

LOWRY HIGH SCHOOL

Sports Program 2022-2023



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Lowry High School Buckaroos

Welcome You

It is our pleasure to host each and every HOME event with the traditional WINNEMUCCA hospitality and we wish you the best of luck and hope you have a safe journey home.

On behalf of the students, faculty, and administration of Lowry High School and the City of Winnemucca we welcome you to our HOME away from home.

SPORTSMANSHIP is a top priority of Lowry Athletics. We are certain that we will have outstanding games and that each and every fan will practice good sportsmanship and applaud those efforts by both teams during the games. We have made a strong commitment to our athletes, coaches, parents, and spectators to have a positive competitive experience.

Your paid or complimentary admission to our events entitles you to enjoy an exhibition of skills developed by our students in an educational setting. Please give these student-athletes your positive encouragement and support. Your effort to applaud the talents of all players is appreciated. Booing, taunting or intimidating the officials and opponents is unfriendly and inappropriate. Please be an example to those around you. A special thanks goes to our Humboldt County School District Board of Trustees, Humboldt County School District Administration, Humboldt County school teachers, Lowry High School students, the City of Winnemucca, Winnemucca Century Club and the many workers who have contributed their time and effort to insure that you may enjoy athletics at its best.

Our sports programs are truly a community happening and we are proud to be able to host Lowry High School athletic events with students in mind. We would like to take this opportunity to thank all of the fans for continuing to support and make all Lowry athletic programs highly visible and popular in Humboldt County.

Sit back, relax and enjoy yourself! At the conclusion of each day's contest, please make yourself at home in our wonderful City of Winnemucca.

SPORTSMANSHIP IS OUR

TOP PRIORITY AT LOWRY!

Let the Coaches coach, the Refs ref
& MOST importantly let the kids play!

Albert M. Lowry High School

5375 Kluncy Canyon Road, Winnemucca, NV 89445

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@lowryhigh



Lowry High

ADMINISTRATION



(L-R) Don Walton, Athletic Director, Tim Connors, Athletic Administrator/
Vice Principal, Shaun Taylor Vice Principal, Ray Parks, Principal

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HISTORY OF LOWRY HIGH SCHOOL

In 1967, a brand new Humboldt County High School was opened with the new name Albert Lowry High School in honor of revered Coach Albert M. Lowry.

A true Nevadan, Mr. Lowry was born in Tollhouse in 1897. He graduated from the University of Nevada in 1925, began teaching Science and coaching three sports in Winnemucca.

Mr. Lowry served the students of Humboldt County as a teacher, coach, principal, assistant superintendent and as director of the Nevada Education Association.

One of Nevada's first sporting legends, Mr. Lowry was instrumental in putting Humboldt County High School on the map. His basketball teams won 11 district or league championships and finished as the 1929 runner-up in the Nevada State Tournament.

As a track coach, he led his teams to Nevada championships in 1928, 1930, and 1936.

Mr. Lowry was also an integral part of introducing six-man football to some of Nevada's smaller schools. In 1941, he was chosen as the state's "Outstanding Coach".

Mr. Lowry served as president of the Nevada Interscholastic Athletic Association (NIAA) for 14 years and was chosen 3 times as a delegate to the National Federation of State High School Athletic Associations.

In 1933, Mr. Lowry was inducted into the NIAA Hall of Fame. He retired from the school district in 1966 and passed away May 5, 1989.

The original Lowry High School building was ready for use in 1968, with the vocational building added in 1983 the science building in 1991, the following improvements were made since then: weight room, new gym, art/social studies building, Jim Billingsley Softball Complex, new track—lighting and landscaping, baseball & softball announcers booth.

LOWRY HIGH – TRADITIONS OF PRIDE, DEDICATION & EXCELLENCE

HISTORY OF WINNEMUCCA

Winnemucca, originally called French Ford, sprouted up from a wagon crossing on the Humboldt River. A trading post and hotel were the first businesses in Winnemucca, the hotel serving miners and prospectors as well as wagon trains that were passing through on their way to California or Oregon.

Two brothers, Louis and Theophile Lay, built a bridge across the Humboldt River. After this, it was not necessary to ford the river and the town was renamed to Centerville. Soon after, the railroad was built so residents looked for a name that fit the town better.

L.C. Pease or C.B.O. Bannon are usually given credit for naming the town. They chose to name the town after Chief Winnemucca, the leader of a local Paiute tribe. Another theory is that a nameless worker for the Central Pacific Railroad wanting to keep peace with the Paiutes suggested naming Winnemucca after the Paiute chief. It is reasonable that all three men chose the name of the town as an agreement was necessary. Winnemucca was an apt name as the mountain and mining district had been named for the Paiute chief since 1863.

Chief Winnemucca came by his name as a boy. When he was young, some prospectors found him in the river wearing just one moccasin. Using the Paiute word "muchcha" for moccasin, they called him "wan-ne-muccha." Young Chief Winnemucca liked the sound of the word and took it for his name. Later it came to mean "one moccasin."

STATE CHAMPIONSHIPS of LOWRY HIGH SCHOOL

and

HUMBOLDT COUNTY HIGH SCHOOL

Wrestling

1981, 1984, 1985, 1987, 1988, 1990, 1991, 1992, 1993, 2003, 2009, 2010, 2011, 2012, 2013, 2014 (1st all-time in Nevada history)

Boys Golf

1973, 1974, 1975, 1976, 1978, 1979, 1984, 1985, 1986, 2010, 2012, 2013

Boys Basketball

1959, 1960, 1971, 1973, 1974, 1975, 1978, 1985, 1992, 2002, 2012, (8th all-time in Nevada history)

Girls Cross Country

2000, 2001, 2002, 2003, 2004, 2005, 2007, 2008, 2009 (2nd all-time in Nevada history)

Boys Cross Country

1995, 2001, 2003, 2004, 2005, 2006, 2007, 2008, 2009 (3rd all-time in Nevada history)

Boys Track & Field

1923, 1929, 1931, 1937, 1960, 1961, 1967 (8th all-time in Nevada history)

Girls Basketball

1979, 1981, 1992, 2002, 2010, 2014, 2022 (4th all-time in Nevada history)

Girls Golf

1975, 2000, 2001, 2003 (5th all-time in Nevada history)

Football

1959, 1965

Softball

2006

Volleyball

2005

Girls Track & Field

2018

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napawinnemucca@yahoo.com



HALL OF FAME MEMBERS

Joe deArrieta Sr. 1994	Pat Dolan 1998	Ken Christean 2008
John Dolan..... 1994	Gary Hoxsey..... 1999	Eric Angelopoulos..... 2011
Albert M. Lowry..... 1994	Don Woods..... 1999	Johnny Davis..... 2011
Jim Billingsley 1995	Jerome Etchegoyhen 1999	George Mentaberry..... 2011
Steve Clausen 1995	Gary Stoker 1999	John McNinch..... 2015
Jim deArrieta 1995	Marvin Clausen..... 1999	1965 Humboldt County High
Joe Dendary..... 1995	Tammy Pollock..... 2000	School Football Team 2015
Lori Echevarria..... 1995	Tim Billingsley..... 2000	Dr. Robbie Grant 2015
Mike Glenn 1995	Dick Peraldo..... 2000	Tina Echeto-Wilson..... 2015
Alfred Gonzalez 1995	Pat Hart 2000	LHS Boys Basketball Teams
Rober Hooft 1995	Dr. James Calder 2001	1973, 1974, 1975 2016
Pat McDade 1995	Mateo Legarza 2001	Cleto Bengoa 2017
Vince Mendiola 1995	Don Stoker 2001	Nate Green 2017
Jim Phillips 1995	Pete Etchart..... 2003	Teo Maestrejuan..... 2017
Rolfe Schwartz 1995	Lynn Cunningham..... 2003	Chris Hornbarger 2017
Mitch Woods 1995	Rick Ringheimer..... 2003	Andrew Hillyer 2018
Ted Zimmerman 1995	David Stoker 2003	Mackenzie Swecker 2018
Jock Echave..... 1996	Dave Mendiola 2004	Dennis Porter..... 2019
Lee Lowry 1996	Lisa Jaureguito 2004	Rachelle Piquet..... 2019
Foe Mentaberry..... 1996	Kelly Pollock..... 2004	Sergio Cabada..... 2020
Betty Roeder..... 1996	Chad Peters 2004	Ray Parks 2020
Fred Walts 1996	Johnathan Jarolimek..... 2004	Don Walton 2020
Kirk Allred 1997	Laura Stein..... 2005	Earl Cornforth 2022
Don Bankofier..... 1997	T.W. Cunningham 2005	1958 Humboldt County High
Carol Scott 1997	David Schwartz 2008	School Football Team 2022
Joe deArrieta Jr. 1997	Ron Bankofier 2008	Alicia Echevarria Heiser 2022
Joe Ydiando 1998	Chris Vesco 2008	Magen Dufurrena 2023
John Legarza 1998	Teresa Vesco 2008	Dr. Raymond Hooft 2023
Dennis Verner..... 1998	Susan Rorex 2008	Jace Billingsley..... 2023
Bill Hoxsey 1998	Lyman Bruce 2008	Coach Jim Salmi..... 2023
Hank Mentaberry 1998	Tony Erquiaga 2008	

Stacy Cassinelli - Stoker

Owner/Cosmetologist

430 Lay St.

Winnemucca, NV 89445

Cell: 775-304-3522

Capelli Design Studio

HALL OF FAME APPLICATION

Lowry High School will be sponsoring a Hall of Fame for deserving Winnemucca individuals who attended or taught at Humboldt County High School or Albert M. Lowry High School. 1994 was the inaugural year for this program and we encourage you to think back and nominate a deserving individual for this prestigious award. Nominees not selected this year will be placed in an active file for future years.

