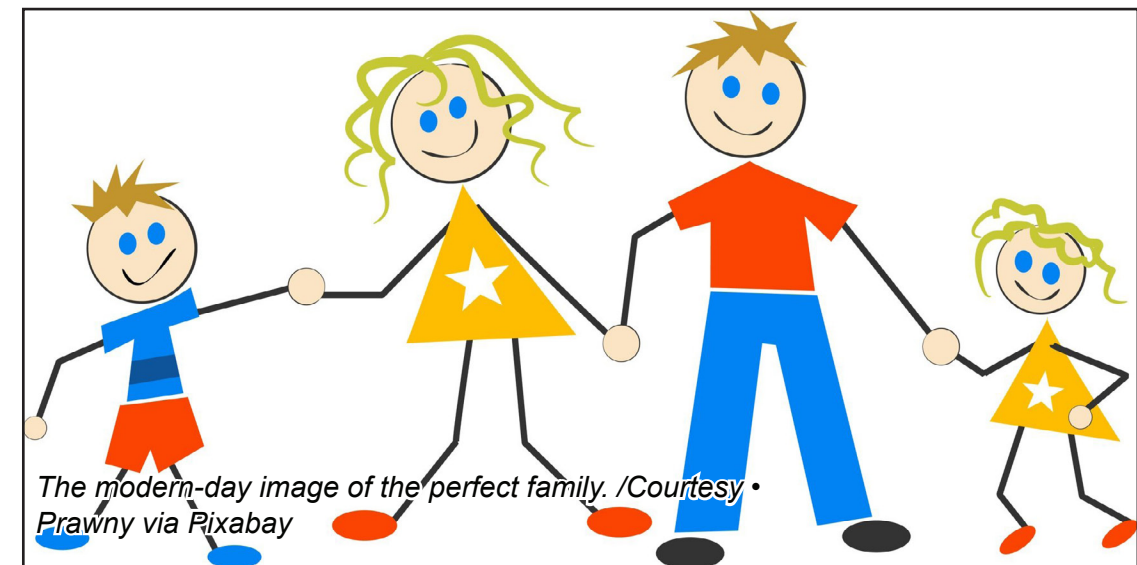
der you from reaching important life goals, lower your net worth, and even negatively affect relationships. Free college could make this entire issue disappear; it would benefit so many Americans and allow them a chance at a better, longer life.

then they could go to college for free.

America is unique for its endless opportunities for success. Free collegiate education could grant Americans a chance to reach their potential and give them a chance at a better life.

The truth about growing up

By Alexa Toscano



The modern-day image of the perfect family. /Courtesy • Prawny via Pixabay

As children grow up watching movies and cartoons, they see how well families function. They get the illusion in their head that this is what a perfect family looks like. Having game night, movie night, road trips where you'd all sing along to your favorite songs, and seating at the dinner table talking about how everyone's day went. Unfortunately, once you outgrow that phase of your life you start realizing how different your family is from those on screens.

All of a sudden game nights no longer exist because mom and dad are busy. Movie nights end with you watching them by yourself in your room because your parents wanted to watch their own shows and your siblings have different tastes. You can never pick a show or movie without ending up in an argument. Road trips stop being a form of relaxation because your parents are too busy arguing about which direction to go. The only form of a "road trip" is having to go out of town for an appointment.

Family dinners become a metaphor when in reality the dinner table is starting to collect dust be-

cause everyone decided to eat in separate rooms. While the rest of the world is eager for the holidays because it means family vacations with matching pj's. There's a child who's dreading break because they'll be surrounded by screams, fights, threats, and being forced to pick a side. They don't have anywhere to escape, they're stuck in the four walls of their bedroom watching as the clock goes by; they slowly feel the walls close in on them, stuck in a trance thinking about where everything went wrong. When suddenly they hear their youngest sibling open the door racing to them to protect them from the family strangers see as "perfect".

They lay down at night wishing for just an ounce of sleep, but their brain starts spiraling as every single inconvenience and every problem they can't resolve comes to mind. They start remembering how they walked in on their parents fighting for custody. How over-hearing their father say there's no way the children are his because he let rumors about his wife cheating get to his head, especially on nights

when he sits on the recliner sipping from his favorite drink that clouds his thoughts. He orders the oldest child, taking his problems out on them.

All they want to do is disappear from this world wishing they could be someone else's child thinking of ways to escape when the happy pills the doctor prescribed don't work. However, the thought of abandoning the youngest stops them; they know he won't survive without them. When the separation becomes official it's one week with mom and one with dad having to be interrogated by both because each parent doesn't trust the other. They grew up with their mom telling them not to fall in love, and that each relationship ends in tragedy. Having to read books in school where even the love interests don't end with a happy ending. When graduation comes around they're out the door even if it breaks every piece of their heart being forced to leave their sibling, but knowing they need to be stable enough to support them because they'll do anything for them to have the happily ever after they never did.

performer of the issue: ashley ruiz

by jovi anderson

Ashley Ruiz has been chosen as Performer of the Issue by Mr. David Munk, the band and choir teacher. Ruiz is a senior now but has been in choir since the eighth grade; she has been singing her whole life.

Ruiz sings as an alto, which means she sings the lower notes in her choir. She has been singing for Lowry all four years of high school but has had many different teachers.

"Ashley's hard work, enthusiasm and good nature contribute to a positive environment in class," said Mr. Munk. "I knew Ashley at French Ford, but I really got to know her better last year in choir. Her positive outlook on life and the way she treats others with kindness and respect helps others to be better."

Instead of being in a typical choir, Ruiz is in audition choir.



Ashley Ruiz, left, sings at a concert at the College and Career Day on November 2, 2022. /Ron Espinola • The Brand

Very few people get in each year.

"The difference between that and regular choir is that I have to audition every year to be able to be in that choir, and for the other choir you just sign up and you get put in," Ruiz said.

Ruiz sings to gain relief from stress.

"I do it because it's a way to get out stress anytime I just have a lot of built up emotion and I just need to be loud," said Ruiz. "...let's say I'm stressing over homework like this class is stressing me out, singing it out and just being really loud is a good way to let out the built-up stress and emotion."

Ruiz is considering going to college for music, along with possibly going for a business degree.

"If I do go to college for a business class I could probably do choir in college," said Ruiz.

Her family is very hard-working and along with Ruiz, her older brother is also musically inclined. She has two brothers, one younger and one older.

"My family is very hard-working," Ruiz said. "We are all workaholics, we hardly see each other. Like we all live in the same house but we rarely have conversations



Ashley Ruiz, right, performs in an audition choir concert on October 5, 2022. / Alexa Toscano Ramirez • The Brand

with each other cause were all workaholics."

Ruiz's favorite thing about choir is that it not only relieves stress, but she also enjoys the way everyone's voices blend together.

"Singing with them I think my favorite thing is just hearing how all of our vowels and voices are able to blend so well together," Ruiz said. "It's amazing how it's just a couple of kids just being loud and singing, making our voices do all of these pitches and sound really nice."

Her older brother makes music, and Ruiz has been in the background of a song he recorded.

"I was in one of his last recordings but I was just a little sound," said Ruiz. "I made a little piston sound from my mouth to make sound effects."

Artist of the Issue: Joshua Rosas

By Allison Green

Art teacher, Julia Topholm has chosen a senior Joshua Rosas to be represented as an artist of the issue because of his improvement over the years.

Topholm recognizes Rosas as an impressive artist when



Joshua Rosas. /Yocelyn Perez • The Brand

it comes to watercolor and pen and ink paintings this year.

"Since his Art 2, watercolor has been something that he's struggled with and this piece in particular he did exceptionally well, he figured out his dry brush strokes, and it's just about the application process and seeing so how he's applied the medium from his first year with me," said Topholm.

Rosas has developed a fondness for art. He explains how comics and story art spark his interest. The animated characters in stories or comics have always been his favorite art style.

For the current project that has taken place in the Advanced Art class that Rosas is taking, he decides to research Greek and Roman Mythology to get ideas of what his piece is going to look like.

"So I tried to read up on Greek or Roman history, and then I drew out the outfit and all that, the blade. I just symbolized the head to mean a dog of war," said Rosas. "It's made by heart and I was trying to see if I could do something more historical and was like wait a minute I could try to symbolize something."

Rosas's art represents power and strength in a warrior form. There are many hidden mean-

ings in the piece shown by his newly developed skill; watercolor. Every time Rosas paints he does his best to improve and puts his mind to his main goal of becoming an illustrator.



Joshua Rosas's advanced art piece that Topholm has selected to represent him. /Allison Green • The Brand

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Athlete of the Issue: Braden Hammargren

By Kailey Franklin



The class of 2023 is filled with an abundance of athletic talent. However, one athlete that stands out is Braden Hammargren. Hammargren participates in varsity football and varsity track.

Hammargren began playing football in the second grade in the Winnemucca Youth Football League for many years while being coached by his dad, Lonnie Hammargren. Hammargren then continued to play on a youth all-star team and eventually began to play for Lowry High School. He then played on the freshman team and later made the varsity team his sophomore year.

He has been a team captain for the varsity football team and has made many friends along the way.

