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Opinions



Camille Lyon discusses the dangers of suggestive text messages.

Sports



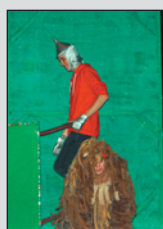
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To reform or not to reform...health care

By Mary Granath & Miranda Buttram

From the day he assumed office on January 20, 2010, President Barack Obama has been working to fulfill numerous promises he made on the campaign trail. However, the biggest, by far, is the promise of health care reform. Though this has been attempted by United States Presidents before, Obama is the closest to actually passing legislation that would make a significant difference.

Many people can not understand the complicated political terms which are used to propose the health care bill. In a poll 33 percent of people said they believed their access to care would be worse if a health care overhaul occurred (news. yahoo).

In the Senate, this legislation is known as HR 3590, Patient Protection and Affordable Care Act. The House also has legislation carrying a similar name, HR 3962, Affordable Health Care for Ameri-

ca Act (www.opencongress.org). Both of these bills have passed their respective houses and now must iron out the differences in a conference committee in order to produce an identical bill for Obama to sign. In a speech given to a joint session of Congress, Obama addressed aspects of the Health Care reform Acts that "every American needs to know."

Obama began by stating that if you already have insurance, "nothing in the plan will require you or your employer to change the coverage or



Weekly BizFact: Chart showing actual and projected sales of preventative health care technologies. MCT 2010

the doctor you already have," this is something that many citizens have had concern with.

Another pressing issue is that of pre-existing conditions. Indeed, the insurance companies' attitude towards those having pre-existing conditions is one of the reasons for this health care reform. Obama said that "Under this plan it would be against the law for insurance companies to deny you coverage because of a pre-existing condition," and also illegal "to drop your coverage when you get sick or water it down when you need it the most."

Yet another important issue that was covered in this speech was whether or not insurance companies will cover preventative care. They "will be required to cover, with no extra charge, routine check ups and preventive care like mammograms and colonoscopies," stated Obama, reasoning that

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Obama makes progress on promises

By Brittany Nielsen & Savannah McDade

full equality in their family and adoption laws.

Americans are accustomed to politicians making promises, but in the 2008 presidential campaign Barack Obama made over 500 of them. Since the average person doesn't have the time to keep track of such pledges, PolitiFact has kept track of, and followed the numerous promises. Listed below are just a few of the many promises as well as the status of each promise.

Promise: Urge states to treat same-sex couples with



Olivier Douliery/Abaca Press/MCT
U.S. President Barack Obama.

As presidential candidate, Obama had said he "will use the bully pulpit to urge states to treat same-sex couples with full equality in their family and adoption laws." So far he has not done that. During the months of April to December, Vermont, Iowa, Maine, New Hampshire and Washington, D.C., legalized same-sex marriage; Colorado, Washington, Nevada and Wisconsin legalized domestic partnerships. California, New York, and Maine's voters or courts rejected same sex marriage.

Promise: Close the Guantanamo Bay Detention Center.

On the campaign trail he promised that he would close Guantanamo Bay in his first year. Guantanamo Bay is a detention center that holds terrorists that have been

See OBAMA page 2

Winterfest passes like a flash

By Victoria Fragione

Lowry's Winterfest (February 1-6) started off with a fiery pep assembly to pump up spirit for the week.

Highlights of the assembly included a performance by the varsity dance team and the announcement of Honorary Buckaroo, Mrs. Susan Rorex. Rorex has been involved in Humboldt County's education system for over 30 years. She began teaching at Lowry in 1976, and taught several different classes including Art, Government, Drama and Stagecraft. Mrs. Rorex was then presented with a plaque commemorating her title as Honorary Buckaroo for Winterfest 2010.

The most anticipated moment of the week was royalty crowning. The candidates were announced along with personal information about each of them. The king candidates were Chris-

tian Alcaraz, Jake Maga, and Brandon Eldodt while the queen candidates were Julissa Pulido, Skylar Estes, and Camille Lyon. The Lowry student body voted and Christian Alcaraz and Skylar Estes were crowned king and queen of Winterfest.

This year on Monday night at 6:00 p.m. students and parents alike geared up to watch six guys compete to become the next Mr. Lowry.

To become Mr. Lowry,

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Brooklyn Thomas • THE BRAND
Christian Alcaraz and Skylar Estes were crowned King and Queen.