Purpose:

The purpose of the Hall of Fame is to honor and recognize outstanding individuals who have had a significant and lasting impact on the lives of people through their involvement as student and/or athlete or educator at our local high school. These individuals must have excelled in high school and continued to exemplify high standards in their adult lives to be eligible for this award.

Nomination procedures:

1. Candidates can be nominated by any person.
2. The "selection committee" will be composed of four representatives to serve a maximum four year term. The athletic administrator will select those individuals and the names of the individuals will be confidential.

Nomination Deadline:

All nominations must be received in the Lowry High School office no later than Oct 15 of each year. All nominations will remain in an active file for a three year period.

Awards:

Recipients will have their name placed on a Hall of Fame plaque at Lowry High School and receive a lifetime pass to all Lowry High athletic events.

General Criteria:

Nominees must exemplify the highest standards of sportsmanship, ethical conduct, moral character and carry the endorsement of their respective high school. An applicant must meet the following qualifications:

1. Athletes – will be eligible for nominations ten years after high school graduation.
2. Teachers, Coaches, Administrators, and Contributors will be eligible after their service to Humboldt County School District has ended.

To further explain, athletes would be former student participants who are being nominated for their achievements in interscholastic athletics. Students and educators would be considered on the merits of their high school achievements only. A contributor would be an individual who has made a contribution to Winnemucca education in some capacity other than those previously mentioned, including such areas as sports medicine, sports media, school participation, etc.

WINNEMUCCA
High School Hall of Fame
Application Form

Name _____	Year of Graduation _____
Current Address _____	School _____
Phone _____	Date of Birth _____
	If retired _____
Place of Birth _____	Date of Retirement _____
College Attended _____	

What activities did the nominee participate in while in high school? _____

What awards or honors did the nominee receive while in high school? _____

What award and/or activities has the nominee been involved in since graduation? _____

Need a letter of endoresement and recommendation attached _____ (not required
Newspaper and/or other supportive material attached _____ but recommended)

INDIVIDUAL SUBMITTING NOMINATION

Name _____	Phone _____
Mailing Address _____	
City, State, Zip _____	
Signed _____	Date _____

Return completed form to:

Lowry High School
Hall of Fame Committee
5375 Kluncy Canyon Road
Winnemucca, NV 89445



FALL-ALL STATE WINNERS

Cross Country

Brett Ferrier, 2000
Kelsey Engstrom, 2000, 2001, 2003
Heather Thompson, 2002
Lupe Cabada 2003
Jake Steinman, 2004
Felicia George, 2005
Matt Pike, 2006, 2007
Jovi Kuskie, 2021

Football

Alfonso Gonzales , 1969
Frank Bengoa, 1970
Jim Calder, 1970
Paul Vesco, 1971
Tom Gillespie, 1971
Vince Mendiola, 1971, 1972, 1973
Joe Dendary, 1974
Steve Clausen, 1974
Dave Mendiola, 1974
Hank Dufurrena, 1976, 1977
Bob Cassinelli, 1977
Bruce Delaney, 1977
Fred Stewart, 1977
Rick Ringheimer, 1977
Tim Billingsley, 1977
Al Urban, 1978
Pat Schroeder, 1980
Andrew Hillyer, 1982
Doug Bosch, 1982
Roy Echeverria, 1982
Doug Graham, 1983
Joel Jaureguito, 1983, 1984
Pat McDade, 1983, 1984

David Schwartz, 1984
Gary Stoker 1984,1985
Michael Larragueta 1986
David Bush, 1987
Jonathan Jarolimek, 1987
Jeff Schrempp, 1989
Jon Echave, 1989
Van Kinder, 1989
Chad Peters, 1990
Gordy Schumacher, 1990
Israel Lopez, 1990
Jamie Schroeder, 1990
Jose Cardenas, 1990
Mike Novi, 1990
Scott Strickler, 1990
Josh Kyles, 1991
T.W. Cunningham, 1995, 1996
Matt Baker, 2002
Dan Ferrero, 2004
Will Thacker, 2010
Jace Billingsley, 2010, 2011
Nic Velasquez, 2011
A.J. Ourada. 2011
Bryan Noble, 2011
Michael Arenas, 2012
Michael Billingsley, 2012
Daniel Pollock, 2012
Cody Andersen, 2012
Brandon Okuma, 2012, 2013
Calvin Connors, 2013
Robert Stepper, 2013
Luis Cardenas, 2013
Tanner Lecumberry, 2013
Beau Billingsley, 2014

Giovani Sapien, 2021

Golf

Karen Mendiola, 1977
Kelly Dugger, 2000
Mackenzie Swecker, 2001, 2002, 2003

Volleyball

Betty Glinnsman, 1980
Lisa Davidson, 1980, 1981, 1982
Carol Scott, 1981, 1982
Teresa Vesco, 1981, 1982
Denise Cady, 1982
Penny Begay, 1982
Diana Hoss, 1983, 1984
Denise DeLong, 1984
Jackie Begay, 1985, 1986

Tina Echeto, 1989
Karen Crawford, 1990
Noel Bidart, 1990, 1991
Kathy Crawford, 1991
Rachelle Piquet, 1990, 1991
Britney Bristol, 2000
Alexis Martinez, 2002
Ashley Bristol, 2002
Kylie Owsley, 2005, 2006
Diana Dorman, 2005
Melissa Watterson, 2006
Juliana Velasco, 2015
Jadyn Eastman, 2017
Savannah Stoker, 2022, 2023

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Saturday:
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Sunday: Closed



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WINTER-ALL STATE WINNERS

Basketball, Boy's

Mitch Woods, 1971, 1972, 1973
 Stan Davidson, 1973
 Joe Dendary, 1974, 1975
 Mike Glenn, 1975
 Bob Hooft, 1974, 1975
 Steve Clausen, 1974, 1975
 Ron Bankofier, 1978
 Ted Willer, 1978
 Jim Visger, 1978
 Rolfe Schwartz, 1979
 David Stoker, 1981
 Chris Vesco, 1983
 David Schwartz, 1985
 Gary Stoker, 1984, 1985
 Dennis Porter, 1986
 Lane Peraldo, 1989
 Jim Salmi, 1988, 1989
 Chad Peters, 1991, 1992
 Chad Backus, 1992
 Ben Bryson, 2001
 Nate Green, 2001, 2002
 Teo Maestrejuan, 2002
 Brian Watterson, 2003
 Danny Westfall, 2009
 David Eastman, 2010
 Sterling Snow, 2011
 Jesse Studebaker, 2011, 2012
 Josh Watterson, 2013
 Nathan Lutzow, 2016

Basketball, Girl's

Betty Seward, 1979
 Denise Michelson, 1979
 Tammy Mentaberry, 1979

Sandi Smith, 1980
 Teresa Vesco, 1981, 1982
 Carol Scott, 1981, 1982
 Lisa Davidson, 1983
 Tina Echeto, 1990
 Rachelle Piquet, 1991, 1992
 Tara Davis, 2001
 Jessica Bishop, 2003
 Mackenzie Swecker, 2003, 2004
 Magen Dufurrena, 2003, 2004
 Elisa Leader, 2005
 Alicia Echevarria
 Morgen Thacker, 2008
 Skylar Estes, 2012
 Julia Dufurrena, 2010, 2012
 Alyssa Dendary, 2015
 Jillian Albright, 2016
 Sydney Connors, 2017
 Alyssa Kuskie, 2018
 Emily Backus, 2022
 Savannah Stoker, 2022, 2023
 Britain Backus, 2023