"I'm definitely going to miss my

teammates the most but I will also miss my coaches because they have helped me become the player I am today," said Hammargren.

Hammargren made the decision to be a part of the track team his sophomore year where he competed in the 100-meter dash and long jump.

"I decided to participate in track because it improves my speed when it comes time for football season," said Hammargren.

Hammargren also spends time helping the athletic youth in the community. He referees youth football



they love the sport they are playing because it makes it much easier and much more enjoyable," said Hammargren.

He spends a lot of his time focusing on his football career being a kicker. Hammargren travels to prospect camps and is also practicing on his own time. No matter the weather, you can see him out on the field kicking field goals. He hopes to further his career kicking for a college team.

"It is a good feeling knowing I am accomplishing the goals I have set for myself," said Hammargren. "My younger self would be proud knowing that I plan to kick for a college team."

Hammargren's skills have stood out for several years at Lowry and he plans to continue that as he moves on to his college career.

Athlete of the Issue: Sydnee Pettis

By Kianna Head, Alexis Galar-



Senior Sydnee Pettis is on the Varsity Basketball and Soccer teams. In the spring she also competes in Track. Pettis was chosen for athlete of the issue because of her hard work and dedication to all three of her sports. Even though Pettis values playing all of her sports, basketball is her favorite.

"I've been playing basketball since eighth grade but a memory that stands out to me is going to state for basketball my freshman year of high school," said Pettis.

Pettis's basketball skills continue to grow and improve after her taking a year off. Her coach Chelsea Cabatbat views her as an outstanding athlete and is excited to watch her grow and learn after her year off basketball.

"Sydnee is one of the most athletic girls I've ever coached," Cabatbat said. "She is super fast,

aggressive, and she can jump; to describe her in one word, it would have to be athletic."

Through all of her athletic success, Pettis stays committed to her sport and always shows up for her team.

"She works extremely hard, she is still learning but she is always eager to learn and improve," Cabatbat explained. "Sydnee is an amazing team player, she is always asking questions and bonding with her teammates."

Cabatbat sees the growth and development of Pettis on a daily basis and puts a lot of trust

"She is working hard and her shot is developing every day and she is playing a huge defensive role on our team," said Cabatbat.

"She is always tasked with guarding their best player."

"A regret I have is not playing basketball my junior year where I could have worked on getting better," said Pettis.

Pettis went to state last year for track and became a state champion for the 4x100.

"Sydnee is a



great sprinter, she was a key member of our 4x100 state champion team," said coach Byron Jeppsen. "She did a great job running the corner leg and always put our anchor runner in a great position to win the race."

Pettis has given multiple years of her life to track to make sure she excels.

Pettis plans on participating in track again this year, and her coach Jeppsen is excited to see what this season has in store for Pettis.

"Sydnee will be one of the top sprinters again this year and can be among the top finishers in both the 100 and 200 meters in the 3A," said Jeppsen.

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Athlete of the Issue: Lance Brinegar

By Alexis Galarza



As a young athlete, Lance Brinegar had no way of knowing he would have to persevere through a major injury that could derail athletics for him and then have to contend with COVID.

During his freshman year, Brinegar got into a side-by-side accident which almost caused him to have a career-ending injury. He had multiple surgeries on his left hand, but despite this major injury he pushed through.

"It was really hard, I had to practice a lot more and learn different skills I never thought I would have had to learn, and I had to relearn how to dribble a basketball with my left hand," said Brinegar.

A major reason he was able to get through such a tough time was because of his dad.

"My dad is definitely my role model because he has always been

there for me and helped make me the person I am today," said Brinegar.

Along with his dad, his little brother Timmy is one of Brinegar's main forms of support. "I take him to everything I do, I take him to the gym with me, and I take him to the Boy's and Girl's club to go shoot with me," said Brinegar.

His brother is his motivation. "Definitely Timmy, I do everything I can to just make sure he grows up, and kind of to reflect off of me," said Brinegar. "I want him to learn from my mistakes and grow as a person...I just want to be there for him along the way."

Brinegar began his football career playing in the city league, his eighth-grade year he was chosen for team. During his freshman year at Lowry, he played on the team, however, varsity his sophomore year and has been on varsity since. "I have been playing



football for about five years," said Brinegar. Brinegar's experience playing varsity has been a dream.

"It has been great, I'm grateful for the people I have been with and for the coaches I have had," said Brinegar.

His favorite part about playing football is the community that football surrounds him in.

"Being with my friends, they've always been a part of my life and it's nice to go through life and everything to do with football with them by my side," said Brinegar.

Coach Taua Cabatbat had a great experience coaching Brinegar his last three years on varsity.

"It was great, Lance was a hard-working individual in practice and games, worked hard in the weight room," said Cabatbat. "I really enjoyed having him around."

Athlete of the Issue: Kailey Franklin

By Keira Garner



Kailey Franklin was selected for Athlete of the Issue and she deserves it with how hard she works both on and off the court. Franklin plays a guard on the girl's varsity basketball team and an outside hitter on the varsity volleyball team.

"I play sports because in the end it is rewarding and I make good friendships," said Franklin.

Franklin holds high standards for herself and knows she can continue moving forward with her athletic ability.

"Other than playing sports I hang out with my friends, work, and spend the most time with my family," said Franklin. "My family is very important."

Franklin loves playing sports but holds a special place in her heart for her loved ones.

"Kailey supported the team by being a leader on and off the

court," said Skylar Estes. "Her hard work drove everyone around her to be better and she was one we relied on to make things happen when we needed it."

Estes coached Kailey for three years on the varsity volleyball team.

"I have been able to build a lot of good relationships with the girls and coaches," said Franklin. "I learn a lot of new skills that I have worked on over the years."

Franklin has been playing basketball since the third grade and volleyball since the seventh.

She has been preparing for this on varsity since she was young. "I always keep a positive attitude because when you have a positive attitude girls on the team tend to follow you," said Franklin. "It's also always good to have a positive attitude



even during the hard-times."

Franklin encourages not only herself but others to have a bright outlook no matter the situation. She is always trying her best both on and off the court.

"Kailey is super dedicated to what she does and it shows, she is always doing amazing things. She is a great leader, role model, and is very committed," said coach Chelsea Cabatbat.

Cabatbat is Franklin's varsity basketball coach and you can tell she enjoys it.

"I think my sports seasons have been going really well; last year we won state for basketball and we worked really hard," said Franklin. "This year I know we can do it again."

Kailey Franklin was Second Team Team All-State, 3A North All-League, and 3A East All-League

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Fall Sports

CROSS COUNTRY TEAM RUNS INTO SUCCESS

By Lainey Novacek

This year, the cross country team got two new coaches for their team, head coach Sergio Cabada and coach Larry Renteria, and they are only getting stronger.



State qualifier Ivan Lara runs during the annual invitational hosted by the Winnemucca Golf Course. /Ron Espinola • The Brand

“They supported each other, argued like brothers, and really pushed to make each other better,” said coach Renteria. “Whether it was coach Cabada pushing Ivan to run farther and faster or Keaton and Jace teasing each other about who was going to win the run that day, all the members of the team worked well and really left a mark on each practice and meet they attended so that we could improve each and every day.”

They attended nine different meets; senior Ivan Lara came out on top during the Sierra Lutheran Meet setting a new personal record for the venue of 18 minutes and 55 seconds and got second place in the Run the Rubies event. Lara attended regionals and state this year as the only cross country Lowry representative.

“This year I was the only runner on varsity meaning people looked up to me for motivation and I had the responsibility of leading the team this year,” said Lara. “As a se-

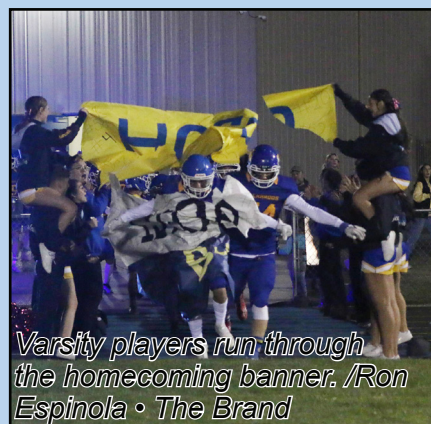
nior, it is an honor to have a chance to represent Lowry for my last year here.”

Varsity Football Looks Back at Their Season.

By Yocelyn Perez

Each football season is marked by ups and downs and 2022 was no different for the Bucks. Lowry started off with four wins in a row and showed what the team was capable of.

“We started off hot and due to injuries we did not have the finish we wanted,” said coach Tava Cabatbat. “Nevertheless our kids kept competing and those who had to step up showed that the future



Varsity players run through the homecoming banner. /Ron Espinola • The Brand

of Lowry football will be okay. We were on record pace to have a good year in rushing, and receiving, on the offensive side, and defensive side. We were on pace to hold teams.”

Lowry ended the season 4-4 and 6th place for 3A North.

“A highlight of the season was probably winning our first four games of the season it felt like a good accomplishment,” said Brandon Cardenas.

The team started their season

defeating Fernley, Battle Mountain, Wooster, and Sparks. They had not lost a single game until they lost to Elko 46-7.

Coach Cabatbat and multiple players mentioned that the injuries were a major issue in their performance this season. But this did not stop the team from working together and coming together as one.