OBAMA

apprehended by the military. In May of 2005 and according to pbs.org there were 300 pages of declassified FBI reports that came to the public's attention regarding the torture occurring in Guantanamo Bay. President Obama signed an executive order on January 22, 2009 to close Guantanamo Bay. However, Congress needs to decide what to do with the detainees and fund any new facility. "I think it has been long enough that we need to do something rather than storing them in some base in the Caribbean," said Mr. Doc Welter when asked his opinion on Guantanamo Bay.

Promise: Repeal "Don't Ask, Don't Tell"

The "Don't ask, Don't tell" is a policy that has governed the service of gay and lesbians in the military since 1993. This policy prohibits gays and lesbians from openly serving in the military, it was proposed 17 years ago by former president, Bill Clinton. "I believe the Don't Ask Don't Tell policy was as easy way out for the Clinton administration that didn't really want to tackle the issue head on. It never solved anything," said Mr. Jeff Setzer.

HEALTH CARE

"there's no reason we shouldn't be catching diseases like breast cancer and colon cancer before they get worse."

The Insurance Exchange is a subject that has been somewhat controversial. Nevertheless, Obama stated that it was necessary in order for "small businesses...to shop for health insurance at competitive prices," and also that "a not for profit public option [will be] available in the insurance exchange," as "an additional step we can take to keep insurance companies honest."



Courtesy • army.ni
Joint Chief Mike Mullen

In his State of the Union speech on January 27, 2010, Obama said, "This year, I will work in Congress and our military to finally repeal the law that denies gay Americans the right to serve the country they love because of who they are." According to politifact.com, this promise is in the works. Six days after his State of the Union speech, the top Pentagon officials gave some details to the Senate Armed Forces Committee on how Obama's pledge will work.

Chairman of the Joint Chiefs of Staff, Mike Mullen, the nation's top-ranked uniformed officer said, "It is my personal belief that allowing gays and lesbians to serve openly would be the right thing to do. No matter how I look at this issue, I cannot escape being troubled by the fact that we have in place a policy which forces young men and women to lie about who they are in order to defend

their fellow citizens."

Promise: Encourage water-conservation efforts in the West

In effort to combat the issue of drought in the Western United States, Obama promised that he would "support federal policies to encourage voluntary water banks and other market-based conservation measures". To do this, \$175 million was included in the stimulus bill specifically for water conservation which includes water reclamation and grants to improve water efficiency and conservation. Water shortage is presently a major issue in Nevada; according to msnbc.msn.com, currently a 10 year drought along the Colorado River may potentially affect roughly 30 million people because the Colorado River supplies much of Nevada, Arizona, and Southern California with drinking and irrigation water. A recent study found that there is a one-in-two chance that the water reservoirs of the Colorado River will dry up by 2050 if water management practices remain unchanged. However, Obama did invest in water conservation through the stimulus bill, so this promise is considered kept.

Public option is supposedly modeled after the already existing Medicare. This is supposed to offer a basic coverage for American citizens. President Obama says that public option will keep private insurers honest by having to compete with the basic coverage causing the private insurers to not be able charge unfair prices (politifact). However, many people believe that this will be the least expensive part of the proposed health care bill (politifact).

The Congressional Budget Office

reports that more Americans will have private insurance after the health care reform. In addition, less than 5 percent of America will end up on a public health care plan (PBS). Some conservatives worry that employers will drop their private coverage and put their employees on the public plan (politifact). Congress is currently discussing putting safeguards on public option, so public option will compete evenly with the private insurers (politifact).

WINTERFEST



Savannah McDade • THE BRAND
Dusty Kraft and Desiree Hicks at the Winterfest Dance.

events: talent, interview, and a dance competition.

After the dancing had ceased the audience voted and the winner of Mr. Lowry was J.D. Christensen and runner up was Brian Kilcourse.

"At first I had my doubts. I didn't think that I was going to do it and win or at least pull second so I thought I wasn't actually going to do it," Kilcourse said about being selected as Mr. Lowry.

Karaoke night also saw a large crowd for the evening. More than two hundred and fifty students lined up to come and watch the entertainment. From act to act, the crowd seemed to enjoy each performance. At times the crowd would join in and sing along. Rachel Romo came out on top, receiving first place, singing "A Moment Like This" by Kelly Clarkson.

