

LOWRY HIGH SCHOOL

Sports Program 2022-2023



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Lowry High School Buckaroos

Welcome You

It is our pleasure to host each and every HOME event with the traditional WINNEMUCCA hospitality and we wish you the best of luck and hope you have a safe journey home.

On behalf of the students, faculty, and administration of Lowry High School and the City of Winnemucca we welcome you to our HOME away from home.

SPORTSMANSHIP is a top priority of Lowry Athletics. We are certain that we will have outstanding games and that each and every fan will practice good sportsmanship and applaud those efforts by both teams during the games. We have made a strong commitment to our athletes, coaches, parents, and spectators to have a positive competitive experience.

Your paid or complimentary admission to our events entitles you to enjoy an exhibition of skills developed by our students in an educational setting. Please give these student-athletes your positive encouragement and support. Your effort to applaud the talents of all players is appreciated. Booing, taunting or intimidating the officials and opponents is unfriendly and inappropriate. Please be an example to those around you. A special thanks goes to our Humboldt County School District Board of Trustees, Humboldt County School District Administration, Humboldt County school teachers, Lowry High School students, the City of Winnemucca, Winnemucca Century Club and the many workers who have contributed their time and effort to insure that you may enjoy athletics at its best.

Our sports programs are truly a community happening and we are proud to be able to host Lowry High School athletic events with students in mind. We would like to take this opportunity to thank all of the fans for continuing to support and make all Lowry athletic programs highly visible and popular in Humboldt County.

Sit back, relax and enjoy yourself! At the conclusion of each day's contest, please make yourself at home in our wonderful City of Winnemucca.

SPORTSMANSHIP IS OUR

TOP PRIORITY AT LOWRY!

Let the Coaches coach, the Refs ref
& MOST importantly let the kids play!

Albert M. Lowry High School

5375 Kluncy Canyon Road, Winnemucca, NV 89445

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Lowry High



ADMINISTRATION



(L-R) Don Walton, Athletic Director, Tim Connors, Athletic Administrator/
Vice Principal, Shaun Taylor Vice Principal, Ray Parks, Principal

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HISTORY OF LOWRY HIGH SCHOOL

In 1967, a brand new Humboldt County High School was opened with the new name Albert Lowry High School in honor of revered Coach Albert M. Lowry.

A true Nevadan, Mr. Lowry was born in Tollhouse in 1897. He graduated from the University of Nevada in 1925, began teaching Science and coaching three sports in Winnemucca.

Mr. Lowry served the students of Humboldt County as a teacher, coach, principal, assistant superintendent and as director of the Nevada Education Association.

One of Nevada's first sporting legends, Mr. Lowry was instrumental in putting Humboldt County High School on the map. His basketball teams won 11 district or league championships and finished as the 1929 runner-up in the Nevada State Tournament.

As a track coach, he led his teams to Nevada championships in 1928, 1930, and 1936.

Mr. Lowry was also an integral part of introducing six-man football to some of Nevada's smaller schools. In 1941, he was chosen as the state's "Outstanding Coach".

Mr. Lowry served as president of the Nevada Interscholastic Athletic Association (NIAA) for 14 years and was chosen 3 times as a delegate to the National Federation of State High School Athletic Associations.

In 1933, Mr. Lowry was inducted into the NIAA Hall of Fame. He retired from the school district in 1966 and passed away May 5, 1989.

The original Lowry High School building was ready for use in 1968, with the vocational building added in 1983 the science building in 1991, the following improvements were made since then: weight room, new gym, art/social studies building, Jim Billingsley Softball Complex, new track—lighting and landscaping, baseball & softball announcers booth.

LOWRY HIGH – TRADITIONS OF PRIDE, DEDICATION & EXCELLENCE

HISTORY OF WINNEMUCCA

Winnemucca, originally called French Ford, sprouted up from a wagon crossing on the Humboldt River. A trading post and hotel were the first businesses in Winnemucca, the hotel serving miners and prospectors as well as wagon trains that were passing through on their way to California or Oregon.

Two brothers, Louis and Theophile Lay, built a bridge across the Humboldt River. After this, it was not necessary to ford the river and the town was renamed to Centerville. Soon after, the railroad was built so residents looked for a name that fit the town better.

L.C. Pease or C.B.O. Bannon are usually given credit for naming the town. They chose to name the town after Chief Winnemucca, the leader of a local Paiute tribe. Another theory is that a nameless worker for the Central Pacific Railroad wanting to keep peace with the Paiutes suggested naming Winnemucca after the Paiute chief. It is reasonable that all three men chose the name of the town as an agreement was necessary. Winnemucca was an apt name as the mountain and mining district had been named for the Paiute chief since 1863.

Chief Winnemucca came by his name as a boy. When he was young, some prospectors found him in the river wearing just one moccasin. Using the Paiute word "muchcha" for moccasin, they called him "wan-ne-muchcha." Young Chief Winnemucca liked the sound of the word and took it for his name. Later it came to mean "one moccasin."



STATE CHAMPIONSHIPS of LOWRY HIGH SCHOOL and HUMBOLDT COUNTY HIGH SCHOOL

Wrestling

1981, 1984, 1985, 1987, 1988, 1990, 1991,
1992, 1993, 2003, 2009, 2010, 2011, 2012, 2013,
2014 (1st all-time in Nevada history)

Boys Golf

1973, 1974, 1975, 1976, 1978, 1979, 1984,
1985, 1986, 2010, 2012, 2013

Boys Basketball

1959, 1960, 1971, 1973, 1974, 1975, 1978,
1985, 1992, 2002, 2012, (8th all-time in Nevada
history)

Girls Cross Country

2000, 2001, 2002, 2003, 2004, 2005, 2007,
2008, 2009 (2nd all-time in Nevada history)

Boys Cross Country

1995, 2001, 2003, 2004, 2005, 2006, 2007,
2008, 2009 (3rd all-time in Nevada history)

Boys Track & Field

1923, 1929, 1931, 1937, 1960, 1961, 1967
(8th all-time in Nevada history)

Girls Basketball

1979, 1981, 1992, 2002, 2010, 2014, 2022
(4th all-time in Nevada history)

Girls Golf

1975, 2000, 2001, 2003 (5th all-time in Neva-
da history)

Football

1959, 1965

Softball

2006

Volleyball

2005

Girls Track & Field

2018

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HALL OF FAME MEMBERS

Joe deArrieta Sr.1994	Hank Mentaberry1998	Lyman Bruce2008
John Dolan.....1994	Pat Dolan1998	Tony Erquiaga2008
Albert M. Lowry.....1994	Gary Hoxsey.....1999	Ken Christean2008
Jim Billingsley1995	Don Woods.....1999	Eric Angelopoulos.....2011
Steve Clausen1995	Jerome Etchegoyhen1999	Johnny Davis.....2011
Jim deArrieta1995	Gary Stoker.....1999	George Mentaberry.....2011
Joe Dendary.....1995	Marvin Clausen.....1999	John McNinch.....2015
Lori Echevarria.....1995	Tammy Pollock.....2000	1965 Humboldt County High School Football Team2015
Mike Glenn1995	Tim Billingsley.....2000	Dr. Robbie Grant2015
Alfred Gonzalez1995	Dick Peraldo.....2000	Tina Echeto-Wilson.....2015
Rober Hooft.....1995	Pat Hart2000	LHS Boys Basketball Teams 1973, 1974, 19752016
Pat McDade1995	Dr. James Calder2001	Cleto Bengoa2017
Vince Mendiola1995	Mateo Legarza2001	Nate Green2017
Jim Phillips.....1995	Don Stoker.....2001	Teo Maestrejuan.....2017
Rolfe Schwartz1995	Pete Etchart.....2003	Chris Hornbarger2017
Mitch Woods1995	Lynn Cunningham.....2003	Andrew Hillyer.....2018
Ted Zimmerman1995	Rick Ringheimer.....2003	Mackenzie Swecker2018
Jock Echave.....1996	David Stoker2003	Dennis Porter.....2019
Lee Lowry1996	Dave Mendiola2004	Rachelle Piquet.....2019
Foe Mentaberry.....1996	Lisa Jaureguito2004	Sergio Cabada.....2020
Betty Roeder.....1996	Kelly Pollock.....2004	Ray Parks2020
Fred Walts1996	Chad Peters2004	Don Walton2020
Kirk Allred1997	Johnathan Jarolimek.....2004	Earl Cornforth2022
Don Bankofier.....1997	Laura Stein.....2005	1958 Humboldt County High School Football Team2022
Carol Scott1997	T.W. Cunningham2005	Alicia Echevarria Heiser2022
Joe deArrieta Jr.1997	David Schwartz2008	
Joe Ydiando1998	Ron Bankofier2008	
John Legarza1998	Chris Vesco2008	
Dennis Verner.....1998	Teresa Vesco2008	
Bill Hoxsey1998	Susan Rorex2008	

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HALL OF FAME APPLICATION

Lowry High School will be sponsoring a Hall of Fame for deserving Winnemucca individuals who attended or taught at Humboldt County High School or Albert M. Lowry High School. 1994 was the inaugural year for this program and we encourage you to think back and nominate a deserving individual for this prestigious award. Nominees not selected this year will be placed in an active file for future years.

Purpose:

The purpose of the Hall of Fame is to honor and recognize outstanding individuals who have had a significant and lasting impact on the lives of people through their involvement as student and/or athlete or educator at our local high school. These individuals must have excelled in high school and continued to exemplify high standards in their adult lives to be eligible for this award.

Nomination procedures:

1. Candidates can be nominated by any person.
2. The "selection committee" will be composed of four representatives to serve a maximum four year term. The athletic administrator will select those individuals and the names of the individuals will be confidential.

Nomination Deadline:

All nominations must be received in the Lowry High School office no later than Oct 15 of each year. All nominations will remain in an active file for a three year period.

Awards:

Recipients will have their name placed on a Hall of Fame plaque at Lowry High School and receive a lifetime pass to all Lowry High athletic events.

General Criteria:

Nominees must exemplify the highest standards of sportsmanship, ethical conduct, moral character and carry the endorsement of their respective high school. An applicant must meet the following qualifications:

1. Athletes – will be eligible for nominations ten years after high school graduation.
2. Teachers, Coaches, Administrators, and Contributors will be eligible after their service to Humboldt County School District has ended.

To further explain, athletes would be former student participants who are being nominated for their achievements in interscholastic athletics. Students and educators would be considered on the merits of their high school achievements only. A contributor would be an individual who has made a contribution to Winnemucca education in some capacity other than those previously mentioned, including such areas as sports medicine, sports media, school participation, etc.