Wrestling

Jim Billingsley, 1971, 1972, 1973
 Denny Gortari, 1974
 Tim Billingsley, 1976, 1977
 Rick Ringheimer, 1977
 Al Urban, 1978
 Steve Lopes, 1980
 Paul Kerr, 1980
 Robert Neary, 1980
 Jim Kracaw, 1980, 1981

George Miller, 1981
 Kelly Pollock, 1981, 1982, 1983
 Keith Neary, 1981, 1983
 Rich Enochson, 1982
 Jimmy Cannon, 1983
 Pat McDade, 1983, 1984, 1985
 Dave Stetler, 1985
 Paul Smith, 1985, 1986, 1987
 Gus Duncan, 1986, 1987
 Blake Turner, 1986, 1987, 1988
 Billy Holt, 1988
 Dave Bush, 1988
 Mitch Green, 1988
 Jeff Hutchings, 1988
 Aron Poulson, 1989
 Juan Manzo, 1989
 Efrain Manzo, 1989
 Jeff Arreola, 1989, 1990
 Gus Alvarez, 1990
 Chester George, 1990, 1991
 Josh Kyles, 1991
 Milo Cardenas, 1991
 Pete Herold, 1994, 1995, 1996
 Rick Hutchinson, 1992
 Chris Hornbarger, 1992, 1993
 Raul Cardenas, 1993
 Jake Lage, 1999
 Johnny Davis, 1991, 1992, 1993
 Buster Segura, 1999, 2000
 Johnny Romero, 2002
 Brady Moulton, 2002
 Cody Louk, 2002, 2003

Jarrin Prokasky, 2002, 2003, 2004
 Ty Baker, 2004
 Justin Grant, 2005, 2006
 Austin Mayo, 2005
 Brett Snyder, 2007
 Trevor Grant, 2008, 2009
 Skylyr Bleck, 2008, 2009, 2010
 Sean Raynor, 2008
 Paeden Underwood, 2009, 2010
 Jace Billingsley, 2009, 2010, 2011, 2012
 Ryan Nelson, 2009, 2011, 2012
 Mitch Pollock, 2010
 Gus Duncan, 2010, 2011, 2012
 Michael Billingsley, 2010, 2011, 2012, 2013
 Fernando Herrera, 2011, 2012
 Beau Billingsley, 2012, 2013, 2014, 2015
 Daniel Pollock, 2013
 Brandon Okuma, 2013, 2014
 Cody Anderson, 2013
 Luis Cardenas, 2013, 2014
 Eric Brooks, 2014
 Gabe Molina, 2015
 Trase Bell, 2016
 Taylor Corak, 2020
 Anthony Peterson, 2020
 Coda Nichols, 2022
 Jhett Harber, 2023

SPRING-ALL STATE WINNERS

Baseball

Chris Vesco, 1983
Chris Poulson, 1986, 1988
Johnathan Jarolimek, 1986, 1987, 1988
Jeremy Brown, 1991
Jose Cardenas, 1991
Gordy Schumacher, 1991
Chad Peters, 1991, 1992
Matt Jarolimek, 1991, 1992
Rick Swecker, 1992
Chukuma Jones, 1992
Danny Maddox, 1992, 1993
Don Johnson, 1993
Giovanni Giordano, 1993
Pachi Bengochea, 1993
Chris Christean, 1999
Sean Gallian, 2000, 2001
Benny Martinez, 2001, 2002
Jared Owsley, 2001
Joey Enochson, 2003
Joe Robinson, 2002, 2003, 2004
Rueben Rodriguez, 2005
Matt Dennis, 2005
Shane Goodale, 2005
Jojo Tameron, 2006
Eric Kerr, 2006
Lucas Alexander, 2006
Levi Carl, 2006
Andrew Lindsey, 2007
Anders Pace, 2009, 2011
Mitch Pollock, 2011
Jace Billingsley, 2011
Bryan Noble, 2011, 2012
Calvin Connors, 2013

Softball

Julie Lombard, 1990
Monique Melody, 1991, 1992
Stacia Dolphin, 1991, 1992
Mandee Kuskie, 1991, 1992, 1993
Rachelle Piquet, 1992
Melanie Roper, 1992
Noel Bidart, 1992
Kristine Warrick, 1993-95
Katie Whalen, 2001, 2002
Savannah Roman, 2002, 2003
Leslie Pratt, 2003
Kristy Ingle, 2005
Ambar Huish, 2006, 2007
Jamie Billingsley, 2003


Cheri Ingle, 2007
Dana Pardovich, 2010, 2011
Lynnsey Johnson, 2010
Virginia Castillo, 2010
Madison Gonzalez, 2010, 2012
Heather McElvain, 2012
Hanna Etcheverry, 2012
Jordan Mecham
Shelby McKinnon, 2013
Kylee McClellan, 2014, 2015
Shelby McKinnon, 2015
Kyllie Sappington, 2016, 2017, 2018
Sydney Connors, 2018, 2019
Maddison McClellan, 2019
Savannah Stoker, 2022

Track

Kelly Baker, 1975
David Drake, 1975
John Luna, 1975
Lloyd Johnson, 1975
Julie Tipton, 1976
Larry Blaylock, 1977, 1978, 1979
Betty Seward, 1979
Pat McDade, 1983, 1984, 1985
Vicki Salmi, 1984
Matt Buchan, 1984, 1985, 1986
Chris Bishop, 1986
Bell, McKenny, Peraldo, Salmi, 1600 M Relay, 1987
Cathey, Burns, Backus, Dean, 1600 M Relay, 1988
Salmi, Peraldo, Schlottman, Lecumberry, 1600 M Relay, 1988
Burns, Backus, Piquet, Cassinelli, 800 M Relay, 1989
Piquet, Bidart, Cassinelli, Burns, 400 M Relay, 1989
Smith, Canepa, Schlottman, Netcher, 800 M Relay, 1989
Burns, Backus, Dehart, Cassinelli, 1600 M Relay, 1989
Tina Echeto, 1989, 1990
Laura Stein, 1994
Willie Ulch, 1995
Sergio Cabada, 1995, 1996, 1997

Sergio Cabada, 1600 M & 3200 M, 1996
Salvador Cabada, 4A Cross Country, All State 1996
Sergio Cabada, 4A, 1600 M, 1996
Brett Ferrier, 2000, 2001
Jamie Cabada, 2000
Levi Keller, 2003
Kelsey Engstrom, 2003, 2004
Jacob Keller, 2002, 2004
Nicole Tyler, 2000
Magen Dufurrena, 2002, 2003
Heather Thompson, 400 meters, 800 meters-2003
Katie Engstrom, Kelsey Engstrom, Whitney Mentaberry, Heather Thompson, 4x800 & 4x400 Relay-2003
Yuri Castaneda, Shot Put, 2003, Shot Put, Discus, 2004 & 2005
Natalie Meldrum, Katie Engstrom, Kelsey Engstrom, Whitney Mentaberry, 4x800-2004
Lupe Cabada, Jon Routson, Justin Grant, Cory Hawkins, 4x800-2004
Lupe Cabada, 3,200 meters, 2005
Alicia Echeverria, Pole Vault, 2005 & 2006, Triple Jump, Pole Vault, 2007
Jon Routson, 800 meters, 1,600 meters, 2006
Vance Orr, 1,600 meters, 2007
Christian Echevarria, 200

meters, Long Jump, 2009
Desirae Lemm, Alicia Kelly, Kirstie Ingle, Sophie Kristof, 4x400 Relay, 2009
Bernice Sanchez, Triple Jump, 2010
Mateo Echeverria, 100 meters, 2010
Tyler Andersen, Discus, 2010
Kenadee Jeppsen, High Jump, 2016
Jillian Albright, Hayley Hinkle, Kennedy Jeppsen, Shelby Garrison, 4x400 Relay, 2016
Hailey Fernandez, Hayley Hinkle, Kennedy Jeppsen, Shelby Garrison, 4x400 Relay, 2017
Bryan Terry, 2017
Shelby Garrison, 400, 2018
Hayley Hinkle, 300 Hurdles, 2018
Adia Bengochea, Hailey Fernandez, Hayley Hinkle, Shelby Garrison, 4x400 Relay, 2018
Shaun Gilliland, Pole Vault 2022
Jovi Kuskie 1600 meters, 3200 meters 2022
Emily Backus, Long Jump 2022
Emily Backus, Elizabeth Peterson, Sydnee Pettis, Elizabeth Aguilar, 4x100 Relay 2022