"I felt very excited," said Romo, "Coming in first place was awesome but I would have taken anything. I love to sing, and it's a passion of mine. I just wanted my voice to be heard."

Wednesday night was Movie Night hosted by the freshman class. The movie showed was "Hoosiers."

The week also included lunch time activities that ranged from relay races to basketball shooting contests.

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Do's and Don'ts: Senior Year

By Mary Granath



Do expand your horizons: Of your high school years, senior year is the one during which to try new things. Contrary to popular belief, your senior year ends up being one of the less stressful times, a perfect time to start exploring what else is out there.

Don't try to do everything: During your senior year you'll find yourself saying, 'but I have to do this because it's my senior year and it's my last chance'. If you continue doing things simply because you think it's your last chance, your senior year will end up being quite hectic.

Do stay for class meetings: This is the best time to become informed on what's going on within your class and how you can help. Usually held in the mornings during Round Up, 15 minutes isn't much of your senior class officers to ask from you.

Do go to the Career Center: Mrs. Brooks will become your best friend during senior year so learn to appreciate her knowledge. The Career Center will become your new home as you fill out scholarships and learn about college.

Don't take seven classes: If you don't have to. Instead, have either sixth or seventh period to use as a time to work on scholarships, college applications, and homework. This year, I took sixth off because if I had taken it at the end of the day I would have been tempted to go home instead of finishing my work.

Don't only take easy classes: Having some challenging classes mixed in with your schedule will infuse your day with energy and better prepare you for college.

Don't take things for granted: Learn to appreciate the experiences you've been able to have and the opportunities still ahead of you. Be thankful for those who support you, and don't worry too much about the future. Instead live every moment of your senior year to the fullest because before you know it, it's gone.

Some movies are all violence and vulgarity and no plot

By Savannah McDade



If art emulates life then we should exemplify sex, violence, ignorance, vulgarity, drug use, and excessive plastic surgery. That is what the movies are telling us anyway.

According to the Harvard School of Public Health, researchers found that violence, sex, and profanity have radically increased in movies between 1992 and 2003.

Why such a significant increase in sex and violence? Because it sells, at least that is what movie studios seem to think.

In Skip Press' book, "The Complete Idiot's guide to Screenwriting",

Press gives a logical reason as to why sex and violence is encouraged in screenwriting; when you watch a scary movie your senses are enhanced, (it scares you) therefore you are left with a memorable experience, the same general concept is applied with sexual content.

This is great for production companies, especially when the movie draws in teens because we all know that when teens go to a movie we generally go with huge groups of friends which has a very beneficial effect on ticket sales.

Press continues, saying that movies like "Gone with the Wind" (1939), an American classic, is a very romantic movie depicting the American Civil War, yet there are no direct references to sex and no impractical gruesome scenes.

"Gone with the Wind" is a great example of a movie that allows its audience to think rather than exploiting us with futile sexual and violent content and still it holds the spot as the number one grossing (sales) movie of all time if you adjust the ticket price for inflation (boxofficemojo.com).

Children spend an average of four hours a day watching TV. By age eighteen a U.S. youth will have seen 16,000 simulated murders and 200,000 acts of violence (American Psychiatric Association www.parentstv.org).

There is no way witnessing that much violence cannot be detrimental to a society, and while Megan Fox prancing around in cut-offs and a crop top may be lucrative, and mildly entertaining for many, does it really evoke artistic intellect?

Sexting: Memories that last forever

By Camille Lyon



As teens get their hands on the hottest new technologies out there, they are also embracing new things to do with them. Now it seems as if every teenager has a smartphone capable of taking videos and pictures. Many may not know it is illegal, but sexting is not okay to do. Sexting is the sending of naked pictures via text. Sexting can also be classified as sending suggestive text messages.

Many go through a sexting phase where it may seem like a cool thing to do, but if it is sent around, it will be considered trafficking child pornography. Most boys who receive these texts will most likely send them around for others to see, and that puts every receiver of the text at risk. Some teens caught sexting can be placed on the sex offender list.

Celebrities have also been caught sexting. Vanessa Hudgens was caught sexting, and she quickly apologized as the pictures hit the internet.