WINNEMUCCA
High School Hall of Fame
Application Form

Name _____ Year of Graduation _____
Current Address _____ School _____
Phone _____ Date of Birth _____
Place of Birth _____ If retired _____
College Attended _____ Date of Retirement _____

What activities did the nominee participate in while in high school? _____

What awards or honors did the nominee receive while in high school? _____

What award and/or activities has the nominee been involved in since graduation? _____

Need a letter of endoresement and recommendation attached _____ (not required
Newspaper and/or other supportive material attached _____ but recommended)

INDIVIDUAL SUBMITTING NOMINATION

Name _____ Phone _____
Mailing Address _____
City, State, Zip _____
Signed _____ Date _____

Return completed form to:

Lowry High School
Hall of Fame Committee
5375 Kluncy Canyon Road
Winnemucca, NV 89445



FALL-ALL STATE WINNERS

Cross Country

Brett Ferrier, 2000
Kelsey Engstrom, 2000, 2001, 2003
Heather Thompson, 2002
Lupe Cabada 2003
Jake Steinman, 2004
Felicia George, 2005
Matt Pike, 2006, 2007
Jovi Kuskie, 2021

Football

Alfonso Gonzales , 1969
Frank Bengoa, 1970
Jim Calder, 1970
Paul Vesco, 1971
Tom Gillespie, 1971
Vince Mendiola, 1971, 1972, 1973
Joe Dendary, 1974
Steve Clausen, 1974
Dave Mendiola, 1974
Hank Dufurrena, 1976, 1977
Bob Cassinelli, 1977
Bruce Delaney, 1977
Fred Stewart, 1977
Rick Ringheimer, 1977
Tim Billingsley, 1977
Al Urban, 1978
Pat Schroeder, 1980
Andrew Hillyer, 1982
Doug Bosch, 1982
Roy Echeverria, 1982
Doug Graham, 1983
Joel Jaureguito, 1983, 1984
Pat McDade, 1983, 1984

David Schwartz, 1984
Gary Stoker 1984,1985
Michael Larragueta 1986
David Bush, 1987
Jonathan Jarolimek, 1987
Jeff Schrempp, 1989
Jon Echave, 1989
Van Kinder, 1989
Chad Peters, 1990
Gordy Schumacher, 1990
Israel Lopez, 1990
Jamie Schroeder, 1990
Jose Cardenas, 1990
Mike Novi, 1990
Scott Strickler, 1990
Josh Kyles, 1991
T.W. Cunningham, 1995, 1996
Matt Baker, 2002
Dan Ferrero, 2004
Will Thacker, 2010
Jace Billingsley, 2010, 2011
Nic Velasquez, 2011
A.J. Ourada. 2011
Bryan Noble, 2011
Michael Arenas, 2012
Michael Billingsley, 2012
Daniel Pollock, 2012
Cody Andersen, 2012
Brandon Okuma, 2012, 2013
Calvin Connors, 2013
Robert Stepper, 2013
Luis Cardenas, 2013
Tanner Lecumberry, 2013
Giovani Sapien, 2021

Golf
Karen Mendiola, 1977
Kelly Dugger, 2000
Mackenzie Swecker, 2001, 2002, 2003

Volleyball
Betty Glinnsman, 1980
Lisa Davidson, 1980, 1981, 1982
Carol Scott, 1981, 1982
Teresa Vesco, 1981, 1982
Denise Cady, 1982
Penny Begay, 1982
Diana Hoss, 1983, 1984
Denise DeLong, 1984
Jackie Begay, 1985, 1986
Tina Echeto, 1989

Karen Crawford, 1990
Noel Bidart, 1990, 1991
Kathy Crawford, 1991
Rachelle Piquet, 1990, 1991
Britney Bristol, 2000
Alexis Martinez, 2002
Ashley Bristol, 2002
Kylie Owsley, 2005, 2006
Diana Dorman, 2005
Melissa Watterson, 2006
Juliana Velasco, 2015
Jadyn Eastman, 2017

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WINTER-ALL STATE WINNERS

Basketball, Boy's

Mitch Woods, 1971, 1972, 1973
 Stan Davidson, 1973
 Joe Dendary, 1974, 1975
 Mike Glenn, 1975
 Bob Hooft, 1974, 1975
 Steve Clausen, 1974, 1975
 Ron Bankofier, 1978
 Ted Willer, 1978
 Jim Visger, 1978
 Rolfe Schwartz, 1979
 David Stoker, 1981
 Chris Vesco, 1983
 David Schwartz, 1985
 Gary Stoker, 1984, 1985
 Dennis Porter, 1986
 Lane Peraldo, 1989
 Jim Salmi, 1988, 1989
 Chad Peters, 1991, 1992
 Chad Backus, 1992
 Ben Bryson, 2001
 Nate Green, 2001, 2002
 Teo Maestrejuan, 2002
 Brian Watterson, 2003
 Danny Westfall, 2009
 David Eastman, 2010
 Sterling Snow, 2011
 Jesse Studebaker, 2011, 2012
 Josh Watterson, 2013
 Nathan Lutzow, 2016

Basketball, Girl's

Betty Seward, 1979
 Denise Michelson, 1979

Tammy Mentaberry, 1979
 Sandi Smith, 1980
 Teresa Vesco, 1981, 1982
 Carol Scott, 1981, 1982
 Lisa Davidson, 1983
 Tina Echeto, 1990
 Rachelle Piquet, 1991, 1992
 Tara Davis, 2001
 Jessica Bishop, 2003
 Mackenzie Swecker, 2003, 2004
 Magen Dufurrena, 2003, 2004
 Elisa Leader, 2005
 Alicia Echevarria
 Morgen Thacker, 2008
 Skylar Estes, 2012
 Julia Dufurrena, 2010, 2012
 Alyssa Dendary, 2015
 Jillian Albright, 2016
 Sydney Connors, 2017
 Alyssa Kuskie, 2018
 Emily Backus, 2022
 Savannah Stoker, 2022

Wrestling

Jim Billingsley, 1971, 1972, 1973
 Denny Gortari, 1974
 Tim Billingsley, 1976, 1977
 Rick Ringheimer, 1977
 Al Urban, 1978
 Steve Lopes, 1980
 Paul Kerr, 1980
 Robert Neary, 1980

Jim Kracaw, 1980, 1981
 George Miller, 1981
 Kelly Pollock, 1981, 1982, 1983
 Keith Neary, 1981, 1983
 Rich Enochson, 1982
 Jimmy Cannon, 1983
 Pat McDade, 1983, 1984, 1985
 Dave Stetler, 1985
 Paul Smith, 1985, 1986, 1987
 Gus Duncan, 1986, 1987
 Blake Turner, 1986, 1987, 1988
 Billy Holt, 1988
 Dave Bush, 1988
 Mitch Green, 1988
 Jeff Hutchings, 1988
 Aron Poulson, 1989
 Juan Manzo, 1989
 Efrain Manzo, 1989
 Jeff Arreola, 1989, 1990
 Gus Alvarez, 1990
 Chester George, 1990, 1991
 Josh Kyles, 1991
 Milo Cardenas, 1991
 Pete Herold, 1994, 1995, 1996
 Rick Hutchinson, 1992
 Chris Hornbarger, 1992, 1993
 Raul Cardenas, 1993
 Jake Lage, 1999
 Johnny Davis, 1991, 1992, 1993
 Buster Segura, 1999, 2000
 Johnny Romero, 2002

Brady Moulton, 2002
 Cody Louk, 2002, 2003
 Jarrin Prokasky, 2002, 2003, 2004
 Ty Baker, 2004
 Justin Grant, 2005, 2006
 Austin Mayo, 2005
 Brett Snyder, 2007
 Trevor Grant, 2008, 2009
 Skylyr Bleck, 2008, 2009, 2010
 Sean Raynor, 2008
 Paeden Underwood, 2009, 2010
 Jace Billingsley, 2009, 2010, 2011, 2012
 Ryan Nelson, 2009, 2011, 2012
 Mitch Pollock, 2010
 Gus Duncan, 2010, 2011, 2012
 Michael Billingsley, 2010, 2011, 2012, 2013
 Fernando Herrera, 2011, 2012
 Beau Billingsley, 2012, 2013, 2014, 2015
 Daniel Pollock, 2013
 Brandon Okuma, 2013, 2014
 Cody Anderson, 2013
 Luis Cardenas, 2013, 2014
 Eric Brooks, 2014
 Gabe Molina, 2015
 Trase Bell, 2016
 Taylor Corak, 2020
 Anthony Peterson, 2020
 Coda Nichols, 2022



SPRING-ALL STATE WINNERS

Baseball

Chris Vesco, 1983
Chris Poulson, 1986, 1988
Johnathan Jarolimek, 1986, 1987, 1988
Jeremy Brown, 1991
Jose Cardenas, 1991
Gordy Schumacher, 1991
Chad Peters, 1991, 1992
Matt Jarolimek, 1991, 1992
Rick Swecker, 1992
Chukuma Jones, 1992
Danny Maddox, 1992, 1993
Don Johnson, 1993
Giovanni Giordano, 1993
Pachi Bengochea, 1993
Chris Christean, 1999
Sean Gallian, 2000, 2001
Benny Martinez, 2001, 2002
Jared Owsley, 2001
Joey Enochson, 2003
Joe Robinson, 2002, 2003, 2004
Rueben Rodriguez, 2005
Matt Dennis, 2005
Shane Goodale, 2005
Jojo Tameron, 2006
Eric Kerr, 2006
Lucas Alexander, 2006
Levi Carl, 2006
Andrew Lindsey, 2007
Anders Pace, 2009, 2011
Mitch Pollock, 2011
Jace Billingsley, 2011
Bryan Noble, 2011, 2012
Calvin Connors, 2013

Softball

Julie Lombard, 1990
Monique Melody, 1991, 1992
Stacia Dolphin, 1991, 1992
Mandee Kuskie, 1991, 1992, 1993
Rachelle Piquet, 1992
Melanie Roper, 1992
Noel Bidart, 1992
Kristine Warrick, 1993-95
Katie Whalen, 2001, 2002
Savannah Roman, 2002, 2003
Leslie Pratt, 2003
Kristy Ingle, 2005
Ambar Huish, 2006, 2007
Jamie Billingsley, 2003


Cheri Ingle, 2007
Dana Pardovich, 2010, 2011
Lynnsey Johnson, 2010
Virginia Castillo, 2010
Madison Gonzalez, 2010, 2012
Heather McElvain, 2012
Hanna Etcheverry, 2012
Jordan Mecham
Shelby McKinnon, 2013
Kylee McClellan, 2014, 2015
Shelby McKinnon, 2015
Kyllie Sappington, 2016, 2017, 2018
Sydney Connors, 2018, 2019
Maddison McClellan, 2019
Savannah Stoker, 2022