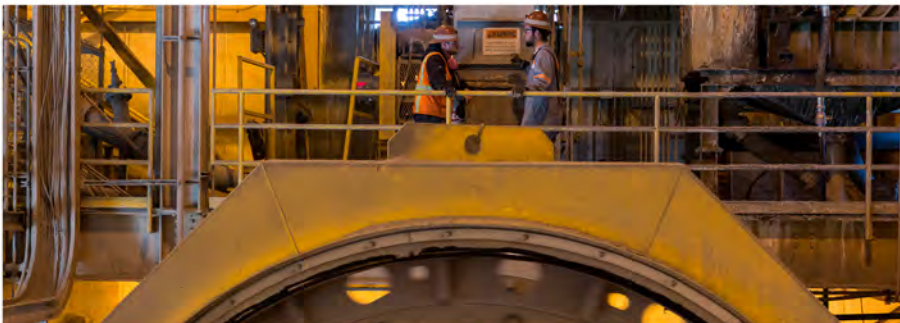
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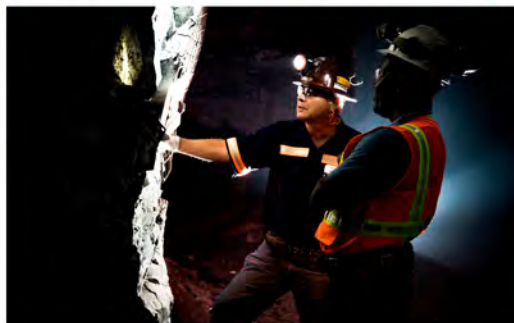
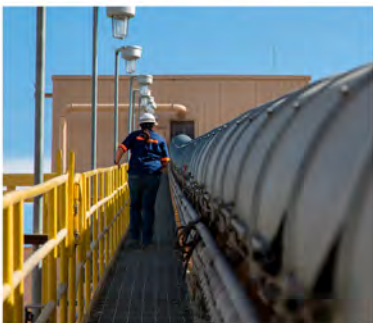
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Winnemucca, NV 89445

ALL STATE ACADEMIC TEAMS

Baseball	2004, 2005
1995, 1996, 2010, 2011, 2012	Football
Boys Basketball	2011, 2012, 2014
1996, 1997, 1998, 2010, 2011, 2012, 2013, 2014	Wrestling
Softball	2000, 2001, 2011, 2012, 2013, 2014
1996, 1997, 1998, 2012, 2013, 2022	Boys Soccer
Girls Basketball	2003, 2004
2007, 2008, 2009, 2013, 2014, 2015, 2016	Girls Swimming
Boys Track and Field	2011, 2012, 2014, 2015
1997, 1998, 2003, 2004, 2011, 2012	Boys Swimming
Boys Golf	2011, 2012, 2016
1998, 1999, 2009, 2010, 2014	Spirit
Girls Golf	2011, 2012
1999, 2000, 2011, 2012	Volleyball
Girls Track	2021
2002, 2003, 2004, 2014	All School Award:
Girls Cross Country	Reno-Tahoe Olympic Hall of Fame, 1st High School based on Athletic & Academic Excellence.
2000, 2001, 2002, 2003	
Boys Cross Country	



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2022-2023 Century Club

Board Members

Andrew Hillyer—President

Greg Munroe —Vice President

Kathy Norcutt —Treasurer

Gina Rackley— Secretary

Board Members: Mike Mavity, Malinda Riemersma, Andy Heiser, Ray Parks, Tim Connors, Don Walton

3A Northern Division



Churchill County
1222 S Taylor St.
Fallon, NV 89406
Colors: Kelly Green/White
Mascot: Greenwave



South Tahoe
1735 Lake Tahoe Blvd.
South Lake Tahoe, NV 96150
Colors: Royal Blue/Gold
Mascot: Vikings



North Valleys High School
1470 E. Golden Valley Rd.
Reno, NV 89506
Colors: Teal, Black
Mascot: Panther



Dayton High School
335 Old Dayton Valley Road
Dayton, NV 89403
Colors: Red, Black
Mascot: Dust Devils



Sparks High School
820 15th Street
Sparks, NV 89431
Colors: Maroon, Gold
Mascot: Railroaders



Procter R Hug High School
3530 Sullivan Lane
Sparks, NV 89431
Colors: Green, White,
Black
Mascot: Hawk



Elko High School
987 College Ave.
Elko, NV 89801
Colors: Maroon & White
Mascot: Indians



Spring Creek High School
14550 Lamoille Hwy
Spring Creek, NV 89815
Colors: Purple, Black
Mascot: Spartans



Wooster High School
1331 East Plumb Lane
Reno, NV 89502
Colors: Red, White
Mascot: Hawk



Fernley High School
1300 Highway 95A
Fernley, NV 89408
Colors: Orange, Black
Mascot: Vaqueros



Truckee High School
11725 Donner Pass Rd.
Truckee, CA 96161
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email: abram@swensencpa.com

email: kendall@swensencpa.com

JV Baseball Schedule

Date	Time	Opponent	Location
03-03-23	11:00AM	Sparks	Lowry High School
03-03-23	1:00PM	TBA, TBA	Lowry High School
03-03-23	3:00PM	TBA, TBA	Lowry High School
03-04-23	11:00AM	Carlin	Lowry High School
03-04-23	1:00PM	TBA, TBA	Lowry High School
03-04-23	3:00PM	Fernley	Lowry High School
03-08-23	12:30PM	Sparks	Lowry High School
03-10-23	3:00PM	Wooster High School	Wooster High School
03-11-23	11:00AM	Wells	Lowry High School
03-16-23	1:00PM	North Valleys High School	Lowry High School
03-17-23	12:00PM	North Valleys High School	Lowry High School
03-18-23	11:00AM	Procter R Hug High School	Lowry High School
03-24-23	3:00PM	Truckee	Lowry High School
03-25-23	11:00AM	South Tahoe	Lowry High School
03-31-23	3:00PM	Elko	Elko High School
04-01-23	11:00AM	Elko	Elko High School
04-15-23	11:00AM	Fernley	Lowry High School
04-21-23	3:00PM	Spring Creek	Spring Creek High School
04-21-23	3:00PM	Spring Creek	Spring Creek High School
04-22-23	11:00AM	Spring Creek	Spring Creek High School
04-29-23	11:00AM	Churchill County	Churchill County High School
05-06-23	11:00AM	Dayton	Lowry High School



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Varsity Baseball Schedule



Date	Time	Opponent	Location
03-02-23	TBD	Needles	Needles High School
03-03-23	TBD	Needles	Needles High School
03-04-23	TBD	Needles	Needles High School
03-08-23	3:00PM	Sparks	Lowry High School
03-10-23	3:00PM	Wooster High School	Lowry High School
03-17-23	12:30PM	Procter R Hug High School	Churchill County High School
03-18-23	11:00AM	North Valleys High School	Churchill County High School
03-18-23	11:00AM	Procter R Hug High School	Procter R Hug High School
03-24-23	4:00PM	Truckee	North Valleys High School
03-25-23	11:00AM	South Tahoe	South Tahoe High School
03-30-23	3:00PM	Elko	Lowry High School
03-31-23	11:00AM	Elko	Lowry High School
04-14-23	3:00PM	Fernley	Fernley High School
04-15-23	11:00AM	Fernley	Fernley High School
04-20-23	3:00PM	Spring Creek	Lowry High School
04-21-23	11:00AM	Spring Creek	Lowry High School
04-28-23	3:00PM	Churchill County	Lowry High School
04-29-23	11:00AM	Churchill County	Lowry High School
05-05-23	3:00PM	Dayton	Dayton High School
05-06-23	11:00AM	Dayton	Dayton High School



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Varsity Baseball



#	First	Last	Position	Year
22	Jakob	Bauman	C	10
0	Txema	Bengochea	UT	9
15	Erick	Bergenheier	IF	12
11	Jordan	Bills	OF	12
16	Angus	Boyles	P	10
23	Adam	Brooks	P	11
8	Brandon	Cardenas	P	10
12	Kasyn	Garner	IF	11
34	Kayd	Garner	IF	10
7	Omar	Gomez	IF	12
3	ReiCyan	Grau	OF	10
24	Zaquery	Growcock	UT	10
4	Anthony	Guzman	OF	11
44	Gabriel	Lange	P	10
5	Brayden	Mezenen-Dennis	IF	11
2	Aidan	Tregellas	IF	10
21	Erick	Valencia	IF	9