Cosmogirl.com surveyed nearly 1300 teens, and 1 in 5 teens have said that they have sexted even though they

are aware of it being a crime. Sexting may be something great now, but later on you may regret it. Something you thought to be private will most likely become public. There is a thin line where flirty may become sexting. MTV has launched a campaign called "A Thin Line" to educate teens and parents about over sharing through the media. So far, "A Thin Line" has produced a documentary where they have exposed some cases of teen sexting and the consequences associated with it.

Sexting may seem like the hot new thing to do now, but later on in life it may be regrettable. The idea is temporary, but the picture will last forever.

The Iceberg that Sunk Health Care

by Mary Granath, drawn by Miranda Buttram



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Amazing: Girls basketball wins state title in overtime against Spring Creek

By Brooklyn Thomas

This year the Lowry girl's varsity team had a season of ups and downs. They started the season off with a loss to the Lovelock Mustangs, but finished it with a victory over the Spring Creek Spartans in the state championship game. For the first time in eight years the team can say they are State Champions.

"I was on varsity for two years and we hadn't beat Spring Creek until now," said senior Lynnsey Johnson. Lowry has been battling with the Spartans for two years and had not beaten them until this year in the state game.

"I knew we could easily get here [State], it was just getting it done while we were here," said Estes.

They met the Virgin Valley Bulls

dogs in the first round and won the game with just simple play. The next day they traveled to the Lawlor Event Center at UNR to play Spring Creek. The Lady Bucks played extreme determination and kept the game within seven points; finally in over time the Lowry Bucks came out on top with 35-34 victory shocking the crowd and the Spartans.

"It couldn't get much better, we had

"The team this year was just amazing," said senior Skylar Estes.

some bumps in the road but it came out all good," said Johnson.

"It [state] just sets the bar for the rest of the teams that come up," said Johnson, "It sets a legacy."

Lowry's passion and eagerness for a state title was evident since the beginning of the season.

"The first practice we had together as team was probably the best practice,

we ever had. We just came out with a bunch of enthusiasm," said Jenea Neu, "I think right then I thought we had a really good chance to get here [state]."

The Lady Buckaroos played as more than a team; they played as a group of 12 best friends.

"If we didn't play, we were still there as a team," said Neu, "It was not a one person team, we were Lowry."

This was one of the greatest seasons Lowry has ever had.

"It was fun being with this group of girls," said Estes.



Mary Granath • THE BRAND

Darrian Black shoots against Truckee in the Zone Tournament.



Mary Granath • THE BRAND

Skylar Estes makes a pass in the Zone Tournament.

Wrestlers win second straight state championship and academic state title

By Brooklyn Thomas

This 2010 wrestling season has gone according to plan. The team took 18 wrestlers to Las Vegas to compete for the 3A State Championship and took their second state title in a row with a score of 226.5 points, and tying an old record of 12 state title wins.

"Breaking records is what Lowry is about," said Paeden Underwood.

Five Buckaroo wrestlers lost in the first round; Cesar Moreno 130s, Mark Hamry 145s, Dylan Ongert 171s, Christian Perez 275s, and Juan Zepeda 215s.

They lost five more in the second round; Daniel Pollock 103s, Bobby Marley 125s, Jake Maga 135s, Ivan

Ramirez 275s, Cody Anderson 189s. Maga and Marley advanced in the consolation bracket to finish third.

Eight wrestlers went on to the championship round; Eddie Poole 112s, Mitch Pollock 119s, Gus Duncan 130s, Jace Billingsley 140s, Skylyr Bleck 152s, Michael Billingsley 160s, Ryan Nelson 171s, Paeden Underwood 215s. Six have become 2010 state champi-



Courtesy • Kristy Bell

Wrestlers the state championship trophy.

ons, Mitch Pollock, Duncan, Jace Billingsley, Bleck, Michael Billingsley, and Underwood.

According to Underwood this is the most individual state champions Lowry has ever had.

The team is proud of how the season has gone. "It [The Season] puts us as an elite wrestling program," said Maga.

Next year the Lowry High School

wrestling will still be a force to be reckoned with.

"There are good eighth graders coming up, Lowry is going to be a great team for years to come" said Maga.

The wrestlers are losing 10 seniors Lane Barton, Bleck, Jacob Brennan, Ryan Dufurrena, Adam Gray, Hamry, Maga, Trenten Montero, Underwood and Zepeda.



Courtesy • Kristy Bell

Lowry receiving the Academic Award.