THE VARSITY BOY'S SOCCER FINISHES STRONG

By Otila Castaneda

The varsity boy's soccer team worked hard from the very beginning to the last minute this season. The outcome, in the end, may not have been what they wanted but the boys made the best of what they had. They were 5th in the 3A North East.

“I was happy that we had a great team with diverse talent but we didn't fully use it to our advantage, we could have played better as a team and passed the ball around a lot more and finished our chances instead of just shooting,” said senior Juan Lopez. “Overall it was a fun season with my boys.”

Lopez helped lead the team as a captain along with senior Marco Ruiz. As they led the team they realized some improvements could



Gabriel Mendoza slide tackles his opponent from South Tahoe. /Ron Espinola • The Brand

have been made but still made the best season.

“The highlights of the season was definitely just being able to play with the guys and spend time with them,” said Ruiz. “This season definitely could have gone better if the whole team put a little more commitment in but overall still had



Luis Mendoza fights for the ball against South Tahoe. /Chloe Bice • The Brand

a good time.”

JV BOY'S SOCCER FIGHTS THEIR WAY THROUGH SEASON

By Kianna Head and Livvy Espinola

Despite some difficult times, the team showed hard work, dedication, and commitment throughout the entire season.

Coach Cristina Cuevas worked with the boys and pushed them to be their best on and off the field.

“I think as the JV coach and having such a young team we adapted and played well,” said coach Cuevas. “Of course, I would have liked to win more games but we did well and learned to play as a team.”

The team struggled at the beginning of the season because of their lack of communication according to midfielder Tomas Becerra.

“As a captain, I struggled with not talking to my team as much as I should have,” said Becerra. “This caused us to lose against teams that we should have been able to beat.”

Izeah Morales thought as the season went on the team learned

how to work together.

“One of my favorite memories was our first overnight game,” said midfielder Morales. “It helped us all get to know each other better and helped us figure out how to work together as a team.”

NEW COACH AND NEW PLAYERS WRAP UP FRESHMAN SEASON FOR VOLLEYBALL

By Ally Green and Luz Magaña

This volleyball season was filled with lots of memorable moments as well as a learning experience for the players. According to the freshman coach, Tawnya Root she enjoyed every part of coaching these girls and being there to help guide them along the way.

“I have coached at the high school level for many years in Reno so this was not my first expe-



Ashley Paniagua, an outside hitter, attacks the ball against the Dayton Dust Devils. /Alexis Galarza • The Brand

rience coaching high school,” said Root. “However coaching at Lowry and witnessing the school spirit that Lowry students have made the coaching experience so much fun. The support system of the families and students of Lowry is like no other and it was an honor to be a part of the volleyball program and Lowry High School athletics.”

However, losing to Fallon is never fun but beating your other arch-rivals is always a memorable occasion.

“My best memory of the whole season was winning our last two games against Spring Creek and

Elko,” said Ashley Paniagua.

Varsity Volleyball Spikes Their Way to Success

By Juliana Blatzheim

Varsity volleyball started the season off by attending two tournaments; one in Lovelock where they placed second and one in Yerington where they placed third in their bracket. The team quickly found themselves and came together as a team. The team showed the skills they learned by going undefeated in their crossover games starting with a win against the defending champions, the Truckee Wolverines. The girls had many loud and exciting moments and some disappointments, but they overcame all of them with their teamwork.

“I enjoyed how much togetherness the team had,” said coach Skyler Estes. “They were always excited about everyone's success and supported each other through all the ups and downs.”

Many members of the team also made All-Team All-State and All-League. Savannah Stoker was First Team All-State, 3A North All-League, and 3A East All-League. Kailey Franklin was Second Team All-State, 3A North All-League, and 3A East All-League. Emma Gray was Second team 3A East All-League. Megan Cook, Belen Baracio, and Jada Matheny

See FALL SPORTS on page 20

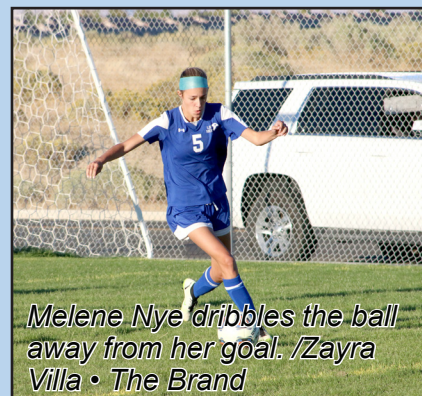


Emma Gray and Cambria Tisue reach toward the volleyball in a match against Wooster. /Danielle Scott • The Brand

Fall Sports

were Honorable Mention in 3A All-League.

VARSITY GIRL'S SOCCER GETS TASTE OF SUCCESS



Melene Nye dribbles the ball away from her goal. /Zayra Villa • The Brand

By Otila Castaneda

This year was one of the most successful for the Lady Buckaroos in recent years. The team were able to push through and adjust in spite of many injuries the team had.

Returning as the head coach this year, Entwistle was impressed with his team.

"We fought hard, they performed their absolute best ninety percent of the time. When I asked them to do stuff they would run through that brick wall and do it and finished 9-8-3. We had a couple of high moments and they did good things in the community," coach Entwistle.

Otila Castaneda has played all four years and has noticed major improvements in the program this year.

"We've had great players and coaches in the past but the mindset has changed this season," said Castaneda. "We had a great season this year with a lot of wins and the girls are in good hands for the upcoming seasons."

Alia Novi and Viviana Alanis have also played in the past and have noticed significant improvements.

"Our team chemistry was really good," said Alia Novi. "Everybody contributed to the making of a really successful season for the Lady Bucks."

JV FOOTBALL LEARN MORE THAN FOOTBALL IN 7-2 SEASON

By Danielle Scott and Ron Espinola

JV football had an overall successful season with a 7-2 record and learned a lot along the way.

"The 2022 JV football team demonstrated a vast amount of learning," said coach Andrew Jensen. "They learned about what it takes to win games, and how to improve from their losses. The athletes know more about themselves



Linemen from the JV football team hold back Dayton. /Juliana Blatzheim • The Brand

as athletes, the sport of football, and what it takes to be a competitor."

This learning was evident in the first game.

"Our first game, I felt like we had the right energy and mindset," said Anthony Monroy Torres.

The season has had its ups and downs but the team learned along important lessons along the way.

"We are more of a family, more trusting, and more able to rely on each other," said ReiCyan Grau. "I'm looking forward to not losing

games for the rest of the season and winning zone next year."

FRESHMAN FOOTBALL PLAYERS ACCEPT THE CHALLENGE

By Livvy Espinola and Danielle Scott

The freshman team had one of their biggest turnouts in recent years and had to travel a lot to find competition but they held their ground all season.

"It is a lot easier than I thought it would be but it's also more challenging in some aspects," said Jacob Smith.

Coach Scott Santos thinks coaching freshmen can be demanding but this class was different as they willingly adjusted to new positions.

"This provided for a positive environment within the freshman program that is critical to help them prepare for JV football," said Santos. "I hope that these players maintain such positive attitudes as their roles will likely continue to change as they develop physically over the next few years."

Jonathan Moser is excited to continue playing.

"I'm looking forward to being better on offense and actually catching my passes," said Moser. "As a team, we've done well on defending runs and being able to guard against special teams."



Freshman defenders wrap up a Spartan ball carrier. /Danielle Scott • The Brand

Santos was impressed with his student-athletes.

"Working with a group of student-athletes that also take pride in their education was the highlight of



Allie Wilkins controls the ball on a long pass. /Ron Espinola • The Brand

the season for me," said Santos.

JV GIRL'S SOCCER SUCCEEDS DESPITE INJURIES

By Macy Whitted and Livvy Espinola

First-year coach Macy Munroe felt, regardless of injuries, the JV Lady Bucks pushed themselves to work hard this season.

"We did go through a great deal of injuries and all the girls came together and worked extra hard," said coach Munroe. "Thankfully our players with injuries were able to heal quickly and get back on the field."

The girls made sure to withstand the season by working as a team and lifting each other up. They made improvements over the season as a team to become better as a whole.

"I learned a lot in only a couple of months, I had a great team that never gave up and worked hard all season," said Laska Bennett.

Kepa Hilbish agrees that the season went well.

"It went well, we had a really good winning streak and our team held up all throughout the season," said Hilbish.

CASSINELLI AND NOVACEK REPRESENT LOWRY AT STATE

By Destiny Medicine Cloud

Although some of the girls were new to golf this year and had never played they put in the work to have a good season. Being on a team always leads to good memories and this year all the girls came out with some they will never forget.

The team was not close at the beginning but by the end of the year they were close and they cannot wait until the next golf season.

"It was a very good season, I definitely improved a lot, my coach and team helped me a lot," said Isabella Bartell.

Unfortunately, the whole Lowry team was not able to go to state this year but Katelyn Cassinelli and Lainey Novacek both had the opportunity to travel to Genoa, Nevada for state.