Track

Kelly Baker, 1975
David Drake, 1975
John Luna, 1975
Lloyd Johnson, 1975
Julie Tipton, 1976
Larry Blaylock, 1977, 1978, 1979
Betty Seward, 1979
Pat McDade, 1983, 1984, 1985
Vicki Salmi, 1984
Matt Buchan, 1984, 1985, 1986
Chris Bishop, 1986
Bell, McKenny, Peraldo, Salmi, 1600 M Relay, 1987
Cathey, Burns, Backus, Dean, 1600 M Relay, 1988
Salmi, Peraldo, Schlottman, Lecumberry, 1600 M Relay, 1988
Burns, Backus, Piquet, Cassinelli, 800 M Relay, 1989
Piquet, Bidart, Cassinelli, Burns, 400 M Relay, 1989
Smith, Canepa, Schlottman, Netcher, 800 M Relay, 1989
Burns, Backus, Dehart, Cassinelli, 1600 M Relay, 1989
Tina Echeto, 1989, 1990
Laura Stein, 1994
Willie Ulch, 1995
Sergio Cabada, 1995, 1996, 1997

Sergio Cabada, 1600 M & 3200 M, 1996
Salvador Cabada, 4A Cross Country, All State 1996
Sergio Cabada, 4A, 1600 M, 1996
Brett Ferrier, 2000, 2001
Jamie Cabada, 2000
Levi Keller, 2003
Kelsey Engstrom, 2003, 2004
Jacob Keller, 2002, 2004
Nicole Tyler, 2000
Magen Dufurrena, 2002, 2003
Heather Thompson, 400 meters, 800 meters-2003
Katie Engstrom, Kelsey Engstrom, Whitney Mentaberry, Heather Thompson, 4x800 & 4x400 Relay-2003
Yuri Castaneda, Shot Put, 2003, Shot Put, Discus, 2004 & 2005
Natalie Meldrum, Katie Engstrom, Kelsey Engstrom, Whitney Mentaberry, 4x800-2004
Lupe Cabada, Jon Routson, Justin Grant, Cory Hawkins, 4x800-2004
Lupe Cabada, 3,200 meters, 2005
Alicia Echeverria, Pole Vault, 2005 & 2006, Triple Jump, Pole Vault, 2007
Jon Routson, 800 meters, 1,600 meters, 2006
Vance Orr, 1,600 meters, 2007
Christian Echevarria, 200

meters, Long Jump, 2009
Desirae Lemm, Alicia Kelly, Kirstie Ingle, Sophie Kristof, 4x400 Relay, 2009
Bernice Sanchez, Triple Jump, 2010
Mateo Echeverria, 100 meters, 2010
Tyler Andersen, Discus, 2010
Kenadee Jeppsen, High Jump, 2016
Jillian Albright, Hayley Hinkle, Kennedy Jeppsen, Shelby Garrison, 4x400 Relay, 2016
Hailey Fernandez, Hayley Hinkle, Kennedy Jeppsen, Shelby Garrison, 4x400 Relay, 2017
Bryan Terry, 2017
Shelby Garrison, 400, 2018
Hayley Hinkle, 300 Hurdles, 2018
Adia Bengochea, Hailey Fernandez, Hayley Hinkle, Shelby Garrison, 4x400 Relay, 2018
Shaun Gilliland, Pole Vault 2022
Jovi Kuskie 1600 meters, 3200 meters 2022
Emily Backus, Long Jump 2022
Emily Backus, Elizabeth Peterson, Sydnee Pettis, Elizabeth Aguilar, 4x100 Relay 2022



Greg and Miranda Munroe
Owners

Go Bucks!

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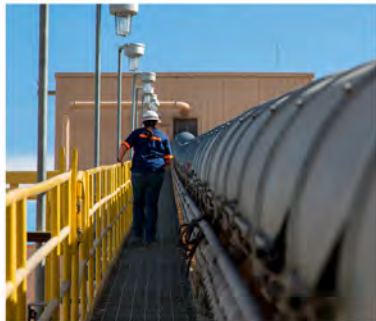


ALL STATE ACADEMIC TEAMS

Baseball	2004, 2005
1995, 1996, 2010, 2011, 2012	Football
Boys Basketball	2011, 2012, 2014
1996, 1997, 1998, 2010, 2011, 2012, 2013, 2014	Wrestling
Softball	2000, 2001, 2011, 2012, 2013, 2014
1996, 1997, 1998, 2012, 2013, 2022	Boys Soccer
Girls Basketball	2003, 2004
2007, 2008, 2009, 2013, 2014, 2015, 2016	Girls Swimming
Boys Track and Field	2011, 2012, 2014, 2015
1997, 1998, 2003, 2004, 2011, 2012	Boys Swimming
Boys Golf	2011, 2012, 2016
1998, 1999, 2009, 2010, 2014	Spirit
Girls Golf	2011, 2012
1999, 2000, 2011, 2012	Volleyball
Girls Track	2021
2002, 2003, 2004, 2014	All School Award:
Girls Cross Country	Reno-Tahoe Olympic Hall of Fame, 1st High School based
2000, 2001, 2002, 2003	on Athletic & Academic Excellence.
Boys Cross Country	



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Gina Rackley— Secretary

Board Members: Mike Mavity, Malinda Riemersma, Andy Heiser, Ray Parks, Tim Connors, Don Walton

3A Northern Division



Churchill County
1222 S Taylor St.
Fallon, NV 89406
Colors: Kelly Green/White
Mascot: Greenwave



South Tahoe
1735 Lake Tahoe Blvd.
South Lake Tahoe, NV 96150
Colors: Royal Blue/Gold
Mascot: Vikings



North Valleys High School
1470 E. Golden Valley Rd.
Reno, NV 89506
Colors: Teal, Black
Mascot: Panther



Dayton High School
335 Old Dayton Valley Road
Dayton, NV 89403
Colors: Red, Black
Mascot: Dust Devils



Sparks High School
820 15th Street
Sparks, NV 89431
Colors: Maroon, Gold
Mascot: Railroaders



Procter R Hug High School
3530 Sullivan Lane
Sparks, NV 89431
Colors: Green, White, Black
Mascot: Hawk



Elko High School
987 College Ave.
Elko, NV 89801
Colors: Maroon & White
Mascot: Indians



Spring Creek High School
14550 Lamoille Hwy
Spring Creek, NV 89815
Colors: Purple, Black
Mascot: Spartans



Wooster High School
1331 East Plumb Lane
Reno, NV 89502
Colors: Red, White
Mascot: Hawk



Fernley High School
1300 Highway 95A
Fernley, NV 89408
Colors: Orange, Black
Mascot: Vaqueros



Truckee High School
11725 Donner Pass Rd.
Truckee, CA 96161
Colors: Red, White
Mascot: Wolverines

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email: abram@swensencpa.com

email: kendall@swensencpa.com



Varsity Cheer



First	Position	Year
Arriola, Kalani	Base, Flyer	10
Briseno, Ben	Backspot	12
Colman, Danica	Base, Backspot, Flyer	10
Contreras, Brianna	Base	12
Diaz, Raymond	Backspot	12
Doyal, Audrey	Base, Backspot	10
Growcock, Kylee	Base, Flyer	11
Jackson, Nevaeh	Backspot	10
Lane, Dida	Base, Flyer	10
Mendoza, Cassi	Flyer, Base	11
Milam, Adajah	Base, Flyer	10
Murdock, Juliette	Base, Backspot, Flyer	12
Torres, Leslie	Backspot	12
Arvayo Trujillo, Lazaro	Manager	12

Cheer Coaches

Cherese Fifield



Amanda Ponce



JV Cheer



Name	Position	Year
Baker, Adisson	Backspot, Base, Flyer	9
Hilliard, MaLayah	Base, Backspot	10
Jappert, Hayley	Flyer, Base	9
Mayorga, Natalia	Flyer, Base	9
Petersen, Payton	Backspot	9
Ponce, Vyctorya	Base, Flyer	9
Preciado, Camila	Base, Backspot, Flyer	10
Sanchez, Cesar	Base, Frontspot, Flyer	9
Silva, Alexa	Flyer, Base	9
Villalobos, Camila	Base, Backspot	10



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Cheer Seniors

Benjamin Briseno



Family: Cheryl Briseno(Mom), Cody Briseno(Dad)
What will you miss? Honestly i'm gonna miss the team bonding and how close we all get during practices and games.
Role Model? My Role model is both my Mom and Dad they've pushed me to be who I am today as a person and I truly wouldn't be here if it wasn't for them and their support.
Plans? I plan to go to college to become a travel nurse.

Brianna Dalia Contreras



Family: Jose Contreras (dad) Rosa Contreras (Mom) Britney Contreras (Sister) Eli Contreras (Mom)
What will you miss? I'll miss my cheer squad, I'll miss laughing and having fun at practices, and I'll miss cheering at games.
Role Model? My role model is my dad because he's taught me everything I know, and has taught me to never give up and he's pushed me to be a better version of myself.
Plans? Go to UNR and study for business administration.
Plans?

Raymond Diaz



Family: Carlos Diaz (Dad), Amalia Diaz (Mom), Yezenia Poulsen (Sister), Mario Diaz (Brother)
What will you miss? Being with my teammates.
Role Model? My sister, she's my motivator for many choices I want to make in the future, she's helped me grow as a person, and she's been someone I could always talk to.
Plans? Attend college after high school and pursue my career.

Juliette Murdock



Family: Shana Murdock (Mom) Jeff Murdock (Dad) Bradley Murdock (Brother)
What will you miss? I will miss cheering under the Friday night lights with my friends.
Role Model? My role models are my parents because they always push me to be the best that I can be.
Plans? To go to collage and study law.

Leslie Torres



Family: Enrique Torres(dad), Veronica Torres(mom), Jenny Torres(sister), Jackie Torres(sister)
What will you miss? Making memories with my team and being involved in school activities.
Role Model? My mom she is always there whenever I need her and always supported me and pushed me to become a better person.
Plans? Go to UNR and study law.

Lazaro Arvayo

Family: Mariaelena Trujillo (Mom), Lazaro Arvayo (Dad), Jazmin Lopez (Sister)
What will you miss? Spending time with my friends and being involved.
Role Model? My mom because she has always done everything for me and pushed me to be who I am today.
Plans? Go to a trade school for carpentry.