Courtesy • Kristy Bell

Eddie Poole wrestles at state.

US tops medal board at Vancouver Winter Olympics

By Camille Lyon

Although the Winter Olympics began with more rain than snow and the death of a Georgian luger, they went on to enthrall millions for the last three weeks.

US athletes won more medals than any other with 37 and many came in events that the US is traditionally

weak.

Of course snowboarder Shaun White dominated again and Alpine skier Lindsey Vonn won two medals. But the US brought home medals in hockey, bob sled, and the Nordic combined—something that has never happened.

US hockey surprised everyone with its first win over Canada in 50 years. Men's figure skater Evan Lysacek won

the gold and was the first American to win since 1988. Alpine Skier Bode Miller finally earned a gold medal in Men's Combined.

There were two minor distractions when American snowboarder Scotty Lago was sent home when a suggestive picture was posted on the internet and Canada's women's hockey team celebrated a little too much after its win.

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Boys basketball falls just short of state title

By Theresa Thompson

The 2010 Season for the Lowry Varsity Boys basketball ended with a bang. The boys went farther than have in the past eight years by going to the state championship game. Even though boys didn't win state, they became closer as a team, and as friends.

"I thought the season went pretty good," said senior Brandon Eldodt. "We had one goal at the start, and that was to win state, and we got here and just couldn't get past them. It was a good season over all. I love these guys and I wouldn't trade it for anything."

Boys defeated Virgin Valley February 26, for the seed in the state title game. This was an emotional time for everyone, but especially for the seniors, and their family.

"These juniors they carry us through this," said Eldodt, "You may

think its all these seniors, but these juniors are backing us up all the way, and they got this. Oh yeah, these guys have it in the bag next year."

This season the boys had eight wins and two loses. During post season they had two wins and two loses. The Sparks Railroaders were the only team they couldn't defeat this season.

"I think they are going to match up with them a lot better next year," said David Eastman "Angel Guillen is a great player and we couldn't stop him."



Mary Granath • THE BRAND

David Eastman shoots at the zone tournament.



Mary Granath • THE BRAND

Three Lowry players defend against Spring Creek.

Steroids in high school

By Ben Norfolk

Do you want a girlfriend who is bald and has a mustache, or a boyfriend who has severe back acne and bad breath?

These are some symptoms of steroid use and according to a 2007 study conducted by the Centers for Disease Control and Prevention, nearly four percent of high school students have used steroids.

Later in life steroid users may not be able to have children. If a person abuses steroids they also have a higher chance of having heart attacks and strokes.

According to NIAA Director Eddie Bonine, schools in Nevada can randomly test athletes for steroids and other drugs.

Some Professional athletes that have admitted or have been caught using steroids are Shawne Merriman, Mark McGwire, Alex Rodriguez, and Manny Ramirez. Most of these athletes are heroes of teens all over America. When teens see how muscular these athletes are and find out steroids were used to get this big they may also decide to take steroids.

Lyle Alzado, a former Raider defensive end, died of a brain tumor at age 43. He first started taking steroids when he was 20.

"If you're on steroids or human growth hormone, stop. I should have," said Alzado.

Ben's World Series pick: Dodgers over Yankees

By Ben Norfolk

AL East: Boston Red Sox

The Red Sox were knocked out of the playoffs by the Angels. The Boston picked up former Angel John Lackey. Josh Beckett, Lackey, Jon Lester and Clay Buchholz are four of the Red Sox starters. They also picked up Adrián Béltré and Mike Cameron to solidify their defense.

AL Central: Detroit Tigers

The Tigers lost to the Twins in a one game playoff. Every team in the AL central is good, this makes the league very tough. Justin Verlander is the main threat of the Tigers starting pitching rotation.

AL West: Texas Rangers

The Rangers finished the season ten games back. Rich Harden Former Cub, Rich Harden, and Colby Lewis who has returned from Japan are now pitching for the Rangers

AL Wild Card: New York Yankees

The Yankees are hoping to win their 28th World Series. They still have

a strong defense and a great offense too. Javier Vazquez, CC Sabathia, AJ Burnett, and Andy Pettitte are the main threats in the Yankees pitching rotation.

NL East: Philadelphia Phillies

The Phillies are hoping for a repeat trip to the World Series. Roy Halladay is going to be a major part of the Phillies pitching rotation. Ryan Howard and Jayson Werth are looking for another great season.