JV Baseball



#	First	Last	Position	Year
25	Jayce	Casalez	OF	10
24	Matthew	Casalez	UT	10
8	Robert	Depaoli	IF	9
16	Kaleb	Desjardins	IF	9
0	Taevyan	Grau	IF	9
23	Amador	Guzman	P	9
4	Maddex	Hislop	UT	9
	Logan	Jonas	MGR	10
7	Kaleb	Koons	IF	9
5	Gabriel	Lange	P	10
12	Brennan	Long	OF	10
13	Bryce	Niblack	P	9
3	Connor	Peterson	UT	9
20	Logan	Pointon	UT	9
42	Jeb	Sagers	P	9
11	Jace	Sartor	UT	9
2	Donovan	Walker	P	9

Baseball Seniors

Erick Bergenheier



Family:
What I'll Miss:
Role Model:
Plans:

Jordan Bills



Family:
What I'll Miss:
Role Model:
Plans:

Omar Gomez



Family:
What I'll Miss:
Role Model:
Plans:



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Baseball Coaches

Jamie Walton



Pachi Begochea



Al Fife



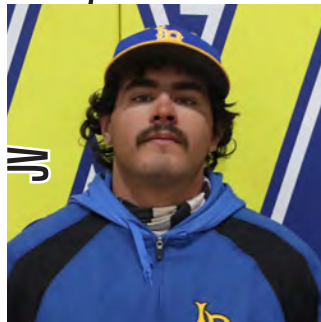
Rick Hegarty



Brent Riemersma



Tytin Johnson



Darrin Nelson



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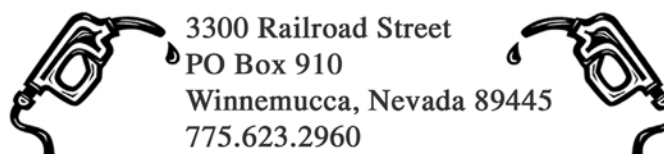
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Varsity Softball Schedule

Date	Time	Opponent	Location
03-02-23	TBD	Virgin Valley	Virgin Valley High School
03-03-23	TBD	Virgin Valley	Virgin Valley High School
03-04-23	TBD	Virgin Valley	Virgin Valley High School
03-08-23	3:00PM	Sparks	Lowry High School
03-10-23	3:00PM	Wooster High School	Lowry High School
03-17-23	12:30PM	Procter R Hug High School	Churchill County High School
03-18-23	11:00AM	North Valleys High School	Churchill County High School
03-18-23	11:00AM	Procter R Hug High School	Procter R Hug High School
03-24-23	3:00PM	Truckee	Lowry High School
03-25-23	11:00AM	South Tahoe	South Tahoe High School
03-30-23	3:00PM	Elko	Lowry High School
03-31-23	11:00AM	Elko	Lowry High School
04-04-23	3:00PM	Reno	Reno High School
04-11-23	3:00PM	Reno	Lowry High School
04-14-23	3:00PM	Fernley	Fernley High School
04-15-23	11:00AM	Fernley	Fernley High School
04-20-23	3:00PM	Spring Creek	Lowry High School
04-21-23	11:00AM	Spring Creek	Lowry High School
04-28-23	3:00PM	Churchill County	Lowry High School
04-29-23	11:00AM	Churchill County	Lowry High School
05-05-23	3:00PM	Dayton	Dayton High School
05-06-23	11:00AM	Dayton	Dayton High School

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JV Softball Schedule

Date	Time	Opponent	Location
03-03-23	8:00AM	Pershing County	Pershing County High School
03-03-23	2:00PM	TBA	Pershing County High School
03-04-23	10:00AM	TBA	Pershing County High School
03-04-23	4:00PM	Battle Mountain High School	Battle Mountain High School
03-08-23	3:00PM	Sparks	Sparks High School
03-16-23	1:00PM	North Valleys High School	Lowry High School
03-17-23	12:00PM	North Valleys High School	Lowry High School
03-18-23	11:00AM	Procter R Hug High School	Lowry High School
03-24-23	5:00PM	Truckee	Lowry High School
03-25-23	11:00AM	South Tahoe	Lowry High School
03-31-23	3:00PM	Elko	Elko High School
04-01-23	11:00AM	Elko	Elko High School
04-15-23	11:00AM	Fernley	Lowry High School
04-21-23	3:00PM	Spring Creek	Spring Creek High School
04-22-23	11:00AM	Spring Creek	Spring Creek High School
04-29-23	11:00AM	Churchill County	Churchill County High School
05-06-23	11:00AM	Dayton	Lowry High School



Varsity Softball



#	Name		Position	Year	Height
4	Hayden	Case	IF	11	5 6
0	Megan	Cook	OF	12	5 7
14	Bree	Dunckhorst	P	12	5 6
8	Natalya	Guizar	OF	9	5 7
7	Presley	Hayes	IF	10	5 4
1	Shelbie	Hoyt	IF	12	5 4
6	Jada	Matheny	IF	12	5 8
10	Maddison	McClure	IF	11	5 6
9	Bailey	Peterson	IF	11	5 10
2	Crisslyn	Rodriguez	IF	10	5 4
5	Savannah	Stoker	IF	11	5 10
3	Cambria	Tisue	IF	11	5 3

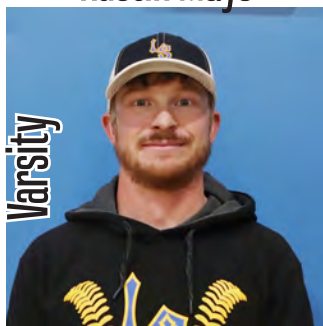
JV Softball



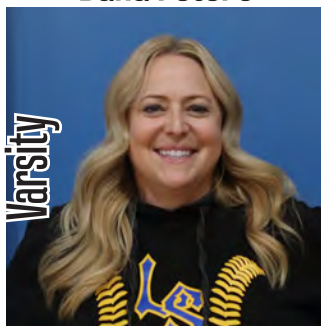
#	First	Last	Position	Year	Height
7	Liliana	Aguilar	IF	10	5 4
12	Ludivynne	Canales	P	9	5 4
4	Olivia	Espinola	IF	10	5 7
13	Fallon	Fowler	C	9	5 10
5	Makenna	Garcia	LF	10	5 6
0	Elisabeth	George	P	9	5 6
3	Allison	Green	OF	10	5 7
2	Vanessa	Lott	OF	10	5 8
14	Karyn	Morton	OF	10	5 4
1	Brenna	Schiermeister	OF	9	5 5
8	Kyra	Schiermeister	OF	9	5 5
9	Isabel	Upton	C	9	5 8
6	Georgia	White	OF	9	5 4
11	Kira	Wiley	IF	9	5 6
	Destiny	Medicine Cloud,	MGR	11	

Softball Coaches

Austin Mayo



Dana Peters



Megan Maga



Brandon Eastman



Ron Espinola



Chris Entwistle



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Softball Seniors

Megan Cook



Family:
What I'll Miss:
Role Model:
Plans:

Bree Dunckhorst



Family: John Dunckhorst (Dad), Robyn Dunckhorst (Mom), Robert Rives (Brother), Christian Rives (Brother)
What I'll Miss: The family I have on and off the field. I have played with this group of girls since I was 8 years old.
Role Model: My role model is my Mom. My Mom taught me how to be a strong woman. She showed me that by hard work and dedication you can achieve anything you want in life.
Plans: After graduating from Lowry I plan to work as an EMT at HGH EMS and attend GBC. Through GBC I plan to get an

Shelbie Hoyt



Family: Ryan Hoyt (dad), Keelie Hoyt (mom), Preslie Hoyt (sister), Taylie Hoyt (sister)
What I'll Miss: I will miss the team bonders that brought us together.
Role Model: My role models are my parents because they have given me every opportunity I could ever ask for.
Plans: I plan to attend the College of Southern Nevada where I will continue my athletic career to play collegiate softball as well as pursue my dental hygiene major.