Katelyn Cassinelli joined Douglas' team for 1st Team All-League; Lainey Novacek was 2nd Team All-League. Both Cassinelli and Novacek represented Lowry at



Katlyn Cassinelli tees off at the home tournament leading her to qualify for state. /Alexis Galarza • The Brand

state. The Lowry High School Todd Milton award went to Samantha O'Neil from Truckee.

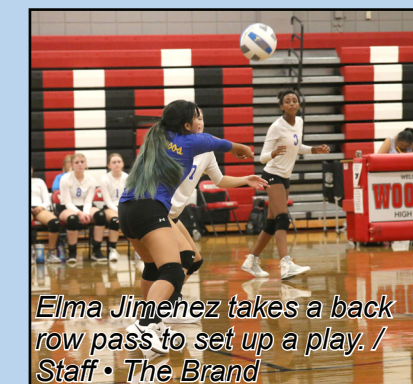
FOR JV VOLLEYBALL, AS SKILLS GROW, SO DOES TEAMWORK

By Livvy Espinola and Ally Green

It is the desire of every athlete

to reach that next level. To do this they have to work hard and improve each day.

This year's JV coach, Cassandra Jenkins, built not only a strong



Elma Jimenez takes a back row pass to set up a play. /Staff • The Brand

learning experience for the girls but also a comfortable place to enjoy and listen to her input on how the sport should be approached.

"It is always hard to have the losses but without losses we do not learn and grow, and the team showed a lot of growth not only in each athlete's individual skills but also in working together as a team," said Jenkins. "Volleyball is always a game of improvement and at a JV level the biggest goal is to see improvement in court sense, fundamental skills, and an overall love for the game."

Elma Jimenez, the libero of the team, thinks that the team did well at working together and improving.

"Overall I think the season went pretty well we mainly all got along and were able to work together pretty well," said Jimenez.

Outside hitter Angeleena Burke remembered the good times as well as the bad for the season.

"I think the good things about the team was having very little drama and getting along with each other really well, one of the bad things was that we lost our last game, that was a bummer," said Burke. "My favorite memory was definitely our team sleepover, that was really fun."

Winter Sports preview



Chris Gildone controls his opponent. /Alexa Toscano • The Brand

WRESTLERS PREPARE TO HIT THE MATS

By Kailey Franklin

After summer workouts and months of off-season, the wrestlers are ready to get back in action. They will begin their season practicing every day and attending morning runs.

“The biggest goal is to win state,” said senior Damon Fetty. “I’m going to continue to work hard in practice and push myself and the team during practice.”

This year state will be hosted in Winnemucca. The wrestlers have high hopes of qualifying for state and being able to wrestle in front of their home crowd.

“I am going to be on a more



Erick Valencia takes down another wrestler during their Cody Louk Tournament. /Ron Espinola • The Brand

strict diet and hopefully keep my body in good condition rather than fighting injuries all season,” said senior Wade Mori.

The wrestlers will have to prepare their bodies and maintain them throughout the season in order to remain in their weight class.

As the season comes to a start the coaches are preparing to push each wrestler to be the best they can be.

“We will start our fundamentals and build from there to get our wrestlers in shape for everyone else,” said coach John Brooks. “We have a solid group of wrestlers with the potential to win a championship.”

Roster: Christian Baez, Brenton Baker, Shamus Ball, Jakob Bauman, Joshua Burgos, Chase Cheever, William DeLong, Luke Fentress, Christopher Gildone, Kruz Gomez, Javier Gonzalez, Easton Ham, Jaycee Harber, Jhett Harber, Rogelio Hernandez, Maddex Hislop, Jayden Howard, Nathan Jeffries, Logan Jonas, Gage Kinder, Alvaro Lagunas, Gabriel Lange, Emilio Magana, Terrance Mattson, Bendigo Merki, Brayden Mezenen-Dennis, Adan Morfin, Wade Mori, Coda Nichols, Anthony Perez, Bailey Peterson, Carson Primeaux, Logan Ricci, Marcos Ricci, David Teixeira, Ryan Utterback, Erick Valencia, David Walker, Donovan Walker.

VARSITY BASKETBALL BEGINS NEW CHAPTER

By Otila Castaneda

The varsity boy’s basketball team is looking forward to a successful season. This year the program will be different with Nate Green as the head coach and a fresh start.

“I feel like we have a really solid team this year with lots of young



Dempsey Jenkins fights for a loose ball. /Ron Espinola • The Brand

talented players with high potential,” said Jordan Bills. “I’m excited to see how good we can be this year with the potential we have. Our new coach is one of the best basketball players I know. If we can learn even half of the skills he has then we are going to be a really good team this year.”

This year the players have the confidence they are going to win a lot more games and can rely on each other to build the team up.

“We have a lot of movement in the offense and a lot of speed in the defense,” said Justin Scott. “We also have a few young players that will be studs this whole season for us.”

Nate Green will be the new varsity head coach and holds his expectation as a reasonable level for how he thinks the season will go.

“Being that this is my first year as the head varsity coach, I believe that this year is going to be a learning process for all of us, the players and coaches,” said Green. “I really want to focus on the things that we can control like our commitment to the team, work ethic, and ability to trust one another. We are looking forward to the season and we’re all excited to get started.”

Last year the boy’s basketball team finished third in the 3A North-east area. The team lost many players such as Iysis Arriola, Zach Fernandez, Kaiden Boyles, Giovanni Sapien, Ismael Magana, Cal Peters, Kaid Sanchez and Marcos Rodriguez. The returning players are sophomore Jaden Jimenez, sophomore Matthew Casalez, senior Justin Scott, senior Isaac Danner, senior Lance Brinegar and senior Jordan Bills. Upcoming players are senior Frank Davis, senior Jeremiah Grasmick, junior Chandler Leiter, junior Dempsey Jenkins, junior Anthony Guzman, junior Kasyn Garner, and junior Jack Delong.



Katlyn Gomez takes the ball up the court. /Livvy Espinola • The Brand

GIRL’S JV BASKETBALL TEAM RETURNS TO THE COURT

By Lainey Novacek

Girl’s basketball is ready to start again after a summer full of practice. The girls have worked hard to show coach McKenzie Beitia that they deserve to be on the JV team and show the school what being a buckaroo means.

“There was a great turnout this year,” said coach Beitia. “We were pleased to see the girls excited to play this season.”

The JV team lost all of their old players except for one who stayed. The players that left are sophomore Britain Backus, junior Bryce Brinkerhoff, junior Alexis Galar-

za, junior Brie Garner, senior Cali Keith, junior Autum Sanchez, junior Jacqueline Sanchez, and junior Cambria Tisue. The team was able to gain 11 new members, sophomore Allison Green, freshman Audry Mason, sophomore Ava Frey, freshman Clementine Garreau, sophomore Khlloe Shorey, sophomore Makenna Garcia, freshman Maura Braatz, sophomore Mia Gerhard, sophomore Natalee Formby, sophomore Natalie Mori, sophomore Trea Northrup, and the only returning player, junior Katlyn Gomez. Many of these girls were on the freshman team last year and are excited for this new chapter in their basketball career.

“Getting moved to the JV team from being on the freshman team last year felt amazing,” said Garcia. “It’s going to be a new level of intensity, but I am ready for it.”

Last year the JV team won almost all of their games. The girls this year hope to beat the old team’s winning score. When tryouts were over coach Beitia was very pleased with how the girls played together and was excited to see the girls play this year.

“When the jitters of tryouts were gone and the girls got together for that first practice I was pleasantly surprised,” said coach Beitia. “The team played well together and I can’t wait to see them all grow this season.”

FRESHMAN BOYS ARE ON THE COURT AND THRILLED TO START FIRST HIGH SCHOOL BASKETBALL SEASON

By Ludi Canales

For this year’s freshman boy’s basketball season, coaches have chosen 11 players for their team. This year coach Danny Westfall has high hopes.



Nigel Green dribbles by a defender during the Truckee game. /Juliana Blatzheim • The Brand

Westfall is expecting to see exponential growth from the boys.

“I’m hoping this season to see and help with the development of the players to grow in all aspects of life and the sport. The expectations of the team is to stay dedicated and work the hardest every time they step on the floor,” said Westfall before tryouts.

Amador Guzman is excited to finally play with his friends on his basketball team.

“I’ve barely played basketball my entire life, but now that I made the team this year I am so excited to finally play with my friends and



Cody Allen blows past a defender in a game against Truckee. /Juliana Blatzheim • The Brand

See SPORTS on page 22

Winter Sports preview



Maria Palacios Juarez plays tight defense against Sparks. /Ron Espinola • The Brand

people I have known forever. I'm starting to become better than I ever thought I would at basketball and I'm super confident my team will do great this year," said Guzman.

Everyone hopes for a winning and an overall great season. The team puts in a lot of effort in hopes it will pay off in the future.

Roster: Cody Allen, Timothy Brinegar, Jovanny Cuevas, Aud-



Crystall Krieger passes the ball to Matti DeLong against Sparks. /Ron Espinola • The Brand

ie Douglass, Montana Elm, Angel Flores-Cortez, Nigel Green, Amador Guzman, Brent Kenison, Luis Mendoza, and Coby Thacker.

FRESHMAN LADY BUCKS HAVE HIGH EXPECTATIONS FOR THE SEASON

By Ludi Canales

The freshman girl's basketball team chose 13 girls for this year's team, including a manager. The coaches this year believe there will be a fantastic turnout.