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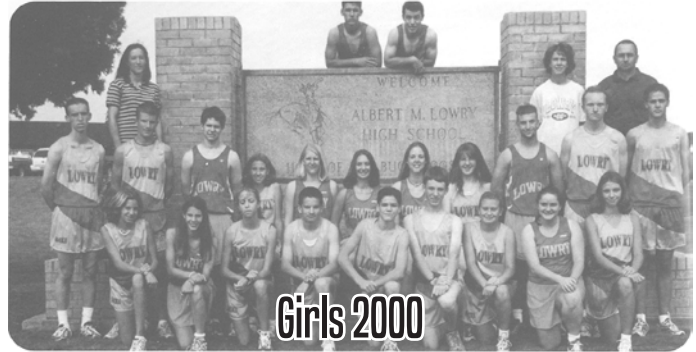


Cross Country State Championship Teams



Boys 1995

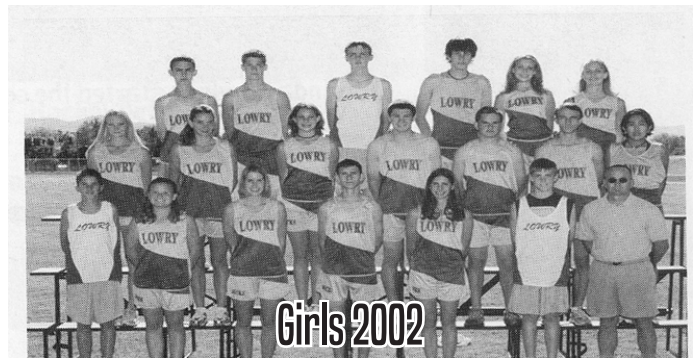
Coach Lindsay, Salvador Cabada, Joel Jaimes, Aaron Brown, Mario Cabada, Juan Diaz, Willie Ulch, Josh Gale, Renee Tampkins, Diana Black, DeAnna Jones, Goldena Bennett, Sergio Cabada, Emilio Vaca, Victor Mercado



Girls 2000

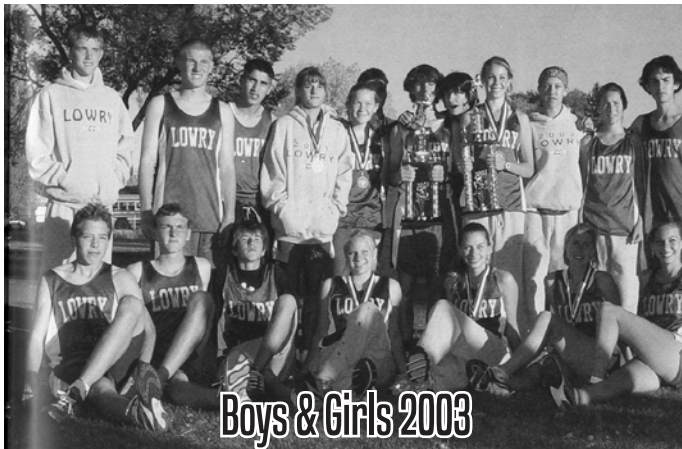


Boys & Girls 2001



Girls 2002

Forrest Schumacher, Sadie Haaglund, Anna Schumacher, Jake Stienman, Jamie Steinman, Randy Johnson, Coach Billingsley, Rose Gran, Whitney Mentaberry, Kelsey Engstrom, Marcus Stone, Jaime Cabada, Joseph Gibson, Nora Rocha, Lupe Cabada, Justin Grant, Jonathan Routson, Jason Peterson, Katie Engstrom, Heather Thompson



Boys & Girls 2003

Katie Engstrom, Allen Mayo, Jason Peterson, Ryan Owens, Marks Stone, Daniel Gibson, Whitney Mentaberry, Kelsey Engstrom, Rachel Strong, Shaun Austin, Joseph Gibson, Jaime Cabada, Lupe Cabada, Jake Steinman, Anna Schumacher, Nicole Tyler, Coach Grant, Chris Lyon, Coach Billingsley, Sadie Haaglund, Heather Thompson, Jamie Steinman



Boys & Girls 2004

Lupe Cabada, Trevor Goodell, Sean Brown, Forest Schumacher, Jon Routson, Randy Johnson, Terence Henriod, Jake Steinman, David Bryan, Jessell Owens, Madison Gray, Felicia George, Kelby Casale, Triton Manzo, Lindy Haaglund, Nicole Lyon, Matt Pike, Michael Stannard, Katie Ingle, Serena Phoenix, Nick Belanger, Kyle Hancock, Natalie Meldrum, Hailey Yadon

Cross Country State Championship Teams



Boys & Girls 2005

Christian Jensen, Triton Manzo, Justin Grant, Jon Routson, Vance Orr, Kelby Casale, matt Pike, Kyle Hancock, Kole Kracaw, Nick Belanger, Spencer Myers, Felicia George, Nicole Lyon, Jassell Owens, Coach Steinman, Sandra Cereceres, Yezenia Diaz, Serena Phoenix, Katie Ingle, Hailey Yadon, Coach Grant



Boys 2006

Vance Orr, Kelby Casale, Michael Orr, Kiefer Maestregjuan, Nicholas Belanger, Triton Manzo, Matthew Pike, Patrick Huttinga, Christian Jensen, Jessell Owens, Nicole Lyon, Spencer Myers, Madison Gray, Aaron Gray, Jennifer Monge, Kole Kracaw, Ashlee Lee, Sandra Cereceres, Joseph Lester, Adam Gray, Alex Schumacher, Yezenia Diaz, Hailey Yadon, Christopher Pike



Boys & Girls 2009

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Cross Country Seniors Ivan Lara

Family:
What will you miss?
Role Model?
Plans?

Page 20

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2022-2023 Fall Sports Program.indd 20

10/12/2022 2:30:57 PM

Cross Country Schedule

Date	Time	Opponent	Location
08-19-22	TBD	Douglas Tigers	Douglas County High School
8-25-22	TBD	Fernley	Fernley High School
9-1-22	TBD	TBA	TBA
9-9-22	TBD	North Tahoe	North Tahoe High School
09-16-22	TBD	Reed	Reed High School
09-24-22	TBD	Truckee	Truckee High School
10-07-22	3:00 PM	TBA	Winnemucca Golf Course
10-08-22	TBD	TBA	TBA
10-14-22	TBD	Wells	Wells High School
10-21-22	TBD	Elko	Elko High School

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Cross Country



Name	Grade
Austin Formby	11
Jace Frydendall	9
Mariana Hernandez	10
Keaton Kenison	11
Ivan Lara	12
Yoselyn Ruiz	10
Lennox Zebroski	10

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Cross Country Coaches

Sergio Cabada

Larry Renteria

Varsity Dance



Name		Year
Anahi	Barrera	9
Chloe	Bice	9
Destiny	Cooper	11
Sofie	Darmer	10
Samantha	Kincaid	9
Shayna	Marciel	9
Maygan	Robinson	10
Bailey	Rorex	10
Mackenzie	Sealy	11
Pretishma	Subedi	9
Hayleyawna	Thomas	10
Sierra	Vankuiken	9
Kira	Wiley	9

Dance Coach
Theresa Mavity



Varsity Football

Date	Time	Opponent	Location
08-13-22	10:00 AM	Battle Mountain High School	Battle Mountain High School
08-19-22	7:00 PM	Fernley	Lowry High School
8-26-22	7:00 PM	Battle Mountain High School	Lowry High School
9-2-22	7:00 PM	Wooster High School	Wooster High School
09-09-22	7:00 PM	South Tahoe	South Tahoe High School
09-16-22	7:00 PM	Sparks	Lowry High School
09-23-22	7:00 PM	Elko	Elko High School
09-29-22	7:00 PM	Dayton	Lowry High School
10-07-22	7:00 PM	Fernley	Fernley High School
10-14-22	7:00 PM	Spring Creek	Lowry High School
10-21-22	7:00 PM	Churchill County	Lowry High School

JV Football

Date	Time	Opponent	Location
08-13-22	10:00 AM	Battle Mountain High School	Battle Mountain High School
08-19-22	4:30 PM	Fernley	Lowry High School
8-26-22	4:30 PM	Battle Mountain High School	Lowry High School
9-2-22	4:30 PM	Wooster High School	Wooster High School
9-9-22	4:30 PM	South Tahoe	South Tahoe High School
09-16-22	4:30 PM	Sparks	Lowry High School
09-23-22	4:30 PM	Elko	Elko High School
09-29-22	4:30 PM	Dayton	Lowry High School
10-07-22	4:30 PM	Fernley	Fernley High School
10-14-22	4:30 PM	Spring Creek	Lowry High School
10-21-22	4:30 PM	Churchill County	Lowry High School

Freshman Football

Date	Time	Opponent	Location
08-13-22	10:00 AM	Battle Mountain High School	Battle Mountain High School
8-20-22	10:00 AM	Pershing County	Pershing County High School
9-1-22	5:00 PM	Yerington	Lowry High School
9-8-22	5:00 PM	South Tahoe	South Tahoe High School
09-15-22	5:00 PM	Sparks	Lowry High School
09-22-22	5:00 PM	Elko	Elko High School
10-06-22	5:00 PM	Fernley	Fernley High School
10-20-22	5:00 PM	Churchill County	Lowry High School



Varsity Football



Number	First	Last	Position	Year	Height
71	Raymundo	Abrego	OL DL	10	5'9
55	Nomar	Aguirre	OL LB	11	6'0
58	Ryan	Arrien	OL DL	12	5'8
11	Jordan	Bills	QB DB	12	6'0
1	Lance	Brinegar	WR DB	12	5'10
8	Brandon	Cardenas	WR DB	10	5'8
54	Brennan	Colman	OL DL	12	6'3
34	Jesse	Crouse	OL DL	11	5'8
5	Frank	Davis	WR DB	12	5'5
22	Luke	Fentress	TE LB	11	5'11
42	Chad	Frazier	WR DB	11	5'9
20	Dylan	Frost	OL DL	12	5'9
4	Christopher	Gildone	WR LB	11	5'6
24	Jeremiah	Grasmick	WR DB	12	5'9
6	Anthony	Guzman	TE LB	11	5'9
13	Braden	Hammargren	RB LB	12	5'9
36	Jhett	Harber	TE LB	10	6'0
69	Roan	Hornbarger	OL DL	11	6'4
59	Nathan	Jeffries	OL DL	11	5'5
25	Bryce	Kuykendall	WR LB	11	5'11
16	Chandler	Leiter	TE LB	11	6'0
76	Canaan	Ortega	OL DL	11	6'0
50	Isaiha	Ortinez	OL DL	12	5'5
33	Ashton	Parry	OL DL	11	5'4
12	Carson	Primeaux	WR DB	11	6'0
51	Justin	Scott	OL DL	12	6'1
7	Jessie	Siddiqui-Jeronimo	RB DL	11	6'0
60	Jeremiah	Simmons	OL DL	12	5'10
10	Antonio	Soto	WR DB	11	6'0
70	Michel	Staas	OL DL	11	6'0
21	Jayden	Taylor	WR LB	12	5'9
56	Tyson	Terry	OL DL	12	6'0
2	Joseph	Vankuiken	QB DB	11	6'2
75	David	Walker	OL DL	11	6'4
3	Ayden	Wigglesworth	RB LB	12	5'5
44	Jacob	Woolsey	RB LB	11	5'11