Jada Matheny



Family:
What I'll Miss:
Role Model:
Plans:

Golf Schedule

Date	Time	Opponent	Location
03-13-23	10:00AM	TBA	Winnemucca Golf Course
03-20-23	12:00PM	Dayton	Dayton Valley Country Club
03-21-23	10:00AM	Fernley	Fernley Golf Course
04-17-23	10:00AM	TBA	Wildcreek Golf Course
04-18-23	10:00AM	Churchill County	Fallon Golf Course
04-18-23	10:00AM	North Valleys High School	Winnemucca Golf Course
04-24-23	10:00AM	Spring Creek	Spring Creek Golf Course
04-25-23	9:00AM	Elko	Ruby View Golf Course
05-01-23	11:00AM	South Tahoe	Genoa Lakes Golf Resort Course
05-02-23	11:00AM	North Valleys High School	Sierra Sage Golf Course
05-16-23	11:00AM	TBA	TBA
05-17-23	9:00AM	TBA	TBA

Boy's Golf State Championships



Leo Leighton, John Yzaguirre, Rick Burhans, Coach Tom Johnstone, Mickey Dugger, Tom Sheppard, Roger Harmon, Dave Mendiola, Dennis Verner, Coach Ken Haines

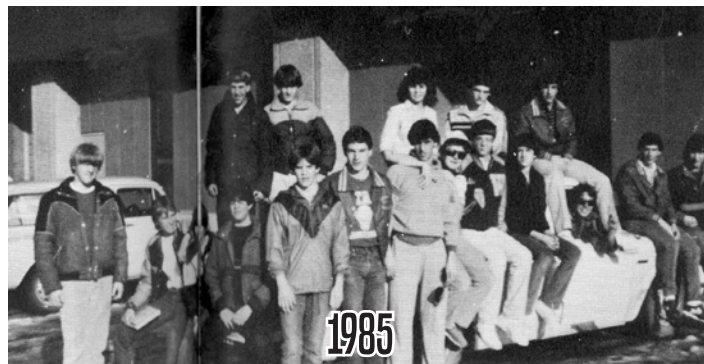


John Yzaguirre, Roger Harmon, Bill Lloid, Walt Vetter, Tom Sheppard, Jon Burhans, Rick Bertz, Randy Morton, Vince Mendiola, Mickey Dugger, Leo Leighton, Coach Tom Johnstone, John Acree, Steve Larragueta, Dave Mendiola, Louie Yzaguirre

Boy's Golf State Championships



Dave Mendiola, Jon Burhans, Tom Sheppard, Walt Vetter, John Acree, Leo Leighton, Ron Bankofier, Bernie Canon, Kurt Kracaw, Steve Larragueta



Mark Oxborrow, Jerry Lugert, K.C. Kracaw, Ron Rathbun, Billy Holt, Mike MacDonald, Gary Stoker, Chuck Standridge, David Adams, Jim Shaw, Ron Gribble, Paul Harmon, Jeff Herzog, Charles Jackson, Denis DeArrieta, Carrie Chessser, Todd Thompson, Mike Larragueta

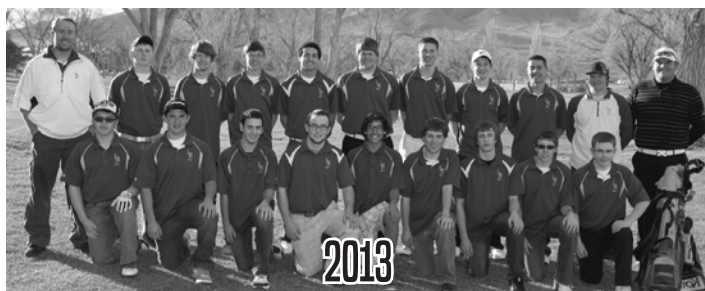


K.C. Kracaw, Tom Evans, Rob Turner, Billy Holt, David Adams, Jeff Wade, Jim Shaw, Nikki Eldridge, Coach: Jim Billingsley, Mike Howard, Michael Larragueta, Paul Harmon, Jeff Herzog, Peter Peters, Jack Martin, Mark Oxborrow, Stacy Miller



Tyler Cox, Chris Dendary, A.J. Ourada, Joey Dendary, Jerry Jackich, Dillon Bryan, Dean Vetter, Gabby Roman, Cole Erquiaga, Ryan Kracaw

1979 & 1984—No Team Picture Available



Coach Meyer, Luise Brown, Hunter Dimock, Liam Sparks, Josh Shaver, Chris Dendary, Andres Mendoza, Ethan Gray, Chris Mendoza, Jarrin Conn, Coach Dendary, Blake Duncan, Braxton Paulsen, Colton Black, Cole Erquiaga, marquess Jones, Patrick Criswell, Lane Mentaberry, Josh Rose, Clay Erquiaga

Boy's Golf



First	Last	Year
John	Boyle	11
Joshua	Burchette	9
Jack	DeLong	11
Anton	Mendoza	11
Wade	Mori	12
Coda	Nichols	12
Jack	Olson	11
Hector	Rivera	12
Skyler	Slovernick	10
Kruser	Wilkinson	11
Landon	Esquivel	11

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Golf Coaches
Andrew Meyer

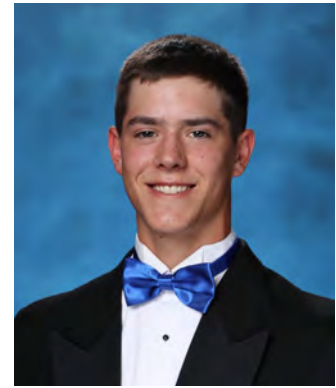


Golf Seniors
Coda Nichols



Family:
What I'll Miss:
Role Model:
Plans:

Wade Mori



Family:
What I'll Miss:
Role Model:
Plans:

Hector Rivera

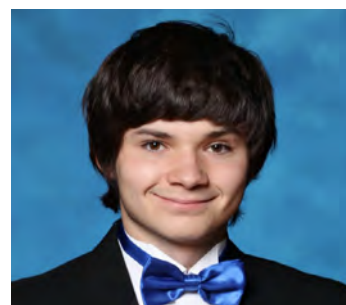


Family:
What I'll Miss:
Role Model:
Plans:

Swim Schedule

Date	Time	Opponent	Location
03-04-23	11:00AM	Sparks	Fernley Pool
03-04-23	11:00AM	Procter R Hug High School	Fernley Pool
03-11-23	9:00AM	Multiple Schools	Carson Aquatic Center
03-24-23	2:00PM	Sage Ridge	Truckee Community Swimming Pool
03-31-23	9:00AM	South Tahoe	Carson Aquatic Center
04-07-23	3:00PM	Damonte Ranch High School	Alf Sorensen Swimming Pool
04-15-23	2:00PM	North Valleys High School	Northwest Pool
04-22-23	2:00PM	Fernley	Northwest Pool
04-22-23	2:00PM	Churchill County	Northwest Pool
04-28-23	2:00PM	Truckee	Truckee Community Swimming Pool
05-06-23	2:00PM	Incline High School	Incline Village Recreation Center
05-06-23	2:00PM	Incline High School	Incline Village Recreation Center

Swim Seniors Caden Montero



Family:
Favorite memory:
Future Plans:
Favorite quote:

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Swim



Name		Grade
Tanner	Hatch	10
Garrett	Jensen	11
Caden	Montero	12
Maitea	Bengoa	11
Alora	McClure	10
Evangeline	Morgan	10
Aidan	Peters	10

Swim Coach
Cassandra Jenkins



Swim Coach
Mckenzie Rupp





Edward Jones



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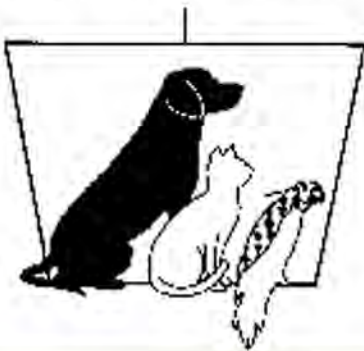
Varsity Track Schedule

Date	Time	Opponent	Location
03-04-23	TBD	Fernley	Fernley High School
03-11-23	9:00AM	Spring Creek	Spring Creek High School
03-17-23	1:45PM	McQueen	McQueen High School
03-25-23	TBD	Spanish Springs	Spanish Springs High School
03-31-23	9:00AM	Battle Mountain High School	Battle Mountain High School
03-31-23	3:30PM	Reed	Reed High School
04-08-23	8:00AM	Galena	Galena High School
04-15-23	9:00AM	Hug	Procter R Hug High School
04-22-23	9:00AM	TBA	Lowry High School
04-28-23	9:00AM	Pershing County	Pershing County High School
05-06-23	TBD	Reed	Reed High School
05-13-23	TBD	Reed	Reed High School

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Track Coaches

Byron Jeppsen



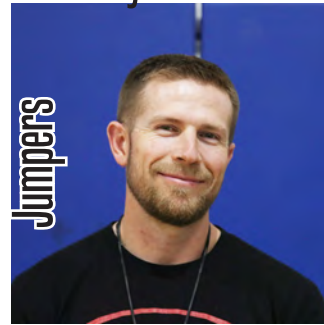
Sergio Cabada



Mikayla Renfroe



Ty Lucas

A business card for "The Shirt Shack". The logo features the name "The Shirt Shack" in a stylized, blue, cursive font. Below the name is a horizontal line with a star in the center and arrows at both ends. Underneath the line, the text "CUSTOM APPAREL * SIGNS * BANNERS * DECALS" is written in a bold, black, sans-serif font. The website "www.shirtshacknevada.com" is listed below that. At the bottom, the address "4554 Grass Valley Road, Winnemucca, Nevada 89445" and the phone number "775.304.0085" are provided, along with the email "shirtshacknv@gmail.com".