NL Central: Chicago Cubs

The Cubs finished 7.5 games back last season. Marlon Byrd is playing center field this season. Derrek Lee is hoping to have another great season. Carlos Zambrano is leading a strong starting pitching rotation.

NL West LA Dodgers

The Dodgers won the NL West last season and are looking like they are going to repeat. The rest of the MLB is worrying about starting pitcher Clayton Kershaw. The Dodgers are looking to make a strong push for the playoffs again this season.

NL Wild Card: SF Giants

The San Francisco Giants are going to be a major part of the NL this season. Tim Lincecum had a great season and he is only going to improve more this season. The Giants have a good defense too. Shortstop, Edgar Renteria, is getting a little old but he can still play some ball.

The Yankees will be the AL champions and the Dodgers will win the NL.

However, the LA will deny the New York a repeat when Joe Torre gets revenge against his former team.



Phillies pitcher Cole Hamels February 19, 2010. (Yong Kim/Philadelphia Daily News/MCT)

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Tessa Ward: "New to Lowry"

By Brittany Nielsen

This year there are many new faces that you may have seen in the hallways at Lowry; one of those faces is Senior Tessa Ward.



Brooklyn Thomas • THE BRAND
Tessa Ward

Tessa moved here from Montana, where she lived for 17 years and 10 months, she has lived in Winnemucca for 2 months 6 days and 32 seconds. She has two older sisters, one named Kristen who is a professional cheerleader for the Sacramento Kings, and one named Cynthia, a professional kite flyer. She also has a little brother named Michael who attends the junior high. What she misses most about Montana is the skyscrapers

and the beaches, but the one thing she likes about Winnemucca is the bowling alley, "they make some good pizza."

Some of Tessa's hobbies include horseback riding on the beach, and flying kites. Tessa's sister Cynthia introduced her to kite flying and now it is one of her favorite pastimes. "I love flying kites."

After high school Tessa is going to go to Great Basin College and "start strong there and then go to NASA school; the school for the smart and intelligent."

If she could improve something in Lowry it would be "to have my own floating water fountain and to have horse stables."

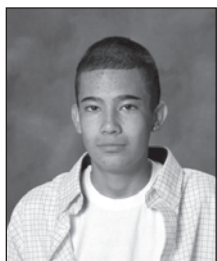
A place that Tessa has traveled to is the North Pole "to try and find Santa." She says that she wasn't able to find him but she did find his workers.

Some goals Tessa has set for herself are to become the first lady to land on Mars and win the Red Bull glider competition.

Note: This is fictitious. Can you guess who this really is?

Lowry Voices By Victoria Fragione

Why should you not have a boyfriend or girlfriend for Valentine's Day?



Erick Mendoza Junior

"Because I would rather buy chocolates for myself and eat them."



Jasmine Cisneros
Sophomore

"You wouldn't have to spend time looking for something to buy."



Mariah Johnson Junior

"You could save money, with this bad economy."

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Grand pli , Chass : It's not just dance

By Sierra Sherburn

Dancers are not credited enough for the dedication that goes into a short performance. There may be a few girls who think it is, but it would be hard to find a guy that would honestly call dancing difficult because you don't have to be masculine to do it. It seems as though people talk before they think. Do they really know all of the hard work and dedication that goes into a single two to three minute routine?

People do not truly know what goes into dancing unless they have personally done it. It does look easy, but only if you see it done the right way. It takes an abundance of hard work to make it look even half way decent. A lot of time goes into learning one dance for one single performance, and if you don't spend a good quality of time on it, it is one huge mess.

"It takes a lot of practice, first you have to create the routine, or choreograph it, and then we have to make sure everyone knows it. Then we perfect the routine," said Amaya Drake who has been dancing since the fourth grade.

Another point is that you really have to know how to use your body for dancing. Anyone can dance, but

not every one can make it look good. Most people can't go out on the dance floor and learn a routine the first time. It takes just as much time to get good at dancing as it does for football or basketball.

In a dance studio, classes mostly focus on conditioning and perfecting technique. The body must be very strong to endure a difficult routine.