JV Football



#	First	Last	Position	Year	Height
76	Connor	Baird	OL DL	10	6'0
13	Ryan	Bales	WR DB	9	5'5
24	Henry	Boyer	WR DB	9	5'7
78	David	Caldera	OL DL	10	6'0
5	Jayce	Casalez	WR DB	10	5'10
52	Joseph	Esquibel	OL DL	10	5'6
21	Sebastian	Garcia	RB LB	10	5'9
10	ReiCyan	Grau	RB DB	10	5'8
69	Logan	Jonas	OL DL	10	6'1
23	Logan	Jung	RB LB	10	6'0
3	Gage	Kinder	QB WR	10	6'1
66	Gabriel	Lange	OL DL	10	5'9
83	Terrance	Mattson	TE DL	9	6'1
58	Bendigo	Merki	OL DL	10	5'9
7	Anthony	Monroy Torres	WR LB	10	5'11
12	Adan	Morfin	WR DB	9	5'6
11	Logan	Ricci	WR DB	10	5'10
2	Marcas	Ricci	WR DB	11	5'7
56	Levi	Shepardson	OL DL	10	6'0
22	Bradyn	Snyder	WR DB	9	5'7
70	Nathan	Stettler	OL DL	10	6'0
75	Patrick	Turner	OL DL	10	6'0
9	Erick	Valencia	QB DB	9	5'10
4	Donovan	Walker	RB LB	9	5'11



Freshman Football



Number	First	Last	Position	Height
61	Christian	Baez	OL DL	5'8
80	Shamus	Ball	WR RB	5'6
10	Timothy	Brinegar	RB LB	5'9
44	Anthony	Cargile	WR LB	6'0
83	Chase	Cheever	WR DB	5'7
5	Israel	Contreras	WR DB	5'6
74	Izak	Daniel	OL DL	5'10
43	Bosten	Dennis	RB DL	5'10
42	Audie	Douglass	WR DB	6'1
2	Kruz	Gomez	WR DB	5'6
82	Anthony	Gudino	WR DB	5'6
60	Amador	Guzman	OL DL	6'0
72	Brett	Haaglund	OL DL	5'8
4	Maddex	Hislop	RB LB	5'5
22	Ryder	Huitt	WR QB	5'11
7	Daltin	Kennedy	WR LB	5'7
54	Kaleb	Koons	OL DL	6'0
25	Giovanni	Monroy Torres	WR DB	5'2
23	Jonathan	Moser	WR LB	5'9
24	Randy	Patterson	WR LB	5'10
1	Connor	Peterson	QB DB	5'9
16	Logan	Pointon	WR DB	5'3
91	Dominick	Robles	OL DL	5'7
11	Jace	Sartor	WR LB	5'9
30	Jacob	Smith	WR DE	6'0
6	Morris	Snyder	RB LB	5'9
8	Ashton	Solberg	WR DB	5'8
3	Jesse	Soto	WR DB	5'6
73	Chance	Sowinski	WR DB	5'10
50	Caden	Stovall	WR LB	5'9



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 Tyrell Lucas



Andy Heiser



Austin Mayo



Zach Peterson



Gus Ramasco



Andrew Jensen



Scott Santos



Darrin Nelson






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Football Seniors

Ryan Arrien



Family: Kristen Arrien (mom) Jason Arrien (dad) Katie Arrien (sister) Sarah Arrien (sister)
What will you miss? My teammates and the support we all have for each other.
Role Model? My parents and grandparents, because they push me to be a better person every day.
Plans? Go into the apprenticeship program to become an electrician.

Jordan Bills



Family: Father Austen Bills, mother Sydney Bills, and sister Zuri Bills
What will you miss? Memories made playing the sport in certain situations along with my team.
Role Model? My father because he's the man I want to be as great as and someday even better.
Plans? Attend Boise University to get a Bachelors degree in business.

Lance Brinegar



Family: Timothy Brinegar (dad) Rosie Brinegar (mom) Timmy Brinegar (brother) Gabe Laveway (brother)
What will you miss? Being under the lights with my friends and coaches having my family watching me verbally instigate.
Role Model? My dad. I have always looked up to him and he always taught me to work hard in all my sports and always to do my best.
Plans? Go to college and study business.

Brennan Colman



Family: Cara Colman (mom) Shawn Colman (dad) Danica Colman (sister)
What will you miss? I will miss the friendships that I have gained over my time playing the sport.
Role Model? My role model is my father because he had taught me good values in life.
Plans? I plan to attend GBC to work on the electrical program to gain my degree and certifications.

Frank Davis



Family: Tammie Davis(Mom), Danny (brother), Christy(Sister)
What will you miss? I will miss playing under the lights with my friends and just all around having a good time.
Role Model? My mom because I know it is hard taking care of me but she does it anyway.
Plans? To go to college and study communications.

Dylan Frost



Family:
What will you miss?
Role Model?
Plans?

Jeremiah Grasmick



Family: Theresa McQueen (Mom) Kevin Grasmick (Dad) Greg McQueen (Step dad) Dina Grasmick(step mom) Sara Grasmick, Katie Grasmick, Kenzie Grasmick (Sisters)
What will you miss? I will miss playing with my team/friends. Being able to make memories on the field an off. And also having fun while playing.
Role Model? My role model would be my parents. This is because they show me how to work hard for things you want and they also show me what good parents look like.
Plans? Future plans are to being a physical therapist, and attend college at Eastern Washington State University.

Braden Hammargren



Family: Lonnie Hammargren (dad) Marni Pool (mom) Stella Hammargren (sister)
What will you miss? I will miss my teammates and coaches the most. Football has introduced me to my best friends and some of the most influential people in my life.
Role Model? My role model is Anthony Peterson he is one of my best friends and has always stuck by my side He showed me firsthand how to love a sport and be a great friend.
Plans?I plan on studying exercise science and play football in college.

Football Seniors

Isaiha Ortivez



Family: Josh yost(father) Julia Thomas(mom) Augustine Maldonado(brother)
What will you miss?
I feel like I'll miss the team and the good sportsmanship, a team working together. But most and importantly miss the competition of working hard.
Role Model? My pop, Josh Yost.
Plans? "I was thinking of going to college for welding or go to the Army for more opportunity's to open up for me.

Justin Scott



Family: Greg Scott(father), Lisa Scott(Mother), Danielle Scott(sister)
What will you miss? Being competitive.
Role Model? My dad, leads me and motivates me to push myself and compete. Makes me strive to be a good man.
Plans? College football and pursuing a business, engineering, or CADD degree.

Jeremiah Simmons



Family:
What will you miss?
Role Model?
Plans?

Jayden Taylor



Family: Stacey Taylor(Mom), Lacey Taylor(sister), Ashley carter(sister).
What will you miss? The people I've met and playing under the lights every Friday.
Role Model? My older sister Ashley, because she has always done what she wanted and never let anyone tell her otherwise.
Plans? To join the Navy and travel everywhere I can.

Tyson Terry



Family:
What will you miss?
Role Model?
Plans?

Ayden Wigglesworth

Family: Judy Gartman (grandma), Dean Gartman (grandpa)
What will you miss? I will miss playing as a team on the football field.
Role Model? Don't really have one.
Plans? Go to college and get my degree in architecture. Then get a contracting license and make my own company.

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HABLAMOS ESPANOL

Girl's Golf State Championships

1975



Julie Warner, Julie Larragueta, Cindy Bidart, Debbie Mentaberry, Karen Mendiola, Joyce Vetter, Kathy Bidart, Mary Ann Lawrence

2000



Chelsea Mendiola, Kelly Dugger, Jamie Billingsley, Gwen Meyer, Leslie Prat, Heather Blattman, Mackenzie Swecker, Nicole Sorenson, Kathryn Brooks, Meghan Duffurena, Janice Domingo, Nichole Cochrane, Coach Orr

2001



Mackenzie Swecker, Meghan Duffurena, Janice Domingo, Kelly Dugger, Leslie Prat, Nichole Cochrane, Nicole Mezenen, Chelsea Mendiola, Jamie Billingsley, Coach Orr

2003




Holly Olsen, Allison Beck, Anita Cowley, Mackenzie Swecker, Meghan Duffurena, Nichole Cochrane, Savannah Roman, Jamie Billingsley, Chelsea Mendiola, Leslie Pratt, Coach Glenn



Girl's Golf Schedule

Date	Time	Opponent	Location
9/2722	TBD	Spring Creek	Winnemucca Golf Course

Remainder of schedule has not been posted





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Girl's Golf




Girl's Golf

Name	Year
Isabella Bartell	11
Katelyn Cassinelli	10
Jordyn Medicine Cloud	10
Lainey Novacek	9
Kailani Rodriguez	10

Golf Coach Savannah Talbott



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Pep Band



Pep Band Seniors Consilia Brown



Family: My family is my mom and dad. And my little sister Soleil.

What will you miss? I will miss my friends in band and the memories we have made together. I will also miss the band trips.

Role Model? My role models from pep band are my previous friends in band who have graduated. They have helped inspire me to grow as a person.

Plans? My future plans is to travel more with my best friend. And to achieve a career in the music industry.

Name	Year
Avila, Roselynn	9
Barajas, Victor	9
Brookins, Shaina	9
Burchette, Josh	9
Carrillo, Denise	9
Ceballos Ochoa, Beatriz	9
Godinez Rangel, Janae	9
Guerrero Bueno, Chelsey	9
Kincaid, Samantha	9
Lage, Max	9
McLaughlin, Drayden	9
Nutting, Carl	9
Pederson, Amaya	9

Pep Band Advisor Dave Munk



Name	Year
Robles, Dominick	9
Sisley, Kelsen	9
Balderas, Yovany	11
Brown, Consilia	12
Cardona, Jessenia	11
Dockter, Martin	10
Hales, Caleb	10
Hampton, Shayne	10
Hatch, Tanner	10
Holmes, Ryan	10
Kenison, Keaton	11
Kuhn, Madison	11
Ojendiz, Jacqueline	10
Paulsen, Jhett	10
Perez, Bianca	10
Robinson, Maygan	10
Rodriguez Urban, Kailani	10
Rorex, Bailey	10
Salgado, Victoria	10
Swensen, Brooklyn	10
Vaca, Kiara	11
Zebroski, Lennox	10



Varsity Boy's Soccer Schedule

Date	Time	Opponent	Location
8-26-22	TBD	Spring Creek	Spring Creek High School
8-27-22	TBD	Spring Creek	Spring Creek High School
9-2-22	4:45 PM	South Tahoe	Lowry High School
9-3-22	11:45 AM	Douglas Tigers	Lowry High School
09-09-22	4:45 PM	Truckee	Truckee High School
09-10-22	11:45 AM	Reno High School	Reno High School
09-16-22	4:45 PM	Bishop Manogue High School	Lowry High School
09-17-22	11:45 AM	McQueen High School	Lowry High School
09-20-22	4:45 PM	Churchill County	Churchill County High School
09-30-22	4:45 PM	Dayton	Lowry High School
10-01-22	11:45 AM	Fernley	Lowry High School
10-04-22	3:45 PM	Spring Creek	Spring Creek High School
10-08-22	11:45 AM	Elko	Lowry High School
10-13-22	3:45 PM	Churchill County	Lowry High School
10-18-22	3:45 PM	Dayton	Dayton High School
10-22-22	11:45 AM	Fernley	Fernley High School
10-25-22	3:45 PM	Spring Creek	Lowry High School
10-27-22	3:45 PM	Elko	Elko High School