Coach Larry Renteria is very optimistic about the incoming freshman team.

"I am hopeful that we will have a successful season of learning, growing, building memories, and creating a lasting experience that will foster a strong work ethic that extends beyond basketball," said Renteria before tryouts.

Student athlete, Crystall Krieger is very excited to play a high school basketball season, with her finalized team.

"I was very excited when I found out that I made the freshman team, I am comfortable with the girls on my team and I feel like we will do good and have a great season this year," said Krieger after tryouts.

Brenna Schiermeister is making goals for her first high school basketball season.

"I've only been playing basketball for a year, but I feel like I am

going to improve a lot this season. I have been working super hard on my defense, and have a good feeling it will show throughout the season. I also have been working on my shots, and I hope by the end of the season I will be able to make at least half of my shots," said Schiermeister.

The entire team this year is very positive and is expecting a great season.

Roster: Maite Avalos, Liliana Barajas, Ludivynne Canales, Matti DeLong, Crystall Krieger, Lexi Hernandez, Maria Palacios Juarez, Kalli Raabe, Mariah Ramos, Brenna Schiermeister, Macy Whitted, and Cylie Spriet.

VARSITY GIRL'S BASKETBALL TEAM HAS TO DEFEND THEIR TITLE

By Yoci Perez

Expectations are set quite high this season. Especially after winning state last year, the Lady Bucks are preparing to bring it back home once more.

Chelsea Cabatbat is this year's coach and is ecstatic to once again be coaching these girls after taking a long break from coaching.

"I'm super excited to be back, I have a great group of 10 girls that are dedicated and working really hard," said coach Cabatbat.

Sophomore Britain Backus is excited to show her skills on varsity



Junior Autum Sanchez throws a long pass across the court against Sparks. /Danielle Scott • The Brand

this year.

"I'm looking forward to playing with my friends and I think we will do really well this season," said Backus.

Roster: Britain Backus, Alexandra Barocio, Belen Barocio, Bryce Brinkerhoff, Miranda Draper, Kailley Franklin, Mia Hernandez, Sydnee Pettis, Autum Sanchez, Savannah Stoker.

JV BOYS BEGIN NEW SEASON WITH LEAGUE WINS

By Macy Whitted

The JV boy's basketball team has started off strong with 2 wins and 1 loss. Some of the athletes and the coach feel confident about going into this season.

Coach Grant Beatty has a good

feeling about this new group of boys.

"The season is off to a great start, we are 6-1, 2-0 in the league, the team is very coachable and love to play together," said Beatty. "They're a scrappy group who are fun to coach."

Athlete, Kayd Garner is excited about this season because he also has good feelings about the team.

"I think this season is gonna go well because we have a variety of players that fit good together, we also are lucky enough to have plenty of players," said Garner.

Txema Bengochea agrees that this season has high expectations for this group of players.

"I think this season is going to go very well, we have a great group

of guys with a lot of talent," said Bengochea. "We definitely have a lot of chemistry with each other and share the ball well, and I'm looking forward to getting to know my teammates better every day."

JV basketball serves to get players ready for the next level while trying to be successful.

"Looking forward to an exciting season. Hoping to develop the young guys, get them ready for varsity, have fun and win some games," said Beatty.

Roster: Txema Bengochea, Angus Boyles, Brandon Cardenas, Kayd Garner, Shane Gilliland, Reicyan Grau, Zaquary Growcock, Ryder Huitt, Anthony Martinez, Conner Nelson, Aidan Tregellas, Austin White and Trevor Crawford.



Anthony Martinez goes up for a strong layup against Sparks. /Ron Espinola • The Brand



Austin White looks to drive through the key. /Ron Espinola • The Brand



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Whats Entertaining

NETFLIX

you watch you want to watch more.



The variety of shows Netflix has to offer. / Netflix • Netflix Help Center

By Destiny Medicine Cloud
Netflix is the biggest streaming service in the world and members can watch their favorite movies and TV series without having to deal with ads. However, there will be a new service that is cheaper if you don't mind sitting through ads, with prices from \$6.99 to \$19.99.

There is something for everyone on Netflix. If you are into true crimes, there are shows like "Dahmer – Monster: The Jeffrey Dahmer Story", or "The Ted Bundy" tapes. Or if you are into dramas then there are also shows like "Grey's Anatomy" or "Stranger Things".

I think it is very time-consuming and addictive but I still use it every day as entertainment. People love it so much because everything

SHOEGAZE

By Juliana Blatzheim

Shoegaze is a subgenre of alternative rock that is created through the usage of distorted guitars and effect pedals.

This genre is unlike any other, using tons of

layers to create atmospheric music. The guitarists in Sshoegaze bands are known for gazing down at their shoes to control their pedals, giving the genre its name. The most popular shoegaze bands include Slowdive, My Bloody Valentine, and Cocteau Twins, all originating in the '80s. The most popular shoegaze songs include When You Sleep by My Bloody Valentine, Fade Into You by Mazzy Star, and Sea, Swallow me by Cocteau Twins. In the '90s, there were many bands making shoegaze music, but with all the lights on grunge and Brit-

pop, it never rose to popularity. Shoegaze has become more popular recently with its influence in modern movie soundtracks and on the social media app, TikTok.

Shoegaze is definitely not for everyone, but the people that do enjoy it are big fans, and for a good reason.

ONLINE SHOPPING

By Cylie Spriet

Online shopping is a way to shop without going out, it might take a bit longer to get. Some stores do it online and pick it up in the store. Online shopping is a way to kill time, some people shop online for fun or because it's interesting, or because they need the items. Many people shop online after COVID happened. Online line shopping can be very addicting. Doing this provides a way to have fun from the comforts of your own home.



Slowdive, a popular English shoegaze band that formed in 1989. / Courtesy • Wikimedia Commons



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Enriching Women's Lives

Lowry gives life

By Alexis Galarza

December 8 was Lowry's first time running a blood drive since earlier this year. The blood drive was run by Vitalant workers and National Honor Society.

Nicole Blankenship, a Vitalant worker, was happy to see such a great turnout this time around because the United States is in a blood shortage.

"We have a blood shortage across the United States and are in critical need, especially in our area," said Blankenship. "Donating 1 pint of blood can save one to three lives depending on the type of blood they need."

Kadence Schmittel, a first-time donor was happy to help in any way she could.

"I chose to donate because I wanted to be able to be a part of the process of helping someone," said Schmittel. "The process of donating was a smooth and easy process."

Once you arrive at the donation center, Vitalant workers will have you check in, take you through a questionnaire, and test select vitals to make sure donors will walk out feeling okay. Sometimes not everyone passes through the screening. Maddison McClure intended to donate but unfortunately, her iron levels were too low.

"I wanted to donate because I knew it would help a lot of people, and people in my family have needed blood," said McClure. "After I was not able to donate it was incredibly frustrating because I was prepared to donate."

For other donors like Isabel Tolotti, the process went well and took advantage of the time donating takes.

"I wanted to donate because it was a good way to



Mr. Clay Sagers donates to save a life. /Otila Castaneda • The Brand

miss being in class," said Tolotti. "I donated last year too for the same reason it is pretty fun!"

Most of the donors wanted to help make a difference, like first-time donor Andrea Lopez.

"I chose to donate because I enjoy doing whatever I can to help people," said Lopez.

Lopez loved the atmosphere the Vitalant workers created and would donate again.

"Everything was organized and I felt safe with the people who were taking my blood and they would always ask me questions to make sure I was okay," said Lopez.

Honor Society ran the check-in booth and made sure everything was set up in line for donors.

"It was cool seeing how many people showed up," said honor society member Sofia Mayorga. "Running the booth was pretty easy, we just checked them in and asked them a variety of questions".

The next change to save lives will be December 22, 2022 9:30 a.m. to 3 p.m. hosted by the gold mines at the Winnemucca Convention Center.



Vitalant worker Chad checks Gavin Paulsens arm for a vein. /Otila Castaneda • The Brand



Senior Tom Moser smiles during his donation. / Otila Castaneda • The Brand



Christmas comes early with the presentation of 'Mr. Scrooge's Christmas'

By Alexa Toscano

The Lowry Drama and Stagecraft production started the year off strong presenting "Mr. Scrooge's Christmas" as the first play of the year.

The students spent a lot of time making sure the play was perfect for opening night. Both the actors and stagecraft dedicated their personal time for rehearsals they rehearsed during their drama period and did rehearsals in the mornings and afternoons on both school and weekend days in total they put in 60-70 hours of their time in order to ensure the production was a success.

Each actor had the opportunity to audition for the part they wanted. They auditioned in front of the director, Ms. Bales, and their fellow actors as well as stagecraft; the final decision was made based on votes. The lead was senior Kaylee Radtke as Mr. Scrooge who is portrayed as a Christmas Grinch who the only thing

that matters to him is his business; he absolutely loathes Christmas.

"I was happy with the part I received because it was really fun to be mean," said Radtke. "It took me a long time to learn how to be a mean person but it got easier with time."

She enjoyed the opportunity of having a lead role to start her senior year. As soon as she found out her role she went straight to getting into character.