If people saw behind the scenes, where dancers spend hours just trying



Brooklyn Thomas • THE BRAND
The Lowry Dance Team.

to learn one step at a time they would consider dancing a sport. There is a lot of concentration and dedication that goes into learning a dance routine. You have to know every move, step after step, and it takes awhile to get it memorized. Do you think the dancers learned those sweet moves over night?

Student officer elections coming soon

By Savannah McDade

Student body elections are coming up, campaigning starts at the beginning of March and there is a lot of work to be done on behalf of the candidates.

Many people falsely assume that the school election process is merely a popularity contest; however, the actual course of action is very comprehensive.

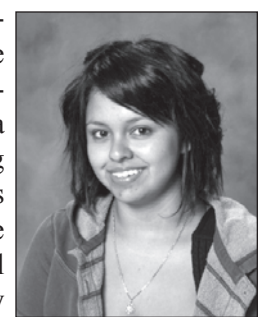
Student vote only counts for half of the entire election process. Each candidate is required to have at least one year of leadership under their belt, and must maintain a minimum of a 2.5 cumulative GPA throughout the entire school year. The candidates will be required to compose a written application and sign the LHS LC Code of Conduct; those are only a couple of the various tasks that the candidates are obligated to fulfill.

Even if a candidate is running unopposed they aren't exempt from the

requirements and will not be elected if they do not meet those requirements.

Current junior class vice president, Gaudy Casta eda plans on running for senior class president for the 2010-11 school year. Gaudy thinks that it is very important to get involved in office because it helps you maintain a high GPA, it also looks good on college applications.

Casta eda also said that joining leadership has bettered her communication skills as well as helped her develop a good work ethic. When voting this year, make sure to take the candidates' efforts into consideration and get involved.



Courtesy • WINNADA
Gaudy Casta eda.

The Buckaroo Roundup

By Victoria Fragione

HEATHER CUNNINGHAM



"The one thing I have always wanted to do is something original, something everyone will know I did."

What's your favorite class and why?
Zoology, because I like to dissect things

Who is your favorite teacher and why?
Mrs. Pasquale, because she is nice

What is your favorite food?
My mom's enchiladas. They are the bomb

What is your favorite movie?
Zombieland

What is the most important things in your life

and why?
Right now is school first, my family and my boyfriend Bruce.

What are you passionate about?
Life itself.

Do you have any Role Models?
Shaquille O'Neal, because he is a legend, someone I have always looked up to, he's my man

Where do you see yourself in 10 years?
I see myself in California somewhere

MATEO ECHEVERRIA



"I like hanging out with friends and going on dates."

What is your favorite class and why?
Weight lifting, because it keeps me in healthy shape, and gives me a beach body.

Who is your favorite teacher and why?
Mr. Espinola, because is a fun and more understanding than my other teachers.

What are you most proud of?
My academic achievements in my senior year..

What is the best thing that has happened to you since you have been in high school?
Achieving my beach body and learning a lot of interesting stuff.

What makes you happy?
Hanging out with friends, achieving things I didn't think I could, and girls.

Where do you see yourself in 10 years?
I see myself out of college, in a fun and well paying career.

RYAN KRACAW



"Don't Sweat the small stuff only focus on the priorities."

Who is your Favorite teacher?
Mr. Setzer, because he is really nice and helpful, and he always says hello in the hall.

What is the most important thing in your life?
My hair, because it looks good

Who are your role models? Why?
My brother, because he is extremely smart and I have always wanted to be like him.

What are your interests?
I really like golf.

What scares you?
Being alone

What is your favorite class and why?
Algebra two, because I really like math.

What is your favorite food?
Salmon

Where do you see yourself in 10 years?
The 10th anniversary of you asking me this question

Quiz Bowl takes second at zone to Spring Creek, team looks to repeat state title

By Mary Granath

This year Lowry's Academic Challenge team has put themselves in a position to take home the state title for a second year in a row.

After finishing first at the Battle Mountain meet on Monday February 22, Lowry is now first seat going into Zone. Coached by Mr. Storm, the team consists of 10 members: Tim Palmer (captain), Jackson Gratwohl, Lainey Barta, Chris Pike, Mary Granath, Adam Gray, Alex Schumacher, Giovan Cholicco, Taylor Gruey, and Marrian House. Palmer and Gratwohl are the only returning members. The team faces a challenge in that eight of its 10 members are seniors so next year Mr. Storm will have to completely rebuild the team.

However this doesn't stop the team from having a close bond.