JV Boy's Soccer Schedule

Date	Time	Opponent	Location
8-26-22	TBD	Pershing County	Pershing County High School
8-27-22	TBD	Pershing County	Pershing County High School
9-2-22	3:00 PM	South Tahoe	Lowry High School
9-3-22	10:00 AM	Douglas Tigers	Lowry High School
9-9-22	3:00 PM	Truckee	Truckee High School
09-10-22	10:00 AM	Reno High School	Reno High School
09-16-22	3:00 PM	Bishop Manogue High School	Lowry High School
09-17-22	10:00 AM	McQueen High School	Lowry High School
09-20-22	3:00 PM	Churchill County	Churchill County High School
09-30-22	3:00 PM	Dayton	Lowry High School
10-01-22	10:00 AM	Fernley	Lowry High School
10-04-22	2:00 PM	Spring Creek	Spring Creek High School
10-08-22	10:00 AM	Elko	Lowry High School
10-13-22	2:00 PM	Churchill County	Lowry High School
10-18-22	2:00 PM	Dayton	Dayton High School
10-22-22	10:00 AM	Fernley	Fernley High School
10-25-22	2:00 PM	Spring Creek	Lowry High School
10-27-22	2:00 PM	Elko	Elko High School



Varsity Boy's Soccer



#	First	Last	Position	Year
8	Juan	Alvarez	Midfield	10
9	Enrique	Armejo	Midfield	12
10	Avila	Jose	MF/Striker	12
1	Barajas	Damian	MF	11
15	Erick	Bergenheier	Midfield	12
19	Daniel	Castaneda	Midfield/Striker	11
4	Diego	Contreras	Midfield/Striker	11
13	Victor	Cruz	Midfielder	10
22	Jesus	Guizar	Midfield/Striker	11
11	Rogelio	Hernandez	Midfield	10
21	Rojelio	Leon	Midfield	11
14	Juan	Lopez Barajas	Midfield/Defender	12
3	Gabriel	Mendoza	Defender	12
6	Alian	Pacheco	Striker	9
19	Timothy	Patchen	Defender	11
20	Jesus	Prado	Midfield/Striker	11
12	Eric	Quirarte	Defender	10
5	Nazareth	Razo	Defender	11
17	Marco	Ruiz	Goalkeeper/Defender	12

Soccer Coaches Steve Swanson



Cristina Cuevas



JV Boy's Soccer



#	First	Last	Position	Year	Height
15	Azriel	Armejo	Striker	9	5'5
14	Victor	Barajas Jr	Def	9	5'5
19	Tony	Cervantes	Def	10	5'2
11	Jovanny	Cuevas	Striker, Mid	9	5'5
2	Bernardo	Estrada	Def, Mid	10	5'5
6	Jose	Flores	Def	10	5'10
12	Rafael	Flores	Def, Mid	9	5'9
13	Brennen	Galarza	Mid, Def	10	5'9
20	Taevyan	Grau	Striker	9	5'8
1	Miguel	Leon	Striker, Mid	9	5'7
16	Luis	Mendoza	Striker, Mid	9	5'6
5	Izeaah	Morales-Sanchez	Mid	9	5'6
3	Anthony	Perez	Striker, Def	9	5'8
10	Jonathan	Prado	Def	10	5'7
18	Erik	Ruiz	GK	10	5'11
8	Carlos	Valdez	Striker	10	5'8
17	Arnoldo	Valdovinos Carrillo	Mid	10	5'9
9	Johnny	Zuniga	Def	9	5'8

Boy's Soccer League

Lowry	Truckee
Elko	South Tahoe
Spring Creek	Reno
Churchill	Manogue
Dayton	Douglas
Fernley	McQueen



Boy's Soccer Seniors

Jose Avila



Family: Pedro Avila (dad) Yanira Garcia (mom), Celeste Avila(sister) Yareli Avila (sister) Yamileth Avila (sister)
What will you miss? Playing with some of my close friends.
Role Model? My parents because they have taught me a lot and they are really hard working
Plans? Go to South Lake Tahoe college for soccer and study there.

Erick Bergenheier



Family: Sheldon Bergenheier (Dad), Jennifer Bergenheier (Mom), Brooks Bergenheier (Brother), Peanut Bergenheier (dog)
What will you miss? Winning
Role Model? Austin Ekelier. He is my role model because he has incredible work ethic and passion. He also came from a small rural town and is now playing in the NFL.
Plans? I plan to go to college, pursue a degree in Secondary Education and become a history teacher.

Gabriel Mendoza



Family: Lucina Mendoza (Mom);Gabriel Mendoza (Dad);Irma Mendoza(Sister);Magali Mendoza(Sister);Laura Mendoza(Sister)
What will you miss? I will miss the memories that were made with the team, and my teammates and coaches since they're like my second family.
Role Model? My dad, Gabriel is my role model. He has shown me how to be hardworking, humble, kind and accepting. He has taught me how to be responsible and giving.
Plans? My plans are to try and further my career in soccer, take that as far as I can all while completing my bachelor's in welding engineering technology.

Marco Ruiz



Family: Kimberly Ruiz(Mom) , Arianna Ruiz(sister)
What will you miss? I will miss all the good times I had during my seasons with all my teammates and coaches
Role Model? My role model is My mom she is always there when I need her and she supported everything I did.
Plans? I want to go to trade school to become a welder.

Juan Lopez Barajas



Family: Norma López and Juan Lopez
What will you miss? Ima miss the fun times I had with the bros and coaches all the hard work and effort that we put in to soccer this team is my family.
Role Model? My role model is My Dad because he has always been such a hard worker and has always been there for me when I needed him no matter what
Plans? Continue my music career as long as I can but I really just wanna get my contracting license and start my own landscaping business.

Enrique Armejo



Family:
What will you miss?
Role Model?
Plans?

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1178 E. Winnemucca Blvd.

Varsity Girl's Soccer Schedule

Date	Time	Opponent	Location
8-26-22	TBD	Spring Creek	Spring Creek High School
8-27-22	TBD	Spring Creek	Spring Creek High School
8-30-22	4:45 PM	South Tahoe	South Tahoe High School
9-3-22	11:45 AM	Wooster High School	Wooster High School
09-09-22	4:45 PM	Truckee	Lowry High School
09-10-22	11:45 AM	Sparks	Lowry High School
09-13-22	4:45 PM	Procter R Hug High School	Procter R Hug High School
09-17-22	11:45 AM	North Valleys High School	North Valleys High School
09-22-22	4:45 PM	Churchill County	Lowry High School
09-30-22	4:45 PM	Dayton	Dayton High School
10-01-22	11:45 AM	Fernley	Fernley High School
10-04-22	3:45 PM	Spring Creek	Lowry High School
10-08-22	11:45 AM	Elko	Elko High School
10-11-22	3:45 PM	Churchill County	Churchill County High School
10-21-22	3:45 PM	Dayton	Lowry High School
10-22-22	11:45 AM	Fernley	Lowry High School
10-25-22	3:45 PM	Spring Creek	Spring Creek High School
10-27-22	3:45 PM	Elko	Lowry High School

JV Girl's Soccer Schedule

Date	Time	Opponent	Location
8-26-22	TBD	Pershing County	Pershing County High School
8-27-22	TBD	Pershing County	Pershing County High School
8-30-22	3:00 PM	South Tahoe	South Tahoe High School
9-3-22	10:00 AM	Wooster High School	Wooster High School
9-9-22	3:00 PM	Truckee	Lowry High School
09-10-22	10:00 AM	Sparks	Lowry High School
09-13-22	3:00 PM	Procter R Hug High School	Procter R Hug High School
09-17-22	10:00 AM	North Valleys High School	North Valleys High School
09-22-22	3:00 PM	Churchill County	Lowry High School
09-30-22	3:00 PM	Dayton	Dayton High School
10-01-22	10:00 AM	Fernley	Fernley High School
10-04-22	2:00 PM	Spring Creek	Lowry High School
10-08-22	10:00 AM	Elko	Elko High School
10-11-22	2:00 PM	Churchill County	Churchill County HS
10-21-22	2:00 PM	Dayton	Lowry High School
10-22-22	10:00 AM	Fernley	Lowry High School
10-25-22	2:00 PM	Spring Creek	Spring Creek HS
10-27-22	2:00 PM	Elko	Lowry High School

Girl's Soccer League

Lowry	Hug
Elko	North Valleys
Spring Creek	South Tahoe
Churchill	Sparks
Dayton	Truckee
Fernley	Wooster



Varsity Girl's Soccer



Number	First	Last	Position	Year
23	Viviana	Alanis	F	12
13	Maite	Avalos	F/M	9
12	Britain	Backus	M	10
3	Bryce	Brinkerhoff	D/M	11
7	Otila	Castaneda	D	12
10	Katlyn	Esquibel	F/M	11
6	Katlyn	Gomez	D	11
4	Mia	Hernandez	D	12
24	Sugey	Linares	F/M	11
15	Abigail	Magaña	GK/D	12
1	Alia	Novi	M/F	11
5	Melene	Nye	F/M	11
11	Ellanora	Peterson	M	12
2	Sydnee	Pettis	M/F	12
9	Litzi	Silva	M	12

Soccer Coaches

Chris Entwistle



Abe Swensen



JV Girl's Soccer



Number	First	Last	Position	Year
15	Liliana	Barajas	D	9
12	Laska	Bennett	D	9
11	Ashlyn	Bottoms	D	10
22	Maura	Braatz	M	9
10	briseidy	chavez	D	11
1	Kepa	Hilbish	M	10
3	Myla	Jones	F/M	10
8	Mariah	Leon	F/M	10
19	Morelia	Magana	GK/D	9
13	Damiena	Mentaberry	M	10
9	Callie	Paulsen	M/D	9
17	Ayde	Ramirez	F/M	9
4	Irydiana	Ramirez	M	10
6	Brooklyn	Swensen	F	10
20	Tryston	Teichert	GK/D	9
14	Allie	Wilkins	F/M	9
	Allyssa	Venzor	Mngr	9

Macy Munroe



Victoria Tirado



Girl's Soccer Seniors

Viviana Alanis



Family: Octavio Alanis (Dad), Sabrina Alanis (Mom), Anthony Alanis (Brother)
 What will you miss? I'm going to miss my teammates and all the good laughs we always have together.
 Role Model? My dad because he is extremely hard working and selfless. He is always there for me and motivates me to be the best I can be.
 Plans? Go to college to become a veterinary technician.

Otila Castaneda



Family: Benjamin Castaneda (Dad), Maria Castaneda (Mom)
 What will you miss? I will definitely miss the friendships I've made with my team throughout the years and the team bonders with coach Mattie.
 Role Model? I look up to my parents because they're very hard working people and I strive to be like that.
 Plans? Attend college.

Mia Hernandez



Family: Maite Hernandez (Mom), Michael Hernandez (Dad), Mateo Hernandez (Brother).
 What will you miss? I will miss all the memories I have created with all of my team mates throughout all my high school years.
 Role Model? My Grandpa Tom Smith he is the most strongest & most hard working person and been a huge role model in my life.
 Plans? My future plans are to study fire at TMCC and become and get me EMT certification and fight wild land fires.