"To prepare for this role I watched the muppets 'A Christmas Carol' movie which is really funny to me," said Radtke. "I also spent a lot of time memorizing my lines so I would know every line by heart."

The play was narrated by Jacob Woosley who played the role of Jacob Marley, Scrooge's business partner who had died. He is introduced to the audience by coming into Scrooge's room late at night and scaring him with chains.

"The favorite scene I had was when I was able to scare Mr. Scrooge by telling him I came to haunt him with chains," said Woolsey.



Stagecraft members work on the set. /Alexa Toscano • The Brand

For the majority of the cast, this was their first time doing a live performance in front of a crowd where they had to follow a script without sounding monotone but performing with charisma. When it came down to deciding what the opening play would be, the decision came down to Ms. Bales.

"I decided we needed a switch; I love Charles Dickens' 'A Christmas Carol'. It's fun to not always do a Halloween play. The story itself is also very beautiful," said Bales.

Being part of Drama and Stagecraft is an amazing way to put yourself out there and get to express yourself.

Ms. Bales and the rest of the stu-



Miles Hagness and Sasha Contreras backstage. /Ron Espinola • The Brand



A family enjoys their quality time together during Christmas Dinner. /Alexa Toscano • The Brand

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dents are excited to present their next play and highly recommend auditioning for next year.

They performed it for three nights from November 14-16.

Cast

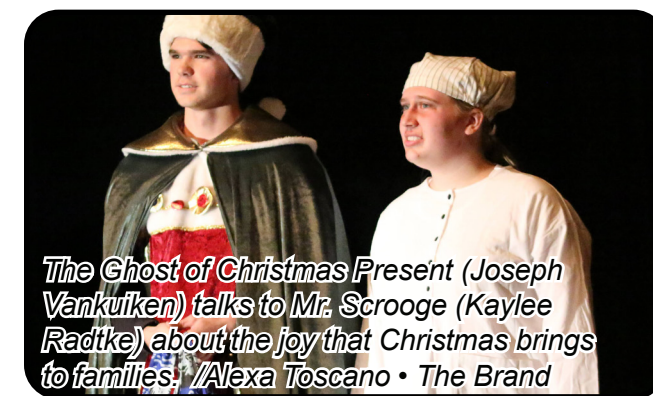
Ebenezer Scrooge Kaylee Radtke
Jacob Marley, Jacob Woolsey
Fred, Sasha Contreras
Bob Cratchit, Karen Anderson
Mrs. Cratchit, Mikayla Dossey
Spirit of Christmas Past, Morgan Rorex
Spirit of Christmas Present, Joseph Vankuiken
Spirit of Christmas Yet to Come, Joseph Vankuiken
Boy Scrooge, Audryahna McGillic
Young Scrooge, Sasha Contreras
Fanny, Sage Huerta
Belle, Jasmin Ruiz
Peter, Morgan Rorex
Belinda, Julianna Carrillo
Tiny Tim, Miles Hagness
Lady #1, Julianna Carrillo
Lady #2, Sage Huerta
Man on Street#1, Naomi Mitchell
Woman on Street, Jasmin Ruiz



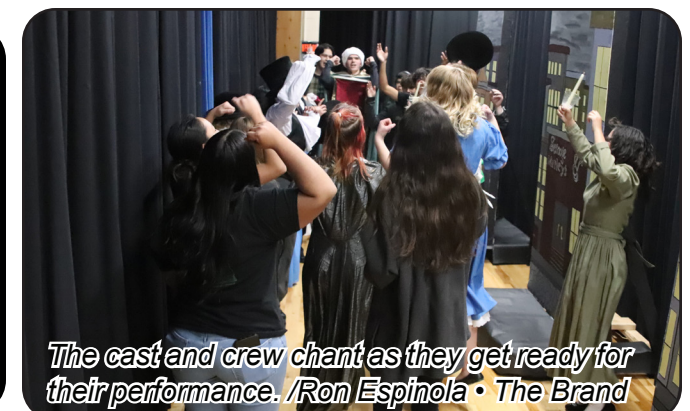
The Drama and stagecraft takes group picture. /Ron Espinola • The Brand

Man on Street #2, Miles Hagness
Fred's Wife, Sage Huerta
Woman at Party, Jasmin Ruiz
Topper, Audryahna McGillic
Fezziwig, Naomi Mitchell
Dick, Miles Hagness
Voice of Young Boy, Audryahna McGillic
Carolers, Sage Huerta, Jasmin Ruiz, Audryahna McGillic. Naomi Mitchell
Stagecraft
Julianna Carrillo, Props/Sets
Sasha Contreras, Props/Sets
Diego Esquivel, Props/Construction/Sound
Alan Femat, Props/Construction

Rachel Fernandez, Art/Props/Sets
Miles Hagness, Props/Sets
Rogelio Hernandez Ruiz, Construction Foreman/Curtains
Sofia Mayorga, Spot Light/Seamstress/Props
Audryahna McGillic, Art/Props/Sets
Jordyn Medicine Cloud, Props/Sets
Ariana Perez, Props/Sets
Mia Preciado, Art/Props/Sets
Erik Ruiz, Construction/Props/Sets
Jasmin Ruiz, Art/Props/Sets
Isabel Tolotti, Light Panel/Seamstress/Props/Makeup
Deisy Ruiz, Back Stage Lights/



The Ghost of Christmas Present (Joseph Vankuiken) talks to Mr. Scrooge (Kaylee Radtke) about the joy that Christmas brings to families. /Alexa Toscano • The Brand



The cast and crew chant as they get ready for their performance. /Ron Espinola • The Brand

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Lowry Leadership hosts another successful NASC

NASC stands for the Nevada Association of Student Councils. The state-wide organization oversees all leadership classes in the state. NASC splits Nevada into three regions, the Northern, Southern, and West. Each region hosts a conference. For the last three years, Lowry Leadership has been hosting the Northern Regional Conference. This conference allows for every single school in the northern region to come to Lowry to attend workshops that help create future leaders.

Kelly Zhelayev is on the state board as the Northern Region Representative. Along with Zhelayev, Ruben Garcia is also on the NASC board. Garcia is the NASC president, meaning he essentially oversees every single school with a leadership program in Nevada. Garcia, Zhelayev, and the entire leadership class put countless amounts of effort and hours into preparing for this conference.

Garcia was in charge of the conference Lowry held last year when he was the Northern Region Representative.

"The preparation for the Northern Regional Conference this year was an extremely long process," said Garcia.

To prepare for the conference there is



JC leaders from West Wendover get their delegates in line to play a game during a JC session. / Alexis Galarza • The Brand

a lot of behind-the-scenes work in the leadership class takes on. "There are a lot of tedious tasks that take place while planning and executing the conference," said Garcia.



Lowry Leadership sits down together in the cafeteria to eat a quick lunch before they have to get everyone back into their classrooms for a workshop. /Alexis Galarza • The Brand

Regional Conference

By Alexis Galarza

ference," said Garcia.

This year there were no COVID-19 restrictions so Lowry Leadership had complete creative freedom when executing the Harry Potter theme.

"Ms. Topholm and I started planning for the conference over the summer," said Zhelayev. "Then we started working on it in leadership after homecoming, so for about three weeks with additional hours spent outside of school we were planning it."

Zhelayev spent countless hours preparing for the conference, whether it be practicing speeches or making decorations.

"The bulk of preparation for the conference went into gathering everyone's gear, as well as planning and coordinating, then creating the decorations with the help of the leadership class," said Zhelayev. "I also practiced my welcoming and closing speeches during the general sessions of the conference."



Ruben Garcia and Ms. Julia Topholm prepare for the General session by looking at the Schedule on Garcia's phone. /Alexis Galarza • The Brand

ence."

Garcia plays a big role on the state board as the NASC president.

"Being the NASC president is definitely a once-in-a-lifetime experience, it is a huge honor to hold this position and I wouldn't have been able to get here without the support of my advisor and the leadership team," said Garcia.

Being on the state board is not an easy task, but Garcia and Zhelayev execute it with grace.

Besides being on the state board, Zhelayev loves being a student leader here within a smaller community.

"I highly value the

connections that I make with other aspiring leaders during leadership events," said Zhelayev.

After months of preparation, it brought great joy to Zhelayev to see all the northern councils come together.

"My main highlight from the conference was giving the closing speech in the last general session," said Zhelayev. "From the podium, I was able to see all of our Northern councils seated together on the bleachers, exhilarated after a long day of leadership activities, and the atmosphere felt truly connecting and inspiring."



Nadia Novi, Angel Acevedo, Raymond Diaz, Callie Paulson in the student store in between workshops getting the gift bags ready to be handed out. /Alexis Galarza • The Brand

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Do's and Don'ts Holiday Edition

By Danielle Scott

Do go make a warm cup of coffee or hot chocolate, nothing makes the season like a holiday drink.