The Shirt Shack

← ★ →

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www.shirtshacknevada.com

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Winnemucca, Nevada 89445

775.304.0085
shirtshacknv@gmail.com

Track Throwers



First	Last	Event	Year
Isabella	Bartell	Throw	11
Mikayla	Dossey	Throw	11
Abigail	Magana	Throw	12
Morelia	Magana	Throw	9
Kiara	Morris	Throw	9
Melany	Plascencia	Throw	11
Kailani	Rodriguez	Throw	10
Caryn	Sanchez	Throw	10
Nomar	Aguirre	Throw	11
Ryan	Arrien	Throw	12
Jonathan	Moser	Throw	9
Ashton	Parry	Throw	11
Gavin	Paulsen	Throw	12
Jessie	Siddiqui-Jeronimo	Throw	11
Jeremiah	Simmons	Throw	12
Tyson	Terry	Throw	12

Track Seniors

Ryan Arrien



Family:
What I'll Miss:
Role Model:
Plans:

Shaun Gilliland



Family:
What I'll Miss:
Role Model:
Plans:

Deven Gomez



Family: Dad- Dabid Gomez
mom- Jeana Madden dad-
Edward Madden
What I'll Miss: I will miss the
competition with myself and
other and traveling with friends
Role Model: My grandpa is
my role model because he
has shown me no matter how
tough life gets always try your
best and keep moving towards
your goals.
Plans: I plan on attending Uni-
versal Technical Institute in
Avondale to pursue a welding
career.

Jeremiah Grasmick



Family:
What I'll Miss:
Role Model:
Plans:

Braden Hammargren



Family:
What I'll Miss:
Role Model:
Plans:

Mia Hernandez



Family: Maite Hernandez
(Mom) Micheal (Dad)
What I'll Miss: I will miss all of
my friends that I have made
through this sport and my
coaches who have pushed me
to become who I am today.
Role Model: My Grandpa Tom
Smith he's always taught me
that whatever cards your hand-
ed in life to be grateful and
fight through because in the
end your happy you did.
Plans: To go to TMCC to study
fire science and fight fire with
the BLM during the summers.

Abigail Magaña



Family: Paola Magana (mother),
Gerardo Magana (dad), Morelia
Magana (sister), Gerardo Maga-
na (brother).
What I'll Miss: The energy it
gives and the competition with-
in yourself to want to do better.
Role Model: My sister because
she has been the strongest
person with everything she had
been through. She is my best
friend and I don't know what I
would do without her.
Plans: Attend TMCC to become
a registered nurse.

Gavin Paulsen



Family:
What I'll Miss:
Role Model:
Plans:

Track Seniors

Ellanora Peterson



Family:
What I'll Miss:
Role Model:
Plans:

Sydnee Pettis



Family:
What I'll Miss:
Role Model:
Plans:

Ashley Rookstool



Family:
What I'll Miss:
Role Model:
Plans:

Kaid Sanchez



Family:
What I'll Miss:
Role Model:
Plans:

Jeremiah Simmons



Family:
What I'll Miss:
Role Model:
Plans:

Tyson Terry



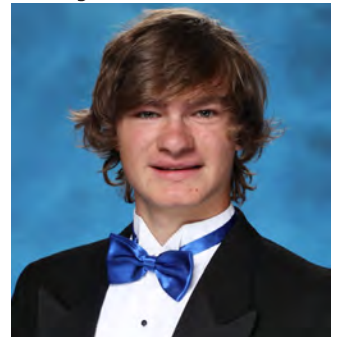
Family:
What I'll Miss:
Role Model:
Plans:

Hannah Thompson



Family: Lacey Thompson (mom), TJ Thompson (dad)
What I'll Miss: Mostly my friends I've made while doing it and the fun I have at meets.
Role Model: Probably Alicia (my pole vault coach) for her patience with me. Also my Mom for supporting me even though she doesn't know anything about the sport itself.
Plans: I plan to continue track and hopefully do well at regionals and maybe even make it to state.

Ryan Utterback



Family: Lisa Utterback (mom) Daniel Utterback (Dad)
What I'll Miss: I will miss the meets and the coaches.
Role Model: My role model is my family, I look up to them on who to be.
Plans: Go to TMCC for welding.

Track Distance



First	Last	Event	Year
Brooklyn	Swensen	Distance	10
Jace	Frydendall	Distance	9
Coby	Thacker	Distance	9
Lennox	Zebroski	Distance	10

Track Sprinters/Jumpers



First	Last	Event	Year	Quade	Altman	Sprint	
Violet	Amato	Sprint	9	Corbin	Berezay	Sprint	10
Kalani	Arriola	Sprint	10	Chad	Frazier	Sprint	11
Maite	Avalos	Sprint	9	Shane	Gilliland	Sprint	10
Ashlyn	Bottoms	Sprint	10	Shaun	Gilliland	Sprint	12
Lucy	Brock	Sprint	9	Deven	Gomez	Sprint	12
Elizabeth	Carrillo	Sprint	9	Jeremiah	Grasmick	Sprint	12
Athena	Chiaratti	Sprint	9	Braden	Hammargren	Sprint	12
Alivia	Galvan	Sprint	9	Rogelio	Hernandez	Sprint	10
Clementine	Garreau	Sprint	9	Jayden	Howard	Sprint	9
Kianna	Head	Sprint	9	Ryder	Huitt	Sprint	9
Mia	Hernandez	Sprint	12	Brent	Kenison	Sprint	9
Kepa	Hilbish	Sprint	10	Anthony	Martinez	Sprint	10
Elma	Jimenez	Sprint	10	Conner	Nelson	Sprint	10
Angelica	Leon Garcia	Sprint	9	Alian	Pacheco	Sprint	9
Damiena	Mentaberry	Sprint	10	Timothy	Patchen	Sprint	11
Jasmin	Moran-Gonzalez	Sprint	10	Carson	Primeaux	Sprint	11
Ellanora	Peterson	Sprint	12	Cesar	Sanchez	Sprint	9
Sydnee	Pettis	Sprint	12	Kaid	Sanchez	Sprint	12
Ashley	Rookstool	Sprint	12	Bradyn	Snyder	Sprint	9
Hannah	Thompson	Sprint	12	Ryan	Utterback	Sprint	12
Allyssa	Venzor	Sprint	9	Austin	White	Sprint	10
Tariana	Weatherspoon	Sprint	9				

NIAA Rules

NIAA ALCOHOL, TOBACCO AND OTHER DRUG POSSESSION, USE, ABUSE and PENALTIES POLICY

Participation in NIAA sanctioned sports is a privilege and responsibility which requires all participants to adhere to athletic training rules imposed by the school district and member or affiliate school the student attends and represents. Adherence to training rules ensures that all student-athletes are in top physical condition, minimizes potential for injury, and further ensures that all member and affiliate school athletic teams are appropriately represented by their student-athletes. Therefore, the possession or use of any controlled substance, alcohol or tobacco products by a student athlete, whether it occurs on or off of school property, is prohibited and shall result in the penalties set forth herein.

This regulation shall begin once our son/daughter begins participation as a student athlete in high school athletics. This policy remains in effect for every calendar school year during the course of his/her high school career and when he/she is directly involved in a school activity occurring at any time (summer leagues / camps, etc.). This policy remains in effect regardless of whether our son/daughter is currently participating on a high school athletic team.