Abigail Magaña



Family:
 What will you miss?
 Role Model?
 Plans?

Ellanora Peterson



Family:
 What will you miss?
 Role Model?
 Plans?

Sydnee Pettis



Family:
 What will you miss?
 Role Model?
 Plans?

Litzi Silva



Family: Fabian Silva (dad) Vanessa Ramirez (mom)
 What will you miss? I will miss away games and spending time with all the girls on the team.
 Role Model? My dad because he has always told me that I can accomplish anything I want if I try hard enough and he pushes me to be my best self.
 Plans? I plan on going to college to do something in the medical field.

Varsity Volleyball Schedule

Date	Time	Opponent	Location
08-19-22	10:00 AM	Dayton	Pershing County High School
08-19-22	1:00 PM	Pershing County	Pershing County High School
08-19-22	3:00 PM	Carlin	Pershing County High School
08-19-22	5:00 PM	Yerington	Pershing County High School
8-20-22	9:00 AM	Pershing County	Pershing County High School
8-26-22	TBD	Yerington	Yerington High School
8-27-22	TBD	Yerington	Yerington High School
8-31-22	6:00 PM	Truckee	Truckee High School
9-6-22	6:00 PM	Wooster High School	Wooster High School
09-09-22	6:00 PM	Sparks	Sparks High School
09-10-22	12:00 PM	Procter R Hug High School	Lowry High School
09-16-22	6:00 PM	South Tahoe	Lowry High School
09-17-22	12:00 PM	North Valleys High School	Lowry High School
09-21-22	6:00 PM	Churchill County	Lowry High School
09-30-22	6:00 PM	Dayton	Dayton High School
10-01-22	12:00 PM	Fernley	Fernley High School
10-04-22	6:00 PM	Spring Creek	Lowry High School
10-08-22	12:00 PM	Elko	Elko High School
10-11-22	6:00 PM	Churchill County	Churchill County High School
10-21-22	6:00 PM	Dayton	Lowry High School
10-22-22	12:00 PM	Fernley	Lowry High School
10-25-22	6:00 PM	Spring Creek	Spring Creek High School
10-27-22	6:00 PM	Elko	Lowry High School

JV Volleyball Schedule

Date	Time	Opponent	Location
08-19-22	TBD	Truckee	Truckee High School
08-20-22	8:00 AM	Truckee	Truckee High School
8-31-22	5:00 PM	Truckee	Truckee High School
9-6-22	5:00 PM	Wooster High School	Wooster High School
09-09-22	5:00 PM	Sparks	Sparks High School
09-10-22	11:00 AM	Procter R Hug High School	Lowry High School
09-16-22	5:00 PM	South Tahoe	Lowry High School
09-17-22	11:00 AM	North Valleys High School	Lowry High School
09-21-22	5:00 PM	Churchill County	Lowry High School
09-30-22	5:00 PM	Dayton	Dayton High School
10-01-22	11:00 AM	Fernley	Fernley High School
10-04-22	5:00 PM	Spring Creek	Lowry High School
10-08-22	11:00 AM	Elko	Elko High School
10-11-22	5:00 PM	Churchill County	Churchill County High School
10-21-22	5:00 PM	Dayton	Lowry High School
10-22-22	11:00 AM	Fernley	Lowry High School
10-25-22	5:00 PM	Spring Creek	Spring Creek High School
10-27-22	5:00 PM	Elko	Lowry High School



Varsity Volleyball



Number	First	Last	Position	Year
9	Alexandra	Barocio	OH	12
8	Belen	Barocio	Setter	12
2	Hadlee	Bengochea	Libero	11
1	Marquette	Cassinelli	OPP/MB	12
6	Megan	Cook	Setter/ OPP	12
7	Kailey	Franklin	OH	12
13	Alexis	Galarza	OH	11
14	Emma	Gray	MB	12
4	Jada	Matheny	OH	12
15	Maddison	McClure	Setter	11
5	Savannah	Stoker	MB	11
3	Cambria	Tisue	OPP	11

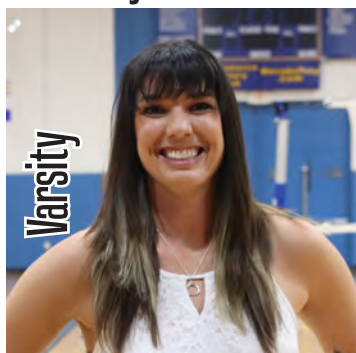
JV Volleyball



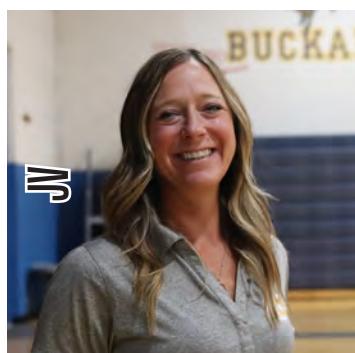
Number	First	Last	Position	Year
7	Angeleena	Burke	OH	11
8	Mikayla	Dossey	MB	11
9	Olivia	Espinola	MB/OH	10
5	Makenna	Garcia	OH	10
10	Allison	Green	Setter/OPP	10
11	Elma	Jimenez	Libero	10
3	Vanessa	Lott	Setter/ OPP	10
1	Destiny	Medicine Cloud	DS	11
14	Karyn	Morton	MB	10
2	Trea	Northrup	OH	10
6	Danielle	Scott	OH	10
12	Hailey	Vandemark	MB	10

Volleyball Coaches

Skylar Estes



Cassie Jenkins



Tanya Root



Freshman Volleyball



Number	First	Last	Position	Year
2	Denise	Carrillo	OH	9
20	Elizabeth	carrillo	OH	9
6	Athena	Chiaratti	MB	9
11	Kianna	Head	MB	9
14	Lexi	Hernandez	Setter	9
18	Angelica	Leon Garcia	MB	9
5	Audry	Mason	Setter	9
16	Lizbeth	Ochoa	DS	9
10	Ashley	Paniagua	OH	9
9	Kalli	Raabe	Libero	9
8	Kyra	Schiermeister	OH	9
7	Tariana	Weatherspoon	OH/DS	9



Volleyball Seniors

Alexandra Barocio



Family:
What will you miss?
Role Model?
Plans?

Belen Barocio



Family: Sergio Barocio (Father), Lorena Barocio (mother), Estefani Juarez (sister), Alexandra Barocio (sister)
What will you miss? Playing with my twin sister and my friends.
Role Model? My mom because she's got a heart of gold and I hope one day to be the half the women she is today.
Plans? Go to college and study physical therapy.

Marquette Cassinelli



Family:
What will you miss?
Role Model?
Plans?

Megan Cook



Family: David Cook (Father), Julie Elordi (Mother), Emily Cook (Sister), & Dillon Cook (Brother)
What will you miss? What I will miss most about Volleyball is creating core memories with the team and all the girls constantly having crazy energy on and off the court.
Role Model? My Grandfather because he has taught me to work hard all while still balancing fun in the matter. He has always supported me on and off the court.
Plans? Go to college and study Business & Accounting.

Kailey Franklin



Family: Jason Franklin (Dad) Daylene Franklin (Mom) Amanda Franklin (sister)
What will you miss? I'm going to miss playing with my teammates and always making memories every day with them.
Role Model? My parents because they work so hard to make sure that our family is happy and they are always proud of me and they love everyone with everything they have.
Plans? Go to college to study kinesiology and further my career at chiropractic school.

Emma Gray



Family: Sabrina Peters (Mom) Ken peters (Stepdad) Tom Gray(Dad)
What will you miss? My ability to play with the most amazing girls a teammate could ask for.
Role Model? My role model is my mom, I strive to be a woman like her. She has overcome all odds and has been the best mom I could have asked for.
Plans? I want to attend college in Oregon and become a behavioral social worker.

Jada Matheny



Family:
What will you miss?
Role Model?
Plans?

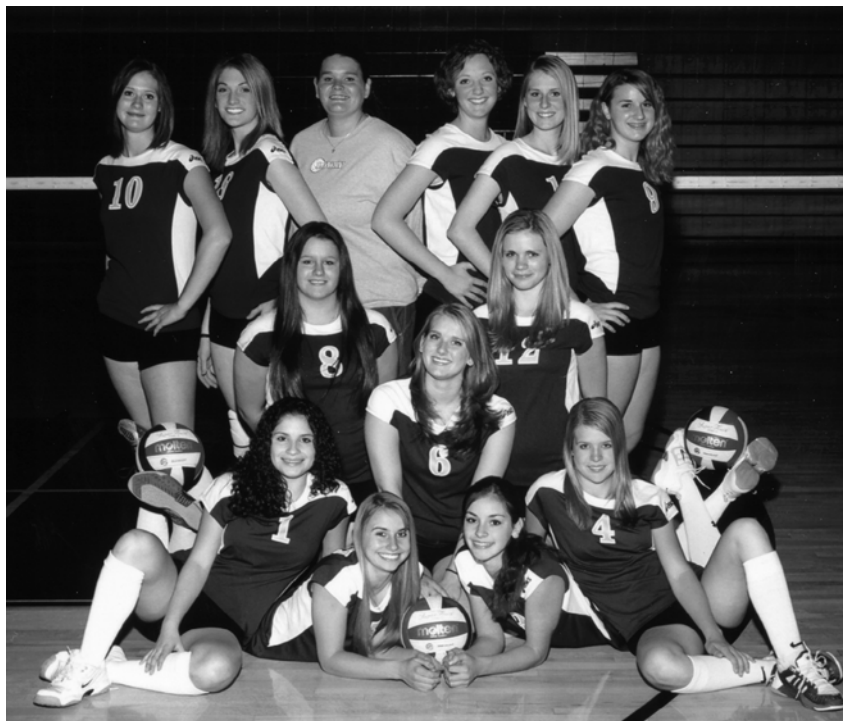


Freshman Volleyball Schedule

Date	Time	Opponent	Location
08-19-22	TBD	Truckee	Truckee High School
08-20-22	8:00 AM	Truckee	Truckee High School
8-31-22	4:00 PM	Truckee	Truckee High School
9-6-22	4:00 PM	Wooster High School	Wooster High School
9-9-22	4:00 PM	Sparks	Sparks High School
09-10-22	10:00 AM	Procter R Hug High School	Lowry High School
09-16-22	4:00 PM	South Tahoe	Lowry High School
09-17-22	10:00 AM	North Valleys High School	Lowry High School
09-21-22	4:00 PM	Churchill County	Lowry High School
09-30-22	4:00 PM	Dayton	Dayton High School
10-01-22	10:00 AM	Fernley	Fernley High School
10-04-22	4:00 PM	Spring Creek	Lowry High School
10-08-22	10:00 AM	Elko	Elko High School
10-11-22	4:00 PM	Churchill County	Churchill County High School
10-21-22	4:00 PM	Dayton	Lowry High School
10-22-22	10:00 AM	Fernley	Lowry High School
10-25-22	4:00 PM	Spring Creek	Spring Creek High School
10-27-22	4:00 PM	Elko	Lowry High School

Volleyball State Champions

2005



Back Row: Amber Dennis, Kylie Owsley, Coach Stephanie Wade, Charmane Hall, Chantel Jarret, Diana Dorman, Middle: Ashley Madden, Stacey Goodale, Melissa Watterson, Front: Cristal Herrera, Ambar Huish, Cheri Ingle, Christin Flodman

NIAA Rules

NIAA ALCOHOL, TOBACCO AND OTHER DRUG POSSESSION, USE, ABUSE and PENALTIES POLICY

Participation in NIAA sanctioned sports is a privilege and responsibility which requires all participants to adhere to athletic training rules imposed by the school district and member or affiliate school the student attends and represents. Adherence to training rules ensures that all student-athletes are in top physical condition, minimizes potential for injury, and further ensures that all member and affiliate school athletic teams are appropriately represented by their student-athletes. Therefore, the possession or use of any controlled substance, alcohol or tobacco products by a student athlete, whether it occurs on or off of school property, is prohibited and shall result in the penalties set forth herein.