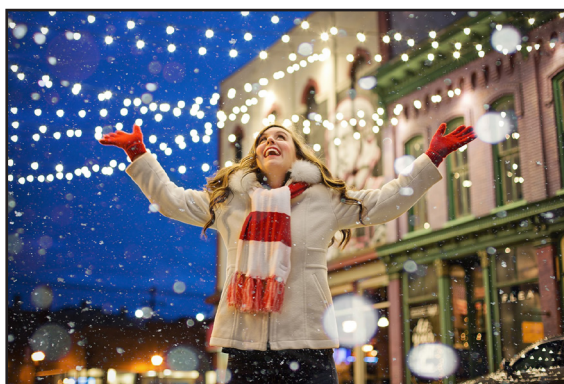
Don't forget to wear gloves, It's pretty chilly outside.

Do set up a Secret Santa exchange with your friends or family.

Don't ask why you've seen the Grinch 5+ times before it's even close to Christmas or Hanukkah.

Do keep the holiday vibes up and remember to go out and do things instead of wasting the winter season away.

Don't tell anyone if you don't



/Courtesy • Jill Wellington via Pixabay

like Mariah Carey, that's all they will play for the next few weeks.

Do make a snowman or have a snowball fight, if you get cold, circle back to the first one; get some hot chocolate. That is If we get snow this year.

Don't stay in on a snow day, Nevada's weather is unpredictable and you never know if it will snow again.

Do give yourself a mental break from whatever job or classes are making you stressed, you deserve it.

Don't hold on to the nostalgia of pumpkin spice it's time for peppermint to be back in stock.

Do make new holiday traditions and New Year's resolutions.

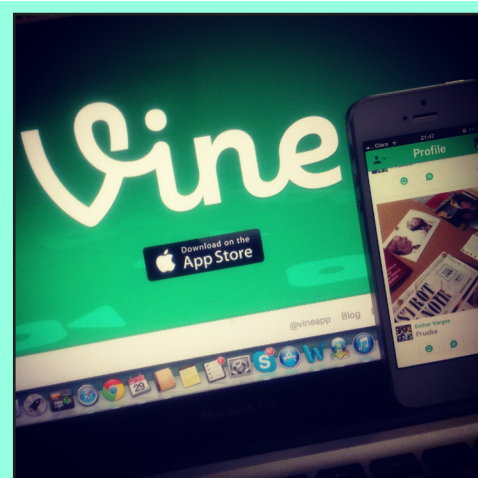
Don't Forget basketball and wrestling season is in session support them by going to their games and turn the holiday spirit into school spirit.

Whatever happened to...

By Danica Colman

Back in 2013 there was a new social media platform that was a huge hit, called vine. Although it was short-lived, there were still thousands of content creators who used the app. When vine started it immediately vanished and was forgotten about. Vine wasn't showing the top viner's the recognition they deserve, which made the platform fail. Since the creators weren't getting the recognition they deserved, they stopped using the app altogether which made vine lose a lot of money. With them losing money they had to shut it down.

In 2013 the app was used to make people laugh at short looping videos. But since they weren't producing enough money they made an announcement only a month after launching that the app will be discontinued.



A screenshot from the Vine app. / Courtesy • Esther Vargas via Flickr



MINING INDUSTRY FOUNDATION

The Mining Foundation for Lowry High School is a non-profit organization made up of representatives of our mining community along with the businesses that support mining in our area. Each year this dedicated group of individuals work to sponsor our entire Academic Excellence Award ceremony, the foundation also provides scholarships for our students to mentor and tutor students at the Boys & Girls Club of Winnemucca. In addition, the foundation provides financial support to Lowry High School each year and also sponsors the annual staff recognition banquet that recognize our best teachers and support staff members. The entire foundation is dedicated to the creation of opportunities and to continued success of all Lowry High School students.



Who knows you best with Brennan Long

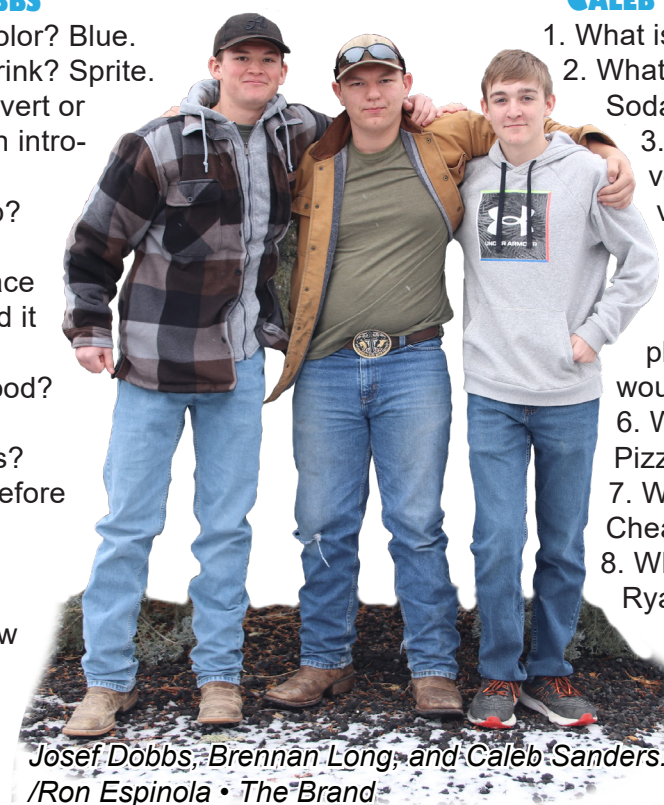
By Juliana Blatzheim

JOSEF DOBBS

1. What is his favorite color? Blue.
2. What is his favorite drink? Sprite.
3. Is he more of an introvert or extrovert? Brennan is an introvert.
4. What is his dream job? Undecided.
5. If he could go one place in the world where would it be? Florida.
6. What is his favorite food? Steak.
7. What are his red flags? Brennan doesn't think before acting sometimes.
8. Who is his celebrity crush? Ryan Reynolds.
9. What is his go-to show to binge watch? "The Liberators".
10. What is his favorite season? Season 1.

CALEB SANDERS

1. What is his favorite color? Blue.
2. What is his favorite drink? Soda.
3. Is he more of an introvert or extrovert? Extrovert.
4. What is his dream job? BLM.
5. If he could go one place in the world where would it be? Paris.
6. What is his favorite food? Pizza.
7. What are his red flags? Cheating.
8. Who is his celebrity crush? Ryan Reynolds.
9. What is his go-to show to binge watch? Hunting shows.
10. What is his favorite season? Summer.



Josef Dobbs, Brennan Long, and Caleb Sanders. /Ron Espinola • The Brand

Brennan's answers:

1. Green.
2. Sweet tea.
3. Introvert.
4. Pilot for BLM.
5. Florida.
6. Steak.
7. Avoids people.
8. I have no idea.
9. The Liberators.
10. The only season available.



Buckaroo Roundup

with Jack DeLong, Roberto Barcenas, and AJ Mendoza

By Luz Magaña

What is your favorite song?

JD: "No Role Models" by J cole because I have listened to it forever.

RB: "Call me maybe" by Carly Rae Jepsen because the lyrics are very motivational.

AM: "Party in the USA" I love that song because it makes me feel like a white girl.

What is your favorite school subject?

JD: Welding I like the teacher.

RB: English because I love to expand my literature.

AM: Welding because I am good at it.

Favorite food?

JD: Cereal because it's a good snack.

RB: Pozole because my mom makes it really good.

AM: Quesadillas because they are easy to make.

What are three things you'd take to an island and why?

JD: A fishing pole, a water filter, and a lighter.

RB: A chef, a spear, and a boat because that's what is necessary to live.

AM: I would take a house, a car, and food.

What is your gas station order?

JD: I always get a Red Bull.

RB: I always get a blue Gatorade.

AM: My favorite snack is some Takis, a Red Bull, and sour straws.

If you could change your name what would it be?

JD: I would change it to Jackson because Jack is unoriginal.

RB: Theodore, because that was my favorite president.

AM: I would change my name to Rocco because it's a cool name.



What is your biggest fear?
JD: Falling from a really high place.
RB: Drowning because I want to breathe.
AM: Drowning because I don't want to slowly die.

Favorite place you have traveled to?

JD: Cancun, Mexico because it's a nice place to relax.

RB: Houston, Texas because I have a lot of family there.

AM: San Francisco by the Bay because it's pretty.



Dear Santa ... Define 'Good'

98% nice, 2% naughty



Christmas in Space

On December 16, 1965, 'Jingle Bells' became the first song to be played in space while on NASA's Gemini 6A space flight.

How Much do you Spend?

American Parents spend \$276 on average for each child.

That is 17% of parents willing to spend over \$200 on kids' gifts.



Peppermint Bark

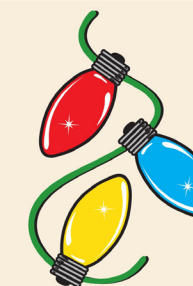
Ingredients: 12 oz. chocolate chips, 12 oz. white chocolate chips, 1/2 tsp. peppermint extract, 8 crushed candy canes

Prep time: 10 mins, Total time: 50 mins

Makes 12 servings.

Decorating Gone Wrong

The Consumer Product Safety Commission estimates that 14,700 people visit hospital emergency rooms for holiday-related decorating accidents every November-December.