- a. Definitions - The following terms or phrases shall have the meaning ascribed to them for purposes of interpreting this Policy.
 1. Competitive Week – means a seven (7) day period of time beginning with the **first scheduled competition** after a violation occurs in which a student athlete is participating as a member of an athletic team for a member or affiliate school, and in which that team is officially competing in NIAA sanctioned competition.
 2. Controlled Substance – includes any mind altering substance or beverage set forth in Schedule I-V of the list of Controlled Substances as identified by the office of the Drug Enforcement Administration or as set forth in 21 U.S.C. §812.
 3. Period of Suspension – means a student athlete is prohibited from appearing in any NIAA sanctioned sport or event as a member of an athletic team or in individual competition. A suspension from athletic competition begins with the first scheduled competition after a violation occurs. A student athlete who is suspended under this regulation who does not serve the entire period of suspension during the sport season in which suspension occurs shall serve any remaining period of suspension during the next sport season in which the student athlete appears on a NIAA roster. A violation of this regulation that occurs during a time when a student athlete does not appear on a NIAA roster shall be implemented at the commencement of the next sport season in which the student athlete participates. Attendance in a summer school class shall not apply toward satisfying any period of suspension.
 4. ***Possession means a student / athlete who is in actual physical control of alcohol, tobacco or a controlled substance.***
- b. Possession or Use of Tobacco/Alcohol/Controlled Substance/Narcotics. Any student athlete determined to be in possession of, or to have used tobacco, including smoking tobacco, chewing tobacco or snuff, an alcoholic beverage (as defined by NRS 202.020 and any relevant local ordinances), controlled substance and/or narcotic (unless prescribed by the student athlete's physician for medical purposes), is in violation of this policy. If after an investigation by the school it is determined that the student athlete is in violation of this regulation the student athlete shall immediately be declared ineligible to compete in any NIAA competition beginning with the first scheduled competition after a violation occurs. Additionally, the student athlete shall be subject to the following discipline:



1. First Violation: a six (6) competitive week suspension from participation in interscholastic competition beginning with the first scheduled competition after the suspension occurs. Four (4) competitive weeks of the suspension of eligibility may be waived if the student successfully completes all components of the appropriate substance abuse intervention program set forth in subparagraphs (d) (1) (A) and (d) (1) (B) below. The student may practice with the team during the period of suspension if approved by the coach and principal.
 2. Second Violation: The student shall be suspended from interscholastic competition for a minimum of ninety (90) school days which shall include a minimum of six (6) competitive weeks of competition. The student shall not be allowed to practice with the team, or participate in any out of season activities and must complete the requirements set forth in subparagraphs A and B below, in order to be considered for reinstatement of future athletic eligibility, which shall be determined following the ninety (90) day suspension of athletic eligibility by a group composed of one of the student's parents/legal guardians, the school principal, athletic director, coach and a substance abuse program coordinator.
 - A. A substance abuse evaluation assessment conducted by a licensed alcohol and drug counselor at the expense of the parent/legal guardian of the student must be completed within ten (10) school days following the suspension and all assessment recommendations must be satisfactorily met before athletic eligibility may be reinstated.
 - B. The student must successfully participate in all sessions of the appropriate substance abuse intervention program set forth in subparagraphs (d) (1) (a) and (d) (1) (B) below, and successfully complete a minimum of ten (10) tobacco or alcohol/drug related support sessions.
 3. Third Violation: The student shall be ineligible to participate in interscholastic athletics for the remainder of the student's high school career.
 4. Appeal: A student that serves their third violation and still has more than one year of remaining eligibility can appeal through the NIAA Board of Control. Both the students and his / her parents must attend this meeting of the Board to present their appeal.
- c. Cumulative Effect of Suspensions: Multiple suspensions of a student athlete's athletic eligibility based on violations of this Regulation shall be considered as cumulative over the length of each student athlete's high school career, 9th through 12th grade.
- d. Substance Abuse Intervention Program: Any student who has been suspended from athletic eligibility for violation of the provisions of this Regulation and whose future athletic eligibility is contingent on successful completion of a Substance Abuse Intervention Program, or whose suspension of athletic eligibility may be reduced through successful participation in a Substance Abuse Intervention Program, shall complete the Substance Abuse Intervention Program developed by the NIAA in conjunction with the State of Nevada, Department of Human Resources Division of Child and Family Services Program available through the Juvenile Justice Programs Office: (775) 684-7294.
1. Successful completion of the Substance Abuse Intervention Program shall require, at a minimum:
 - A. The completion of a video program specific to the nature of the student athlete's offense, by the student athlete, and his/her parent(s) or legal guardian(s), as demonstrated by the successful completion of an assignment on the content of the video by the student athlete and his/her parent(s) or legal guardian(s).

PARENT / LEGAL GUARDIAN AND STUDENT ACKNOWLEDGEMENT

The Nevada Interscholastic Activities Association (NIAA) recognizes and understands that parents / guardians take the primary role in instilling values for their students. It is the goal of the NIAA to work cooperatively with parents to provide guidelines and programs that assist student athletes in making positive choices.

IMPORTANT – Please read the following information and acknowledge with your signature below.

We understand that participation in high school athletics is a privilege, not a right, and that underage drinking and drug use is against the law. It is against the law to sell tobacco to people under the age of 18 and usage is against school policy. Substance abuse negatively impacts athletics and academic performance, and research indicates that early onset of alcohol use increases the occurrence of addiction in adulthood by four times. Alcohol and drug use interferes in learning processes, brain development and increases the chance of physical injury while participating in athletic competition. Because of these risks, and in addition to the laws of the State of Nevada, the NIAA requires participants and parents to agree to the following:

- 1. We have read the NIAA Drug, Alcohol and Tobacco Possession, Use and Abuse Penalties Policy and agree to abide by the Policy as written.**
- 2. We realize that a video and Power Point presentation regarding the Policy is available and we have either seen this presentation or agree to waive the requirement of viewing the presentation.**
- 3. *We understand that we are encouraged to notify our school's athletic administrator / director if our son / daughter violates this Policy and / or the laws of the state of Nevada. It would also be acceptable for our child to self-report any violation of this policy to our school's athletic administrator / director.***
- 4. *We understand that knowingly providing erroneous information during the course of an investigation of an alleged violation of the policy will result in a one calendar year suspension from all high school athletic activities.***
- 5. *We further acknowledge that once our son / daughter begins participation as a student athlete in high school athletics that this policy remains in effect for every calendar school year during the course of their high school career and when he / she is directly involved in a school activity occurring at any time (summer leagues / camps, etc.). This policy remains in effect regardless of whether our son / daughter is currently participating on a high school athletic team.***
- 6. *We have also reviewed the following NRS 202.020, Purchase, Consumption or Possession of Alcoholic Beverage by Minor, and understand the laws of Nevada and how they pertain to our family.***
- 7. *We understand that although it is not technically against the law to use tobacco in the state of Nevada (NRS 202.2493 and 202.24935 prohibits anyone from supplying a person under the age of 18 with any kind of tobacco product), we realize it is against this policy and general school policy, and that scientific evidence demonstrates it is unhealthy and a detriment to athletic performance.***
- 8. *We understand that the use of steroids and other performance enhancing drugs are dangerous, illegal, provide only temporary gains and are a form of cheating other competitors.***



Century Club Application

2021 - 2022 Winnemucca Century Club Membership Form



WINNEMUCCA CENTURY CLUB

P.O. Box 3656

Winnemucca, NV 89446

The Winnemucca Century Club is a non-profit corporation which receives and expends funds to promote and support Lowry High School Athletics. Past contributions have been used to assist in funding improvements to the athletic fields and facilities of baseball, football, soccer, softball, basketball, volleyball, wrestling and track as well as to purchase equipment and/or uniforms for cheerleading, dance team, cross country, soccer, football, track, wrestling, volleyball and golf.

If you wish to contribute to this worthwhile organization, whose sole purpose is to advance Lowry High School Athletics, then please fill out this form and become a member of the Winnemucca Century Club.

Please send this form and payment to the address given above. If you have any questions please contact our Board President - Andrew Hillyer at 623-4813.

Name(s):	_____
Address:	_____
City, State & Zip Code:	_____
E-mail Address:	_____

Amount of Contribution:

Your membership grants you free admittance to all Lowry High School home contests throughout the 2021-2022 school year with the exception of NIAA events.

- ☐ \$200.00 Entire Family Membership
☐ \$125.00 Individual Membership
☐ \$50.00 Each additional family member if not purchasing a family membership
(Children that are 21 years old or younger)

Payment Preference:

Pay the full amount now of _____

Pay \$ _____ now and the balance in installments of \$ _____

Monthly _____ Quarterly _____ Semi-annually _____

Make Checks Payable to: **Winnemucca Century Club**



CELEBRATING
30
YEARS!

Providing Care *to*



Anna Howe, PTA
Billie Brunk, PTA
Shannon Jackson, PTA
Karen Palmer OTR/L
Mark McMullan OTR/L
Demarah Gray PT, MSPT
Robert Sweeten PT, DPT
Dacey Jensen PT, DPT
Gyuhyun "Andy" Park PT, DPT
Madison Gray Jensen PT, DPT, PN1
McKenzie Rupp, MCD. CCC-SLP

Lowry Athletes *for*



Rehab  Services
of Nevada

Physical Therapy Occupational Therapy Speech Therapy

325 Hanson Street • (775) 625-2222

30 Years!