This regulation shall begin once our son/daughter begins participation as a student athlete in high school athletics. This policy remains in effect for every calendar school year during the course of his/her high school career and when he/she is directly involved in a school activity occurring at any time (summer leagues / camps, etc.). This policy remains in effect regardless of whether our son/daughter is currently participating on a high school athletic team.

- a. Definitions - The following terms or phrases shall have the meaning ascribed to them for purposes of interpreting this Policy.
1. Competitive Week – means a seven (7) day period of time beginning with the **first scheduled competition** after a violation occurs in which a student athlete is participating as a member of an athletic team for a member or affiliate school, and in which that team is officially competing in NIAA sanctioned competition.
 2. Controlled Substance – includes any mind altering substance or beverage set forth in Schedule I-V of the list of Controlled Substances as identified by the office of the Drug Enforcement Administration or as set forth in 21 U.S.C. §812.
 3. Period of Suspension – means a student athlete is prohibited from appearing in any NIAA sanctioned sport or event as a member of an athletic team or in individual competition. A suspension from athletic competition begins with the first scheduled competition after a violation occurs. A student athlete who is suspended under this regulation who does not serve the entire period of suspension during the sport season in which suspension occurs shall serve any remaining period of suspension during the next sport season in which the student athlete appears on a NIAA roster. A violation of this regulation that occurs during a time when a student athlete does not appear on a NIAA roster shall be implemented at the commencement of the next sport season in which the student athlete participates. Attendance in a summer school class shall not apply toward satisfying any period of suspension.
 4. *Possession means a student / athlete who is in actual physical control of alcohol, tobacco or a controlled substance.*
- b. Possession or Use of Tobacco/Alcohol/Controlled Substance/Narcotics. Any student athlete determined to be in possession of, or to have used tobacco, including smoking tobacco, chewing tobacco or snuff, an alcoholic beverage (as defined by NRS 202.020 and any relevant local ordinances), controlled substance and/or narcotic (unless prescribed by the student athlete's physician for medical purposes), is in violation of this policy. If after an investigation by the school it is determined that the student athlete is in violation of this regulation the student athlete shall immediately be declared ineligible to compete in any NIAA competition beginning with the first scheduled competition after a violation occurs. Additionally, the student athlete shall be subject to the following discipline:



1. First Violation: a six (6) competitive week suspension from participation in interscholastic competition beginning with the first scheduled competition after the suspension occurs. Four (4) competitive weeks of the suspension of eligibility may be waived if the student successfully completes all components of the appropriate substance abuse intervention program set forth in subparagraphs (d) (1) (A) and (d) (1) (B) below. The student may practice with the team during the period of suspension if approved by the coach and principal.
 2. Second Violation: The student shall be suspended from interscholastic competition for a minimum of ninety (90) school days which shall include a minimum of six (6) competitive weeks of competition. The student shall not be allowed to practice with the team, or participate in any out of season activities and must complete the requirements set forth in subparagraphs A and B below, in order to be considered for reinstatement of future athletic eligibility, which shall be determined following the ninety (90) day suspension of athletic eligibility by a group composed of one of the student's parents/legal guardians, the school principal, athletic director, coach and a substance abuse program coordinator.
 - A. A substance abuse evaluation assessment conducted by a licensed alcohol and drug counselor at the expense of the parent/legal guardian of the student must be completed within ten (10) school days following the suspension and all assessment recommendations must be satisfactorily met before athletic eligibility may be reinstated.
 - B. The student must successfully participate in all sessions of the appropriate substance abuse intervention program set forth in subparagraphs (d) (1) (a) and (d) (1) (B) below, and successfully complete a minimum of ten (10) tobacco or alcohol/drug related support sessions.
 3. Third Violation: The student shall be ineligible to participate in interscholastic athletics for the remainder of the student's high school career.
 4. Appeal: A student that serves their third violation and still has more than one year of remaining eligibility can appeal through the NIAA Board of Control. Both the students and his / her parents must attend this meeting of the Board to present their appeal.
- c. Cumulative Effect of Suspensions: Multiple suspensions of a student athlete's athletic eligibility based on violations of this Regulation shall be considered as cumulative over the length of each student athlete's high school career, 9th through 12th grade.
- d. Substance Abuse Intervention Program: Any student who has been suspended from athletic eligibility for violation of the provisions of this Regulation and whose future athletic eligibility is contingent on successful completion of a Substance Abuse Intervention Program, or whose suspension of athletic eligibility may be reduced through successful participation in a Substance Abuse Intervention Program, shall complete the Substance Abuse Intervention Program developed by the NIAA in conjunction with the State of Nevada, Department of Human Resources Division of Child and Family Services Program available through the Juvenile Justice Programs Office: (775) 684-7294.
1. Successful completion of the Substance Abuse Intervention Program shall require, at a minimum:
 - A. The completion of a video program specific to the nature of the student athlete's offense, by the student athlete, and his/her parent(s) or legal guardian(s), as demonstrated by the successful completion of an assignment on the content of the video by the student athlete and his/her parent(s) or legal guardian(s).



PARENT / LEGAL GUARDIAN AND STUDENT ACKNOWLEDGEMENT

The Nevada Interscholastic Activities Association (NIAA) recognizes and understands that parents / guardians take the primary role in instilling values for their students. It is the goal of the NIAA to work cooperatively with parents to provide guidelines and programs that assist student athletes in making positive choices.

IMPORTANT – Please read the following information and acknowledge with your signature below.

We understand that participation in high school athletics is a privilege, not a right, and that underage drinking and drug use is against the law. It is against the law to sell tobacco to people under the age of 18 and usage is against school policy. Substance abuse negatively impacts athletics and academic performance, and research indicates that early onset of alcohol use increases the occurrence of addiction in adulthood by four times. Alcohol and drug use interferes in learning processes, brain development and increases the chance of physical injury while participating in athletic competition. Because of these risks, and in addition to the laws of the State of Nevada, the NIAA requires participants and parents to agree to the following:

- 1. We have read the NIAA Drug, Alcohol and Tobacco Possession, Use and Abuse Penalties Policy and agree to abide by the Policy as written.**
- 2. We realize that a video and Power Point presentation regarding the Policy is available and we have either seen this presentation or agree to waive the requirement of viewing the presentation.**
- 3. *We understand that we are encouraged to notify our school's athletic administrator / director if our son / daughter violates this Policy and / or the laws of the state of Nevada. It would also be acceptable for our child to self-report any violation of this policy to our school's athletic administrator / director.***
- 4. *We understand that knowingly providing erroneous information during the course of an investigation of an alleged violation of the policy will result in a one calendar year suspension from all high school athletic activities.***
- 5. *We further acknowledge that once our son / daughter begins participation as a student athlete in high school athletics that this policy remains in effect for every calendar school year during the course of their high school career and when he / she is directly involved in a school activity occurring at any time (summer leagues / camps, etc.). This policy remains in effect regardless of whether our son / daughter is currently participating on a high school athletic team.***
- 6. *We have also reviewed the following NRS 202.020, Purchase, Consumption or Possession of Alcoholic Beverage by Minor, and understand the laws of Nevada and how they pertain to our family.***
- 7. *We understand that although it is not technically against the law to use tobacco in the state of Nevada (NRS 202.2493 and 202.24935 prohibits anyone from supplying a person under the age of 18 with any kind of tobacco product), we realize it is against this policy and general school policy, and that scientific evidence demonstrates it is unhealthy and a detriment to athletic performance.***
- 8. *We understand that the use of steroids and other performance enhancing drugs are dangerous, illegal, provide only temporary gains and are a form of cheating other competitors.***



Century Club Application

2021 - 2022 Winnemucca Century Club Membership Form



WINNEMUCCA CENTURY CLUB

P.O. Box 3656

Winnemucca, NV 89446

The Winnemucca Century Club is a non-profit corporation which receives and expends funds to promote and support Lowry High School Athletics. Past contributions have been used to assist in funding improvements to the athletic fields and facilities of baseball, football, soccer, softball, basketball, volleyball, wrestling and track as well as to purchase equipment and/or uniforms for cheerleading, dance team, cross country, soccer, football, track, wrestling, volleyball and golf.

If you wish to contribute to this worthwhile organization, whose sole purpose is to advance Lowry High School Athletics, then please fill out this form and become a member of the Winnemucca Century Club.

Please send this form and payment to the address given above. If you have any questions please contact our Board President - Andrew Hillyer at 623-4813.

Name(s):	_____
Address:	_____
City, State & Zip Code:	_____
E-mail Address:	_____

Amount of Contribution:

Your membership grants you free admittance to all Lowry High School home contests throughout the 2021-2022 school year with the exception of NIAA events.

- ☐ \$200.00 Entire Family Membership
☐ \$125.00 Individual Membership
☐ \$50.00 Each additional family member if not purchasing a family membership
(Children that are 21 years old or younger)

Payment Preference:

Pay the full amount now of _____

Pay \$ _____ now and the balance in installments of \$ _____
Monthly _____ Quarterly _____ Semi-annually _____

Make Checks Payable to: **Winnemucca Century Club**



CELEBRATING
30
YEARS!

Providing Care *to*



Anna Howe, PTA
Billie Brunk, PTA
Shannon Jackson, PTA
Karen Palmer OTR/L
Mark McMullan OTR/L
Demarah Gray PT, MSPT
Robert Sweeten PT, DPT
Dacey Jensen PT, DPT
Gyuhyun "Andy" Park PT, DPT
Madison Gray Jensen PT, DPT, PN1
McKenzie Rupp, MCD. CCC-SLP

Lowry Athletes *for*



Rehab  Services
of Nevada

Physical Therapy Occupational Therapy Speech Therapy

325 Hanson Street • (775) 625-2222

30 Years!