RECIPE

<https://www.delish.com/holiday-recipes/christmas/a24882732/homemade-peppermint-bark-recipe/>

Career profile: Lizbeth Diaz, health care

By Chloe Bice

Working in healthcare isn't an easy job. People must work really hard to get to a position that they want to be in. It takes years of schooling and training in order to become what it is you want to be.

All of this hard work was accomplished by a medical assistant named Lizbeth Diaz at Humboldt General Hospital. Diaz works for Dr. Brittani Smith at Humboldt General Hospital.

"Some of the duties my job entails are taking vitals, administering vaccines, setting up and assisting in procedures, and answering phone calls/making phone calls," said Diaz. "I also send in prescriptions to pharmacies."

Being a person who works in the medical field is something that takes time and effort and a lot of energy to do. After graduating from Lowry in June 2020, she went in as a medical assistant with no prior training. She then became certified a year later by taking an

exam.

"The thing that I like most about my job is meeting new people, creating relationships with patients and coworkers and being able to help people when they are in need," said Diaz.

She works hard to ensure that the people she helps feel safe and welcome in the office.

When someone chooses a career like this, it takes dedication to

pursue it all the way and not quit.

"I have wanted to work in health-care since I was little," said Diaz. "I have always had a passion for helping others and I knew I wanted a career in which I could help others."

Diaz continues to work hard at her job and makes more and more progress and changes every day to help the world become a healthier and safer place.



Lizbeth Diaz poses with coworkers to show off their Autism Awareness shirts. / Courtesy • Lizbeth Diaz



Lizbeth Diaz gears up with Dr. Brittani Smith to head into work. / Courtesy • Lizbeth Diaz

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Students and Teachers explore Costa Rica in the Spring

By Elizabeth Carrillo

This year the school is hosting a trip to Costa Rica to expand students' education. Mr. Byron Jeppsen and Mr. Clay Sagers are both Spanish teachers at Lowry. They thought it would be an excellent opportunity to broaden the students' learning.



Senior Alexandra Chavez Leyva is exhilarated to experience a new culture. /Elizabeth Carrillo • The Brand

"It's going to be a lot of fun in Costa Rica because they're pretty laid back and the kids will get to immerse themselves in the culture," said Sagers.

Sagers has experience with both the culture and the people of Costa Rica. 20 years ago he lived there



Costa Rica as seen from the Si Como No Hotel & Wildlife Refuge, Quepos, Costa Rica. /Courtesy • Ian D. Keating via Flickr

for two years. Sager knows that Costa Rica has changed but remains similar. That's even where he learned Spanish.

"Well, I expect to have a lot of fun in Costa Rica," said Jeppsen. "It's kind of an environmental tour."

Jeppsen lived in Guatemala close to Costa Rica, that's where he got his experience. He hasn't been to Costa Rica so it will be a new experience for him. Jeppsen also mentioned that it will be another place to travel.

"I'm looking forward to meeting new people, seeing the differences between Mexico and here, and seeing the different languages and what they eat," said senior Alexandra Chavez Leyva.

The students attending the trip are very excited and well-prepared. They are delighted to see new cultures and experience new things.



Spanish teacher Clay Sagers is excited to go back to Costa Rica. /Elizabeth Carrillo • The Brand

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When it comes to the holidays, Lowry is ready to give back to the community

The junior class is in charge of the donation tree which gives back to the community during the holidays. They partner up with the cops, fire department and other businesses. If you have ever gone to Walmart in Winnemucca, you might have seen them outside the store asking for donations.

Mrs. Laura Mercado, and Mrs. Chereese Fifield, sponsor each child in order for them to get their dream gifts. They start collecting and organizing the event at the beginning of October. Once they have gathered enough gifts for the children, they organize each item in its according station at the fairgrounds. They have the week of December

5-9 in order to pick out the perfect gift for each child and wrap them.

Every year during the holidays the community bike club and police department come together and organize bins outside of Walmart to put in. Both adults and kids came together in order to give back.

"I chose to volunteer with Project Santa because I wanted to do my part and help less fortunate families experience a great Christmas," said Ruben Garcia. "My favorite part was just knowing how excited the kids would be to receive these gifts."

Garcia enjoyed knowing that he had done his part in order to ensure children had an unforgettable

Christmas.

Others volunteered for the same reasons.

"I chose to volunteer because I wanted to give back to my community and help in any way I could," said Leticia Aguilar. "A lot of people are afraid to volunteer because they are nervous about the experience."

"I did enjoy volunteering, it was a good experience, everybody was so nice and helpful," said Aguilar. "It was a great organization to work with and be a part of."

The organization has come to an end each and every child will get to open their dream gift on Christmas morning.

By Alexa Toscano

Lowry Then and Now Powder Puff Football 1974



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What's your new year's resolution?

Logan Sandvig: My new year's resolution is to get at least a 3.0 GPA by the end of the semester. Another new year's resolution is to get a job.

Zach Larson: My New Year's resolution is to use my assignment log every day in every class.

Daniel Hinton: My new year's resolution is to be a better person and to work on myself.

Giovanni Barrenechea: Get good grades in school.

Colton Hunt: Start going to the gym and start working.

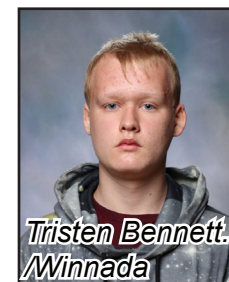
Carlos Aguilar: To spend time with my family, to get a job, and get things done.

Juliette Murdock: My New

Year's resolution is to lessen my procrastination.

Myla Jones: I want to read more.

Consilia Brown: My



Tristen Bennett.
Winnada

Chavez: My new year's resolution is to work on myself and start taking care of myself better.

Warren Cervantes: \$10,000 by the end of next year.

Bryanna Larson: To graduate high school and move out of my parents' house. Robert Gabriel: Start saving money and getting better grades.

Mo Glenn: I hope to be a less self-destructive individual.

Hector Rivera: My resolution is to get ready to

New Year's resolution is to be more patient with people.

Tristen Bennett: Be better.

Liliana

get out of this town.

Cadence Pettis: Better grades.

Alexis Castellanos: To finish my Junior year with at least a 3.8 GPA.

Braidyn Anderson: Better attendance.

David Caldera: To pass this class.

Austin Mejia Morfin: Graduate and stay fit.

Shaun Gilliland: For my mom's back to get better so she can not have back surgery.

Ayden Wigglesworth: My new year's resolution is to get my license when I turn 18, start doing better in school and start going to the gym 5 days out of the week.

Josh Rosas: Try and be an epic comic illustrator and create many different drawings of characters to



Alexis Castellanos.
Winnada

See Resolutions on page 40

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RESOLUTIONS FROM Page 39

create even more stories.

Kaysen Shepardson: To be better at making my money last.

Lance Brinegar: To stay alive another year.

Josh Burgos: Be better.

Gavin Paulsen: I want to maintain good grades and graduate and buy a new truck.

Emilio Magaña: My new year's resolution is to workout more.

Diego Reyes: My new year's resolution get more swole.

Isaac Danner: My new year's resolution is to graduate high school.

Carl Nutting: My resolution is

to make sure that my class-work is done and is done correctly.

Kiley Dayton: To be better at saving, and not to live in the

past to live in the present instead of looking back.

Alfredo Figueroa: Get my money up and get my funny up.

Jocelynn Ramirez: My new year's resolution is to save up more money (at least \$3,000) to move out.

Brenton Baker: No mercy, If there are hours to be worked then work them.

Jaxon Unrein: Build my credit.



Jason Barbosa: To start a savings account and start saving money.

Derek Hotz: To gain enough money to

leave Winnemucca and be better at saving.

Walter Dollar: My new year's resolution is to save up money.

Ashley Rookstool: My new year's resolution is to better myself by not procrastinating as much eating healthier and staying active.

Ryan Utterback: My new year's resolution is to not be homeless after graduation

Dante Cassinelli: My new year's resolution is to get an A in consumer Finance.

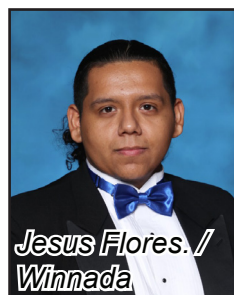
Brandon Wilson: Live life to the fullest.

Alexa Jones: To finish high school.

Ariana Wilson: To finish high school.

Jesus Flores: To get that bread.

Kaylee Radtke: My News Year's Resolution is to save \$15,000



dollars before the end of August for college.

Natalie Albertson: My New Year's Resolution is to still maintain good grades and to continue to save up for college while completing small goals along the way.

Savannah Foley: My new year's resolution is to get my business fully up and running to help kids learn the safe-

ty of horses and how to properly ride them.

Itsel Monroy: To graduate high school.

Maria

Gonzalez Figueroa: My new year's resolution is to be able to pass all my classes with either A or B's.

Tye Cooper: my new year's resolution is to get a healthy diet and find time outside of the weekend to either make it to the gym or work out at home.

Jazmine Smartt: My News Year's resolution is to pass the EMS National Registry exam to be a certified EMT.

Layne Wolf: To graduate high school.

Priscilla Esquibel: My new year's resolution is to work on school more in order to obtain a higher GPA and a goal would be getting accepted to college.



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