"I like the team camaraderie," stated Pike "it's different than a sport but yet we still have the competition which makes it really fun."

Zone was held in Spring Creek on March 1. In the first round of the meet Lowry took on Battle Mountain and defeated them 180-145. The next team, Spring Creek, pulled ahead late in the round to defeat Lowry 250-190. In order

to go on to state Lowry had to take down West Wendover which they did, winning 235-145. Lastly Lowry faced off against Spring Creek one more time however couldn't quite pull through with the win, losing 285-140.

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Lowry High School Drama to perform "The Wizard of Oz"

By Victoria Fragione and Sierra Sherburn

Albert Lowry High is preparing for another play. This time it is "The Wizard of Oz." The play is directed by Mrs. Corrine James.

The main character in this play is Dorothy, played by Tesha Nolan. Dorothy winds up in Emerald City after a horrible tornado moves her home. She is told by the Good Witch of the East to see the Great Wizard of Oz to see if he will send her back to Kansas. Along the way she meets some interesting characters.

She meets the Lion played by Joey Lester who is looking for courage, the Tin Man who is played by JD Christensen who needs a heart. She also runs

into the Scarecrow, who wishes he only had a brain. These characters then decide to go see the Great Oz, who they think can grant them the things they truly want.

The props for the play are decorated and well-crafted. The background for each scene took a lot of hard work from the Stage Craft crew.

When Jared Parks was asked

how the play was coming along he replied, "I think the play is coming along very well and we are well prepared."

He also said, "We have been practicing for three months and working hard every step of the way."

The play will be put on for all elementary schools and French Ford students are also invited. There will be an evening performance for the public, March 2-4 at 7:00 p.m. Admission is 5 dollars for adults and 3 dollars for students. On Saturday, March 6 at 1:00 p.m. there will be a matinee and the cost will be 1 dollar.



Drama students rehearse for "The Wizard of Oz".

Victoria Fragione • THE BRAND

The time has come for these TV shows to be cancelled

By Mary Granath

"House"

Perhaps if "House" had kept its original cast it would have been able to keep its reputation of a witty, one of a kind, medical show. However, the new cast members simply don't add the same kind of humor that Cameron, Chase, and Foreman were able to contribute.

"Heroes"

Now nearing the end of its fourth

season, this NBC series has been on life support almost ever since it started. Though the premise of the show is fascinating, the majority of episodes are simply confusing and boring. With all the tangled webs of plot this series has weaved there is no way NBC will be able to resolve this show and should simply do themselves a favor and take this lame excuse for a show off the air.

"One Tree Hill"

The CW should have done everyone a solid by simply canceling "One Tree Hill" at the end of last year's season. Without the main star,

Chad Michael Murrey, the series has been experiencing a downward spiral that shows no signs of stopping. Let us



Camille Lyon • THE BRAND
James Lefferty and Bethany Joy Galeotti of One Tree Hill

hope that the show's poor ratings have not escaped the show's executives and that "One Tree Hill" will soon be put out of its misery.

"Smallville"

Everyone has seen at least one episode of this show, and up until around the sixth season it was beloved by most viewers. However, as time wore on, plots became repetitive and Clark failed to mature in any way, remaining a tormented teenager well into his twenties. This CW series, now approaching the end of its ninth season, has run its course.



Kilcourse wins Poetry Out Loud contest

By Sierra Sherburn

Last week Lowry held the Poetry Out Loud Contest. Those involved were Brendan Kilcourse,

Jaren Cornwall, and Melissa Miller.

Kilcourse won first place, Cornwall second place, and Miller taking third.

The rewards were \$100 for

first place and \$60 for second. Kilcourse took first by acting out the poem "Charge of Light Brigade" by Alfred Lord Tennyson.



Courtesy • WINNADA
Brendan Kilcourse

To be involved in the contest, participants had to memorize the entire poem.

Reciting a poem in front of people can be nerve-racking. Cornwall had to restart his due to his nerves. Kilcourse was also nervous, even though he been through it before.

Nerves are a hard thing to overcome. This was Cornwall's first time in this kind of contest. His poem was "Jabberwocky" by Lewis Carroll.

Both Cornwall and Kilcourse were preparing for this contest for three months. Reciting these poems takes a long time and a lot of preparation.

These students really love poetry. There is hope that next year's competition will have more competitors.

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